

3 GOOD HEALTH
AND WELL-BEING



SUSTAINABLE
DEVELOPMENT GOALS

REPORT 2022



SUSTAINABLE DEVELOPMENT GOALS

3 GOOD HEALTH AND WELL-BEING



SDG 3 Through teaching, research, practise, and service, The Manipal University Jaipur equips tomorrow's leaders to maintain, protect, and enhance the health of people, families, and communities. SDG3 Good Health and Well Being is of prime importance for Manipal University Jaipur, University keeps organizing mental health awareness camps and conducts Student Happiness Survey and Faculty Happiness Survey and ensures that all the stakeholders feel healthy and well. This SDG is achieved by various policy provisions and action items on regular activities. University has various counselling officers for its employee and students to cater to the requirements of the mental and physical well-being of not only of its student staff and students but also of nearby residents.

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2. Manipal University Jaipur Partnering with Health Institutions for a Healthier Tomorrow
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5. Research collaboration with RG Stone Urology & Laproscopy Hospital
6. Wellness of being: Exploring human health and wellness
7. Guidance and FAQ on Coronavirus Disease -2019 (COVID-19)
8. Wellness of being: Exploring human health and wellness
9. Online fun activity The Joey Trivia-ni Fun Filled Event HUMAN RIGHTS CELL
10. UNMUKT The 75th Independence Day Event
11. Tribal rights talk show By Human Rights Cell
12. Social connect program was to create awareness about menstrual hygiene
13. Legal Awareness Camp: Juvenile House Visit, 2022
14. 2022 WALKATHON Community Action for Road Safety
15. Two Wheelers Road Safety Rider's Training
16. International Yoga Day by Directorate of Student welfare & Sports
17. Pre-International Yoga Activity Report by Directorate of Student welfare & Sports
18. "Fit India Freedom Run 2.0" under Azadi Ka Amrit Mahotsav

19. E-Mail BY AICTE for the celebration of 75 years of India's Independence - "Azadi Ka Amrit Mahotsav"
20. Dance Fitness Workshop
21. "Beating the exam stress" counselling session by directorate of student's welfare.
22. UNDER THE STARS Field Visit (Sambhar Lake)
23. Seminar on handling the aesthetic overwhelmed life crisis, time management and goal setting.
24. The Fishbowl Experience Cultural Event
25. Sketch Your Symphony: Art Prompt Report
26. Workshop on self-awareness Report
27. Webinar on 'Afghanistan Crisis and India's Outreach To Central Asia'
28. Awareness Workshop-IV_Rural Development and Women Empowerment Schemes of Govt. of India
29. Donation Drive at Old Age Home, Mansarovar in collaboration with COSMOS
30. Department of arts and law the webinar (human rights day)
31. Health & Hygiene Campaign - "A healthy woman makes a healthy society."
32. Manipal University Jaipur Shares Sports Facilities with the Local Community
33. Directorate of Students' Welfare Sports organizing Inter University Chess (Men) Championship 2022-2023
34. Directorate of Students' Welfare Sports organizing Inter University Table Tennis (Men) Championship 2021-2022



35. Manipal University Jaipur Boxing (M) team participate in All India Inter University Boxing (Men) Tournament 2021-2022.
36. Knock out: a sports quiz
37. Directorate of Students' Welfare Sports organizing Intra University Athletic (Men/Women) Tournament 2021-2022
38. Directorate of Students' Welfare Sports organizing Intra University Badminton (Women) Tournament 2021-2022
39. Directorate of Students' Welfare Sports organizing Intra University Badminton (Men) Tournament 2021-2022
40. Directorate of Students' Welfare Sports organizing Intra University Basketball (Women) Tournament 2021-2022
41. Directorate of Students' Welfare Sports organizing Intra University Basketball (Men) Tournament 2021-2022.
42. Directorate of Students' Welfare Sports organizing Intra University Chess (Men) Championship 2021-2022.
43. Directorate of Students' Welfare Sports organizing Intra University Football (Men) Tournament 2021-2022.
44. Directorate of Students' Welfare Sports organizing Intra University Kabaddi (Men) Tournament 2021-2022.
45. Directorate of Students' Welfare Sports organizing Intra University Table Tennis (Men) Championship 2021-2022.
46. Directorate of Students' Welfare Sports organizing Intra University Volleyball (Men) Tournament 2021-2022.
47. The World café- Understanding SDGs
48. Manipal University Jaipur Provides Access to Sexual and Reproductive Health-Care Services and Education.

49. Awareness on Sanitation: World Toilet Day
50. Sanitary napkin distribution drive.
51. LIVE WEBINAR ON A perspective on phylogenetic analysis and genetic profiling of Uropathogenic Escherichia coli - insights to athogenesis and disease variability.
52. Mind over matter presents You are not Alone Counselling Event.
53. Why mindset matters: happy hours mind over matter - the mental health club.
54. Self-Care Webinar Counselling Event.
55. Counselling event never have i ever - christmas edition mind over matter - the mental health club.
56. Mental health week activity, Counselling Event
57. Libre-ation Discussion HerCampus at MUJ
58. Health & Hygiene “A healthy woman makes a healthy society”
59. Awareness campaign on cervical cancer & menstrual hygiene.
60. Personal Health Hygiene & Peer Support for Mental Health
61. Organ Donation Day 2022
62. MIND OVER MATTER PRESENTS Groove on Zumba
63. Mental health talk.
64. Seminar on handling the aesthetic overwhelmed life crisis, time management and goal setting.
65. Beating the exam stress counselling directorate of student’s welfare.
66. Weekend Movie Stream.
67. The Music Club Cultural Event MUSE.
68. Treasure Hunt Promotional Event MUJ ACM Student Chapter.
69. Avighna (Ganesha Graffiti).



70. Gratitude Fiesta Counselling Event.
71. Dance Fitness Workshop.
72. Importance of ikigai in youth, counselling event.
73. Mental health Week Counselling Event.
74. International Conference on Maternal Mental Health.
75. Department of Psychology Course Hand-out Abnormal Psychology.
76. Department of Law Course: introduction to conflict management.
77. Rubicon Lifeskills training, a value-added course On Personality development.
78. Department of Law Course Business and Human Rights.
79. Guidelines for counselling for MUJ Students.
80. Addressing Anxiety Towards Future Seminar.
81. Effective Study Habits- Seminar.
82. Manipal University Jaipur's Smoke-Free Campus.
83. Legal Awareness Session by LEGAL AID CLINIC School of Law.
84. Motivation Awareness & Action Sansthan- Substance Abuse and its ill-Effects on Society.
85. Empowering and sensitizing teachers to safeguard mental health of students.
86. Society connect awareness rally on drug abuse.
87. Department of IT webinar on Run against drug abuse.
88. Measures taken (excluding lectures/talk) to create and awareness - within the Institute on Mental Health and Wellbeing.
89. Student Support System Webinar Series: Coping in Current Time.
90. Student Support System: Launching a Mental Health Podcast.
91. Student Support System: A Session on Substance Abuse.

92. Student Support System: Poster Making Competition-Celebrating World Mental Health Day.
93. DEPARTMENT OF PSYCHOLOGY Webinar “Refresh 2.0” on Being with Well-Being: Pause, Unwind & Reconnect.

From: [Dr. Lucky Vijayvargiya \[MU - Jaipur\]](#)
To: [Nishtha Acharya \[MU - Jaipur\]](#); [QC Intern \[MU - Jaipur\]](#)
Subject: FW: COVID Vaccination: 2nd Drive on 14th June (Monday)
Date: Friday, October 13, 2023 12:19:05 PM

From: Exchadmin [MU - Jaipur] <exchadmin@jaipur.manipal.edu>
Sent: Friday, June 11, 2021 4:27 PM
To: MUJ Users <muj.users@jaipur.manipal.edu>
Cc: Manish Kumar <manish.kumar@quesscorp.co>; deepak.singh@spiffyfms.com; Divya Pritwani [MU - Jaipur] <divya.pritwani@jaipur.manipal.edu>; CSO MUJ [MU - Jaipur] <cso.muj@jaipur.manipal.edu>; Shahid Jamal <shahid.jamal@goodhostspaces.com>; Shinu George <shinu.george@quesscorp.com>; security.jaipur <security.jaipur@goodhostspaces.com>
Subject: COVID Vaccination: 2nd Drive on 14th June (Monday)

Dear All,

As the University is reopening effective from 14th June, 2021, we are organizing COVID Vaccination drive on **14th June (Monday)** at MUJ campus (AB-1, Room No#003) in association with Manipal Hospital, Jaipur.

- This vaccination drive will help all employees of MUJ, AIC, Good Host, Quess Corps (MSS, Terrier, COW, Housekeeping), to get atleast First jab of vaccination executed in order to create a safer workplace for everyone.
- Vaccine Name: COVISHIELD
- Employees may get their second dose of vaccination as per the Government guidelines.
- All vaccination will be executed as per the Government stipulated norms by Manipal Hospital Jaipur.
- **Mandatory Document:** Aadhar Card or any other photo id card as per Govt stipulated norms for registration
- **Mandatory Process-** It is desirable that all employees do the registration on CO-WIN application well in advance before the vaccination drive in order to cut short the waiting time.

MUJ Employees: MUJ employees are required to fill-up below Microsoft form latest by 12th June (Saturday) for self & beneficiaries and a separate communication will be rolled out with a specific timeslot of vaccination. **LINK:** <https://forms.office.com/r/MPLxBgrXsq>

@Shinu George: Kindly disseminate this information of upcoming vaccination drive scheduled on 14th June, to all employees of Quess corps through respective Section Head and prepare a list with a proper timeslot. Kindly ensure all employees receive atleast first dose of vaccination as per Government norms. For any queries , you are requested to co-ordinate with undersigned for smooth execution.

SPOC for this event is **Mr. Ishwar Lal Kumawat** and he can be contacted @ **+91-9887902874** for any queries/assistance.

Regards,
TEAM HR

Saurabh Narayan
Manipal University Jaipur
Contact no.: +91 141 3999100, Extn. 750
Email: saurabh.narayan@jaipur.manipal.edu

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-1st Drive	
			From	To
Dr. Ajay Kumar	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. Babita Malik	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Prabhat Ranjan	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Ms. Jyoti Thukral	Non-Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Indeewar Kumar	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Dr. Nilanjan Halder	Teaching	Physics	02-06-2021	02-06-2021
Dr. Lalita Ledwani	Teaching	Chemistry	02-06-2021	02-06-2021
Mr. Hemant Raj Singh	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Dasari Nagaraju	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Virendra Singh Shekhawat	Non-Teaching	Physics	02-06-2021	02-06-2021
Mr. Laxman Singh Shekhawat	Non-Teaching	Central Library	02-06-2021	02-06-2021
Dr. Devi Prasad Sharma	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Tina Shrivani	Teaching	Commerce	02-06-2021	02-06-2021
Mr. Bhagwan Sahai	Non-Teaching	Economics	02-06-2021	02-06-2021
Mr. Mukesh Chand Sharma	Non-Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Sonal Sidana	Teaching	Business Administration	02-06-2021	02-06-2021
Mr. Peetha Ram Choudhary	Non-Teaching	Management	02-06-2021	02-06-2021
Mr. Vikas Verma	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Dr. Rahul Shrivastava	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Sushil Kumar Jain	Teaching	Physics	02-06-2021	02-06-2021
Dr. Sumit Srivastava	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Lokesh Sharma	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Anupam Kumar Sharma	Teaching	Physics	02-06-2021	02-06-2021
Dr. Rabindra Kumar Verma	Teaching	Languages	02-06-2021	02-06-2021
Dr. Kalpana Sharma	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Peeyush Garg	Teaching	Electrical Engineering	02-06-2021	02-06-2021
Dr. Dinesh Yadav	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Dalip Singh Shekhawat	Teaching	Automobile Engineering	02-06-2021	02-06-2021
Dr. Ashish Goyal	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Devesh Kumar Srivastava	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Madan Mohan Sharma	Teaching	Bio Sciences	02-06-2021	02-06-2021
Mr. Man Mohan Mehta	Non-Teaching	Admission Cell	02-06-2021	02-06-2021
Mr. Shiv Charan Singh	Non-Teaching	Academic Management Section	02-06-2021	02-06-2021
Dr. Sunil Joshi	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Nandlal Chaturvedi	Non-Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Shailander Singh Khangarot	Non-Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Mr. Mahaveer Paliwal	Non-Teaching	Electrical Engineering	02-06-2021	02-06-2021
Mr. Aravind Kumar Rai	Teaching	Hotel Management	02-06-2021	02-06-2021
Dr. C. Anirvinna	Teaching	Management	02-06-2021	02-06-2021
Mr. Rajesh Kumar	Non-Teaching	Electrical Engineering	02-06-2021	02-06-2021
Mr. Harish Kumar Ojha	Non-Teaching	Physics	02-06-2021	02-06-2021
Mr. Govind Gupta	Non-Teaching	Chemistry	02-06-2021	02-06-2021
Mr. Satya Narayan Bagada	Non-Teaching	Central Library	02-06-2021	02-06-2021
Mr. Dori Lal	Non-Teaching	Purchase	02-06-2021	02-06-2021
Mr. Ramphool Choudhary	Non-Teaching	Fashion Design	02-06-2021	02-06-2021
Mr. Pankaj Kumawat	Non-Teaching	Directorate of Research	02-06-2021	02-06-2021
Mr. Rakesh Sharma	Non-Teaching	IT Infra	02-06-2021	02-06-2021
Ar. Sidharth Soni	Teaching	Architecture	02-06-2021	02-06-2021
Mr. Vijay Shankar Kumawat	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Tejpal	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Kamakhya Prakash Misra	Teaching	Physics	02-06-2021	02-06-2021
Dr. Ashish Kumar	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Saurav Sharma	Teaching	Fashion Design	02-06-2021	02-06-2021
Mrs. Madhuri Sahal	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Mr. Chusen Duari	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Anand Pandey	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Upendra Kulshrestha	Teaching	Automobile Engineering	02-06-2021	02-06-2021
Dr. Neha Singh	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-1st Drive	
			From	To
Mr. Satya Narayan Agarwal	Teaching	Electrical Engineering	02-06-2021	02-06-2021
Mr. Jaya Krishna R	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Ashish Sharma	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Ram Naresh Saraswat	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Dr. Yashoda Kumari	Teaching	Languages	02-06-2021	02-06-2021
Dr. Saurabh Sharma	Teaching	Commerce	02-06-2021	02-06-2021
Dr. Laxmi Poonia	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Deepak Pokhriyal	Teaching	Hotel Management	02-06-2021	02-06-2021
Md. Yunus Aslam	Non-Teaching	Academic Management Section	02-06-2021	02-06-2021
Mr. Rajesh Sharma	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Mr. Rahul Babu Kodali	Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Omprakash Verma	Non-Teaching	Central Library	02-06-2021	02-06-2021
Mr. Mukesh Kumar Kumawat	Non-Teaching	Electrical Engineering	02-06-2021	02-06-2021
Mr. Kamal Jeet Singh	Non-Teaching	Architecture	02-06-2021	02-06-2021
Mr. Ashok Kumawat	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. Rohit Jain	Teaching	Bio Sciences	02-06-2021	02-06-2021
Dr. Sunistha Dhaka	Teaching	Business Administration	02-06-2021	02-06-2021
Dr. Sunny Dawar	Teaching	Commerce	02-06-2021	02-06-2021
Dr. Mohd Rizwanullah	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Mukesh Shekhar	Teaching	Hotel Management	02-06-2021	02-06-2021
Dr. Umashankar Rawat	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Kumar Gaurav	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Mr. G.S.S.Adithya	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Tanushree Sharma	Teaching	Commerce	02-06-2021	02-06-2021
Dr. Amit Saraswat	Teaching	Electrical Engineering	02-06-2021	02-06-2021
Dr. Charu Dhankar	Teaching	Psychology	02-06-2021	02-06-2021
Mr. Rohit Kumar Gupta	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Rohit Mathur	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Rakesh Kumar	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Harshwardhan Soni	Teaching	Fashion Design	02-06-2021	02-06-2021
Mr. Om Prakash Sharma	Non-Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Priydarshan	Non-Teaching	Fashion Design	02-06-2021	02-06-2021
Dr. Pushpendra Kumar	Teaching	Physics	02-06-2021	02-06-2021
Mr. Babulal Choudhary	Non-Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Girraj Prasad Soni	Non-Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Vikram Singh Kashyap	Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Rahul Khatri	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Mukesh Saini	Non-Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Anurag Joshi	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Suresh Kumar Sharma	Non-Teaching	Architecture	02-06-2021	02-06-2021
Mr. Devesh Chandra	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Amit Kumar Singh	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Harshavardhana BG	Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Anil Soun	Non-Teaching	Management	02-06-2021	02-06-2021
Mr. Abhishek Kumar Sharma	Non-Teaching	Admission Cell	02-06-2021	02-06-2021
Mr. Sanchit Anand	Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Divya Rishi Shrivastava	Teaching	Electrical Engineering	02-06-2021	02-06-2021
Mr. Rahul Saxena	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Laxman Singh	Non-Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Monika Sogani	Teaching	Bio Sciences	02-06-2021	02-06-2021
Dr. Manisha Sharma	Teaching	Chemical Engineering	02-06-2021	02-06-2021
Mr. Ashok Sharma	Non-Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Dr. Vivek Kumar Verma	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Tarun Jain	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Abhishek Sharma	Teaching	Chemical Engineering	02-06-2021	02-06-2021
Mr. Ashok Sharma	Non-Teaching	Examination	02-06-2021	02-06-2021
Dr. Tej Bahadur	Teaching	Civil Engineering	02-06-2021	02-06-2021
Dr. Sandeep Kumar Srivastava	Teaching	Bio Sciences	02-06-2021	02-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-1st Drive	
			From	To
Mr. Norat Mal	Non-Teaching	Chemical Engineering	02-06-2021	02-06-2021
Dr. Prashasti Jain	Teaching	Psychology	02-06-2021	02-06-2021
Dr. Niti Nipun Sharma	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Aanyaa Chaudhary	Teaching	Management	02-06-2021	02-06-2021
Mr. Bishwanath Chaudhary	Non-Teaching	Admission Cell	02-06-2021	02-06-2021
Mr. Shyam Sunder Kumawat	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Mr. Venkatesh Gauri Shankar	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Priyansha Mehra	Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Dinesh Kumar	Non-Teaching	Academic Management Section	02-06-2021	02-06-2021
Dr. Naveen Kumar Singh	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Archana Poonia	Teaching	Business Administration	02-06-2021	02-06-2021
Dr. Abhishek Shrivastav	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Mr. Dhanesh Kumar Chanwla	Non-Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Tara Chand Choudhary	Non-Teaching	IT Infra	02-06-2021	02-06-2021
Mr. Digambar Thakur	Non-Teaching	Admission Cell	02-06-2021	02-06-2021
Mr. Babu Lal Sharma	Non-Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Tanuj Goswami	Non-Teaching	IT Infra	02-06-2021	02-06-2021
Dr. Rahul Goyal	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Pushpendr Sharma	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Mr. Subhash Handa	Non-Teaching	Training and Placement Office	02-06-2021	02-06-2021
Ms. Anita Shrotriya	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Arun Kumar Poonia	Teaching	Languages	02-06-2021	02-06-2021
Ms. Nishu Gupta	Teaching	Business Administration	02-06-2021	02-06-2021
Dr. Manish Rawat	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. Ashish Jain	Teaching	Information Technology	02-06-2021	02-06-2021
Ms. Nandana Chakinala	Teaching	Chemical Engineering	02-06-2021	02-06-2021
Dr. Arpit Kothari	Teaching	Languages	02-06-2021	02-06-2021
Dr. Ashok Kumar Sharma	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Ms. Savita Panwar	Teaching	Commerce	02-06-2021	02-06-2021
Dr. Vaishali Kapoor	Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Mohammed Zeeshan Qadri	Teaching	Commerce	02-06-2021	02-06-2021
Dr. Garima Agarwal	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Nitesh Pradhan	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Ms. Neha V Sharma	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Gulrej Ahmed	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. RK Gupta	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Gaurav Aggarwal	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Vishnu Kumar Kumawat	Non-Teaching	Civil Engineering	02-06-2021	02-06-2021
Dr. Rishi Gupta	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Praveen Kumar Surolia	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Sankersan Sarkar	Teaching	Management	02-06-2021	02-06-2021
Dr. Subhash Kumar	Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Shyam Lal	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Mr. Ishwar Lal Kumawat	Non-Teaching	Human Resources	02-06-2021	02-06-2021
Mr. Pandya Anirudhdh Chandulal	Non-Teaching	Chemical Engineering	02-06-2021	02-06-2021
Mr. Sunil Kumar	Non-Teaching	Admission Cell	02-06-2021	02-06-2021
Mr. Akshay Gupta	Teaching	Architecture	02-06-2021	02-06-2021
Mr. Radheshyam Upadhyay	Non-Teaching	IT Infra	02-06-2021	02-06-2021
Mr. Virendra Singh	Non-Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. Himanshu Rathore	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Dr. Meenakshi Pilonia	Teaching	Chemistry	02-06-2021	02-06-2021
Mr. Manoj Kumar Choudhary	Non-Teaching	Automobile Engineering	02-06-2021	02-06-2021
Dr. Ravi Kumar Gupta	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Ms. Dechen Angmo	Teaching	Fine Arts	02-06-2021	02-06-2021
Dr. Neha Chaudhary	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Ashish Shrivastava	Teaching	Electrical Engineering	02-06-2021	02-06-2021
Dr. Kulwant Singh	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Ms. Sushila Choudhary	Teaching	Law	02-06-2021	02-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-1st Drive	
			From	To
Dr. Gurdaman Lal Sharma	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Susruta Samanta	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Sriparna Ray	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Pankaj Vyas	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Sarika Singh	Teaching	Chemistry	02-06-2021	02-06-2021
Mr. Laxmanya Singh Kakodiya	Non-Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Charanjeet Singh Tumrate	Teaching	Civil Engineering	02-06-2021	02-06-2021
Dr. Sulabh Bansal	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Sushil Kumar Dixit	Non-Teaching	Examination	02-06-2021	02-06-2021
Dr. Atok Bhargava	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Dr. Rakesh Kumar Sharma	Teaching	Bio Sciences	02-06-2021	02-06-2021
Mr. Hari Narayan Jat	Non-Teaching	Purchase	02-06-2021	02-06-2021
Dr. Narendra Singh Yadav	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Kedar Mal Jangid	Non-Teaching	Directorate of Online Education	02-06-2021	02-06-2021
Mr. Prakash Tatiwal	Non-Teaching	Human Resources	02-06-2021	02-06-2021
Mr. Banwari Lal Lokanda	Non-Teaching	Maintenance	02-06-2021	02-06-2021
Ms. Minali Banerjee	Teaching	Economics	02-06-2021	02-06-2021
Dr. Vijay Kumar	Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Shantanu Pachahara	Teaching	Law	02-06-2021	02-06-2021
Dr. Shambo Roy Chowdhury	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. M. Prabhu Inbaraj	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Amita Nandal	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. Vinod Yadav	Teaching	Automobile Engineering	02-06-2021	02-06-2021
Dr. Suyesha Singh	Teaching	Psychology	02-06-2021	02-06-2021
Dr. Ramanpreet Singh	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Manoj Kumar Sharma	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. Sumit Taneja	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Rashi Nathawat	Teaching	Physics	02-06-2021	02-06-2021
Dr. Pradeep Kumar Tiwari	Teaching	Computer Applications	02-06-2021	02-06-2021
Dr. Geeta Rani	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Mr. Pushpendra Kumar Sharma	Non-Teaching	Maintenance	02-06-2021	02-06-2021
Mr. Mukesh Kumar Verma	Non-Teaching	Civil Engineering	02-06-2021	02-06-2021
Dr. Ajay Saini	Non-Teaching	Directorate of Research	02-06-2021	02-06-2021
Mr. Prabhpreet Singh	Teaching	Law	02-06-2021	02-06-2021
Mr. Amit Yadav	Teaching	Law	02-06-2021	02-06-2021
Mr. Manoj R	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Mr. Vikas Tatiwal	Non-Teaching	Central Library	02-06-2021	02-06-2021
Mr. Sunil Chhipa	Non-Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Dr. Abhishek Sharma	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Ms. Vinita Ojha	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Dr. Nripendra Narayan Das	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Prakash Chandra Sharma	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Smita Sharma	Teaching	Management	02-06-2021	02-06-2021
Mr. Manish Yadav	Non-Teaching	Central Library	02-06-2021	02-06-2021
Mr. Dheeraj Sain	Non-Teaching	Central Library	02-06-2021	02-06-2021
Mr. Apoorv Saxena	Non-Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Satpal Singh Kushwaha	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Mr. Vijay Prakash Sharma	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Kamlesh Kumawat	Non-Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. Vijander Singh	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Mr. Ajay Meena	Non-Teaching	University Office	02-06-2021	02-06-2021
Ms. Sunita Doot	Non-Teaching	Training and Placement Office	02-06-2021	02-06-2021
Mr. Pradeep Kumar Chatruvedi	Non-Teaching	Finance Office	02-06-2021	02-06-2021
Dr. Priyanka Sharma	Teaching	Business Administration	02-06-2021	02-06-2021
Mr. Santosh Choudhary	Non-Teaching	Maintenance	02-06-2021	02-06-2021
Mr. Arvind Kumar	Non-Teaching	Maintenance	02-06-2021	02-06-2021
Mr. Ramjit Kumar	Teaching	Arts	02-06-2021	02-06-2021
Mr. Aditya Sinha	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-1st Drive	
			From	To
Mr. Vivek Sharma	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. Timothy Malche	Teaching	Computer Applications	02-06-2021	02-06-2021
Dr. Ankit Kumar Singh Patel	Teaching	Commerce	02-06-2021	02-06-2021
Mrs. Swati Srivastava	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Arpit Totuka	Teaching	Law	02-06-2021	02-06-2021
Dr. Dinesh Saini	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. Sumeegh Tharewal	Teaching	Computer Applications	02-06-2021	02-06-2021
Ms. Raneeta Pal	Teaching	Law	02-06-2021	02-06-2021
Mr. Somu Gorai	Teaching	Management	02-06-2021	02-06-2021
Dr. Thakur Dev Pareek	Teaching	Economics	02-06-2021	02-06-2021
Mr. Moti Kumar Jha	Non-Teaching	Directorate of Research	02-06-2021	02-06-2021
Mr. Gajendra Singh Rathore	Non-Teaching	Law	02-06-2021	02-06-2021
Dr. Kasinathan S	Teaching	Directorate of Online Education	02-06-2021	02-06-2021
Mr. Heera Lal Kumawat	Non-Teaching	Directorate of Online Education	02-06-2021	02-06-2021
Dr. Swikrita Dowerah	Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Dr. Mrinmoy Misra	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. Anoop Kumar Mukhopadhyay	Teaching	Physics	02-06-2021	02-06-2021
Mr. Fateh Singh Yadav	Non-Teaching	Administration	02-06-2021	02-06-2021
Ms. Monika Agarwal	Non-Teaching	Finance	02-06-2021	02-06-2021
Ms. Deepthi Rajeev	Non-Teaching	Finance	02-06-2021	02-06-2021
Mr. Laxmi Narayan	Non-Teaching	Finance	02-06-2021	02-06-2021
Mr. Saurabh Narayan	Non-Teaching	Human Resource	02-06-2021	02-06-2021
Mr. Ravi Kumar Yadav	Non-Teaching	Human Resource	02-06-2021	02-06-2021
Mr. Panchu Ram Jat	Non-Teaching	IT-Infra	02-06-2021	02-06-2021
Mr. Sandeep Devra	Non-Teaching	IT-Infra	02-06-2021	02-06-2021
Mr. Vijay Singh Chauhan	Non-Teaching	Human Resource	02-06-2021	02-06-2021
Mr. Kamlesh Kumar Bagda	Non-Teaching	Human Resource	02-06-2021	02-06-2021
Mr. Radhakrishna Samaga	Non-Teaching		02-06-2021	02-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Dose	
			From	To
Mr. Surendran Nair	Non-Teaching	Academic Management Section	14-06-2021	14-06-2021
Dr. Shashi Bhushan	Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Mukesh Chand Sharma	Non-Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Vikas Verma	Non-Teaching	Registrar Office	14-06-2021	14-06-2021
Dr. Rahul Shrivastava	Teaching	Chemistry	14-06-2021	14-06-2021
Dr. Kalpana Sharma	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Mr. Manoj Kumar Goyal	Non-Teaching	Architecture	14-06-2021	14-06-2021
Mr. Shiv Charan Singh	Non-Teaching	Academic Management Section	14-06-2021	14-06-2021
Dr. Sunil Joshi	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Mr. Hemant Kumawat	Non-Teaching	IT Infra	14-06-2021	14-06-2021
Mr. Ravi Kumar Gupta	Non-Teaching	IT Infra	14-06-2021	14-06-2021
Dr. Rakesh Kumar	Teaching	Automobile Engineering	14-06-2021	14-06-2021
Dr. Vishnu Goyal	Teaching	Electrical Engineering	14-06-2021	14-06-2021
Mr. Mohan Lal Sharma	Non-Teaching	Central Library	14-06-2021	14-06-2021
Mr. Kamal Jeet Singh	Non-Teaching	Architecture	14-06-2021	14-06-2021
Dr. Virendra Singh Chouhan	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Dr. Anamika Jain	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Mr. Priyatam Kumar Jangid	Non-Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Ramraj Choudhary	Non-Teaching	Central Library	14-06-2021	14-06-2021
Mr. Rajesh Yadav	Non-Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Dr. Shahbaz Ahmed Siddiqui	Teaching	Mechatronics Engineering	14-06-2021	14-06-2021
Mr. Arpit Khandelwal	Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Ravinder Kumar	Teaching	Information Technology	14-06-2021	14-06-2021
Dr. Priyanka Chaudhary	Teaching	Languages	14-06-2021	14-06-2021
Mr. Samshad Alam	Non-Teaching	Automobile Engineering	14-06-2021	14-06-2021
Mr. Indraj Singh Bugalia	Non-Teaching	Electrical Engineering	14-06-2021	14-06-2021
Mr. Mahaveer Prasad	Non-Teaching	Chemical Engineering	14-06-2021	14-06-2021
Dr. Manish Tiwari	Teaching	Electronics and Communication Engineering	14-06-2021	14-06-2021
Ms. Anita Shrotriya	Teaching	Computer Science and Engineering	14-06-2021	14-06-2021
Dr. Prashant Dwivedi	Teaching	Electronics and Communication Engineering	14-06-2021	14-06-2021
Dr. Kusum Kanwar	Teaching	Fine Arts	14-06-2021	14-06-2021
Ms. Kavita	Teaching	Information Technology	14-06-2021	14-06-2021
Dr. Gulrej Ahmed	Teaching	Computers and Communication Engineering	14-06-2021	14-06-2021
Ms. Poonam Kumari	Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Ishwar Lal Kumawat	Non-Teaching	Human Resources	14-06-2021	14-06-2021
Dr. Ashish Malik	Teaching	Automobile Engineering	14-06-2021	14-06-2021
Dr. Meenakshi Pilonia	Teaching	Chemistry	14-06-2021	14-06-2021
Mr. Dinesh Sain	Non-Teaching	Academic Management Section	14-06-2021	14-06-2021
Mr. Manoj Kumar Choudhary	Non-Teaching	Automobile Engineering	14-06-2021	14-06-2021
Ms. Dechen Angmo	Teaching	Fine Arts	14-06-2021	14-06-2021
Dr. Vipin Kumar	Teaching	Physics	14-06-2021	14-06-2021
Dr. Ashish Kumar Srivastava	Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Dr. Sarika Singh	Teaching	Chemistry	14-06-2021	14-06-2021
Mr. Charanjeet Singh Tumrate	Teaching	Civil Engineering	14-06-2021	14-06-2021
Dr. Ravi Kumar Sharma	Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Kush Jee Kamal	Teaching	Interior Design	14-06-2021	14-06-2021
Mr. Naveen Kumar Sharma	Non-Teaching	Directorate of Research	14-06-2021	14-06-2021
Mr. Shantanu Pachahara	Teaching	Law	14-06-2021	14-06-2021
Mr. Mahboob Anwer	Teaching	Fashion Design	14-06-2021	14-06-2021
Mr. Ashok Kumar Goswami	Non-Teaching	Information Technology	14-06-2021	14-06-2021
Ms. Alisha Verma	Teaching	Law	14-06-2021	14-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Dose	
			From	To
Ms. Anjana S.	Teaching	Computer Science and Engineering	14-06-2021	14-06-2021
Dr. Sudhendar Hanumantharao	Teaching	Management	14-06-2021	14-06-2021
Dr. Smita Sharma	Teaching	Management	14-06-2021	14-06-2021
Dr. Ashok Kumar Pal	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Mr. Prashant Hemrajani	Teaching	Computers and Communication Engineering	14-06-2021	14-06-2021
Mr. Vijay Prakash Sharma	Teaching	Information Technology	14-06-2021	14-06-2021
Mr. Deevesh Chaudhary	Teaching	Information Technology	14-06-2021	14-06-2021
Dr. Vivek Singh	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Ms. Vibha Bandhu	Teaching	Law	14-06-2021	14-06-2021
Dr. Amit Sharma	Teaching	Journalism and Mass Communication	14-06-2021	14-06-2021
Dr. Jamil Akhtar	Teaching	Electronics and Communication Engineering	14-06-2021	14-06-2021
Mr. Rajendra Kumawat	Non-Teaching	Finance	14-06-2021	14-06-2021
Mr. Aviral Sharma	Non-Teaching	IT-Infra	14-06-2021	14-06-2021
Mr. Deepak Kumar Bidsar	Non-Teaching	Finance	14-06-2021	14-06-2021
Aayushi Khandelwal	Non-Teaching		14-06-2021	14-06-2021
Ram Niwash	Non-Teaching		14-06-2021	14-06-2021
Rajesh Kumar Bairwa	Non-Teaching		14-06-2021	14-06-2021
Shbber Deshwali	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar Gurjar	Non-Teaching		14-06-2021	14-06-2021
Lokesh Kumar Sain	Non-Teaching		14-06-2021	14-06-2021
Ghasi Ram Sharma	Non-Teaching		14-06-2021	14-06-2021
Vishnu Saini	Non-Teaching		14-06-2021	14-06-2021
Babu Lal Gurjar	Non-Teaching		14-06-2021	14-06-2021
Ramnarayan Balai	Non-Teaching		14-06-2021	14-06-2021
Bajrang Lal Sharma	Non-Teaching		14-06-2021	14-06-2021
Deendayal Gurjar	Non-Teaching		14-06-2021	14-06-2021
Seeta Ram Gurjar	Non-Teaching		14-06-2021	14-06-2021
Satyanarayan Meena	Non-Teaching		14-06-2021	14-06-2021
Govardhan	Non-Teaching		14-06-2021	14-06-2021
Rameshwar Prasad	Non-Teaching		14-06-2021	14-06-2021
Mukesh Yadav	Non-Teaching		14-06-2021	14-06-2021
Narendra Singh	Non-Teaching		14-06-2021	14-06-2021
Supyar Devi Meena	Non-Teaching		14-06-2021	14-06-2021
Bansi Lal	Non-Teaching		14-06-2021	14-06-2021
Hanuman Sahay Jat	Non-Teaching		14-06-2021	14-06-2021
Tejasvi Phann	Non-Teaching		14-06-2021	14-06-2021
Dinesh Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Ramesh Kumar Balai	Non-Teaching		14-06-2021	14-06-2021
Ramesh Chand Yadav	Non-Teaching		14-06-2021	14-06-2021
Jitender Singh	Non-Teaching		14-06-2021	14-06-2021
Yogender Singh	Non-Teaching		14-06-2021	14-06-2021
Govardhan Lal Sharma	Non-Teaching		14-06-2021	14-06-2021
Siya Ram Sharma	Non-Teaching		14-06-2021	14-06-2021
Prakash Choudhary	Non-Teaching		14-06-2021	14-06-2021
Ratan Lal Balai	Non-Teaching		14-06-2021	14-06-2021
Deependra Singh	Non-Teaching		14-06-2021	14-06-2021
Pawan Yadav	Non-Teaching		14-06-2021	14-06-2021
Sandeep Kumar	Non-Teaching		14-06-2021	14-06-2021
Mahaveer Singh Gurjar	Non-Teaching		14-06-2021	14-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Drive	
			From	To
Shakti Singh Rajawat	Non-Teaching		14-06-2021	14-06-2021
Guddi Devi	Non-Teaching		14-06-2021	14-06-2021
Vikram Singh Rathore	Non-Teaching		14-06-2021	14-06-2021
Mangal Ram Jat	Non-Teaching		14-06-2021	14-06-2021
Ramesh Chand Dadarwal	Non-Teaching		14-06-2021	14-06-2021
Tilak Raj	Non-Teaching		14-06-2021	14-06-2021
Suraj Kumar Varma	Non-Teaching		14-06-2021	14-06-2021
Kishan	Non-Teaching		14-06-2021	14-06-2021
Gajendra Singh	Non-Teaching		14-06-2021	14-06-2021
Abhishek Kumar	Non-Teaching		14-06-2021	14-06-2021
Harjinder Kala	Non-Teaching		14-06-2021	14-06-2021
Babudi	Non-Teaching		14-06-2021	14-06-2021
Santosh Devi	Non-Teaching		14-06-2021	14-06-2021
Narayan Lal Gurjar	Non-Teaching		14-06-2021	14-06-2021
Hira Devi Raigar	Non-Teaching		14-06-2021	14-06-2021
Sushila Devi Raigar	Non-Teaching		14-06-2021	14-06-2021
Mamta Devi	Non-Teaching		14-06-2021	14-06-2021
Rekha Devi	Non-Teaching		14-06-2021	14-06-2021
Nathu Lal Kumawat	Non-Teaching		14-06-2021	14-06-2021
Pooja Balai	Non-Teaching		14-06-2021	14-06-2021
Suresh	Non-Teaching		14-06-2021	14-06-2021
Sunil Kumar	Non-Teaching		14-06-2021	14-06-2021
Koushalya Devi	Non-Teaching		14-06-2021	14-06-2021
Rajendra Singh Tanwar	Non-Teaching		14-06-2021	14-06-2021
Ramdev Choudhary	Non-Teaching		14-06-2021	14-06-2021
Satendra Singh	Non-Teaching		14-06-2021	14-06-2021
GOPAL SINGH	Non-Teaching		14-06-2021	14-06-2021
JAGDISH	Non-Teaching		14-06-2021	14-06-2021
Shankar Sardhana	Non-Teaching		14-06-2021	14-06-2021
Bhagwan Sahay Verma	Non-Teaching		14-06-2021	14-06-2021
Babulal Sharma	Non-Teaching		14-06-2021	14-06-2021
Suresh Saini	Non-Teaching		14-06-2021	14-06-2021
Ramesh Chand Balai	Non-Teaching		14-06-2021	14-06-2021
Mahendra Singh	Non-Teaching		14-06-2021	14-06-2021
Jitendra Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Roop Narayan	Non-Teaching		14-06-2021	14-06-2021
Rajkumar Choudhary	Non-Teaching		14-06-2021	14-06-2021
Banti	Non-Teaching		14-06-2021	14-06-2021
Babu Lal	Non-Teaching		14-06-2021	14-06-2021
Jaibir Singh	Non-Teaching		14-06-2021	14-06-2021
Nanu Ram Kumawat	Non-Teaching		14-06-2021	14-06-2021
Hanuman Singh	Non-Teaching		14-06-2021	14-06-2021
Rakesh	Non-Teaching		14-06-2021	14-06-2021
Shankar Lal Balai	Non-Teaching		14-06-2021	14-06-2021
Daleb Singh	Non-Teaching		14-06-2021	14-06-2021
Babu Lal Raigar	Non-Teaching		14-06-2021	14-06-2021
Guniram Sangat	Non-Teaching		14-06-2021	14-06-2021
Rakesh Mohan Singh Negi	Non-Teaching		14-06-2021	14-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Drive	
			From	To
Sesu Singh	Non-Teaching		14-06-2021	14-06-2021
Lokesh kumar sharma	Non-Teaching		14-06-2021	14-06-2021
Gordhan Lal	Non-Teaching		14-06-2021	14-06-2021
Hira Singh	Non-Teaching		14-06-2021	14-06-2021
Kamlesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Mukesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Manoj Bar	Non-Teaching		14-06-2021	14-06-2021
Narendra Singh Tanwar	Non-Teaching		14-06-2021	14-06-2021
Ravi Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Balnath Jat	Non-Teaching		14-06-2021	14-06-2021
Rajesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Shivraj Singh	Non-Teaching		14-06-2021	14-06-2021
Suman Devi	Non-Teaching		14-06-2021	14-06-2021
Sunita Devi	Non-Teaching		14-06-2021	14-06-2021
Mamta	Non-Teaching		14-06-2021	14-06-2021
Guddi	Non-Teaching		14-06-2021	14-06-2021
Phool Chand Verma	Non-Teaching		14-06-2021	14-06-2021
Vinod Kumar Verma	Non-Teaching		14-06-2021	14-06-2021
Mamta Devi	Non-Teaching		14-06-2021	14-06-2021
Meena Verma	Non-Teaching		14-06-2021	14-06-2021
Kamla	Non-Teaching		14-06-2021	14-06-2021
Shyaji Ram Choudhary	Non-Teaching		14-06-2021	14-06-2021
Choti Devi	Non-Teaching		14-06-2021	14-06-2021
Manju Gurjar	Non-Teaching		14-06-2021	14-06-2021
Tara	Non-Teaching		14-06-2021	14-06-2021
Narendra Singh	Non-Teaching		14-06-2021	14-06-2021
Bhagwan Singh	Non-Teaching		14-06-2021	14-06-2021
Anop Deci	Non-Teaching		14-06-2021	14-06-2021
Babu Lal	Non-Teaching		14-06-2021	14-06-2021
Manju Devi	Non-Teaching		14-06-2021	14-06-2021
Santosh Devi	Non-Teaching		14-06-2021	14-06-2021
Geeta Devi	Non-Teaching		14-06-2021	14-06-2021
Rupa Devi	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar	Non-Teaching		14-06-2021	14-06-2021
Heera Devi	Non-Teaching		14-06-2021	14-06-2021
Geeta Devi	Non-Teaching		14-06-2021	14-06-2021
Koshalya	Non-Teaching		14-06-2021	14-06-2021
Sapna	Non-Teaching		14-06-2021	14-06-2021
Rajesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Kanwar	Non-Teaching		14-06-2021	14-06-2021
Visheshwar Paswana	Non-Teaching		14-06-2021	14-06-2021
Shankar Lal	Non-Teaching		14-06-2021	14-06-2021
Sunita Devi	Non-Teaching		14-06-2021	14-06-2021
Krishana	Non-Teaching		14-06-2021	14-06-2021
Ladda	Non-Teaching		14-06-2021	14-06-2021
Kiran Devi	Non-Teaching		14-06-2021	14-06-2021
Santosh Devi	Non-Teaching		14-06-2021	14-06-2021
Radhe Shyam	Non-Teaching		14-06-2021	14-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Drive	
			From	To
Maina Devi	Non-Teaching		14-06-2021	14-06-2021
Seema	Non-Teaching		14-06-2021	14-06-2021
Gita Devi	Non-Teaching		14-06-2021	14-06-2021
Indra Kumar Verma	Non-Teaching		14-06-2021	14-06-2021
Sugan Devi	Non-Teaching		14-06-2021	14-06-2021
Yogesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Chanda Kumawat	Non-Teaching		14-06-2021	14-06-2021
Bhanwar Dan	Non-Teaching		14-06-2021	14-06-2021
Vinod Kumar Bairwa	Non-Teaching		14-06-2021	14-06-2021
Uganti Devi	Non-Teaching		14-06-2021	14-06-2021
Manju	Non-Teaching		14-06-2021	14-06-2021
Bhagirath Singh	Non-Teaching		14-06-2021	14-06-2021
Girdhari Gothwal	Non-Teaching		14-06-2021	14-06-2021
Renuka Kanwar	Non-Teaching		14-06-2021	14-06-2021
Santosh Devi	Non-Teaching		14-06-2021	14-06-2021
Mamta Devi Raigar	Non-Teaching		14-06-2021	14-06-2021
Bharat Bairwa	Non-Teaching		14-06-2021	14-06-2021
Ghanshyam Harijan	Non-Teaching		14-06-2021	14-06-2021
Geeta Devi	Non-Teaching		14-06-2021	14-06-2021
Sampati Devi	Non-Teaching		14-06-2021	14-06-2021
Gopal Lal Bunkar	Non-Teaching		14-06-2021	14-06-2021
Arjun Lal Bairwa	Non-Teaching		14-06-2021	14-06-2021
Bhawan Singh Bisht	Non-Teaching		14-06-2021	14-06-2021
Sheikh Murul Hussain	Non-Teaching		14-06-2021	14-06-2021
Vinod Sharma	Non-Teaching		14-06-2021	14-06-2021
Kamlesh Kumawat	Non-Teaching		14-06-2021	14-06-2021
Pramod Singh	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar Prajapat	Non-Teaching		14-06-2021	14-06-2021
Rameshwar Prasad	Non-Teaching		14-06-2021	14-06-2021
Kamlesh Kumawat	Non-Teaching		14-06-2021	14-06-2021
Ram Kishor Kumar	Non-Teaching		14-06-2021	14-06-2021
Banwari Lal Jadoliya	Non-Teaching		14-06-2021	14-06-2021
Rajender Dhobi	Non-Teaching		14-06-2021	14-06-2021
Sumer Singh	Non-Teaching		14-06-2021	14-06-2021
Deepak Washrame	Non-Teaching		14-06-2021	14-06-2021
Mahendra Kumar Meena	Non-Teaching		14-06-2021	14-06-2021
Rakesh Kumar Mali	Non-Teaching		14-06-2021	14-06-2021
Shyoji Ram	Non-Teaching		14-06-2021	14-06-2021
Gauri Shankar	Non-Teaching		14-06-2021	14-06-2021
Sohan Lal Yadav	Non-Teaching		14-06-2021	14-06-2021
Rajendra Prasad Gurjar	Non-Teaching		14-06-2021	14-06-2021
Mahesh Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar Meena	Non-Teaching		14-06-2021	14-06-2021
Malu Ram Gurjar	Non-Teaching		14-06-2021	14-06-2021
Mukesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Shailendra Singh	Non-Teaching		14-06-2021	14-06-2021
Ramesh Chand Meena	Non-Teaching		14-06-2021	14-06-2021
Sitaram Verma	Non-Teaching		14-06-2021	14-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Drive	
			From	To
Ashok Kumar	Non-Teaching		14-06-2021	14-06-2021
Anil Kumar	Non-Teaching		14-06-2021	14-06-2021
Hanuman sahay jatwa	Non-Teaching		14-06-2021	14-06-2021
Puran mal	Non-Teaching		14-06-2021	14-06-2021
Mahipal Singh	Non-Teaching		14-06-2021	14-06-2021
Pawan Kumawat	Non-Teaching		14-06-2021	14-06-2021
Laxman Singh	Non-Teaching		14-06-2021	14-06-2021
Arjun Lal	Non-Teaching		14-06-2021	14-06-2021
Roshan Lal Sharma	Non-Teaching		14-06-2021	14-06-2021
Harish Medatwal	Non-Teaching		14-06-2021	14-06-2021
Rajesh Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Suresh Choudhary	Non-Teaching		14-06-2021	14-06-2021
Bajrang Lal Choudhary	Non-Teaching		14-06-2021	14-06-2021
Mangi Lal Jat	Non-Teaching		14-06-2021	14-06-2021
Shankar Lal Choudhary	Non-Teaching		14-06-2021	14-06-2021
Manoj Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Shinu Gourge	Non-Teaching		14-06-2021	14-06-2021
Lalaram Gurjar	Non-Teaching		14-06-2021	14-06-2021
Chand Devi	Non-Teaching		14-06-2021	14-06-2021
Madan Lal Kataria	Non-Teaching		14-06-2021	14-06-2021
Galku Devi	Non-Teaching		14-06-2021	14-06-2021
Mamta Devi	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar Verma	Non-Teaching		14-06-2021	14-06-2021
Gopal Lal Verma	Non-Teaching		14-06-2021	14-06-2021
Daleep Singh	Non-Teaching		14-06-2021	14-06-2021
Ramphool Bairwa	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar Bairwa	Non-Teaching		14-06-2021	14-06-2021
Surendra Singh	Non-Teaching		14-06-2021	14-06-2021
Jamna Devi	Non-Teaching		14-06-2021	14-06-2021
Vimla Devi	Non-Teaching		14-06-2021	14-06-2021
Tiju Devi	Non-Teaching		14-06-2021	14-06-2021
Nemi Chand Verma	Non-Teaching		14-06-2021	14-06-2021
Pappu Meena	Non-Teaching		14-06-2021	14-06-2021
Jeetendra Kumar	Non-Teaching		14-06-2021	14-06-2021



MUJ/DSW/HR/NCC/03 June 2022/02

**FREE COVID VACCINATION DRIVE' for the 3rd. dose
(booster dose)**

Human Resource In collaboration with DSW & NCC

Date of Event: 03 rd. June 2022

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4.	Brief Description of the event	1
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1. Introduction of the Event: -

On 3rd June 2022, Manipal University Jaipur HR department took an initiative to organize a 'FREE COVID VACCINATION DRIVE' for the 3rd dose (booster dose). This event was held on AB1-Block (003) 9:00 am-4:00 pm where NCC cadets were voluntarily taking part.

This event comes under the '**EMPLOYEE WELLNESS PROGRAM**'.

2. Objective of the Event: -

Manipal University Jaipur provide FREE BOOSTER DOSE of "COVISHILD" to those employees who have received the first and second dose of the vaccine and who have completed nine months of taking their second dose

3. Beneficiaries of the Event: -

The event was conducted for AB-1 Room No. 003 Manipal University Jaipur

4. Brief Description of the event: -

The central government has begun the booster dose/precaution dose for all adults (senior citizens and citizens above 18 years). We would advise all our employees and their family members to get themselves vaccinated as per eligibility and government stipulations. As a part of the employee wellness program and keeping the safety well-being of our employees & their immediate family members (Teaching/ non-Teaching Faculty, Ground staff Security, Sweeper) and their family members were gathered there for vaccination. on top priority, we are extending a "**cashless COVID-19 vaccination**" for Employees at our group hospital i.e **Manipal Hospital-Jaipur**.

Based on the government guidelines, people who are 18 years of age and have completed nine months or 39 weeks of receiving the second dose would be eligible for the third dose of vaccination.

NCC Cadets were present their to maintain the crowd and social distance and help employees and there family member with their documents such as: an Aadhaar card copy and 2nd dose reference ID required for a booster dose.

The event was the groom with the presence of the University President

Mr. GK. Prabhu

5. Photographs of the event with captions: -







Image. FREE COVID VACCINATION DRIVE' with President Sir, Head HR, Registrar, HR Manager with NCC Cadets.

6. Brochure of the Event: -

Email: saurabh.narayan@jaipur.manipal.edu

From: Exchadmin [MU - Jaipur]
Sent: Tuesday, May 31, 2022 11:02 AM
To: MUJ Users <muj.users@jaipur.manipal.edu>
Cc: Sridhar M.S. [MU - Jaipur] <sridhar.ms@jaipur.manipal.edu>; Saurabh Narayan [MU - Jaipur] <saurabh.narayan@jaipur.manipal.edu>
Subject: EMPLOYEE WELLNESS: COVID-19 VACCINATION

Dear All,

Reference to the earlier communication, we are planning to execute the **vaccination drive at MUJ campus on 3rd June (Friday), 2022** starting 9.30 am onwards.

In view of above, kindly confirm your participation by clicking the link below-

Participation confirmation link: <https://forms.office.com/r/1zaFwqZkbB>

Guidelines:

1. The eligibility criteria for vaccination will be as per the government guidelines.
2. Your timeslot for the vaccination will be shared through personalized mail covering all details about vaccination process.

Have a great day!
Thanking you,

Saurabh Narayan
Human Resources, Manipal University Jaipur

7. Schedule of the event: -

On 3rd June 2022

8. Attendance of the Event

Total attendee- 187 (04 NCC Cadets and Staff)



Attendance of the Event

S.NO.	Reg No.	Cadet Name	Father Name
1	RJ/21/SWF/278495	Tanya Singh Thakur	Kashmir Singh Thakur
2	RJ/21/SWF/278477	Avani Ahlawat	Sandeep Kumar Ahlawat
3	RJ/21/SWF/278479	Lavanya Rajawat	Pawan Singh
4	RJ/20/SDF/278467	Pawan Singh	Commandant Balwant

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Prof. AD Vyas)

Signature of Director, DSW

From: [Exchadmin \[MU - Jaipur\]](#)
To: [MUJ Users](#)
Subject: EMPLOYEE WELLNESS: COVID-19 VACCINATION
Date: Tuesday, January 11, 2022 5:29:12 PM

Dear All,

As you are aware, the central government has begun the booster dose for senior citizens and the first dose for 15 to 18 years old for COVID-19. This has begun with effect from 10th January, 2022. We would advise all our employees and their family members to get themselves vaccinated as per eligibility and government stipulations.

As a part of employee wellness program and keeping the safety & wellbeing of our employees & their immediate family members on top priority, we are extending a “**cashless COVID-19 vaccination**” for Employees and their immediate family members (spouse, dependent children, dependent parents / dependent parents-in-laws) at our group hospital i.e **Manipal Hospital-Jaipur**.

Please note the following when taking up the vaccination:

1. The eligibility and criteria for vaccination will be as per the government rules.
2. **Process:**
 - Step 1:** All employees are required to fill up the details in the below mentioned MS link & submit the same.
Microsoft Link :- <https://forms.office.com/r/BxcYbhwe29>
 - Step 2:** HR department will communicate officially to all employees concerned about the vaccination process after getting confirmation from Manipal Hospital, Jaipur
 - Step 3:** On the proposed date of vaccination, employees are required to **carry the Aadhar card** of the person who are going to get vaccinated.
3. However, after vaccination, everyone should continue to follow all the current guidelines to protect themselves and others, including wearing a mask, social distancing, avoiding crowded places etc.

Note: Please note that the organization is going to absorb the cost of vaccination of all the employees and their immediate family members. The safety and wellbeing of your family is our concern and we want the entire Manipal Family to be happy, safe and protected.

Have a great day!
Thanking you,

Regards,
TEAM HR

Saurabh Narayan
HR Operations, Manipal University Jaipur
Contact no.: +91 141 3999100, Extn. 750
Email: saurabh.narayan@jaipur.manipal.edu

From: [Dr. Lucky Vijayvargiya \[MU - Jaipur\]](#)
To: [Nishtha Acharya \[MU - Jaipur\]](#)
Subject: FW: EMPLOYEE WELLNESS: COVID-19 VACCINATION
Date: Friday, October 13, 2023 12:12:27 PM

From: Exchadmin [MU - Jaipur] <exchadmin@jaipur.manipal.edu>
Sent: Monday, May 2, 2022 3:31 PM
To: MUJ Users <muj.users@jaipur.manipal.edu>
Cc: Saurabh Narayan [MU - Jaipur] <saurabh.narayan@jaipur.manipal.edu>; Sridhar M.S. [MU - Jaipur] <sridhar.ms@jaipur.manipal.edu>
Subject: EMPLOYEE WELLNESS: COVID-19 VACCINATION

Dear All,

As you are aware, the central government has begun the booster dose/precaution dose for all adults (senior citizens and citizens above 18 years). We would advise all our employees and their family members to get themselves vaccinated as per eligibility and government stipulations.

As a part of employee wellness program and keeping the safety & wellbeing of our employees & their immediate family members on top priority, we are extending a “**cashless COVID-19 vaccination**” for Employees and their immediate family members (spouse, dependent children, dependent parents / dependent parents-in-laws) at our group hospital i.e **Manipal Hospital-Jaipur**.

Based on the government guidelines, people who are 18 years of age and have completed nine months or 39 weeks of receiving the second dose would be eligible for the third dose of vaccination.

In view of above, we are circulating this email along with a link to capture your willingness and to execute a vaccination camp inhouse or at hospital premises. Kindly fill up your willingness with the link attached below-

Guidelines:

1. The eligibility and criteria for vaccination will be as per the government rules.
2. **Process:**
Step 1: All employees are required to fill up the details in the below mentioned MS link & submit the same.

Microsoft Link :- <https://forms.office.com/r/BxcYbhwe29>

Step 2: HR department will communicate officially to all employees concerned about the vaccination process after getting confirmation from Manipal Hospital, Jaipur

Note: Please note that the organization is going to absorb the cost of vaccination of all the employees and their immediate family members. The safety and wellbeing of your family is our concern and we want the entire Manipal Family to be happy, safe and

protected.

Have a great day!
Thanking you,

Saurabh Narayan
Human Resources, Manipal University Jaipur
Contact no.: +91 141 3999100, Extn. 750
Email: saurabh.narayan@jaipur.manipal.edu

From: [Dr. Lucky Vijayvargiya \[MU - Jaipur\]](#)
To: [Nishtha Acharya \[MU - Jaipur\]](#)
Subject: FW: Manipal Hospital App - Quick Guide to book Video Consult
Date: Friday, October 13, 2023 12:16:40 PM
Attachments: [image001.png](#)

From: Registrar Office [MU - Jaipur] <registrar.office@jaipur.manipal.edu>
Sent: Thursday, October 15, 2020 9:07 AM
To: Dr. Lucky Vijayvargiya [MU - Jaipur] <lucky.vijayvargiya@jaipur.manipal.edu>; Exchadmin [MU - Jaipur] <exchadmin@jaipur.manipal.edu>
Subject: Manipal Hospital App - Quick Guide to book Video Consult

Dear All,

To make getting access to healthcare during the COVID-19 pandemic situation easier for the Manipal University, we have introduced the concept of Video Consultation with our Clinicians. They can be booked either the toll free number – 1800 102 5555 or by using the Manipal Hospital App.

With the introduction of mobile apps, there is a revolution within the Health-care industry to digitalize medical care. Manipal Hospitals being a pioneer in Health-care introduced a mobile app of its own known as the Manipal Hospitals app. It can be accessed by both android and IOS platforms based mobile users. We intend to improve and enhance patient engagement through our mobile app. Manipal Hospitals app provides a new dimension to Health-care with its various features ranging from booking appointments, paying hospital bills, to accessing past health records online.

Some of the important features of ‘**Manipal Hospital Patient App**’ are:

1. **Book hassle free appointments**
2. **Pay Manipal Hospital Bills**
3. **Manipal Hospital Health Records**
4. **Emergency Services**
5. **Health Tips**

To download the app, click on the link: <https://www.manipalhospitals.com/mobile-app> or scan the QR code given below:



The process for booking an appointment is given in the attached file, in case of any query you may please connect with Ms Arpita - 9602154339

Virender Yadav
Chief Officer – Administration (COA)





Name : [REDACTED]

Employee ID : [REDACTED]

Contact : [REDACTED]



**MANIPAL UNIVERSITY
JAIPUR**

ManipalHospitals

LIFE'S ON 

Discount offered for the employees and dependents are:

- **20% Consultation**
- **10% IPD (Open Billing) only in case of cash payment**
- **10% OPD (Non Invasive Cardiology)**
- **10% Pathological Investigation**
- **10% Radiological Investigation**
- **5% IPD (Package Billing) only in case of cash payment**
- **Celebration Health Package 2525/-**

Valid at Manipal Hospital, Jaipur

Sector 5, Main Sikar Road, Vidhyadhar Nagar, Jaipur - 302039

For any info contact : 9116656540

www.manipalhospitals.com/jaipur | info@manipalhospitals.com

Manipal University Jaipur Partnering with Health Institutions for a Healthier Tomorrow

In an increasingly interconnected world, Manipal University Jaipur is a center of education and research and hubs for collaboration and innovation.

One of the most significant and impactful areas of collaboration for Manipal University Jaipur today is its partnerships with health institutions. Manipal University Jaipur's collaborations with health institutions have become instrumental in advancing medical research and influencing healthcare policy. These partnerships enable the pooling of knowledge, expertise, and resources to tackle complex health challenges. Research conducted through collaborations leads to breakthroughs in medical science. Manipal University Jaipur and health institutions work together on clinical trials, studies, and experiments that can result in the development of new drugs, therapies, and treatment protocols. These innovations not only benefit patients but also stimulate economic growth through the healthcare sector. Its research findings and expert input can shape healthcare regulations, vaccination strategies, and disease prevention measures, ultimately safeguarding the health of entire populations.

The power of collaboration between Manipal University Jaipur and health institutions will continue to shape the future of healthcare, creating a healthier and more prosperous world for us all.

List of partnering organizations for SDGs

Manipal University Jaipur works alongside national health agencies and organizations to inform public health policy. The collaborations bring together the intellectual capital of academia with the practical experience of healthcare providers, resulting in groundbreaking research, better healthcare delivery, and more informed health policies.



Sr	Name of the Organization	National/ International	SDG
1	Bhagwan Mahaveer Viklang Sahayata Samiti (BMVSS)	Regional	SDG-3
2	Mahatma Gandhi Medical College & Hospitals	Regional	SDG-3
3	Manipal Hospitals Pvt. Ltd.	Regional	SDG-3
4	MUSKAAN Foundation for Road Safety	Regional	SDG-3
5	RG Stone Urology & Laparoscopy Hospital	Regional	SDG-3
6	Ayushraj Enterprises Pvt Ltd. Jaipur	National	SDG-3
7	Shantol Green (India) Pvt Ltd., Rajkot	National	SDG-3, SDG-7, SDG-11
8	Rajasthan State Pollution Control Board, Jaipur	National	SDG-3, SDG-12,
9	Abellon Clean Energy Ltd, Ahmedabad, Gujrat	National	SDG-3, SDG-7
10	Bharuch Enviro Infrastructure Limited, Ankleshwar, Gujrat	National	SDG-3, SDG-7,
11	National Institute of Ayurveda	National	SDG-3
12	Gujarat Fluro Chemicals	National	SDG-3
13	Onmiactive Health Technologies Limited (Agreement)	National	SDG-3, SDG-12
14	L'Ecole Bleue School of Global Design, Peris, France	International	SDG-3, SDG-12,
15	Plymouth University UK	International	SDG-3, SDG-4
16	Nanjing Forestry University, China	International	SDG-3, SDG-11
17	The commonwealth Scientific and Industrial Research Organization, Adelaide, South Australia, CSIRO	International	SDG-3, SDG-9
18	UNESCO World Health	International	SDG-3

Covid 19 Awareness, Vaccination Drives, Health Card, and Consultation with Doctor



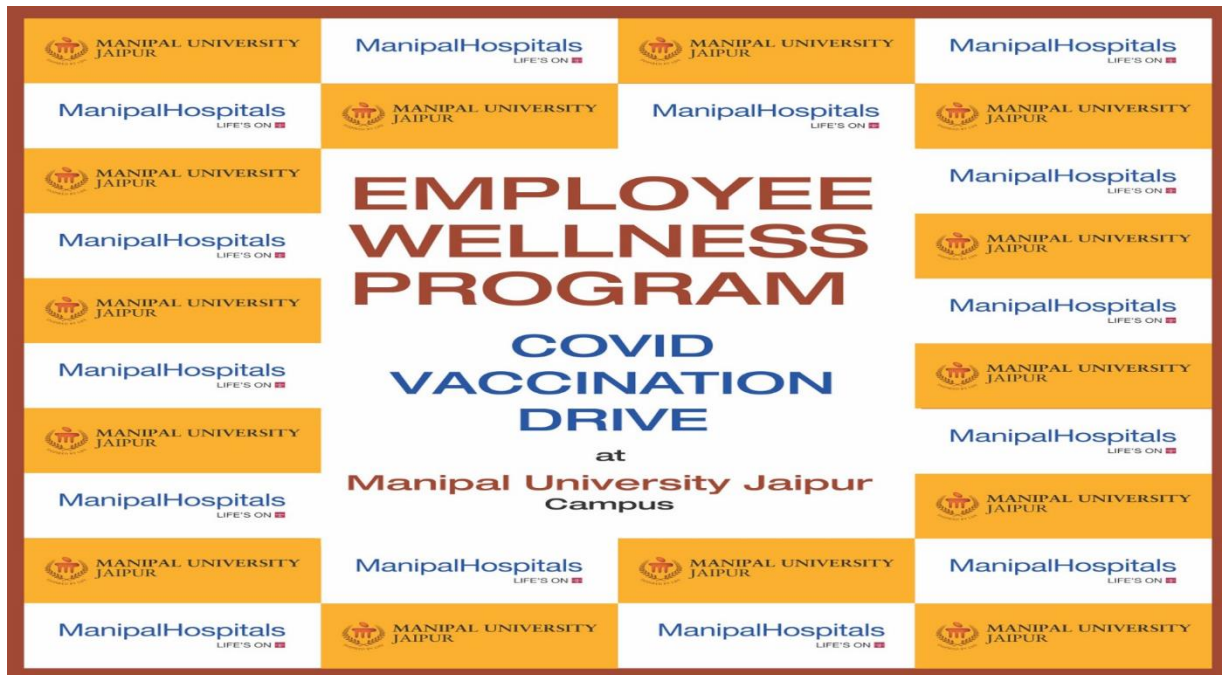
**MANIPAL UNIVERSITY
JAIPUR**

(University under Section 2(f) of the UGC Act)



Manipal University Jaipur often organizes health fairs, clinics, and educational programs in collaboration with local health institutions. These initiatives promote preventive care, provide health screenings, and disseminate vital health information to underserved populations, ultimately contributing to better community health.

Manipal University Jaipur collaborates with Manipal Hospital and provides health cards to employees and their family members. The Health Card Offers discounts to employees and their dependents.



Picture 1: Covid-19 Vaccination drive as part of Employee Wellness Program in Collaboration with Manipal Hospital



**MANIPAL UNIVERSITY
JAIPUR**

(University under Section 2(f) of the UGC Act)



**MANIPAL UNIVERSITY
JAIPUR**

organize

EMPLOYEE WELLNESS PROGRAM

in association with

ManipalHospitals
LIFE'S ON 

Awareness Program on

Covid Vaccination

(Vaccination Drive for Employees
& Dependents)



COVID-19
VACCINATION

at

Manipal University Jaipur Campus





Picture 1: Covid-19 Vaccination drive as part of Employee Wellness Program in collaboration with Manipal Hospital

Student Projects List

Research projects by students conducted in partnership with healthcare providers and institutions allow Manipal University Jaipur to leverage its academic expertise and resources to address specific health issues prevalent in the community.

Sr. No.	Name	Registration Number	Project Name	Type of Project
1	Kartikeyan Sharma	190901008	Employee Welfare Measures In Manufacturing Industry	Major Project
2	Rahul Jewaria	190901059	Work Life Balance	Major Project
3	Vanshaj Sharma	190901117	Effect Of Workplace Environment On Employees' Performance	Major Project
4	Shahid Chouhan	190903028	Financial And Investment Analysis Of Health care sector	Major Project
5	Tanisha Gawde	181301040	X V/S Principal Sectary Health And Family Welfare Department, Govt Of Nct And Others	Field project
6	Shivam Singh	189401048	Development Of Healthcare Startup	Major Project
7	Aahan Singh Charak	189301024	Pythomonk-Ai Solution To Plant Health Monitoring	Major Project
8	Adit Pareek	199303221	Healthcare System Using Iot	Minor Project
9	Priyansh Jain	199302052	Optimization Problem In Health Care	Minor Project
10	Anamitra Bahuguna	199302100	Detection And Prediction Problem In Health Care	Minor Project
11	Ananya Gupta	199302055	Hospital Management System	Minor Project
12	Aditya Sharma	199302043	Smart Waste Management System	Minor Project
13	Shubham Vinayak Bhand	199303019	Extracting Diseases From Medical Images Using Machine Learning	Minor Project
14	Samridhi Iyer	199303108	Machine Learning Techniques Used In The Field Of Medical Imaging	Minor Project



Sr. No.	Name	Registration Number	Project Name	Type of Project
15	Avantika Raha	199303092	Hostel Recreational Activities Booking Portal	Minor Project
16	Rugved Chavan	199303045	Kidney Disease Detection Using Deep Learning Techniques And Distributed Architecture For The Optimised Flow Of Data In Hospitals	Minor Project
17	Priyam Thakkar	199303169	Kidney Stone Segmentation In Kub X-Ray Images	Minor Project
18	Tanishka Mohan	199303001	Disease Prediction Using Machine Learning Algorithms	Minor Project
19	Koyel Roy	190501015	Breast Cancer Diagnosis Using Machine Learning Algorithms	Minor Project
20	Norbert Lourembam	199403034	Autonomous Floor Cleaning System	PBL
21	Avinash Kumar	199403021	Automatic Hand Sanitizer	PBL

From: [Dr. Lucky Vijayvargiya \[MU - Jaipur\]](#)
To: [Nishtha Acharya \[MU - Jaipur\]](#); [QC Intern \[MU - Jaipur\]](#)
Subject: FW: COVID Vaccination: 2nd Drive on 14th June (Monday)
Date: Friday, October 13, 2023 12:19:05 PM

From: Exchadmin [MU - Jaipur] <exchadmin@jaipur.manipal.edu>
Sent: Friday, June 11, 2021 4:27 PM
To: MUJ Users <muj.users@jaipur.manipal.edu>
Cc: Manish Kumar <manish.kumar@quesscorp.co>; deepak.singh@spiffyfms.com; Divya Pritwani [MU - Jaipur] <divya.pritwani@jaipur.manipal.edu>; CSO MUJ [MU - Jaipur] <cso.muj@jaipur.manipal.edu>; Shahid Jamal <shahid.jamal@goodhostspaces.com>; Shinu George <shinu.george@quesscorp.com>; security.jaipur <security.jaipur@goodhostspaces.com>
Subject: COVID Vaccination: 2nd Drive on 14th June (Monday)

Dear All,

As the University is reopening effective from 14th June, 2021, we are organizing COVID Vaccination drive on **14th June (Monday)** at MUJ campus (AB-1, Room No#003) in association with Manipal Hospital, Jaipur.

- This vaccination drive will help all employees of MUJ, AIC, Good Host, Quess Corps (MSS, Terrier, COW, Housekeeping), to get atleast First jab of vaccination executed in order to create a safer workplace for everyone.
- Vaccine Name: COVISHIELD
- Employees may get their second dose of vaccination as per the Government guidelines.
- All vaccination will be executed as per the Government stipulated norms by Manipal Hospital Jaipur.
- **Mandatory Document:** Aadhar Card or any other photo id card as per Govt stipulated norms for registration
- **Mandatory Process-** It is desirable that all employees do the registration on CO-WIN application well in advance before the vaccination drive in order to cut short the waiting time.

MUJ Employees: MUJ employees are required to fill-up below Microsoft form latest by 12th June (Saturday) for self & beneficiaries and a separate communication will be rolled out with a specific timeslot of vaccination. **LINK:** <https://forms.office.com/r/MPLxBgrXsq>

@Shinu George: Kindly disseminate this information of upcoming vaccination drive scheduled on 14th June, to all employees of Quess corps through respective Section Head and prepare a list with a proper timeslot. Kindly ensure all employees receive atleast first dose of vaccination as per Government norms. For any queries , you are requested to co-ordinate with undersigned for smooth execution.

SPOC for this event is **Mr. Ishwar Lal Kumawat** and he can be contacted @ **+91-9887902874** for any queries/assistance.

Regards,
TEAM HR

Saurabh Narayan
Manipal University Jaipur
Contact no.: +91 141 3999100, Extn. 750
Email: saurabh.narayan@jaipur.manipal.edu

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-1st Drive	
			From	To
Dr. Ajay Kumar	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. Babita Malik	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Prabhat Ranjan	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Ms. Jyoti Thukral	Non-Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Indeewar Kumar	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Dr. Nilanjan Halder	Teaching	Physics	02-06-2021	02-06-2021
Dr. Lalita Ledwani	Teaching	Chemistry	02-06-2021	02-06-2021
Mr. Hemant Raj Singh	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Dasari Nagaraju	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Virendra Singh Shekhawat	Non-Teaching	Physics	02-06-2021	02-06-2021
Mr. Laxman Singh Shekhawat	Non-Teaching	Central Library	02-06-2021	02-06-2021
Dr. Devi Prasad Sharma	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Tina Shrivani	Teaching	Commerce	02-06-2021	02-06-2021
Mr. Bhagwan Sahai	Non-Teaching	Economics	02-06-2021	02-06-2021
Mr. Mukesh Chand Sharma	Non-Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Sonal Sidana	Teaching	Business Administration	02-06-2021	02-06-2021
Mr. Peetha Ram Choudhary	Non-Teaching	Management	02-06-2021	02-06-2021
Mr. Vikas Verma	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Dr. Rahul Shrivastava	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Sushil Kumar Jain	Teaching	Physics	02-06-2021	02-06-2021
Dr. Sumit Srivastava	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Lokesh Sharma	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Anupam Kumar Sharma	Teaching	Physics	02-06-2021	02-06-2021
Dr. Rabindra Kumar Verma	Teaching	Languages	02-06-2021	02-06-2021
Dr. Kalpana Sharma	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Peeyush Garg	Teaching	Electrical Engineering	02-06-2021	02-06-2021
Dr. Dinesh Yadav	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Dalip Singh Shekhawat	Teaching	Automobile Engineering	02-06-2021	02-06-2021
Dr. Ashish Goyal	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Devesh Kumar Srivastava	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Madan Mohan Sharma	Teaching	Bio Sciences	02-06-2021	02-06-2021
Mr. Man Mohan Mehta	Non-Teaching	Admission Cell	02-06-2021	02-06-2021
Mr. Shiv Charan Singh	Non-Teaching	Academic Management Section	02-06-2021	02-06-2021
Dr. Sunil Joshi	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Nandlal Chaturvedi	Non-Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Shailander Singh Khangarot	Non-Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Mr. Mahaveer Paliwal	Non-Teaching	Electrical Engineering	02-06-2021	02-06-2021
Mr. Aravind Kumar Rai	Teaching	Hotel Management	02-06-2021	02-06-2021
Dr. C. Anirvinna	Teaching	Management	02-06-2021	02-06-2021
Mr. Rajesh Kumar	Non-Teaching	Electrical Engineering	02-06-2021	02-06-2021
Mr. Harish Kumar Ojha	Non-Teaching	Physics	02-06-2021	02-06-2021
Mr. Govind Gupta	Non-Teaching	Chemistry	02-06-2021	02-06-2021
Mr. Satya Narayan Bagada	Non-Teaching	Central Library	02-06-2021	02-06-2021
Mr. Dori Lal	Non-Teaching	Purchase	02-06-2021	02-06-2021
Mr. Ramphool Choudhary	Non-Teaching	Fashion Design	02-06-2021	02-06-2021
Mr. Pankaj Kumawat	Non-Teaching	Directorate of Research	02-06-2021	02-06-2021
Mr. Rakesh Sharma	Non-Teaching	IT Infra	02-06-2021	02-06-2021
Ar. Sidharth Soni	Teaching	Architecture	02-06-2021	02-06-2021
Mr. Vijay Shankar Kumawat	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Tejpal	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Kamakhya Prakash Misra	Teaching	Physics	02-06-2021	02-06-2021
Dr. Ashish Kumar	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Saurav Sharma	Teaching	Fashion Design	02-06-2021	02-06-2021
Mrs. Madhuri Sahal	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Mr. Chusen Duari	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Anand Pandey	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Upendra Kulshrestha	Teaching	Automobile Engineering	02-06-2021	02-06-2021
Dr. Neha Singh	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-1st Drive	
			From	To
Mr. Satya Narayan Agarwal	Teaching	Electrical Engineering	02-06-2021	02-06-2021
Mr. Jaya Krishna R	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Ashish Sharma	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Ram Naresh Saraswat	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Dr. Yashoda Kumari	Teaching	Languages	02-06-2021	02-06-2021
Dr. Saurabh Sharma	Teaching	Commerce	02-06-2021	02-06-2021
Dr. Laxmi Poonia	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Deepak Pokhriyal	Teaching	Hotel Management	02-06-2021	02-06-2021
Md. Yunus Aslam	Non-Teaching	Academic Management Section	02-06-2021	02-06-2021
Mr. Rajesh Sharma	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Mr. Rahul Babu Kodali	Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Omprakash Verma	Non-Teaching	Central Library	02-06-2021	02-06-2021
Mr. Mukesh Kumar Kumawat	Non-Teaching	Electrical Engineering	02-06-2021	02-06-2021
Mr. Kamal Jeet Singh	Non-Teaching	Architecture	02-06-2021	02-06-2021
Mr. Ashok Kumawat	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. Rohit Jain	Teaching	Bio Sciences	02-06-2021	02-06-2021
Dr. Sunistha Dhaka	Teaching	Business Administration	02-06-2021	02-06-2021
Dr. Sunny Dawar	Teaching	Commerce	02-06-2021	02-06-2021
Dr. Mohd Rizwanullah	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Mukesh Shekhar	Teaching	Hotel Management	02-06-2021	02-06-2021
Dr. Umashankar Rawat	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Kumar Gaurav	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Mr. G.S.S.Adithya	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Tanushree Sharma	Teaching	Commerce	02-06-2021	02-06-2021
Dr. Amit Saraswat	Teaching	Electrical Engineering	02-06-2021	02-06-2021
Dr. Charu Dhankar	Teaching	Psychology	02-06-2021	02-06-2021
Mr. Rohit Kumar Gupta	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Rohit Mathur	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Rakesh Kumar	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Harshwardhan Soni	Teaching	Fashion Design	02-06-2021	02-06-2021
Mr. Om Prakash Sharma	Non-Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Priydarshan	Non-Teaching	Fashion Design	02-06-2021	02-06-2021
Dr. Pushpendra Kumar	Teaching	Physics	02-06-2021	02-06-2021
Mr. Babulal Choudhary	Non-Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Girraj Prasad Soni	Non-Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Vikram Singh Kashyap	Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Rahul Khatri	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Mukesh Saini	Non-Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Anurag Joshi	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Suresh Kumar Sharma	Non-Teaching	Architecture	02-06-2021	02-06-2021
Mr. Devesh Chandra	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Amit Kumar Singh	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Dr. Harshavardhana BG	Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Anil Soun	Non-Teaching	Management	02-06-2021	02-06-2021
Mr. Abhishek Kumar Sharma	Non-Teaching	Admission Cell	02-06-2021	02-06-2021
Mr. Sanchit Anand	Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Divya Rishi Shrivastava	Teaching	Electrical Engineering	02-06-2021	02-06-2021
Mr. Rahul Saxena	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Laxman Singh	Non-Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Monika Sogani	Teaching	Bio Sciences	02-06-2021	02-06-2021
Dr. Manisha Sharma	Teaching	Chemical Engineering	02-06-2021	02-06-2021
Mr. Ashok Sharma	Non-Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Dr. Vivek Kumar Verma	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Tarun Jain	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Abhishek Sharma	Teaching	Chemical Engineering	02-06-2021	02-06-2021
Mr. Ashok Sharma	Non-Teaching	Examination	02-06-2021	02-06-2021
Dr. Tej Bahadur	Teaching	Civil Engineering	02-06-2021	02-06-2021
Dr. Sandeep Kumar Srivastava	Teaching	Bio Sciences	02-06-2021	02-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-1st Drive	
			From	To
Mr. Norat Mal	Non-Teaching	Chemical Engineering	02-06-2021	02-06-2021
Dr. Prashasti Jain	Teaching	Psychology	02-06-2021	02-06-2021
Dr. Niti Nipun Sharma	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Aanyaa Chaudhary	Teaching	Management	02-06-2021	02-06-2021
Mr. Bishwanath Chaudhary	Non-Teaching	Admission Cell	02-06-2021	02-06-2021
Mr. Shyam Sunder Kumawat	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Mr. Venkatesh Gauri Shankar	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Priyansha Mehra	Teaching	Civil Engineering	02-06-2021	02-06-2021
Mr. Dinesh Kumar	Non-Teaching	Academic Management Section	02-06-2021	02-06-2021
Dr. Naveen Kumar Singh	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Archana Poonia	Teaching	Business Administration	02-06-2021	02-06-2021
Dr. Abhishek Shrivastav	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Mr. Dhanesh Kumar Chanwla	Non-Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Tara Chand Choudhary	Non-Teaching	IT Infra	02-06-2021	02-06-2021
Mr. Digambar Thakur	Non-Teaching	Admission Cell	02-06-2021	02-06-2021
Mr. Babu Lal Sharma	Non-Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Tanuj Goswami	Non-Teaching	IT Infra	02-06-2021	02-06-2021
Dr. Rahul Goyal	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Mr. Pushpendr Sharma	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Mr. Subhash Handa	Non-Teaching	Training and Placement Office	02-06-2021	02-06-2021
Ms. Anita Shrotriya	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Arun Kumar Poonia	Teaching	Languages	02-06-2021	02-06-2021
Ms. Nishu Gupta	Teaching	Business Administration	02-06-2021	02-06-2021
Dr. Manish Rawat	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. Ashish Jain	Teaching	Information Technology	02-06-2021	02-06-2021
Ms. Nandana Chakinala	Teaching	Chemical Engineering	02-06-2021	02-06-2021
Dr. Arpit Kothari	Teaching	Languages	02-06-2021	02-06-2021
Dr. Ashok Kumar Sharma	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Ms. Savita Panwar	Teaching	Commerce	02-06-2021	02-06-2021
Dr. Vaishali Kapoor	Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Mohammed Zeeshan Qadri	Teaching	Commerce	02-06-2021	02-06-2021
Dr. Garima Agarwal	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Mr. Nitesh Pradhan	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Ms. Neha V Sharma	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Gulrej Ahmed	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. RK Gupta	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Gaurav Aggarwal	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Vishnu Kumar Kumawat	Non-Teaching	Civil Engineering	02-06-2021	02-06-2021
Dr. Rishi Gupta	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Praveen Kumar Surolia	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Sankersan Sarkar	Teaching	Management	02-06-2021	02-06-2021
Dr. Subhash Kumar	Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Shyam Lal	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Mr. Ishwar Lal Kumawat	Non-Teaching	Human Resources	02-06-2021	02-06-2021
Mr. Pandya Anirudhdh Chandulal	Non-Teaching	Chemical Engineering	02-06-2021	02-06-2021
Mr. Sunil Kumar	Non-Teaching	Admission Cell	02-06-2021	02-06-2021
Mr. Akshay Gupta	Teaching	Architecture	02-06-2021	02-06-2021
Mr. Radheshyam Upadhyay	Non-Teaching	IT Infra	02-06-2021	02-06-2021
Mr. Virendra Singh	Non-Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. Himanshu Rathore	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Dr. Meenakshi Pilonia	Teaching	Chemistry	02-06-2021	02-06-2021
Mr. Manoj Kumar Choudhary	Non-Teaching	Automobile Engineering	02-06-2021	02-06-2021
Dr. Ravi Kumar Gupta	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Ms. Dechen Angmo	Teaching	Fine Arts	02-06-2021	02-06-2021
Dr. Neha Chaudhary	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Ashish Shrivastava	Teaching	Electrical Engineering	02-06-2021	02-06-2021
Dr. Kulwant Singh	Teaching	Electronics and Communication Engineering	02-06-2021	02-06-2021
Ms. Sushila Choudhary	Teaching	Law	02-06-2021	02-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-1st Drive	
			From	To
Dr. Gurdaman Lal Sharma	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Susruta Samanta	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Sriparna Ray	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Pankaj Vyas	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Sarika Singh	Teaching	Chemistry	02-06-2021	02-06-2021
Mr. Laxmanya Singh Kakodiya	Non-Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Charanjeet Singh Tumrate	Teaching	Civil Engineering	02-06-2021	02-06-2021
Dr. Sulabh Bansal	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Sushil Kumar Dixit	Non-Teaching	Examination	02-06-2021	02-06-2021
Dr. Atok Bhargava	Teaching	Mathematics and Statistics	02-06-2021	02-06-2021
Dr. Rakesh Kumar Sharma	Teaching	Bio Sciences	02-06-2021	02-06-2021
Mr. Hari Narayan Jat	Non-Teaching	Purchase	02-06-2021	02-06-2021
Dr. Narendra Singh Yadav	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Kedar Mal Jangid	Non-Teaching	Directorate of Online Education	02-06-2021	02-06-2021
Mr. Prakash Tatiwal	Non-Teaching	Human Resources	02-06-2021	02-06-2021
Mr. Banwari Lal Lokanda	Non-Teaching	Maintenance	02-06-2021	02-06-2021
Ms. Minali Banerjee	Teaching	Economics	02-06-2021	02-06-2021
Dr. Vijay Kumar	Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Shantanu Pachahara	Teaching	Law	02-06-2021	02-06-2021
Dr. Shambo Roy Chowdhury	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. M. Prabhu Inbaraj	Teaching	Chemistry	02-06-2021	02-06-2021
Dr. Amita Nandal	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. Vinod Yadav	Teaching	Automobile Engineering	02-06-2021	02-06-2021
Dr. Suyesha Singh	Teaching	Psychology	02-06-2021	02-06-2021
Dr. Ramanpreet Singh	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Manoj Kumar Sharma	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. Sumit Taneja	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Dr. Rashi Nathawat	Teaching	Physics	02-06-2021	02-06-2021
Dr. Pradeep Kumar Tiwari	Teaching	Computer Applications	02-06-2021	02-06-2021
Dr. Geeta Rani	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Mr. Pushpendra Kumar Sharma	Non-Teaching	Maintenance	02-06-2021	02-06-2021
Mr. Mukesh Kumar Verma	Non-Teaching	Civil Engineering	02-06-2021	02-06-2021
Dr. Ajay Saini	Non-Teaching	Directorate of Research	02-06-2021	02-06-2021
Mr. Prabhpreet Singh	Teaching	Law	02-06-2021	02-06-2021
Mr. Amit Yadav	Teaching	Law	02-06-2021	02-06-2021
Mr. Manoj R	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Mr. Vikas Tatiwal	Non-Teaching	Central Library	02-06-2021	02-06-2021
Mr. Sunil Chhipa	Non-Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Dr. Abhishek Sharma	Teaching	Mechanical Engineering	02-06-2021	02-06-2021
Ms. Vinita Ojha	Non-Teaching	Registrar Office	02-06-2021	02-06-2021
Dr. Nripendra Narayan Das	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Prakash Chandra Sharma	Teaching	Information Technology	02-06-2021	02-06-2021
Dr. Smita Sharma	Teaching	Management	02-06-2021	02-06-2021
Mr. Manish Yadav	Non-Teaching	Central Library	02-06-2021	02-06-2021
Mr. Dheeraj Sain	Non-Teaching	Central Library	02-06-2021	02-06-2021
Mr. Apoorv Saxena	Non-Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Mr. Satpal Singh Kushwaha	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Mr. Vijay Prakash Sharma	Teaching	Information Technology	02-06-2021	02-06-2021
Mr. Kamlesh Kumawat	Non-Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. Vijander Singh	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Mr. Ajay Meena	Non-Teaching	University Office	02-06-2021	02-06-2021
Ms. Sunita Doot	Non-Teaching	Training and Placement Office	02-06-2021	02-06-2021
Mr. Pradeep Kumar Chatruvedi	Non-Teaching	Finance Office	02-06-2021	02-06-2021
Dr. Priyanka Sharma	Teaching	Business Administration	02-06-2021	02-06-2021
Mr. Santosh Choudhary	Non-Teaching	Maintenance	02-06-2021	02-06-2021
Mr. Arvind Kumar	Non-Teaching	Maintenance	02-06-2021	02-06-2021
Mr. Ramjit Kumar	Teaching	Arts	02-06-2021	02-06-2021
Mr. Aditya Sinha	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-1st Drive	
			From	To
Mr. Vivek Sharma	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. Timothy Malche	Teaching	Computer Applications	02-06-2021	02-06-2021
Dr. Ankit Kumar Singh Patel	Teaching	Commerce	02-06-2021	02-06-2021
Mrs. Swati Srivastava	Teaching	Computer Science and Engineering	02-06-2021	02-06-2021
Dr. Arpit Totuka	Teaching	Law	02-06-2021	02-06-2021
Dr. Dinesh Saini	Teaching	Computers and Communication Engineering	02-06-2021	02-06-2021
Dr. Sumeegh Tharewal	Teaching	Computer Applications	02-06-2021	02-06-2021
Ms. Raneeta Pal	Teaching	Law	02-06-2021	02-06-2021
Mr. Somu Gorai	Teaching	Management	02-06-2021	02-06-2021
Dr. Thakur Dev Pareek	Teaching	Economics	02-06-2021	02-06-2021
Mr. Moti Kumar Jha	Non-Teaching	Directorate of Research	02-06-2021	02-06-2021
Mr. Gajendra Singh Rathore	Non-Teaching	Law	02-06-2021	02-06-2021
Dr. Kasinathan S	Teaching	Directorate of Online Education	02-06-2021	02-06-2021
Mr. Heera Lal Kumawat	Non-Teaching	Directorate of Online Education	02-06-2021	02-06-2021
Dr. Swikrita Dowerah	Teaching	Journalism and Mass Communication	02-06-2021	02-06-2021
Dr. Mrinmoy Misra	Teaching	Mechatronics Engineering	02-06-2021	02-06-2021
Dr. Anoop Kumar Mukhopadhyay	Teaching	Physics	02-06-2021	02-06-2021
Mr. Fateh Singh Yadav	Non-Teaching	Administration	02-06-2021	02-06-2021
Ms. Monika Agarwal	Non-Teaching	Finance	02-06-2021	02-06-2021
Ms. Deepthi Rajeev	Non-Teaching	Finance	02-06-2021	02-06-2021
Mr. Laxmi Narayan	Non-Teaching	Finance	02-06-2021	02-06-2021
Mr. Saurabh Narayan	Non-Teaching	Human Resource	02-06-2021	02-06-2021
Mr. Ravi Kumar Yadav	Non-Teaching	Human Resource	02-06-2021	02-06-2021
Mr. Panchu Ram Jat	Non-Teaching	IT-Infra	02-06-2021	02-06-2021
Mr. Sandeep Devra	Non-Teaching	IT-Infra	02-06-2021	02-06-2021
Mr. Vijay Singh Chauhan	Non-Teaching	Human Resource	02-06-2021	02-06-2021
Mr. Kamlesh Kumar Bagda	Non-Teaching	Human Resource	02-06-2021	02-06-2021
Mr. Radhakrishna Samaga	Non-Teaching		02-06-2021	02-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Dose	
			From	To
Mr. Surendran Nair	Non-Teaching	Academic Management Section	14-06-2021	14-06-2021
Dr. Shashi Bhushan	Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Mukesh Chand Sharma	Non-Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Vikas Verma	Non-Teaching	Registrar Office	14-06-2021	14-06-2021
Dr. Rahul Shrivastava	Teaching	Chemistry	14-06-2021	14-06-2021
Dr. Kalpana Sharma	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Mr. Manoj Kumar Goyal	Non-Teaching	Architecture	14-06-2021	14-06-2021
Mr. Shiv Charan Singh	Non-Teaching	Academic Management Section	14-06-2021	14-06-2021
Dr. Sunil Joshi	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Mr. Hemant Kumawat	Non-Teaching	IT Infra	14-06-2021	14-06-2021
Mr. Ravi Kumar Gupta	Non-Teaching	IT Infra	14-06-2021	14-06-2021
Dr. Rakesh Kumar	Teaching	Automobile Engineering	14-06-2021	14-06-2021
Dr. Vishnu Goyal	Teaching	Electrical Engineering	14-06-2021	14-06-2021
Mr. Mohan Lal Sharma	Non-Teaching	Central Library	14-06-2021	14-06-2021
Mr. Kamal Jeet Singh	Non-Teaching	Architecture	14-06-2021	14-06-2021
Dr. Virendra Singh Chouhan	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Dr. Anamika Jain	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Mr. Priyatam Kumar Jangid	Non-Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Ramraj Choudhary	Non-Teaching	Central Library	14-06-2021	14-06-2021
Mr. Rajesh Yadav	Non-Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Dr. Shahbaz Ahmed Siddiqui	Teaching	Mechatronics Engineering	14-06-2021	14-06-2021
Mr. Arpit Khandelwal	Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Ravinder Kumar	Teaching	Information Technology	14-06-2021	14-06-2021
Dr. Priyanka Chaudhary	Teaching	Languages	14-06-2021	14-06-2021
Mr. Samshad Alam	Non-Teaching	Automobile Engineering	14-06-2021	14-06-2021
Mr. Indraj Singh Bugalia	Non-Teaching	Electrical Engineering	14-06-2021	14-06-2021
Mr. Mahaveer Prasad	Non-Teaching	Chemical Engineering	14-06-2021	14-06-2021
Dr. Manish Tiwari	Teaching	Electronics and Communication Engineering	14-06-2021	14-06-2021
Ms. Anita Shrotriya	Teaching	Computer Science and Engineering	14-06-2021	14-06-2021
Dr. Prashant Dwivedi	Teaching	Electronics and Communication Engineering	14-06-2021	14-06-2021
Dr. Kusum Kanwar	Teaching	Fine Arts	14-06-2021	14-06-2021
Ms. Kavita	Teaching	Information Technology	14-06-2021	14-06-2021
Dr. Gulrej Ahmed	Teaching	Computers and Communication Engineering	14-06-2021	14-06-2021
Ms. Poonam Kumari	Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Ishwar Lal Kumawat	Non-Teaching	Human Resources	14-06-2021	14-06-2021
Dr. Ashish Malik	Teaching	Automobile Engineering	14-06-2021	14-06-2021
Dr. Meenakshi Pilonia	Teaching	Chemistry	14-06-2021	14-06-2021
Mr. Dinesh Sain	Non-Teaching	Academic Management Section	14-06-2021	14-06-2021
Mr. Manoj Kumar Choudhary	Non-Teaching	Automobile Engineering	14-06-2021	14-06-2021
Ms. Dechen Angmo	Teaching	Fine Arts	14-06-2021	14-06-2021
Dr. Vipin Kumar	Teaching	Physics	14-06-2021	14-06-2021
Dr. Ashish Kumar Srivastava	Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Dr. Sarika Singh	Teaching	Chemistry	14-06-2021	14-06-2021
Mr. Charanjeet Singh Tumrate	Teaching	Civil Engineering	14-06-2021	14-06-2021
Dr. Ravi Kumar Sharma	Teaching	Mechanical Engineering	14-06-2021	14-06-2021
Mr. Kush Jee Kamal	Teaching	Interior Design	14-06-2021	14-06-2021
Mr. Naveen Kumar Sharma	Non-Teaching	Directorate of Research	14-06-2021	14-06-2021
Mr. Shantanu Pachahara	Teaching	Law	14-06-2021	14-06-2021
Mr. Mahboob Anwer	Teaching	Fashion Design	14-06-2021	14-06-2021
Mr. Ashok Kumar Goswami	Non-Teaching	Information Technology	14-06-2021	14-06-2021
Ms. Alisha Verma	Teaching	Law	14-06-2021	14-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Dose	
			From	To
Ms. Anjana S.	Teaching	Computer Science and Engineering	14-06-2021	14-06-2021
Dr. Sudhendar Hanumantharao	Teaching	Management	14-06-2021	14-06-2021
Dr. Smita Sharma	Teaching	Management	14-06-2021	14-06-2021
Dr. Ashok Kumar Pal	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Mr. Prashant Hemrajani	Teaching	Computers and Communication Engineering	14-06-2021	14-06-2021
Mr. Vijay Prakash Sharma	Teaching	Information Technology	14-06-2021	14-06-2021
Mr. Deevesh Chaudhary	Teaching	Information Technology	14-06-2021	14-06-2021
Dr. Vivek Singh	Teaching	Mathematics and Statistics	14-06-2021	14-06-2021
Ms. Vibha Bandhu	Teaching	Law	14-06-2021	14-06-2021
Dr. Amit Sharma	Teaching	Journalism and Mass Communication	14-06-2021	14-06-2021
Dr. Jamil Akhtar	Teaching	Electronics and Communication Engineering	14-06-2021	14-06-2021
Mr. Rajendra Kumawat	Non-Teaching	Finance	14-06-2021	14-06-2021
Mr. Aviral Sharma	Non-Teaching	IT-Infra	14-06-2021	14-06-2021
Mr. Deepak Kumar Bidsar	Non-Teaching	Finance	14-06-2021	14-06-2021
Aayushi Khandelwal	Non-Teaching		14-06-2021	14-06-2021
Ram Niwash	Non-Teaching		14-06-2021	14-06-2021
Rajesh Kumar Bairwa	Non-Teaching		14-06-2021	14-06-2021
Shbber Deshwali	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar Gurjar	Non-Teaching		14-06-2021	14-06-2021
Lokesh Kumar Sain	Non-Teaching		14-06-2021	14-06-2021
Ghasi Ram Sharma	Non-Teaching		14-06-2021	14-06-2021
Vishnu Saini	Non-Teaching		14-06-2021	14-06-2021
Babu Lal Gurjar	Non-Teaching		14-06-2021	14-06-2021
Ramnarayan Balai	Non-Teaching		14-06-2021	14-06-2021
Bajrang Lal Sharma	Non-Teaching		14-06-2021	14-06-2021
Deendayal Gurjar	Non-Teaching		14-06-2021	14-06-2021
Seeta Ram Gurjar	Non-Teaching		14-06-2021	14-06-2021
Satyanarayan Meena	Non-Teaching		14-06-2021	14-06-2021
Govardhan	Non-Teaching		14-06-2021	14-06-2021
Rameshwar Prasad	Non-Teaching		14-06-2021	14-06-2021
Mukesh Yadav	Non-Teaching		14-06-2021	14-06-2021
Narendra Singh	Non-Teaching		14-06-2021	14-06-2021
Supyar Devi Meena	Non-Teaching		14-06-2021	14-06-2021
Bansi Lal	Non-Teaching		14-06-2021	14-06-2021
Hanuman Sahay Jat	Non-Teaching		14-06-2021	14-06-2021
Tejasvi Phann	Non-Teaching		14-06-2021	14-06-2021
Dinesh Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Ramesh Kumar Balai	Non-Teaching		14-06-2021	14-06-2021
Ramesh Chand Yadav	Non-Teaching		14-06-2021	14-06-2021
Jitender Singh	Non-Teaching		14-06-2021	14-06-2021
Yogender Singh	Non-Teaching		14-06-2021	14-06-2021
Govardhan Lal Sharma	Non-Teaching		14-06-2021	14-06-2021
Siya Ram Sharma	Non-Teaching		14-06-2021	14-06-2021
Prakash Choudhary	Non-Teaching		14-06-2021	14-06-2021
Ratan Lal Balai	Non-Teaching		14-06-2021	14-06-2021
Deependra Singh	Non-Teaching		14-06-2021	14-06-2021
Pawan Yadav	Non-Teaching		14-06-2021	14-06-2021
Sandeep Kumar	Non-Teaching		14-06-2021	14-06-2021
Mahaveer Singh Gurjar	Non-Teaching		14-06-2021	14-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Drive	
			From	To
Shakti Singh Rajawat	Non-Teaching		14-06-2021	14-06-2021
Guddi Devi	Non-Teaching		14-06-2021	14-06-2021
Vikram Singh Rathore	Non-Teaching		14-06-2021	14-06-2021
Mangal Ram Jat	Non-Teaching		14-06-2021	14-06-2021
Ramesh Chand Dadarwal	Non-Teaching		14-06-2021	14-06-2021
Tilak Raj	Non-Teaching		14-06-2021	14-06-2021
Suraj Kumar Varma	Non-Teaching		14-06-2021	14-06-2021
Kishan	Non-Teaching		14-06-2021	14-06-2021
Gajendra Singh	Non-Teaching		14-06-2021	14-06-2021
Abhishek Kumar	Non-Teaching		14-06-2021	14-06-2021
Harjinder Kala	Non-Teaching		14-06-2021	14-06-2021
Babudi	Non-Teaching		14-06-2021	14-06-2021
Santosh Devi	Non-Teaching		14-06-2021	14-06-2021
Narayan Lal Gurjar	Non-Teaching		14-06-2021	14-06-2021
Hira Devi Raigar	Non-Teaching		14-06-2021	14-06-2021
Sushila Devi Raigar	Non-Teaching		14-06-2021	14-06-2021
Mamta Devi	Non-Teaching		14-06-2021	14-06-2021
Rekha Devi	Non-Teaching		14-06-2021	14-06-2021
Nathu Lal Kumawat	Non-Teaching		14-06-2021	14-06-2021
Pooja Balai	Non-Teaching		14-06-2021	14-06-2021
Suresh	Non-Teaching		14-06-2021	14-06-2021
Sunil Kumar	Non-Teaching		14-06-2021	14-06-2021
Koushalya Devi	Non-Teaching		14-06-2021	14-06-2021
Rajendra Singh Tanwar	Non-Teaching		14-06-2021	14-06-2021
Ramdev Choudhary	Non-Teaching		14-06-2021	14-06-2021
Satendra Singh	Non-Teaching		14-06-2021	14-06-2021
GOPAL SINGH	Non-Teaching		14-06-2021	14-06-2021
JAGDISH	Non-Teaching		14-06-2021	14-06-2021
Shankar Sardhana	Non-Teaching		14-06-2021	14-06-2021
Bhagwan Sahay Verma	Non-Teaching		14-06-2021	14-06-2021
Babulal Sharma	Non-Teaching		14-06-2021	14-06-2021
Suresh Saini	Non-Teaching		14-06-2021	14-06-2021
Ramesh Chand Balai	Non-Teaching		14-06-2021	14-06-2021
Mahendra Singh	Non-Teaching		14-06-2021	14-06-2021
Jitendra Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Roop Narayan	Non-Teaching		14-06-2021	14-06-2021
Rajkumar Choudhary	Non-Teaching		14-06-2021	14-06-2021
Banti	Non-Teaching		14-06-2021	14-06-2021
Babu Lal	Non-Teaching		14-06-2021	14-06-2021
Jaibir Singh	Non-Teaching		14-06-2021	14-06-2021
Nanu Ram Kumawat	Non-Teaching		14-06-2021	14-06-2021
Hanuman Singh	Non-Teaching		14-06-2021	14-06-2021
Rakesh	Non-Teaching		14-06-2021	14-06-2021
Shankar Lal Balai	Non-Teaching		14-06-2021	14-06-2021
Daleb Singh	Non-Teaching		14-06-2021	14-06-2021
Babu Lal Raigar	Non-Teaching		14-06-2021	14-06-2021
Guniram Sangat	Non-Teaching		14-06-2021	14-06-2021
Rakesh Mohan Singh Negi	Non-Teaching		14-06-2021	14-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Drive	
			From	To
Sesu Singh	Non-Teaching		14-06-2021	14-06-2021
Lokesh kumar sharma	Non-Teaching		14-06-2021	14-06-2021
Gordhan Lal	Non-Teaching		14-06-2021	14-06-2021
Hira Singh	Non-Teaching		14-06-2021	14-06-2021
Kamlesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Mukesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Manoj Bar	Non-Teaching		14-06-2021	14-06-2021
Narendra Singh Tanwar	Non-Teaching		14-06-2021	14-06-2021
Ravi Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Balnath Jat	Non-Teaching		14-06-2021	14-06-2021
Rajesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Shivraj Singh	Non-Teaching		14-06-2021	14-06-2021
Suman Devi	Non-Teaching		14-06-2021	14-06-2021
Sunita Devi	Non-Teaching		14-06-2021	14-06-2021
Mamta	Non-Teaching		14-06-2021	14-06-2021
Guddi	Non-Teaching		14-06-2021	14-06-2021
Phool Chand Verma	Non-Teaching		14-06-2021	14-06-2021
Vinod Kumar Verma	Non-Teaching		14-06-2021	14-06-2021
Mamta Devi	Non-Teaching		14-06-2021	14-06-2021
Meena Verma	Non-Teaching		14-06-2021	14-06-2021
Kamla	Non-Teaching		14-06-2021	14-06-2021
Shyaji Ram Choudhary	Non-Teaching		14-06-2021	14-06-2021
Choti Devi	Non-Teaching		14-06-2021	14-06-2021
Manju Gurjar	Non-Teaching		14-06-2021	14-06-2021
Tara	Non-Teaching		14-06-2021	14-06-2021
Narendra Singh	Non-Teaching		14-06-2021	14-06-2021
Bhagwan Singh	Non-Teaching		14-06-2021	14-06-2021
Anop Deci	Non-Teaching		14-06-2021	14-06-2021
Babu Lal	Non-Teaching		14-06-2021	14-06-2021
Manju Devi	Non-Teaching		14-06-2021	14-06-2021
Santosh Devi	Non-Teaching		14-06-2021	14-06-2021
Geeta Devi	Non-Teaching		14-06-2021	14-06-2021
Rupa Devi	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar	Non-Teaching		14-06-2021	14-06-2021
Heera Devi	Non-Teaching		14-06-2021	14-06-2021
Geeta Devi	Non-Teaching		14-06-2021	14-06-2021
Koshalya	Non-Teaching		14-06-2021	14-06-2021
Sapna	Non-Teaching		14-06-2021	14-06-2021
Rajesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Kanwar	Non-Teaching		14-06-2021	14-06-2021
Visheshwar Paswana	Non-Teaching		14-06-2021	14-06-2021
Shankar Lal	Non-Teaching		14-06-2021	14-06-2021
Sunita Devi	Non-Teaching		14-06-2021	14-06-2021
Krishana	Non-Teaching		14-06-2021	14-06-2021
Ladda	Non-Teaching		14-06-2021	14-06-2021
Kiran Devi	Non-Teaching		14-06-2021	14-06-2021
Santosh Devi	Non-Teaching		14-06-2021	14-06-2021
Radhe Shyam	Non-Teaching		14-06-2021	14-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Drive	
			From	To
Maina Devi	Non-Teaching		14-06-2021	14-06-2021
Seema	Non-Teaching		14-06-2021	14-06-2021
Gita Devi	Non-Teaching		14-06-2021	14-06-2021
Indra Kumar Verma	Non-Teaching		14-06-2021	14-06-2021
Sugan Devi	Non-Teaching		14-06-2021	14-06-2021
Yogesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Chanda Kumawat	Non-Teaching		14-06-2021	14-06-2021
Bhanwar Dan	Non-Teaching		14-06-2021	14-06-2021
Vinod Kumar Bairwa	Non-Teaching		14-06-2021	14-06-2021
Uganti Devi	Non-Teaching		14-06-2021	14-06-2021
Manju	Non-Teaching		14-06-2021	14-06-2021
Bhagirath Singh	Non-Teaching		14-06-2021	14-06-2021
Girdhari Gothwal	Non-Teaching		14-06-2021	14-06-2021
Renuka Kanwar	Non-Teaching		14-06-2021	14-06-2021
Santosh Devi	Non-Teaching		14-06-2021	14-06-2021
Mamta Devi Raigar	Non-Teaching		14-06-2021	14-06-2021
Bharat Bairwa	Non-Teaching		14-06-2021	14-06-2021
Ghanshyam Harijan	Non-Teaching		14-06-2021	14-06-2021
Geeta Devi	Non-Teaching		14-06-2021	14-06-2021
Sampati Devi	Non-Teaching		14-06-2021	14-06-2021
Gopal Lal Bunkar	Non-Teaching		14-06-2021	14-06-2021
Arjun Lal Bairwa	Non-Teaching		14-06-2021	14-06-2021
Bhawan Singh Bisht	Non-Teaching		14-06-2021	14-06-2021
Sheikh Murul Hussain	Non-Teaching		14-06-2021	14-06-2021
Vinod Sharma	Non-Teaching		14-06-2021	14-06-2021
Kamlesh Kumawat	Non-Teaching		14-06-2021	14-06-2021
Pramod Singh	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar Prajapat	Non-Teaching		14-06-2021	14-06-2021
Rameshwar Prasad	Non-Teaching		14-06-2021	14-06-2021
Kamlesh Kumawat	Non-Teaching		14-06-2021	14-06-2021
Ram Kishor Kumar	Non-Teaching		14-06-2021	14-06-2021
Banwari Lal Jadoliya	Non-Teaching		14-06-2021	14-06-2021
Rajender Dhobi	Non-Teaching		14-06-2021	14-06-2021
Sumer Singh	Non-Teaching		14-06-2021	14-06-2021
Deepak Washrame	Non-Teaching		14-06-2021	14-06-2021
Mahendra Kumar Meena	Non-Teaching		14-06-2021	14-06-2021
Rakesh Kumar Mali	Non-Teaching		14-06-2021	14-06-2021
Shyoji Ram	Non-Teaching		14-06-2021	14-06-2021
Gauri Shankar	Non-Teaching		14-06-2021	14-06-2021
Sohan Lal Yadav	Non-Teaching		14-06-2021	14-06-2021
Rajendra Prasad Gurjar	Non-Teaching		14-06-2021	14-06-2021
Mahesh Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar Meena	Non-Teaching		14-06-2021	14-06-2021
Malu Ram Gurjar	Non-Teaching		14-06-2021	14-06-2021
Mukesh Kumar	Non-Teaching		14-06-2021	14-06-2021
Shailendra Singh	Non-Teaching		14-06-2021	14-06-2021
Ramesh Chand Meena	Non-Teaching		14-06-2021	14-06-2021
Sitaram Verma	Non-Teaching		14-06-2021	14-06-2021

Emp. Name	Job Type	Department	EMPLOYEE WELLNESS PROGRAM -Awareness Program COVID-19 Vaccination: Vaccination-2nd Drive	
			From	To
Ashok Kumar	Non-Teaching		14-06-2021	14-06-2021
Anil Kumar	Non-Teaching		14-06-2021	14-06-2021
Hanuman sahay jatwa	Non-Teaching		14-06-2021	14-06-2021
Puran mal	Non-Teaching		14-06-2021	14-06-2021
Mahipal Singh	Non-Teaching		14-06-2021	14-06-2021
Pawan Kumawat	Non-Teaching		14-06-2021	14-06-2021
Laxman Singh	Non-Teaching		14-06-2021	14-06-2021
Arjun Lal	Non-Teaching		14-06-2021	14-06-2021
Roshan Lal Sharma	Non-Teaching		14-06-2021	14-06-2021
Harish Medatwal	Non-Teaching		14-06-2021	14-06-2021
Rajesh Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Suresh Choudhary	Non-Teaching		14-06-2021	14-06-2021
Bajrang Lal Choudhary	Non-Teaching		14-06-2021	14-06-2021
Mangi Lal Jat	Non-Teaching		14-06-2021	14-06-2021
Shankar Lal Choudhary	Non-Teaching		14-06-2021	14-06-2021
Manoj Kumar Sharma	Non-Teaching		14-06-2021	14-06-2021
Shinu Gourge	Non-Teaching		14-06-2021	14-06-2021
Lalaram Gurjar	Non-Teaching		14-06-2021	14-06-2021
Chand Devi	Non-Teaching		14-06-2021	14-06-2021
Madan Lal Kataria	Non-Teaching		14-06-2021	14-06-2021
Galku Devi	Non-Teaching		14-06-2021	14-06-2021
Mamta Devi	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar Verma	Non-Teaching		14-06-2021	14-06-2021
Gopal Lal Verma	Non-Teaching		14-06-2021	14-06-2021
Daleep Singh	Non-Teaching		14-06-2021	14-06-2021
Ramphool Bairwa	Non-Teaching		14-06-2021	14-06-2021
Suresh Kumar Bairwa	Non-Teaching		14-06-2021	14-06-2021
Surendra Singh	Non-Teaching		14-06-2021	14-06-2021
Jamna Devi	Non-Teaching		14-06-2021	14-06-2021
Vimla Devi	Non-Teaching		14-06-2021	14-06-2021
Tiju Devi	Non-Teaching		14-06-2021	14-06-2021
Nemi Chand Verma	Non-Teaching		14-06-2021	14-06-2021
Pappu Meena	Non-Teaching		14-06-2021	14-06-2021
Jeetendra Kumar	Non-Teaching		14-06-2021	14-06-2021

Research Collaborations

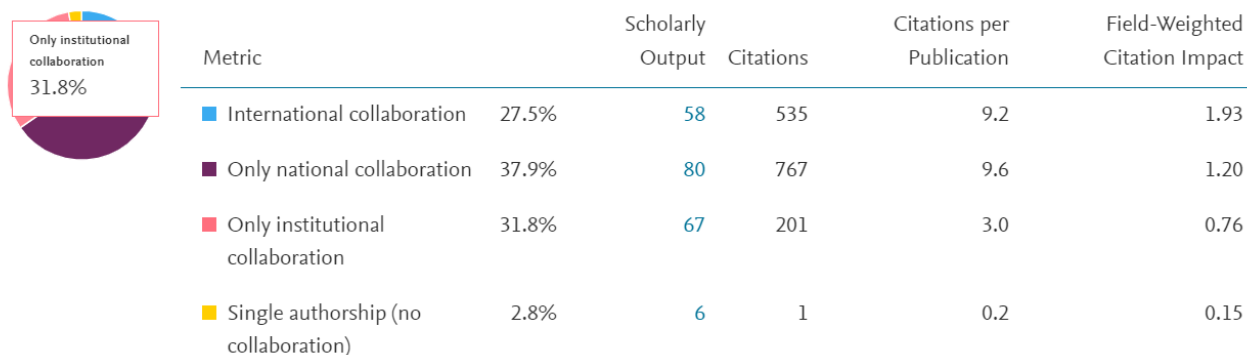
Manipal University Jaipur has the unique opportunity to engage with health institutions to directly impact the well-being of its surrounding communities. These collaborations take various forms, from joint research projects to community outreach initiatives.

- **International, national collaboration by Manipal University Jaipur (Source- SciVal)**

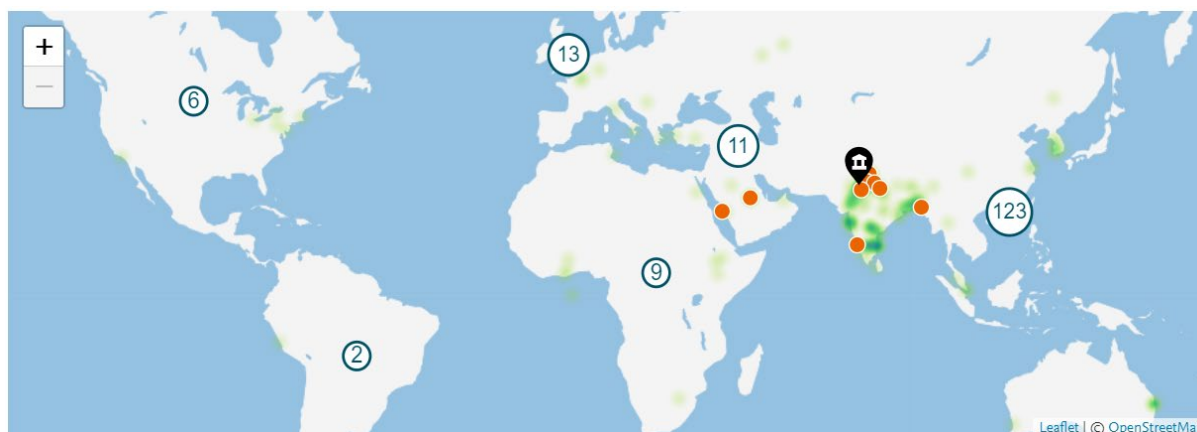
Overall

[Metric guidance](#) [+ Add to Reporting](#) [Export](#) ▼

International, national and institutional collaboration by Manipal University Jaipur in the selected year range.



- **Collaboration spread over the world (Source- SciVal)**



- **Number of Collaborations country wise along with publication count (Source- SciVal)**

Sr. No	Row Labels	Count of Institution ID
1	Australia	9
2	Bangladesh	5



3	Bhutan	1
4	Brazil	1
5	Chile	1
6	China	5
7	Czech Republic	1
8	Denmark	1
9	Egypt	2
10	Ethiopia	4
11	France	2
12	Germany	5
13	Ghana	3
14	Greece	1
15	India	137
16	Iraq	1
17	Italy	2
18	Malaysia	1
19	Myanmar	1
20	Nepal	1
21	North Macedonia	1
22	Norway	1
23	Pakistan	1
24	Peru	1
25	Philippines	1
26	Poland	1
27	Portugal	1
28	Russian Federation	7
29	Saudi Arabia	9
30	Serbia	1
31	Singapore	2
32	South Africa	3
33	South Korea	7
34	Spain	1
35	Sri Lanka	1
36	Thailand	1
37	Tunisia	1
38	Turkey	2
39	United Arab Emirates	1
40	United Kingdom	2
41	United States	13
Grand Total		242



Institution ID	Institution	Sector	Country/Region	Citations per Publication	Field-Weighted Citation Impact	Field-Weighted View Impact
207001	Aligarh Muslim University	Academic	India	6	2.52	0.16
700340	Amity University, Noida	Academic	India	0	0	0.65
705886	Christ University, Bangalore	Academic	India	6	2.26	3.51
209085	Gachon University	Academic	South Korea	22	2.52	0.73
706090	Guru Ghasidas University	Academic	India	6	2.52	0.16
207040	Jadavpur University	Academic	India	22	2.52	0.73
705563	Kalinga Institute of Industrial Technology	Academic	India	6	2.26	3.51
716275	Mewar University	Academic	India	6	2.52	0.16
720731	Noakhali Science and Technology University	Academic	Bangladesh	6	2.52	0.16
508172	Northeastern University	Academic	United States	25	2.59	1.39
705862	PEC University of Technology	Academic	India	25	2.59	1.39
706294	Pandit Deendayal Petroleum University	Academic	India	6	2.26	3.51
207056	Panjab University	Academic	India	25	2.59	1.39
209062	Sejong University	Academic	South Korea	22	2.52	0.73
700284	Universidad Católica de la Santísima Concepción	Academic	Chile	6	2.26	3.51
201006	Curtin University	Academic	Australia	4	1.26	1.11
708333	Institute of Chemical Technology	Academic	India	4	1.26	1.11
704864	Malaviya National Institute of Technology	Academic	India	1.8	0.16	0.71
723925	Invertis University	Academic	India	4.3	0.35	0.67
713997	Dr. A.P.J. Abdul Kalam Technical University	Academic	India	0	0	0.6
716849	Sharda University	Academic	India	1.7	0.32	0.32
207082	University of Rajasthan	Academic	India	4	0.35	0.66
708172	Chhatrapati Shahu Ji Maharaj Kanpur University	Academic	India	0.8	0.54	0.58



207108	Indian Council of Medical Research	Government	India	2.6	0.18	0.68
409005	King Saud University	Academic	Saudi Arabia	12.4	1.43	1.54
714306	Rajasthan Technical University	Academic	India	6.4	1.02	1.24
715249	Chandigarh University	Academic	India	60.8	4.98	2.12
720079	SMS Medical College	Medical	India	4.5	0.44	0.51
207002	All India Institute of Medical Sciences, New Delhi	Government	India	5.7	0.45	0.62
700640	Amrita Vishwa Vidyapeetham	Academic	India	3.3	0.61	0.64
715491	BML Munjal University	Academic	India	9	1.09	0.37
704865	Banasthali University	Academic	India	2	0.27	0.41
706541	Central University of Rajasthan	Academic	India	6.3	0.46	0.64
716261	GLA University	Academic	India	5	0.48	0.47
704871	Guru Gobind Singh Indraprastha University	Academic	India	71.7	12.9	1.15
710158	Maharana Pratap University of Agriculture & Technology	Academic	India	4	0.39	0.95
703262	Manipal Academy of Higher Education	Academic	India	3.7	0.98	1.93
704896	National Institute of Technology Hamirpur	Academic	India	140.3	19.16	1.15
706824	National Institute of Technology Meghalaya	Academic	India	1.3	0.63	0.52
215004	National University of Singapore	Academic	Singapore	21.3	2.62	2.34
719998	CSIR - Central Drug Research Institute	Government	India	4.5	0.51	0.65
508440	Cedars-Sinai Medical Center	Medical	United States	2	1.36	0.51
715239	Chitkara University	Academic	India	22.5	3.64	1.38
714078	ICAR - Directorate of Rapeseed & Mustard Research	Government	India	1.5	0.46	0.44
207024	ICAR - Indian Agricultural Research Institute	Government	India	10.5	1.28	0.71
710103	ICAR - Indian Institute of Soil Sciences, Bhopal	Government	India	4	0.41	0.99



710142	Indian Council of Agricultural Research	Government	India	4	0.41	0.99
207132	Mohan Lal Sukhadia University	Academic	India	3	0.4	0.49
721676	Presidency University	Academic	India	12.5	1.52	0.44
703228	Rajiv Gandhi Technical University	Academic	India	34	3.48	0.77
508199	Rowan University	Academic	United States	13.5	1.17	0.93
327023	Silesian University of Technology	Academic	Poland	118.5	9.55	3.47
708162	Tripura University	Academic	India	10.5	1.3	1.24
207073	University of Delhi	Academic	India	4.5	0.48	0.66
715476	University of Gour Banga	Academic	India	2.5	0.66	0.85
706806	University of Hail	Academic	Saudi Arabia	6.5	0.85	1.13
700840	University of Kelaniya	Academic	Sri Lanka	4.5	0.57	0.65
508314	University of Nebraska Medical Center	Academic	United States	7	0.45	0.88
710470	University of Petroleum and Energy Studies	Academic	India	13	3.81	0.66
714319	Vignan's Foundation for Science, Technology & Research	Academic	India	3.5	0.4	0.54
715180	Wollo University	Academic	Ethiopia	6.5	1.93	0.53
209076	Yeungnam University	Academic	South Korea	0.5	0.13	0.75
717210	Al-Mustaqbal University College	Academic	Iraq	0	0	0.63
714312	B.S. Abdur Rahman Crescent Institute of Science and Technology	Academic	India	2	0.07	0.34
704852	BRAC University	Academic	Bangladesh	3	1.59	0.72
207006	Banaras Hindu University	Academic	India	4	0.46	0.46
715893	Bennett University	Academic	India	57	8.82	1.01
207009	Bhabha Atomic Research Centre	Government	India	0	0	0.34
705529	Birla Institute of Technology, Mesra	Academic	India	4	0.46	0.46
714036	Bonch-Bruевич Saint Petersburg State University of Telecommunications	Academic	Russian Federation	2	0.53	6.8



207014	CCS Haryana Agricultural University	Academic	India	4	0.29	0.96
720001	CSIR - Central Electronics Engineering Research Institute	Government	India	0	0	1.34
308002	Charles University	Academic	Czech Republic	5	1.31	3.86
310002	Copenhagen Business School	Academic	Denmark	3	0.79	1.37
508048	Creighton University	Academic	United States	3	0.34	0.84
715468	DIT University	Academic	India	3	0.8	0.65
704660	Defence Research and Development Organisation India	Government	India	1	0.18	0.75
207094	Devi Ahilya University of Indore	Academic	India	0	0	0.13
410017	Dokuz Eylul University	Academic	Turkey	10	1.24	0.91
209017	Dongguk University	Academic	South Korea	1	0.26	1.37
716855	Federal Urdu University of Arts, Science and Technology	Academic	Pakistan	4	1.27	0.54
712785	Future University in Egypt	Academic	Egypt	7	0.89	0.98
207021	G.B. Pant University of Agriculture and Technology	Academic	India	20	2.25	0.87
209020	Gwangju Institute of Science and Technology	Academic	South Korea	7	2.47	3.44
700355	Higher Colleges of Technology	Academic	United Arab Emirates	10	1.24	0.91
713553	Homi Bhabha National Institute	Academic	India	0	0	0.34
710097	ICAR - Central Soil Salinity Research Institute, Karnal	Government	India	2	0.3	1.25
710105	ICAR - Indian Institute of Sugarcane Research, Lucknow	Government	India	2	0.3	1.25
712442	ICAR - Indian Institute of Wheat and Barley Research	Government	India	2	0.3	1.25
714105	ICAR - National Research Centre on Plant Biotechnology	Government	India	1	0.31	0.56
717131	Indian Institute of Information Technology, Allahabad	Academic	India	6	0.82	1.78



709835	Indian Institute of Science Education and Research, Kolkata	Academic	India	0	0	2.99
715355	Institute of Liver and Biliary Sciences	Medical	India	3	0.34	0.62
718220	Institute of Nano Science and Technology	Academic	India	6	0.81	1.27
708762	International Iberian Nanotechnology Laboratory	Government	Portugal	5	1.31	3.86
718028	International Islamic University Chittagong	Academic	Bangladesh	7	2.47	3.44
213003	International Rice Research Institute	Other	Philippines	3	0.34	0.62
720211	JSS Academy of Technical Education	Academic	India	8	2.31	0.66
207119	Jai Narain Vyas University, Jodhpur	Academic	India	18	1.65	2.55
704895	Jaypee University of Information Technology	Academic	India	8	2.31	0.66
209007	Jeonbuk National University	Academic	South Korea	1	0.26	1.37
706089	Jiwaji University	Academic	India	19	2.11	1.61
331035	Kazan National Research Technical University named after A.N. Tupolev	Academic	Russian Federation	2	0.53	6.8
409001	King Abdulaziz University	Academic	Saudi Arabia	6	0.59	1.15
708295	Koneru Lakshmaiah Education Foundation	Academic	India	3	0.79	1.37
201013	La Trobe University	Academic	Australia	0	0	2.99
207048	M.S. University of Baroda	Academic	India	22	1.81	0.63
720204	MIT World Peace University	Academic	India	7	2.47	3.44
207130	Mahatma Gandhi University, Kottayam	Academic	India	1	0.29	0.35
715839	Majmaah University	Academic	Saudi Arabia	7	0.89	0.98
704862	Motilal Nehru National Institute of Technology	Academic	India	12	1.07	0.96
705841	National Institute of Nutrition	Academic	India	3	0.34	0.62
706825	National Institute of Technology Uttarakhand	Academic	India	12	1.07	0.96
704851	National Institute of Technology, Durgapur	Academic	India	12	0.96	0.98
331008	National University of Science and Technology MISiS"	Academic	Russian Federation	5	1.31	3.86
326005	Norwegian University of Science and Technology	Academic	Norway	50	11.12	0.26



708453	O.P. Jindal Global University	Academic	India	6	0.59	1.15
508182	Old Dominion University	Academic	United States	0	0	0.71
331116	Peter the Great St. Petersburg Polytechnic University	Academic	Russian Federation	2	0.53	6.8
312042	Polytechnic University of Valencia	Academic	Spain	1	0.12	0.57
718671	Povolzhskiy State University of Telecommunications and Informatics	Academic	Russian Federation	2	0.53	6.8
705205	Prince Sattam Bin Abdulaziz University	Academic	Saudi Arabia	3	0.89	0.53
201067	Princess Alexandra Hospital Brisbane	Medical	Australia	5	0.4	0.77
703243	Princess Nourah Bint Abdulrahman University	Academic	Saudi Arabia	4	1.27	0.54
706816	Punjab Technical University	Academic	India	0	0	0.63
201071	Queensland Health	Government	Australia	5	0.4	0.77
201018	Queensland University of Technology	Academic	Australia	5	0.4	0.77
710168	Sam Higginbottom Institute of Agriculture, Technology & Sciences	Government	India	1	0.41	0.8
711700	Saveetha Institute of Medical and Technical Sciences (Deemed to be University)	Academic	India	0	0	0.63
710163	Sher-e-Kashmir University of Agricultural Sciences and Technology of Jammu	Academic	India	2	0.62	0.33
705522	Shoolini University of Biotechnology and Management Sciences	Academic	India	6	0.81	1.27
718255	Shri Govindram Seksaria Institute of Technology and Science	Academic	India	8	2.31	0.66
203186	Sichuan University	Academic	China	6	0.59	1.15
714315	Sikkim Manipal University	Academic	India	0	0	0.06
724775	Singidunum University	Academic	Serbia	10	1.24	0.91
700881	St. Petersburg National Research University of Information Technologies, Mechanics and Optics (ITMO)	Academic	Russian Federation	2	0.53	6.8



704867	Swami Keshwanand Rajasthan Agricultural University	Academic	India	2	0.5	0.88
705442	Symbiosis International University	Academic	India	6	0.81	1.27
700954	Taif University	Academic	Saudi Arabia	26	7.62	1.1
207157	Tata Memorial Hospital	Medical	India	0	0	0.34
221002	Tribhuvan University	Academic	Nepal	4	0.53	1.02
725051	Ufa University of Science and Technology	Academic	Russian Federation	2	0.53	6.8
211013	Universiti Teknologi Petronas	Academic	Malaysia	6	0.82	1.78
720422	University for Information Science St. Paul the Apostle	Academic	North Macedonia	26	7.62	1.1
508252	University of Alabama	Academic	United States	3	0.34	0.84
508253	University of Alabama at Birmingham	Academic	United States	4	0.46	0.46
309066	University of Bonn	Academic	Germany	0	0	0.21
115004	University of Cape Town	Academic	South Africa	3	1.04	0.84
717967	University of Computer Studies, Yangon	Academic	Myanmar	2	0.45	0.13
704918	University of Kashmir	Academic	India	7	0.89	0.98
115006	University of KwaZulu-Natal	Academic	South Africa	2	0.53	6.8
207078	University of Madras	Academic	India	1	0.29	0.35
207080	University of Mysore	Academic	India	97	11.9	4.53
201027	University of New South Wales	Academic	Australia	11	0.37	0.96
203213	University of Science and Technology of China	Academic	China	2	0.53	6.8
113004	University of Sfax	Academic	Tunisia	10	1.24	0.91
508344	University of Texas at Arlington	Academic	United States	3	0.34	0.84
508353	University of Toledo	Academic	United States	11	0.56	0.91
703183	University of West Attica	Academic	Greece	10	1.24	0.91
508762	VA Medical Center	Medical	United States	0	0	0.4
713689	Visvesvaraya National Institute of Technology	Academic	India	60	4.65	0.88
700951	Al-Imam Muhammad Ibn Saud Islamic University	Academic	Saudi Arabia	5	0.66	1.4



708210	Babasaheb Bhimrao Ambedkar Bihar University	Academic	India	14	0.35	1.17
207016	CSIR - Indian Institute of Chemical Technology	Government	India	1	0.05	0.94
719991	CSIR - Institute of Genomics and Integrative Biology	Government	India	1	0.05	0.94
706839	Central University of Haryana	Academic	India	27	0.88	0.84
309013	German Cancer Research Center	Government	Germany	1	0.05	0.94
309019	Heinrich Heine University Düsseldorf	Academic	Germany	1	0.1	0.8
207034	Indian Institute of Technology Kharagpur	Academic	India	5	0.66	1.4
701374	Jamia Millia Islamia	Academic	India	5	0.66	1.4
207044	Jawaharlal Nehru University	Academic	India	27	0.88	0.84
708160	Maulana Abul Kalam Azad University of Technology	Academic	India	1	0.05	0.94
717753	Ministry of Health and Family Welfare	Government	India	1	0.05	0.94
207057	Pondicherry University	Academic	India	1	0.05	0.94
309048	RWTH Aachen University	Academic	Germany	1	0.1	0.8
201019	Royal Melbourne Institute of Technology University	Academic	Australia	41	0.86	1.07
602012	Universidade de Brasília	Academic	Brazil	41	0.86	1.07
309068	University of Cologne	Academic	Germany	1	0.1	0.8
201028	University of Newcastle	Academic	Australia	41	0.86	1.07
707275	Xi'an Jiaotong-Liverpool University	Academic	China	5	0.66	1.4
707339	Central University of Gujarat	Academic	India	0	0	0.22
207031	Indian Institute of Technology Delhi	Academic	India	6.5	1.51	4.59
718617	JECRC University	Academic	India	3	0.56	18.54
321043	University of Calabria	Academic	Italy	7	1.76	0.64
709589	Vardhaman College of Engineering	Academic	India	0	0	0.75
207170	Vellore Institute of Technology	Academic	India	0	0	0.7
720620	All India Institute of Medical Sciences, Raipur	Academic	India	0	0	0.78



718439	Bule Hora University	Academic	Ethiopia	2	0.53	1.08
209008	Chonnam National University	Academic	South Korea	15	3.12	1.62
717959	Galgotias University	Academic	India	2	0.53	1.08
207022	Guru Nanak Dev University	Academic	India	6	0.79	0.39
207028	Indian Institute of Science Bangalore	Academic	India	12	2.81	8.77
705842	Institute of Life Sciences	Academic	India	12	2.81	8.77
716210	K.R. Mangalam University	Academic	India	0	0	0.14
706107	Maulana Azad National Institute of Technology	Academic	India	0	0	0.41
315038	Medical Research Council	Government	United Kingdom	2	0.58	1.57
215003	Nanyang Technological University	Academic	Singapore	14	0.9	0.85
321003	National Research Council of Italy	Government	Italy	8	2.01	0.52
508186	Pennsylvania State University	Academic	United States	1	0.4	0.45
720171	Rajiv Gandhi Institute of Technology, Mumbai	Academic	India	0	0	0.41
713556	SVKM's NMIMS	Academic	India	0	0	0.32
716252	Suresh Gyan Vihar University	Academic	India	6	1.12	36.95
715706	Teerthanker Mahaveer University	Academic	India	1	1.74	0.54
207079	University of Mumbai	Academic	India	15	3.12	1.62
508335	University of Rochester	Academic	United States	6	1.51	0.75
315097	University of Southampton	Academic	United Kingdom	2	0.58	1.57
201034	University of Technology Sydney	Academic	Australia	1	1.44	0.46
207004	Anna University	Academic	India	14.5	4.6	4.98
719846	Gokaraju Rangaraju Institute of Engineering and Technology	Academic	India	7	2.8	1.41
207043	Jawaharlal Nehru Technological University	Academic	India	3.5	1.56	1.24
409004	King Khalid University	Academic	Saudi Arabia	16.5	4.15	0.58
707452	North South University	Academic	Bangladesh	23	4.79	1.04



715166	Ambo University	Academic	Ethiopia	1	0.45	1.77
719894	CMR College of Engineering & Technology	Academic	India	21	5.63	2.53
314004	CNRS	Government	France	8	1.03	0.94
216002	Chiang Mai University	Academic	Thailand	8	3.57	7.43
715169	Debre Berhan University	Academic	Ethiopia	8	3.57	7.43
705344	Indian Institute of Management Kozhikode	Academic	India	1	0.45	1.77
717850	Institute of Engineering and Management	Academic	India	2	0.89	1.59
720235	Islamic University, Kushtia	Academic	Bangladesh	7	3.13	0.62
704821	Jain University	Academic	India	6	2.68	0.71
704811	Kalasalingam University	Academic	India	7	3.13	0.71
106002	Kwame Nkrumah University of Science and Technology	Academic	Ghana	6	2.68	0.71
720220	Lakireddy Bali Reddy College of Engineering	Academic	India	6	2.68	0.71
717043	Lovely Professional University	Academic	India	7	3.13	0.62
203136	Nantong University	Academic	China	8	1.03	0.94
207139	National Institute of Technology Jamshedpur	Academic	India	2	0.89	0.62
701182	Pontificia Universidad Católica del Perú	Academic	Peru	8	3.57	7.43
702903	Royal University of Bhutan	Academic	Bhutan	7	3.13	2.92
703244	SRM Institute of Science and Technology	Academic	India	1	0.45	1.77
410048	Selcuk University	Academic	Turkey	10	4.47	1.77
716251	Shree Guru Gobind Singh Tricentenary University	Academic	India	1	0.36	1.53
104011	South Valley University	Academic	Egypt	27	5.63	0.45
702120	University for Development Studies Ghana	Academic	Ghana	1	0.45	1.77
715107	University of Mines and Technology	Academic	Ghana	10	4.47	1.77
207081	University of Pune	Academic	India	6	2.68	0.71
115011	University of the Witwatersrand	Academic	South Africa	7	3.13	2.92
314069	Université de technologie de Compiègne	Academic	France	8	1.03	0.94



719869	Institute of Engineering and Technology, Lucknow	Academic	India	25	3.46	1.46
203076	Harbin Institute of Technology	Academic	China	6	0.41	0.81
720289	NIMS University	Academic	India	2	0.3	2.17
207165	University of Jammu	Academic	India	8	0.64	0.41



**MANIPAL UNIVERSITY
JAIPUR**
(University under Section 2(f) of the UGC Act)

FACULTY OF ARTS

SCHOOL OF HUMANITIES & SOCIAL SCIENCE

**DEPARTMENT OF LANGUAGES, LITERATURES &
CULTURAL STUDIES**

**INDUSTRY -ACADEMIA VISIT AT BHAGWAN MAHAVEER
VIKLANGSAHAYTA SAMITI**

Industry -visit

(17-09-2022)

Head of Department
Languages, Literatures and Cultural Studies
Manipal University Jaipur



1. Introduction of the Event

A Visit to Bhagwan Mahaveer Hospital was planned for students of the Department of Languages, Literatures & Cultural Studies was planned to understand the requirement of societal aspects of literature.

2. Objective of the Event

To make students aware about the truer meaning of education while developing empathy and EQ among them.

3. Beneficiaries of the Event

Students

Faculty


4. Brief Description of the event

Students were taken to the Central Office of Shree Bhagwan Mahaveer Viklang Sahayta Samiti at 11 am from MUJ. After reaching there, a briefing session about the Legacy of Jaipur Foot was done by Mr A. K. Mahnot, President Shree Bhagwan Mahaveer Viklang Sahayta Samiti. Afterwards, students were taken to the workshop where they witnessed the making of Jaipur Foot. Meanwhile, students developed their empathy for people in need.

Shri D R Mehta Chairman Jaipur Foot interacted with students and asked them to be passionate about their dreams.

5. Photographs




Head of Department
Languages, Literatures and Cultural Studies
Manipal University Jaipur



6. Schedule of the event (insert in the report)

17-09-2022

10:00 -1:00 pm

7. Attendance of the Event (insert in the document only)

Total attendee-40

Sr. No	Name of Institution	Place of Institution	Registration Number/Employee code	Name of Attendee	Name of Dept
1	Manipal University Jaipur	Jaipur	221102001	KAVYA BHALOTIA	DLL&CS
2	Manipal University Jaipur	Jaipur	221102002	ANANYA SHARMA	DLL&CS
3	Manipal University Jaipur	Jaipur	221102003	KAMALESH	DLL&CS
4	Manipal University Jaipur	Jaipur	221102004	SHIVEE KIRTI	DLL&CS
5	Manipal University Jaipur	Jaipur	221102006	CAROL ALONA JONATHAN	DLL&CS
6	Manipal University Jaipur	Jaipur	221102008	KUMKUM RAMNANI	DLL&CS
7	Manipal University Jaipur	Jaipur	221102009	PARVINDAR CHOUDHARY	DLL&CS
8	Manipal University Jaipur	Jaipur	221102011	SALONI YADAV	DLL&CS
9	Manipal University Jaipur	Jaipur	221102012	NAVYA MENDIRATTA	DLL&CS
10	Manipal University Jaipur	Jaipur	221102014	LISA EDWARD	DLL&CS
11	Manipal University Jaipur	Jaipur	221102015	RISHITA NAIR	DLL&CS
12	Manipal University Jaipur	Jaipur	221102018	DEVADHI PATEL	DLL&CS
13	Manipal University Jaipur	Jaipur	221102019	RUDRA PRATAP SINGH	DLL&CS
14	Manipal University Jaipur	Jaipur	221102020	JITENDRA CHOUDHARY	DLL&CS
15	Manipal University Jaipur	Jaipur	221102021	MAHESH CHOUDHARY	DLL&CS
16	Manipal University Jaipur	Jaipur	221102023	SOMYA VASUDEV	DLL&CS
17	Manipal University Jaipur	Jaipur	221102024	DEVYANI NATHAWAT	DLL&CS
18	Manipal University Jaipur	Jaipur	221102025	PALAK SHARMA	DLL&CS
19	Manipal University Jaipur	Jaipur	221102026	ADITI PAREEK	DLL&CS



Sr. No	Name of Institution	Place of Institution	Registration Number/Employee code	Name of Attendee	Name of Dept
20	Manipal University Jaipur	Jaipur	221102027	DIYA ROY	DLL&CS
21	Manipal University Jaipur	Jaipur	221102028	ANUSHKA GURHA	DLL&CS
22	Manipal University Jaipur	Jaipur	221102029	AARADHYA GURJAR	DLL&CS
23	Manipal University Jaipur	Jaipur	221102031	KARVI SAPRA	DLL&CS
24	Manipal University Jaipur	Jaipur	221102032	DIGVIJAY SINGH	DLL&CS
25	Manipal University Jaipur	Jaipur	221102033	CHAITANYA KIRTHY	DLL&CS
26	Manipal University Jaipur	Jaipur	221102034	SONU SHEKHAWAT	DLL&CS
27	Manipal University Jaipur	Jaipur	221102035	ANMOL PREET SINGH	DLL&CS
28	Manipal University Jaipur	Jaipur	221102036	LAKSHITA KALRA	DLL&CS
29	Manipal University Jaipur	Jaipur	221102037	YUVRAJ CHAUDHARY	DLL&CS
30	Manipal University Jaipur	Jaipur	221102038	VIDHI VERMA	DLL&CS
31	Manipal University Jaipur	Jaipur	221102039	SYEDA KHADIJA CHISTY	DLL&CS
32	Manipal University Jaipur	Jaipur	221102040	MOHAK MAHICHA	DLL&CS
33	Manipal University Jaipur	Jaipur	221102041	PRIYANSHI VIJAYVARGIYA	DLL&CS
34	Manipal University Jaipur	Jaipur	221102042	GYANENDRA SINGH	DLL&CS
35	Manipal University Jaipur	Jaipur	221102043	SHREYA JALAN	DLL&CS
36	Manipal University Jaipur	Jaipur	221102044	SARA JAIN	DLL&CS
37	Manipal University Jaipur	Jaipur	221102045	DHRUV GARG	DLL&CS
38	Manipal University Jaipur	Jaipur	220803007	ANGAD YADAV	DLL&CS
39	Manipal University Jaipur	Jaipur	MUJ0904	Dr Keshav Nath	DLL&CS
40	Manipal University Jaipur	Jaipur	MUJ304	Dr Arun Dev Pareek	DLL&CS

Head of Department
Languages, Literatures and Cultural Studies
Manipal University Jaipur



**MANIPAL UNIVERSITY
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MANIPAL UNIVERSITY JAIPUR
Department of Computer and Communication Engineering

Research Collaboration

with



(July 2022)

REPORT

Collaboration for Research

Name of organization: RG Stone Urology & Laparoscopy Hospital Name

of Collaborating Officers from RG Hospitals:

Dr Avinas Ojha (CEO, RG Group of Hospitals) Dr

Deepak Buddhi (Consultant Radiologist)

Dr Ravi Sharma, (Senior Consultant Radiology).

Name of Faculty from MUJ:

Dr. Vijaypal Singh Dhaka (Professor and Head, CCE), Dr.

Geeta Rani (Associate Professor, CCE)

Date 8th Aug 2022

A collaboration was initiated by Professor Vijaypal Singh Dhaka to promote the interdisciplinary research. To help the healthcare industry and society, he asked the students, faculty members to join the hands to find the AI based solution for Segmentation of Organs of Urinary System from KUB X-ray images, and Detection of Disease or Abnormality in Urinary System. A team including Dr. VS Dhaka, Dr Geeta Rani, and four students started working on developing the AI based Segmentation of Kidneys, Ureters, and Bladder from KUB-X-ray images. They successfully developed the system. Now, to obtain the datasets and feedback from the health experts, the team from MUJ connected with the health experts at RG hospitals. The team of health experts agreed upon the research collaboration.

As a part of collaboration, Dr VS Dhaka and Dr Geeta Rani conducted the training on AI tools for Healthcare from 1st Aug 2022 to 7th Aug 2022. They also worked on the collection and analysis of real life dataset available at RG Group of hospitals. The research team from

Manipal University Jaipur also conducted a training program on AI based tools and technologies for the health experts at RG Hospital. The documents are embedded below in the report.

Further, the team of health experts Dr. Geetanjali, Dr Deepak Buddhi, and Dr Ravindra Kumar Sharma regularly evaluated the efficacy of the developed system during virtual meetings and provided their feedback. The team from MUJ incorporated all the suggestions given by health experts and improved the efficacy of the system. The article titled “KUB-UNet: Segmentation of Organs of Urinary System from a KUB X-ray Image, has been published in SCI indexed, Q1 Journal, ‘Computer Methods and Programs in Biomedicine’ in July 2022.

Another article titled “A Multi-Modal Bone Suppression, Lung Segmentation, and Classification Approach for Accurate COVID-19 Detection using Chest Radiographs” is under review in the SCI indexed Q1 Journal “Intelligent systems with Applications”.

July 15th , 2022

Prof Vijaypal Singh Dhaka
Manipal University Jaipur,
Jaipur, Rajasthan, India

Subject: Invitation for imparting training on AI tools in Radiology

Dear Prof Dhaka

We are in the process of automating the Department of Radiology by way of including some AI based tools and software. We have observed that AI based assistance is helpful in automating the primary screening of diseases such as COVID-19 from chest radiographs, segmentation of region of interest from different modalities such as X-rays, ultrasound, CT scan, and MRI.

Being from Non-IT background, the team of radiology experts require a short training to use these software and tools. We gather that your research domain and expertise in AI applications are in-line to the requirements of the training program. We, therefore request you to accept this letter as an invite to be our trainer for imparting one-week training to the team of our radiologists at RG Hospitals, New Delhi. We are confident that this training shall be useful in familiarizing them with the AI tools and software frequently used in radiology.

Kindly book your calendar from 1st Aug 2022 to 7th Aug 2022. The training can be scheduled in online/ offline mode as per your convenience.

Further to bring this to your kind attention, the training is intended for noble cause and as such no finances will be involved in this event.

We look forward to your positive response.

Thanking You!

With regards,


Avinash Ojha
Managing Director & CEO
RG Scientific Enterprises (P) Ltd

RG Stone Urology & Laparoscopy Hospital (A unit of R.G. Scientific Enterprises Pvt. Ltd.)

Regd. Off. New Delhi : F-12, East of Kailash, New Delhi - 110065 | Phones : 91-11-7105 6000 Fax : 91-11-2621 8743 | CIN No. U24236DL1996PTC023504

E-mail: info@rghospital.com | www.rghospitals.com

DELHI • MUMBAI • GOA • CHENNAI • KOLKATTA • LUDHIANA • FARIDABAD • NOIDA

August 10th, 2022

Prof Vijaypal Singh Dhaka
Manipal University Jaipur,
Jaipur (Rajasthan),
India

Subject: Feedback on Training Conducted on AI tools and Software

Dear Prof Dhaka,

I am writing to convey our appreciation and gratitude for sparing valuable time from your busy schedule and conducting the training on AI tools and software from 1st Aug 2022 to 7th Aug 2022. The team of radiology experts thoroughly enjoyed the demonstration and hands-on experience. It is worth noting that the use of AI based tools was in fact presented to us as a "fun to learn" exercise. Content of the training was enriched and well structured. The demonstration of different tools was interesting, and easy to understand. Specifically, demonstration of the software for automatic cropping of region of interest from the medical modalities was unique and extremely useful.

Now, the radiologists feel much confident using these tools and software in their day to day routine. I hope these tools will reduce the manual efforts, and help them in better decision making.

Thank you once again for your nice presentation, interactive session, and demonstration. Looking forward to more collaborations in future.

With regards,


Avinash Ojha
Managing Director & CEO
RG Scientific Enterprises (P) Ltd



RG Stone Urology & Laparoscopy Hospital (A unit of R.G. Scientific Enterprises Pvt. Ltd.)

Regd. Off. New Delhi : F-12, East of Kailash, New Delhi - 110065 | Phones : 91-11-7105 8000 Fax : 91-11-2621 8743 | CIN No. U24236DL1888PTC023504
E-mail: info@rghospital.com | www.rghospitals.com

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July 15th, 2022

Dr Geeta Rani, Associate Professor
Manipal University Jaipur,
Jaipur, Rajasthan
India

Subject: Invitation for imparting training on AI tools in Radiology

Dear Dr Geeta

We are in the process of automating the Department of Radiology by way of including some AI based tools and software. We have observed that AI based assistance is helpful in automating the primary screening of diseases such as COVID-19 from chest radiographs, segmentation of region of interest from different modalities such as X-rays, ultrasound, CT scan, and MRI.

Being from Non-IT background, the team of radiology experts require a short training to use these software and tools. We gather that your research domain and expertise in AI applications are in-line to the requirements of the training program. We, therefore request you to accept this letter as an invite to be our trainer for imparting one-week training to the team of our radiologists at RG Hospitals, New Delhi. We are confident that this training shall be useful in familiarizing them with the AI tools and software frequently used in radiology.

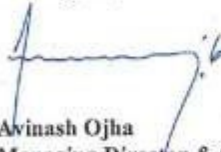
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We look forward to your positive response.

Thanking You!

With regards,



Avinash Ojha
Managing Director & CEO
RG Scientific Enterprises (P) Ltd
RG Hospitals; RG Stone Urology & Laparoscopy Hospital



RG Stone Urology & Laparoscopy Hospital (A unit of R.G. Scientific Enterprises Pvt. Ltd.)

Regd. Off. New Delhi : F-12, East of Kailash, New Delhi - 110065 | Phones : 91-11-7105 6000 Fax : 91-11-2621 8743 | CIN No. U24236DL1985PTC02351

E-mail: info@rghospital.com | www.rghospitals.com

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August 10th, 2022

Dr Geeta Rani, Associate Professor
Manipal University Jaipur,
Jaipur, Rajasthan
India

Subject: Feedback on Training Conducted on AI tools and Software

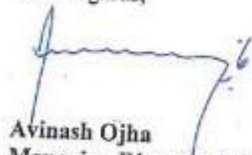
Dear Dr Geeta,

I am writing to convey our appreciation and gratitude for sparing valuable time from your busy schedule and conducting the training on AI tools and software from 1st Aug 2022 to 7th Aug 2022. The team of radiology experts thoroughly enjoyed the demonstration and hands-on experience. It is worth noting that the use of AI based tools was in fact presented to us as a "fun to learn" exercise. Content of the training was enriched and well structured. The demonstration of different tools was interesting, and easy to understand. Specifically, demonstration of the software for automatic cropping of region of interest from the medical modalities was unique and extremely useful.

Now, the radiologists feel much confident using these tools and software in their day to day routine. I hope these tools will reduce the manual efforts, and help them in better decision making.

Thank you once again for your nice presentation, interactive session, and demonstration. Looking forward to more collaborations in future.

With regards,



Avinash Ojha
Managing Director & CEO
RG Scientific Enterprises (P) Ltd
RG Hospitals; RG Stone Urology & Laparoscopy Hospital



RG Stone Urology & Laparoscopy Hospital (A unit of R.G. Scientific Enterprises Pvt. Ltd.)

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**MANIPAL UNIVERSITY
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A report on

Five Day Executive Development Program

On

**Wellness of being: Exploring human health
and wellness**

13th June 2022 to 17th June 2022

Introduction of the Event

Health is necessary for all human beings. Good health is imperative for effective and efficient working in personal and professional life. According to (WHO)World Health Organisation, "Health is a state of complete physical mental and social well-being of a person and not merely the absence of disease and infirmity" thus health and well-being are interrelated.

This EDP proposes to fulfil this objective of training faculty and executives to better their lives. It will train and teach faculty and executives about multiple dimensions of human health and fitness comprehensively. It will focus on the various dimensions of health including nutrition, mental, spiritual, and physical fitness.

The objective of the Event

The basic objective of the program is to train faculty and executives to better their lives. It will train and teach faculty and executives about multiple dimensions of human health and fitness comprehensively. It will focus on the various dimensions of health including nutrition, mental, spiritual, and physical fitness. This EDP Gives all the information about multiple dimensions of health and fitness including:

- Diet nutrition its functions.
- Weight and health management through diet.
- PCOD and PCOS are major issues in lifestyle.
- Lifestyle diseases and their solutions.
- Yoga is a way of a healthy lifestyle and how yoga is important for working professionals.
- Mental health and how to create a balance between mental health and spiritual health

Beneficiaries of the Event

All the executives and faculty members of MUJ and other Institutes



Details of the Guests

The session was engaged by the following resource persons

Dr. Nibu R. Krishna, Associate Professor, (HoD) Department of Yogic Science Lakshmibai National Institute of Physical Education, Gwalior · NAAC A++ Accredited, Category-1, Deemed to be University

Ms. G. Vani Bhushanam, Scientific Officer, Department of Sports Nutrition, Human Performance Lab, Sports Authority of India, New Delhi Ministry of Youth Affairs & Sports, GOI Certified Sports Nutritionist by International Olympic Committee.

Dr. RS Bhogal, Head (Assistant Director Research), at the Scientific Research Department of, Kaivalyadhama Expert on Mental health

Mrs. Nidhi S: PCOD, PCOS Expert, women health trainer (Germany)

Mr. Yogi Yogendra Kushwaha, Yoga trainer China

Mrs. Smitha Ramesh, Nutritionist Expert (Dubai)

Brief Description of the Event

In this EDP different experts have taken sessions on . The day-wise brief of each session is as follows:

Day-1

(Mrs. Smitha Ramesh, Ms. G. Vani Bhushanam)

Agenda Items:

- What is the problem in day to day nutrition of Executives.
- Role of early breakfast and timely meal.
- How to prepare your food.
- The nutritional values of food.



- Diet for Weight loss and Weight management
- Stress and Diet
- Eating habits

Day-2

(Mrs. Nidhi Sharma)

Agenda Items:

- What are PCOD and PCOS
- Symptoms of PCOD and PCOS
- Causes of PCOD and PCOS
- How to resolve the issue in young professionals
- Activity level and how to decrease the risk of lifestyle disease

Day-3

(Mr. Yogi Yogendra Kushwaha)

Agenda Items:

- Yoga for working professional
- Mindful techniques that can be used at workplaces
- Why Yoga is important in modern lifestyle
- How to deal with stress among students with the help of yoga
- Reason why people forget to live mindfully
- Meditation technique that can be used on our workplace.
- Q&A



Day-4

(Dr. Nibu R. Krishna)

Agenda Items:

- Yogic practices and their effect on the human body.
- Challenges faced by young professionals in the day-to-day lifestyle and how yoga can be an active part of the working lifestyle.
- Facial exercises.
- Stress reliever exercises
- Mantra meditation

Day-5

(Dr. RS Bhogal)

Agenda Items:

- Depression in young professionals.
- Stress in day-to-day life
- What can be a way of life for working professionals.
- How to increase awareness.
- Sense and control on senses
- Meditation session on control of senses.

Flyer of the event



MANIPAL UNIVERSITY
JAIPUR




MUJ
NAAC A+ GRADE WITH 3.28 SCORE

Executive Development Program

Organised by

Department of Arts

School of Humanities & Social Sciences

on

Wellness of Being

Exploring Human Health and Wellness

13- 17 June, 2022

Time 9AM-11AM





Dr. Nibu R. Krishna
Associate Professor, (HoD)
Department of Yogic Science
Lakshmbai National Institute of
Physical Education, Gwalior



Ms. G. Vani Bhushanam
Scientific Officer, Department of Sports Nutrition,
Human Performance Lab
Sports Authority of India, New Delhi
Ministry of Youth Affairs & Sports
GOI Certified Sports Nutritionist by International
Olympic Committee.



Dr. R S Bhogal
Head (Assistant Director Research)
Scientific Research Department
Kaivalyadhama Expert on Mental health



Mrs. Nidhi S
PCOD, PCOS Expert, women
health trainer (Germany)



Mr. Yogi Yogendra Kushwaha
Yoga Trainer (China)



Mrs. Smitha Ramesh
Nutritionist Expert (Dubai)

Wellness of Being: Exploring Human Health and Wellness

Health is necessary for all human beings. Good health is imperative for effective and efficient working in personal and professional life. According to (WHO)World Health Organisation, "Health is a state of complete physical mental and social well-being of a person and not merely the absence of disease and infirmity". Thus, health and well-being are interrelated. This EDP proposes to fulfil this objective of training faculty and executives to better their lives. It will train and teach faculty and executives about multiple dimensions of human health and fitness comprehensively. It will focus on the various dimensions of health including nutrition, mental, spiritual, and physical fitness.

PROPOSED SCHEDULE FOR WORKSHOP

5 DAYS Executive Development Program on Multiple Dimensions of Health

Date	Session I 9:00 Am to 10:00 Pm
13 th June 2022	Introductory Session On diet consciousness in young professionals By Ms. Vani Bhushanam and Smitha Ramesh
14 th June 2022	Session On PCOD, PCOS is a challenging issue in today's time. By Ms. Nidhi
15 th June 2022	Yoga for stress management in working life by Dr. Nibu R Krsihna
16 th June 2022	Yoga for the working Professionals. (How to use your surroundings)
17 th June 2022	The balance between spiritual and mental health

Registration Fee
Rs. 300

Payment Link

Interested participants can register themselves using below link

<https://www.payumoney.com/customer/users/paymentOptions/#/1011F8DA7C0FCB5EC870FBB52B99DD08/EDPMANI2022/217344>

Registration Form

Please fill this Google form after Registration

<https://forms.office.com/r/EafyEeeB5U>

Mr Mohit Sharma
Convener
Email : mohit.sharma@jaipur.manipal.edu
Mob. : 9424900728

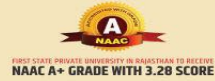


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**MANIPAL UNIVERSITY
JAIPUR**



Online Executive Development Program

Organised by

Department of Arts

School of Humanities & Social Sciences

on

Wellness of Being

Exploring Human Health and Wellness

13-17 June, 2022

Time 9AM-11AM



**Registration Fee
Rs. 300**

Payment Link

Interested participants can register themselves using below link

<https://www.payumoney.com/customer/users/paymentOptions/#!/1011F8DA7C0FCB5EC870FBB52B99DD08/EDPMANI2022/217344>

Registration Form

Please fill this Google form after Registration

<https://forms.office.com/r/EafyEeeB5U>

Mr Mohit Sharma

Convener

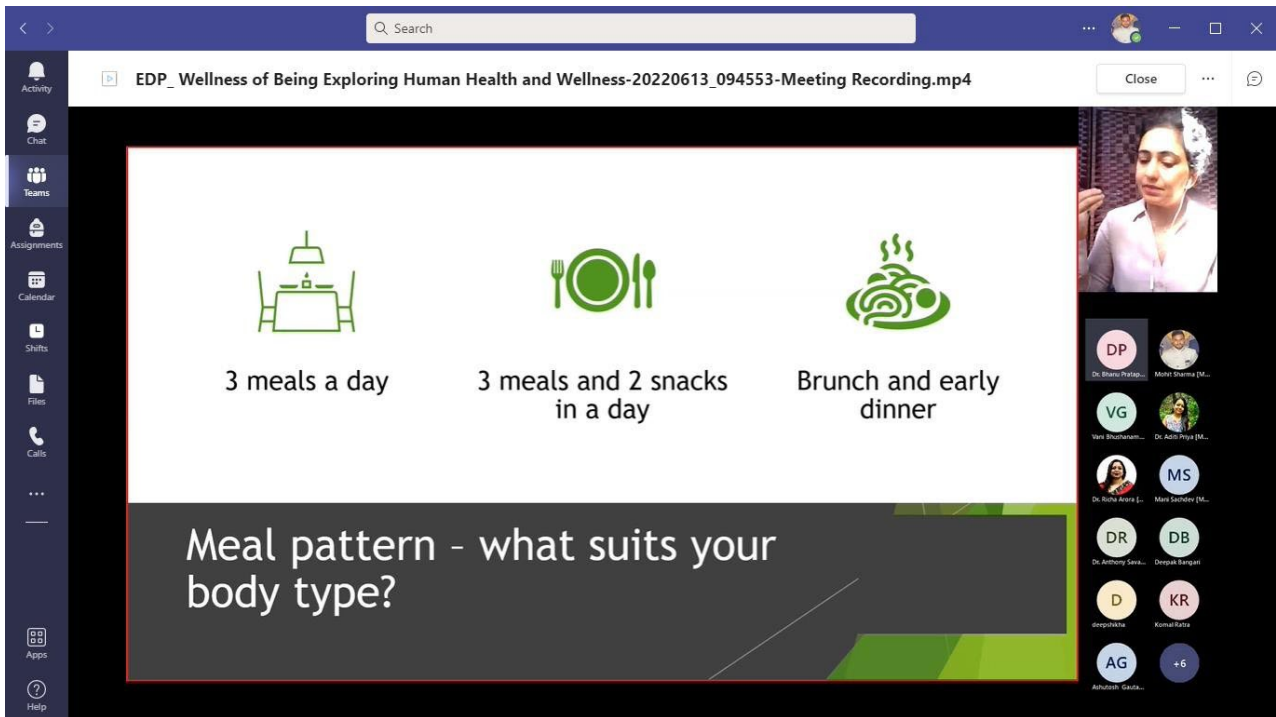
Email : mohit.sharma@jaipur.manipal.edu

Mob. : 9424900728

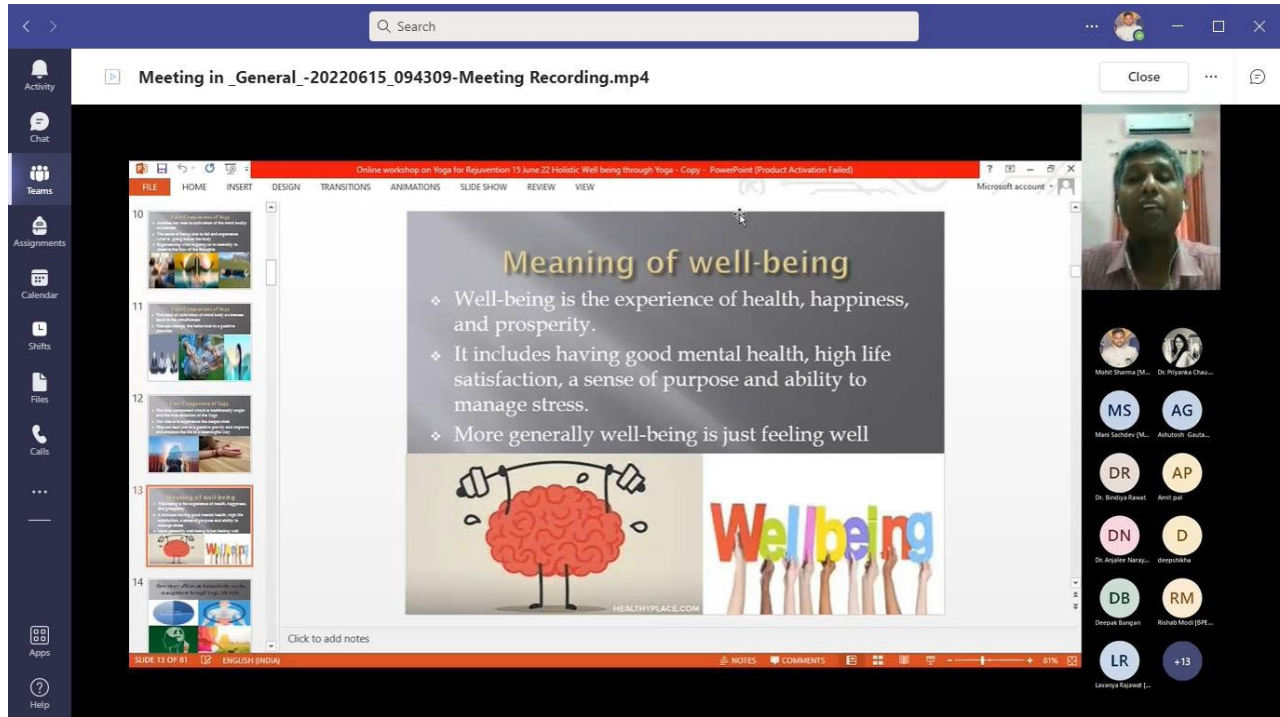
Photographs



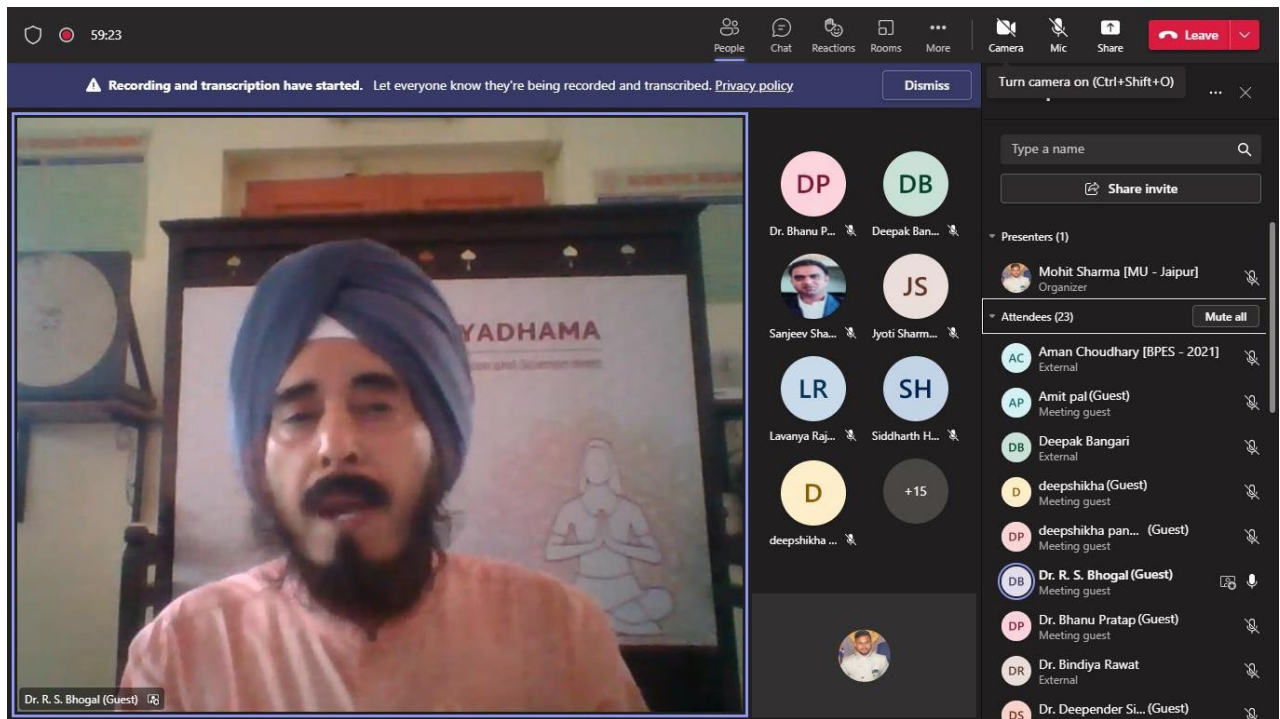
Guest speaker delivering her speech



Guest speaker describing the ideal meal plan for a body type



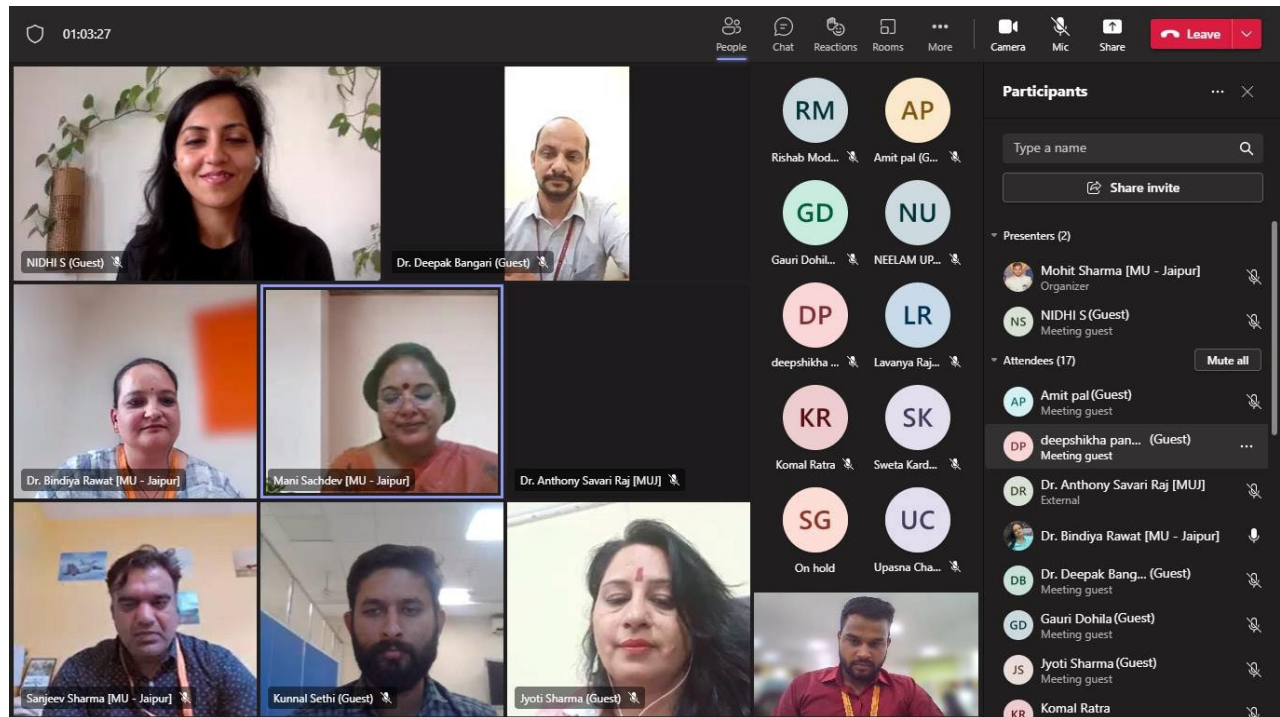
Second guest speaker explaining the meaning of well-being

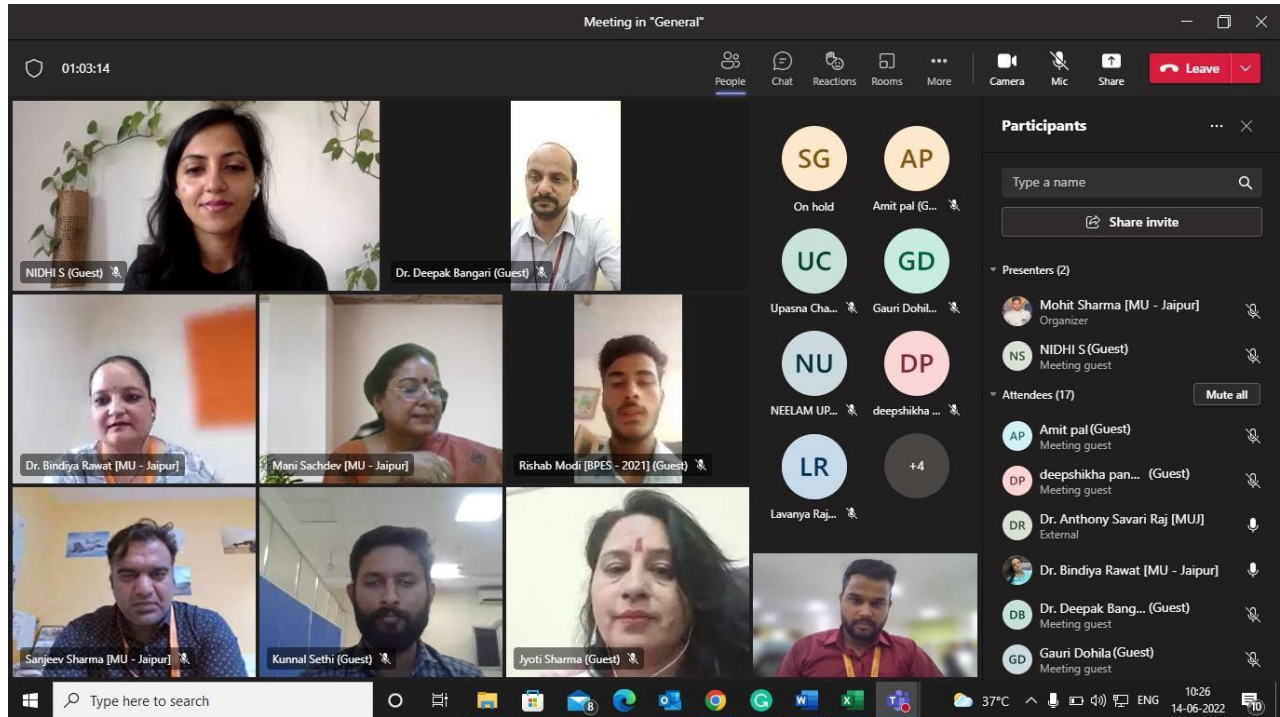


Third guest speaker delivering his lecture



Participants listening to the lectures





Participants participating in the lectures



Guest speaker in conversation with department faculty

Syllabus covered :

AT1101 Foundation of Physical Education and Sports

[3 1 0 4]

Introduction: Definition, aim and objectives of physical education, principles of physical education, relationship of physical education with general education, misconceptions regarding physical education, how physical education help to achieve the aim of education. **Philosophical aspect of Physical Education:** Meaning of philosophy, different philosophies applied to physical education- Idealism, Pragmatism, Realism, Naturalism, Existentialism and Materialism, implication of different philosophies for physical education and sports. **Biological Concept of Physical Education:** Biological principles of physical education: growth and development- Meaning, difference, principles and various stages; heredity and environment-various theories and its effect on growth and development; body types and its classification; sex differences; chronological, physiological and anatomical ages. **Sociological Foundation:** Physical education & sports as a need of the society, sociological implications of physical education and sports, physical activities and sports as a cultural heritage, role of sports in national integration. **Psychological Foundation:** Meaning, definition, scope and importance of psychology, meaning of learning, laws of learning, theories of learning (trial and error, conditioned reflex insight theory, learning by imitation), factor affecting learning, different stages and plateau.

Reference:

1. Kamlesh, M.L. (1988). Physical Education Facts and foundations, Faridabad: PBPublications.
2. Barrow Harold, M. (1993). Man and movements principles of Physical Education, Philadelphia:Lea and Febiger.
3. Ravanes, R.S. (1978). Foundation of Physical Education. Boston USA: Houghton MillinCo.
4. Krishana Murthy, V. and Paramesara Ram, N. (1990). Educational Dimensions of Physical Education, New Delhi: Print India.
5. Singh, Ajmer et.al. (2008). Essentials of Physical Education, Ludhiana: Second revised Addition, Kalyani Publishers.

Introduction: Meaning and definition of anatomy and physiology; Need and importance in physical education and sports; Structure & function of Cell, Tissue & its types. **Skeletal and Muscular System:** General structure of bone, classification and functions of the bone, joints their structure and classification, various types of muscle and their functions, microscopic structure of skeletal muscle. **Cardiovascular and Respiratory System:** Organs of cardiovascular and respiratory system and their structure, mechanism of blood circulation and respiration, blood pressure, cardiac output, cardiac cycle, heart rate, pulse rate and athlete's heart, vital capacity, tidal volume, dead space, oxygen debt and second wind **Nervous and Endocrine System:** Parts of the brain, their structure and function, Spinal cord its structure and function, structure of neuron and its types, reflex action and reflex arch, structure and function of various types of endocrine glands and their location. **Excretory and Digestive System:** Structure and function of kidney, urinary tract and skin, microscopic structure of nephron-mechanism of urinary excretion, structure of digestive tract, mechanism of digestion, elements of food, digestion of food, action of various enzymes on food, assimilation and absorption of food, various glands of digestive system, their structure and functions.

Reference:

1. Pearc, E. (1989). Anatomy and Physiology for Nurses, Delhi Oxford University Press.
2. Parrot, J.W. (1973). Anatomy for the students and Teachers of Physical Education, London: Edward Arnold Ltd.
3. Miller, A. and Leavel L.C, (1973). Anatomy and Physiology, New York: Amerind Publishing Co. Pvt. Ltd.
4. Singh Ajmer et.al. (2008). Essentials of Physical Education Ludhiana: Kalyani Publishers.
5. Fox, E.L. (1989). Physiological Basis of Physical Education, Athletic Brown Publication.
6. McArdle, William D., Katch, Frank L. and Katch, Victor L. (2014). Exercise Physiology: Nutrition, Energy and Human Performance. Eighth Edition. Lippincott Williams and Wilkins. Wolters Kluwer Company.
7. Pandey, P. K. (1989). Know how sports medicine. Jalandhar: A.P. Publisher.

AT1202 Sports Psychology

[3 1 0 4]

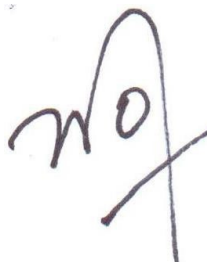
Introduction of Sports Psychology: Meaning, definition, scope and importance of sports psychology, development of sports psychology in India, psychological factors effecting physical performance, role of sports psychology in the field of physical education and sports. **Growth and Development:** Concept of growth and development: Physical, mental, social, intellectual and emotional development in infancy, later childhood and adolescence stages. **Motivation in Sports:** Meaning and definition of motivation need and drive, types of motivation, developing motivation and self-confidence, goal setting and motivation. **Personality:** Meaning and definition of personality, theories of personality, factors affecting personality development, role of physical education and sports in the development of personality. **Anxiety and Stress:** Sources of anxiety and stress, emotional states and their effect on performance, dimensions and theories of aggression (biological and psychosocial), factors promoting aggression, aggression and violence in sports.

Teams link :

<https://teams.microsoft.com/l/meetup-join/19%3adV8FzpEd8ZuoHqytjU8ksGI32weRSOinlrPPJO8edao1%40thread.tacv2/1655392430716?context=%7b%22Tid%22%3a%22a1608842-8390-4bfb-90af-89ae3ab30761%22%2c%22Oid%22%3a%221041bbee-e5dd-4a3c-8d7f-8a222e047733%22%7d>

MUJ weblink:

<https://jaipur.manipal.edu/muj/news-events/events-list/wellness-of-being-exploring-human-health-and-wellness.html>



Dr. Mani Sachdev
Head, Department of Arts
Manipal University Jaipur

Seal and Signature of HOD



Manipal University Jaipur Fosters Health and Well-being in the Local Community Outreach Programs and Student Volunteering Initiatives

The benefits of university outreach programs and student volunteering initiatives are manifold. These programs create a sense of shared responsibility, build bridges between the academic world and the local community, and empower individuals to take charge of their own health and well-being. Manipal University Jaipur-led outreach programs and student volunteering initiatives are essential components of fostering health and well-being in local communities (Picture 4, 5, 6 & 7). These programs go beyond traditional education, actively engaging with and empowering community members in areas of hygiene, nutrition, family planning, sports, exercise, and aging well (Picture 8, 9 & Annexure 27).

One of the fundamental aspects of health and well-being is hygiene and sanitation. Manipal University Jaipur collaborates with local communities to raise awareness about the importance of hygiene practices. This includes organizing workshops on proper handwashing techniques, distributing hygiene kits in underserved areas, or even implementing community-based sanitation projects. (Annexure 1) Manipal University Jaipur engages in outreach programs to promote healthier eating habits within the local community. (Annexure 2) This involves workshops on meal planning, gardening initiatives to encourage fresh produce consumption, and collaborating with local food banks to address food insecurity issues. Access to family planning resources and information is essential for the well-being of families. Manipal University Jaipur partners with healthcare organizations and local clinics to provide education and support related to family planning. It also offers platforms for open discussions and awareness campaigns to empower individuals (Annexure 6, 7, 8, 9 & 10). Manipal University Jaipur contributes to the communities by organizing sports events, fitness classes, and exercise programs that are accessible to residents of all ages. (Picture 1,2 &3) This promotes physical well-being and fosters a sense of community and camaraderie. With an aging global population, Manipal University Jaipur is increasingly involved in programs designed to help seniors age gracefully and maintain their quality of life. This can include services like health screenings, social engagement activities, and educational workshops on topics such as mental health, chronic disease management, and senior safety. Manipal University Jaipur encourages student volunteering programs that enable students to directly contribute to community well-being (Annexure 11, 12,13 &14). These programs provide a win-win scenario: students gain valuable experience while making a positive impact on the community. Students often participate in health camps where they offer medical check-ups, vaccinations, and basic healthcare services to underserved populations. Students provide tutoring and mentorship in areas like nutrition, fitness, and family planning to community members, especially to those in need (Annexure 15, 16,17,18, 19,20, 21 & 22). Student-run sports clubs and exercise classes can engage community members in physical activity. Student volunteers can engage in activities that enhance the well-being of older adults in their communities.

Volunteering for disadvantaged people and Refugees:

Manipal University Jaipur aims to empower refugees and asylum seekers and build on the competencies and skills. By doing so, Manipal University Jaipur promotes professional growth, strengthens self-reliance, reduces dependence on humanitarian assistance, and creates incentives for more refugee youth to complete education – all while supporting the mandate. One such example is mentioned below.

1. Ms. Sanjana Mohla, Student of MUJ has volunteered with Help Syria's Kids at the Katermaya camp.

<https://fb.watch/nVQIE0KhjC/>

1. Establishment of Human Rights Cell at MUJ:

Human rights cells were established by Manipal University students during the academic year of 2019-2020. The cell aims to create awareness about human rights and help those in need. One of the most important priorities of the cell is to help an individual lead a decent and dignified life without infringing the rights of others.

[Human Rights Cell | Manipal University Jaipur](#)

Tribal rights talk show (Annexure 5, 23, 24, 25 & 26)

1. Joey Traivia(Annexure 3)



Picture 1: Shri Rajyavardhan Singh Rathore, an Olympic medalist meeting the village kids



Picture 2: Shri Rajyavardhan Singh Rathore, an Olympic medalist sensitizing local village children about sports



Picture 3: Shri Rajyavardhan Singh Rathore, an Olympic medalist encouraging village children for sports



Picture 4: Medical health checkup camp for local community near MUJ



Picture 5: Health checkup of local community in health checkup camp organized by MUJ



Picture 6: Health checkup of local community in health checkup camp organized by MUJ



Picture 7: Health checkup of local community in health checkup camp organized by MUJ



Picture 8: Distribution of Sanitary Pads to girls in near by villages



Picture 9: facilities provided for school children in near by villages



MANIPAL UNIVERSITY JAIPUR

Guidance and FAQ on Coronavirus Disease -2019 (COVID-19)

As you are aware the world is currently experiencing a multi country epidemic of Coronavirus Diseases (COVID-19) caused by a virus known as Severe Acute Respiratory Syndrome Coronavirus -2 (SARS-CoV-2). The disease emerged in early December 2019 in Wuhan city of Hubei province in China. Substantial numbers of cases COVID-19 reported from 115 countries. While the case numbers are steadily increasing an spreading across many other countries the active community transmission is ongoing

India has reported 114 cases as of today from various states of India including Rajasthan. However, as of all cases are associated with travel or close contact with a known case. We at MUJ have taken adequate steps to ensure the safety of students and staff. We will periodically update the guidance.

1. What is coronavirus?

Coronaviruses are a large family of RNA viruses. In humans, several coronaviruses are known to cause respiratory infections ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS). The most recently discovered coronavirus (SARS-COV-2) causes coronavirus disease COVID-19.

2. What is COVID 19?

COVID-19, also known as Coronavirus, is a new respiratory virus first identified in Wuhan, Hubei Province, China, which has spread globally, including India.

3. What are the symptoms that COVID-19 can cause and how is the virus spread?

- The most important symptoms to look out for in COVID-19 are fever, dry cough, and



sore throat.

- Some people become infected but don't develop any symptoms and don't feel unwell.
- People with fever, dry cough and difficulty in breathing should seek medical attention.

4. How does COVID-19 spread?

- The disease can spread from person to person through small droplets from the nose or mouth which are spread when a person with COVID-19 coughs or exhales.
- People can also get infected by touching objects or surfaces contaminated by the virus.

5. What can I do to protect myself and prevent the spread of the disease?

- Practice frequent hand washing with soap and water or clean your hands with an alcohol-based hand rub whenever the need arises.
- Avoid frequent touching of the face, eyes, nose and mouth without washing hands
- Follow social distancing by keeping at least 1 meter (3 feet) away from sick persons / person with fever or cough.
- Avoid mass gathering
- Make sure you, and the people around you, follow good respiratory etiquette [covering the mouth while sneezing or coughing]
- Throw used tissues into closed bins immediately after use
- Stay home if you feel unwell. If you have a fever, cough and difficulty in breathing, seek medical attention.
- Follow advice given by the healthcare provider and the public health authority on how to protect yourself and others from COVID19.



6. What should I do if I visited any areas where COVID 19 is spreading in the past 14 days?

- If you have returned from any place that is currently experiencing an outbreak of COVID- 19,
- If asymptomatic - Please inform the concerned authorities and quarantine yourself in your room / house and limit your contact with others for a period of two weeks.
- If you develop fever, cough and difficulty in breathing report to the healthcare facility (Emergency department of KH, Manipal, Contact number-08202922761)

7. How likely am I to catch COVID-19?

The risk depends on where you live or where you have travelled recently. The risk of infection is higher in areas where a number people have been diagnosed with COVID-

19. For people in most other parts of the world, your risk of getting COVID-19 is currently low.

8. Who is at risk of developing severe illness?

While we are still learning about how COVID-19 affects people, older persons, immunocompromised and people with pre-existing co morbid conditions appear to develop serious illness more often than others.

9. Are antibiotics effective or treating the COVID-19?

No. Antibiotics do not work against viruses, they only work on bacterial infections. COVID-19 is caused by a virus, so antibiotics do not work.

10. Is there a vaccine, drug or treatment for COVID-19?

Not yet. To date, there is no vaccine and no specific antiviral medicine to prevent or treat COVID-19. However, those affected should receive care to



relieve symptoms. People with serious illness should be hospitalized. Most patients recover with supportive care.

11. Should I wear a mask to protect myself?

Use a mask only if you have respiratory symptoms (coughing or sneezing), have suspected COVID-19 infection with mild symptoms, or are caring for someone with suspected COVID-19 infection.

12. How long is the incubation period for COVID-19?

The “incubation period” means the time between catching the virus and beginning to have symptoms of the disease. Most estimates of the incubation period for COVID-19 range from 1-14 days, most commonly around five days.

13. How long does the virus survive on surface?

It is not certain how long the virus that causes COVID-19 survives on surfaces. Studies suggest that coronaviruses (including preliminary information on the COVID-19 virus) may persist on surfaces for a few hours or up to several days.

14. Is it safe to receive a package from any area where COVID-19 has been reported?

Yes. The likelihood of an infected person contaminating commercial goods is low and the risk of catching the virus that causes COVID-19 from a package that has been moved, travelled, and exposed to different conditions and temperature is also low.

15. Is there anything I should not do?

- The following measures **ARE NOT** effective against COVID-2019 and can be harmful: Smoking

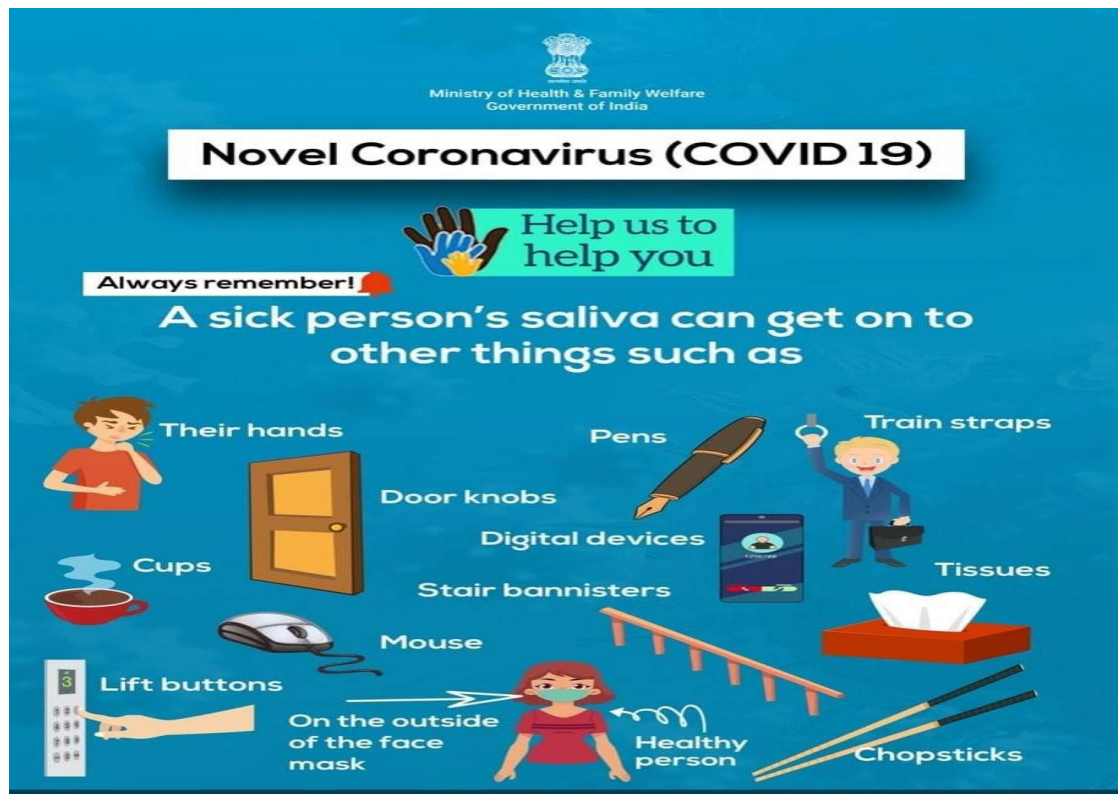


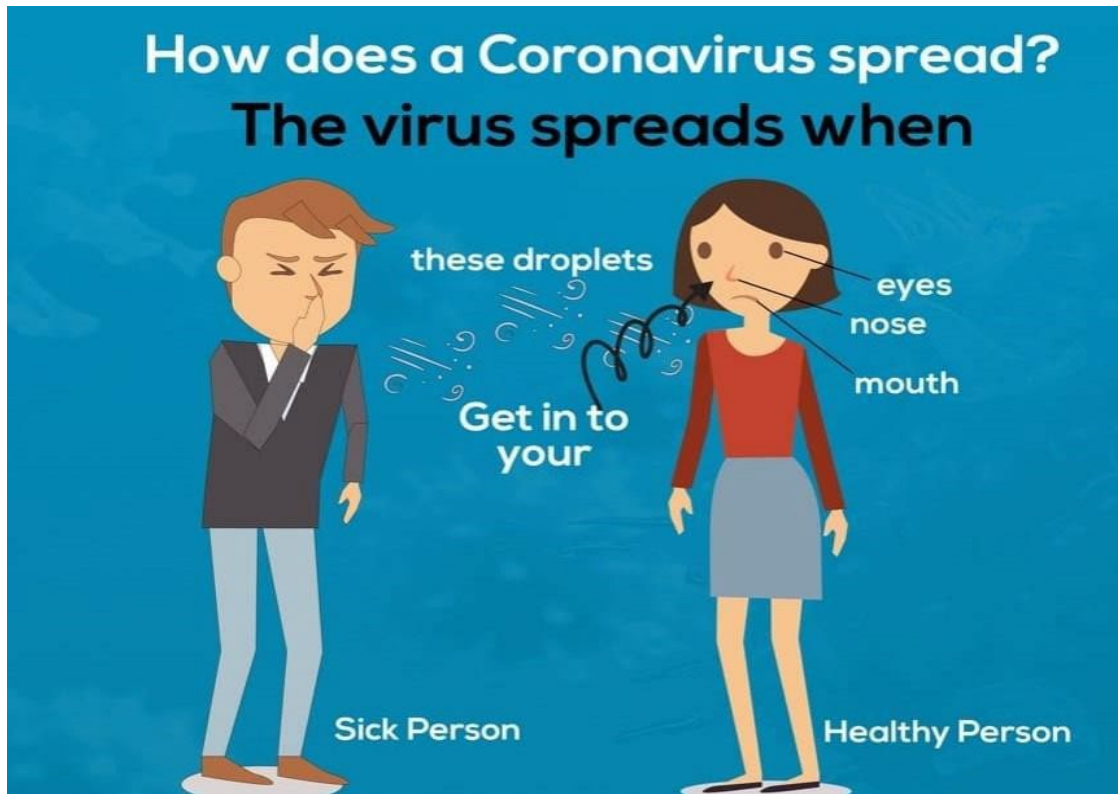
- Wearing multiple masks
- Taking self-medication such as antibiotics

16. Can we use the biometrics for attendance?

Biometric attendance system followed in the institutions and hospitals shall be stopped with immediate effect, until further orders.

However, biometric attendance prescribed by the statutory bodies has to be continued with due care until further instructions from the respective statutory bodies.







**MANIPAL UNIVERSITY
JAIPUR**

(University under Section 2(f) of the UGC Act)

A report on

Five Day Executive Development Program

On

**Wellness of being: Exploring human health
and wellness**

13th June 2022 to 17th June 2022

Introduction of the Event

Health is necessary for all human beings. Good health is imperative for effective and efficient working in personal and professional life. According to (WHO)World Health Organisation, "Health is a state of complete physical mental and social well-being of a person and not merely the absence of disease and infirmity" thus health and well-being are interrelated.

This EDP proposes to fulfil this objective of training faculty and executives to better their lives. It will train and teach faculty and executives about multiple dimensions of human health and fitness comprehensively. it will focus on the various dimensions of health including nutrition, mental, spiritual, and physical fitness.

The objective of the Event

The basic objective of the program is to train faculty and executives to better their lives. It will train and teach faculty and executives about multiple dimensions of human health and fitness comprehensively. it will focus on the various dimensions of health including nutrition, mental, spiritual, and physical fitness. This EDP Gives all the information about multiple dimensions of health and fitness including:

- Diet nutrition its functions.
- Weight and health management through diet.
- PCOD and PCOS are major issues in lifestyle.
- Lifestyle diseases and their solutions.
- Yoga is a way of a healthy lifestyle and how yoga is important for working professionals.
- Mental health and how to create a balance between mental health and spiritual health

Beneficiaries of the Event

All the executives and faculty members of MUJ and other Institutes



Details of the Guests

The session was engaged by the following resource persons

Dr. Nibu R. Krishna, Associate Professor, (HoD) Department of Yogic Science Lakshmibai National Institute of Physical Education, Gwalior · NAAC A++ Accredited, Category-1, Deemed to be University

Ms. G. Vani Bhushanam, Scientific Officer, Department of Sports Nutrition, Human Performance Lab, Sports Authority of India, New Delhi Ministry of Youth Affairs & Sports, GOI Certified Sports Nutritionist by International Olympic Committee.

Dr. RS Bhogal, Head (Assistant Director Research), at the Scientific Research Department of, Kaivalyadhama Expert on Mental health

Mrs. Nidhi S: PCOD, PCOS Expert, women health trainer (Germany)

Mr. Yogi Yogendra Kushwaha, Yoga trainer China

Mrs. Smitha Ramesh, Nutritionist Expert (Dubai)

Brief Description of the Event

In this EDP different experts have taken sessions on . The day-wise brief of each session is as follows:

Day-1

(Mrs. Smitha Ramesh, Ms. G. Vani Bhushanam)

Agenda Items:

- What is the problem in day to day nutrition of Executives.
- Role of early breakfast and timely meal.
- How to prepare your food.
- The nutritional values of food.



- Diet for Weight loss and Weight management
- Stress and Diet
- Eating habits

Day-2

(Mrs. Nidhi Sharma)

Agenda Items:

- What are PCOD and PCOS
- Symptoms of PCOD and PCOS
- Causes of PCOD and PCOS
- How to resolve the issue in young professionals
- Activity level and how to decrease the risk of lifestyle disease

Day-3

(Mr. Yogi Yogendra Kushwaha)

Agenda Items:

- Yoga for working professional
- Mindful techniques that can be used at workplaces
- Why Yoga is important in modern lifestyle
- How to deal with stress among students with the help of yoga
- Reason why people forget to live mindfully
- Meditation technique that can be used on our workplace.
- Q&A



Day-4

(Dr. Nibu R. Krishna)

Agenda Items:

- Yogic practices and their effect on the human body.
- Challenges faced by young professionals in the day-to-day lifestyle and how yoga can be an active part of the working lifestyle.
- Facial exercises.
- Stress reliever exercises
- Mantra meditation

Day-5

(Dr. RS Bhogal)

Agenda Items:

- Depression in young professionals.
- Stress in day-to-day life
- What can be a way of life for working professionals.
- How to increase awareness.
- Sense and control on senses
- Meditation session on control of senses.

Flyer of the event



MANIPAL UNIVERSITY
JAIPUR




MUJ
NAAC A+ GRADE WITH 3.28 SCORE

Executive Development Program

Organised by

Department of Arts

School of Humanities & Social Sciences

on

Wellness of Being

Exploring Human Health and Wellness

13- 17 June, 2022

Time 9AM-11AM





Dr. Nibu R. Krishna
Associate Professor, (HoD)
Department of Yogic Science
Lakshmbai National Institute of
Physical Education, Gwalior



Ms. G. Vani Bhushanam
Scientific Officer, Department of Sports Nutrition,
Human Performance Lab
Sports Authority of India, New Delhi
Ministry of Youth Affairs & Sports
GOI Certified Sports Nutritionist by International
Olympic Committee.



Dr. R S Bhogal
Head (Assistant Director Research)
Scientific Research Department
Kaivalyadhama Expert on Mental health



Mrs. Nidhi S
PCOD, PCOS Expert, women
health trainer (Germany)



Mr. Yogi Yogendra Kushwaha
Yoga Trainer (China)



Mrs. Smitha Ramesh
Nutritionist Expert (Dubai)

Wellness of Being: Exploring Human Health and Wellness

Health is necessary for all human beings. Good health is imperative for effective and efficient working in personal and professional life. According to (WHO)World Health Organisation, "Health is a state of complete physical mental and social well-being of a person and not merely the absence of disease and infirmity". Thus, health and well-being are interrelated. This EDP proposes to fulfil this objective of training faculty and executives to better their lives. It will train and teach faculty and executives about multiple dimensions of human health and fitness comprehensively. It will focus on the various dimensions of health including nutrition, mental, spiritual, and physical fitness.

PROPOSED SCHEDULE FOR WORKSHOP

5 DAYS Executive Development Program on Multiple Dimensions of Health

Date	Session I 9:00 Am to 10:00 Pm
13 th June 2022	Introductory Session On diet consciousness in young professionals By Ms. Vani Bhushanam and Smitha Ramesh
14 th June 2022	Session On PCOD, PCOS is a challenging issue in today's time. By Ms. Nidhi
15 th June 2022	Yoga for stress management in working life by Dr. Nibu R Krsihna
16 th June 2022	Yoga for the working Professionals. (How to use your surroundings)
17 th June 2022	The balance between spiritual and mental health

Registration Fee
Rs. 300

Payment Link
Interested participants can register themselves using below link
<https://www.payumoney.com/customer/users/paymentOptions/#/1011F8DA7C0FCB5EC870FBB52B99DD08/EDPMANI2022/217344>

Registration Form
Please fill this Google form after Registration
<https://forms.office.com/r/EafyEeeB5U>

Mr Mohit Sharma
Convener
Email : mohit.sharma@jaipur.manipal.edu
Mob. : 9424900728

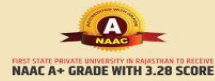


**MANIPAL UNIVERSITY
JAIPUR**

(University under Section 2(f) of the UGC Act)



**MANIPAL UNIVERSITY
JAIPUR**



Online Executive Development Program

Organised by

Department of Arts

School of Humanities & Social Sciences

on

Wellness of Being

Exploring Human Health and Wellness

13-17 June, 2022

Time 9AM-11AM



**Registration Fee
Rs. 300**

Payment Link

Interested participants can register themselves using below link

<https://www.payumoney.com/customer/users/paymentOptions/#!/1011F8DA7C0FCB5EC870FBB52B99DD08/EDPMANI2022/217344>

Registration Form

Please fill this Google form after Registration

<https://forms.office.com/r/EafyEeeB5U>

Mr Mohit Sharma

Convener

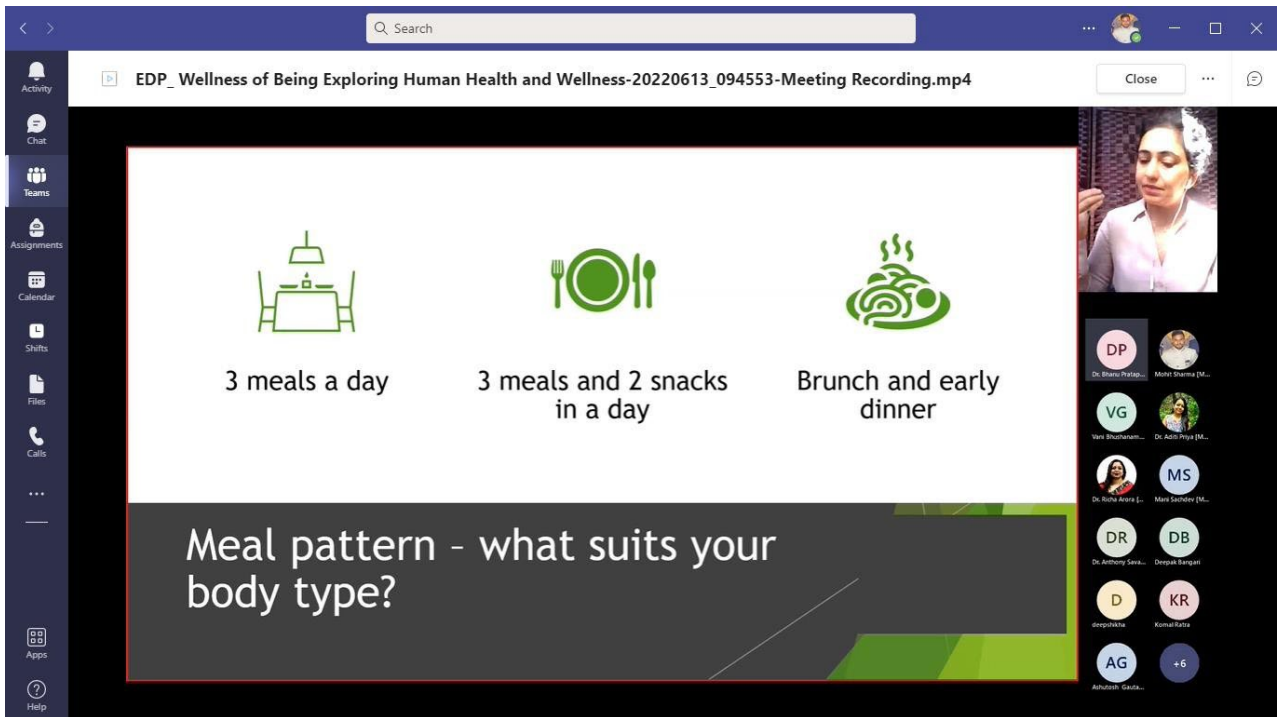
Email : mohit.sharma@jaipur.manipal.edu

Mob. : 9424900728

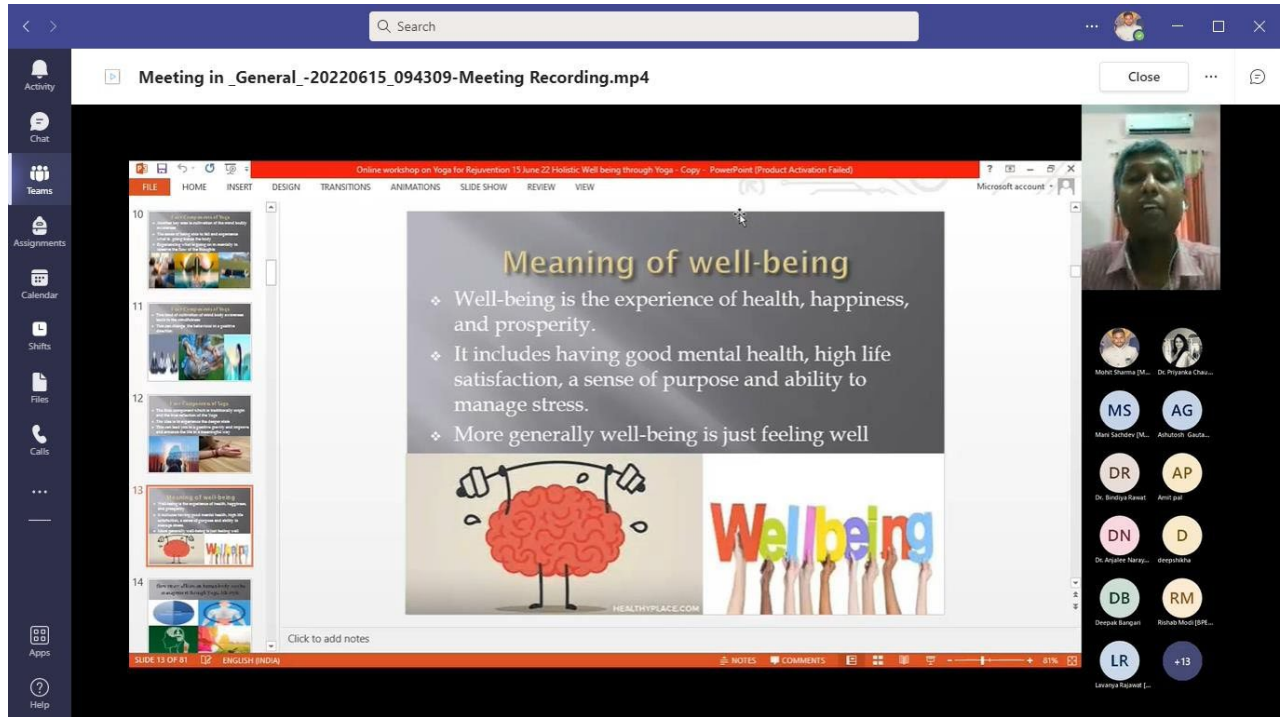
Photographs



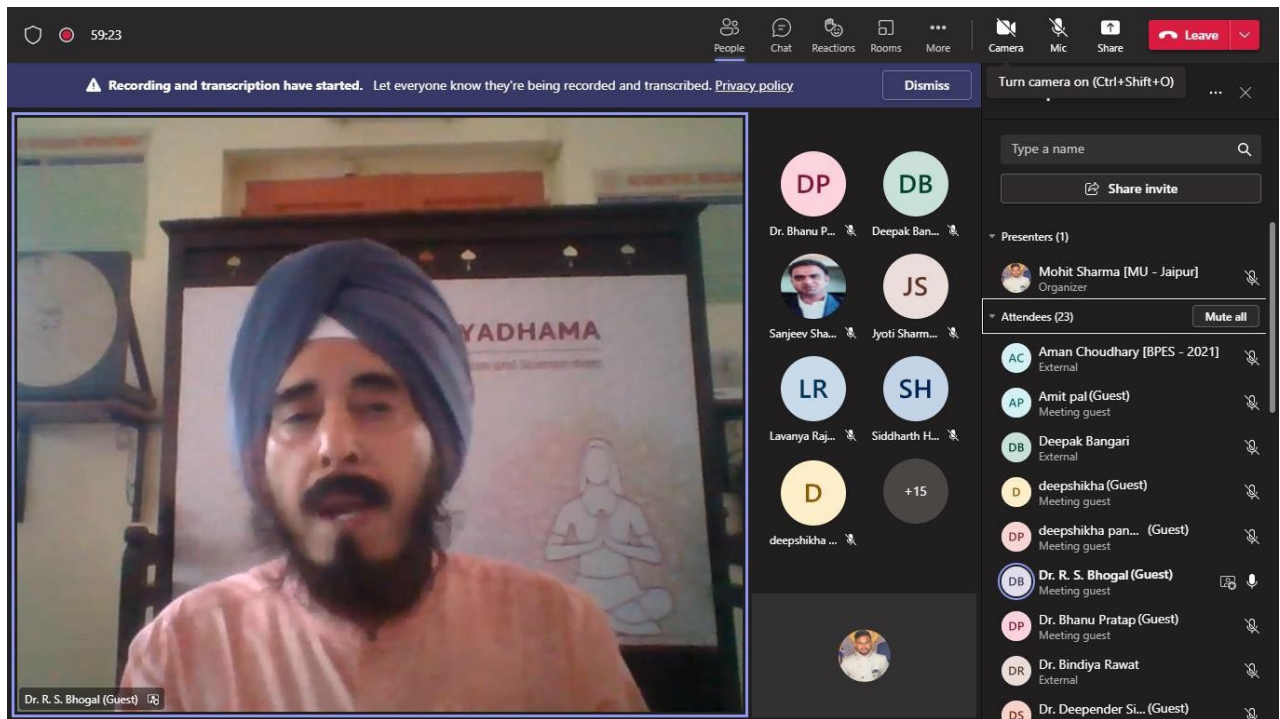
Guest speaker delivering her speech



Guest speaker describing the ideal meal plan for a body type



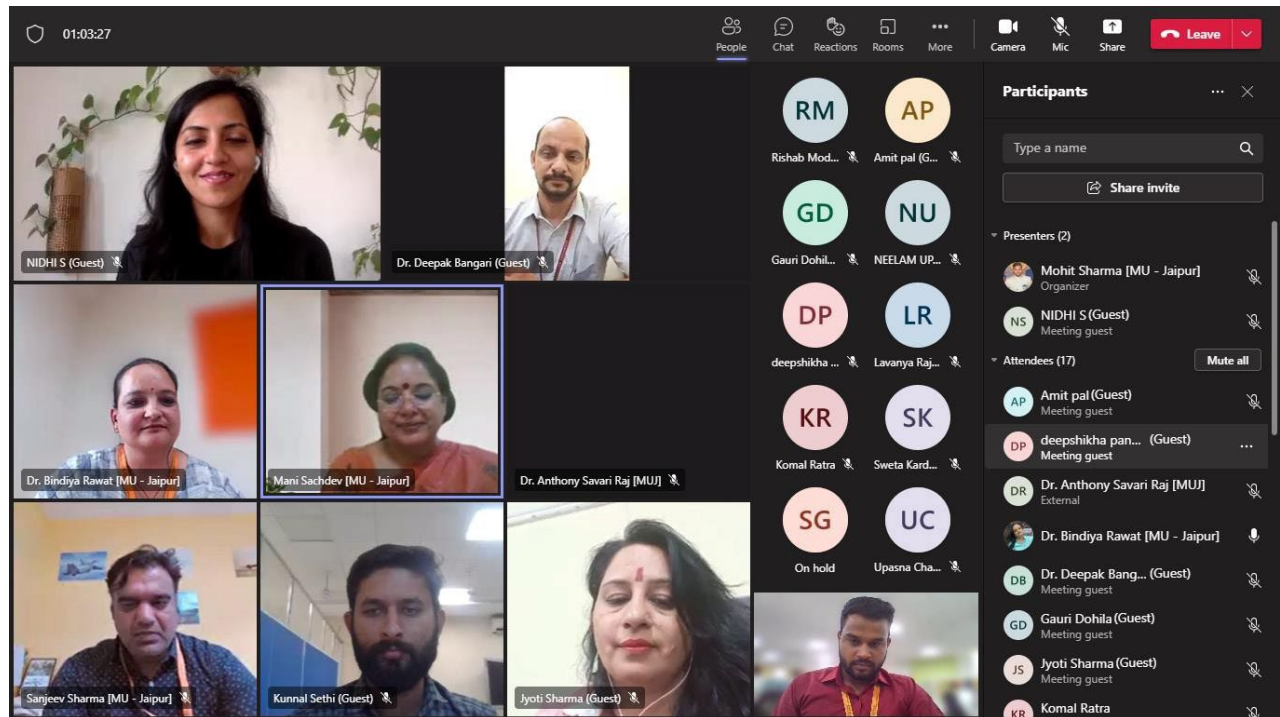
Second guest speaker explaining the meaning of well-being

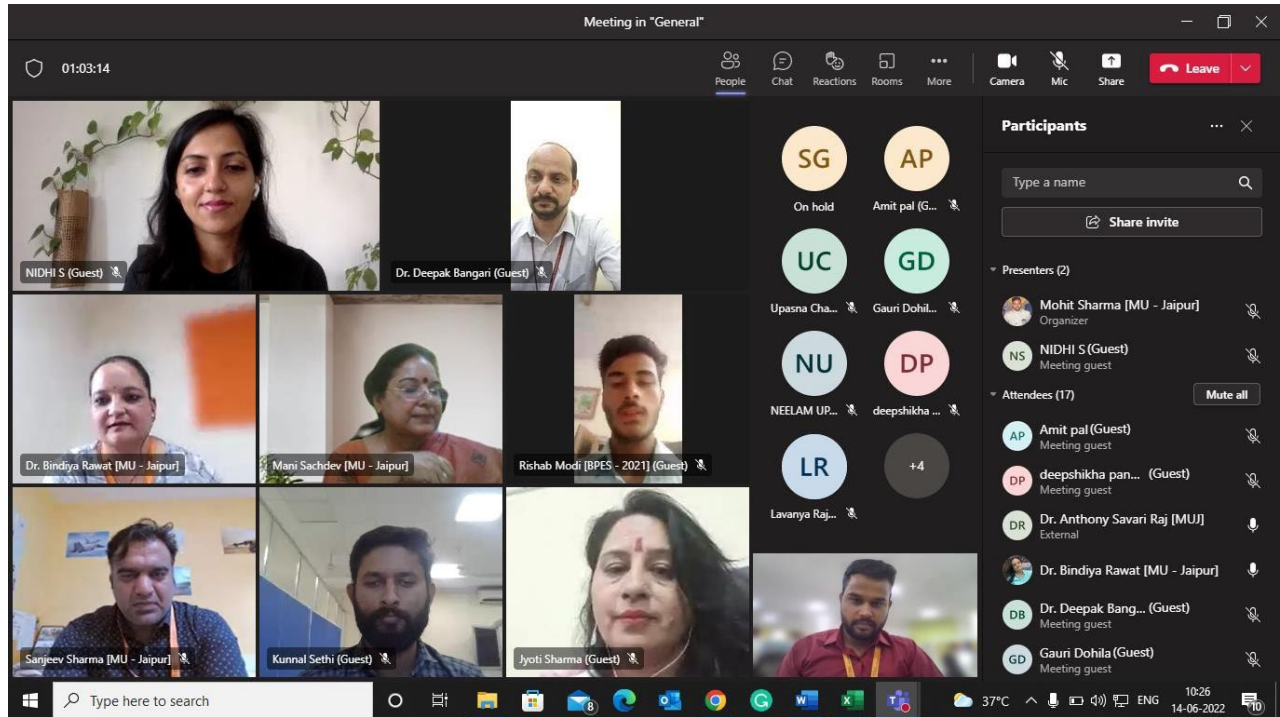


Third guest speaker delivering his lecture

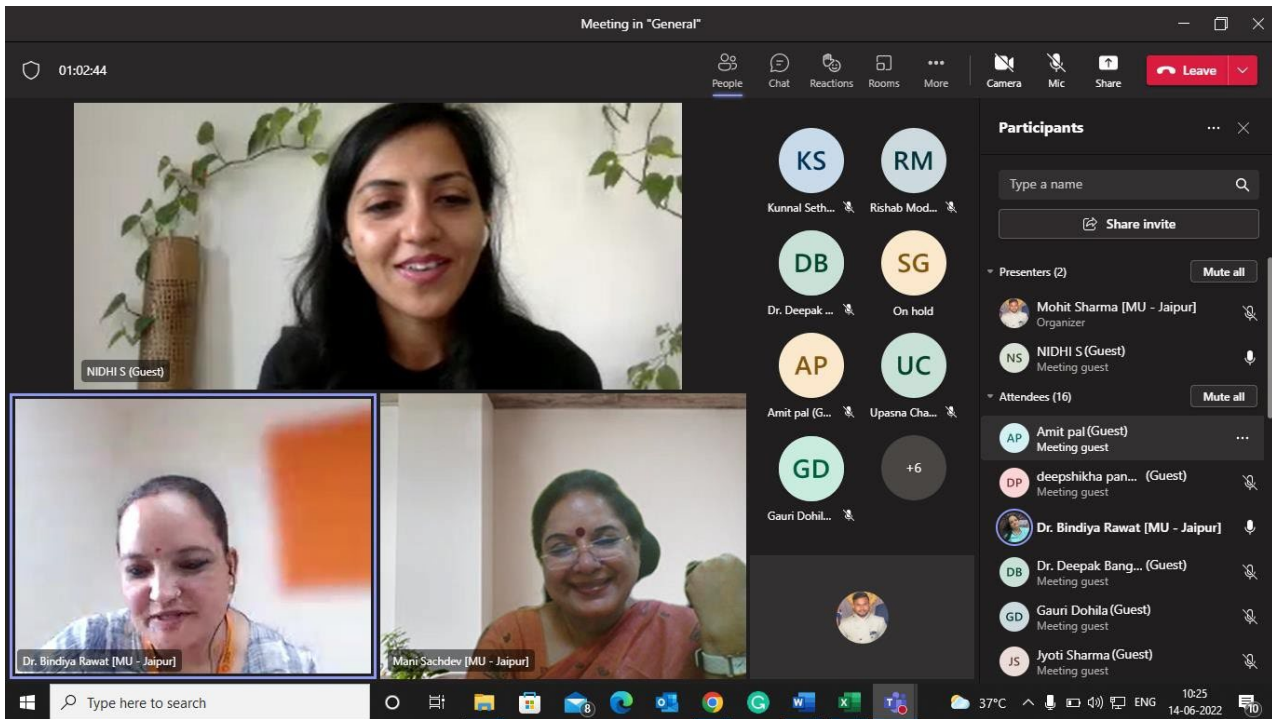


Participants listening to the lectures





Participants participating in the lectures



Guest speaker in conversation with department faculty

Syllabus covered :

AT1101 Foundation of Physical Education and Sports

[3 1 0 4]

Introduction: Definition, aim and objectives of physical education, principles of physical education, relationship of physical education with general education, misconceptions regarding physical education, how physical education help to achieve the aim of education. **Philosophical aspect of Physical Education:** Meaning of philosophy, different philosophies applied to physical education- Idealism, Pragmatism, Realism, Naturalism, Existentialism and Materialism, implication of different philosophies for physical education and sports. **Biological Concept of Physical Education:** Biological principles of physical education: growth and development- Meaning, difference, principles and various stages; heredity and environment-various theories and its effect on growth and development; body types and its classification; sex differences; chronological, physiological and anatomical ages. **Sociological Foundation:** Physical education & sports as a need of the society, sociological implications of physical education and sports, physical activities and sports as a cultural heritage, role of sports in national integration. **Psychological Foundation:** Meaning, definition, scope and importance of psychology, meaning of learning, laws of learning, theories of learning (trial and error, conditioned reflex insight theory, learning by imitation), factor affecting learning, different stages and plateau.

Reference:

1. Kamlesh, M.L. (1988). Physical Education Facts and foundations, Faridabad: PBPublications.
2. Barrow Harold, M. (1993). Man and movements principles of Physical Education, Philadelphia:Lea and Febiger.
3. Ravaness, R.S. (1978). Foundation of Physical Education. Boston USA: Houghton MillinCo.
4. Krishana Murthy, V. and Paramesara Ram, N. (1990). Educational Dimensions of Physical Education, New Delhi: Print India.
5. Singh, Ajmer et.al. (2008). Essentials of Physical Education, Ludhiana: Second revised Addition, Kalyani Publishers.

Introduction: Meaning and definition of anatomy and physiology; Need and importance in physical education and sports; Structure & function of Cell, Tissue & its types. **Skeletal and Muscular System:** General structure of bone, classification and functions of the bone, joints their structure and classification, various types of muscle and their functions, microscopic structure of skeletal muscle. **Cardiovascular and Respiratory System:** Organs of cardiovascular and respiratory system and their structure, mechanism of blood circulation and respiration, blood pressure, cardiac output, cardiac cycle, heart rate, pulse rate and athlete's heart, vital capacity, tidal volume, dead space, oxygen debt and second wind **Nervous and Endocrine System:** Parts of the brain, their structure and function, Spinal cord its structure and function, structure of neuron and its types, reflex action and reflex arch, structure and function of various types of endocrine glands and their location. **Excretory and Digestive System:** Structure and function of kidney, urinary tract and skin, microscopic structure of nephron-mechanism of urinary excretion, structure of digestive tract, mechanism of digestion, elements of food, digestion of food, action of various enzymes on food, assimilation and absorption of food, various glands of digestive system, their structure and functions.

Reference:

1. Pearc, E. (1989). Anatomy and Physiology for Nurses, Delhi Oxford University Press.
2. Parrot, J.W. (1973). Anatomy for the students and Teachers of Physical Education, London: Edward Arnold Ltd.
3. Miller, A. and Leavel L.C, (1973). Anatomy and Physiology, New York: Amerind Publishing Co. Pvt. Ltd.
4. Singh Ajmer et.al. (2008). Essentials of Physical Education Ludhiana: Kalyani Publishers.
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AT1202 Sports Psychology

[3 1 0 4]

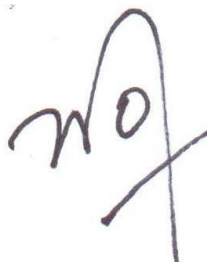
Introduction of Sports Psychology: Meaning, definition, scope and importance of sports psychology, development of sports psychology in India, psychological factors effecting physical performance, role of sports psychology in the field of physical education and sports. **Growth and Development:** Concept of growth and development: Physical, mental, social, intellectual and emotional development in infancy, later childhood and adolescence stages. **Motivation in Sports:** Meaning and definition of motivation need and drive, types of motivation, developing motivation and self-confidence, goal setting and motivation. **Personality:** Meaning and definition of personality, theories of personality, factors affecting personality development, role of physical education and sports in the development of personality. **Anxiety and Stress:** Sources of anxiety and stress, emotional states and their effect on performance, dimensions and theories of aggression (biological and psychosocial), factors promoting aggression, aggression and violence in sports.

Teams link :

<https://teams.microsoft.com/l/meetup-join/19%3adV8FzpEd8ZuoHqytjU8ksGI32weRSOinlrPPJO8edao1%40thread.tacv2/1655392430716?context=%7b%22Tid%22%3a%22a1608842-8390-4bfb-90af-89ae3ab30761%22%2c%22Oid%22%3a%221041bbee-e5dd-4a3c-8d7f-8a222e047733%22%7d>

MUJ weblink:

<https://jaipur.manipal.edu/muj/news-events/events-list/wellness-of-being-exploring-human-health-and-wellness.html>



Dr. Mani Sachdev
Head, Department of Arts
Manipal University Jaipur

Seal and Signature of HOD



DIRECTORATE OF STUDENTS' WELFARE

Online fun activity The Joey Trivia-ni

Fun Filled Event

HUMAN RIGHTS CELL

ONLINE EVENT

Platform:

Date of Event (12th August2022)

(7:00 PM- 8:30 PM)

Index

S.No.	Activity Heads	Page no.
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2.	Objective of the Event	3
3.	Beneficiaries of the Event	3
4.	Brief Description of the event	3
5.	Photographs	3-5
6.	Brochure or creative of the event	5
7.	Schedule of the Event	5
8.	Attendance of the Event	6
9.	Link of MUJ website	6

1. Introduction of the Event

Human rights cell, Manipal University Jaipur is organizing an event for the fun filled the name of the event is “JOEY TRIVIA-NI “. It is an online event that would be conducted on Microsoft Teams. It is a non-academic fun event cum ice braking activity that will include a trivia based on Bollywood movies, memes and OTT shows and series.

2. Objectives of the Event

The aim of the event is to conduct a lively interactive session among the students and try out how well they remember the shows and movies they watch and stream on OTTs. It is also aimed to let them explore their minds, how quick witted it is.

3. Beneficiaries of the Event

MUJ Students

4. Brief Description of the event

The Human Rights Cell, School of Law, Manipal University Jaipur organized the trivia contest titled “JOEY TRIVIA-NI “on 12th August 2022 starting 7:00 p.m. The students were divided into the 5 teams based on the registrations. In the event there were three rounds.

Round 1 Bollywood round

Round 2 Netflix & OTT round

Round 3 Pictionary

Each team got 15 seconds to answer the question (who raises the hand first) and for the right answer team got the 10 points.

5. Photographs



Fig1. Question from round 3



Fig 2. Question from round 2

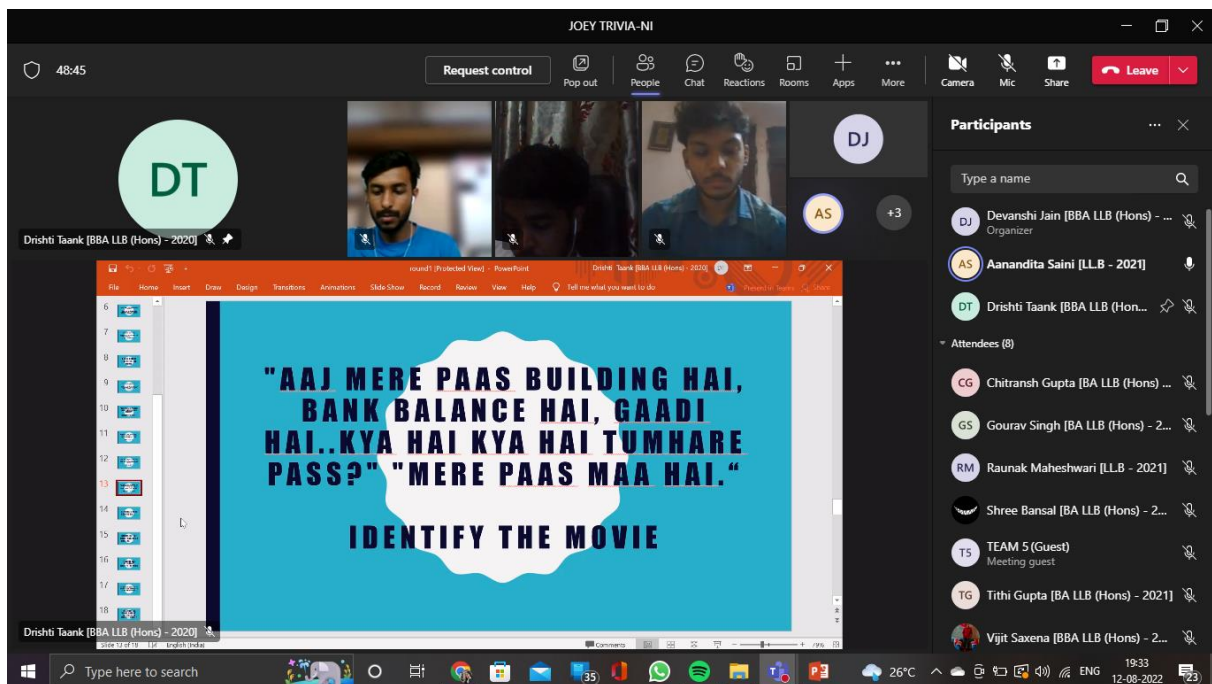


Fig3. Question from round1

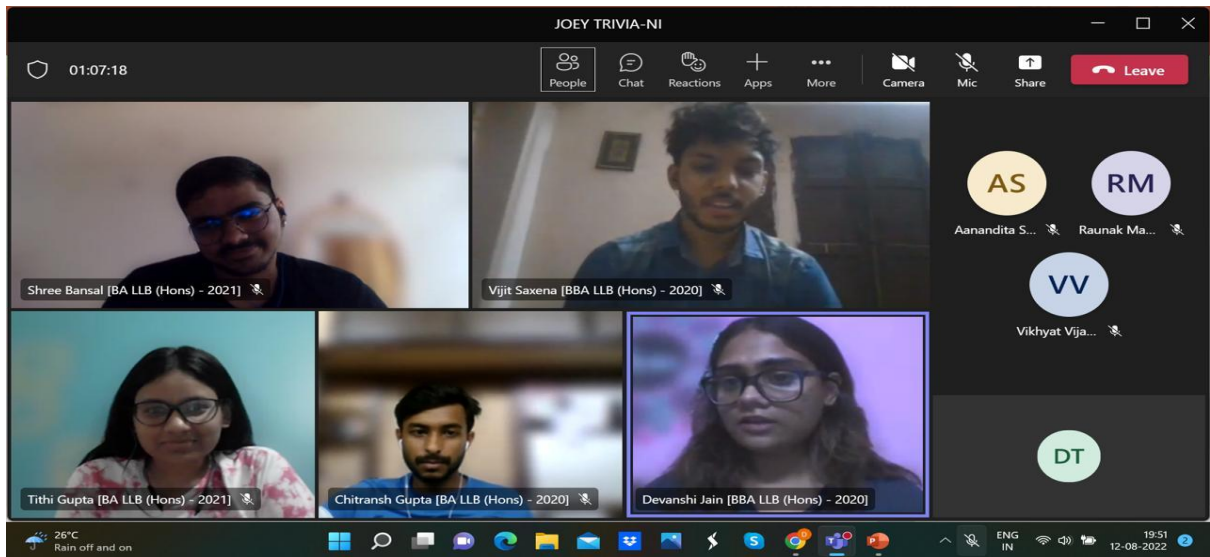
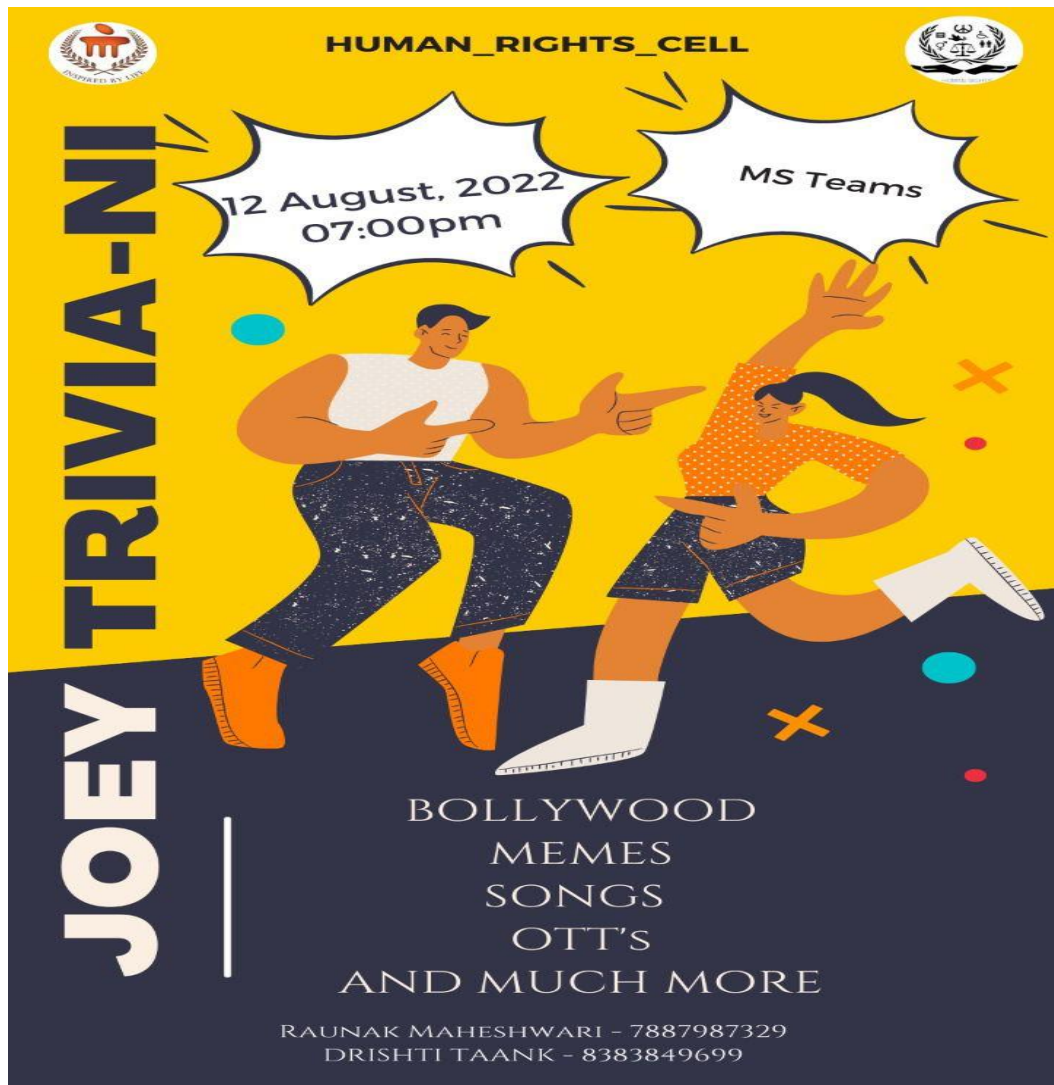


Fig 4. Interaction among the teams

6. Brochure or Creative of the Event





7. Schedule of the event

The event was held on the 12th August 2022 from 7:00 PM- 8:00 PM

8. Attendance of the event: 13

Name	Registration No	WhatsApp No	Outlook Id	Course
Ojaswee Singh Rathore	211305060	9456592982	ojaswee.211305060@muj.manipal.edu	BBA LLB
Madhur Pareek	211305053	8619015358	madhur.211305053@muj.manipla.edu	BBA LLB
Pratiksha	211305022	8969522149	pratiksha.211305022@muj.manipal.edu	BBA LLB
Dewang	211301043	8290564894	Zinc.211301043@muj.manipal.edu	BA LLB
Vijit saxena	201305037	7665022555	Vijit.201305037@muj.manipal.edu	BBA. LLB
Bhavya Pareek	201305038	9468514415	bhavya.201305038@muj.manipal.edu	BBA LLB
Chitransh Gupta	201305064	9664359392	chitransh.201305064@muj.manipal.edu	BBA LLB
Timisha Chauhan	201305050	8005613637	Timisha.201305050@manipal.muj.edu	BBA LLB
Uddhavraj singh shaktawat	211301075	9664226638	Uddhavraj.211301075@muj.manipal.edu	Ballb
gourav singh	211301059	9649939141	gourav.211301059@muj.manipal.edu	BA.LLB
Tithi Gupta	211301105	8826130190	tithi.211301105@muj.manipal.edu	BALLB(hons)
Shree bansal	211301086	9839649973	shree.211301086@muj.manipal.edu	Ba-llb
Kushagra Pareek	201305039	6377125064	kushagra.201305039@muj.manipal.edu	BBA LLB

9. Post event link <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>

Signature of the Student Coordinator

Signature of the Faculty Coordinator

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs

MUJ/DSW/Student Clubs/2022/LexLawgical Club MUJ/15th August



DIRECTORATE OF STUDENTS' WELFARE

UNMUKT

The 75th Independence Day Event

LexLawgical Club, Manipal University Jaipur

Date of Event (15th August 2022)

(Platform: Google Meet)

Index

S.No.	Activity Heads	Page no.
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4.	Brief description of the event	3
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6.	Brochure or creative of the event	8
7.	Schedule of the Event	9
8.	Attendance of the Event	9

Introduction of the Event,

LexLawgical Club, Manipal University Jaipur organized “UNMUKT” on 15th August 2022, on the occasion of 75th Independence Day of India. The event was a tribute to the hard-earned independence. All the students of the school of law and Manipal University Jaipur were invited to participate and witness the joyful occasion and experience the festivities within the MUJ community.

Objectives of the Event

- To celebrate the Independence Day.
- To promote the theme of this year’s Independence Day, *“This Independence Day - celebrate the freedom of speech. Celebrate the freedom of thoughts. Celebrate the freedom of Art”*.
- To provide students a platform to express their artistic expertise.

Beneficiaries of the Event

- The participants and attendees of School of Law, Manipal University Jaipur.

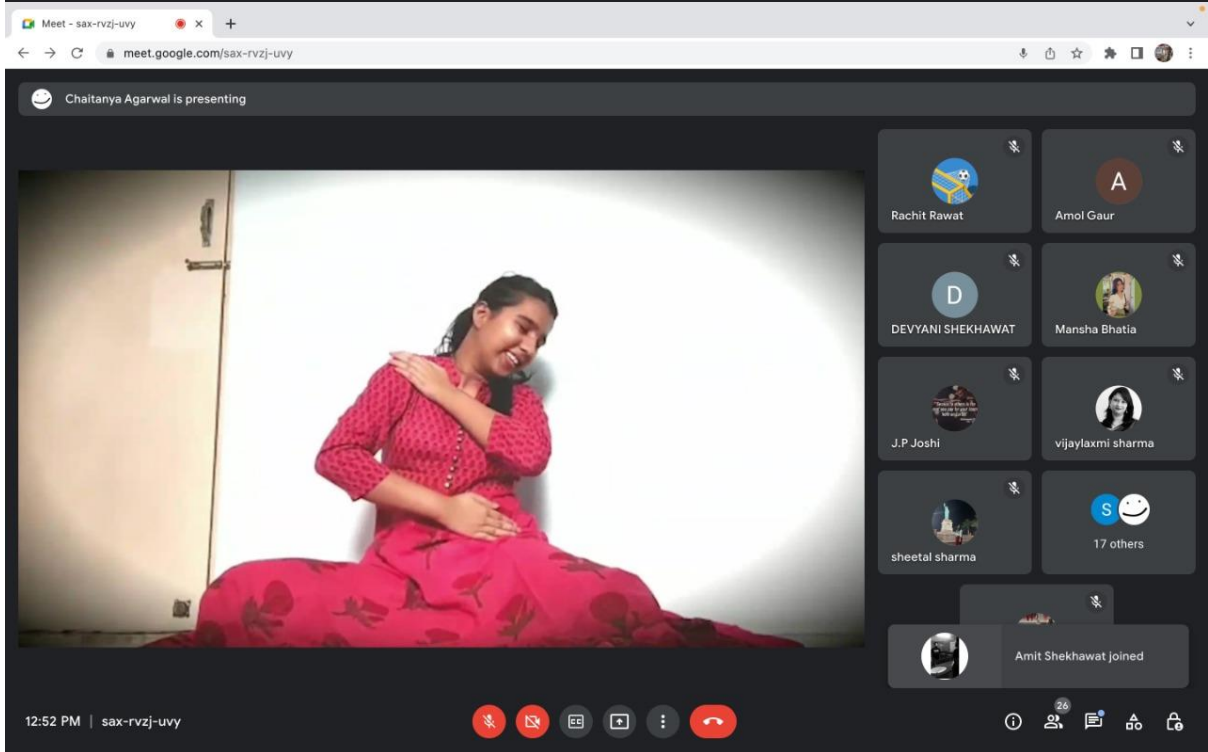
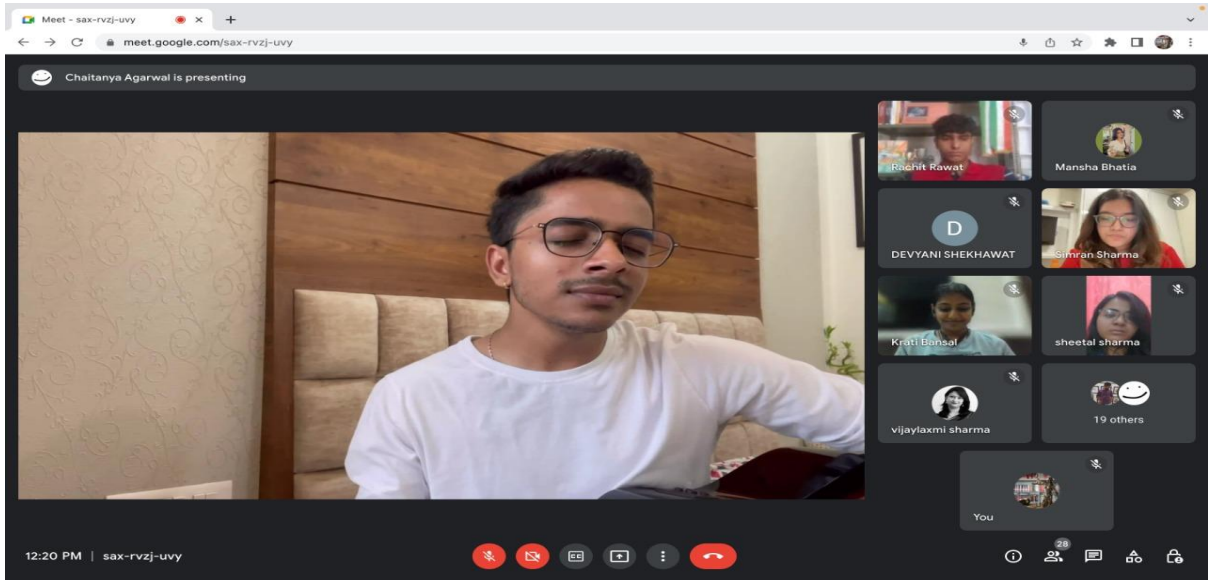
Brief Description of the event

The event was coordinated by Amit Yadav (Faculty Coordinator, LexLawgical Club) and Mansha Bhatia (President, LexLawgical Club). The moderators of the event were Simran Sharma, Devyani Shekhawat and Rachit Rawat. The event began with a brief description about the Independence Day, followed by the words of wisdom by Dr. Vijaylaxmi Sharma (Professor and Director, School of Law), who graced the occasion with her presence.

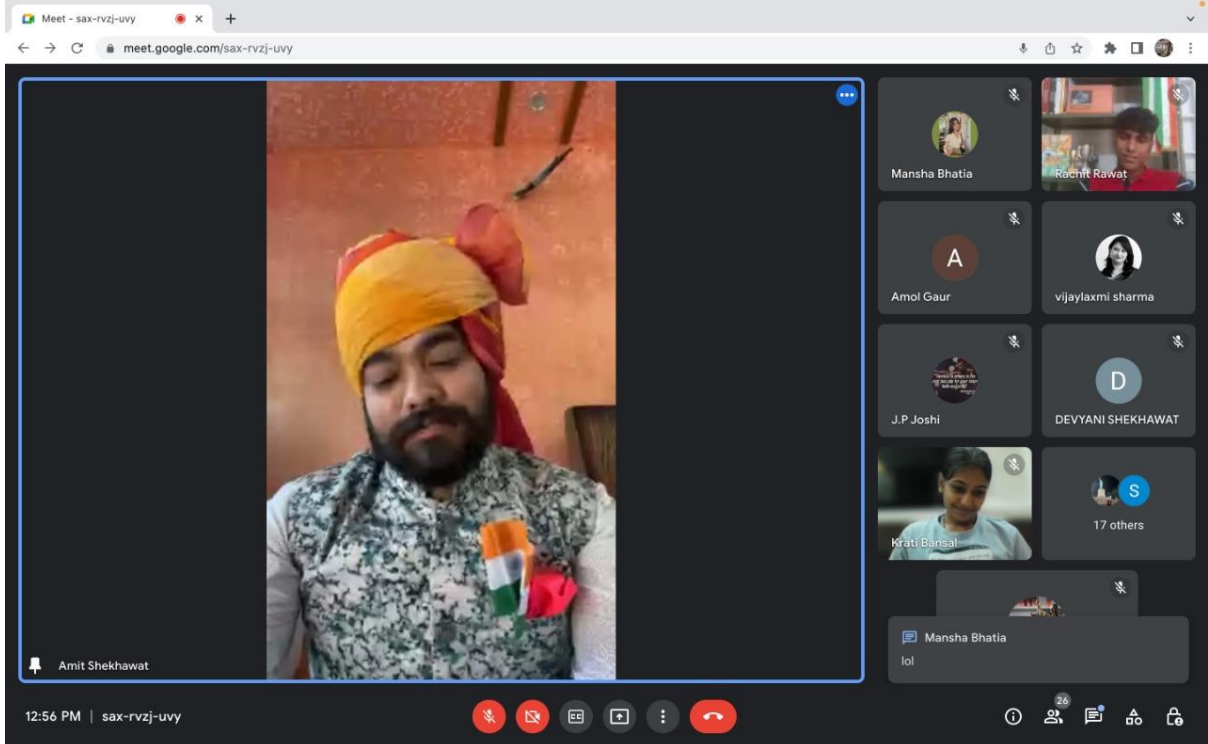
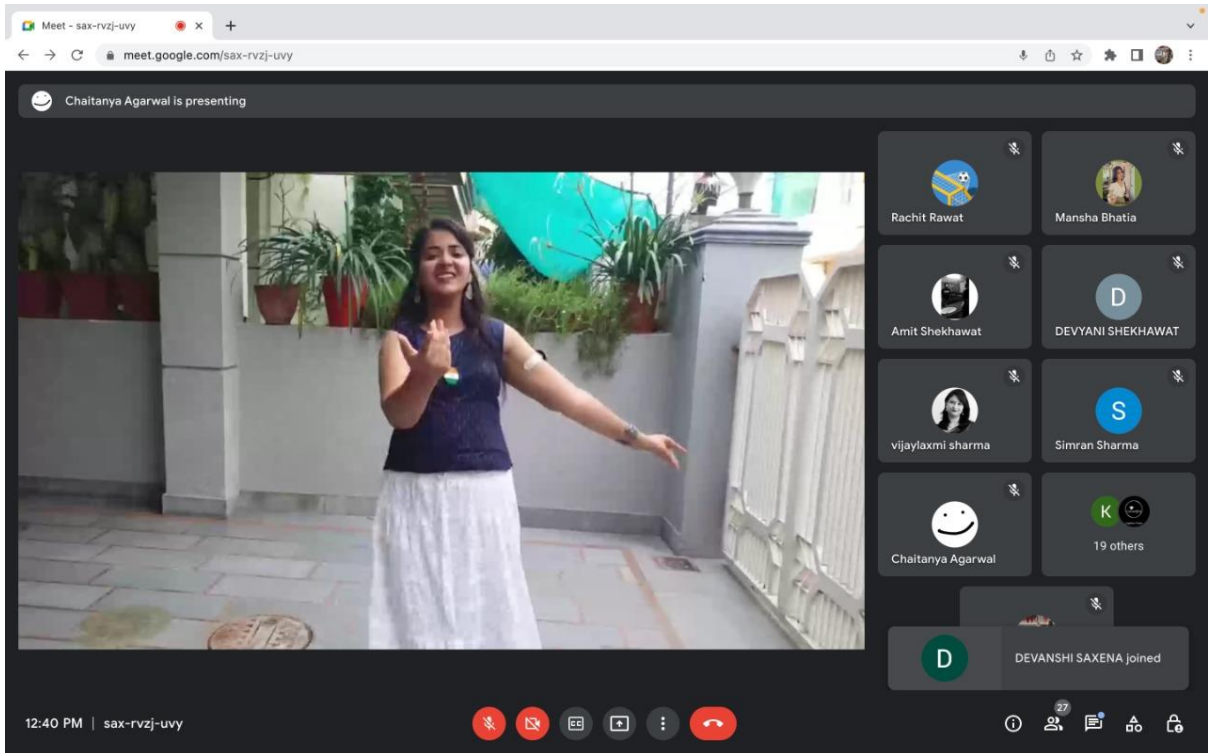
The event then successfully conducted various performances by the participants. The performances were based on various artistic domains such as singing, dancing, poetry reciting, monologue and many more. Their performances reflected the very essence of freedom and love for the country. The event concluded after the vote of thanks.

It was a skilful and dynamic event that gave the participants a wonderful platform to demonstrate their talents and artistic skills. The participants performed with utmost zeal and enthusiasm.

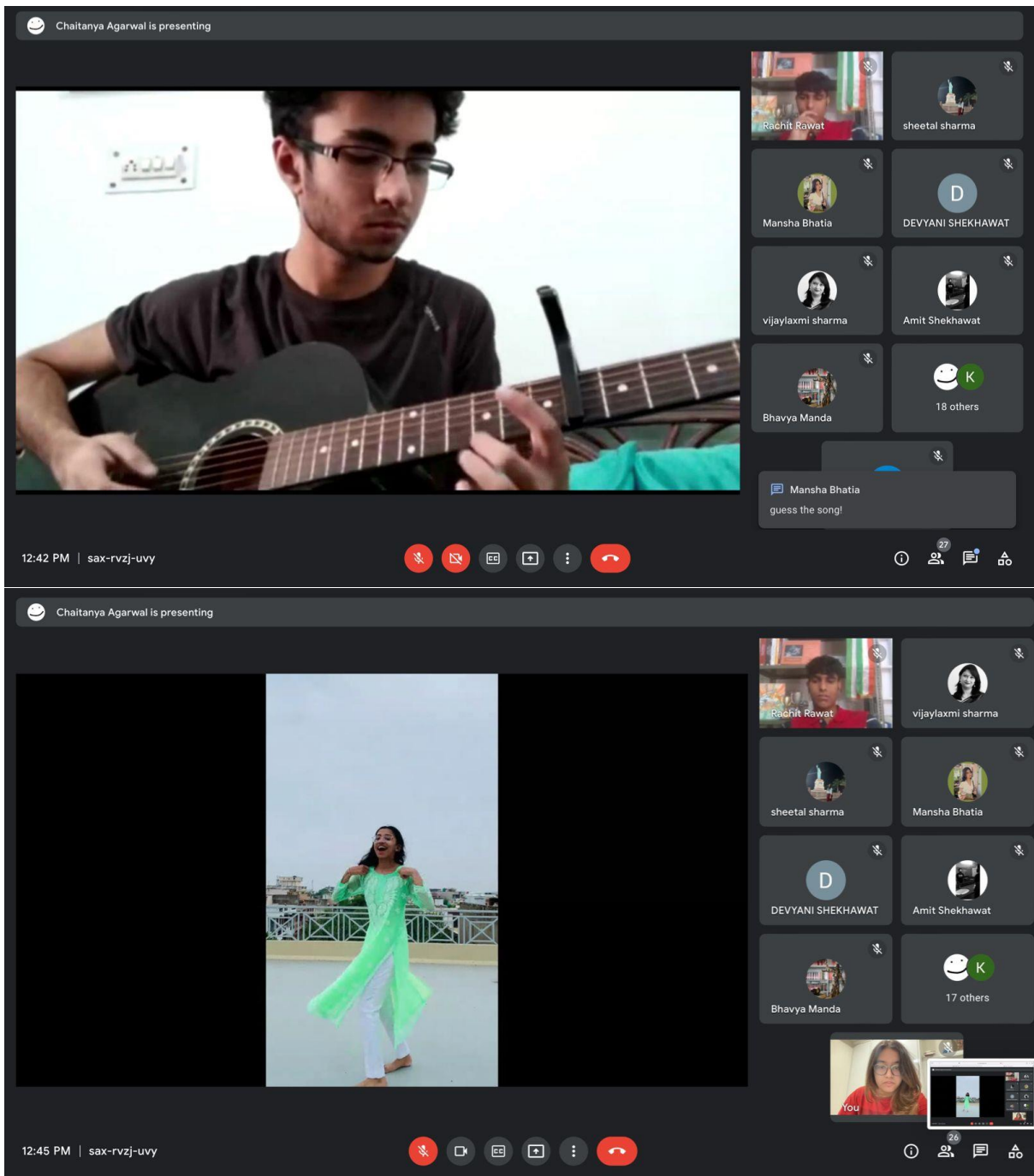
Photographs



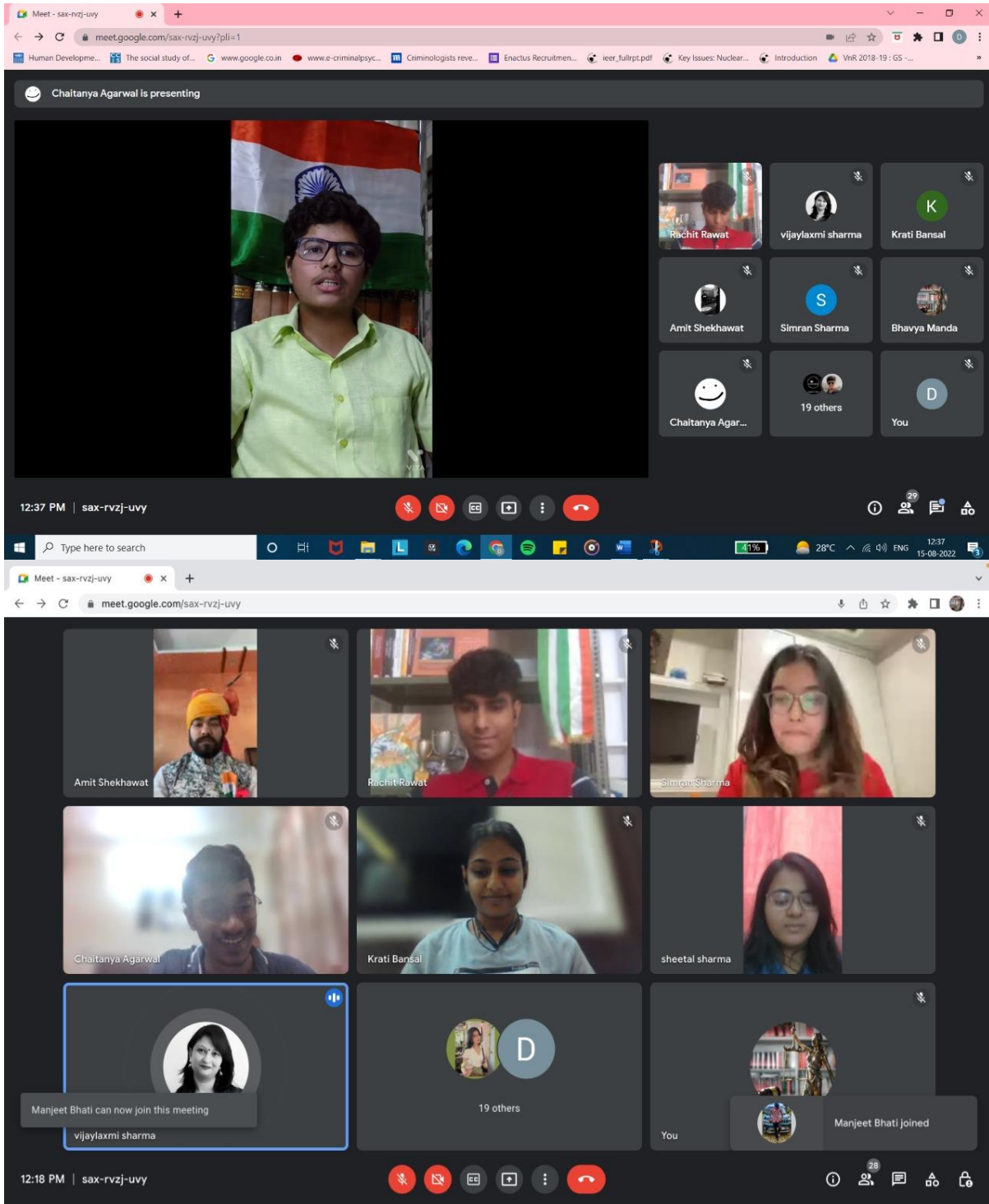
Photographs of event



Photographs of event

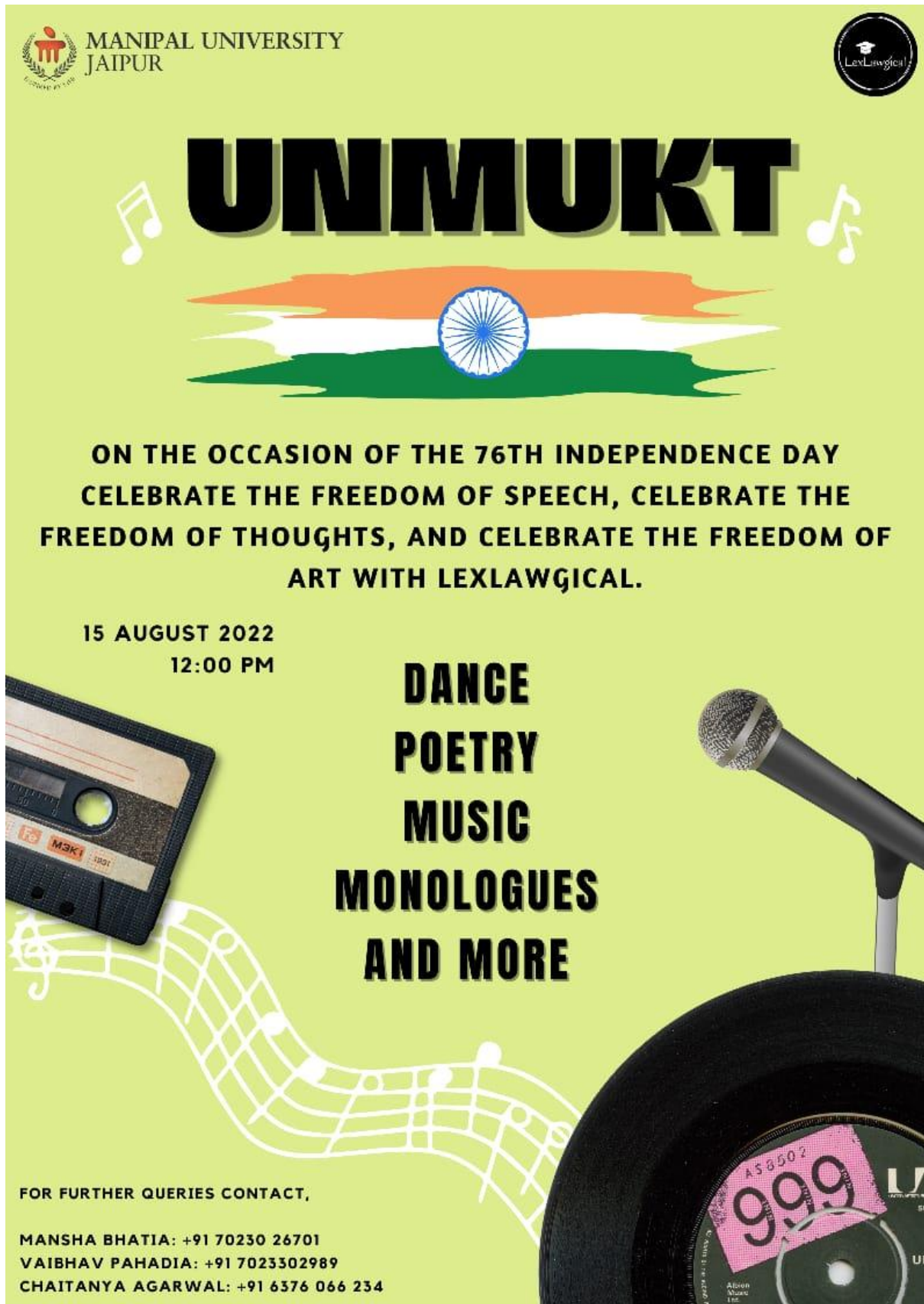


Photographs of event



Photographs of event

Brochure or Creative of the Event



The brochure features a light green background with a stylized Indian national flag in the center. The word 'UNMUKT' is written in large, bold, black letters. Below the flag, there is a text block in all caps. The date and time are listed below that. The central text lists the event activities. At the bottom left, there is contact information. At the bottom right, there is a microphone and a vinyl record with a price tag.

MANIPAL UNIVERSITY
JAIPUR

LexLawgical

UNMUKT

ON THE OCCASION OF THE 76TH INDEPENDENCE DAY
CELEBRATE THE FREEDOM OF SPEECH, CELEBRATE THE
FREEDOM OF THOUGHTS, AND CELEBRATE THE FREEDOM OF
ART WITH LEXLAWGICAL.

15 AUGUST 2022
12:00 PM

**DANCE
POETRY
MUSIC
MONOLOGUES
AND MORE**

FOR FURTHER QUERIES CONTACT,
MANSHA BHATIA: +91 70230 26701
VAIBHAV PAHADIA: +91 7023302989
CHAITANYA AGARWAL: +91 6376 066 234

Schedule of the event

The event was organised on 15th August 2022 on Google Meet.

Attendance of the event: 30

Error!

S.No.	Name
1.	A Rathore
2.	Aashi Jain
3.	Aditya Pratap Singh
4.	Amit Shekhawat
5.	Amol Gaur
6.	Bhavya Pareek
7.	Chaitanya Agarwal
8.	Chitransh Gupta
9.	Devanshi Saxena
10.	Devnit Jain
11.	Devyani Shekhawat
12.	Himanshi Sharma
13.	Hiteshi Vyas
14.	Jaisal Rajawat
15.	Khushi Jain
16.	Komal Mathur
17.	Krati Bansal
18.	Kushal Sharma
19.	Mansha Bhatia
20.	Mukund Maheshwari
21.	Nihit Mathur
22.	Parth Khandelwal
23.	Rachit Rawat



24.	Roshni Shamnani
25.	Sheetal Sharma
26.	Shiv Sharma
27.	Shrotapanna Mishra
28.	Simran Sharma
29.	Vaibhav Pahadia
30.	Vivek Raj

Mansha Bhatia

Mansha Bhatia
(President, LexLawgical Club,
MUJ)

Amit Yadav

Amit Yadav
(Faculty coordinator, LexLawgical
Club, MUJ)

<p>DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	<p><i>Arun Kumar Poonia</i> Dr. Arun Kumar Poonia Asst. Director, DSW Clubs</p>
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Event Report

by

Human Rights Cell

Manipal University Jaipur

TRIBAL RIGHTS TALK SHOW ON

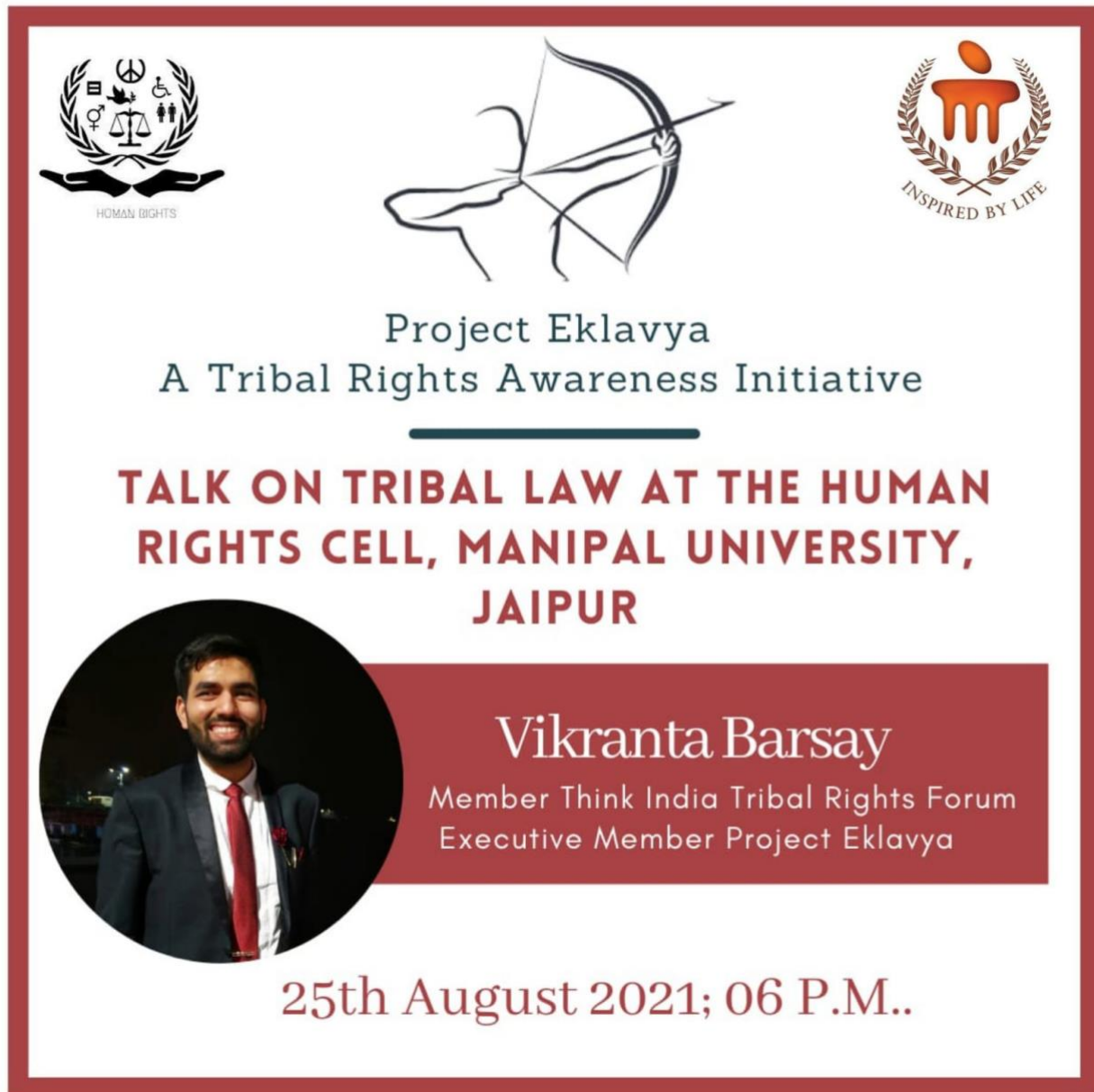
25TH AUGUST, 2021

Platform: Google Meet

1. Weblink:

<https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS/Human-Rights-Cell.html>

2. Brochure of the Event



The brochure features a red border and contains the following elements: a Human Rights logo with symbols for peace, equality, and justice; a logo for Project Eklavya showing a hand holding a bow and arrow; a logo for 'INSPIRED BY LIFE' with a stylized human figure; the text 'Project Eklavya A Tribal Rights Awareness Initiative'; the event title 'TALK ON TRIBAL LAW AT THE HUMAN RIGHTS CELL, MANIPAL UNIVERSITY, JAIPUR'; a circular portrait of Vikranta Barsay; his name and titles 'Member Think India Tribal Rights Forum' and 'Executive Member Project Eklavya'; and the date and time '25th August 2021; 06 P.M..'

Project Eklavya
A Tribal Rights Awareness Initiative

TALK ON TRIBAL LAW AT THE HUMAN RIGHTS CELL, MANIPAL UNIVERSITY, JAIPUR

Vikranta Barsay
Member Think India Tribal Rights Forum
Executive Member Project Eklavya

25th August 2021; 06 P.M..

3. Event schedule: 25th August 2021 (6 pm)

4. List of Programs conducted (if any): N/A

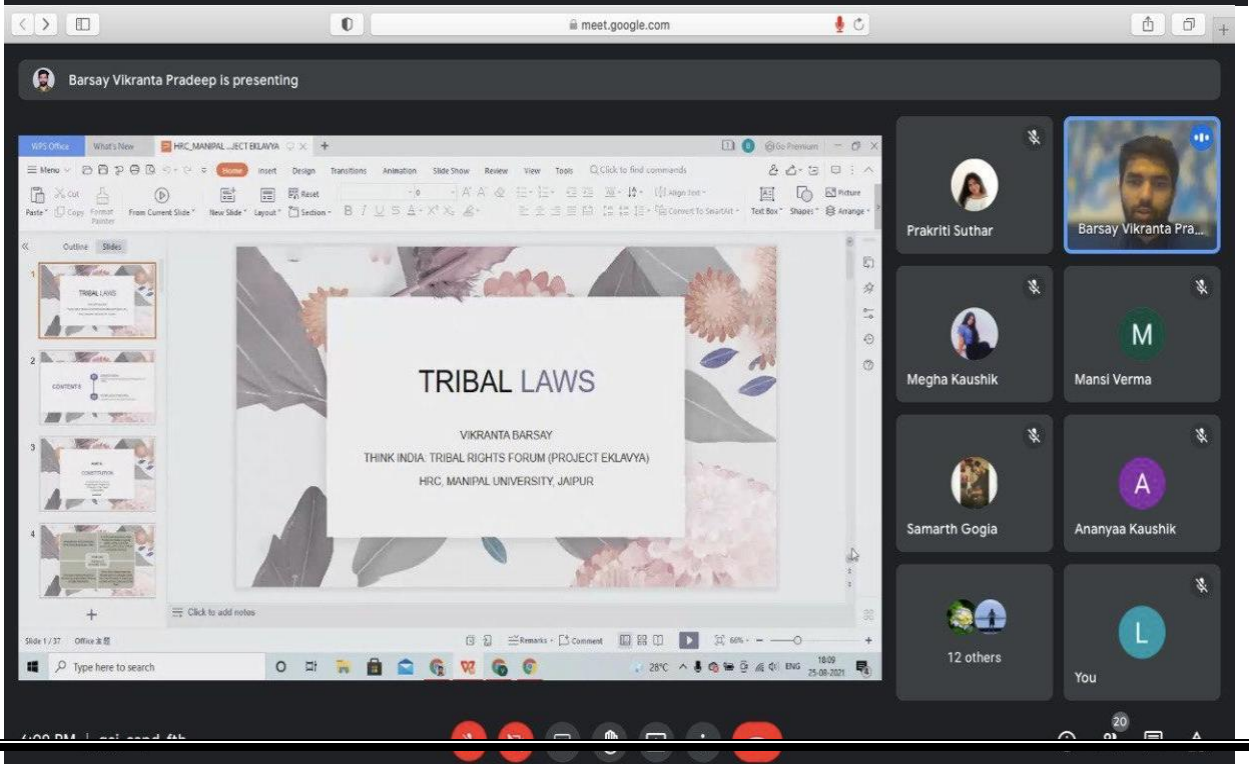
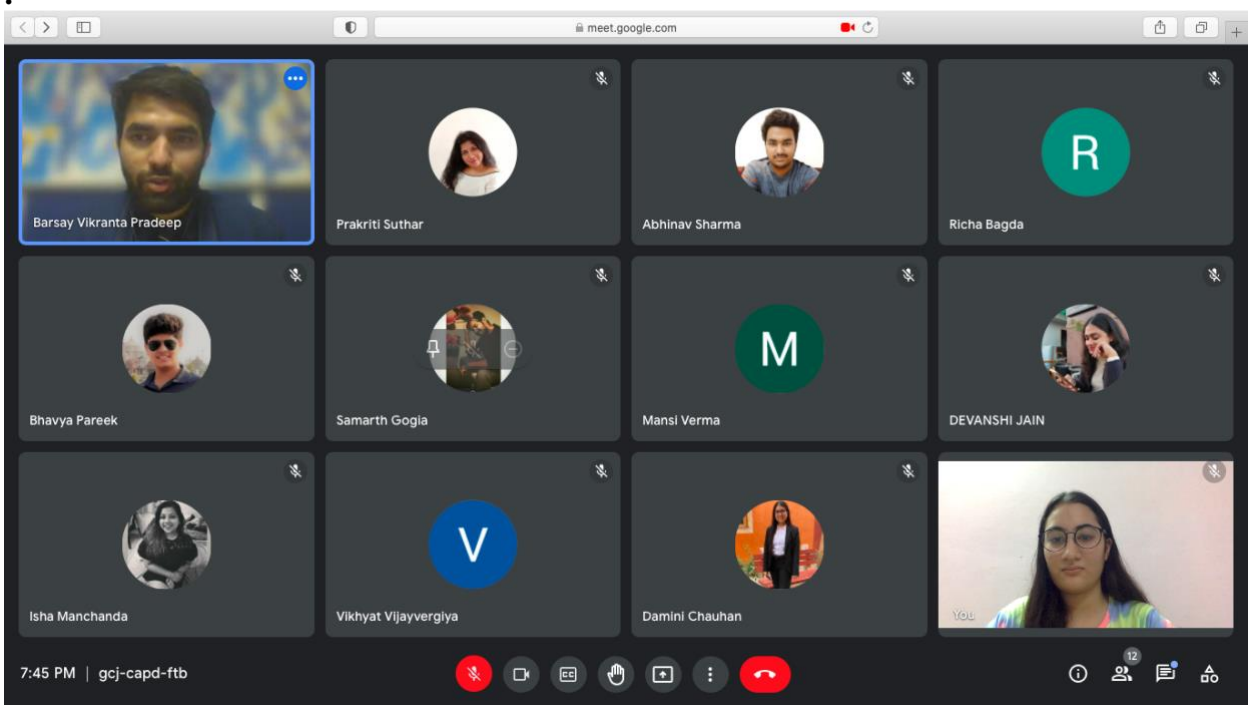
5. Report of the Event –

Human Rights Cell, Manipal University Jaipur collaborated with the Think India Tribal Rights Forum for an event which was held on 25th August 2021. The topic of the event is Tribal Rights. The main motive of this session was to make people aware about the legislative

rights of tribal. It also aimed to create awareness regarding the tribal community so that people can empathize with Tribes and work for their upliftment.

The name of the speaker is Vikranta Barsay who is a member of Think India Tribal Rights Forum and Executive Member of Project Eklavya. It is an online event which will be held on Google Meet at 6

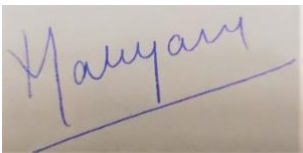
The moderator for the event was Ms. Labdhi Jain. The introduction and vote of thanks was delivered by her.



6. Faculty Coordinator: Dr. Maryam Ishrat Beg, Associate Professor, School of Law

7. Attendance of the Event: The List has been attached in the folder.

Regards,

A handwritten signature in blue ink that reads "Maryam". The signature is written in a cursive style and is positioned above a horizontal line.

Dr. Maryam Ishrat Beg

Associate Professor, School of Law

(Faculty Coordinator)

A handwritten signature in blue ink that reads "Megha Kaushik". The signature is written in a cursive style and is positioned above a horizontal line.

Ms. Megha Kaushik

President, Human Rights Cell



**MANIPAL UNIVERSITY
JAIPUR**

MUJ/Q&C/021/F/1.01

Event Report Format

**Faculty of Arts
Department of Psychology
School of Humanities & Social Sciences
Society Connect**

In Collaboration with
Directorate of Student Welfare

**Date of Event:
9th November 2022**

Dr. Bhavana Arya
HoD, Psychology



MANIPAL UNIVERSITY JAIPUR

Content of Report

1. Introduction of the Event
2. Objective of the Event
3. Beneficiaries of the Event
4. Brief Description of the event
5. Photographs
6. Attendance



MANIPAL UNIVERSITY JAIPUR

- 1. Introduction of the Event:** The Event took place on 9th November 2022 at Aashray Care Home from 2:00 PM to 4:00 PM. To spread awareness about the importance of menstrual hygiene and mental health, the event involved a combination of participative activities, videos, and small talks.
- 2. Objective of the Event:** The objective of this social connect program was to create awareness about menstrual hygiene at Aashray Care homes Jaipur.
- 3. Beneficiaries of the Event**
Female orphans who are residing at Ashray Care Home.
- 4. Brief Description of the event**
The aim of this social connect program is to create awareness about menstrual hygiene at Aashray Care homes Jaipur. Volunteers from all semesters (BA/BSc Psychology and MSc Clinical Psychology) visited Aashray. The event began with getting acquainted with the audience for the day, i.e., the kids at Aashray Care Home. They were then briefed about what is Mental Health and why is it important. A small video was also shown to them to highlight all aspects of menstrual hygiene. Interactive fun activities such as blowing balloons and hand painting were also organised. Sanitary Napkins were donated to the young girls at the organisation. In the end, everyone danced to playful music and beats to just enjoy.
- 5. 3 to 5 photographs of the event or screenshots of the event**





MANIPAL UNIVERSITY JAIPUR





Attendance of Students

1. Shruti Jain
2. Ashi Mourya
3. Priyanka Saini
4. Rohini Newar
5. Janhvi Mishra
6. Hanupriya
7. Anisha
8. Manasi Sudindra
9. Amithi
10. Nikeeta Chaudhary
11. Sabiha
12. Nandini Sehgal
13. Akanksha Jha
14. Astha Gautam
15. Kruti Patil
16. Trishita Banerjee
17. Ananya Puranik
18. Betzy
19. Kashish Chadha
20. Pranali Gupta
21. Aditi

Dr. Bhawna Arya
HoD, Department of Psychology
School of Humanities and Social Sciences
Manipal University Jaipur

MUJ/Q&C/021/F/1.01

FACULTY OF LAW

SCHOOL OF LAW

DEPARTMENT OF LAW

NAME OF EVENT :

Juvenile House Visit

Type of Event : Juvenile House Visit, 2022

Date of Event : 11th October 2022



Content of Report (index)

1. Introduction of the Event
2. Objective of the Event
3. Beneficiaries of the Event
4. Details of the Guests
5. Brief Description of the event
6. Photographs
7. Brochure or creative of the event
8. Schedule of the Event
9. Attendance of the Event
10. News Publication
11. Feedback of the Event
12. Link of MUJ website

1. Introduction of the Event

The Team of Legal Aid Clinic organized a Juvenile House Visit to KishorGrah on 11th of October, 2022 to understand the problems they are facing and to see their living conditions.

2. Objective of the Event (bullet points or about 50 words)

The primary objective of this event was to help the Juveniles with some legal awareness, and to see what are the situations in which they are kept. At last they are also humans , So the Team of Legal Aid Clinic provided them with some refreshments and talked to them on personal level.

3. Beneficiaries of the Event (Student/Faculty/Community etc) (25 words)

The Juveniles present there in the kishor Grah were the beneficiaries of the event.

4. Details of the Guests : NA

5. Brief Description of the event (about 200 words)

Legal Aid Clinic, Manipal University, Jaipur organized a Juvenile Justice House Visit for its members at Juvenile Board 01, 02 located in Raja Park. The students of the Clinic donated stationery and food items to the Juveniles and conducted a survey to find out their living conditions and other subject matters.

"I believe the purpose of Juvenile Law is to provide a structure where troubled kids can reform themselves and mature into better citizens." - Judge Sim Eunseo

6. 3 to 5 photographs of the event or screenshots of the event (if online) with captions:



A Photograph with the Superintendent of Juvenile House, Mr. Manoj Gahlot.

7. Brochure or creative of the event (insert in the document only):



8. Schedule of the event (insert in the report): NA

9. Attendance of the Event (insert in the document only): NA

Sr. No.	Name	Faculty / Student
1	Dr. Pankaj Kumar	Faculty Coordinator
2	Ms. Shruti Bitoliya	Faculty Coordinator
3	Riya Shukla	Student - BBALLB (Hons) 5th Semester
4	Navendu Vijayvergia	Student - BALLB (Hons) 5th Semester
5	Damini Chauhan	Student - BALLB (Hons) 5th Semester
6	Shreya Gautam	Student - BALLB (Hons) 5th Semester
7	Mihir Tripathi	Student - BBALLB (Hons) 5th Semester
8	Sarthak Bhatnagar	Student - BBALLB (Hons) 5th Semester
9	Anmol Bali	Student - BALLB (Hons) 3rd Semester
10	Shivanshi Sharma	Student - BALLB (Hons) 3rd Semester
11	Paavni Chadha	Student - BALLB (Hons) 3rd Semester
12	Alina Ali	Student - BALLB (Hons) 3rd Semester
13	Akanksha James	Student - LLB 3rd Semester
14	Ragini Gautam	Student - LLB 3rd Semester
15	Mr Divyang Tiwari	Student - BALLB (Hons) 7th Semester
16	Mr Rahul Roy	Student - BALLB (Hons) 7th Semester
17	Ms Tanya Bindal	Student - BALLB (Hons) 7th Semester
18	Ms Megha Kaushik	Student - BALLB (Hons) 7th Semester
19	Ms Omshikha Tanwar	Student - BALLB (Hons) 7th Semester
20	Mr Utkarsh	Student - BALLB (Hons) 7th Semester



Sr. No.	Name	Faculty / Student
21	Ms Amita Singh	Student - BALLB (Hons) 7th Semester
22	Ms Yatika Shekhawat	Student - BALLB (Hons) 7th Semester
23	Ms Jahanvi Solanki	Student - BALLB (Hons) 7th Semester
24	Mr Shubham Rathore	Student - BALLB (Hons) 7th Semester
25	Mr Kartik Bishnoi	Student - BALLB (Hons) 7th Semester
26	Mr Nikunj	Student - BALLB (Hons) 7th Semester
27	Mr Sachin Jangir	Student - BALLB (Hons) 7th Semester
28	Mr Raj	Student - BALLB (Hons) 7th Semester
29	Mr Ashok Bhukar	Student - BALLB (Hons) 7th Semester
30	Mr Vaibhav Sharma	Student - BALLB (Hons) 7th Semester
31	Ms Riya Sharma	Student - BALLB (Hons) 7th Semester
32	Ms Divya	Student - BALLB (Hons) 7th Semester
33	Mr Mahesh	Student - BALLB (Hons) 7th Semester
34	Mr Parash	Student - BALLB (Hons) 7th Semester
35	Mr Shubham Sharma	Student - BALLB (Hons) 7th Semester
36	Ms Pooja	Student - BALLB (Hons) 7th Semester
37	Ms Shobha	Student - BALLB (Hons) 7th Semester
38	Mr Pawanpreet	Student - BALLB (Hons) 7th Semester
39	Mr Bharat	Student - BALLB (Hons) 7th Semester
40	Ms Pratya	Student - BALLB (Hons) 7th Semester
41	Ms Kanak	Student - BALLB (Hons) 7th Semester
42	Ms Kritika	Student - BALLB (Hons) 7th Semester
43	Mr Aishwarya Pandey	Student - BALLB (Hons) 7th Semester
44	Ms Mohona Sarkar	Student - BALLB (Hons) 7th Semester
45	Ms Mansi Verma	Student - BBALLB (Hons) 7th Semester
46	Ms Isha	Student - BBALLB (Hons) 7th Semester
47	Ms Muskaan	Student - BBALLB (Hons) 7th Semester
48	Ms Shailja Gupta	Student - BBALLB (Hons) 7th Semester
49	Mr Gauransh	Student - BBALLB (Hons) 7th Semester
50	Ms Suhasini	Student - BBALLB (Hons) 7th Semester
51	Mr Pranshu	Student - BBALLB (Hons) 7th Semester
52	Ms Mrinal	Student - BBALLB (Hons) 7th Semester
53	Mr Jashraj	Student - BBALLB (Hons) 7th Semester
54	Ms Prakriti	Student - BBALLB (Hons) 7th Semester
55	Ms Neha Garg	Student - BBALLB (Hons) 7th Semester
56	Mr Bhavya	Student - BBALLB (Hons) 7th Semester
57	Mr Aditya Jain	Student - BBALLB (Hons) 7th Semester
58	Mr Amit Chandak	Student - BBALLB (Hons) 7th Semester
59	Mr Pranav Vyas	Student - BBALLB (Hons) 7th Semester
60	Mr Mayank Godara	Student - BALLB (Hons) 7th Semester
61	Mr Hiransh Kalla	Student - BALLB (Hons) 7th Semester
62	Mr Vaibhav Kumwat	Student - BALLB (Hons) 7th Semester
63	Mr Devendra	Student - BALLB (Hons) 7th Semester
64	Ms Himanshi	Student - BALLB (Hons) 7th Semester
65	Ms Chhavi	Student - BALLB (Hons) 7th Semester



Sr. No.	Name	Faculty / Student
66	Ms Preksha	Student - BALLB (Hons) 7th Semester
67	Ms Jigyasa	Student - BALLB (Hons) 7th Semester
68	Ms Disha	Student - BALLB (Hons) 7th Semester
69	Ms Krati	Student - BALLB (Hons) 7th Semester
70	Ms Manya	Student - BALLB (Hons) 7th Semester
71	Ms Prapti	Student - BALLB (Hons) 7th Semester
72	Ms Richa	Student - BALLB (Hons) 7th Semester
73	Ms Nikita	Student - BALLB (Hons) 7th Semester
74	Ms Adya	Student - BALLB (Hons) 7th Semester

1. News Publication- News printed in newspaper or online links if any for news - insert images): NA
2. Feedback of the Event (if obtained)
3. Link of MUJ website stating the event is uploaded on website: NA

Dr. Sony Kulshrestha
Head, Department of
Law/Manipal University
Jaipur

Dr. Pankaj Kumar
Convener of the Event
Assistant Professor, Faculty of Law
Manipal University Jaipur

Prof. (Dr.) Vijaylaxmi Sharma
Director, School of Law
Manipal University Jaipur

DIRECTOR
SCHOOL OF LAW
MANIPAL UNIVERSITY JAIPUR



**MANIPAL UNIVERSITY
JAIPUR**

(University under Section 2(f) of the UGC Act)



**MANIPAL UNIVERSITY
JAIPUR**
(University under Section 2(f) of the UGC Act)

FACULTY OF ENGINEERING

**SCHOOL OF AUTOMOBILE, MECHANICAL AND
MECHATRONICS DEPARTMENT OF AUTOMOBILE
ENGINEERING**

2022 WALKATHON

Community Action for Road Safety-

CARS Club OFFLINE EVENT

Date of Event (18th September 2022)

(6:45 AM to 8:00 AM)



S.No.	Activity Heads	Page no.
1.	Introduction of the Event	3
2.	Objective of the Event	3
3.	Beneficiaries of the Event	3
4.	Brief Description of the event	3
5.	Photographs	4
6.	Brochure or creative of the event	5
7.	Schedule of the Event	5
8.	Attendance of the Event	5-6



Introduction of the Event

A Walkathon to raise awareness about the traffic rules and free healthcare event to raise awareness about health for the traffic police and their family. This event was hosted by Muskaan NGO and CARS Club MUJ has provided with some volunteers. The Walkathon has started from the RHL to Patrika gate and vice versa.

Objective of the Event

1. To raise awareness about the traffic rules.
2. To thank the traffic police for their selfless work.
3. To raise awareness about healthcare and importance of daily check-ups.

Beneficiaries of the Event

Automobile Engineering students, Faculty and staff Traffic Police and their Families

Details of the Guests

Ms Neha Khullar, MUSKAAN NGO Jaipur

Brief Description of the event

The Walkathon 2022 was held by Muskan NGO in collaboration with CARS Club for raising awareness about traffic rules and road safety.

The event has been flagged off by IPS Prahlad Singh Krishnia (Commissioner Traffic, Jaipur), Dr. S S Agarwal (Chairman RHL) and Dr. Virendra Singh (President RHL) from RHL. The walkathon proceeded from RHL to Patrika gate while raising awareness about the traffic rules.

IPS Prahlad Singh Krishnia (Commissioner Traffic, Jaipur), Dr. S S Agarwal (Chairman RHL) and Dr. Virendra Singh (President RHL) addressed the people about road safety and importance of healthcare. The Walkathon then proceeded back to RHL from the Patrika Gate and the Walkathon was concluded.



Photographs



Guest of Honors addressing people

अपना अस्पताल – राजस्थान अस्पताल

RJRHL **WALKATHON**

यातायात पुलिस
की
निस्वार्थ सेवा का करें सम्मान
और
घुटनों के नीचे के हिस्से का रखें ध्यान

2022 WALKATHON
Sunday, 18 September
6:45 AM to 8 AM (RHL - Patrika Gate - RHL)

Followed by:
परामर्श और स्वास्थ्य जांच शिविर
10 AM से शाम 4 PM बजे राजस्थान हॉस्पिटल में
यातायात पुलिस कर्मियों और परिवारों के लिए
Interventional Radiology | Gynecology | Diabetology | Foot & Ankle

Flag off

IPS Prahlad Singh Krishna
Commissioner Traffic, Jaipur

Dr S S Agarwal
Chairman RHL

Dr Virendra Singh
President RHL



Schedule of the event 18/09/2022

Attendance of the Event Total attendee-

Sr. No	Name of Institution	Place of Institution	Registration Number/ Employee code	Name of Attendee	Name of Dept
01	Manipal University Jaipur	Jaipur		Tanmay Das	Auto. Engg.
02	Manipal University Jaipur	Jaipur		Daksha Yadav	Auto. Engg.
03	Manipal University Jaipur	Jaipur		Pratap	Auto. Engg.
04	Manipal University Jaipur	Jaipur		Palash Tayal	Auto. Engg.
05	Manipal University Jaipur	Jaipur		Tushar	Auto. Engg.
06	Manipal University Jaipur	Jaipur		Abhinav Chand	Auto. Engg.
07	Manipal University Jaipur	Jaipur		Yash Gupta	Auto. Engg.
08	Manipal University Jaipur	Jaipur		Shiva Preetham	Auto. Engg.
09	Manipal University Jaipur	Jaipur		Aditya Rathore	Auto. Engg.
10	Manipal University Jaipur	Jaipur		Dhanjay Dixit	Auto. Engg.
11	Manipal University Jaipur	Jaipur		Lavish Rawal	Auto. Engg.
12	Manipal University Jaipur	Jaipur		Aditya Mongiya	Auto. Engg.
13	Manipal University Jaipur	Jaipur		Sumanata Lahiri	Auto. Engg.
14	Manipal University Jaipur	Jaipur		Dabanuj Thakur	Auto. Engg.
15	Manipal University Jaipur	Jaipur		Jaivardhan	Auto. Engg.
16	Manipal University Jaipur	Jaipur		Faraz	Auto. Engg.
17	Manipal University Jaipur	Jaipur		Pukit Saini	Auto. Engg.
18	Manipal University Jaipur	Jaipur		Tomesh Shahu	Auto. Engg.



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Link of MUJ website stating the event is uploaded on website

Faculty Coordinator

D. Anjan
DEPARTMENT OF
AUTOMOBILE ENGINEERING
MANIPAL UNIVERSITY
JAIPUR

Seal and Signature of Head with date



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FACULTY OF ENGINEERING

SCHOOL OF AUTOMOBILE, MECHANICAL AND MECHATRONICS

DEPARTMENT OF AUTOMOBILE ENGINEERING

Two Wheelers Road Safety Rider's Training

Community Action for Road Safety- CARS Club

OFFLINE EVENT

Date of Event (16th December 2022)

(10:40 AM- 12:00 PM)



S.No.	Activity Heads	Page no.
1.	Introduction of the Event	3
2.	Objective of the Event	3
3.	Beneficiaries of the Event	3
4.	Brief Description of the event	3
5.	Photographs	4
6.	Brochure or creative of the event	5
7.	Schedule of the Event	5
8.	Attendance of the Event	5-6
9.	Link of MUJ Website	7

Introduction of the Event

Community Action for Road Safety (CARS) Club held an awareness drive of “Two Wheelers Road Safety” for the students and faculty members of MUJ, followed by an “On Track Rider’s Road Safety Training” by Mr. Sudhanshu Singh (Assistant Manager - Road Safety, Hero) and Mr. Ravi Kumar Sharma (Officer - Road Safety, Hero). The event was held in MUJ Campus.

Objective of the Event

1. To raise awareness about Two wheelers road safety.
2. To educate people about the three levels of two-wheeler road safety.
3. To educate people on how to ride two wheelers on different terrains.

Beneficiaries of the Event

MUJ Students

MUJ Faculty Members

Details of the Guests

Mr. Sudhanshu Singh, Assistant Manager - Road Safety, Hero Moto Corp

Mr. Ravi Kumar Sharma, Officer - Road Safety, Hero Moto Corp

Brief Description of the event

Community Action for Road Safety (CARS) Club held an awareness drive about “Two wheelers Road Safety”. The event was held inside the MUJ campus. The event was held in collaboration with Muskaan NGO and Hero Moto Corp.

Mr. Sudhanshu Singh (Asst. Manager - Road Safety, Hero) and Mr. Ravi Kumar Sharma (Officer - Road Safety, Hero) were present on the spot guiding the people about riding two wheelers and the safety measures that have to be taken while riding two wheelers. They also displayed how one should ride on different terrain while maintaining their safety.

An expert talk was also held by Mr. Sudhanshu Singh and Mr. Ravi Kumar Sharma of Hero Moto Corp. on the topic “Road Safety of Two-wheeler riders”. The various topics that they covered included the correct procedure of wearing helmet, correct way to set the rear-view mirrors, the posture of rider while riding, how to apply brakes in panic situation, etc. They also covered the basic traffic rules that have to be followed while riding two-wheeler.



Photographs



Fig. 1 - Expert addressing the students on road safety



Fig. 2 - Expert addressing the students



Fig. 3 - Experts displaying the posture while riding to the students

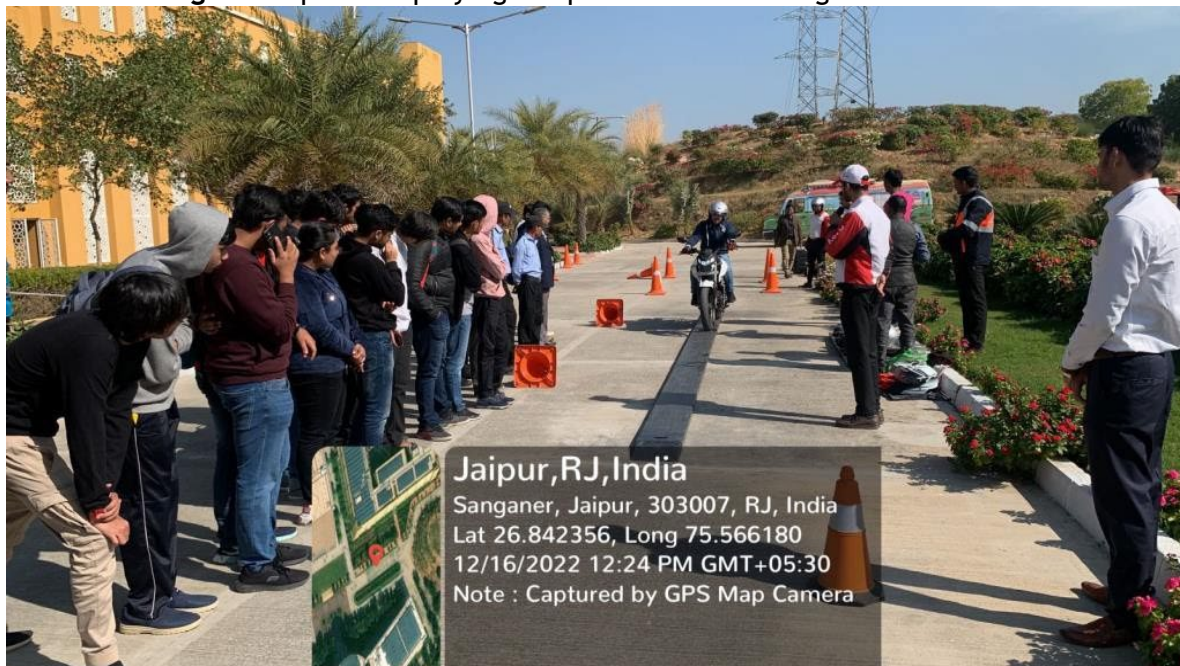


Fig. 4 - Experts displaying how to ride in different terrains



Fig. 5 - Experts displaying how to ride in different terrains



Schedule of the event

The event was on the 16th December 2022 from 10:40 AM- 12:00 PM.

Attendance of the Event

Total attendee-

Sr. No	Name of Institution	Place of Institution	Registration Number/ Employee code	Name of Attendee	Name of Dept
01	Manipal University Jaipur	Jaipur		Tanmay Das	Auto. Engg.
02	Manipal University Jaipur	Jaipur		Daksha Yadav	Auto. Engg.
03	Manipal University Jaipur	Jaipur		Pratap	Auto. Engg.
04	Manipal University Jaipur	Jaipur		Palash Tayal	Auto. Engg.
05	Manipal University Jaipur	Jaipur		Tushar	Auto. Engg.
06	Manipal University Jaipur	Jaipur		Abhinav Chand	Auto. Engg.
07	Manipal University Jaipur	Jaipur		Yash Gupta	Auto. Engg.
08	Manipal University Jaipur	Jaipur		Shiva Preetham	Auto. Engg.
09	Manipal University Jaipur	Jaipur		Aditya Rathore	Auto. Engg.
10	Manipal University Jaipur	Jaipur		Dhanjay Dixit	Auto. Engg.
11	Manipal University Jaipur	Jaipur		Lavish Rawal	Auto. Engg.
12	Manipal University Jaipur	Jaipur		Aditya Mongiya	Auto. Engg.
13	Manipal University Jaipur	Jaipur		Sumanata Lahiri	Auto. Engg.
14	Manipal University Jaipur	Jaipur		Dabanuj Thakur	Auto. Engg.
15	Manipal University Jaipur	Jaipur		Jaivardhan	Auto. Engg.
16	Manipal University Jaipur	Jaipur		Faraz	Auto. Engg.
17	Manipal University Jaipur	Jaipur		Pukit Saini	Auto. Engg.
18	Manipal University Jaipur	Jaipur		Tomesh Shahu	Auto. Engg.

Link of MUJ website stating the event is uploaded on website

Faculty Coordinator

DEPARTMENT OF
AUTOMOBILE ENGINEERING
MANIPAL UNIVERSITY
JAIPUR

Seal and Signature of Head with date



Sports Activity Report

S.No.	Date	Title of the Event	Brief of the Event	Total Participants
1	21 June 2021	International Yoga Day	Directorate of Student welfare & Sports Manipal University Jaipur organized the event of INTERNATIONAL Day of Yoga on 21 st June, 2021 To promote health, fitness, wellness, harmony, and peace among individuals through yoga.	34

Directorate of Student's Welfare & Sports, Manipal University Jaipur

Name of Event: International Yoga Day

Date of the Event: June 21, 2021

Duration of Event: One Hour 07.00AM- 08.00AM

Name of Coordinator: Dr. Rina Poonia

Organizing School / Department: Directorate of Student welfare

Photos of the Event & details of the Activity :- Directorate of Student Welfare & Sports Manipal University Jaipur organized 7th International Day of Yoga on 21st June 2021 to promote health, fitness, wellness, harmony, and peace among individuals through yoga. The event was organised in the under the able guidance of Dean Student Welfare Prof GL Sharma.

The Chief guest Dr. G.K. Prabhu President, Manipal University Jaipur shared his experience on importance of Yoga specially in the present scenario with the staff on the occasion.

The other members present for the yoga day were Director SHSS Dr. N.D. Mathur, Head HR M.S. Sridhar, Additional Registrar Dr. Nitu Bhatnagar, HOD Arts Dr. Richa Arora, Dr. A.D. Vyas organizer of the Events Dr. Rina Poonia, Master of Ceremony Ms. Shweta Sharma events and yoga Instructor Ms. Shruti Krishna from Anant yogalaya Jaipur and Sports Officer Sanjeev Sharma, and vote of thanks was given by Dr. Rina Poonia



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“International Yoga Day”



The logo for the International Yoga Day was handpicked by Prime Minister Narendra Modi and is said to represent all the basic elements that constitutes the basic consciousness. The logo is etched on a white background representing a pair hands stretched outwards from the body and joined together.



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(DSW, MUJ)
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INTERNATIONAL YOGA DAY 2021



Dr G K Prabhu
President,
Manipal University Jaipur

Prof. G L Sharma
Dean DSW, MUJ

Dr. Rina Poonia
Deputy Director,
Physical Education DSW, MUJ



LIVE YOGA SESSION
by
YOGINI
SHRUTI & TEAM



DATE: 21-06-2021

TIME: 7-8AM

LIVE ON



@anantyogalaya

+918560097932

+919664452438

www.jaipur.manipal.edu

www.anantyogalaya.yoga

INTERNATIONAL YOGA DAY BROCHURE

SESSION TIME 21 June 2021 at 07:00 to 08 :00 A.M on Zoom Meeting' online platform.

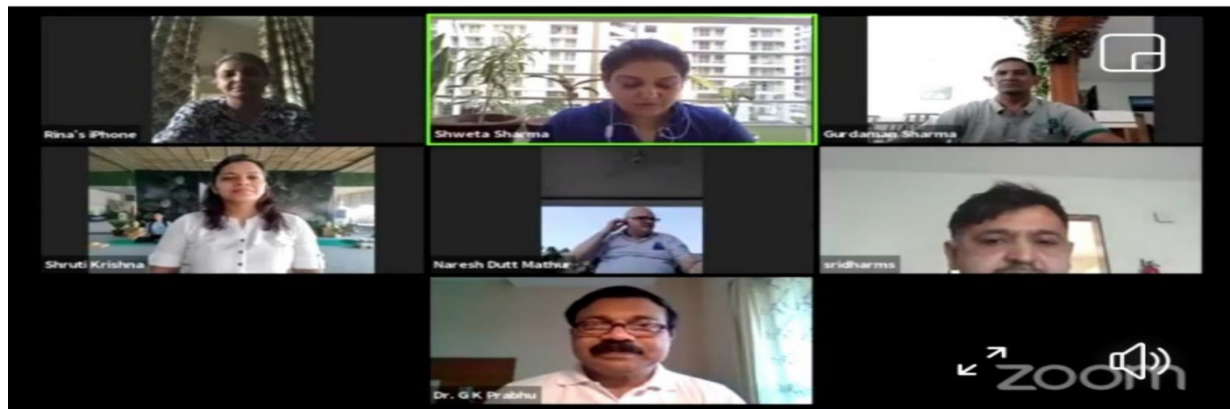


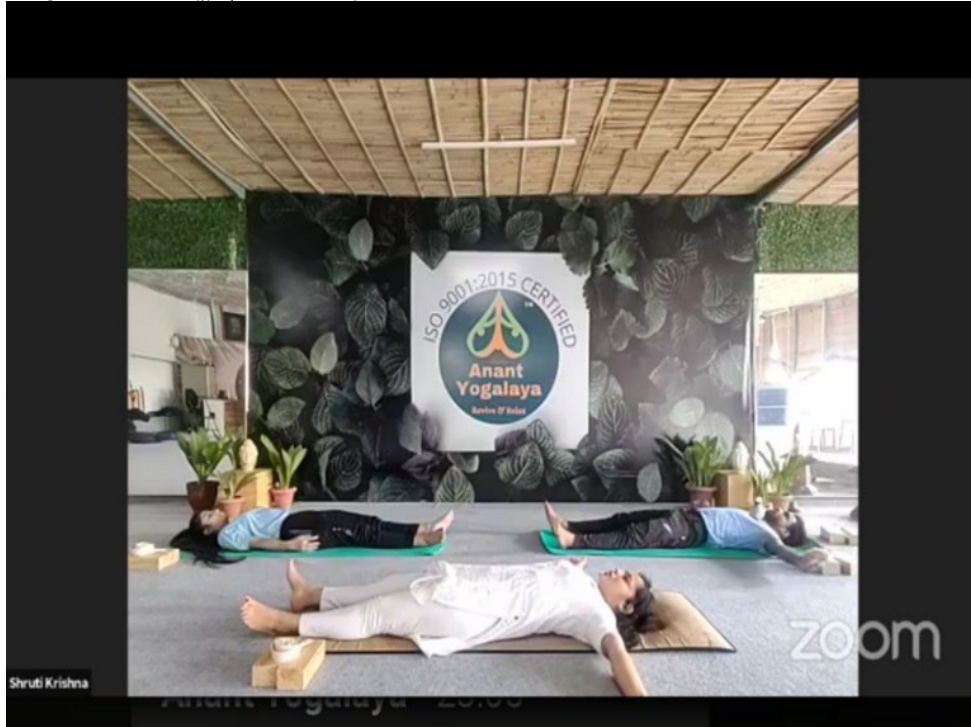
Anant Yogalaya · Follow

5h · 🌐



**MANIPAL UNIVERSITY JAIPUR & ANANT YOGALAYA
WELCOMES YOU ALL FOR IYD 2021**



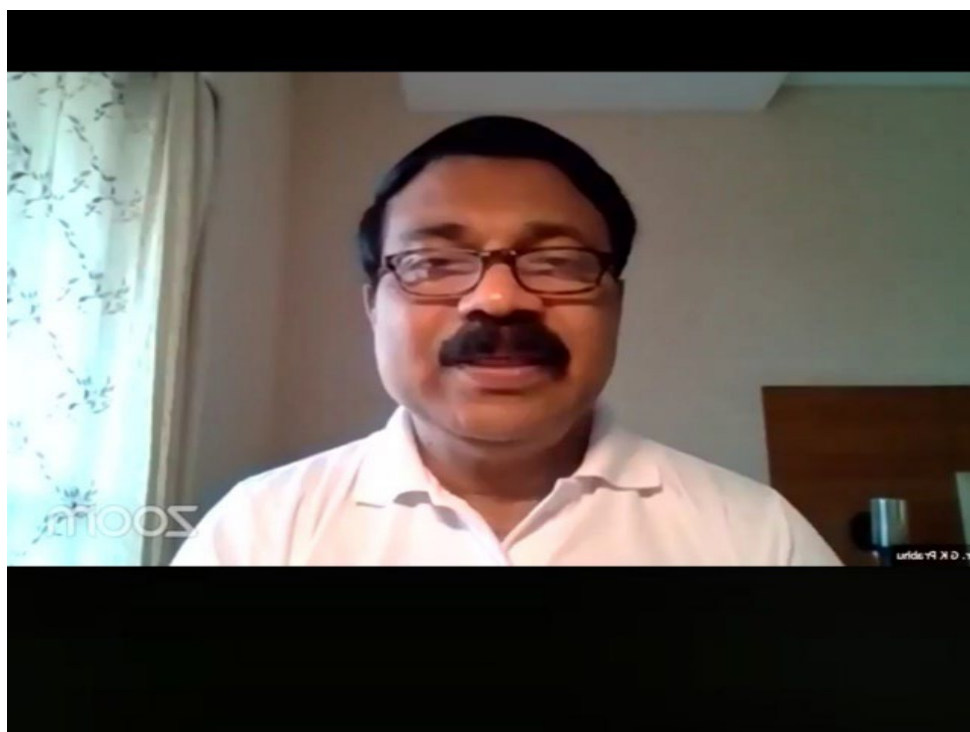
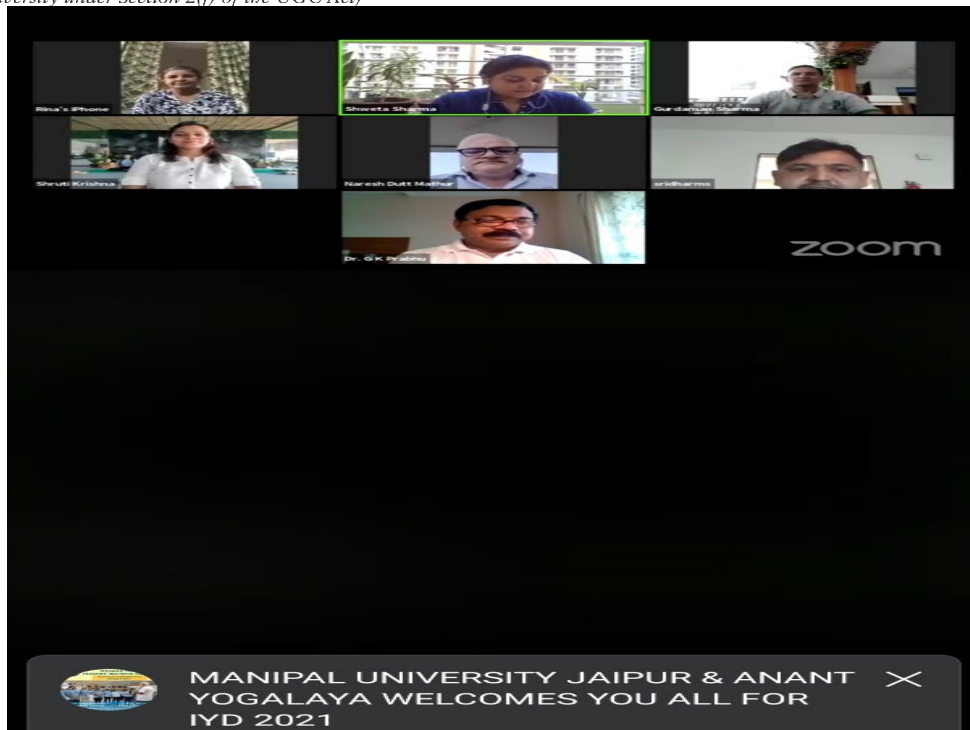


DEMONSTRATION BY YOGA INSTRUCTOR



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Chief guest honorable president sir



MANIPAL UNIVERSITY
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Attendance

S.NO.	NAME
01	DR. G.K. PRABHU
02	DR. GL SHARMA
03	Dr. NITU BHATNAGAR
04	DR. N.D. MATHUR
05	DR. RICHA ARORA
06	DR. RINA POONIA
07	MS.SHWETA SHARMA
08	MR. M.S. SRIDHAR
09	DR. ARUN POONIA
10	MANISH BENIWAL
11	DR. MEERA BINDOOR
12	DR. JASBIR SINGH
13	DR. VIJMENDRA KUMAR
14	DR. RAMJEET
15	ANKIT SINGH RATHORE
16	ANANYA CHITRE
17	KAVITA CHOUDHARY
18	JYOTI YADY
19	ABHISHEK SHARMA
20	RAVEENA SHEKHAWAT
21	ROHIT BERWAL
23	LALIT SINGH
24	NITENDRA PRATAP SINGH
25	MUDITA CHOUDHARY
26	SHAURYA SINGH
27	VINAYAM SARAN
28	PRASHANT SHARMA
29	SHREYAS VATS
30	ISHVAK TANEJA
31	ADITYA PATIL
32	PALWINDER SINGH
33	Dr. VIMAL K. PATHAK
34	SANJEEV SHARMA

(Sanjeev Sharma)

NCC & Sports Officer DSW



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(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



Pre-International Yoga Activity Report

S.No.	Date	Title of the Event	Brief of the Event	No. of Participants
1	28 May 2021	Pre- International Yoga Day	Directorate of Student welfare & Sports organized the event of pre-International yoga Day on 28 th May, 2021 to highlight the importance of yoga and To promote health, fitness, wellness, harmony, and peace among individuals through yoga.	20

Directorate of Student's Welfare & Sports, Manipal University Jaipur

Name of Event: Pre- International Yoga Day

Date of the Event: May 28, 2021

Duration of Event: One Hour 04.00 PM- 05.00 PM

Name of Coordinator: Dr. Rina Poonia

Organizing School / Department: Directorate of Student welfare & Sports,

Photos of the Event & details of the Activity :-

On 28 May 2021, all the staff and students from Manipal University Jaipur participated in an online Zoom Meeting to celebrate the Pre International Yoga Day. The online event was 1 hour in duration which started from 4 PM and ended at 05PM. All the Staff and students performed various Asanas and learned about the benefits of each one of them. Overall, it was a great learning event for all the attendees.

The logo for the International Yoga Day was handpicked by Prime Minister Narendra Modi and is said to represent all the basic elements that constitutes the basic consciousness. The logo is etched on a white background representing a pair hands stretched outwards from the body and joined together.



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in association with



**PRE INTERNATIONAL
YOGA DAY 2021**

LIVE ON



@anantyogalaya

zoom

Meeting ID: 938 6243 7189

Passcode: YOGA

DATE: 28-05-2021

TIME: 4-5PM

LIVE YOGA SESSION

by
YOGINI

SHRUTI KRISHNA



+918560097932

+919664452438

www.jaipur.manipal.edu

www.anantyogalaya.yoga

Jointly Organized by:

Directorate of Student Welfare & Sports
Manipal University Jaipur, Rajasthan, India
28 May, 2021

SESSION TIME 28 May 2021 at 04:00 to 05 :00 P.M on Online Zoom Platform.



Zoom Meeting

Recording **LIVE** on Facebook

sanjeev sharma Anant Yogalaya Rina's iPhone GAUTAM KUMAR

Gurdaman S... Kalu Singh R...

Shruti Krishna Naresh Dutt Mathur

Type here to search

Zoom 17:08 28-05-2021

Zoom Meeting

Recording **LIVE** on Facebook

sanjeev sharma Anant Yogalaya Rina's iPhone Naresh Dutt Ma...

Gurdaman S...

Participants (25)

Find a participant

- SS sanjeev sharma (Me)
- AY Anant Yogalaya (Host)
- S Shruti Krishna (Co-host)
- RI Rina's iPhone (Co-host)
- AR Aaresh Rajawat
- Ajay Shekhawat
- aman anand
- Chanchal Upadhyay
- D Devender
- B Dr.BALBINDER SINGH
- GK GAUTAM KUMAR
- Gurdaman Sharma
- HP HENA PARWEEN
- Kalu Singh Rao PET

Shruti Krishna

Type here to search

Zoom 17:05 28-05-2021



Zoom Meeting

Recording **LIVE** on Facebook

sanjeev sharma Anant Yogalaya Rina's iPhone

Gurdaman S... Kamlesh Ku...

Participants (24)

Find a participant

- Gurdaman Sharma
- HF Homa fatima
- KK Kamlesh Kumari
- KB Karandeep Bhalla
- PF POCO F1
- PB Puja bharti
- RA Raghavi agrawal
- R rahulsa
- R Redmi
- S Sanai
- SJ Shahid Jamal
- S sourabhkr(8804260211)
- Yogesh kumar Verma
- GM Galaxy M30s

Type here to search

16:25 28-05-2021

Demonstration by Yogini Shruti Krishna



Attendance

S.NO.	NAME
01	DR. GL SHARMA
02	DR. N.D. MATHUR
03	DR. RICHA ARORA
04	DR. RINA POONIA
05	DR. ARUN POONIA
06	DR. MEERA BINDOOR
07	DR. JASBIR SINGH
08	DR. VIJMENDRA KUMAR
09	DR. RAMJEET
10	ANKIT SINGH RATHORE
11	ANANYA CHITRE
12	KAVITA CHOUDHARY
13	JYOTI YADY
14	ABHISHEK SHARMA
15	RAVEENA SHEKHAWAT
16	ROHIT BERWAL
17	LALIT SINGH
18	NITENDRA PRATAP SINGH
19	MUDITA CHOUDHARY
20	SHAURYA SINGH

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



MUJ/DSW/Sports /02 November 2021/06

DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing "Fit India Freedom Run 2.0" under Azadi Ka Amrit Mahotsav 2021-2022. For MUJ Students on 2 October 2021

Date of Event: 02nd October 2021

Index

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6.	Brochure or creative of the event	4
7.	Schedule of the Event	5
8.	Attendance of the Event	5
9.	News Publication	5
10.	Link of MUJ website	5



1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing "Fit India Freedom Run 2.0" under Azadi Ka Amrit Mahotsav 2021-2022. For MUJ Students on 2nd October 2021. at 60ft road near Manipal University Jaipur.

2. Objective of the Event: -

- To Develop stamina and strength of players.
- Providing MUJ Players exposure to participate various sports tournament.

3. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at 60 ft road near Manipal University Jaipur.

4. Brief Description of the event: -

On Saturday 02nd October 7.00 am in morning Manipal University Has organized a "Fit India Freedom Run 2.0" under Azadi Ka Amrit Mahotsav by Directorate Student's Welfare MUJ for all the faculty members, non-teaching staff, hostel staff. It was a priority event proposed by AICTE (mail is attached for reference).

The event was inaugurated by President, MUJ Dr G K Prabhu, who him-self is always promoting fitness program. Prof. A.D. Vyas Director Student's Welfare MUJ, Col. Vipul Mathur, Chief Warden, Chief Security Officer and around 38 faculty members and staff were present to grace the Occasion.

Photographs of the event with captions: -



Image1. Deputy Director, DSW, Dr. Rina Poonia and Sanjeev Sharma addressing the students

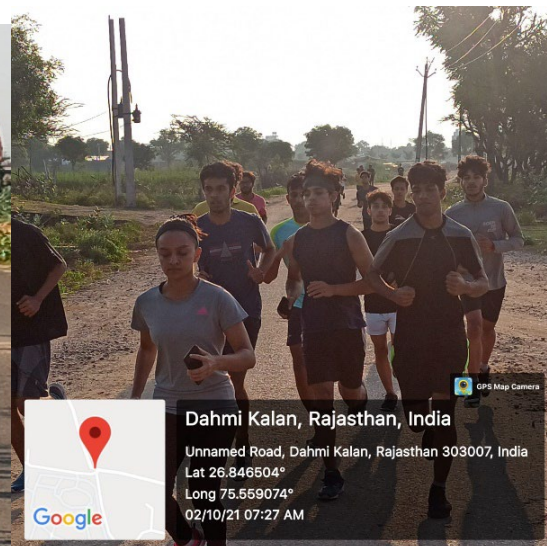




Image 2. Students running

5. Brochure and Schedule of the Event: -


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 युवा कार्यक्रम और खेल मंत्रालय
 MINISTRY OF
YOUTH AFFAIRS AND SPORTS

**AZADI KA
AMRIT MAHOTSAV**
 Directorate of Student's Welfare (Sports)
 Organizing




On
02nd October, 2021 at 7:00 AM
 Venue : MUJ Student Hostel Gate, Manipal University Jaipur

Run and walk for Fitness





MANIPAL UNIVERSITY
JAIPUR

Intra-University Sports Calendar 2021-22

Date: 01.09.2021

S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
3	Squash (Men & Women)	16 September 2021	Squash Courts, Hostel	14 September 2021
4	Archery (Men & Women)	21 September 2021	Archery Ground	14 September 2021
5	Kabaddi (Men & Women)	23 September 2021	Kabaddi Court	14 September 2021
6	Table Tennis (Men & Women)	24 September 2021	Room No. 002 & 003, 1 AB	19 September 2021
7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricketer (Men & Women)	22 October 2021	Cricketer Ground	12 October 2021
12	Volleyball (Men & Women)	21 October 2021	Volleyball Court	15 October 2021
13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
14	Tennis (Men & Women)	28 October 2021	Tennis Court	25 October 2021
15	Athletics (Men & Women)	29 October 2021	Athletic - Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
19	Weightlifting & Power Lifting (Men & Women)	25 November 2021	Football Ground	23 November 2021
20	Karate (Men & Women)	26 November 2021	Room No. 002 & 003, 1 AB	24 November 2021
21	Faculty Sports (Men & Women)	6&7 January 2022	Sports Ground	1 January 2022
22	Taekwondo (Men & Women)	14 January 2022	Room No. 002 & 003, 1 AB	12 January 2022
23	Yoga (Men & Women)	21 January 2022	Room No. 002 & 003, 1 AB	18 January 2022
24	ABHIVARTIA - National Sports Fest 2022	08 February 2022	MUJ Campus	----

NOTE:
 * TEAM WILL PARTICIPATE BRANCH / COURSE WISE IN THE TOURNAMENT.
 * ONLY ONE TEAM (BRANCH / COURSE WISE) CAN PARTICIPATE IN THE TOURNAMENT.
 * PLAYERS WILL BE SELECTED FOR REPRESENTING THE MANIPAL UNIVERSITY JAIPUR IN THE AIU SPORTS TOURNAMENTS / NATIONAL GAMES.

DR. RINA POONIA
DEPUTY DIRECTOR
PHYSICAL EDUCATION & SPORTS
MANIPAL UNIVERSITY JAIPUR



Total attendee- 38 (32 Students & 6 Faculty Members)

Attendance of the Event

S.No.	Name	Registration No.
1	Dr. GK PRABHU	MUJ0891
2	Dr. ANIL DUTT VYAS	MUJ 0586
3	Dr. RINA POONIA	MUJ0492
4	Dr. JASBIR SINGH	MUJ0965
5	SANJEEV SHARMA	MUJ0981
6	COL. BHASKAR	
7	HIMANSHU PAITHANE	209303103
8	ADITYA HOSPATTANKAR	209301213
9	ABHISUMAT SUBRAMANIAN	209403052
10	RAHUL CHHABRA	209309007
11	GAURAV GOGISETTY	209301199
12	PRANNOV JAMADAGNI	209302152
13	SHASHWAT SINGH	200901143
14	MUKUL SHARMA	201106012
15	KARTIK CHHABRA	209202075
16	HARSHIT BASAK	209303092
17	TANISH KATIAL	209403033
18	NAMIT PAPNEY	209303031
19	ANUNAY BHATT	209302242
20	ANMOL SRIVASTAVA	209301173
21	UTKARSH BAHUGUNA	209302186
22	KOUSTUBH SAI	209303111
23	HARSH KUNDAN	209303014
24	PURUSHARTH KATARIA	209403062



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S.No.	Name	Registration No.
25	SHIVANSH DHAR SINGH	209301538
26	PARTH CHOPRA	209202166
27	NEEL SARUDKAR	209403053
28	UTKARSH BAHUGUNA	209302186
29	YASH DESHPANDE	
30	ABHINAV ADITYA	189303109
31	LAKSHIT SHARMA	209402017
32	DEVANSHU RASTOGI	209302150
33	KESHAV TRIPATHI	209309096
34	ARYAN CHITALE	209202167
35	DARSHAN JAIN	209403006
36	ADITYA KUMAR	209303361
37	PS SHIVA NARAYAN	209303186
38	NIYATI CHOUHAN	

6. Link of MUJ website:
Pre Event Info Link -

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



Sports Activity Report

S.No.	Date	Title of the Event	Brief of the Event	Total Participants
1	02 October 2021	“Fit India Freedom Run 2.0” under Azadi Ka Amrit Mahotsav	<p>On Saturday 02nd October 7.00 am in morning Manipal University Has organized a “Fit India Freedom Run 2.0” under Azadi Ka Amrit Mahotsav by Directorate Student’s Welfare MUJ for all the faculty members, non-teaching staff, hostel staff. It was a priority event proposed by AICTE (mail is attached for reference).</p> <p>The event was inaugurated by President, MUJ Dr G K Prabhu, who him-self is always promoting fitness program. Prof. A.D. Vyas Director Student’s Welfare MUJ, Col. Vipul Mathur, Chief Warden, Chief Security Officer and around 45 faculty members and staff were present to grace the Occasion.</p>	45

Directorate of Student’s Welfare & Sports, Manipal University Jaipur

Name of Event: “Fit India Freedom Run 2.0” under Azadi Ka Amrit Mahotsav

Date of the Event: October 2,2021

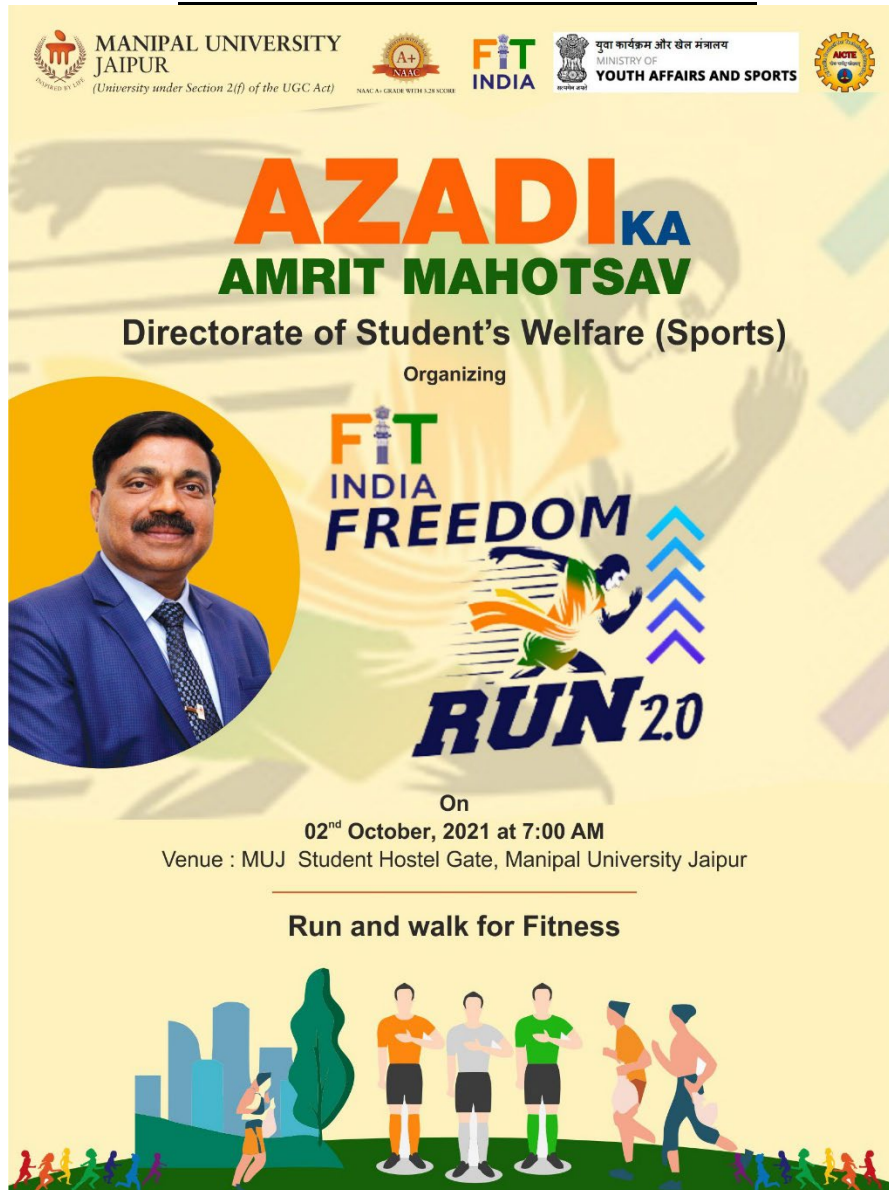
Duration of Event: One Hour 07.00AM- 08.00AM

Name of Coordinator: Dr. Rina Poonia ,Mr. Sanjeev Sharma Organizing School / Department: Directorate of Student welfare Photos of the Event & details of the Activity:- Directorate of Student Welfare & Sports Manipal University Jaipur organized “Fit India Freedom Run 2.0” under Azadi Ka Amrit Mahotsav by Directorate Student’s Welfare MUJ for all the faculty members, non-

teaching staff, hostel staff. It was a priority event proposed by AICTE (mail is attached for reference).

The event was inaugurated by President, MUJ Dr G K Prabhu, who him-self is always promoting fitness program. Prof. A.D. Vyas Director Student's Welfare MUJ, Col. Vipul Mathur, Chief Warden, Chief Security Officer and Students around 45 members were present to grace the Occasion.

Brochure of Fit India Freedom Run 2.0



The brochure features a yellow background with a large, faint watermark of a person running. At the top, logos for Manipal University Jaipur, AICTE, FIT India, and the Ministry of Youth Affairs and Sports are displayed. The central text reads 'AZADI KA AMRIT MAHOTSAV' in large, bold letters, followed by 'Directorate of Student's Welfare (Sports)' and 'Organizing'. A circular portrait of a man in a blue suit is on the left. The 'FIT INDIA FREEDOM RUN 2.0' logo is prominently displayed in the center, featuring a stylized runner and the Indian tricolor. Below this, the date and time are given as 'On 02nd October, 2021 at 7:00 AM' and the venue as 'Venue : MUJ Student Hostel Gate, Manipal University Jaipur'. The bottom section is titled 'Run and walk for Fitness' and includes an illustration of people running and walking in a park-like setting.



Glimpse of the Event



Inaugurated by President, MUJ Dr G K Prabhu



**MANIPAL UNIVERSITY
JAIPUR**
(University under Section 2(f) of the UGC Act)







E-Mail BY AICTE

Dear Sir/Madam,

Greetings from AICTE...!!

is in continuation of our earlier email dated 2nd August 2021 on subject mentioned above. We have received D.O. letter from the Ministry of Education (MOE) dated 05 Aug 2021(attached). As you are aware that the celebration of 75 years of India's Independence -"Azadi Ka Amrit Mahotsav" have commenced with active participation of all stakeholders. In this connection, "Resolves@75", Fit India Mission has conceptualized Fit India Freedom Run 2.0 to commemorate the occasion. The Nationwide Virtual launch of Fit India Freedom run 2.0 by **Hon'ble Minister of Youth Affairs & Sports, Sh. Anurag Singh Thakur and Hon'ble Minister of State, Youth Affairs & Sports, Sh. Nisith Pramanik** will be held on 13th August 2021. All the citizens will be given a call to make a resolve to include physical the activity of at least 30 minutes daily in their lives i.e. FITNESS KI DOSE AADHA GFIAN TA ROZ. A concept NOTE on 'Fit India Freedom Run' is enclosed in this regard.

AICTE seeking cooperation from your institutes in reaching out to students & faculty members in your institutions for their participation in the 750 events organized by the Ministry of Youth Affairs & Sports (MYAS) across India and conducting physical/virtual Freedom Run events. Pre-event promotion of the event may be ensured from 10th August, 2021 onwards and the program may be given publicity through social Media, Regional TV/Newspaper etc. Also, ensure the promotion of Freedom Run on the social media channels with #Azadi Ka Am rit Mahotsav and #Run4 India.

Expectations from Institutions

- Appoint one Nodal officer for coordination with Fit India Mission and forward the details at contact@fitindia.gov.in.
- Encourage participation in the 750 events across India organized by Ministry of Youth Affairs & Sports (MYAS).
- States/Ministries/Organizations to conduct physical / virtual Freedom Run events
- Ensure pre-event promotion of the event from 10th August 2021 onwards.
- Organize events on launch day i.e 13th August 2021 at iconic and historically important places in the State/Uts to be attended by People's representatives/ Celebrities/ Athletes/ Iconic

Personalities/ Social Media Influencers, etc.

- Organizers to register their RUN on Fit India portal with details of participants and kms covered
- Promote Freedom Run on their social media channels with #AzadiKaAmritMahotsav and #Run4India.
- Adequate publicity for the program through Social Media, Regional TV/Newspaper, etc.
- Ensure participation at Panchayati/Municipality level, Schools/Colleges, Youth Clubs, Self-help Groups, etc.
- Ensure the momentum of the campaign from 13th August 2021 to 2nd October 2021.

For more information please visit <https://fitindia.gov.in/> or mail at contact@fitindia.gov.in

PFA: <https://drive.google.com/file/d/1i46WGPIBNguYn78N15m9CR4T-SkNmepQ/view?usp=sharing>

With Regards,
Manoj Singh
Assistant Director (e-Governance),
All India Council for Technical Education,
Nelson Mandela Marg, Vasant Kunj, New Delhi-110070
Ph: 011-2958133

Report Submitted by:


 Deputy Director Physical Education
 Manipal University Jaipur

Attendance of the Event

S.No.	Name	Registration No.
1	Dr. GK PRABHU	MUJ0891
2	Dr. ANIL DUTT VYAS	MUJ 0586
3	Dr. RINA POONIA	MUJ0492
4	Dr. JASBIR SINGH	MUJ0965
5	SANJEEV SHARMA	MUJ0981
6	COL. BHASKAR	
7	HIMANSHU PAITHANE	209303103
8	ADITYA HOSPATTANKAR	209301213
9	ABHISUMAT SUBRAMANIAN	209403052
10	RAHUL CHHABRA	209309007
11	GAURAV GOGISETTY	209301199
12	PRANNOV JAMADAGNI	209302152



**MANIPAL UNIVERSITY
JAIPUR**

(University under Section 2(f) of the UGC Act)

S.No.	Name	Registration No.
13	SHASHWAT SINGH	200901143
14	MUKUL SHARMA	201106012
15	KARTIK CHHABRA	209202075
16	HARSHIT BASAK	209303092
17	TANISH KATIAL	209403033
18	NAMIT PAPNEY	209303031
19	ANUNAY BHATT	209302242
20	ANMOL SRIVASTAVA	209301173
21	UTKARSH BAHUGUNA	209302186
22	KOUSTUBH SAI	209303111
23	HARSH KUNDAN	209303014
24	PURUSHARTH KATARIA	209403062
25	SHIVANSH DHAR SINGH	209301538
26	PARTH CHOPRA	209202166
27	NEEL SARUDKAR	209403053
28	UTKARSH BAHUGUNA	209302186
29	YASH DESHPANDE	
30	ABHINAV ADITYA	189303109
31	LAKSHIT SHARMA	209402017
32	DEVANSHU RASTOGI	209302150
33	KESHAV TRIPATHI	209309096
34	ARYAN CHITALE	209202167
35	DARSHAN JAIN	209403006
36	ADITYA KUMAR	209303361
37	PS SHIVA NARAYAN	209303186
38	NIYATI CHOUHAN	

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW

MUJ/DSW/HR/NCC/03 June 2022/02

FREE COVID VACCINATION DRIVE' for the 3^{rd.} dose (booster dose)

Human Resource In collaboration with DSW & NCC

Date of Event: 03 rd. June 2022

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5.	Photographs	2-3
6.	Brochure or creative of the event	4
7.	Schedule of the Event	5
8.	Attendance of the Event	5
9.	News Publication	5
10.	Link of MUJ website	5

1. Introduction of the Event: -

On 3rd June 2022, Manipal University Jaipur HR department took an initiative to organize a 'FREE COVID VACCINATION DRIVE' for the 3rd dose (booster dose). This event was held on AB1-Block (003) 9:00 am-4:00 pm where NCC cadets were voluntarily taking part.

This event comes under the '**EMPLOYEE WELLNESS PROGRAM**'.

2. Objective of the Event: -

Manipal University Jaipur provide FREE BOOSTER DOSE of "COVISHILD" to those employees who have received the first and second dose of the vaccine and who have completed nine months of taking their second dose

3. Beneficiaries of the Event: -

The event was conducted for AB-1 Room No. 003 Manipal University Jaipur

4. Brief Description of the event: -

The central government has begun the booster dose/precaution dose for all adults (senior citizens and citizens above 18 years). We would advise all our employees and their family members to get themselves vaccinated as per eligibility and government stipulations. As a part of the employee wellness program and keeping the safety well-being of our employees & their immediate family members (Teaching/ non-Teaching Faculty, Ground staff Security, Sweeper) and their family members were gathered there for vaccination. on top priority, we are extending a "cashless COVID-19 vaccination" for Employees at our group hospital i.e **Manipal Hospital-Jaipur**.

Based on the government guidelines, people who are 18 years of age and have completed nine months or 39 weeks of receiving the second dose would be eligible for the third dose of vaccination.

NCC Cadets were present their to maintain the crowd and social distance and help employees and there family member with their documents such as: an Aadhaar card copy and 2nd dose reference ID required for a booster dose.

The event was the groom with the presence of the University President Mr. GK. Prabhu

5. Photographs of the event with captions: -







Image. FREE COVID VACCINATION DRIVE' with President Sir, Head HR, Registrar, HR Manager with NCC Cadets.

6. Brochure of the Event: -

Email: saurabh.narayan@jaipur.manipal.edu

From: Exchadmin [MU - Jaipur]
Sent: Tuesday, May 31, 2022 11:02 AM
To: MUJ Users <muj.users@jaipur.manipal.edu>
Cc: Sridhar M.S. [MU - Jaipur] <sridhar.ms@jaipur.manipal.edu>; Saurabh Narayan [MU - Jaipur] <saurabh.narayan@jaipur.manipal.edu>
Subject: EMPLOYEE WELLNESS: COVID-19 VACCINATION

Dear All,

Reference to the earlier communication, we are planning to execute the **vaccination drive at MUJ campus on 3rd June (Friday), 2022** starting 9.30 am onwards.

In view of above, kindly confirm your participation by clicking the link below-

Participation confirmation link: <https://forms.office.com/r/1zaFwqZkbB>

Guidelines:

1. The eligibility criteria for vaccination will be as per the government guidelines.
2. Your timeslot for the vaccination will be shared through personalized mail covering all details about vaccination process.

Have a great day!
Thanking you,

Saurabh Narayan
Human Resources, Manipal University Jaipur

7. Schedule of the event: -On 3rd June 2022

8. Attendance of the Event: Total attendee- 187 (04 NCC Cadets and Staff)



Attendance of the Event

S.NO.	Reg No.	Cadet Name	Father Name
1	RJ/21/SWF/278495	Tanya Singh Thakur	Kashmir Singh Thakur
2	RJ/21/SWF/278477	Avani Ahlawat	Sandeep Kumar Ahlawat
3	RJ/21/SWF/278479	Lavanya Rajawat	Pawan Singh
4	RJ/20/SDF/278467	Pawan Singh	Commandant Balwant

(Sanjeev Sharma) NCC &
Sports Officer DSW

(Prof. AD Vyas) Signature
of Director, DSW



MANIPAL UNIVERSITY
JAIPUR

MUJ/DSW/Student Clubs and Chapters/021/Coreografia/25 January 2022.



MANIPAL UNIVERSITY
JAIPUR

DIRECTORATE OF STUDENTS' WELFARE

FACULTY OF ENGINEERING

SCHOOL OF AUTOMOBILE, MECHATRONICS AND MECHANICAL

DEPARTMENT OF MECHATRONICS ENGINEERING

Dance Fitness Workshop

Offline

Date of Event- 25th January



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8.	Schedule of the Event	5.
9.	Attendance of the Event	6-9
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11.	Link of MUJ website	9



1. Introduction of the Event:

Dance Fitness Workshop was an event conducted by Coreografia to help students understand the intensity of fitness during dance. This workshop was part of a series of workshops that made students explore their fitness levels and help them nurture their talents even more.

2. Objective of the Event:

- To organize a fitness session for all the new members.
- To unite and have fun with their common love for dance despite the current pandemic situation.

3. Beneficiaries of the Event:

Students of MUJ, exclusively for Coreografia members.

4. Details of the Guests with contact details:

Ms. Ritu Verma

Contact No.: +91 96638 95893

5. Brief Description of the event:

Coreografia invites all its new members to take part in a workshop where we enhance their fitness levels with the inclusion of dance. The workshop was taught Ritu Verma who is a proud alumnus of the club. There was a sense of excitement and zeal within the participants as they did some great exercises. The event is an opportunity for all the freshers to display their talents as individuals before getting selected into various groups within the club.



6. 3 to 5 photographs of the event or screenshots of the event with captions:



Glimpses from the event



7. Brochure or creative of the event:



8. Schedule of the event:

Date	Day of the Week	Timing	Description
21/01/22	Friday	4:00 PM	Event info and form for the workshop was shared
25/01/22	Tuesday	6:00 PM	Workshop began on Zoom
25/01/22	Tuesday	8:30PM	Workshop Ended



9. Attendance of the Event:

Total attendees- 120 members

Sno	NAME	REGISTRAION NO	BRANCH and COURSE	YEAR
1	Vedanshi Kakani	201002006	BSc/Biotechnology	2nd
2	Ishika chatter	219301214	BTech/CSE	1st
3	Rutuja	219302013	BTech/IT	1st
4	Krutika Maheshwari	209309013	BTech/DSE	2nd
5	Yashi Sharma	211007020	BSc(Hons.)/Psychology	1st
6	Devyansh saraswat	190606010	BDes	3rd
7	Krish Santoki	219403014	BTech/Mechatronics	1st
8	Vedanshi Kakani	201002006	BSc/Biotechnology	2nd
9	Ishika Jaiswal	211007067	BSc/Psychology	1st
10	Aanchal goyal	219301281	BTech/CSE	1st
11	Tejasvita Jain	219310135	BTech/AI&ML	1st
12	Ritika Malhotra	219302332	BTech/IT	1st
13	Anamik Mane	219302481	BTech/IT	1st
14	Shreeya Jangid	211103091	BA psychology hons	1st
15	Himanshee Gangwani	210901187	BBA	1st
16	Shubhangi Tak	211103101	BA(Hons.)/Psychology	1st
17	Yash Choudhary	219301060	BTech/CSE	1st
18	Prerna Singh	219301448	BTech/CSE	1st
19	Mansha Bansal	219311067	BTech/IOT	1st
20	Bhavin Sehrawat	219302421	BTech/IT	1st
21	Aditi Mungale	209302304	BTech/CSE	2nd
22	Soumya Walia	219302101	BTech/IT	1st
23	Priyanshu Saini	209301418	BTech/CSE	2nd
24	Mayurakshi Ghosh	211016095	MSc/Clinical Psychology	1st
25	Suhani Patil	209202186	BTech/ECE	2nd
26	Ananya Singh	219311165	BTech/IOT	1st
27	Amith Antony John	219310305	BTech/AI&ML	1st
28	Kanishka Tyagi	211007058	BSc/Psychology	1st
29	Rtwik Nambiar	219310243	BTech(Hons.)/AI&ML	1st
30	Harshita kasaudhan	219301191	BTech/CSE	1st



31	Sona sharma	219303201	BTech/CCE	1st
32	Tanisha Chadha	211007061	BSc/Psychology	1st
33	Nimisha nambiar	211002001	Bsc/Biotechnology	1st
34	Rishika Kumar	209302134	BTech/IT	2nd
35	Mythili ittaman	200601006	BDes/Fashion Design	2nd
36	Uneza Khan	211301051	BA/LLB	1st
37	Geetika Porwal	209303041	BTech/CCE	2nd
38	Aanchal chunarkar	210903085	BCom(Hons.)/ACCA	1st
39	Vanisha Tyagi	219301323	BTech/CSE Core	1st
40	Vipul Mehndiratta	211106002	BA/Liberal Arts	1st
41	Sourav Sharma	210901283	BBA	1st
42	Shirin	219301170	BTech/CSE	1st
43	Zaara Mustakim	201103034	BA Hons Psychology	2nd
44	Gopal Sukhwal	199402034	BTech/Mechanical	3rd
45	Subham Marothi	209301320	BTech/CSE	2nd
46	Sejal Shirsale	209303345	BTech/CCE	2nd
47	Akanksha Abhilipsa	209303286	BTech/CCE	2nd
48	AKSHITA BHATT	219303193	BTech/CCE	1st
49	Khushi verma	211004006	BSc/Chemistry	1st
50	Fareeha Mulla	219301161	BTech/CSE	1st
51	Aditi Jain	210901348	BBA	1st
52	Jahanvi Agarwal	210901109	BBA	1st
53	Mahak Mahajan	211301109	BA/LLB	1st
54	Pranali Gupta	211103026	BA(Hons.)/Psychology	1st
55	Mahak Mahajan	211301109	BA/LLB	1st
56	Krupa Sheth	211016075	MSc/Clinical Psychology	1st
57	Khushi Gund	201007006	BSc(Hons.)/Psychology	2nd
58	Advika Shah	219302242	BTech/IT	1st
59	Shubhangi Ghosh	209309051	BTech/DSE	2nd
60	Rajvijay Singh Gaur	219303046	BTech/CCE	1st
61	Atik Raghuwanshi	219302236	BTech/IT	t
62	Kushagra Mathur	219310033	BTech/AI&ML	1st
63	Upvan Luthra	219302304	BTech/IT	1st
64	Tarun pradhan	219302396	BTech/IT	1st



65	Suhani	201007044	BSc/Psychology	2nd
66	Shubhangi Sharma	211103015	BA/Psychology	1st
67	Kanika Mahajan	210901341	BBA	1st
68	Kritika Sudhera	219303042	BTech/CSE	1st
69	Shivanshi Sharma	211301040	BA/LLB	1st
70	Tanvi Bhardwaj	219301209	BTech/CSE	1st
71	Lasya Varma	219310140	BTech/AI&ML	1st
72	Anshika Jaiswal	209302285	BTech/IT	2nd
73	tapas sharma	219202008	BTech/CSE	1st
74	Pravartika mishra	219303120	BTech/IT	1st
75	Srishti Saxena	201007004	BSc/Psychology	2nd
76	Aditi Goel	219301543	BTech/CSE	1st
77	Nishita Gogia	219301155	BTech /CSE	1st
78	Aditi Vinayan	211016087	MSc/Clinical psychology	1st
79	Khushi Ganatra	219303154	BTech/CCE	1st
80	Khushi Srivastava	209303162	BTech/CCE	2nd
81	Dhruv jhanwar	209301369	BTech/CSE	2nd
82	Anmol Bali	211301094	BA/LLB	1st
83	Neha Reddy Vutukuri	209301519	BTech/CSE	2nd
84	Sanya Ahuja	211103040	BA(Hons.)/Psychology	1st
85	Priyal Jain	219309126	BTech/DSE	1st
86	Madhav Mendiratta	219310027	BTech/AI&ML	1st
87	Kumari Vaishnavi	219302349	BTech/IT	1st
88	Nupur Palav	209202061	BTech/ECE	1st
89	Ankita Rajasekharan	211016006	MSc/Clinical Psychology	1st
90	Kashvi Singh	219301334	BTech/CSE	1st
91	Devika Raja	219303069	BTech/IT	1st
92	Mahek Chokhani	211201037	BJMC	1st
93	Yuval shah	219403009	BTech/Mechanical	1st
94	Kashish Verma	219301620	BTech/CSE	1st
95	Bhavya Vardhan Jain	219302347	BTech/IT	1st
96	Mukul sharma	201106012	BPES	2nd
97	Anjali Jain	211103087	BA(Hons.)/Psychology	1st
98	Jayansh Sharma	210901361	BBA	1st



99	Ananya Puranik	211007015	BSc(Hons.)/Psychology	1st
100	Aakanksha Ranjan	201016040	MSc/Clinical Psychology	2nd
101	Devika Soni	210601015	BFD	1st
102	Krishna koushika	219309118	BTech/DSE	1st
103	Mimansha Ranawat	211201074	Bjmc	1st
104	Ojasvitaa Bist	219301671	BTech/CSE	1st
105	Khushi	201007039	Bsc(Hons.)/Psychology	2nd
106	Paavni chadha	211301067	BA(Hons.)/LLB	1st
107	Pankhuri	219202051	BTech/CSE	1st
108	Vandit Chitkara	219301102	BTech/CSE	1st
109	Manjul Varshney	219302057	BTech/IT	1st
110	Himanshi Punjabi	211007042	BSc(Hons.)/Psychology	1st
111	Aakash Lakhangaonkar	189301168	BTech/CSE	4th
112	Ridhima Gupta	209301352	BTech/CSE	2nd
113	Anushka Dixit	209303315	BTech/CCE	2nd
114	Shukanya singh	219302025	BTech/IT	1st
115	Diya Mehta	211103070	BA(Hons.)/Psychology	1st
116	Pooja Sharma	201105017	BA/Liberal Arts	2nd
117	Ankita kumawat	211004003	Bsc(Hons.)/Chemistry	1st
118	Aditi Bendre	211015004	BCA	1st
119	Kanika taneja	211004002	Bsc(Hons.)/Chemistry	1st
120	Tanisha Nindawat	210603035	BFA/Applied arts	1st

10. Feedback of the Event:

The participants thoroughly enjoyed this workshop. It was a great medium to learn with their fellow club members along with the help of their seniors. They would like to attend more of these events.

11. Link of MUJ website -

<https://jaipur.manipal.edu/muj/news-events/events-list/dance-fitness---flavours-of-all-forms.html>




MANIPAL UNIVERSITY
JAIPUR

Mr. Hemant Kumar

Department of Mechatronics Engineering

Signature of the Faculty Coordinator

<p>DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	 <p><u>Dr. Arun Kumar Poonia</u> Asst. Director, DSW Clubs</p>
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**MANIPAL UNIVERSITY
JAIPUR**

COUNSELLING

DIRECTORATE OF STUDENT'S WELFARE

**NAME OF EVENT – BEATING THE EXAM STRESS
(NON-FINANCIAL EVENT)**

15th July 2022



Content of Report (INDEX)

1. Introduction of the Event

2. Objective of the Event

3. Beneficiaries of the Event

4. Details of the Guests

5. Brief Description of the event

6. Photographs

7. Brochure or creative of the event

8. Schedule of the Event

9. Attendance of the Event

12. Link of MUJ website



1. **Introduction of the Event**

“Beating the Exam stress” conducted by the mental health club of MUJ- Mind Over Matter, was inspired by the theme of sorting out heavily messed up exam minds. Its idea was to create a tension-free environment, where students in exam anticipation and anxiety could clear out mental knots, find solutions to before-exam problems and learn ways to be more productive. As young learners, we took the help and guidance of the respected counsellors of our college, who were insightful in their approach to the topic. The session was interactive and extremely fruitful for all who needed it.

2. **Objective of the Event**

The Core working team of Mind Over Matter was clear and purposeful in its approach towards the aim behind the event. We wanted it to be a productive spend of time for students to put down their books for an hour and learn something they will need for their lives. Our aim was to help students answer basic psychological queries like-dealing with anxiety before exams, importance of self-care, confidence and consistency, practical methods for better concentration and productivity, and recognition and appreciation of our hard work.

3. **Beneficiaries of the Event**

- Clarity in the way of thinking about exams
- Useful ways of dealing with fear and anticipation
- Importance of routines and discipline
- Self-appreciation for the hard work we do, as a motivation for future actions.

4. **Details of the mentor**

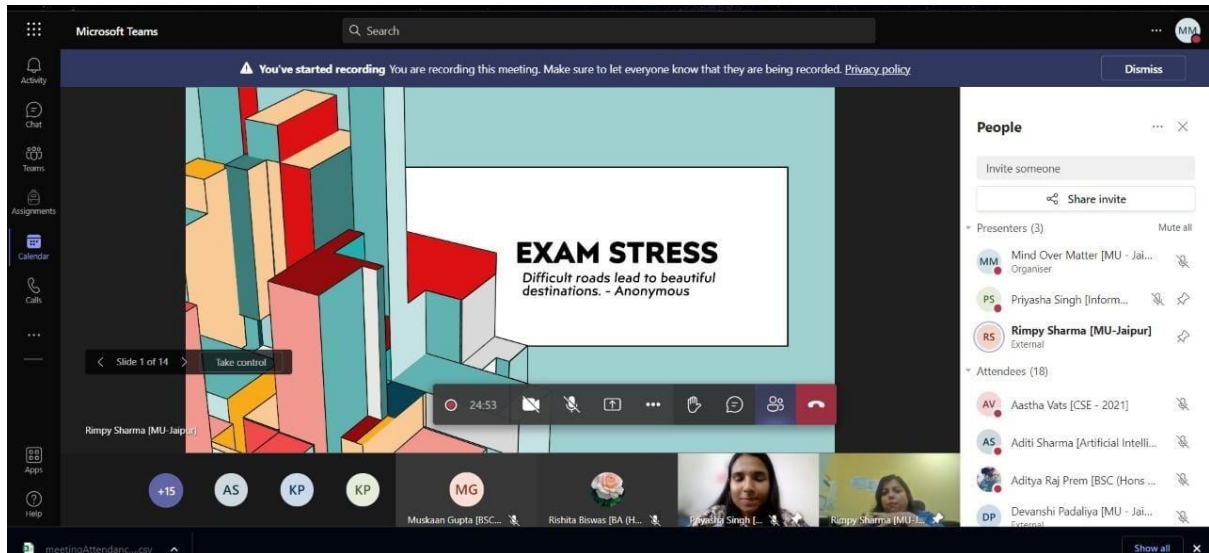
Details of the mentors: Ms. Devanshi Padaliya, Ms. Vandana Kabara, Dr. Rimpay Sharma (Counsellors of MUJ)

5. **Brief Description of the event** –

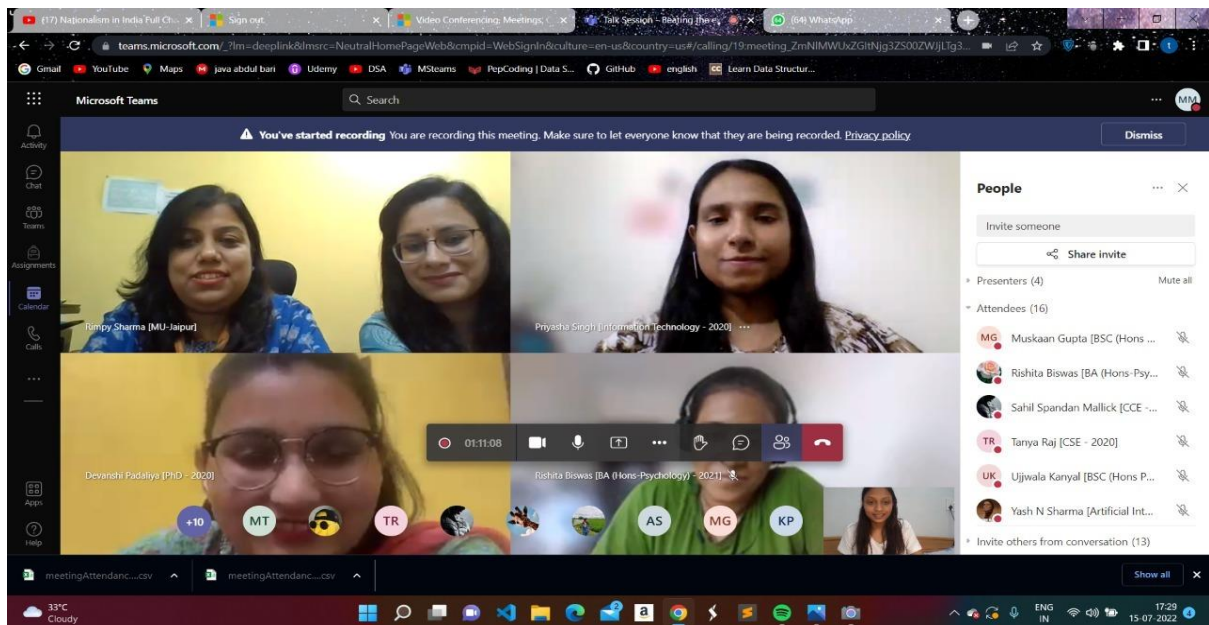
The event began with the introduction to the concept of counselling, its usefulness and necessity. The mentors created a rapport and easiness with the audience before diving into the topic. A presentation made by the counsellors guided us through the event. After their explanations, the floor was opened to questions from the audience. Our host Priyasha Singh (Vice President, MOM), on behalf of the team, discussed some essential topics with the counsellors. Overall, the event was productive, informative and crucial for the students.

6. Photographs of the event -

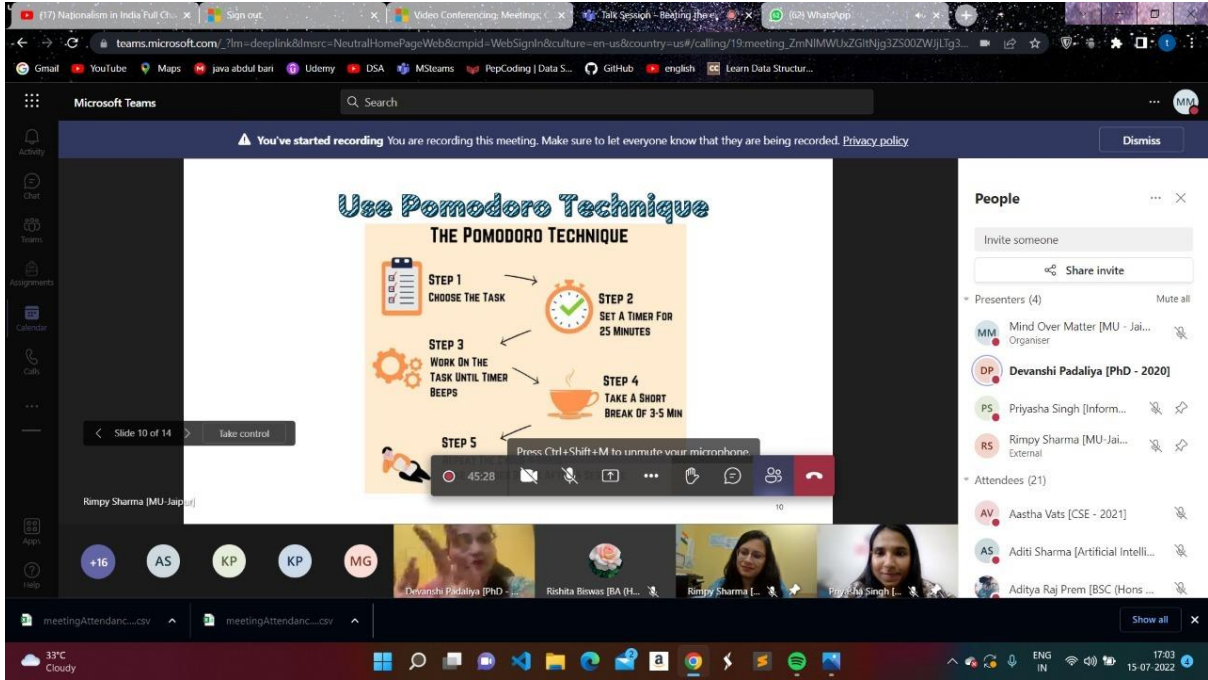
- Slides explaining what exam stress is.



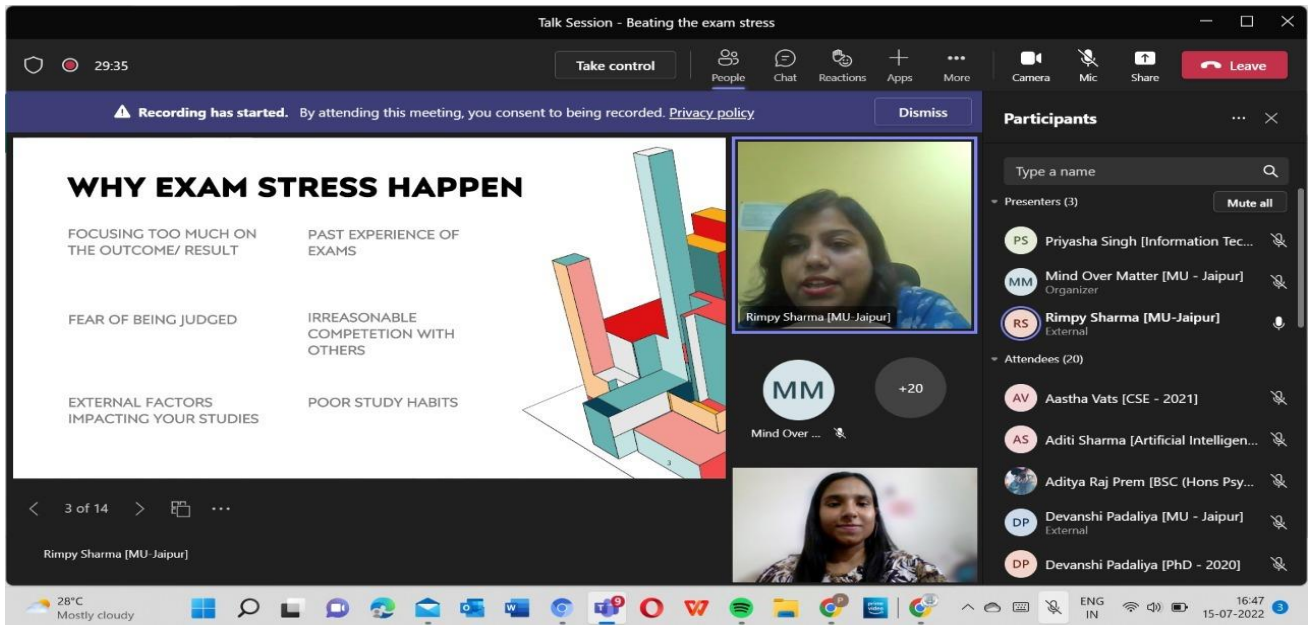
- Discussing the basic concepts of stress and worry.



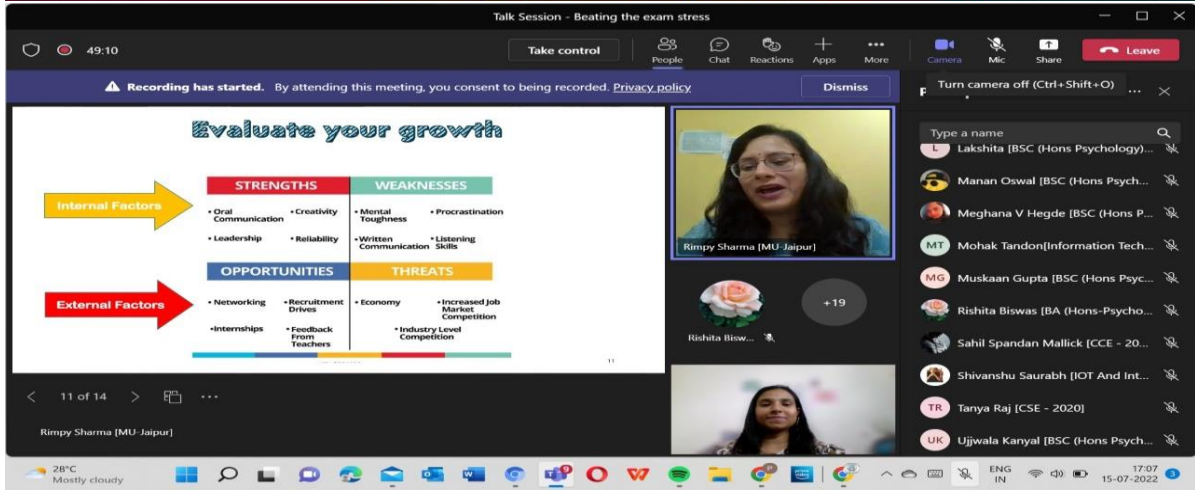
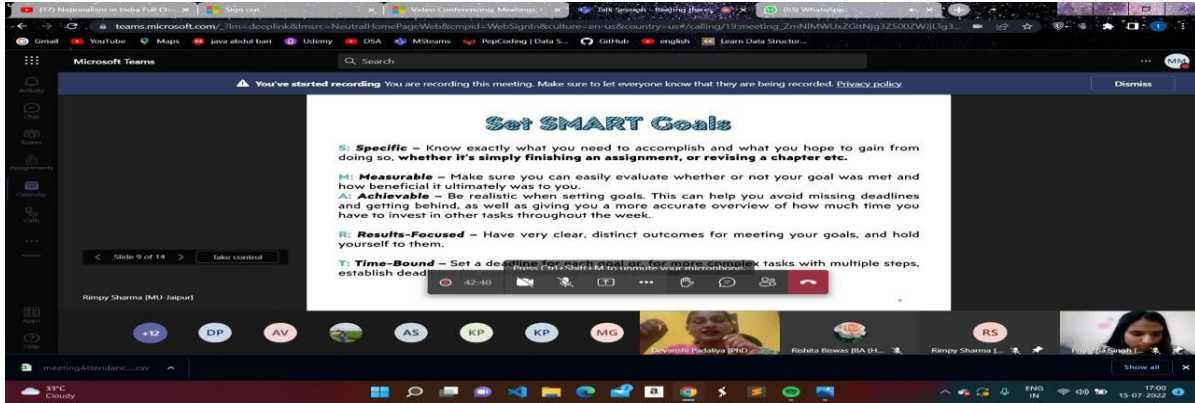
- Some of the effective ways to apply in your life which helps you prevent exam stress.



- In this pic Dr Rimpyma'am is discussing about why exam stress happens.

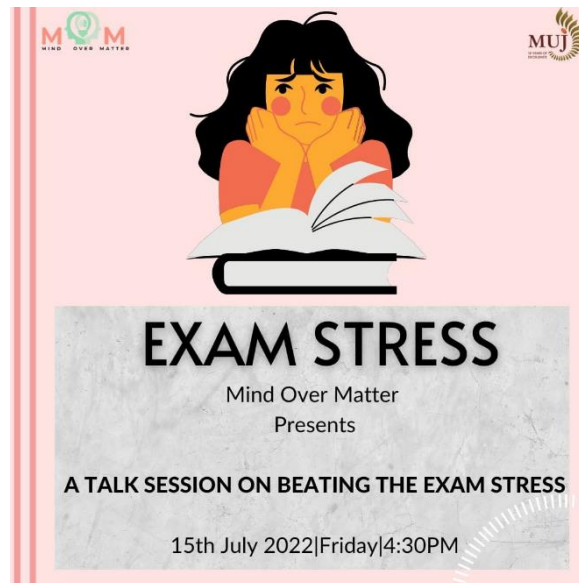


Some of the few pictures related to the session.



Some of the few pictures related to the session.

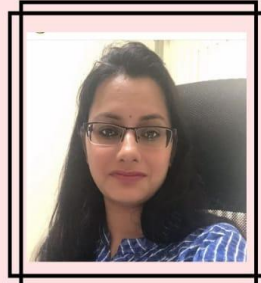
7. Brochure or creative of the event (inserted in document)



SPEAKERS PANEL



Ms Devanshi Padaliya
(Counsellor, MUJ)



Ms Vandana Kabara
(Counsellor, MUJ)



Dr Rimpay Sharma
(Counsellor, MUJ)

8. **Schedule of the event:**

Date - 15 July

Time- 4.30 PM

Platform - Microsoft Teams

9. **Link of the event-**

<https://forms.gle/Bh9En54pkiihYbDS6>



10. Attendance document is attached

Sno.	Name
1	Priyasha Singh
2	Khushi Panwar
3	Muskan G
4	Kashish Parmar
5	Aditi
6	Ujwalla
7	Arundhati de
8	Hansika kh
9	Tanmay M
10	Divyanshi
11	Kanika
12	Rishita
13	Rimpy
14	Devanshii
15	Sankalp
16	Astha
17	Garima
18	Sahil
19	Manan
20	Aditya
21	Tanya
22.	Meghna
23	Thakur
24	Mohak
25	Pradyum
26	Lakshita
27	Priyanshu
28	Gaurav
29	Shivanshu

Post event link: <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>



Faculty coordinator

Rimpy Sharma

(Dr Rimpy Sharma)

Student Counsellor

Directorate of Student's Welfare

Vandna Kabra

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

Devanshi Padaliya

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

<p>DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	<p><i>Arun Kumar Poonia</i> Dr. Arun Kumar Poonia Asst. Director, DSW Clubs</p>
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MUJ/DSW/Student Clubs/022/COSMOS/05

DIRECTORATE OF STUDENTS' WELFARE

UNDER THE STARS

Field Visit (Sambhar Lake)

Date of Event: - 10th May 2022



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1. Introduction of the Event: -

On the 10th of May, A Trip for the students of Manipal University Jaipur to the Sambhar Salt Lake was organized by COSMOS - The Science Club of MUJ in collaboration with Department of Physics, School of Basic Sciences. This Trip was conducted under the supervision of faculty coordinator, headed by Dr. Rashi Nathawat and Dr. Uvais Valiyaneerilakkal, Club President Mr. Utkarsh Agrawal and all the council members.

2. Objective of the Event: -

- To make the students wonder in awe about the stars above us.
- To give them the experience of a real earthly offline visit to nature

3. Beneficiaries of the Event: -

The Event was open for all the MUJ Students.

4. Brief Description of the event: -

The students who registered for the event did travel in a bus to the location i.e., Sambhar Salt Lake. Then they set up a minimal camping site and were getting ready for some fun activities. Meanwhile we were setting up our observation deck, with the Telescope and required lights with the help of volunteers. With some brief introduction the students were getting a basic knowledge via workshop, which was provided under the gaze of stars by Dr. Satyapal Singh Rathore. After that the observation of various stars and planets was started. It lasted for 6 hours where every individual student and faculty member was given the access of the telescope and explore the stars. There was also a brief photo session with the students for a lasting memory. It was dawn while we will be packing and heading back to the MUJ campus.

5. 3 to 5 screenshots of the event with captions: -



Fig 1: Before Boarding the bus for field visit

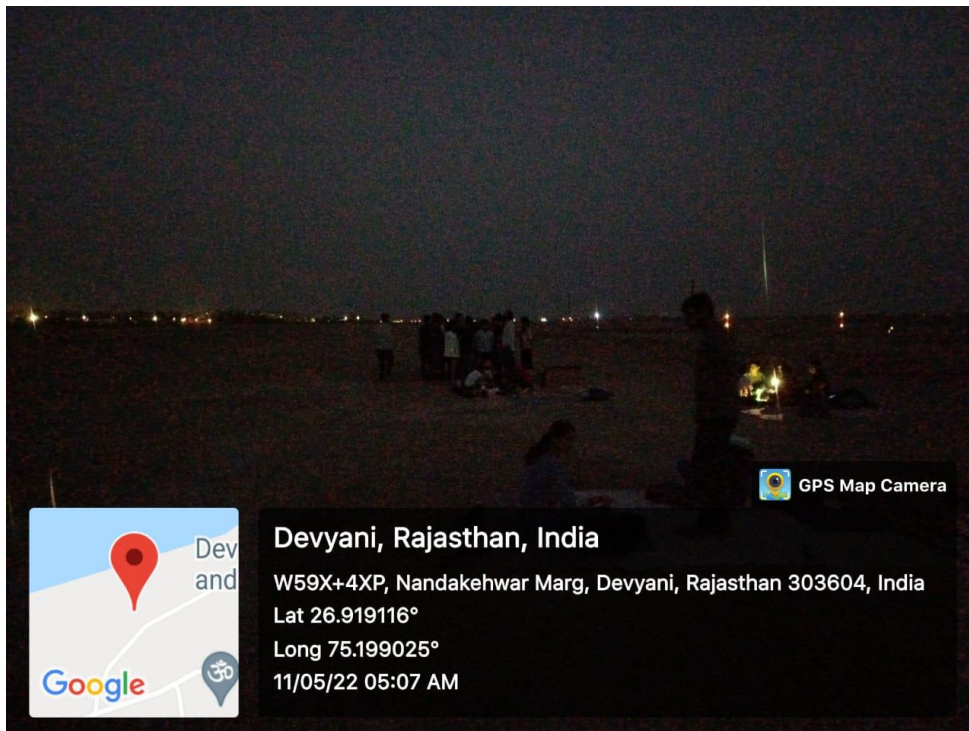


Fig 2: Students settling in at the camp site of field visit



Fig 3: Setting up of the telescope



Fig 4: Students started observing the Planets and constellations



Fig 5: Dr. Satyapal educating students about celestial objects and telescope

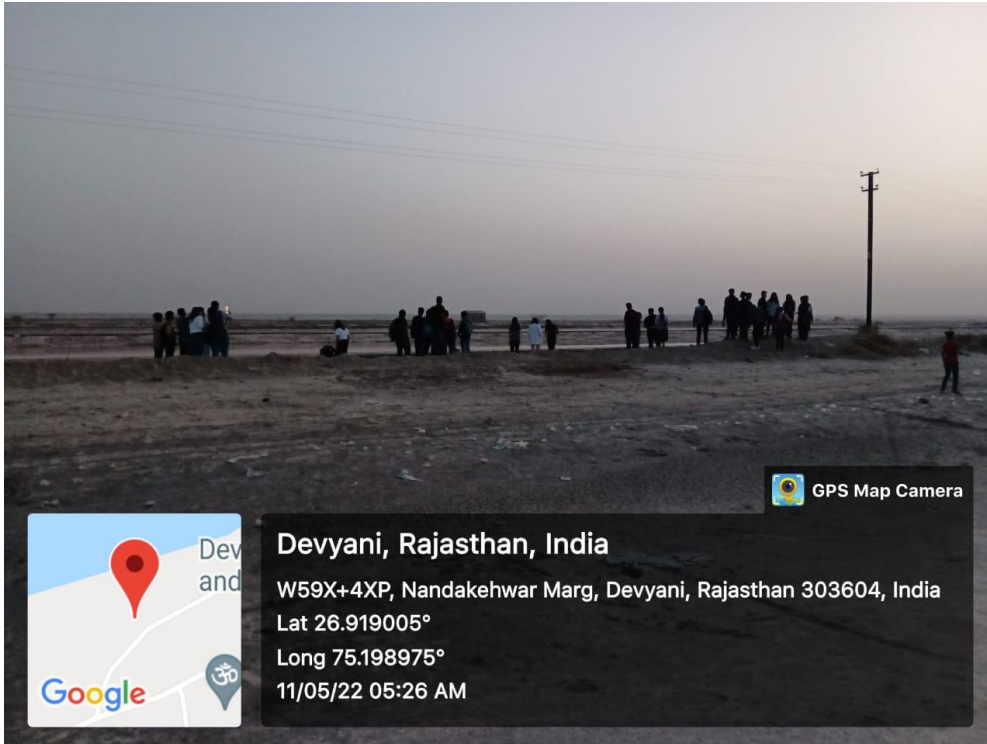


Fig 6: Students at dawn waiting for sunrise

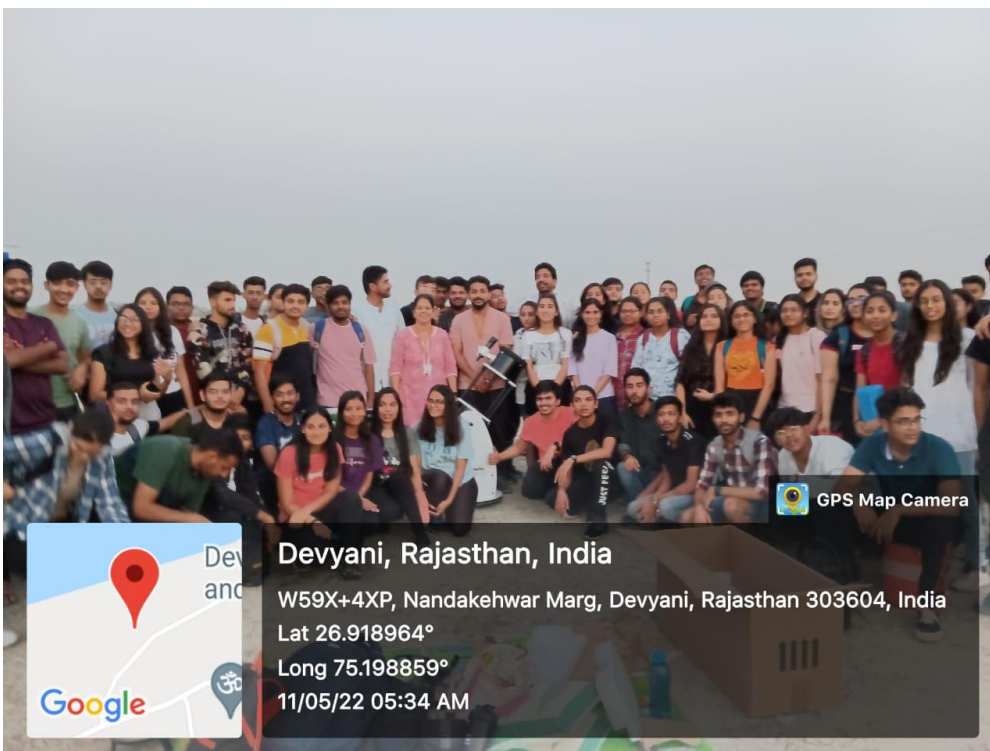


Fig 7: Before Boarding bus back to campus



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JAIPUR

6. Brochure of the event: -



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JAIPUR



COSMOS-The Science Club of MUJ
in
Collaboration with the Department of Physics
presents

A NIGHT TO REMEMBER

Under the Stars

A TRIP TO THE SALT LAKE
TO OBSERVE THE STARS AND THE PLANETS IN THE NIGHT SKY
WITH OUR DOBSONIAN TELESCOPE

LIMITED SEATS AVAILABLE!
REGISTER NOW!!!



Fee inclusive of meal and transport

May 10th, 2022 10 pm onwards

For more information contact:

Dr. Ashima Bagaria
HoD
Department of Physics

Dr. Rashi Nathawat
Faculty Coordinator
Department of Physics

Utkarsh Agarwal
9509097081
President, COSMOS

Yash Tomar
7027544427



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7. Schedule of the event: -

On May 10, 2022 (Tuesday) from 10:00 PM to 6:00 AM

8. Attendance of the Event: -

Total MUJ attendee- 84

3	✓	Vedant Nemade	219402022	
4	✓	Sanjeevan Kaluskar (Kulon)	219310029	✓
5	✓	Phanideep Kunisetty (Dhruv)	219310030	1137 ✓
6	✓	Drishti Singh	219301698	✓
7	✓	Sneha Khemka	219303012	✓
8	✓	JEET JAWALE	219202032	✓
9	✓	Juhi Anand Singh (Anshu)	219301224	✓
10	✓	Khushi Gupta	219301242	✓
11	✓	Pankhuri Piplani	219301554	✓
12	✓	Varada Mantrawadi (Varun)	219302252	✓
13	✓	Mohit Yadav	219301105	✓
14	✓	Kriti Kumari	211006001	✓
15	✓	ISHAN SOMANI	209303083	✓
16	✓	Satwik Sokey (Aditya Nambiar)	2110266	219302302 ✓
17	✓	Ishita Agarwal	209202106	✓
18	✓	Kashish zalani	211007026	✓
19	✓	Pranith pamidikondala	219401001	✓
20	✓	Shruti Gupta	209301001	✓
21	✓	Ujjwal Singh (Kshitij)	211006008	✓
22	✓	Radhika Kedia (Radhika Kedia)	209302426	✓
23	✓	Tushar bansal	219408001	✓
24	✓	Ishita Gupta	209301251	✓
25	✓	Rohan Kumar	219310151	✓
26	✓	Riddhima Saha	219311058	✓
27	✓	Tapas sharma	219202008	✓
28	✓	Vasu Avasthi	219301368	✓
29	✓	Nikunj Hemani	219302470	✓
30	✓	Aarushi Bhatia	211007078	✓
31	✓	Anoushka Goyal	219310246	✓
32	✓	Prasha Sharma	209303219	✓
33	✓	Shubhi talati (Abhinav)	219302117	3218 ✓
34	✓	Sheen	219301450	✓
35	✓	Prerna Singh	211007033	✓
36	✓	Twinkle Varma	219310195	✓
37	✓	Pranjal Kumar	219310133	✓
38	✓	Gurleen Kaur	219302434	✓
39	✓	Vasi Tanvika	219310112	✓
40	✓	Aditi singh	219301596	✓
41	✓	Lakshya Goel	219301625	✓
42	✓	Om Tiwari	211007031	✓
43	✓	Madhav garg (Madhav)	209301551	✓
44	✓	Chinmayee Dahake (Chinmayee)	211007034	✓
45	✓	Ritik kumar	219403022	✓
46	✓	Kushagra Jain (Kushagra)	219311121	✓
47	✓	Yuvraj Sahni	219311301	✓
48	✓	Saloni	219301036	✓
49	✓	Jitendra choudhary	219301150	✓
50	✓	Shivansh Panchal	219301054	✓
	✓	Arunim Sureka (Arunim)	219303090	✓



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✓ 51	✓	Khushi Mehta	219301604	✓	✓
✓ 52	✓	Manya Jain	219301516	✓	✓
✓ 53	✓	Aryaka Agarwal	219301348	✓	✓
✓ 54	✓	Aaron Sequeira	219302100	✓	✓
✓ 55	✓	Agrima Goel	219309075	✓	✓
✓ 56	✓	Aryan	219309105	✓	✓
✓ 57	✓	Yash Kumar Shrivastava	209302301	✓	✓
✓ 58	✓	Ananya Bhardwaj	219310261	✓	✓
✓ 59	✓	Sourabh Kumar	219301344	✓	✓
✓ 60	✓	Shashank sharaswat	219302100	✓	✓
✓ 61	✓	Jahanvi tyagi	219309078	✓	✓
✓ 62	✓	Adeeba khan	221051012	✓	✓
✓ 63	✓	Het Gandhi	219301530	✓	✓
✓ 64	✓	Lokeshwar Bhadu	201014012	✓	✓
✓ 65	✓	Insha Latief	221051008	✓	✓
✓ 66	✓	Yash Tomar	209302393	✓	✓
✓ 67	✓	Nivesh Kumar Agarwal	209403066	✓	✓
✓ 68	✓	Utkarsh Agarwal	199102002	✓	✓
✓ 69	✓	Aryan Shreyas Chitale	209202167	✓	✓
✓ 70	✓	Apoorv Raj Dubey	219310104	✓	✓
✓ 71	✓	Tushar Mishra	219303028	✓	✓
✓ 72	✓	Priyanshi Vyas	209302223	✓	✓
✓ 73	✓	Mayank Gupta	219301680	✓	✓
✓ 74	✓	Priyanka	211007046	✓	✓
✓ 75	✓	Palak Danwar	221051007	✓	✓
✓ 76	✓	Tanishq Jhavery	210305046	✓	✓
✓ 77	✓	Kalpesh Suthar	209301116	✓	✓
✓ 78	✓	Akanksha Jha	201007054	✓	✓
✓ 79	✓	Moulshri Daroch	219301579	✓	✓
✓ 80	✓	Kanika Mittal	219302084	✓	✓
✓ 81	✓	Preet Kalani	219311291	✓	✓
✓ 82	✓	Muskan Goyal	211015077	✓	✓
✓ 83	✓	Raghav Anand	219301396	✓	✓
84	✓	Vedant Gupta	219311013	✓	✓

members from Aperature (to cover the event)

- ✓ Pranav Bajaj: 219309007
- ✓ Aman Singh: 219301603
- ✓ Vishrut Raj: 219310074
- ✓ Anant Singh: 1117
- ✓ Anant Handharaj: 1100
- ✓ Abhisandya Akhram: 1709
- ✓ Kishakh: 3008
- ✓ Juhar Matta: 3063
- ✓ Kashish: 3040

Preet Winkars
Rajh
Doy
6/5/22



9. Feedback of the Event: - A Form was circulated to collect the Feedback of the students and the same is attached below

Timestamp	Name	WhatsApp Number	Feedback For Sambhar Salt Lake Trip. What you enjoyed or didn't	Your Suggestions to improve the working of the club, if any.
5-12-2022 11:57:44	Chinmayee Dahake	7647901917	It was good. But i didn't knew when they were showing saturn and venus so i was not able to see it in telescope	
5-12-2022 12:03:16	Shruti Gupta	7455864554	Enjoyed a lot	
5-12-2022 12:04:32	Insha Latief	7006891305	It was good	Everything was perfect
5-12-2022 12:12:28	Vasu avasthi	9588036361	Enjoyed too much , watching stars and the night bus journey	Snacks thoda. Achha ho jae (👍👍)
5-12-2022 12:15:14	Vedant Nemade	7758802557	The event was gorgeous , it was an amazing experience, everything was managed well , washroom facilities may be improved , rest each and everything was perfectly done	Bus accommodation and washroom facility can be planned better
5-12-2022 12:17:54	Palak Dawar	9990358945	I enjoyed everything during the trip. It was a very different experience and I loved it	
5-12-2022 12:18:28	Tapas sharma	6377634122	The most beautiful part of the tour was ofcourse the stars, its like a dream come true, a night under the stars. Losing the past regrets, forgetting the problems in a nutshell no night can be better than this. Loved it ❤️	The only improvement required is...we need such night outs more
5-12-2022 12:20:14	Adeeba khan	8750280666	Enjoyed the trip .great expenence	
5-12-2022 12:25:23	aryan	8130932058	i enjoyed everything and the refreshments were looco good , things i didn't enjoyed was that we departed at 10:42 instead of 9:42	we could have gone to see pokhran as yesterday 11 may was the day when pokhran test was done and it would also be a good star gazing spot
5-12-2022 12:25:43	Prerna Singh	9548941032	I enjoyed a lot	Engagement & social interaction
5-12-2022 12:27:12	Jeet jawale	9823328222	Yes i enjoyed it to the fullest	No
5-12-2022 12:33:30	Ananya Bhardwaj	7275220011	Enjoyed star gazing with friends	
5-12-2022 12:33:34	Anoushka Goyal	9311891684	Amazing trip, learning experience, really enjoyed looking at planets	Better refreshments
5-12-2022 12:34:36	Arunim Sureka	8987368926	I really enjoyed night under stars, watching moon and saturn through telescope. Overall it was a great experience!!	
5-12-2022 12:36:10	Akanksha Jha	7357342260	I really enjoyed the moon visuals and Jupiter and the star gazing done by us whole night... but didn't like the schedule of the trip as it was scheduled near exams so couldn't make the most out of the experience.	Nil
5-12-2022 12:58:13	Sourabh Kumar	8540800925	The trip was very good starting from registration to the actual day trip. Refreshments were in good quantity and worth the amount taken. The telescope was the best. Everything was good in this trip and would really love to join once again. I sincerely thanks the organizing team for this wonderful trip.	I would just suggest not to increase the intake from 50-60 its a sufficient number. If their are enough no. telescopes to cater larger no. of students then you should definitely increase the no. of students, for a particular trip or don't increase the intake.
5-12-2022 13:01:17	Het Gandhi	9016394568	I enjoyed a lot. Got to know a lot about telescope and also about space	The trip was great and I think everything was good and smooth
5-12-2022 13:07:56	Kriti Kuman	+91 91666 72267	Enjoyed indeed	Organize more events....
5-12-2022 13:13:18	Mohit Yadav	9671404266	Yes we enjoy a lot and we all are excited for these type of trips in future	Atleast club should not charge for these events from club members
5-12-2022 13:17:04	PRIYANKA AGRAHARI	9685210888	Enjoy every second of this trip	
5-12-2022 13:17:46	Juhi Anand Singh	6391914187	Enjoyed everything, from the bus ride to the star gazing, seeing the moon n planets.	
5-12-2022 13:23:37	Ritik kumar	7004978674	Yes	Please organise more event.
5-12-2022 13:28:58	Rohan Kumar	9903671921	Amazing trip, as photographer, doing astrophotography just feels so good	Better management
5-12-2022 13:44:50	Aryaka Agarwal	9389695592	It was a very different experience for me. I really enjoyed the star gazing which even made me even more curious about the subject astronomy	
5-12-2022 14:17:12	Aaron Sequeira	9867726291	Star gazing and like refreshments	
5-12-2022 14:26:01	Sheen	7042952197	The star gazing concept was my personal favourite	None
5-12-2022 14:35:38	Valleli Pooja	9063244744	Good	None
5-12-2022 14:43:13	Shashank Saraswat	8005803945	Everything was good	
5-12-2022 14:54:08	Pranjal kumar	7962348693	EVERY DAMN. THING. was enjoyable.	Not really
5-12-2022 15:05:30	Jitendra Choudhary	8824140014	Nice trip	No
5-12-2022 15:14:22	Lakshya Goel	9997061958	Enjoyed each and every moment 😊😊😊	
5-12-2022 16:20:47	Varada Mantrawadi	9156275327	Great thank you!	It's fine
5-12-2022 17:18:03	Muskan goyal	8955370535	sneak peek into the unending loop of some of the most beautifully placed objects painted in the sky.... So First of all the whole idea of star gazing and stuff is very exciting in itself But also there are a lot of prerequisites involved which should fall in the right place and i am glad that the whole team has done a commendable job to pull of the event in a very strategic manner. Let's start right from the beginning. • The smooth bus. Journey • The perfect landing spot. • Smooth conduct of the Telescopic view experience without compromising on time and by giving each and everyone their own time to appreciate the beauty of the sky in their true self. • Refreshment is like icing on the cake. • Also enabling us to see the full sight of the sky shirring with the bright stars is a very relaxing exercise altogether. • All the team members worked in symphony in order to channelize the crowd with utmost discipline.	Would also like to give some suggestions for future trips: • You should do a more thorough research regarding the technical aspect of it For example: 1. plan out a day in which we can see one or more event taking place together so that we can see more in then given amount of time. 2. Plan out a day in which we can see the stars more bright in clear, like a full moon day.

10. Link of MUJ website: - <https://jaipur.manipal.edu/muj/news-events/events-list/under-the-stars.html>

(Utkarsh Agrawal)

Signature of the Club President

(Dr. Rashi Nathawat)

Signature of the Faculty Coordinator



MANIPAL UNIVERSITY JAIPUR

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs

MUJ/DSW/Student Clubs/Convergence/12th August, 2022



DIRECTORATE OF STUDENTS' WELFARE

Seminar on handling the aesthetic overwhelmed life crisis, time management and goal setting

PSYCHE MONARCH

ONLINE EVENT

Platform:

Microsoft Teams

Date of Event (12th August, 2022)

(3:00 – 4:00 pm)



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1. Introduction of the Event

"PSYCHE MONARCH" is a seminar that puts emphasis on student growth. It chiefly incorporates the maintenance of an overwhelming life in the era of social media and aesthetics, along with effective time management and goal setting for a chaotic schedule of students.

2. Objectives of the Event

1. Achieving better results through effective planning and clarifying objectives.
2. Spending more time working toward your high-value goals.
3. Gaining a balance between professional goals and personal time.
4. Using time management tools more effectively.
5. Setting goals and prioritizing them to determine if activities are goal-directed.
6. Handling our overwhelming demands with time.

3. Beneficiaries of the Event

- Students

What benefits would they have from this seminar? :-

1. Higher level of productivity.
2. Reduced stress and anxiety.
3. A healthy work-life balance.
4. Provide direction and focus.
5. Setting of a realistic timeline for goal accomplishment.

4. Brief Description of the event

We have witnessed that students these days are busy with overachieving in their life, making themselves physically and mentally tired. They tend to get overwhelmed by a lot of things in every phase of their life. Time management is important to structure out time for self-care in every day's jumbled life. When we fail to make time for ourselves, we rush into things, and as a consequence it disrupts our goal setting.

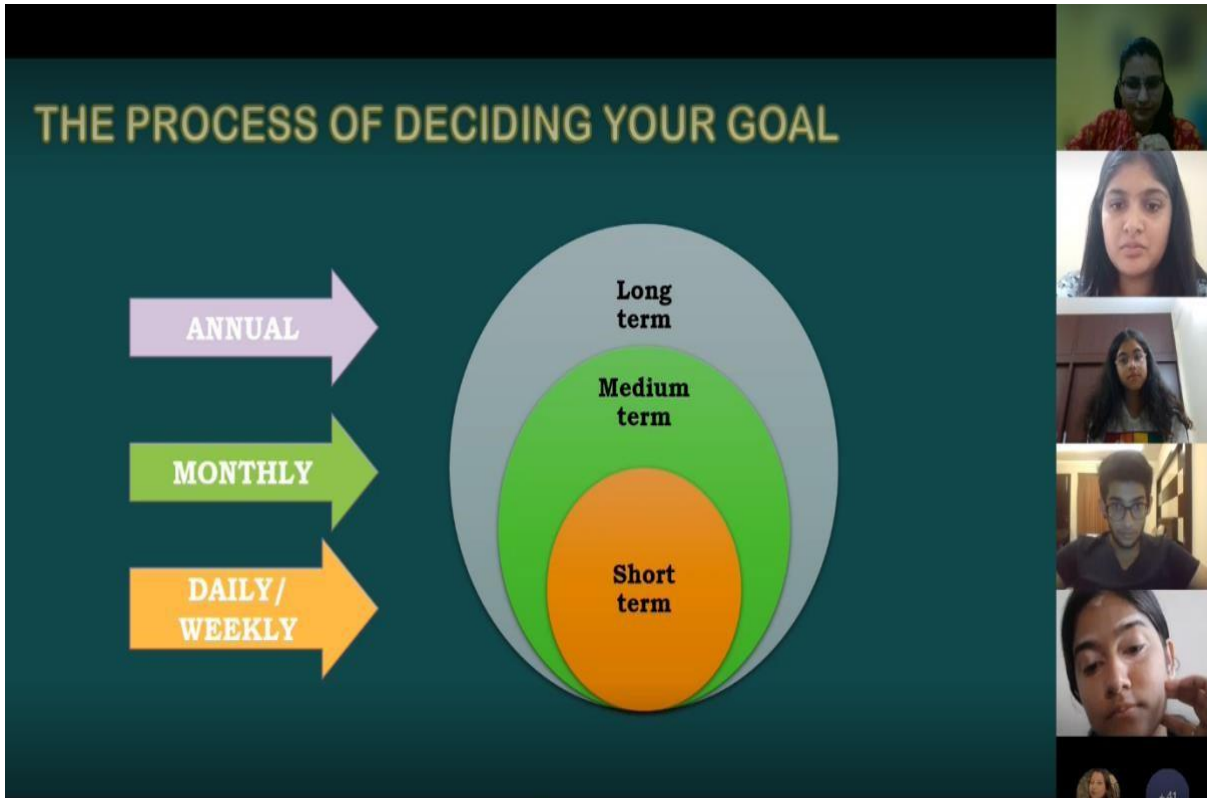
Our professionals are going to give us a brief on how we can handle our time being productive and setting our sheer goals too.

5. Photographs



Introduction of the seminar

THE PROCESS OF DECIDING YOUR GOAL



ANNUAL

MONTHLY

DAILY/
WEEKLY

Long term

Medium term

Short term

Ongoing seminar


Press **Esc** to exit full screen

Thank you!


**STUDENT SUPPORT SYSTEM,
Directorate of Student Welfare
Cabin no. 305, 309,314 in faculty block-
6, 3rd Floor, AB 2, University Campus.**

Email :
students.counsellor@jaipur.manipal.edu


Call:
0141-3999100 Ext.: 812



Ms. VANDNA KABRA



Dr. RIMPY SHARMA



Ms. DEVANSHI PADALIYA

Question Answer Segment with our Counsellors

6. Brochure or Creative of the Event



CONVERGENCE

psyche MONARCH

Handling the
*aesthetic-overwhelmed life involvements
*time management &
*goal setting

MEET THE SPEAKERS

 **Dr. Vandana Kabra**  **Dr. Rimpay Sharma**  **Dr. Divyanshi Padaliya**

DATE: 12th AUG '22
DAY: Friday
TIME: 3PM-4PM
VENUE: MS Teams





— AN ONLINE SEMINAR BY CONVERGENCE —

7. Schedule of the event

The event was on the 12th August 2022 from 3:00 – 4:00 PM

8. Attendance of the event

Total Attendance – 68

Sr. No.	Name of the Student	Registration No.
1.	Sukrit Goel	209403013
2.	Shruti Singh	210903066
3.	Nilanshi Jain	219311131
4.	Esha Jain	201201056
5.	Avisha Pareek	201201068
6.	Diya Mehta	211103070
7.	Nandini Sharma	211006009
8.	Bhoomi Mahipal Lodha	210901140
9.	Saakshi Lakhani	201201058



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10.	Chinmayee Dahake	211007034
11.	Devashish Singh	219303161
12.	Poorvi Nasa	211103060
13.	Ayush Parag Shah	219301533
14.	Chirag Mehta	210901014
15.	Chirag Maheshwari	201201045
16.	Manan Vyas	210901118
17.	Yuvraj Vasydeva	219301453
18.	Sakshi Kulkarni	219311147
19.	Shivam Aggarwal	209305003
20.	Vatsal Chaturvedi	219301228
21.	Manya Gupta	219302375
22.	Kriti Chakravorty	211103049
23.	Khushi	201007039
24.	Bhavna Chetry	211201016
25.	Dhruv Khanna	209309111
26.	Sunidhi Kushawah	201105013
27.	Tarun Agarwal	210901267
28.	Pranav Agarwal	210901317
29.	Anjali Jain	211103087
30.	Saranya Rastogi	209302209
31.	Siddhartha Sarkar	219301752
32.	Ashna Agnani	211103096
33.	Dhruv Bharara	199303208
34.	Jasmine Singh	211103058
35.	Pranit Chopra	219311017
36.	Tarun Pradhan	219302396
37.	Mrunal Sunil Mangaje	211003007
38.	Minakshi Kanwar	211103022
39.	Md Akram Raza	210903071
40.	Sundar Santhanam	201102009
41.	Saiyoni Khandelwal	211103082
42.	Abhisumat Subramanian	209403052
43.	Suhani Pareek	211002062
44.	Labhanshi Sharma	211002058
45.	Nidiguntapalem Nikhil	219310063



46.	Saloni Singh	211002057
47.	Kartik Totla	210606011
48.	Divy Dusad	210901366
49.	Gautami Rathore	210901081
50.	Garima Mahaur	201007034
51.	Harshit Basak	209303092
52.	Ashok Kumar Choudhary	211103089
53.	Siddhi Vijay Gujar	211103002
54.	Honisha	219311065
55.	Aayat Arora	201201078
56.	Saumya Sanjana Biswal	219310317
57.	Ritika Malhotra	219302332
58.	Prerana Singh	210903065
59.	Jai Bhati	219310314
60.	Pavni Sharma	211103047
61.	Sylvia Parveen	211003009
62.	Nandini Tungaria	211003001
63.	Archita Vyas	211003006
64.	Ankita Kumawat	211004003
65.	Sia Kataria	211103056
66.	Parth Sharma	209303071
67.	Vidhanshi Sharma	219301154
68.	Avanya Sagar	219303045

9. Post event link: <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>

Avisha Pareek

Signature of the Student Coordinator

Swikrita Dowerah

Signature of the Faculty Coordinator

DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR	 Dr. Arun Kumar Poonia Asst. Director, DSW Clubs
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DIRECTORATE OF STUDENTS' WELFARE

The Fishbowl Experience

Cultural Event

The Music Club

ONLINE EVENT

Platform: Instagram (tmc.muji)

Date of Event (12th August 2022)

(7:30pm – 8:00 pm)

Index

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6.	Brochure or creative of the event	6
7.	Schedule of the Event	6
8.	Attendance of the Event	7
9.	Link of MUJ website	8

1. Introduction of the Event

The Music Club organized an online event known as “Fishbowl”, it is an online only event which is held on our official Instagram page for our followers to enjoy and it also gives us an opportunity to make people aware of the talent in TMC.

2. Objectives of the Event

- To make events accessible to everyone including non – TMC members
- To provide a platform for TMC artists to perform and make themselves heard.

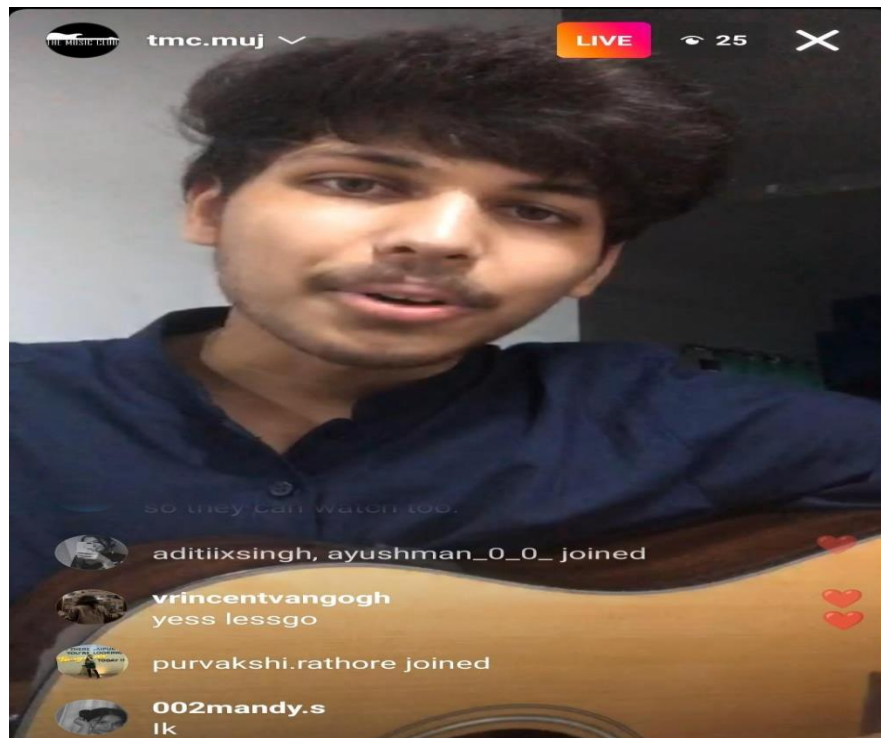
3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

The Fishbowl experience is an event which was first started in 2021 during lockdown. In every edition we have had a new performer with a prepared set of about 25-30 minutes, going live on our Instagram page(@tmc.muj). We have previously held 8 such performances. The ones who have performed previously are Atharv Sinha, Sanchit Srivastava, Deeptangshu Paul, Nihit Mathur, Anmol Srivastava, Ronit Banerjee, Anish Mohanty, Ayush Malik, and Vasundhara Panwar. This time we have a 4th year member of TMC – Sarvagya Mishra. He performed for the Instagram Live with his beautiful set. Below attached is the poster of the event.

5. Photographs

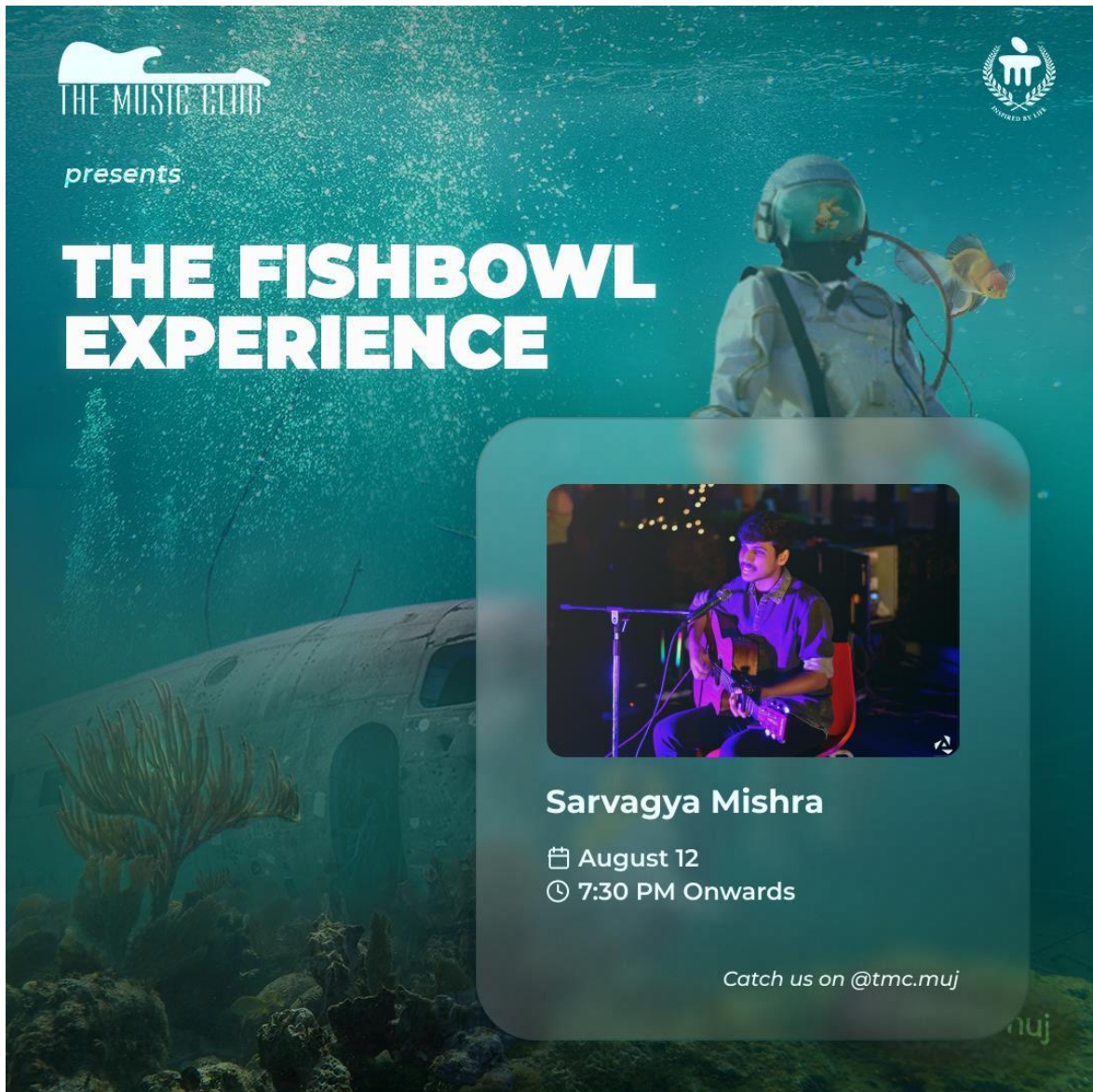


Sarvagya with his breath-taking set



A lot of positive feedback, the event was a success

6. Brochure or Creative of the Event



7. Schedule of the event

The event was on 12th August 2022 from 7:30pm – 8:00pm

8. Attendance of the event: Total

attendee: 26

S.No	Name
1.	Manya Sharma
2.	Anish Mohanty
3.	Anmol Srivastava
4.	Anshika Agarwal
5.	Vrinda Kohli

6.	Ishita Sharma
7.	Kshitiz Singh Rathore
8.	Ashvath Jain
9.	Ronit Banerjee
10.	Anannya Chaudhary
11.	Abhudaya Mehrotra
12.	Jerry Sen
13.	Mohammad Daniyaal Mustafa
14.	Devrishi Saha
15.	Siddhant Keshav
16.	Aditya Pramar
17.	Aayush Srivastava
18.	Pratyasha Moharana
19.	Divij Joshi
20.	Mahika Gupta
21.	Krishi Rijwani
22.	Bhumika Keswani
23.	Ishita Julka
24.	Arjun Taneja
25.	Deeptangshu Paul
26.	Dhruv Verma

9. Post Event Link: <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>

Mohammad Daniyaal Mustafa

Head of Events and Promotions, TMC, MUJ

Signature of the Student Coordinator

Dr. Prashasti Jain

School of Psychology

Signature of the Faculty Coordinator

<p>DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	 <p>Dr. Arun Kumar Poonia Asst. Director, DSW Clubs</p>
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DIRECTORATE OF STUDENTS' WELFARE

Sketch Your Symphony:

Art Prompt

Scribbles- The Art and Crafts Club

ONLINE EVENT

Platform: Instagram

Date of Event (4th August'22-11th August'22)

Index

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9.	Link of MUJ website	6

1. Introduction of the Event

Scribbles came back with an online event wherein the participants were asked to illustrate the lyrics of a song of their choice. The art could be of any form the participant wished. The lyrics to choose were completely up-to them. The artwork submissions started from 4th August'22 till 11th August'22. The artworks submitted were displayed over the club's Instagram page (@scribblesmuj).

2. Objectives of the Event

The objective of the event is to explore the participants imagination. To understand the lyrics of the song and express them through their art.

3. Beneficiaries of the Event

The Participants

4. Brief Description of the event

The event provides an opportunity to all music + art enthusiasts to give a visual representation of their favorite song. It tests the imaginative capabilities of the participants.

5. Photographs



Fig 1: A submission

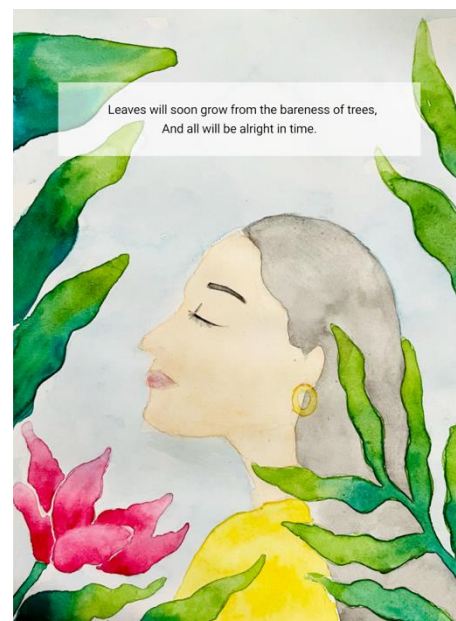


Fig 2: A submission



Fig 3: A submission

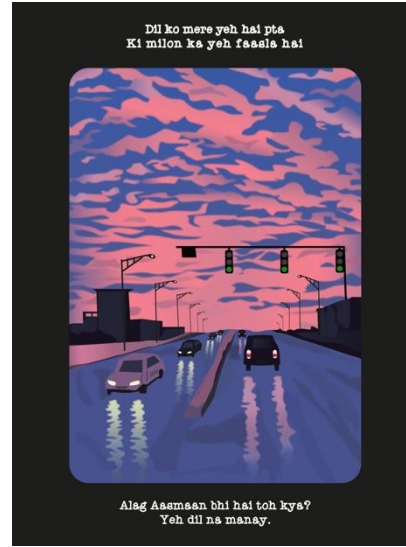
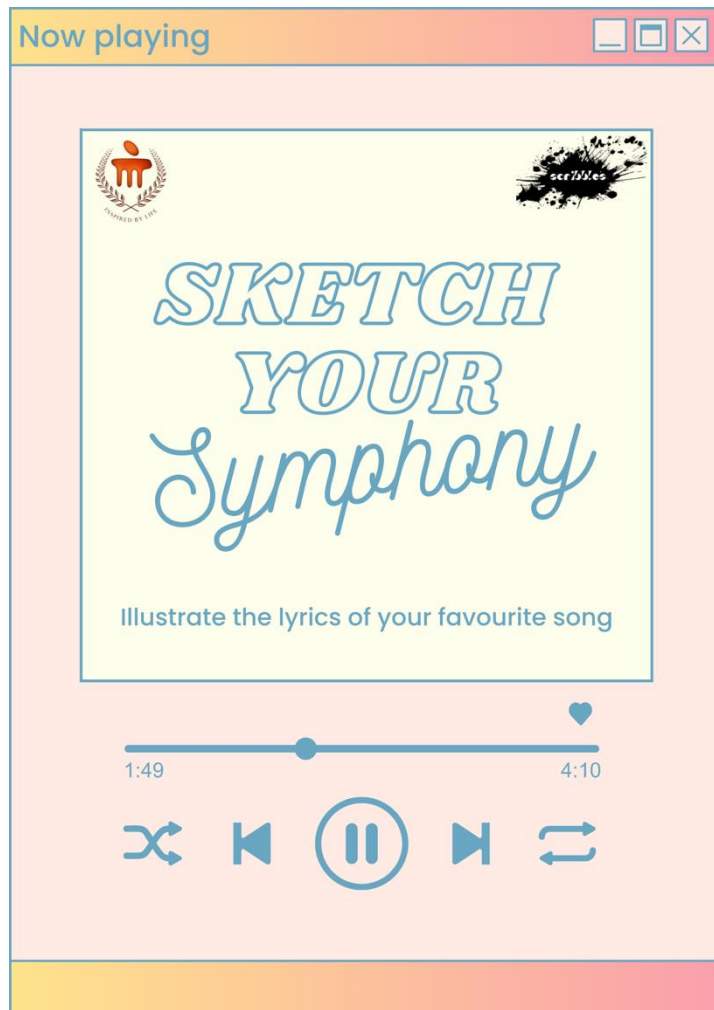


Fig 4: A submission

6. Brochure or Creative of the Event



7. Schedule of the event

The event was held from the 4th of August'22 till the 11th of August'22.

8. Attendance of the event:

Total responses: 16

16 responses



Not accepting responses

Message for respondents

This form is no longer accepting responses

Timestamp	Name	Course	Registration Number
2022/08/04 6:51:39 PM GMT+5:30	Divya	Designing	180604008
2022/08/04 9:40:40 PM GMT+5:30	Maansi Singh	Mechanical Engineering	219402013
2022/08/05 3:47:03 PM GMT+5:30	Aarushi Gandhi	Btech CCE	209303113
2022/08/05 8:52:34 PM GMT+5:30	Aarushi Gandhi	Btech CCE	209303113
2022/08/05 11:17:23 PM GMT+5:30	Shreyansh Sharma	B.tech EEE	209205045
2022/08/06 9:00:28 PM GMT+5:30	ANANYA CHANDRAKER	BTECH-IT	219302487
2022/08/07 5:22:17 PM GMT+5:30	Shlok Mohite	Mechanical	209402057
2022/08/08 6:51:23 PM GMT+5:30	S P Akash	Btech	199402008
2022/08/08 10:04:12 PM GMT+5:30	Manali Mahajan	B.Tech (CCE)	209303224
2022/08/09 9:35:44 PM GMT+5:30	Dhruvi Modi	Applied arts- fine arts	200603002
2022/08/09 9:47:37 PM GMT+5:30	Naveesha Srivastava	B. Tech CSE	209301372
2022/08/09 11:27:15 PM GMT+5:30	Nehal Mehta	Btech - IT	209302329
2022/08/10 3:12:38 PM GMT+5:30	Tanisha Chadha	Bsc hons psychology	211007061
2022/08/10 3:58:12 PM GMT+5:30	Tanisha Chadha	Bsc hons psychology	211007061
2022/08/11 5:37:20 PM GMT+5:30	Karthika K.S	B-tech	219202052
2022/08/11 11:45:31 PM GMT+5:30	Harsh Sharma	B.tech	209303124



9. Post event link: <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>

Scribbles Instagram Page: <https://www.instagram.com/scribblesmuj/>

Instagram Handle: @scribblesmuj

Harleen Kaur(3rd Year,Department of Arts)


President/Scribbles

Signature of the Student Coordinator

Ms. Dechen Angmo(Department of Fine Arts)


Faculty Coordinator

Signature of the Faculty Coordinator

<p>DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	 <p><u>Dr. Arun Kumar Poonia</u> Asst. Director, DSW Clubs</p>
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Report 1

Community Outreach Programme in collaboration with Community Radio 90.8 FM Manipal University Jaipur on topic titled "Importance of Financial Literacy for Rural Development".

Heading	Importance of Financial Literacy for Rural Development
Author	Department of Economics
Caption	Department of Economics in collaboration with community radio 90.8, MUJ organised a community outreach programme for the Dhemi Kalan Village people on "Importance of Financial Literacy for Rural Development" on 28/07/2023.
Main Body	Dr Naseeb Singh and Dr Namrata, Assistant Professors in department of economics delivered a talk at Dhemi Village to raise the awareness of financial literacy for the rural development.
Images	



Video URL

NA

**DEPARTMENT OF ECONOMICS
FACULTY OF ARTS
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
MANIPAL UNIVERSITY JAIPUR**

Report

Title: Workshop on self-awareness

Date: April 09, 2022

Brochure:



School of Business & Commerce in collaboration with
Department of Economics, School of Humanities & Social Sciences
is

Organizing

Workshop

on

"Self Awareness"

Date: April 9, 2022

(time 10:00 am to 12:00 noon.)

Resource Person

Ms. Mridu sharma

(Youth coach and Lead Copy writer atWATconsult)

Convenor:

*Dr. Tanushree Sharma
Associate Professor, Department of
Commerce*

*Dr. Minali Banerjee
Assistant Professor, Department of
Economics*

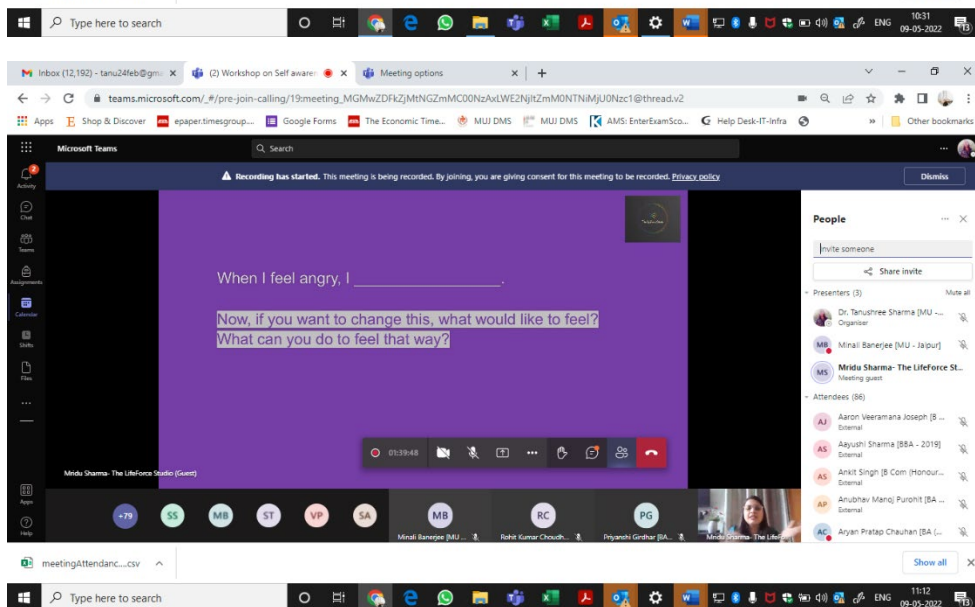
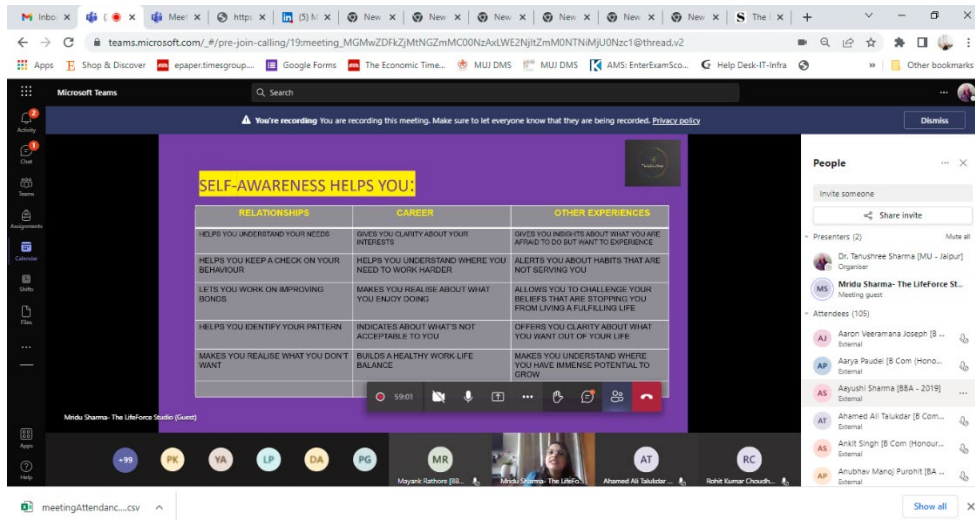
About the Event: Department of Economics, School of Humanities and Social Sciences, Manipal University Jaipur organised a webinar on May 09, 2022, at 10 A.M. for the undergraduate student's training on self-awareness. The invited speaker was Ms. Mridu Sharma, Youth coach and Lead Copy writer at WATconsult. Around 30 students participated. The workshop was on making students understand oneself. This helped them realize their weaknesses and how to overcome them. The speaker also explained that the self-awareness helps in overcoming anxiety and depression that the current generation is facing. The workshop was a great learning for our young minds since it also trained them on controlling their anger. The students participated with enthusiasm and discussed their believes with the speaker.

Attendance Sheet:

Full Name

Apoorva Lakhota [Economics(Hons) - 2019]
Mridu Sharma- The LifeForce Studio (Guest)
Aishwarya Seth [BA (HONS-ECONOMICS) - 2020]
Priyanshi Girdhar [BA (Hons - Economics] - 2020] (Guest)
Sakshi Kumawat [BA [Hons - Economics] - 2020] (Guest)
Dakshita Agarwal [BA (Hons-Economics) - 2021]
Gaurav Kumar [BA (Hons-Economics) - 2021]
Mohit Saharan [BA (Hons-Economics) - 2021] (Guest)
Kavya Choudhary [BA (Hons-Economics) - 2021] (Guest)
Lavish Singh Parmar [BA (Hons-Economic) - 2021]
Yashi Agrawal [BA (Hons-Economics) - 2021] (Guest)
Paritosh Bhushan [BA (Hons-Economics) - 2021] (Guest)
Praseeda Kondru [BA (Hons-Economics) - 2021]
Disha Goyal [BA (Hons - Economics] - 2020] (Guest)
Anubhav Manoj Purohit [BA (Hons-Economics) - 2021]
Fez Mastan Khan [BA (Hons-Economics) - 2021]
Rohit Kumar Choudhary [BA (Hons-Economics) - 2021]
Saarthak Tiwari [BA (Hons-Economics) - 2021] (Guest)
Vasundhara Pawar [BA (Hons-Economics) - 2021]
Harsh Meena [BA (Hons-Economics) - 2021]
Harshit Sharma [BA (Hons-Economics) - 2021] (Guest)
Rishita Sandeep Tripathi [BA (Hons-Economics) - 2021] (Guest)
Ankit Bhatnagar [BA (Hons-Economics) - 2021] (Guest)
Atharv Aphale [BA (Hons-Economics) - 2021] (Guest)
Gaurav Baasniwal [BA (Hons-Economics) - 2021]
varuni (Guest)
Minali Banerjee [MU - Jaipur]
Heeral Lamba [BA (Hons - Economics] - 2020] (Guest)
sharatsalil@gmail.com (Guest)
sparshsaxena040803@gmail.com (Guest)
Shivangi Kapoor [BA (Hons-Economics) - 2021] (Guest)
nikhilkumarg02@gmail.com (Guest)
Divya Surana [BA (Hons-Economics) - 2021]
Insha Imran Jafri [BA (Hons-Economics) - 2021]
Aryan Soni [BA (Hons-Economics) - 2021]
Harsh Jain [BA (Hons - Economics] - 2020] (Guest)
Sher Singh Choudhary [Economics(Hons) - 2019]
Aryan Pratap Chauhan [BA (Hons) - Economics - 2020] (Guest)
KAJAL [BA (HONS-ECONOMICS) - 2020]
Sara Sharma [BA (Hons - Economics] - 2020]

Pictures of the Event:





MANIPAL UNIVERSITY
JAIPUR

MUJ/DSW/Student Clubs/2022/IRC/Feb. 18



MANIPAL UNIVERSITY
JAIPUR

DIRECTORATE OF STUDENTS' WELFARE

Webinar on 'Afghanistan Crisis and India's Outreach To
Central Asia'

Online event

DATE: 18th February 2022



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10.	Feedback of the Event	7
11.	Link of MUJ Website	7



1.Introduction of the Event

The webinar on ‘Afghanistan Crisis and India’s Outreach To Central Asia’ was held on 18th February, 2022 on Google Meet from 12.00pm to 1.00pm.

The speaker was Dr. Prashant Chaudhary, author of Retail Marketing In The Modern Age, content reviewer for Wiley and Sage, works with SSPU in Pune.

2.Objectives of the Event

- Having an informative session on an International Relations topic for the club members and others.
- Getting students interested in IR and world affairs.
- Getting students interested in joining IRC and its activities.

3.Beneficiaries of the Event

- Students
- Faculty

4.Details of the Guests

Guest: Dr. Prashant Chaudhary

Dr. Prashant Chaudhary works with Symbiosis Skills and Professional University (SSPU), Pune.

He is the author of ‘Retail Marketing in the Modern Age’ and ‘Selling and Negotiation Skills- A Pragmatic Approach’. He has also worked on multiple research papers. He is associated with Wiley and SAGE publishing as a content reviewer. He is a recipient of the Innovative Educator Award, conferred by Valia Centre of Excellence, Mumbai and The Hindu Business Line. He has also received honorary ‘Rosalind Membership’, awarded by the London Journals Press in the UK, as well as the ‘Performance Excellence Award’ at IARE 2020 which is conferred by the GISR Foundation.

Contact number: +91- 9552524724



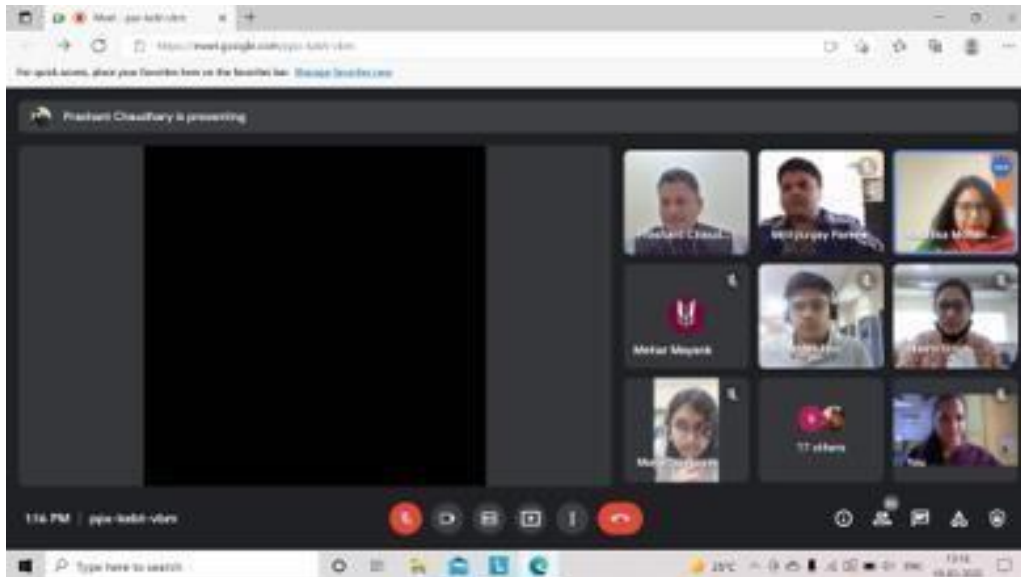
5. Brief Description of the event

The session began with an introductory speech by the President of IRC, Kanishka Kansal. The faculty coordinator of IRC, Dr. Radhika Mohan Gupta introduced the speaker, Dr. Prashant Chaudhary. The speaker was also welcomed by Prof. Mani Sachdev, professor of Philosophy from the Department of Arts.

Dr. Prashant Chaudhary then began his lecture on the topic. The session lasted an hour, giving an overview of the Afghanistan crisis and India's relationship with other South Asian countries. He explained the topic using a power point presentation, after which there was a round of questions from the attendees.

The session ended with a note of gratitude.

6. Photographs



Attendees of the webinar.



MANIPAL UNIVERSITY
JAIPUR

India and Central Asia After Afghan Crisis - From Pain to Promise

Country	GDP per capita (in dollars)	Population (in millions)
Uzbekistan	9,071	32.7
Kazakhstan	12,787	17.7
Turkmenistan	12,787	5.7
Kyrgyzstan	12,787	5.7
Tajikistan	12,787	9.7

Dr. Chaudhary giving the lecture.

Prashant Chaudhary is presenting

Dr. Prashant Chaudhary elaborating on the topic, talking about India and its relationship with other South Asian countries.



MANIPAL UNIVERSITY
JAIPUR

7. Brochure or Creative of the Event

MANIPAL UNIVERSITY
JAIPUR

MUJ

IRC

DEPARTMENT OF ARTS
INTERNATIONAL RELATIONS COUNCIL
presents
WEBINAR
on
'Afganistan Crisis & India's Outreach to Central Asia'

JOIN WEBINAR

18 Feb 2022
12:00-1:00p.m

Google meet
meet.google.com/ppx-kebt-vbm

With- **Dr. Prashant Chaudhary**

- Works with Symbiosis Skills and Professional University(SSPU), Pune
- Author, Retail Marketing in the Modern Age and multiple research papers
- Content reviewer, Wiley, and SAGE
- Recipient of Innovative Educator Award, conferred by Valia Centre of Excellence, Mumbai and The Hindu Business Line

8. Schedule of the event

The event was on the 18th of February 2022, from 12.00pm to 1.00pm.

9. Attendance of the Event

Total attendees- 30

S. No.	Name of Institution	Place of Institution	Registration no.	Name
1.	Manipal University Jaipur	Jaipur	199301265	Adams Johny
2.	Manipal University Jaipur	Jaipur	190901027	Akshat Chaudhary
3.	Manipal University Jaipur	Jaipur	-	Bharti Arya
4.	Manipal University Jaipur	Jaipur	-	Ganesh Prakash



MANIPAL UNIVERSITY JAIPUR

5.	Manipal University Jaipur	Jaipur	-	Harshita Choudhary
6.	Manipal University Jaipur	Jaipur	-	Ishan Mishra
7.	Manipal University Jaipur	Jaipur	-	Jaanavi Tiwari
8.	Manipal University Jaipur	Jaipur	-	Jitin singh
9.	Manipal University Jaipur	Jaipur	-	Kushagra Parmar
10.	Manipal University Jaipur	Jaipur	-	Manisha Khan
11.	Manipal University Jaipur	Jaipur	-	Mehar Mayank
12.	Manipal University Jaipur	Jaipur	201301028	Mrityunjay Pareek
13.	Manipal University Jaipur	Jaipur	-	Nandni
14.	Manipal University Jaipur	Jaipur	191301070	Paranjay Sharma
15.	Manipal University Jaipur	Jaipur	-	Sajal Saxena
16.	Manipal University Jaipur	Jaipur	211301061	Sanya Mathur
17.	Manipal University Jaipur	Jaipur	199303054	Shiva Suryan
18.	Manipal University Jaipur	Jaipur	190901029	Trishanjali V
19.	Manipal University Jaipur	Jaipur	-	Tushar Saini
20.	Manipal University Jaipur	Jaipur	199303015	Vikrant Kulkarni
21.	Manipal University Jaipur	Jaipur	-	Sabiha Khan
22.	Manipal University Jaipur	Jaipur	-	Shyam Lal
23.	Manipal University Jaipur	Jaipur	-	Chityanj Sharma
24.	Manipal University Jaipur	Jaipur	-	Srijan Das
25.	Manipal University Jaipur	Jaipur	-	Kalpiti Malik
26.	Manipal University Jaipur	Jaipur	-	Kashish Thakur
27.	Manipal University Jaipur	Jaipur	-	Saket Sahadev



28.	Manipal University Jaipur	Jaipur	-	Tej Bahadur Rawat
29.	Manipal University Jaipur	Jaipur	-	Mohit Kumar
30.	Manipal University Jaipur	Jaipur	-	Rishabh Gupta

10. Feedback of the Event

The participants thoroughly enjoyed the event. It was an informative session. Feedback from one of the students who attended- “Prashant sir explained every facet of the topic in so simple words and within a shortspan of time, he made the topic very easy to comprehend even for a person who doesnot know much about the topic.”

11. Link of MUJ Website

<https://jaipur.manipal.edu/content/muj/news-events/events-list/courting-the--stans--afghanistan- crisis-and-india-s-outreach-to-.html>

Kanishka Kansal
President
International Relations Council
Student Coordinator

Dr. Radhika Mohan Gupta
School of Humanities and Social Sciences
Department of Arts
Faculty Coordinator



MANIPAL UNIVERSITY
JAIPUR

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs

MUJ/DSW/SC/16 Dec 2022



DIRECTORATE OF STUDENT'S WELFARE

(SOCIETY CONNECT)

In collaboration with

SCHOOL OF BASIC SCIENCES

DEPARTMENT OF CHEMISTRY

on

**Awareness Workshop-IV_Rural Development and Women
Empowerment Schemes of Govt. of India**

December 16, 2022

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11.	Link of MUJ website	10

1. Introduction of the Event: -

Department of Chemistry, School of Basic Sciences in collaboration with Directorate of Student Welfare (DSW), Manipal University Jaipur has conducted forth awareness workshop on “Women Empowerment schemes” offered by state and central governments for villagers of nearby villages under societal connect activities.

2. Objective of the Event: -

- To make the villagers acknowledged and make them understand the women empowerment scheme.
- Providing villagers an exposure about society schemes around them through the workshop.

3. Beneficiaries of the Event: -

The workshop was conducted for villagers of Dehmi Kalan at Gram Panchayat Office.

4. Details of the Guests

Women Empowerment Directorate

Dr Murari Gupta, Assistant Director, Women Empowerment Directorate, Women and Child Development department, Govt. of Rajasthan, Jaipur introduced several schemes for providing financial assistance for women empowerment and to set up new enterprises. He also familiarized to participants about the nature of financial assistance, levels of funding, eligibility condition of beneficiaries, how to apply and whom to contact.

5. Brief Description of the event: -

This workshop was held on 16th December 2022 in Gram-panchayat Dehmi Kalan during 11:00 am – 01:00 pm. More than 30 participants from different villages were participated in this workshop. The main objective of this event was to spread awareness among the villagers about the various type of schemes for Women Empowerment run by Govt. of India.

This event was started with the welcome address by Head of the department, Prof. Rahul Shrivastava, Department of Chemistry, Manipal University Jaipur. The chief-guest of the event, Dr. Murari Gupta, Assistant Manager, Women Empowerment Directorate, Women and Child Development department, Govt. of Rajasthan, Jaipur introduced several schemes

for providing financial assistance for women empowerment and to set up new enterprises. He also familiarized to participants about the nature of financial assistance, levels of funding, eligibility condition of beneficiaries, how to apply and whom to contact. Dr. Murari Gupta's address was followed by address of Surpanch, Dehmi kalan, Shri Ganesh Kumawat. On behalf of villagers, he thanked Manipal University Jaipur and Dr. Gupta for conducting such an useful event for villagers.

The workshop was concluded by Dr. Praveen K. Surolia, Associate Professor, Dept. of Chemistry. As a token of appreciation, mementoes were given to Resource person, Dr. Murari Gupta. Prof. Babita Malik, Dept of Chem was also present in the workshop.

6. Photographs of the event with captions: -



Image Dr. Murari taking workshop at Gram Panchayat Office Dehmi Kalan

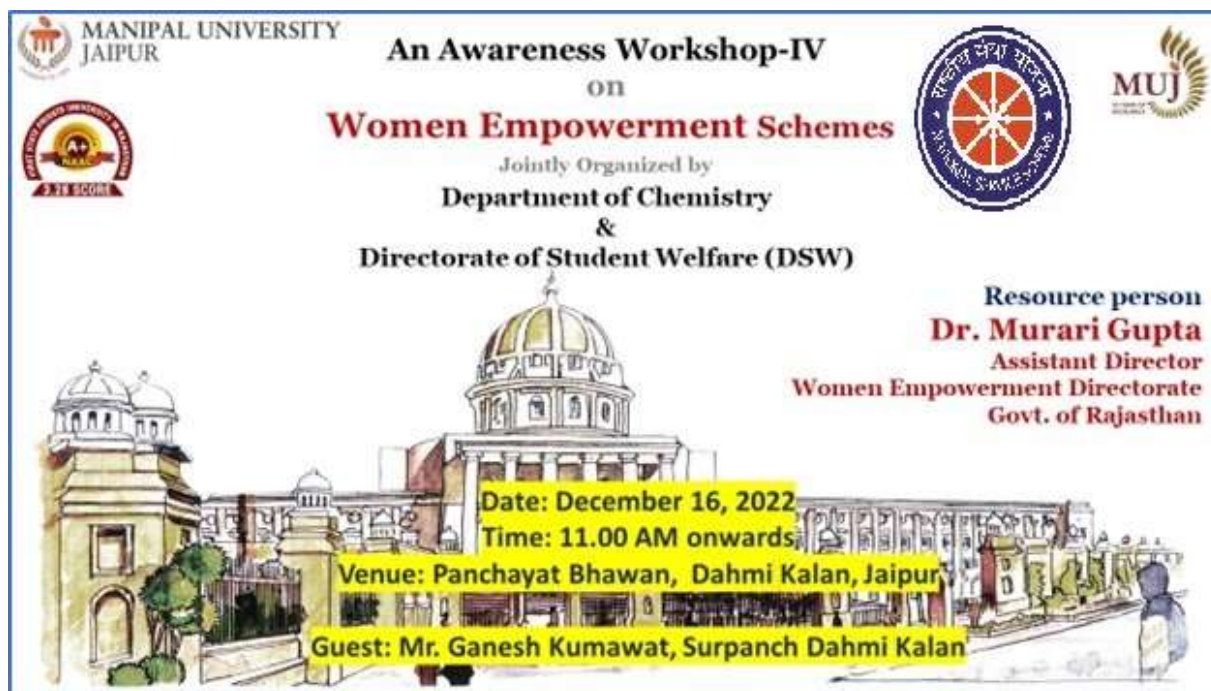


Image Felicitation of Dr Murari Gupta By Sarpanch Mr Ganesh Kumawat



Image Dr Murari Speaking about the various women empowerment schemes

7. Brochure of the Event:



8. Schedule of the event: -

Venue: Gram-Panchayat Dehmi Kalan

Date: 16th December 2022

Time: 11:00 am – 1:00 pm

9. Attendance of the Event

Total 09 Students and 4 Faculty

S.No	Reg. No	Name	Course	Semester
1	221013001	Vaibhav	M.Sc (chemistry)	I
2	221013002	Dipesh	M.Sc (chemistry)	I
3	221013003	Suman	M.Sc (chemistry)	I
4	221013004	Aashish	M.Sc (chemistry)	I
5	221013005	Aditya	M.Sc (chemistry)	I



6	221004003	Kishika Arora	B.Sc.(Hons)	I
7	221004004	Avni Kothari	B.Sc.(Hons)	I
8	221004002	Pranjalee Ghosh	B.Sc.(Hons)	I
9	221004005	Vibhanshu Porwal	B.Sc.(Hons)	I

10. News Paper cutting

दैनिक नवज्योति

Anchal - 18 Dec 2022 - Page 8

महिला सशक्तीकरण कार्यक्रम का आयोजन

न्यूज सर्विस/नवज्योति, बगरू। मनिपाल विश्वविद्यालय व ग्राम पंचायत दहमी कला के संयुक्त तत्वावधान में पंचायत मुख्यालय पर महिला सशक्तीकरण कार्यक्रम का आयोजन किया गया। जिसमें महिला बाल विकास विभाग एडिशनल डायरेक्टर मुरारी गुप्ता द्वारा विभाग की महिला उत्थान की योजनाओं की जानकारी दी गई। इस अवसर पर सरपंच गणेश कुमावत, उपसरपंच सीताराम शर्मा, वार्डपंच रामकंवर देवी, मनिपाल विश्वविद्यालय से बबिता मलिक, डॉ. राहल श्रीवास्तव, डॉ. प्रवीण सुरीलिया व हेमंत मौजूद थे।



महिला सशक्तीकरण कार्यक्रम का आयोजन

भास्कर न्यूज। बगरू ग्रामीण

मनिपाल विश्वविद्यालय ग्राम पंचायत दहमीकला के संयुक्त तत्वावधान में पंचायत मुख्यालय पर महिला सशक्तीकरण कार्यक्रम का आयोजन किया गया। जिसमें एडिशनल डायरेक्टर महिला बाल विकास विभाग के मुरारी गुप्ता द्वारा विभाग की महिला उत्थान की

योजनाओं की जानकारी दी गई। इस अवसर पर सरपंच गणेश कुमावत, उपसरपंच सीताराम शर्मा, वार्डपंच रामकंवर देवी, सीएचओ गिरिजा मीणा, मनिपाल विश्वविद्यालय से बबिता मलिक, डॉक्टर राहुल श्रीवास्तव, प्रवीण सुरीलिया व हेमंत कुमार व स्थानीय महिलाएँ भी मौजूद रही।

Attendance Sheet of Villagers

[Handwritten Attendance Sheet with names and signatures]

गणेश कुमार सरपंच
उपसरपंच
ग्राम पंचायत दहमीकला
पंचसंगानेर (जयपुर)

Dr Babila Malik
Dr. Praveen Suroliya
मन्नी
मापी देवी
ताप्पी
मन्जु देवी
शुभाव देवी
मीनी
सुरजान
Reena Kumawat
कविता देवी
सुमिता कुमावत
मनीषा
बबली
सुरप
मनकृषी
रामकंवर देवी
Meena Kumawat
शिमला
कविता

Babila
Praveen
मन्नी
मापी
मन्जु
शुभाव
मीनी
सुरजान
Reena
कविता
सुमिता
मनकृषी
रामकंवर देवी
Meena
शिमला
कविता

श्रीवास्तव
उपसरपंच
ग्राम पंचायत दहमीकला
पंचसंगानेर (जयपुर)

रामकंवर देवी
अवकाश
म.स. Students
Bashish
Vaibhav
Dipesh
Radhika
Sumen



MANIPAL UNIVERSITY
JAIPUR

Dr. Veena Dhayal
Faculty coordinator, societal connect activities
Department of Chemistry

(Hemant Kumar)
Assistant Director, Society Connect
Directorate of Student's Welfare

(Prof. AD Vyas)
Director, Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR



**MANIPAL UNIVERSITY
JAIPUR**

DIRECTORATE OF STUDENTS' WELFARE
SOICETY CONNECT

Donation Drive at Old Age Home, Mansarovar

In collaboration with

Department of Physics and COSMOS: The Science Club

Date of Event: 3rd October 2022

Index

S.No.	Activity Heads	Page no.
1.	Introduction of the Event	3
2.	Objective of the Event	3
3.	Beneficiaries of the Event	3
4.	Brief Description of the event	3
5.	Photographs	3-5
6.	Brochure or creative of the event	6
7.	Schedule of the Event	6
8.	Attendance of the Event	7-10
9.	Link of MUJ website	10

1. Introduction of the Event

On the 3rd October, 2022, Department of Physics in collaboration with COSMOS - The Science Club and Directorate of Student Welfare organized a Societal Connect Event at Aatm Nirbhar Vriddhashram for Donation Drive. This event was conducted under the supervision of faculty coordinators, headed by Dr. Rashi Nathawat and Dr. Manoj Kumar Saini.

2. Objectives of the Event

- Donation Drive
- Engagement of Elderlies in various activities.

3. Beneficiaries of the Event

Members of Aatm Nirbhar Vriddhashram.

4. Brief Description of the event

On 3/10/2022 we the COSMOS club of MUJ gave a visit to an old age home “Atmanirbhar vridhashram” as the name suggest the ashram is truly Atmanirbhar or what we might say independent... they may be dependent based on financial help but management and organization is absolutely wonderfully arranged by them independently. When we reached the ashram, they were overwhelmed and we could see the happiness in their eyes. They looked happy but still we could feel their pain of not being able to live with their dear ones. But still, it looked like a big joint family living together under a roof. All these people were so joyful and jolly as if they are in their second childhood. Also, it’s totally mesmerizing that they had their characters like the naughty one in the group, the learned one, the one who teaches everyone, the one who is the leader and so on and that was really adorable.

Our experience involved cheerful memories like playing Housie with them, making some beautiful thumb impressions and hence creating the Cosmos letter by letter, serving them food and in fact having lunch with them all these moments were just mesmerizing. While playing the games we saw and amazing winning spirit and sportsmanship in these people, being in this age and still having that in yourself

was quite appreciable. All of them were so excited about the gifts which were given to the winners. Also, we donated some food items and essentials to the ashram. Another thing worth mentioning was going there and eating the food which they eat daily... it just gave them a personal touch and they were extremely happy about it.

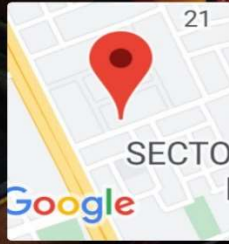
But at the same time there were some emotional moments when they talked about their past and all the dark experiences which eventually brought them in the old age home and that made us shed tears for them.

Even after going through so much in life these people are so joyful and thankful for life and have no complains about it. They definitely taught us that “We must cherish all our happy moments, as they definitely make a fine cushion for old age.” Also, they made us realize the true value of our elders, our parents and grandparents and definitely implanted a seed of respect and love towards them.

5. Photographs

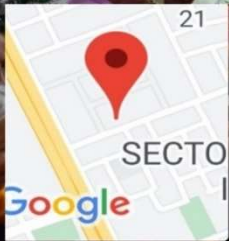


Image 1: Group Photo before leaving for the Aashram.



Jaipur, Rajasthan, India
 20/203, 20/203, Kaveri Path, Sector 21, Mansarovar, Jaipur,
 Rajasthan 302020, India
 Lat 26.873964°
 Long 75.750007°
 03/10/22 12:20 PM GMT +05:30

Image 2: Manager of the Ashram addressing the volunteers and about the Ashram.



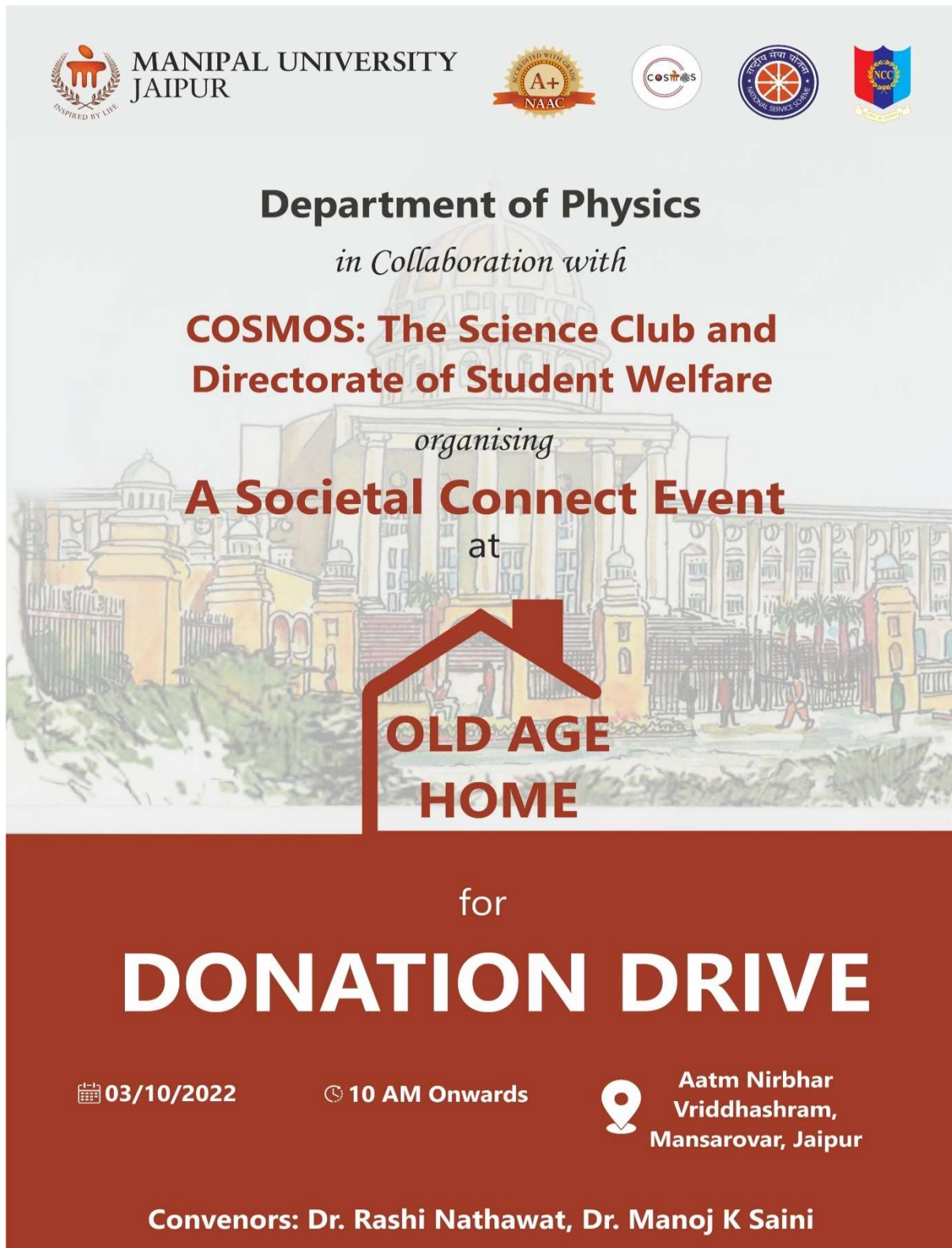
Jaipur, Rajasthan, India
 20/203, 20/203, Kaveri Path, Sector 21, Mansarovar, Jaipur,
 Rajasthan 302020, India
 Lat 26.873964°
 Long 75.750007°
 03/10/22 12:20 PM GMT +05:30


Image 3: Volunteers engaging the citizens in games and activity.





Image 4: Group Photograph


6. Brochure or Creative of the Event



 MANIPAL UNIVERSITY
JAIPUR


 ACCREDITED WITH GRADE
A+
NAAC


 COSMOS


 नवोदय सेवा संघ
NCC
MANIPAL UNIVERSITY

Department of Physics
in Collaboration with
**COSMOS: The Science Club and
Directorate of Student Welfare**
organising
A Societal Connect Event
at
**OLD AGE
HOME**

for
DONATION DRIVE

 03/10/2022

 10 AM Onwards

 Aatm Nirbhar
Vridhashram,
Mansarovar, Jaipur

Convenors: Dr. Rashi Nathawat, Dr. Manoj K Saini

7. Schedule of the event

The event was on the 3rd October, 2022 from 02:30 PM- 06:00 PM

8. Attendance of the event: total 66 students

Sl. No.	Name	Registration No	Year
1	Abhijaat Pandey	219301211	II
2	Abhisumat	209403052	III
3	Adyasa Patnaik	219301166	II
4	Aman Gupta	219303206	II
5	Anand Raghav Choudhary	219301396	II
6	Anikeit Bagaria	219301055	II
7	Ankit kumar	211006014	II
8	Apoorv Raj Dubey	219310104	II
9	Armaan Verma	219102010	II
10	Ashin	209301391	III
11	Ashwin Bhartia	201006001	III
12	Austin Mathew	201002015	III
13	Bhakti Tripathi	211006016	II
14	Bharat Sonkiya	201006007	III
15	Chhavi Mathur	219309976	II
16	Garbhit Sharma	211006007	II
17	Honey Padiyar	200901155	III
18	Hriman Savla	209202045	III
19	Ishita Agarwal	209202106	III
20	Jeet jawale	219202032	II
21	Kairav Mehta	219303143	II
22	Kashish Chadha	211007040	II
23	Kashish zalani	211007026	II
24	Khemendra Singh Khangarot	211015038	II
25	Kriti Kumari	211006001	II
26	Lavanya Aggarwal	210603010	II
27	Madhav Garg	209301551	III
28	Mohd kaif	219107001	II
29	Mohit Yadav	219301001	II
30	Nandini Sharma	211006009	II
31	Nikita Sharma	201002012	III
32	Nivesh Kumar Agarwal	209403066	III
33	Nupur Saboo	209301658	III
34	Om Tiwari	211007031	II
35	P.S.Shiva Narayan	209303186	III
36	Parikrama Jain	209301127	III
37	Prakhar Chandrakar	209303128	III

38	Pratyush Ranjan	211015026	II
39	Preet Kalani	219311291	II
40	Priyanka Agrahari	211007046	II
41	Raunish Dev	211007056	II
42	Ria Kotwal	210501028	II
43	Rimjhim Sharma	219303006	II
44	Rishabh Mathur	209301219	III
45	Rohit Varshney	219402015	II
46	Royal Rajpurohit	211301029	II
47	Sheen	219301450	II
48	Shoham Lal	219303175	II
49	Shriyanshi Srivastava	219301058	II
50	Sneha Khemka	219303012	II
51	Soham Nath	211006004	II
52	Sonaxi Tak	211007018	II
53	Sourabh kumar	219301344	II
54	Swastik Vaish	219303134	II
55	Tanya Singh Thakur	219102011	II
56	Tushar bansal	211007026	II
57	Tushar Matta	209303063	III
58	Ujjwal Singh	211006008	II
59	utkarsh patel	211101007	II
60	Varada Mantrawadi	219302252	II
61	Varun Raskar	209302202	III
62	Vasu avasthi	219301368	II
63	Vedant Nemade	209402022	III
64	Vedant Nemade	219402022	II
65	Vishrut raj	219310074	II
66	Yash Tomar	209302392	III

9. Post event link:

<https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>



Yash Tomar
Yash Tomar
(3rd year, 209302393, B.Tech IT)
Student Coordinator

[Signature]
Dr. Kashi Nathawat
(Department of Physics)
Faculty Coordinator

[Signature]
(Dr. Ashima Bagaria)
HOD,
Department of Physics

[Signature]
Mr. Hemant Kumar
Assistant Director, DSW

[Signature]
(Prof. AD Vyas)
Director, Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR



आशादीप संस्थान

Asha deep Sansthan

- 20/202, Kaveri Path, Mansarovar, Jaipur-302020 Raj. (India)
- 91 - 9887695733, 9982903860
- ashadeepjpr2003@gmail.com
aatamnirbharoldagehome@gmail.com
- www.ashadeepsansthan.org

Date:03/10/2022

To Whom it may concern

Department of physics in association with society Connect, directorate of student welfair ;NSS and COSMOS- The Science club of Manipal University Jaipur, has organized a social Connect Event " Donation

We appreciated Manipal University Jaipur for the efforts and express our gratitude toward them.

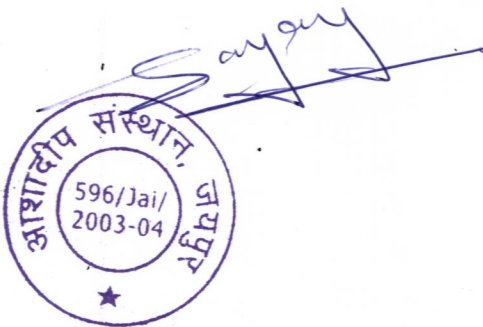
The Event was well Coordinated by student of Cosmos – The Science Club of MUJ. It Was a societal-connect activity where student of Manipal university Jaipur interacted with elders of Atamnirbhar Vraddhashram and donate groceries/ ration to the Asharm.

Dr.Ashima Bagaria, Dr. Rashi Nathawat, Dr. Manoj Kumar sainsi Dr. Uvais VN and Mr. Hemant Kumar

Played an important role in the success of the event.

Drive at Atamanirbhar Vaidhashram on 03 october 2022.

(Every Wrinkle has a Story to Tell....)



Old Age Home, Community that really need your help



MANIPAL UNIVERSITY
JAIPUR

MUJ/Q&C/021/F/1.01

Event Report



MANIPAL UNIVERSITY
JAIPUR

FACULTY OF ARTS AND LAW

SCHOOL OF LAW

DEPARTMENT OF ARTS AND LAW

THE WEBINAR (HUMAN RIGHTS DAY)

ONLINE EVENT

Date of Event: 10.12.2021

HUMAN RIGHTS CELL

INDEX

1. Introduction of the Event
2. Objective of the Event
3. Beneficiaries of the Event
4. Details of the Guests
5. Brief Description of the event
6. Photographs
7. Brochure or creative of the event
8. Schedule of the Event
9. Attendance of the Event
10. News Publication
11. Feedback of the Event
12. Link of MUJ website





1. Introduction of the Event

The Human Rights Cell, School of Law, Manipal University Jaipur organized a group Discussion competition titled "A Welcome Probe: PM Modi's Security Breach" on 26th January 2022 at 12:00 pm. It was an online event conducted through Zooms.

2. Objective of the Event

The aim of the event is to make students consider public issues and form their opinion on them. It pushes the students to use their problem-solving skills to come up with a solution to the problem.

3. Beneficiaries of the Event

This event was open for all the students of Manipal University Jaipur.

4. Details of the Guests

NIL

5. Brief Description of the event

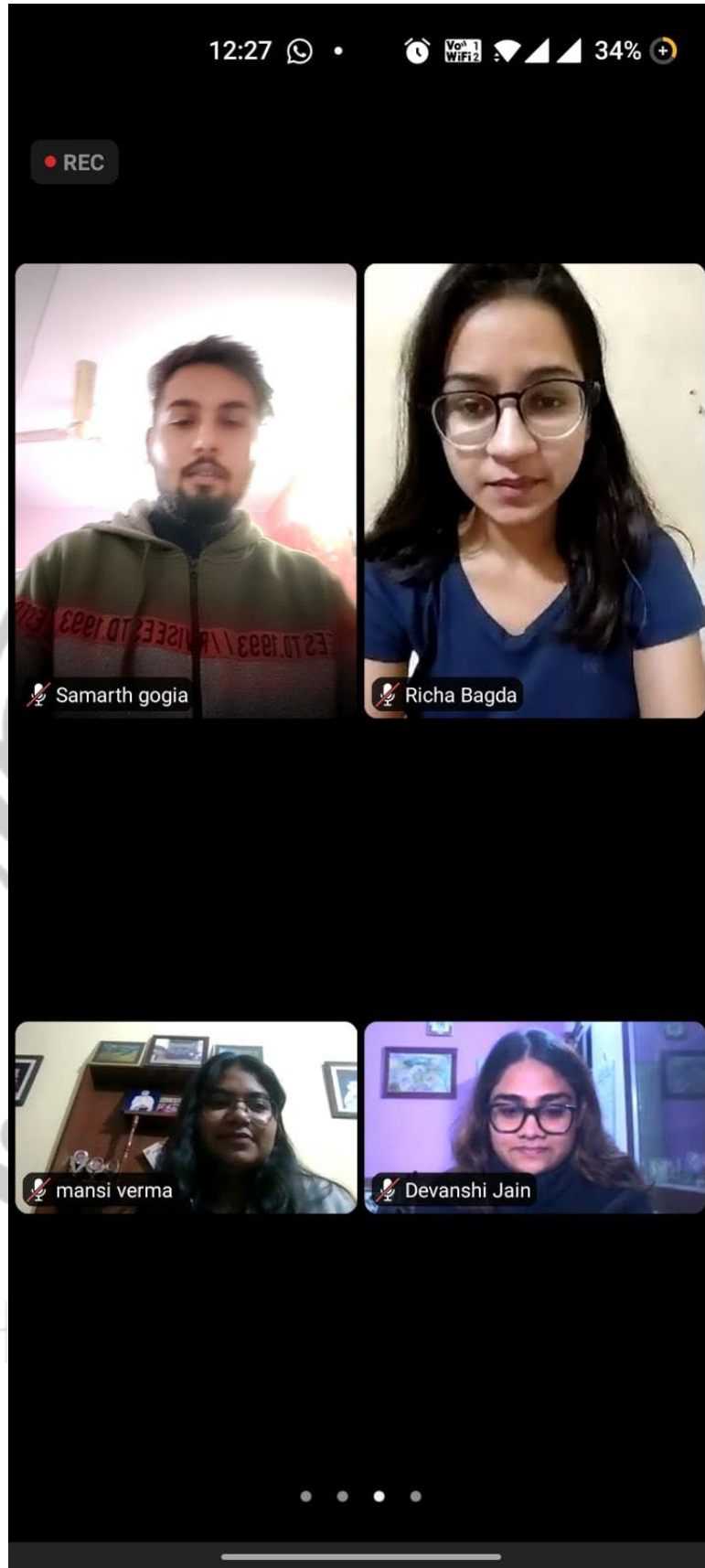
The Human Rights Cell, School of Law, Manipal University Jaipur organized a group Discussion competition titled "A Welcome Probe: PM Modi's Security Breach" on 26th January 2022 at 12:00 pm. It was an online event conducted through Zooms. The aim of the event is to make students consider public issues and form their opinion on them. It pushes the students to use their problem-solving skills to come up with a solution to the problem. The moderator for the event were Ms. Mansi Verma and Ms. Devanshi Jain, School of Law, Manipal University Jaipur. A discussion was done on the following points:

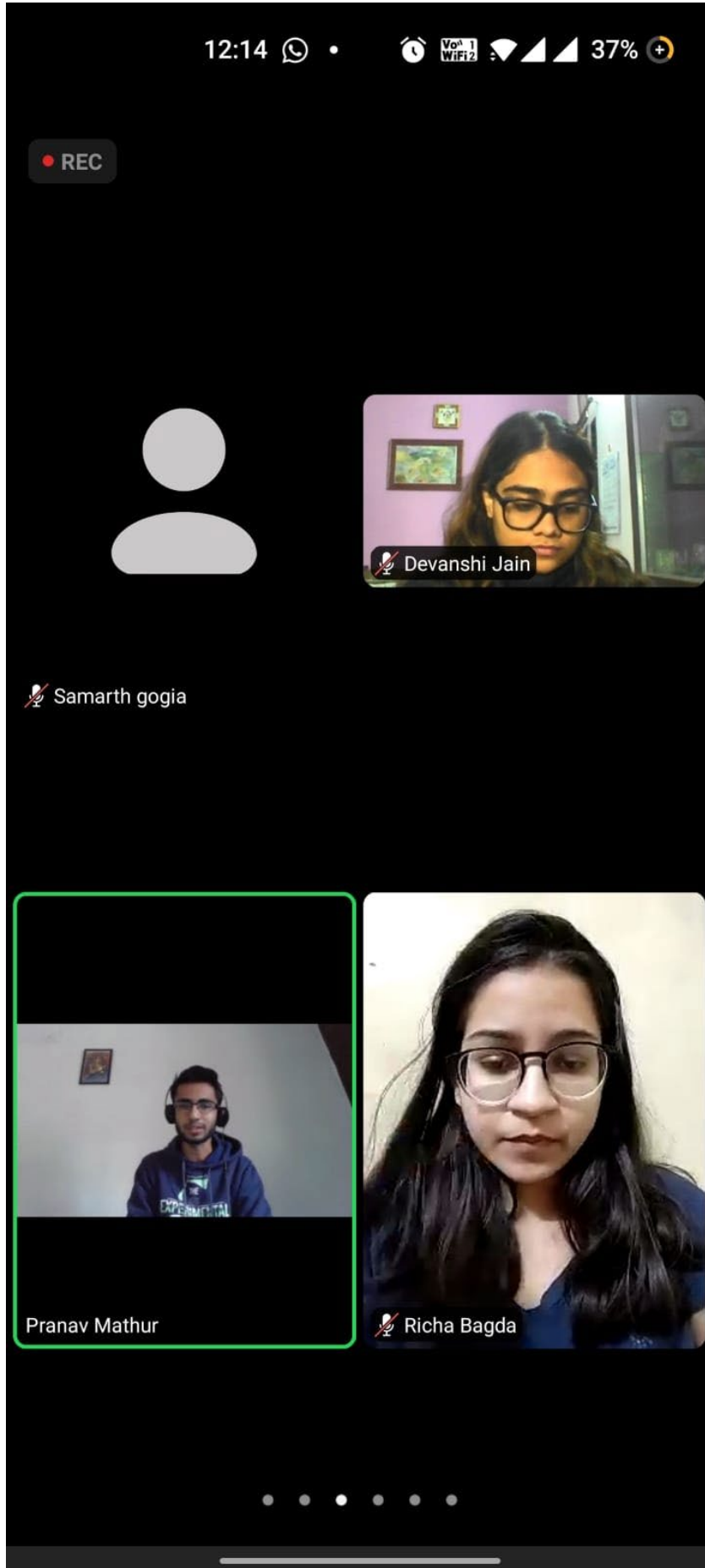
1. Need for introspection at the professional level
2. A tactic to secure votes
3. Life Threat to the supreme constitutional leader of the country
4. Who is liable for the breach?
5. Measures that can be taken in future
6. Is it right to put a government servants security on stake because of the kind of relation the State and union government share?
7. A take on the leak of information of the route taken by the pm
8. Is it a case of' potential international embarrassment'?



6. 3 to 5 photographs of the event or screenshots of the event.







(Picture of the group discussion)

7. Brochure or creative of the event (insert in the document only)



The brochure features a central illustration of the Indian Parliament building (Lok Sabha) surrounded by a laurel wreath. The text is as follows:

**MANIPAL UNIVERSITY
JAIPUR**

HAAC **MUJ**

Group Discussion

**“ A WELCOME PROBE : PM
MODI’S SECURITY BREACH ”**

**26th January 2022
12P.M.**

**Contact
Devanshi Jain - 7073817509
Mansi Verma - 9810194564**



8. **Schedule of the event:** The event was held at 12:00 PM on
26th January 2022.

9. Attendance of the Event (insert in the document

NAME	REGISTRATION NO.	GENDER	WHATSAPP CONTACT NO.	DEPARTMENT	SEMESTER	OUTLOOK ID
Anikeit Bagaria	219301055	MALE	8178740456	B Tech CSE	First	anikeit.219301055@mun.manipal.edu
Nandini pareek	191301093	FEMALE	9460594197	Law	6th	nandini.191301093@mun.manipal.edu
Madhur Shrivastava	191305024	MALE	8619230700	BBA LLB	VI	madhur.191305024@mun.manipal.edu
GAURAV PIPARA	201301069	MALE	9521603276	BA LLB	4	gaurav.201301069@mun.manipal.edu
Ashima Bhargava	201305027	FEMALE	9649033023	Law	4	ashima.201305027@mun.manipal.edu
Soumya Tripathi	199202080	FEMALE	8355054133	Btech6	6	Soumya.199202080@mun.manipal.edu
Kashish zalani	211007026	FEMALE	7067391595	Bsc psychology	1	Kashish.211007026@mun.manipal.edu
Prayansh Garhwal	211301024	MALE	7340213397	BA LLB sec A	1	prayansh.211301024@mun.manipal.edu
Pranav Mathur	211301104	MALE	9650852327	B.A. LLB (Hons)	1	pranav.211301104@mun.manipal.edu
Pranav Vyas	191305016	MALE	8233217822	Law	VI	Pranav.191305016@mun.manipal.edu
Kushal sharma	211301021	MALE	6375347904	BA -LLB	1	kushal.211301021@mun.manipal.edu
Raunak Maheshwari	211302010	MALE	7887987329	LLB	1	Raunak.211302010@mun.manipal.edu
Himanshee	210901187	FEMALE		Business administration	1	Himanshee.210901187@mun.manipal.edu
Himanshi Sharma	211301030	FEMALE	8003772767	BA LLB	1st semester	Himanshi.211301030@mun.manipal.edu
Shubhangi Sharma	211103015	FEMALE	8822026562	BA Psychology	1st	shubhangi.211103015@mun.manipal.edu
Sanskar sharma	1909002004	MALE	8381838067	B-com	VI	sanskar.190902004@mun.manipal.edu
Shirisha Bansal	199301239	FEMALE	9672312763	CSE	6th	shirisha.199301239@mun.manipal.edu
Deepak	211301119	MALE	9079137210	Law	1st	deepak.211301119@mun.manipal.edu
Deepankar Singh	211301107	MALE	7339766579	Law	first sem.	deepankar.211301107@mun.manipal.edu
Ashutosh	211301120	MALE	8077571917	BA-LLB	1st	ashutosh.211301120@mun.manipal.edu



MANIPAL UNIVERSITY JAIPUR

GAURAV PIPARA	201301069	MALE	9521603276	BA LLB	4	Gaurav.201301069@mun.manipal.edu
Prayani Saha	Dont know	FEMALE	8145384822	Department of Law, NLU	IX	prayanisaha@gmail.com
Anikeit Bagaria	219301055	MALE	8178740456	CSE	First	anikeit.219301055@mun.manipal.edu
Ishan Bhargava	190801015	MALE	9166270477	Bachelor of hotel management	VI	ishan.190801015@mun.manipal.edu
Nandini pareek	191301093	FEMALE	9460594197	Law	6th	Nandini.191301093@mun.manipal.edu
Himanshi Sharma	211301030	FEMALE	8003772767	BA LLB	1st year	Himanshi.211301030@mun.manipal.edu

10. News Publication- News printed in newspaper or online links if any for news – insert images)

Nil

11. Feedback of the Event (if obtained)

We received the following feedback from a participant:

Labdhi Jain: “It was a very insightful and enlightening group discussion. I am very grateful to the entire core team of Human Rights Cell, Manipal University Jaipur for organizing this event and providing all of us this opportunity to increase our knowledge and awareness.”

12. Link of MUJ website stating the event is uploaded on website

<https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS/Human-Rights-Cell.html>

Regards,



**MANIPAL UNIVERSITY
JAIPUR**

Dr. Maryam Ishrat Beg

Associate Professor, School of Law

(Faculty Coordinator)

Ms. Megha Kaushik

President, Human Rights Cell





DIRECTORATE OF STUDENT'S WELFARE

MANIPAL UNIVERSITY JAIPUR

DEPARTMENT OF BIOSCIENCES

ENVIRO CLUB PRESENTS

Health & Hygiene -A healthy woman makes a healthy society”

(LIVE WATER LAB TESTING)

**Type of Event (Conference/Seminar/Industry Lecture/ Capacity
Enhancement Session/ Alumni Lecture/etc.)**

Date of Event (11th March 2022)



Content of Report (index)

(Page number may not be required)

(Delete entries which are not applicable)

1. Introduction of the Event
2. Objective of the Event
3. Beneficiaries of the Event
4. Details of the Guests
5. Brief Description of the event
6. Geo-tagged Photographs
7. Brochure or creative of the event
8. Schedule of the Event
9. Attendance of the Event



1. Introduction of the Event

Enviro club in collaboration with Rotary club, Bapu Nagar Jaipur conducted an event with the aim of spreading awareness about drinking water and its measures to test if its fit for drinking purpose or not. This awareness was created among 10th and 12th students of Govt. Senior Secondary School, Begas on 11th March 2022 at 10:00 AM to 12:00 PM.

2. Objective of the Event (bullet points or about 50 words)

- To spread awareness about various parameters of drinking water.
- To guide students on water testing procedures.
- To educate the girls about water and sanitation.

3. Beneficiaries of the Event (Student/Faculty/Community etc) (25 words)

- MUJ students
- 10TH AND 12TH students of Government senior secondary school, Begas
- School and MUJ faculty staff.

4. Details of the Guests (Chief Guests, speakers etc Designation, organization, contact details if any please give them in sr no)

- a. Dr. Neetu Bhatnagar (Registrar of MUJ)
- b. Dr. Monika Sogani (Sr. Associate Professor)

5. Brief Description of the event (about 200 words)

"A Healthy Woman Makes a Healthy Society" a key initiative and awareness program by India's lead private university #ManipalJaipur in collaboration with #RotaryClub Bapu Nagar Jaipur for more than 200 school girls and boys in near by rural School at Begas. The program was addressed by Chief guest of the function Dr Nitu Bhatnagar, Registrar #MUJ along with Guest of Honour President Rotary Club Bapu Nagar Sh N L Mathur Shb.

Excellent interactive sessions by our female faculty Dr Monika Sogani, Dr Meena Sharma and Dr Reena Poonia on water safety, safe sanitation and opportunities for women in sports.

Special Thanks to #Rotarian team Dr Sudheer Kallaa shb, R S Gupta Shb, Ms Meeta Mathur Mam, Raguhvir Bhandari sa and School Principal Ms Yadav.

6. Photographs

3 to 5 geotagged photographs of the event or screenshots of the event (if online) with captions

DEMONSTRATING THE INSIGHTS OF HEALTH AND HYGIENE



EDUCATING THE CHILD ABOUT WATER AND ITS CAUSES



EDUCATING THE CHILD ABOUT WATER AND ITS CAUSES



EDUCATING THE CHILD ABOUT WATER AND ITS CAUSES



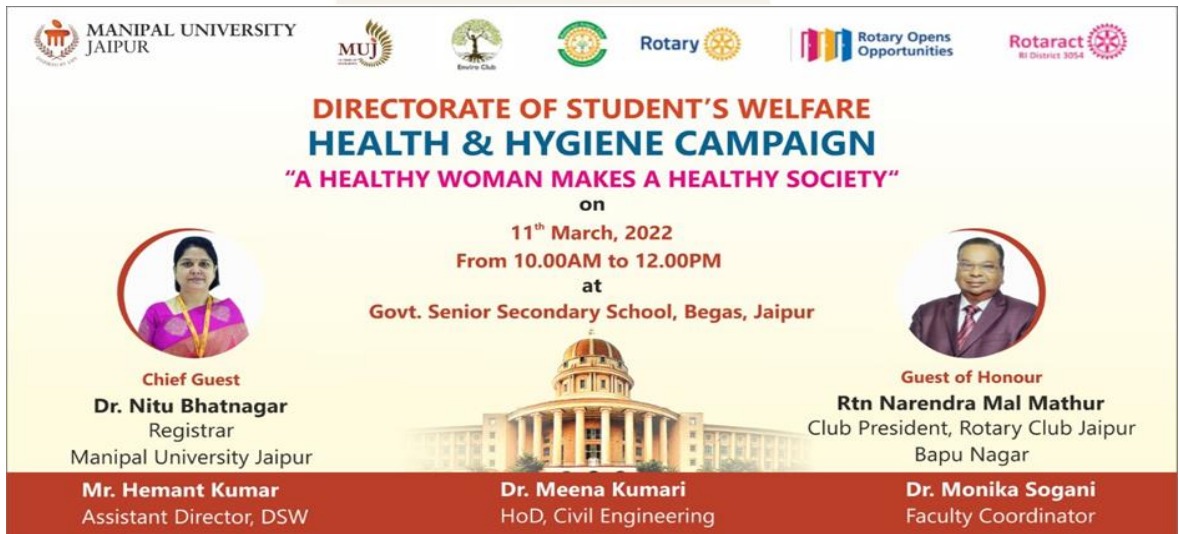
EDUCATING THE CHILD ABOUT WATER AND ITS CAUSES


7. Brochure or creative of the event






LIVE WATER LAB
जल ही जीवन है
MANIPAL UNIVERSITY JAIPUR
DIRECTORATE OF STUDENT'S WELFARE
(ENVIRO CLUB
/RGC CLUB)
In joint collaboration with
ROTARY CLUB, JAIPUR, BAPU NAGAR
(CLUB ID 73485, Rid 3054)
Organizes
DRINKING WATER TESTING
VENUE: Begas Government School
Time: 10:30 Am Date: 11th March, 2022
 Dr. Monika Sogani Sr. Associate Professor, Dept. of Biosciences, Faculty Coordinator, ENVIRO Club, MUJ
 Mr. Hemant kumar Assist. Professor, Dept. of Mechatronics Faculty Coordinator, RGC Club, MUJ







DIRECTORATE OF STUDENT'S WELFARE
HEALTH & HYGIENE CAMPAIGN
"A HEALTHY WOMAN MAKES A HEALTHY SOCIETY"
 on
11th March, 2022
From 10.00AM to 12.00PM
 at
Govt. Senior Secondary School, Begas, Jaipur



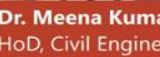
Chief Guest
Dr. Nitu Bhatnagar
Registrar
Manipal University Jaipur




Guest of Honour
Rtn Narendra Mal Mathur
Club President, Rotary Club Jaipur
Bapu Nagar



Mr. Hemant Kumar
Assistant Director, DSW



Dr. Meena Kumari
HoD, Civil Engineering



Dr. Monika Sogani
Faculty Coordinator

8. Schedule of the event (insert in the report)

Serial No.	Name of Students
1	Aditi Agarwal
2	Sakshi
3	Aradhana
4	Manoj
5	Gilchrist
6	Supriya
7	Sanjana
8	Dhruv
9	Tarushi
10	Aanchal
11	Gaury
12	Gurmehar
13	Ishan
14	Mehak



MANIPAL UNIVERSITY JAIPUR

15	Om
16	Preeti
17	Revansh
18	Sahil
19	Sanskar

The event took place offline on the 11th of March 2022

9. Attendance of the Event (insert in the document only)

Total attendee 19

Dr Abhijeet Singh

Dr. Monika Sogani

Seal and Signature of Head with date

Manipal University Jaipur Shares Sports Facilities with the Local Community

Universities are often celebrated for their contributions to academics and research and play a pivotal role in promoting community well-being and fostering inclusivity. One significant way in which they do this is by opening their sports facilities to the local community. Sharing sports facilities with local schools, community organizations, and the public not only promotes physical health but also strengthens community bonds and encourages a sense of belonging. The impact of Manipal University Jaipur sharing sports facilities with the local community is profound and far-reaching. By providing accessible venues for physical activity and sports, universities contribute to healthier, happier, and more united communities. This inclusive approach encourages lifelong fitness habits and can even have ripple effects by inspiring future student-athletes. Providing access to sports facilities encourages physical activity and promotes healthier lifestyles among community members. This is crucial in addressing the challenges of sedentary lifestyles and associated health issues. Shared sports facilities become hubs for social interaction, fostering a sense of community and belonging. Individuals from diverse backgrounds come together, reinforcing social bonds. Access to high-quality sports facilities allows individuals to develop and improve their athletic skills. Youth athletes, in particular, benefit from early exposure to professional facilities. This approach promotes inclusivity and accessibility for people of all ages and abilities, regardless of economic status. It ensures that sports are not limited to a privileged few.

Manipal University Jaipur collaborates with local schools, providing them with access to state-of-the-art sports facilities. This access helps schools enhance physical education programs and extracurricular activities (Picture 1,2,3 & 4). Manipal University Jaipur opens their gyms and athletic fields to community members, offering fitness programs, group classes, and wellness activities (Picture 5, 6, 7, 8 & 9). This allows the public to access professional-grade facilities without the cost of private gym memberships. Youth sports leagues and community organizations benefit from using Manipal University Jaipur facilities for their programs, offering safe and well-maintained venues for recreational and competitive activities (Annexure 1,2,3,4,5,6,7,8,9,10,11,12,13,14 & 15)

Manipal University Jaipur serves as more than just centers of learning; they are integral parts of their surrounding communities. By sharing their sports facilities with local schools, organizations, and the public, Manipal University Jaipur makes a lasting impact on community well-being. This practice promotes inclusivity, supports physical health, and strengthens social bonds, fostering a sense of togetherness. The benefits are evident not only in the physical fitness and skill development of community members

but also in the shared sense of belonging and the enduring legacy of collaboration and good health. Inclusive athletics is a testament to the positive synergy between educational institutions and their communities, demonstrating that universities truly are vital contributors to the well-being of society as a whole.



Picture 1: Session with Shri Rajyavardhan Singh Rathore to promote physical education



Picture 2: Session with Shri Rajyavardhan Singh Rathore to promote physical education



Picture 3: Session with Shri Rajyavardhan Singh Rathore to promote physical education amongst local village children



Picture 4: Promotion of sports through various activities at MUJ Campus for local children



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JAIPUR



Picture 5: Free public access of sports facilities



Picture 6: Free public access of sports facilities



Picture 7: Free public access of sports facilities



Picture 8: Access of sports facilities which are safe and well maintained at MUJ Campus



Picture 9: Access of sports facilities which are safe and well maintained at MUJ Campus



DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Inter University Chess (Men)
Championship 2022-2023. From 6th to 7th October 2022.

Date of Event: 6th to 7th October 2022.

Index

S.No.	Activity Heads	Page no.
1.	Introduction of the Event	1
2.	Objectives of the Event	1
3.	Beneficiaries of the Event	1
4.	Brief Description of the event	1
5.	Photographs	2-3
6.	Brochure or creative of the event	4
7.	Schedule of the Event	5
8.	Attendance of the Event	5
9.	News Publication	5
10.	Link of MUJ website	5

1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Inter University Chess (Men) Championship 2021-2022. From 6Th to 7th October 2022. at 003 Sports Room Academic Block One Manipal University Jaipur.

Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

2. Beneficiaries of the Event: -

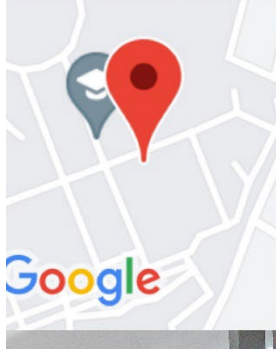
The event was conducted for Players only at 003 Sports Room Academic Block One Manipal University Jaipur.

3. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Chess (Men) Championship 2022-2023. For MUJ Students From 6Th to 7th October 2022. at 003 Sports Room Academic Block One Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports, addressed the students about the Sports Skills and temperament of players.

4. Photographs of the event with captions: -





Dahmi Kalan, Rajasthan, India

RHV8+CC3, Dahmi Kalan, Rajasthan

303007, India

Lat 26.843609°

Long 75.565895°

06/10/22 01:15 PM GMT +05:30



MANIPAL UNIVERSITY
JAIPUR



 GPS Map Camera



Dahmi Kalan, Rajasthan, India

RHV8+CC3, Dahmi Kalan, Rajasthan

303007, India

Lat 26.843607°

Long 75.565914°

06/10/22 01:13 PM GMT +05:30

Image 3. Students Playing Chess



Image3. Winning players

5. Brochure and Schedule of the event : -



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Inter University Chess (Men & Women)

Championship - 2022

October 6-8, 2022

Venue: 003, 1AB, MUJ



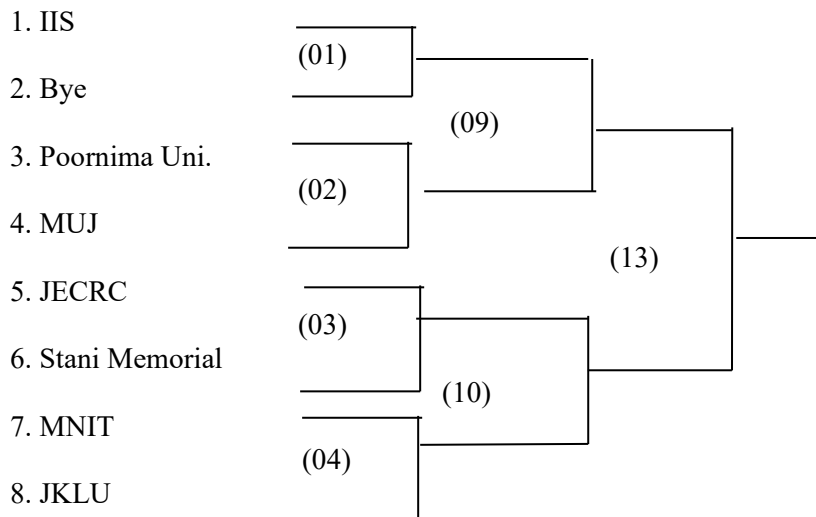


Intra University Chess (M&W) Tournament Fixture

Date: 6/10/22

Venue: Room no.003, 1AB

Time: 10:30 AM



Total attendees- 52 (Students participated this tournament)



**6. Link of MUJ website:
Pre Event Info Link –**

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



MUJ/DSW/Sports /10 October 2022/01

DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Inter University Table Tennis (Men)
Championship 2021-2022. From 06 to 08 October 2022.

Date of Event: 06 to 08 October 2022

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7.	Schedule of the Event	5
8.	Attendance of the Event	5
9.	News Publication	5
10.	Link of MUJ website	5



1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Intra University Table Tennis (Men) Tournament 2022-2023. For MUJ Students From 06 to 08 October 2022. at 003 Sports Room Academic Block One Manipal University Jaipur.

Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

2. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at 003 Sports Room Academic Block One Manipal University Jaipur.

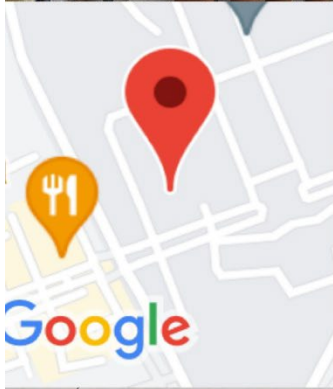
3. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Table Tennis (Men) Tournament 2021-2022. For MUJ Students From 06 to 08 October 2022. at 003 Sports Room Academic Block One Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports, and guest of the event Head HR Mr. MS Shridhar addressed the students about the Sports Skills and temperament of players.

Photographs of the event with captions: -







Dahmi Kalan, Rajasthan, India

RHR7+XM7, Dahmi Kalan, Rajasthan 303007,
India

Lat 26.842185°

Long 75.564318°

06/10/22 12:03 PM GMT +05:30









Image1. Head HR, Director, DSW, Deputy Director Sports addressing the students

Image 3. Students Playing Table Tennis

4. Brochure of the Event: -





5. Schedule of the event: -

From 24th to 25th September 2021 from 4 PM

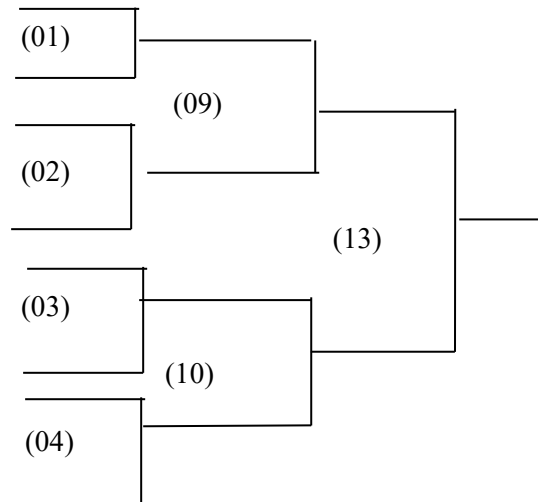
Inter-University Table Tennis (M) Tournament

Date: 6/10/22

Venue: Room no.003, 1AB

Time: 10:30 AM

- 1. IIS
- 2. Bye
- 3. Poornima Uni.
- 4. MUJ
- 5. JECRC
- 6. Stani Memorial
- 7. MNIT
- 8. JKL

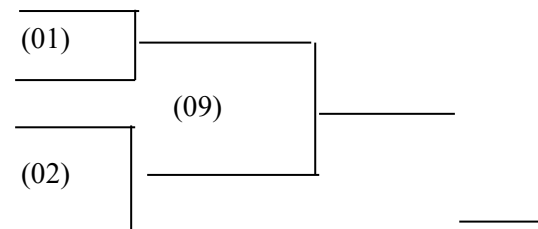


Date: 24/09/21

Venue: Room no.003, 1AB

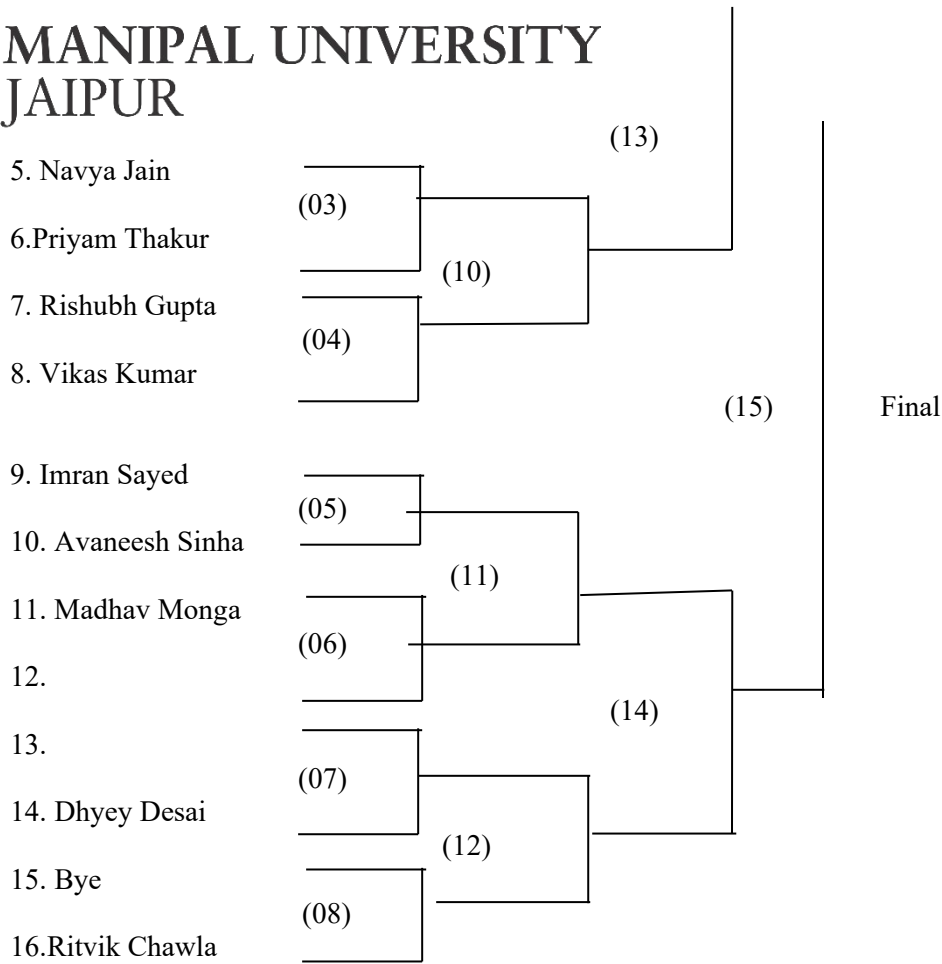
Time: 04:00PM

- 1. Sahil Khan
- 2. Bye
- 3. Prashant Kumar
- 4. Kartikey Mittal





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6. Attendance of the Event:

S.No.	Name	Registration No.
01	Devendra	201106016
02	Kshitiz Raj	209301585
03	Aman Veer	170501031
04	Preetesh Sharma	201305041
05	Lalit Kumawat	200901105
06	Viraj Pandit	189303092
07	Himanshu Kumar	201106011
08	Saksham Gupta	170501033
09	J. Jayachandra	189102031
10	Vijit Saxena	201305037



MANIPAL UNIVERSITY JAIPUR

11	Siddhant Khariwal	209301640
12	Rahul Jakhar	191015005

Total attendee- 18 (12 Students & 6 Faculty Members)

**7. Link of MUJ website:
Pre Event Info Link –**

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director



MANIPAL UNIVERSITY
JAIPUR

(Prof. AD Vyas)

Signature of Director, DSW



MUJ/DSW/Sports /30 December 2021/12

DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Manipal University Jaipur Boxing (M) team participate in All India Inter University Boxing (Men) Tournament 2021-2022. Organize by LPU Jalandhar from 24 to 30 December 2021.

Date of Event: 24 to 30 December 2021

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8.	Attendance of the Event	5
9.	News Publication	5
10.	Link of MUJ website	5



MANIPAL UNIVERSITY JAIPUR

1. Introduction of the Event: -

Manipal University Jaipur Boxing (M) team participate in All India Inter University Boxing (Men) Tournament 2021-2022. Organize by LPU Jalandhar from 24 to 30 December 2021. at LPU Boxing Ring .

2. Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

3. Beneficiaries of the Event: -

The event was conducted for LPU Jalandhar boxing ring from 24 to 30 December 2021.

4. Brief Description of the event: -

Manipal University Jaipur Boxing (M) team participate in All India Inter University Boxing (Men) Tournament 2021-2022. Organize by LPU Jalandhar from 24 to 30 December 2021. at LPU Boxing Ring . manager of boxing team Mr. Sanjeev Sharma. Total 2400 boxer participate in this tournament

Photographs of the event with captions: -





Image1. MUJ boxer participate in AIU Boxing Tournamant at LPU Jalandhar .



5. Brochure and Schedule of the Event: -

Total attendee- 06(06 Students)

Attendance of the Event

S.No.	Name	Father's Name	DOB.
1	SWAPNIL SHARMA	BHUWNESHWAR SHARMA	25/12/2001
2	ADITYA PRATAP SAINI	JAI PRAKASH SAINI	13/08/2001
3	JAIWARDHAN SINGH RATHOR	GAGENDRA SINGH RATHO	20/02/2002
4	PRIYANS TAILOR	RAJKISHORE TAILOR	22/06/1997
5	VARUN KHURANA	RUPESH KHURANA	01/07/1999
6	PRAMOD SHARMA	MURLIDHAR SHARMA	15/11/1998

**6. Link of MUJ website:
Pre Event Info Link –**

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



MANIPAL UNIVERSITY
JAIPUR



Sports Activity Report

S.No.	Date	Title of the Event	Brief of the Event	Total Participants
1	27 June 2021	KNOCK-OUT: A SPORTS QUIZ	The event was organized on 26 th June, 2021 (Prelims) and 27 th June, 2021 (Finals). The questions were based on sports facts, famous sport persons, records, etc. The event was divided into two rounds – Prelims round and Finals Round. The prelims round consisted of 136 students of which top 6 students qualified for the finals round	136

Directorate of Student's Welfare & Sports,

Manipal University Jaipur

Name of Event: Knock out Sports Quiz

Date of the Event: June 27, 2021

Duration of Event: One Hour Date - Prelims (26th June, 2021), Finals (27th June, 2021) Timing

- Prelims (5:00 – 5:15 pm), Finals (4:00 – 6:00 pm) 07.00AM- 08.00AM

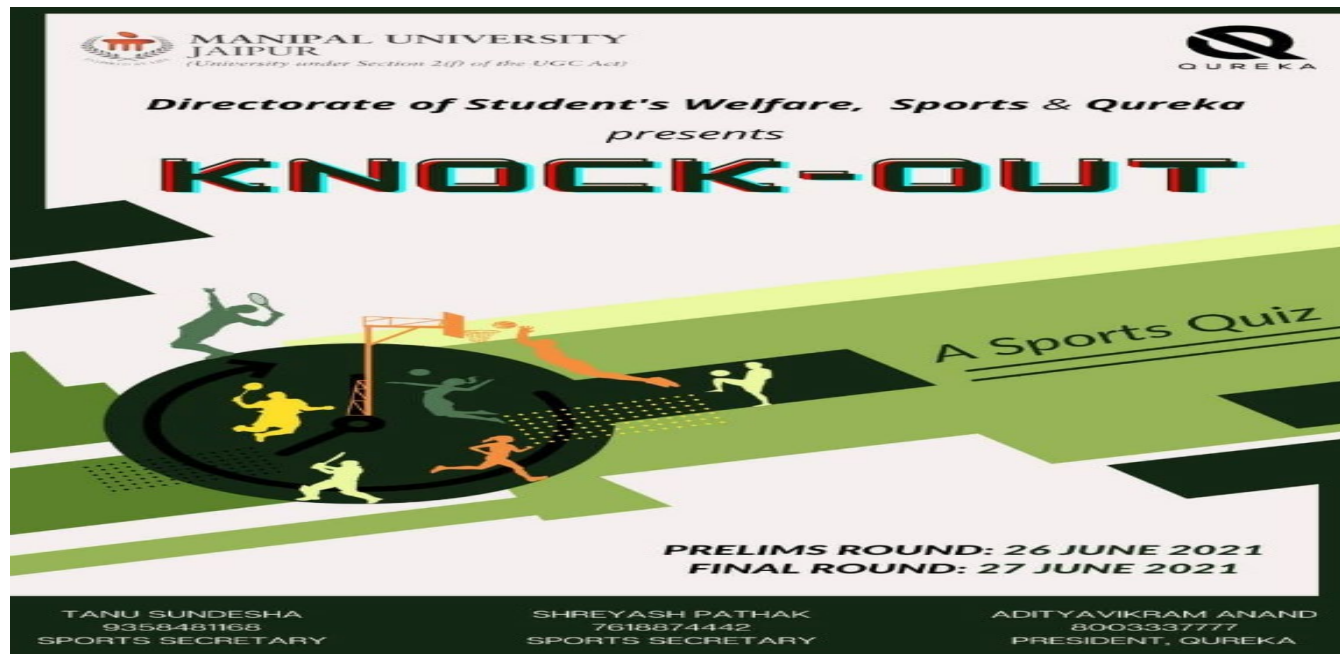
Name of Coordinator: Dr. Manas Roy

Organizing School / Department: Directorate of Student welfare

Photos of the Event & details of the Activity :- Directorate of Student Welfare & Sports Manipal University Jaipur organized Knock out Sports Quiz on 27th June 2021 to developed sports



knowledge The questions were based on sports facts, famous sport persons, records, etc. The event was organised in the under the able guidance of Dean Student Welfare Prof GL Sharma.



EVENT SCHEDULE

Date - Prelims (26th June, 2021), Finals (27th June, 2021)

Timing - Prelims (5:00 – 5:15 pm), Finals (4:00 – 6:00 pm)

EVENT DESCRIPTION

The event was organized on 26th June, 2021 (Prelims) and 27th June, 2021 (Finals). The questions were based on sports facts, famous sport persons, records, etc. The event was divided into two rounds – Prelims round and Finals Round. The prelims round consisted of 136 students of which top 6 students qualified for the finals round. The list of students who qualified for the finals are mentioned below:

1. Tanuj Kothari
2. Ishan Shrimali
3. Smarak Ranjan Patel
4. Ayush Singh

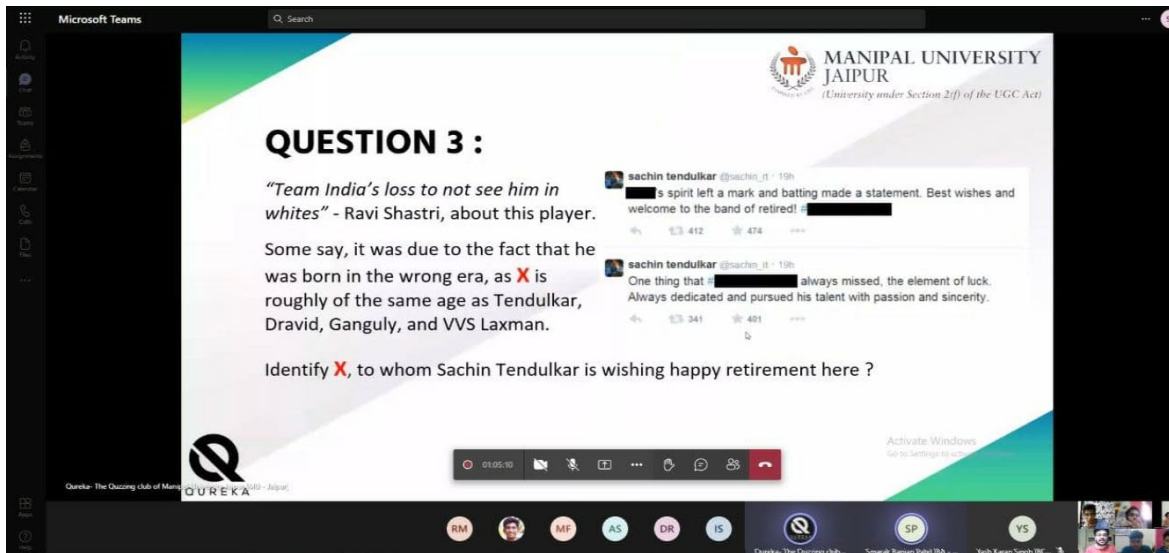


5. Yash Karan Singh Rathore

6. Devansh Ranjan



Knock-Out_26.06.2021 : The prelims round contained 15 questions in total and witnessed more than 136 participants



Knock-Out_27.06.201 : The Quizmaster presenting an interesting question related to cricket



Knock-Out_27.06.2021 : The top 6 participants of the prelims round are qualified for the finals

Name	Registration No.	College ID	WhatsApp No.
Aaryan Nigam	209301217	aaryan.209301217@muj.manipal.edu	9319929139
Parth Chopra	209202166	parth.209202166@muj.manipal.edu	9899883069
Abhinandan Kumar Tiwary	209202228	abhinandan.209202228@muj.manipal.edu	7321932163
Parth Kapur	209309008	parth.209309008@muj.manipal.edu	8510007580
Abhinav Sharma	209309112	abhinav.209309112@muj.manipal.edu	7248811000
Parv Mishra	209303015	parv.209303015@muj.manipal.edu	7984454109
Aditya rana	209302339	209302339@muj.manipal.edu	8630447506
Piyush Thakur	201006017	piyush.201006017@muj.manipal.edu	9119804777
Abhishek singh Chauhan	199402073	abhishek.199402074@muj.manipal.edu	7877150377
Piyush Goyal	209301440	piyush.209301440@muj.manipal.edu	9899012199
Abhishek Yadav	209401019	abhishek.209401019@muj.manipal.edu	7310567399
Piyush Raj Singh	209202207	piyushraj.209202207@muj.manipal.edu	9904366316
Aditya Sharma	209301509	aditya.209301509@muj.manipal.edu	9654875810
Prakhar Modi	200901119	Prakhar.200901119@muj.manipal.edu	9116000129
Akash Jain	179303013	akash.179303013@muj.manipal.edu	7076188171
Pranjal Kumar	209301568	pranjal.209301568@muj.manipal.edu	9835391355



Akshat Doneria	199402058	akshat.199402058@muj.manipal.edu	7599324739
Prashant Kumar	201106013	prashant.201106013@muj.manipal.edu	7412879795
Alham Akram	209301346	alham.209301346@muj.manipal.edu	9179634206
Priyansh Khurdia	209205012	priyansh.209205012@muj.manipal.edu	7230086279
Amit Badiwal	190901156	amit.190901156@muj.manipal.edu	9982190991
Priyanshu Gupta	209301059	priyanshu.209301059@muj.manipal.edu	8290818857
Anand Yadav	199102033	anand.199102033@muj.manipal.edu	9012211010
Priyanshu Ladha	199102014	priyanshu.199102014@muj.manipal.edu	8949786808
Anjali naruka	201014013	anjali.201014013@muj.manipal.edu	7877437585
Purusharth Kataria	209403062	purusharth.209403062@muj.manipal.edu	9773546789
Arnav Gandotra	201015027	arnav.201015027@muj.manipal.edu	9720722407
Rahul Raj	199302160	rahul.199302160@muj.manipal.edu	9955950898
Aryan Arora	209301518	aryan.209301518@muj.manipal.edu	9958777694
Reeva Buch	209309100	reeva.209309100@muj.manipal.edu	9898721207
Aryan Chitale	209202167	aryan.209202167@muj.manipal.edu	9768171027
Rishabh Mehta	189201021	rishabh.189201021@muj.manipal.edu	9955141116
Aryan Jakhar	201201001	aryan.201201001@muj.manipal.edu	8003599321
Rishav Raj Singh	209202170	rishav.209202170@muj.manipal.edu	7764048120
Ashutosh Kumar	209302200	ashutosh.209302200@muj.manipal.edu	9939407001
Ritvik Chawla	209301056	ritvik.209301056@muj.manipal.edu	9810160515
Avaneesh Sinha	209301189	avaneesh.209301189@muj.manipal.edu	8083030830
Ritwik Mehrotra	189402182	ritwik.189402182@muj.manipal.edu	8860746722
Austin Mathew	201002015	austin.201002015@muj.manipal.edu	8890814275
Ritvik Singh Rathore	179102040	ritvik.179102040@muj.manipal.edu	7665383531
Avinash S Kumar	209208002	avinash.209208002@muj.manipal.edu	9539169907
Rohan Sarmandal	209301156	rohan.209301156@muj.manipal.edu	8208809346
Aviral Shukla	209202070	aviral.209202070@muj.manipal.edu	7355153308
Rutvik Ramana Nadella	209301053	nadella.209301053@muj.manipal.edu	9177524364
Arya Nitin Ashar	209205029	arya.209205029@muj.manipal.edu	9326696731
Aryaman Singh Fauzdar	209301565	aryaman.209301565@muj.manipal.edu	7455817186
Raj R. Patel	199402082	raj.199402082@muj.manipal.edu	7573940241
rakshit joshi	189102005	rakshit.189102005@muj.manipal.edu	9602569699
Ayush Singh	209303169	ayush.209303169@muj.manipal.edu	7898984468



Saarthak mongia	171301057	saarthak.171301057@muj.manipal.edu	9460908063
Ayushman Saxena	209302148	ayushman.209302148@muj.manipal.edu	8127029326
Sai Siddharth Krishnavajjhala	209301029	sai.209301029@muj.manipal.edu	8639379854
Bhushan Maheshwari	209303026	bhushan.209303026@muj.manipal.edu	8767611207
Samar Singh	179402126	samar.179402126@muj.manipal.edu	7424901863
Chaitanya Singh	201301015	chaitanya.201301015@muj.manipal.edu	9149190801
Chirag Chheda	170501004	chirag.170501004@muj.manipal.edu	9920467075
Samith Servan Reddy	199202057	samith.199202057@muj.manipal.edu	9515330559
Samridh Aggarwal	189301212	Samridh.189301212@muj.manipal.edu	9650743399
Deepro Bose	189202173	deepro.189202173@muj.manipal.edu	7003137310
Sanjay Sharma	201004006	sanjay.201004006@muj.manipal.edu	8094717204
Devansh Ranjan	209303250	devansh.209303250@muj.manipal.edu	7400238131
Sarthak Kasture	209303302	sarthak.209303302@muj.manipal.edu	7722094699
Dhyey	209301258	dhyey.209301258@muj.manipal.edu	9638812453
Shashwat Mehrotra	209302123	shashwat.209302123@muj.manipal.edu	6386924553
Digvijay Singh Rathore	200801022	digvijay.200801022@muj.manipal.edu	9116724441
Shaswat Tripathi	189402030	shaswat.189402030@muj.manipal.edu	9839256645
Diksha Sharma	201022606	diksha.201022606@muj.manipal.edu	7610824904
Shivang Seth	209202160	shivang.209202160@muj.manipal.edu	9555811206
Divyansh	181201091	divyansh.181201091@muj.manipal.edu	7737430354
Shivansh Dhar Singh	209301538	shivansh.209301538@muj.manipal.edu	9311397022
Divyanshu	209302425	divyanshu.209302425@muj.manipal.edu	7597782828
Shlok Gupta	179401037	shlok.179401037@muj.manipal.edu	9129557666
Divyaraj Singh Rathore	201106015	divyaraj.201106015@muj.manipal.edu	7879332231
Shobhit Yadav	200801005	shobhit.200801005@muj.manipal.edu	7844985865
Bhavesh Bhatia	199301261	bhavesh.199301261@muj.manipal.edu	8368776802
Saksham Jain	200901035	saksham.200901035@muj.manipal.edu	9784755212
Gaurav bansal	209302400	gaurav.209302400@muj.manipal.edu	8839281261
Shreshtha Oza	189402188	oza.189402188@muj.manipal.edu	7038844553
Bhavya	209403024	bhavya.209403024@muj.manipal.edu	9987697689
Saksham Sinha	199403013	saksham.199403013@muj.manipal.edu	8448935073
Gourav Moonka	199402025	gourav.199402025@muj.manipal.edu	8340712457



Shreyansh Mehta	169108137	shreyansh.169108137@muj.manipal.edu	7742321246
Harkunwar Singh	209302422	hakunwar.209302422@muj.manipal.edu	9654327736
Shreyansh Rai	209302258	shreyansh.209302258@muj.manipal.edu	9792044265
Hritvik Kasliwal	199301212	hritvik.199301212@muj.manipal.edu	9251400700
Smarak Patel	181101006	smararanjan.181101006@muj.manipal.edu	9821890307
Ishan Bhardwaj	209202235	ishan.209202235@muj.manipal.edu	7742093001
Soumya Gupta	189301195	soumya.189301195@muj.manipal.edu	9711224827
Ishan Shrimali	189302113	ishan.189302113@muj.manipal.edu	9887463770
Sourabh Joshi	181005011	sourabh.181005011@muj.manipal.edu	7302686002
Karri Lohith Sai Kishore	209403028	karri.209403028@muj.manipal.edu	9493220619
Kartik khandelwal	209301052	kartik.209301052@muj.manipal.edu	7568852488
Sweata Chakraborty	209202109	sweata.209202109@muj.manipal.edu	8011288322
Tanuj Kothari	209303227	tanuj.209303227@muj.manipal.edu	9007061199
Karan Arora	209303182	karan.209303182@muj.manipal.edu	9958526265
Srijan Das	209303134	srijan.209303134@muj.manipal.edu	8889276276
Kaustubh Mishra	209302101	kaustubh.209302101@muj.manipal.edu	9708494036
Tejas Malhotra	209202159	tejas.209202159@muj.manipal.edu	9899569076
Keshav goyal	200901234	keshav.200901234@muj.manipal.edu	7232084553
Kshitij Mohanka	189302076	kshitij.189302076@muj.manipal.edu	9386827880
Tummuri Ashish	199202002	tummuri.199202002@muj.manipal.edu	9848995994
Udbhav	209202223	udbhav.209202223@muj.manipal.edu	6303749190
Manas Mishra	209303129	manas.209303129@muj.manipal.edu	8850247435
Udbhav Pachisia	209202223	udbhav.209202223@muj.manipal.edu	6303749190
Manish Khilery	190901062	manish.190901062@muj.manipal.edu	9413384235
Uddeshya Singh	189102011	uddeshya.189102011@muj.manipal.edu	7987824513
Mayank Singhal	201301126	mayank.201301126@muj.manipal.edu	9468742487
Utkarsh Pratap Singh	209301126	utkarsh.209301126@muj.manipal.edu	7983647280
Harsh Kumawat	179402058	harsh.179402058@muj.manipal.edu	9530088697
Shreyansh seth	209302130	shreyansh.209302130@muj.manipal.edu	7030867569
Mohammad Owais Farooqui	209302121	mohammad.209302121@muj.manipal.edu	9915014907
Utkarsh Rana	209301254	utkarsh.209301254@muj.manipal.edu	9810323287
Mohammad Talha	181301067	mohammad.181301067@muj.manipal.edu	9116845132



Vaibhav Satija	209301028	vaibhav.209301028@muj.manipal.edu	9717326979
Naman sood	209301236	naman.209301236@muj.manipal.edu	8085577243
VARUNPAL SINGH	201305042	varunpal.201305042@muj.manipal.edu	9460176050
Nanda Krishna	200701001	nanda.200701001@muj.manipal.edu	8989549283
Venkata sai nikhil	189402143	venkata.189402143@muj.manipal.edu	8331861171
Neev Jain	209403011	neev.209403011@muj.manipal.edu	9920180222
Vishal Singh	199202053	vishal.199202053@muj.manipal.edu	9610194611
Nihal Choudhary	200901284	nihal.200901284@muj.manipal.edu	9649032571
Yash Bhambhani	209302146	yash.209302146@muj.manipal.edu	9871761025
Karanpreet Arora	189102050	karanpreet.189102050@muj.manipal.edu	9713180555
Sushmita Sharma	191201028	sushmita.191201028@muj.manipal.edu	8381838027
Harshil Suthar	209202093	harshil.209202093@muj.manipal.edu	9974665689
Shubh Kapoor	209302427	shubh.209302427@muj.manipal.edu	9811009822
Nikhil Bhatnagar	199302121	nikhil.199302121@muj.manipal.edu	8287444153
Yash Karan	191015017	yash.191015017@muj.manipal.edu	7878097049
Nikhil Sharma	180903034	nikhil.180903034@muj.manipal.edu	9521199021
Yash Katta	171301081	yash.171301081@muj.manipal.edu	9001049405
Mohit Kumar Mishra	199202028	mohit.199202028@muj.manipal.edu	9905674871
Varshith Reddy	199301137	ganji.199301137@muj.manipal.edu	8106422915
Niranjan Anand	201101006	niranjan.201101006@muj.manipal.edu	7021776896
Parth Agarwal	209302079	parth.209302079@muj.manipal.edu	9999684775
Harshit Joshi	179101014	harshit.179101014@muj.manipal.edu	9653701750
Siddharth Vohra	179402144	siddharth.179402144@muj.manipal.edu	8130112828

Faculty Coordinator

Dr. Manas Roy

(Department of Economics)



MANIPAL UNIVERSITY
JAIPUR

Campus - Dehmi Kalan, Jaipur - Ajmer Expressway, Jaipur

 jaipur.manipal.edu



MANIPAL UNIVERSITY JAIPUR

MUJ/DSW/Sports /02 November 2021/10

DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Intra University Athletic (Men/Women) Tournament 2021-2022. For MUJ Students From 29 to 30 October 2021.

Date of Event: 29 to 30 October 2021

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6.	Brochure or creative of the event	4
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8.	Attendance of the Event	5
9.	News Publication	5
10.	Link of MUJ website	5



1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Intra University Athletic (Men/Women) Tournament 2021-2022. For MUJ Students From 29 to 30 October 2021. at Athletic Track Manipal University Jaipur.

2. Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

3. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at Athletic player Manipal University Jaipur.

4. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Athletic (Men/Women) Tournament 2021-2022. For MUJ Students From 29-30 October 2021. at Athletic track Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports addressed the students about the Sports Skills and temperament of players.

Photographs of the event with captions: -







Image1. Students playing Athletic.

5. Brochure and Schedule of the Event: -



Intra-University Sports Calendar 2021-22

Date: 01.09.2021

S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
3	Squash (Men & Women)	16 September 2021	Squash Courts, Hostel	14 September 2021
4	Archery (Men & Women)	21 September 2021	Archery Ground	14 September 2021
5	Kabaddi (Men & Women)	23 September 2021	Kabaddi Court	14 September 2021
6	Table Tennis (Men & Women)	24 September 2021	Room No. 002 & 003, 1 AB	19 September 2021
7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricket (Men & Women)	22 October 2021	Cricket Ground	12 October 2021
12	Volleyball (Men & Women)	21 October 2021	Volleyball Court	15 October 2021
13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
14	Tennis (Men & Women)	28 October 2021	Tennis Court	25 October 2021
15	Athletics (Men & Women)	29 October 2021	Athletic – Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
19	Weightlifting & Power Lifting (Men & Women)	25 November 2021	Football Ground	23 November 2021
20	Karate (Men & Women)	26 November 2021	Room No. 002 & 003, 1 AB	24 November 2021
21	Faculty Sports (Men & Women)	6&7 January 2022	Sports Ground	1 January 2022
22	Taekwondo (Men & Women)	14 January 2022	Room No. 002 & 003, 1 AB	12 January 2022
23	Yoga (Men & Women)	21 January 2022	Room No. 002 & 003, 1 AB	18 January 2022
24	ABHIVARTIA – National Sports Fest 2022	08 February 2022	MUJ Campus	----

NOTE:
 • TEAM WILL PARTICIPATE BRANCH / COURSE WISE IN THE TOURNAMENT.
 • ONLY ONE TEAM (BRANCH / COURSE WISE) CAN PARTICIPATE IN THE TOURNAMENT.
 • PLAYERS WILL BE SELECTED FOR REPRESENTING THE MANIPAL UNIVERSITY JAIPUR IN THE AIU SPORTS TOURNAMENTS / NATIONAL GAMES.

DR. RINA POONIA
 DEPUTY DIRECTOR
 PHYSICAL EDUCATION & SPORTS
 MANIPAL UNIVERSITY JAIPUR



Total attendee- 29(29 Students)

Attendance of the Event

S.No	Name	Registration No.
1	PRAMOD SHARMA	
2	PRIYANSH TAILOR	
3	RAHUL KUMAWAT	
4	DURGESH GUPTA	
5	MUKUL SHARMA	201106012
6	KARTIK CHHABRA	209202075



MANIPAL UNIVERSITY JAIPUR

7	HARSHIT BASAK	209303092
8	TANISH KATIAL	209403033
9	NAMIT PAPNEY	209303031
10.	ANUNAY BHATT	209302242
11.	ANMOL SRIVASTAVA	209301173
12.	UTKARSH BAHUGUNA	209302186
13.	KOUSTUBH SAI	209303111
14.	HARSH KUNDAN	209303014
15.	PURUSHARTH KATARIA	209403062
16.	SHIVANSH DHAR SINGH	209301538
17.	PARTH CHOPRA	209202166
18.	NEEL SARUDKAR	209403053
19.	UTKARSH BAHUGUNA	209302186
20.	YASH DESHPANDE	
21.	ABHINAV ADITYA	189303109
22.	LAKSHIT SHARMA	209402017
23.	DEVANSHU RASTOGI	209302150
24.	KESHAV TRIPATHI	209309096
25.	ARYAN CHITALE	209202167
26.	DARSHAN JAIN	209403006
27.	ADITYA KUMAR	209303361
28.	PS SHIVA NARAYAN	209303186
29.	NIYATI CHOUHAN	

**6. Link of MUJ website:
Pre Event Info Link –**



**MANIPAL UNIVERSITY
JAIPUR**

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Intra University Badminton (Women) Tournament 2021-2022. For MUJ Students From 30th September to 05 October 2021.

Date of Event: 30th September to 05 October 2021.

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MANIPAL UNIVERSITY JAIPUR

1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Intra University Badminton (Women) Tournament 2021-2022. For MUJ Students from from 30th September to 05 October 2021. at MUJ Hostel side Block -1, Manipal University Jaipur.

Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

2. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at MUJ Hostel side Block -1, Manipal University Jaipur.

3. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Badminton (Women) Tournament 2021-2022. For MUJ Students from from 30th September to 05 October 2021. at MUJ Hostel side Block -1, Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports, addressed the students about the Sports Skills and temperament of players.

4. Photographs of the event with captions: -



Image1. Deputy Director, DSW, Dr. Rina Poonia addressing the students





Image2. Deputy Director, DSW, Dr. Rina Poonia Introducing the players



Image 3. Students Playing Badminton

5. Brochure of the Event: -





**MANIPAL UNIVERSITY
JAIPUR**

Intra-University Sports Calendar 2021-22 Date: 01.09.2021

S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
3	Squash (Men & Women)	16 September 2021	Squash Courts, Hostel	14 September 2021
4	Archery (Men & Women)	21 September 2021	Archery Ground	14 September 2021
5	Kabaddi (Men & Women)	23 September 2021	Kabaddi Court	14 September 2021
6	Table Tennis (Men & Women)	24 September 2021	Room No. 002 & 003, 1 AB	19 September 2021
7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricketer (Men & Women)	22 October 2021	Cricketer Ground	12 October 2021
12	Volleyball (Men & Women)	21 October 2021	Volleyball Court	15 October 2021
13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
14	Tennis (Men & Women)	28 October 2021	Tennis Court	25 October 2021
15	Athletics (Men & Women)	29 October 2021	Athletic - Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
19	Weightlifting & Power Lifting (Men & Women)	25 November 2021	Football Ground	23 November 2021
20	Karate (Men & Women)	26 November 2021	Room No. 002 & 003, 1 AB	24 November 2021
21	Faculty Sports (Men & Women)	6 & 7 January 2022	Sports Ground	1 January 2022
22	Taekwondo (Men & Women)	14 January 2022	Room No. 002 & 003, 1 AB	12 January 2022
23	Yoga (Men & Women)	21 January 2022	Room No. 002 & 003, 1 AB	18 January 2022
24	ABHIVARITA - National Sports Fest 2022	08 February 2022	MUJ Campus	----

NOTE:
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 * ONLY ONE TEAM (BRANCH / COURSE WISE) CAN PARTICIPATE IN THE TOURNAMENT.
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DR. RINA POONIA
DEPUTY DIRECTOR
PHYSICAL EDUCATION & SPORTS
MANIPAL UNIVERSITY JAIPUR





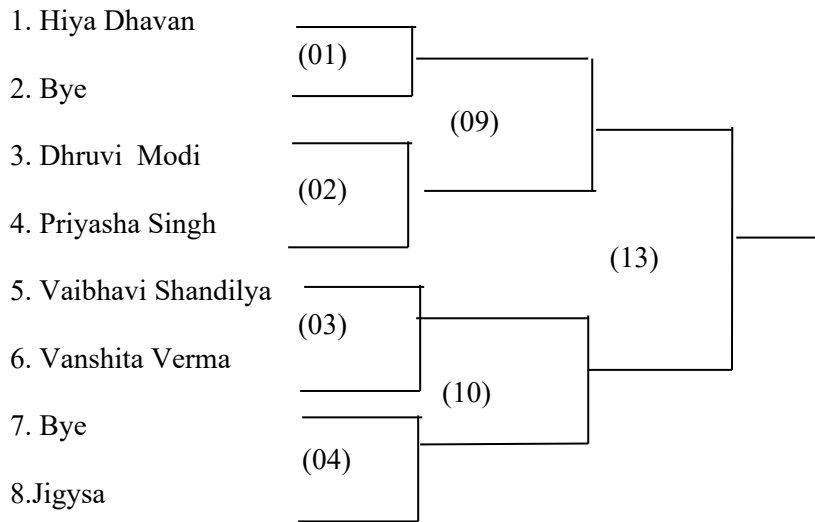
MANIPAL UNIVERSITY JAIPUR

6. Schedule of the event: -
From 30th September to 05 October 2021

Manipal University Jaipur Intra University Badminton (W) Tournament Fixture

Date: 30/09/21

Venue: B-1 Badminton Court Hostel Side Time: 03:30PM



7. Attendance of the Event:

S.No.	Name	Registration No.
01	Dhravi Modi	200603002
02	Priyasha Singh	209302050
03	Annunaya Choudhary	
04	Vanshita Verma	209301112
05	Vaibhavi Sandilya	209301619
06	Kriti	

Total attendee- 08 (06 Students & 2 Faculty Members)



**8. Link of MUJ website:
Pre Event Info Link –**

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



MANIPAL UNIVERSITY
JAIPUR



MUJ/DSW/Sports /16 Sept. 2021/05

DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Intra University Badminton (Men) Tournament 2021-2022. For MUJ Students From 30th September to 05 October 2021.

Date of Event: 30th September to 05 October 2021.

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MANIPAL UNIVERSITY JAIPUR

1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Intra University Badminton (Men) Tournament 2021-2022. For MUJ Students from from 30th September to 05 October 2021. at MUJ Hostel side Block -1, Manipal University Jaipur.

Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

2. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at MUJ Hostel side Block -1, Manipal University Jaipur.

3. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Badminton (Men) Tournament 2021-2022. For MUJ Students from from 30th September to 05 October 2021. at MUJ Hostel side Block -1, Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports, addressed the students about the Sports Skills and temperament of players.

4. Photographs of the event with captions: -



Image1. Deputy Director, DSW, Dr. Rina Poonia addressing the students



Image2. Deputy Director, DSW, Dr. Rina Poonia Introducing the players



Image 3. Students Playing Badminton

5. Brochure of the Event: -



S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
3	Squash (Men & Women)	16 September 2021	Squash Courts, Hostel	14 September 2021
4	Archery (Men & Women)	21 September 2021	Archery Ground	19 September 2021
5	Kabaddi (Men & Women)	23 September 2021	Kabaddi Court	14 September 2021
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7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricketer (Men & Women)	22 October 2021	Cricketer Ground	12 October 2021
12	Volleyball (Men & Women)	21 October 2021	Volleyball Court	15 October 2021
13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
14	Tennis (Men & Women)	28 October 2021	Tennis Court	25 October 2021
15	Athletics (Men & Women)	29 October 2021	Athletic - Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
19	Weightlifting & Power Lifting (Men & Women)	25 November 2021	Football Ground	23 November 2021
20	Karate (Men & Women)	26 November 2021	Room No. 002 & 003, 1 AB	24 November 2021
21	Faculty Sports (Men & Women)	6&7 January 2022	Sports Ground	1 January 2022
22	Taekwondo (Men & Women)	14 January 2022	Room No. 002 & 003, 1 AB	12 January 2022
23	Yoga (Men & Women)	21 January 2022	Room No. 002 & 003, 1 AB	18 January 2022
24	ABHIVARTHA - National Sports Fest 2022	08 February 2022	MUJ Campus	----

NOTE:
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 * PLAYERS WILL BE SELECTED FOR REPRESENTING THE MANIPAL UNIVERSITY JAIPUR IN THE AIIU SPORTS TOURNAMENTS / NATIONAL GAMES.

DR. RINA POONIA
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PHYSICAL EDUCATION & SPORTS
MANIPAL UNIVERSITY JAIPUR





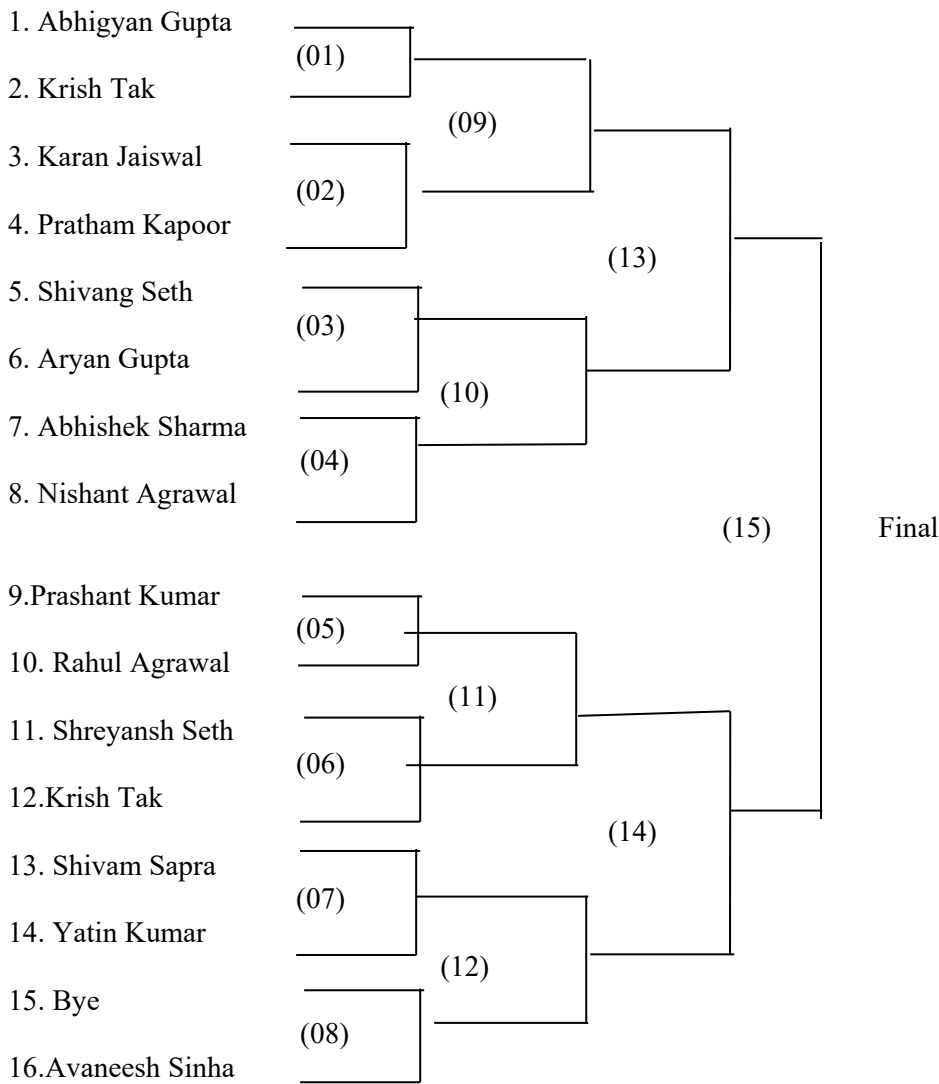
6. Schedule of the event: -

From 30th September to 05 October 2021

**Manipal University Jaipur
Intra University Badminton (M) Tournament
Fixture Pool (A)**

Date: 30/09/21

Venue: B-1 Badminton Court Hostel Side Time: 03:30PM

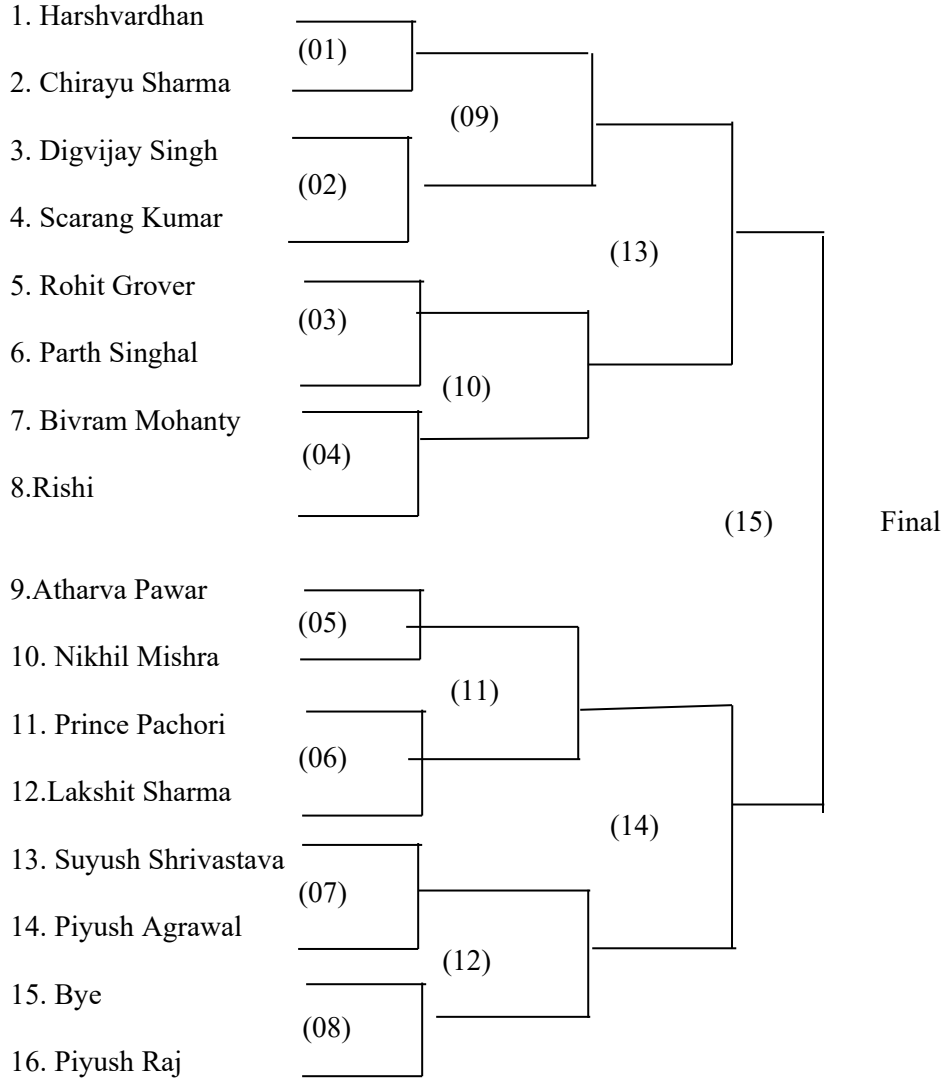




**Manipal University Jaipur
Intra University Badminton (M) Tournament
Fixture Pool (B)**

Date: 30/09/21

Venue: B-1 Badminton Court Hostel Side Time: 03:30PM





MANIPAL UNIVERSITY JAIPUR

7. Attendance of the Event:

S.No.	Name	Registration No.
01	Karan JAriwal	201301067
02	Pratham Kapoor	200901164
03	Shivang Seth	209202160
04	Aryan Gupta	209302175
05	Abhishek Sharma	209301371
06	Nishant Agrawal	189302151
07	Krishio Rijwani	189302151
08	Prashant Kumar	
09	Rahul Agrawal	209302130
10	Krish Tak	209301462
11	Shivam Sapra,	209301227
12	Yatin Kumar	209301215
13	Avaneesh Kumar	209301189
14	Harshvardhan	209302394
15	Digvijay Singh	201106015
16	Scarang Kumar	209303210
17	Rohit Grover	209301411
18	Parth Singhal	179302098
19	Bivram Mohanty	209301477
20	Piyush Agrawal	209303048
21	Atharava Pauer	199402052
22	Nikhil Mishra	209202139
23	Annunaya Choudhary	
24	Lakshit Sharma	209402017
25	Suyush Shrivastava	209302151
26	Devendra	201106016
27	Kshitiz Raj	209301585
28	Abhigyan Gupta	
29	Pratyush Vohra	
30	Rahul Jakhar	191015005

Total attendee- 32 (30 Students & 2 Faculty Members)

**8. Link of MUJ website:
Pre Event Info Link –**



MANIPAL UNIVERSITY
JAIPUR

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



MUJ/DSW/Sports /02 November 2021/05

DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Intra University Basketball (Women) Tournament 2021-2022. For MUJ Students From 01 to 03 October 2021.

Date of Event: 1st to 3rd October 2021

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MANIPAL UNIVERSITY JAIPUR

1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Intra University Basketball (Men) Tournament 2021-2022. For MUJ Students From 01 to 03 October 2021. at Basketball Court Manipal University Jaipur.

2. Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

3. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at Basketball Court Manipal University Jaipur.

4. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Basketball (Women) Tournament 2021-2022. For MUJ Students From 1st to 3rd October 2021. at Basketball Court Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports addressed the students about the Sports Skills and temperament of players.

Photographs of the event with captions: -



Image1. Deputy Director, DSW, Dr. Rina Poonia addressing the students





Image 2. Students Playing Basketball

5. Brochure and Schedule of the Event: -



MANIPAL UNIVERSITY
JAIPUR

Intra-University Sports Calendar 2021-22

Date: 01.09.2021

S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
3	Squash (Men & Women)	16 September 2021	Squash Courts, Hostel	14 September 2021
4	Archery (Men & Women)	21 September 2021	Archery Ground	14 September 2021
5	Kabaddi (Men & Women)	23 September 2021	Kabaddi Court	14 September 2021
6	Table Tennis (Men & Women)	24 September 2021	Room No. 002 & 003, 1 AB	19 September 2021
7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricket (Men & Women)	22 October 2021	Cricket Ground	12 October 2021
12	Volleyball (Men & Women)	21 October 2021	Volleyball Court	15 October 2021
13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
14	Tennis (Men & Women)	28 October 2021	Tennis Court	25 October 2021
15	Athletics (Men & Women)	29 October 2021	Athletic – Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
19	Weightlifting & Power Lifting (Men & Women)	25 November 2021	Football Ground	23 November 2021
20	Karate (Men & Women)	26 November 2021	Room No. 002 & 003, 1 AB	24 November 2021
21	Faculty Sports (Men & Women)	6&7 January 2022	Sports Ground	1 January 2022
22	Taekwondo (Men & Women)	14 January 2022	Room No. 002 & 003, 1 AB	12 January 2022
23	Yoga (Men & Women)	21 January 2022	Room No. 002 & 003, 1 AB	18 January 2022
24	ABHIVARTIA – National Sports Fest 2022	08 February 2022	MUJ Campus	----

NOTE:

- TEAM WILL PARTICIPATE BRANCH / COURSE WISE IN THE TOURNAMENT.
- ONLY ONE TEAM (BRANCH / COURSE WISE) CAN PARTICIPATE IN THE TOURNAMENT.
- PLAYERS WILL BE SELECTED FOR REPRESENTING THE MANIPAL UNIVERSITY JAIPUR IN THE AIU SPORTS TOURNAMENTS / NATIONAL GAMES.

DR. RINA POONIA
DEPUTY DIRECTOR
PHYSICAL EDUCATION & SPORTS
MANIPAL UNIVERSITY JAIPUR



Total attendee- 08 (08 Students)

S.No.	Name of Students	Fathers Name	Contact No.
1.	Kavita Choudhary	Maj. O P Choudhary	7396807086
2.	Chetna Kesi		
3.	Desha Goyal		
4.	Avni Ahlawat		
5.	Lavna Rajawat		
6.	Khushshi Munder		
7.	Tanya Singh		
8.	Aditi Singh		

**6. Link of MUJ website:
Pre Event Info Link –**



**MANIPAL UNIVERSITY
JAIPUR**

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



MUJ/DSW/Sports /02 November 2021/05

DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Intra University Basketball (Men)
Tournament 2021-2022. For MUJ Students From 01 to 03 October 2021.

Date of Event: 1st to 3rd October 2021

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MANIPAL UNIVERSITY JAIPUR

1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Intra University Basketball (Men) Tournament 2021-2022. For MUJ Students From 01 to 03 October 2021. at Basketball Court Manipal University Jaipur.

2. Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

3. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at Basketball Court Manipal University Jaipur.

4. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Basketball (Men) Tournament 2021-2022. For MUJ Students From 1st to 3rd October 2021. at Basketball Court Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports addressed the students about the Sports Skills and temperament of players.

Photographs of the event with captions: -



Image1. Deputy Director, DSW, Dr. Rina Poonia addressing the students





Image 2. Students Playing Basketball

5. Brochure and Schedule of the Event: -



Intra-University Sports Calendar 2021-22

Date: 01.09.2021

S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
3	Squash (Men & Women)	16 September 2021	Squash Courts, Hostel	14 September 2021
4	Archery (Men & Women)	21 September 2021	Archery Ground	14 September 2021
5	Kabaddi (Men & Women)	23 September 2021	Kabaddi Court	14 September 2021
6	Table Tennis (Men & Women)	24 September 2021	Room No. 002 & 003, 1 AB	19 September 2021
7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricket (Men & Women)	22 October 2021	Cricket Ground	12 October 2021
12	Volleyball (Men & Women)	21 October 2021	Volleyball Court	15 October 2021
13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
14	Tennis (Men & Women)	28 October 2021	Tennis Court	25 October 2021
15	Athletics (Men & Women)	29 October 2021	Athletic – Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
19	Weightlifting & Power Lifting (Men & Women)	25 November 2021	Football Ground	23 November 2021
20	Karate (Men & Women)	26 November 2021	Room No. 002 & 003, 1 AB	24 November 2021
21	Faculty Sports (Men & Women)	6&7 January 2022	Sports Ground	1 January 2022
22	Taekwondo (Men & Women)	14 January 2022	Room No. 002 & 003, 1 AB	12 January 2022
23	Yoga (Men & Women)	21 January 2022	Room No. 002 & 003, 1 AB	18 January 2022
24	ABHIVARTIA – National Sports Fest 2022	08 February 2022	MUJ Campus	----

NOTE:
 * TEAM WILL PARTICIPATE BRANCH / COURSE WISE IN THE TOURNAMENT.
 * ONLY ONE TEAM (BRANCH / COURSE WISE) CAN PARTICIPATE IN THE TOURNAMENT.
 * PLAYERS WILL BE SELECTED FOR REPRESENTING THE MANIPAL UNIVERSITY JAIPUR IN THE AIIU SPORTS TOURNAMENTS / NATIONAL GAMES.

DR. RINA POONIA
 DEPUTY DIRECTOR
 PHYSICAL EDUCATION & SPORTS
 MANIPAL UNIVERSITY JAIPUR



Total attendee- 18 (14 Students & 4 Faculty Members)

S.No.	Name of Students	Fathers Name	Contact No.
1.	Kavita Choudhary	Maj. O P Choudhary	7396807086
2.	Vinayam Saran	Mr. Navneet Saran	
3.	Prashant Sharma	Mr. Satish Chand Sharma	9680099927
4.	Ishvak Taneja	Mr. Lalit Kumar Taneja	9828846402
5.	Shreyas Vats	Wg Cdr Manoj Kumar Vats	
6.	Nitendra Pratap Singh	Mr. RB Singh	9111552022
7.	Rohit Berwal	Mr. Chhotu Ram	7413809011
8.	Aditya Patil	Mr. NKV Patil	9643530489
9.	Lalit Singh	Mr. Jagdish Singh	9799787733
10.	Aditi Singh	Mr. Kiran pal Singh	9910602994
11.	Chetna Kesi	Mr. Rajesh Kesi	7976025515
12.	Disha Goyal	Mr. Yogesh Goyal	7587566144
13.	Aaresh Rajawat	Mr. Anand Rajawat	9752890775
14.	Deependra Rathore	Mr. Kuber singh Rathore	6350086651
15.	Honey Padiyar	Mr. Pritesh Padiyar	6367200451
16.	Ishan Singh	Mr. Virender Singh	9414742200



MANIPAL UNIVERSITY JAIPUR

17.	Jagjit Singh	Sgt. Amarjit Singh	8233359668
18.	Parth C. Mahajan	Wg Cdr. C.Y. Mahajan	9067206779
19.	Pawan Singh	Commandant Balwant Singh	9664133477
20.	Pradeep D. Chate	Chate Deepak Dnyanoba	9390490185
21.	Prashant Kumar	Ajit Singh Choudhary	7412879795
22.	Pratyush Vohra	Lt.Col Rohit Vohra	6359130640
23.	Rohit Singh	Babulal Singh	9672270856
24.	Abhyuday Rathore	Jitendra Singh Rathore	9352804613

**6. Link of MUJ website:
Pre Event Info Link –**

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Intra University Chess (Men) Championship 2021-2022. For MUJ Students From 16Th to 17th September 2021.

Date of Event: 16Th to 17th September 2021.

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8.	Attendance of the Event	5
9.	News Publication	5
10.	Link of MUJ website	5

1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Intra University Chess (Men) Championship 2021-2022. For MUJ Students From 16Th to 17th September 2021. at 003 Sports Room Academic Block One Manipal University Jaipur.

Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

2. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at 003 Sports Room Academic Block One Manipal University Jaipur.

3. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Chess (Men) Championship 2021-2022. For MUJ Students From 16Th to 17th September 2021. at 003 Sports Room Academic Block One Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports, addressed the students about the Sports Skills and temperament of players.

Photographs of the event with captions: -



Image1. Director, DSW, Prof. AD Vyas addressing the students

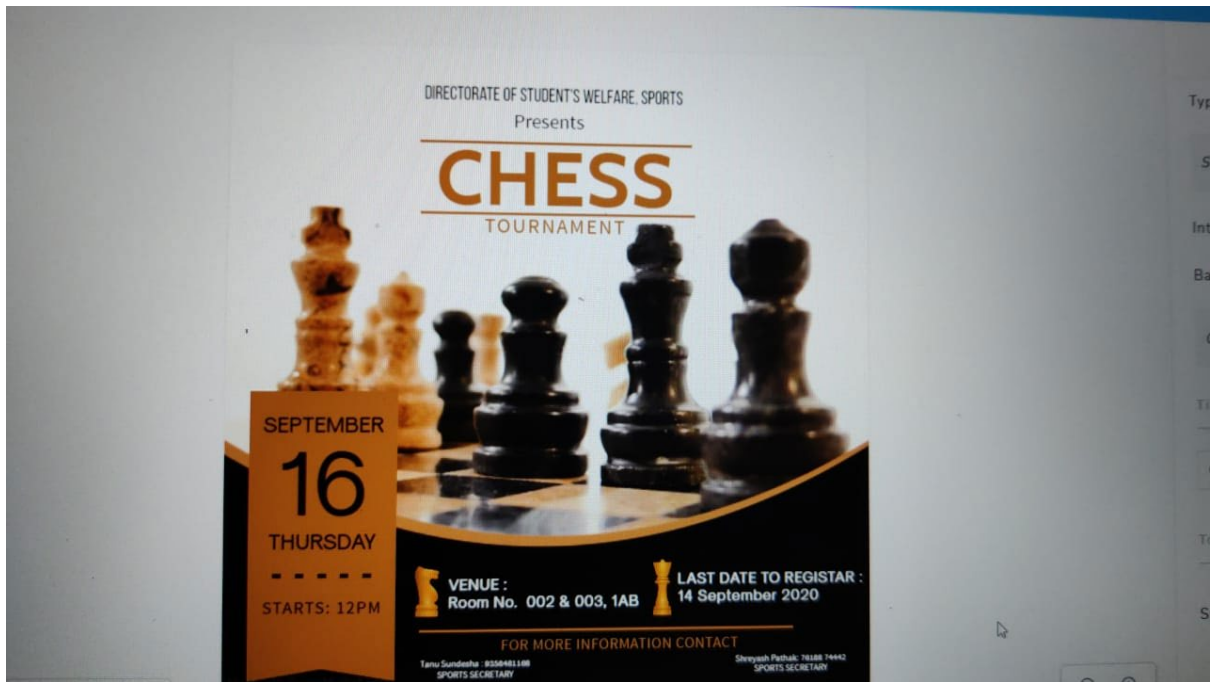


Image2. Director, DSW, Prof. AD Vyas Introducing the players



Image 3. Students Playing Chess

4. Brochure of the Event: -



5. Schedule of the event: -

From 16 to 17 September 2021 from 4 PM



Intra-University Sports Calendar 2021-22

Date: 01.09.2021

S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
3	Squash (Men & Women)	16 September 2021	Squash Courts, Hostel	14 September 2021
4	Archery (Men & Women)	21 September 2021	Archery Ground	14 September 2021
5	Kabaddi (Men & Women)	23 September 2021	Kabaddi Court	14 September 2021
6	Table Tennis (Men & Women)	24 September 2021	Room No. 002 & 003, 1 AB	19 September 2021
7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricket (Men & Women)	22 October 2021	Cricket Ground	12 October 2021
12	Volleyball (Men & Women)	21 October 2021	Volleyball Court	15 October 2021
13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
14	Tennis (Men & Women)	28 October 2021	Tennis Court	25 October 2021
15	Athletics (Men & Women)	29 October 2021	Athletic – Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
19	Weightlifting & Power Lifting (Men & Women)	25 November 2021	Football Ground	23 November 2021
20	Karate (Men & Women)	26 November 2021	Room No. 002 & 003, 1 AB	24 November 2021
21	Faculty Sports (Men & Women)	6&7 January 2022	Sports Ground	1 January 2022
22	Taekwondo (Men & Women)	14 January 2022	Room No. 002 & 003, 1 AB	12 January 2022
23	Yoga (Men & Women)	21 January 2022	Room No. 002 & 003, 1 AB	18 January 2022
24	ABHIVARTA – National Sports Fest 2022	08 February 2022	MUJ Campus	----

NOTE:
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DR. RINA POONIA
DEPUTY DIRECTOR
PHYSICAL EDUCATION & SPORTS
MANIPAL UNIVERSITY JAIPUR

Intra University Chess (M&W) Tournament Fixture

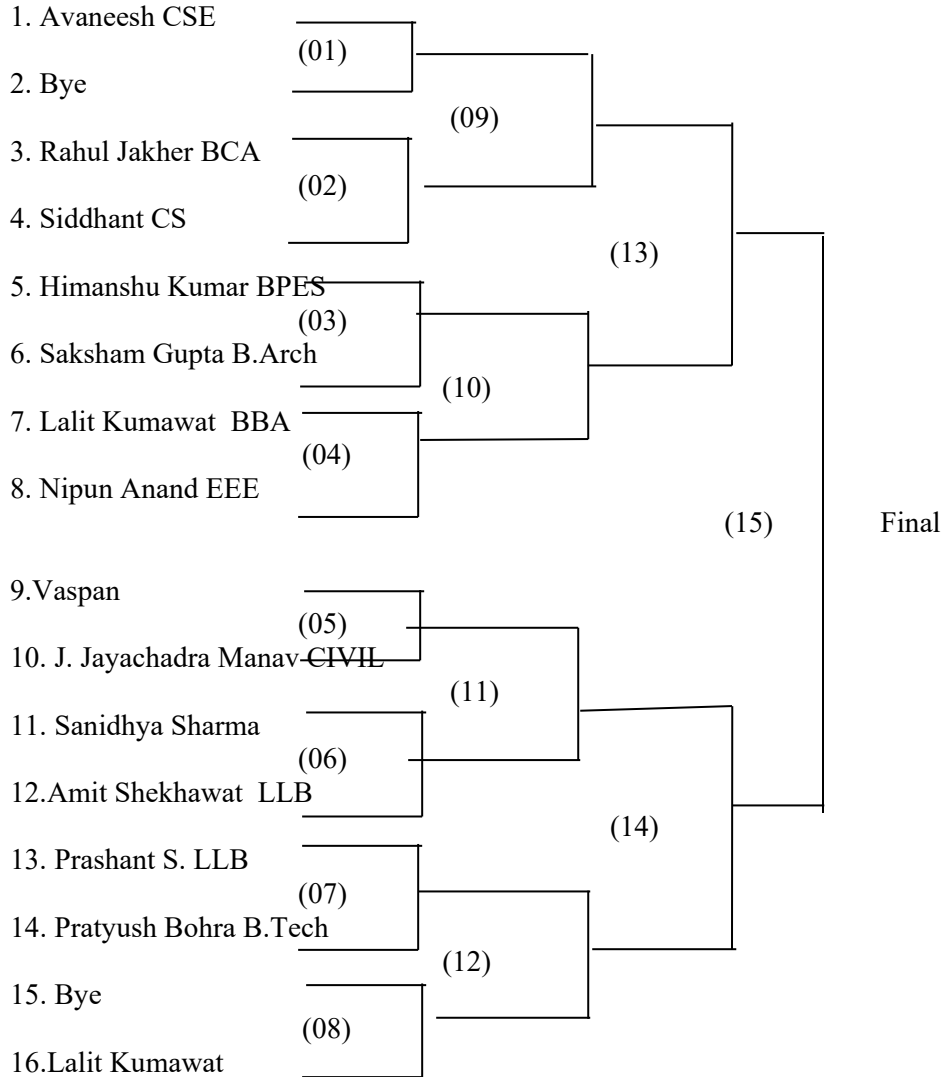


MANIPAL UNIVERSITY JAIPUR

Date: 16/09/21

Venue: Room no.003, 1AB

Time: 04:30PM



6. Attendance of the Event:

S.No.	Name	Registration No.
-------	------	------------------



MANIPAL UNIVERSITY JAIPUR

01	Devendra	201106016
02	Kshitiz Raj	209301585
03	Aman Veer	170501031
04	Preetesh Sharma	201305041
05	Lalit Kumawat	200901105
06	Viraj Pandit	189303092
07	Himanshu Kumar	201106011
08	Saksham Gupta	170501033
09	J. Jayachandra	189102031
10	Vijit Saxena	201305037
11	Siddhant Khariwal	209301640
12	Rahul Jakhar	191015005

Total attendee- 18 (12 Students & 6 Faculty Members)

**7. Link of MUJ website:
Pre Event Info Link –**

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)



**MANIPAL UNIVERSITY
JAIPUR**

Signature of Director, DSW



MUJ/DSW/Sports /02 November 2021/08

DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Intra University Football (Men)
Tournament 2021-2022. For MUJ Students From 08 to 12 October 2021.

Date of Event: 08 to 12 October 2021

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7.	Schedule of the Event	5
8.	Attendance of the Event	5
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10.	Link of MUJ website	5



1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Intra University Directorate of Students' Welfare Sports organizing Intra University Football (Men) Tournament 2021-2022. For MUJ Students From 08 to 12 October 2021. at Football ground Manipal University Jaipur.

2. Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

3. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at Football Ground Manipal University Jaipur.

4. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Football (Men) Tournament 2021-2022. For MUJ Students From 08 to 12 October 2021. at Football ground Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports addressed the students about the Sports Skills and temperament of players.

Photographs of the event with captions: -





Image1. Students playing football.

5. Brochure and Schedule of the Event: -



Intra-University Sports Calendar 2021-22

Date: 01.09.2021

S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
3	Squash (Men & Women)	16 September 2021	Squash Courts, Hostel	14 September 2021
4	Archery (Men & Women)	21 September 2021	Archery Ground	14 September 2021
5	Kabaddi (Men & Women)	23 September 2021	Kabaddi Court	14 September 2021
6	Table Tennis (Men & Women)	24 September 2021	Room No. 002 & 003, 1 AB	19 September 2021
7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricket (Men & Women)	22 October 2021	Cricket Ground	12 October 2021
12	Volleyball (Men & Women)	21 October 2021	Volleyball Court	15 October 2021
13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
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15	Athletics (Men & Women)	29 October 2021	Athletic – Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
19	Weightlifting & Power Lifting (Men & Women)	25 November 2021	Football Ground	23 November 2021
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22	Taekwondo (Men & Women)	14 January 2022	Room No. 002 & 003, 1 AB	12 January 2022
23	Yoga (Men & Women)	21 January 2022	Room No. 002 & 003, 1 AB	18 January 2022
24	ABHIVARIA – National Sports Fest 2022	08 February 2022	MUJ Campus	----

NOTE:
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DR. RINA POONIA
DEPUTY DIRECTOR
PHYSICAL EDUCATION & SPORTS
MANIPAL UNIVERSITY JAIPUR



Total attendee- 34(32 Students & 2 Faculty Members)



Attendance of the Event

S.No	Name	Registration No.
1	SANJEEV SHARMA	MUJ0981
2	COL. BHASKAR	
3	HIMANSHU PAITHANE	209303103
4	ADITYA HOSPATTANKAR	209301213
5	ABHISUMAT SUBRAMANIAN	209403052
6	RAHUL CHHABRA	209309007
7	GAURAV GOGISETTY	209301199
8	PRANNOV JAMADAGNI	209302152
9	SHASHWAT SINGH	200901143
10.	MUKUL SHARMA	201106012
11.	KARTIK CHHABRA	209202075
12.	HARSHIT BASAK	209303092
13.	TANISH KATIAL	209403033
14.	NAMIT PAPNEY	209303031
15.	ANUNAY BHATT	209302242
16.	ANMOL SRIVASTAVA	209301173
17.	UTKARSH BAHUGUNA	209302186
18.	KOUSTUBH SAI	209303111
19.	HARSH KUNDAN	209303014
20.	PURUSHARTH KATARIA	209403062
21.	SHIVANSH DHAR SINGH	209301538
22.	PARTH CHOPRA	209202166
23.	NEEL SARUDKAR	209403053
24.	UTKARSH BAHUGUNA	209302186
25.	YASH DESHPANDE	
26.	ABHINAV ADITYA	189303109
27.	LAKSHIT SHARMA	209402017



MANIPAL UNIVERSITY JAIPUR

28.	DEVANSHU RASTOGI	209302150
29.	KESHAV TRIPATHI	209309096
30.	ARYAN CHITALE	209202167
31.	DARSHAN JAIN	209403006
32.	ADITYA KUMAR	209303361
33.	PS SHIVA NARAYAN	209303186
34.	NIYATI CHOUHAN	

6. Link of MUJ website:
Pre Event Info Link –

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



MANIPAL UNIVERSITY
JAIPUR



MUJ/DSW/Sports /16 Sept. 2021/03

DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Intra University Kabaddi (Men)
Tournament 2021-2022. For MUJ Students on 23rd September 2021.

Date of Event: 23rd September 2021.

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7.	Schedule of the Event	5
8.	Attendance of the Event	5
9.	News Publication	5
10.	Link of MUJ website	5

1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Intra University Kabaddi (Men) Tournament 2021-2022. For MUJ Students On 23rd September 2021. at Kabaddi Court Manipal University Jaipur.

Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

2. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at Kabaddi Court Manipal University Jaipur.

3. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Kabaddi (Men) Tournament 2021-2022. For MUJ Students From 23rd September 2021. at Kabaddi Court Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports addressed the students about the Sports Skills and temperament of players.

Photographs of the event with captions: -



Image1. Director, DSW, Prof. AD Vyas addressing the students





Image 2. Students Playing Kabaddi



4. Brochure of the Event: -



Intra-University Sports Calendar 2021-22

Date: 01.09.2021

S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
3	Squash (Men & Women)	16 September 2021	Squash Courts, Hostel	14 September 2021
4	Archery (Men & Women)	21 September 2021	Archery Ground	14 September 2021
5	Kabaddi (Men & Women)	23 September 2021	Kabaddi Court	14 September 2021
6	Table Tennis (Men & Women)	24 September 2021	Room No. 002 & 003, 1 AB	19 September 2021
7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricketer (Men & Women)	22 October 2021	Cricketer Ground	12 October 2021
12	Volleyball (Men & Women)	21 October 2021	Volleyball Court	15 October 2021
13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
14	Tennis (Men & Women)	28 October 2021	Tennis Court	25 October 2021
15	Athletics (Men & Women)	29 October 2021	Athletic – Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
19	Weightlifting & Power Lifting (Men & Women)	25 November 2021	Football Ground	23 November 2021
20	Karate (Men & Women)	26 November 2021	Room No. 002 & 003, 1 AB	24 November 2021
21	Faculty Sports (Men & Women)	6&7 January 2022	Sports Ground	1 January 2022
22	Taekwondo (Men & Women)	14 January 2022	Room No. 002 & 003, 1 AB	12 January 2022
23	Yoga (Men & Women)	21 January 2022	Room No. 002 & 003, 1 AB	18 January 2022
24	ABHIVARIA – National Sports Fest 2022	08 February 2022	MUJ Campus	----

NOTE:
 • TEAM WILL PARTICIPATE BRANCH / COURSE WISE IN THE TOURNAMENT.
 • ONLY ONE TEAM (BRANCH / COURSE WISE) CAN PARTICIPATE IN THE TOURNAMENT.
 • PLAYERS WILL BE SELECTED FOR REPRESENTING THE MANIPAL UNIVERSITY JAIPUR IN THE AIU SPORTS TOURNAMENTS / NATIONAL GAMES.

DR. RINA POONIA
 DEPUTY DIRECTOR
 PHYSICAL EDUCATION & SPORTS
 MANIPAL UNIVERSITY JAIPUR



5. Schedule of the event: - On 23rd September 2021

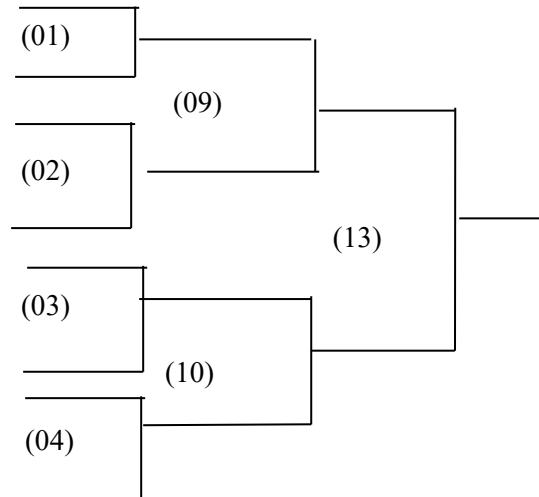
Intra University Kabaddi (M) Tournament Fixture

Date: 23/09/21

Venue: Kabaddi Court

Time: 04:30PM

1. CSE
2. Bye
3. ECE
4. ME
5. BALLB
6. BPES
7. Automobile
8. IT





Attendance of the Event:

S.No.	Name	Registration No.
01	Yuvraj Singh	
02	Krishna Kumar	209302012
03	Suraj Badaya	200903058
04	Ashish Saini	200903066
05	Pushpendra Singh	
06	Mansi Singh	
07	Himanshu Arsh	209301408
08	Shriyansh Bohra	
09	Rahul Jakhar	191015005
10	Lalit Kumawat	200901105
11	Viraj Pandit	189303092
12	Himanshu Kumar	201106011
13	Saksham Gupta	170501033
14	J. Jayachandra	189102031
15	Prof. A.D. Vyas	
16	Dr. Rina Poonia	
17	Dr. Jasbir Singh	
18	Sanjeev Sharma	

Total attendee- 18 (14 Students & 4 Faculty Members)

**6. Link of MUJ website:
Pre Event Info Link –**

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)



**MANIPAL UNIVERSITY
JAIPUR**

Signature of Director, DSW



MUJ/DSW/Sports /16 Sept. 2021/04

DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Intra University Table Tennis (Men) Championship 2021-2022. For MUJ Students From 24th September 2021.

Date of Event: 24th September 2021.

Index

S.No.	Activity Heads	Page no.
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2.	Objectives of the Event	1
3.	Beneficiaries of the Event	1
4.	Brief Description of the event	1
5.	Photographs	2-3
6.	Brochure or creative of the event	4
7.	Schedule of the Event	5
8.	Attendance of the Event	5
9.	News Publication	5
10.	Link of MUJ website	5



1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Intra University Table Tennis (Men) Tournament 2021-2022. For MUJ Students From 24th to 25th September 2021. at 003 Sports Room Academic Block One Manipal University Jaipur.

Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

2. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at 003 Sports Room Academic Block One Manipal University Jaipur.

3. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Table Tennis (Men) Tournament 2021-2022. For MUJ Students From 24th to 25th September 2021. at 003 Sports Room Academic Block One Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports, Sarpanch addressed the students about the Sports Skills and temperament of players.

Photographs of the event with captions: -





Image1. Director, DSW, Prof. AD Vyas addressing the students



Image2. Director, DSW, Prof. AD Vyas Introducing the players



Image 3. Students Playing Table Tennis

4. Brochure of the Event: -



Intra-University Sports Calendar 2021-22

Date: 01.09.2021

S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
3	Squash (Men & Women)	16 September 2021	Squash Courts, Hostel	14 September 2021
4	Archery (Men & Women)	21 September 2021	Archery Ground	14 September 2021
5	Kabaddi (Men & Women)	23 September 2021	Kabaddi Court	14 September 2021
6	Table Tennis (Men & Women)	24 September 2021	Room No. 002 & 003, 1 AB	19 September 2021
7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricket (Men & Women)	22 October 2021	Cricket Ground	12 October 2021
12	Volleyball (Men & Women)	21 October 2021	Volleyball Court	15 October 2021
13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
14	Tennis (Men & Women)	28 October 2021	Tennis Court	25 October 2021
15	Athletics (Men & Women)	29 October 2021	Athletic – Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
19	Weightlifting & Power Lifting (Men & Women)	25 November 2021	Football Ground	23 November 2021
20	Karate (Men & Women)	26 November 2021	Room No. 002 & 003, 1 AB	24 November 2021
21	Faculty Sports (Men & Women)	6&7 January 2022	Sports Ground	1 January 2022
22	Taekwondo (Men & Women)	14 January 2022	Room No. 002 & 003, 1 AB	12 January 2022
23	Yoga (Men & Women)	21 January 2022	Room No. 002 & 003, 1 AB	18 January 2022
24	ABHIVARTA – National Sports Fest 2022	08 February 2022	MUJ Campus	----

NOTE:
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DR. RINA POONIA
 DEPUTY DIRECTOR
 PHYSICAL EDUCATION & SPORTS
 MANIPAL UNIVERSITY JAIPUR



5. Schedule of the event: -

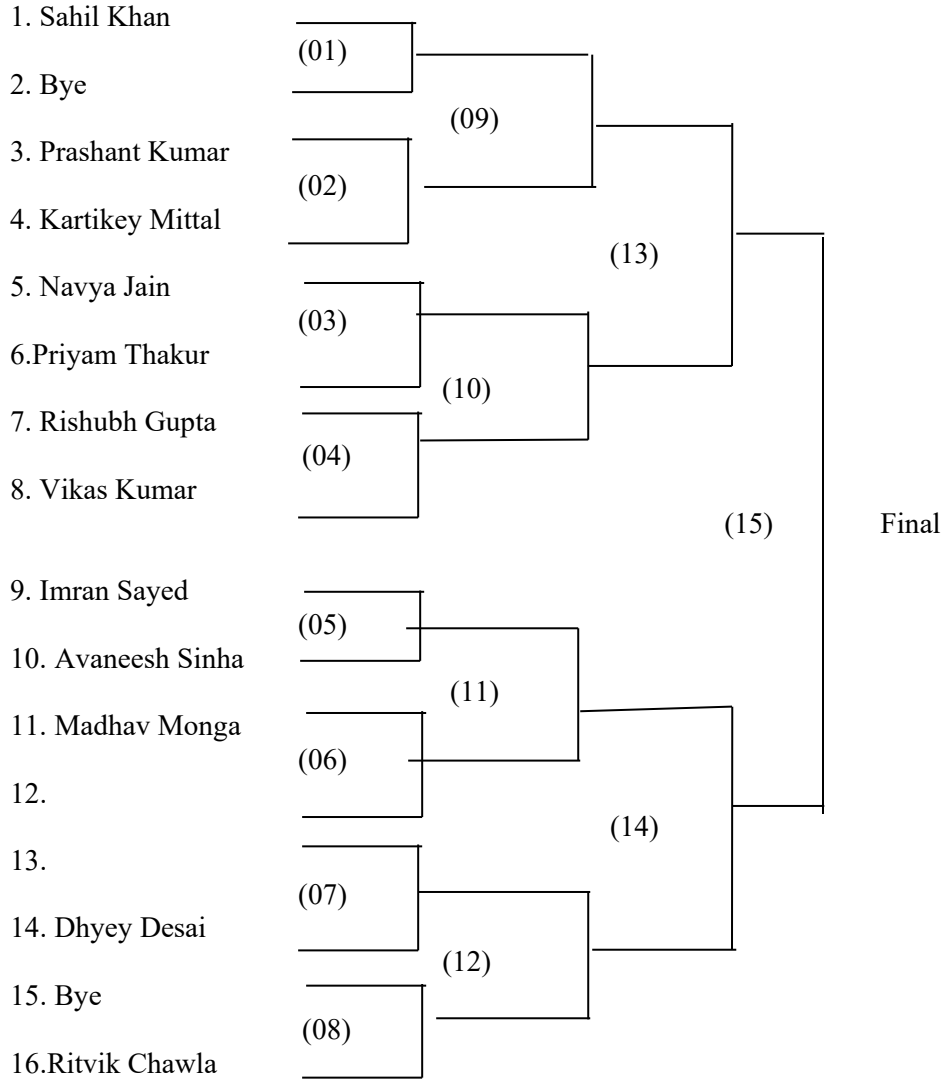
From 24th to 25th September 2021 from 4 PM

**Manipal University Jaipur
Intra University Table Tennis (M&W) Tournament**

Date: 24/09/21

Venue: Room no.003, 1AB

Time: 04:00PM





6. Attendance of the Event:

S.No.	Name	Registration No.
01	Devendra	201106016
02	Kshitiz Raj	209301585
03	Aman Veer	170501031
04	Preetesh Sharma	201305041
05	Lalit Kumawat	200901105
06	Viraj Pandit	189303092
07	Himanshu Kumar	201106011
08	Saksham Gupta	170501033
09	J. Jayachandra	189102031
10	Vijit Saxena	201305037
11	Siddhant Khariwal	209301640
12	Rahul Jakhar	191015005

Total attendee- 18 (12 Students & 6 Faculty Members)

**7. Link of MUJ website:
Pre Event Info Link –**

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)



**MANIPAL UNIVERSITY
JAIPUR**

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



MUJ/DSW/Sports /02 November 2021/09

DIRECTORATE OF STUDENT'S WELFARE (SPORTS)

Directorate of Students' Welfare Sports organizing Intra University Volleyball (Men)
Tournament 2021-2022. For MUJ Students From 21 to 22 October 2021.

Date of Event: 21 to 22 October 2021

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6.	Brochure or creative of the event	4
7.	Schedule of the Event	5
8.	Attendance of the Event	5
9.	News Publication	5
10.	Link of MUJ website	5



1. Introduction of the Event: -

Directorate of Students' Welfare Sports organizing Intra University Volleyball (Men) Tournament 2021-2022. For MUJ Students From 08 to 12 October 2021. at Volleyball Court Manipal University Jaipur.

2. Objective of the Event: -

- To Develop Sportsmanship and understand the value and importance of Games.
- Providing MUJ Players exposure to participate various sports tournament.

3. Beneficiaries of the Event: -

The event was conducted for MUJ Players only at Volleyball court Manipal University Jaipur.

4. Brief Description of the event: -

Directorate of Students' Welfare Sports organizing Intra University Volleyball (Men) Tournament 2021-2022. For MUJ Students From 21-22 October 2021. at volleyball court Manipal University Jaipur. Director, DSW Prof. AD Vyas, Dr. Rina Poonia, Deputy Director Sports addressed the students about the Sports Skills and temperament of players.

Photographs of the event with captions: -



Image1. Students playing Volleyball.

5. Brochure and Schedule of the Event: -



Intra-University Sports Calendar 2021-22

Date: 01.09.2021

S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
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7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricket (Men & Women)	22 October 2021	Cricket Ground	12 October 2021
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13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
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15	Athletics (Men & Women)	29 October 2021	Athletic – Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
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24	ABHIVARTIA – National Sports Fest 2022	08 February 2022	MUJ Campus	----

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DR. RINA POONIA
 DEPUTY DIRECTOR
 PHYSICAL EDUCATION & SPORTS
 MANIPAL UNIVERSITY JAIPUR



Total attendee- 29(29 Students)

Attendance of the Event

S.No	Name	Registration No.
1.	PRAMOD SHARMA	
2.	PRIYANSH TAILOR	
3.	RAHUL KUMAWAT	
4.	DURGESH GUPTA	
5.	MUKUL SHARMA	201106012
6.	KARTIK CHHABRA	209202075
7.	HARSHIT BASAK	209303092
8.	TANISH KATIAL	209403033
9.	NAMIT PAPNEY	209303031
10.	ANUNAY BHATT	209302242
11.	ANMOL SRIVASTAVA	209301173
12.	UTKARSH BAHUGUNA	209302186
13.	KOUSTUBH SAI	209303111



MANIPAL UNIVERSITY JAIPUR

14	HARSH KUNDAN	209303014
15	PURUSHARTH KATARIA	209403062
16	SHIVANSH DHAR SINGH	209301538
17	PARTH CHOPRA	209202166
18	NEEL SARUDKAR	209403053
19	UTKARSH BAHUGUNA	209302186
20	YASH DESHPANDE	
21	ABHINAV ADITYA	189303109
22	LAKSHIT SHARMA	209402017
23	DEVANSHU RASTOGI	209302150
24	KESHAV TRIPATHI	209309096
25	ARYAN CHITALE	209202167
26	DARSHAN JAIN	209403006
27	ADITYA KUMAR	209303361
28	PS SHIVA NARAYAN	209303186
29	NIYATI CHOUHAN	

**6. Link of MUJ website:
Pre Event Info Link –**

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia)

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



MANIPAL UNIVERSITY
JAIPUR

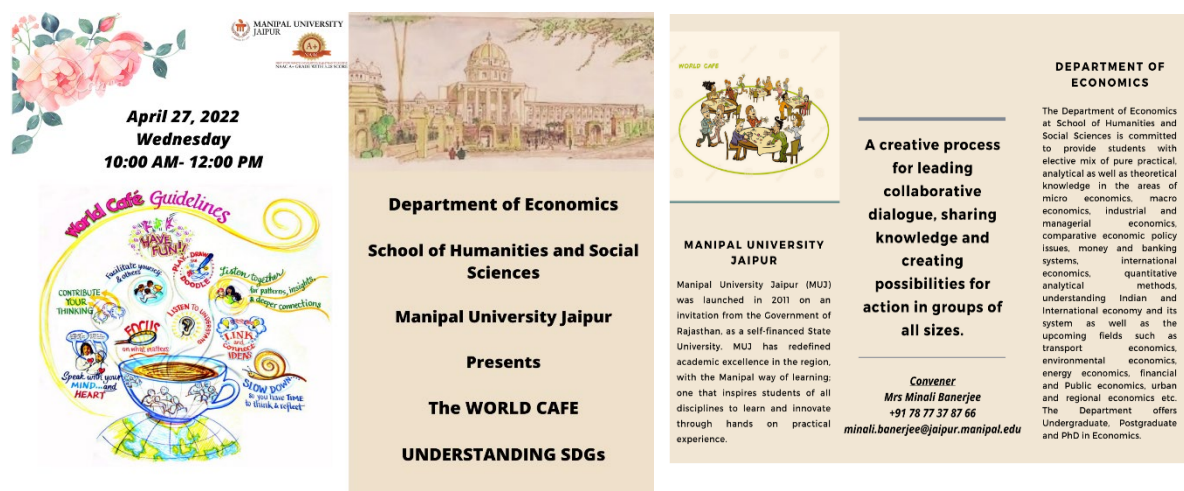
**DEPARTMENT OF ECONOMICS
FACULTY OF ARTS
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
MANIPAL UNIVERSITY JAIPUR**

Report

Title: The World café- Understanding SDGs

Date: April 27, 2022

Brochure:



About the Event:

A school connect activity titled the World café was organised by the Department of Economics, School of Humanities and Social Sciences, Manipal University Jaipur on ‘Sustainable Development Goals. Fifty-eight students of class XII from Spring field school, Mansarovar Jaipur, participated. The aim was to make students self-reflect and discuss some of the emerging global issues.

The three rounds of discussion took place on Poverty, Quality education, good health, climate action, responsible consumption, Economic growth, gender equality, and clean water. The students participated very enthusiastically. The discussion took place informally in a café setup. The students reflected on these issues by colouring their ideas into the chart papers.

The event winds up with some career counselling sessions.

Attendance Sheet:

Name	WhatsApp contact number	Email	Father name	Father's WhatsApp contact number

Rupali kumawat	9887444772	rupaliprivate24@gmail.com	Sunil kumawat	9887444772
Anukrat Gupta	8949614426	anukratg@gmail.com	Satish gupta	7737369000
Gauri maheshwari	7976390662	malooomeena kshi@gmail.com	Mr. Anurag maheshwari	9571630009
Rishita Kanwar	7877159214	rishitakanwar2@gmail.com	Manohar Singh	8696526934
Rini Chaturvedi	9672312131	rinichaturvedi88@gmail.com	Pradeep Chaturvedi	9079359130
Dhanvi Agarwal	7568366031	rakhaagarwal6@gmail.com	Vishnu Agarwal	9829744560
Hashneet Kaur	8209538858	hashneetkaur25@gmail.com	Jogendra Singh	9829094846
Tanishka Chouhan	9829115575	tanishkachouhan0610@gmail.com	Gaurav Chouhan	9875000013
Shagun Sharma	7728046797	sharmalb62@gmail.com	Lal Bahadur Sharma	9829628747
Sania Sharma	9887769247	saniasharma6251@gmail.com	Taresh Sharma	8058353788
Himanshu Gangwani	9782730567	bhavikagangwani0447@gmail.com	Mr. Manoj Kumar Gangwani	9214458270
Rishabh Agarwal	7014565059	rishabh280305@gmail.com	Shiv Charan Gupta	9414345070
Raghav Agarwal	9602252046	suman02871@gmail.com	Shiv Charan Gupta	9414345070
Tanisha Sharma	9024477741	1975.sharmamanju@gmail.com	Yogesh Sharma	9692796877

Komal Soni	8619637659	komalsoni08413@gmail.com	Ram Prasad Soni	8619637659
Rini Chaturvedi	9672312131	rinichaturvedi88@gmail.com	Pradeep Chaturvedi	9079359130
Aditi Saidawat	8619013662	saidawataditi@gmail.com	Trilok Saidawat	9783179202
Yash Soni	9166853702	rsys1513@gmail.com	Neeraj Verma	8386964171
Chesta singh	9829788058	ashabhathi@gmail.com	Surendra singh bhati	8003646004
Jahanvi Rathore	7737734638	kalpnarathore82@gmail.com	Ganpat Singh Rathore	9314234638
Shikhar Mathur	7300463571	shikharm533@gmail.com	Rajeev Mathur	9413892894
Sumit nihalani	7742766861	sumitnihalani416@gmail.com	Kamal Kishore nihalani	9928014246
Yashasvi yadav	9414876663	yadavyashasvi2@gmail.com	Rajkumar yadav	9413395588
Riya rajpurohit	9896526032	mansiraj9896@gmail.com	Mr shravan Singh	8053317555
Akshara Singh	8302609293	aksharasingh847@gmail.com	Vinod Kumar Singh	9785587681
Tanisha Singhal	7851013094	singhaltanisha7@gmail.com	Lakhmi chand Singhak	9829144284
Tanisha Singhal	7851013094	singhaltanisha7@gmail.com	Lakhmi chand Singhal	9829144284
Nakul patel	9636306847	nakulpatel20055@gmail.com	Jatin patel	9950467666
Dimple Sharma	8503998479	ds262535@gmail.com	Mukesh Sharma	9460419867

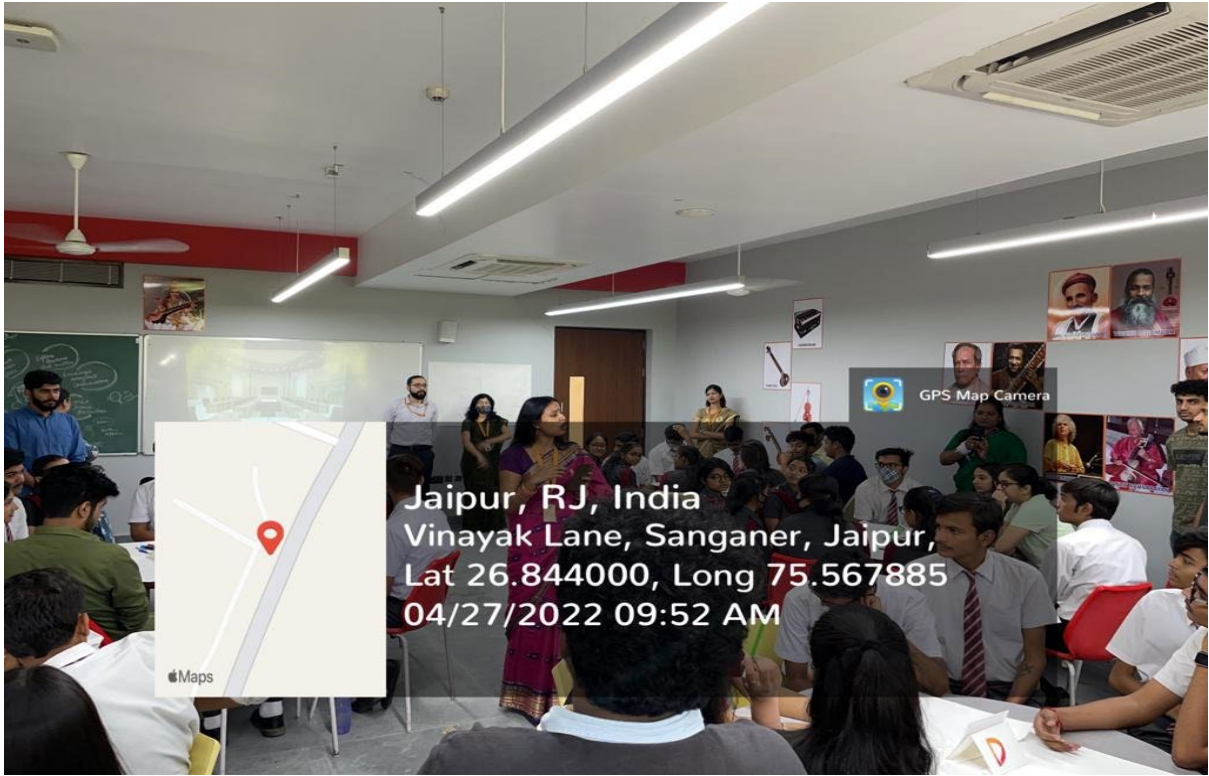
Shreya Goyal	9636572288	goyalshreya424@gmail.com	Meena Gupta	9461070523
KRISH SONI	9351617383	k.soni.20040610@gmail.com	Nilesh soni	9351617383
Deepanshi khatri	8209416178	deepanshi9125@gmail.com	Naresh kumar khatri	9928350278
Garvit Jain	9314225640	garvit1928@gmail.com	Gordhan Jain	9929685972
Riya Shrivastava	7340569505	riyashrivastava2005@gmail.com	Ashish Shrivastava	7296844944
Sanchit Sharma	9772303550	sanchitsharma7662@gmail.com	Sagar Sharma	9079788413
Garvita Ramani	9119211959	ramanigarvita858@gmail.com	Sunil Ramani	8107008770
Tisha Saini	9352474275	tishasaini04@gmail.com	Subhash Saini	9414072402
Nilesh gupta	8963092345	kailash1969agarwal@gmail.com	Adv.Kailash chand gupta	8963092345
Khushi Sharma	8058264898	kskhushis2005@gmail.com	Shivdutt Sharma	9413133992
Pawan Harwani	9509577264	pawanharwani009@gmail.com	Naresh harwani	7976386799
Kshitiz ojha	8955394546	ojhakshitiz2005@gmail.com	Mr.Pankaj Ojha	7737769525
Lakshya	+91 7728899483	lakshyakumarjaipur@gmail.com	Vinod manghani	+91 7728899483
Kawaldeep Singh	9351721883	kawaldeep9211@gmail.com	Harmeet Singh	9828138236

Harshit vyas	8209276772	vyasharshit54@gmail.com	Bhavesh vyas	9636436994
Sameeksha meena	8441076622	sameekshameena17@gmail.com	Balkrishan meena	9001771176
Meghansh Kumar	7597467631	kumarmeghansh777@gmail.com	Narendra Kumar Methwani	9413158683
Nikhil Gorani	8824700829	nikhilgorani04@gmail.com	Mr.Manoj kumar Gorani	8739919999
Sumit nihalani	7742766861	sumitnihalani416@gmail.com	Kamal Kishore nihalani	9928014246
Mananshi sethi	9251811151	sethimananshi@gmail.com	Rajendra kumar Sethi	9251811151
Komal Soni	8619637659	komalsoni08413@gmail.com	Ram Prasad Soni	8619637659
Riya Nagar	7300318366	riyanagar467@gmail.com	Naval Nagar	9887766366
Jai Sharma	8619332023	audacious0141@gmail.com	Nirmal Sharma	9587101010
Riya Nagar	7300318366	riyanagar467@gmail.com	Naval Nagar	9887766366
krish bansal	9460234407	bmagic580@gmail.com	vijay agarwal	9828112521
Devyansh Sharma	9660939056	devyanshsharma070@gmail.com	Vineet sharma	7073739990
Lokaswi Prakash	8529714680	lokaswi25pr@gmail.com	Kamal Prakash	9413487734
Deepanshi kalra	8905687374	deepanshikalra11@gmail.com	Parveen kalra	9929352577
Nishi Jain	+91 94628 04227	nishikjain11@gmail.com	Sudhir kumar patni	+91 94628 04227

Monisha Kumawat	9928355779	lakshitakumawat3869@gmail.com	Ashish Kumawat	9983097000
Purvik Sharma	+91 86195 82715	yopurvik@gmail.com	Amit Sharma	+91 86195 82715
Dev Bhandari	7597457875	devsinghbhandari06@gmail.com	Rakesh Singh Bhandari	9460435770

Pictures of the Event:





Jaipur, RJ, India
Vinayak Lane, Sanganer, Jaipur,
Lat 26.844000, Long 75.567885
04/27/2022 09:52 AM



Apple Maps

GPS Map Camera

Manipal University Jaipur Provides Access to Sexual and Reproductive Health-Care Services and Education

Transitioning to university is a time of significant change and exploration for many young adults. This phase often includes questions and concerns related to sexual and reproductive health. Access to accurate information, medical care, and support is essential for the well-being of students as they navigate these important aspects of their lives. However, beyond the lecture halls and libraries, universities are increasingly recognizing the importance of providing comprehensive sexual and reproductive health-care services, as well as information and education to their students (Picutre6,7, 8). Manipal University Jaipur is empowering students by offering accessible sexual and reproductive health resources, including information and education services. Manipal University Jaipur is increasingly focusing on promoting awareness and education surrounding sexual and reproductive health. This education extends beyond basic biology to include topics such as healthy relationships, contraception options, sexually transmitted infection (STI) prevention, consent, and mental health related to sexual health. Workshops, seminars, and online resources are often provided to ensure students have access to comprehensive information. Manipal University Jaipur has established on-campus health clinics that provide a wide range of sexual and reproductive health-care services (Annexure 1, 2, 3, 4 & 5) These clinics offer confidential consultations with trained healthcare professionals who can address concerns, prescribe contraceptives, provide STI testing, and offer guidance on sexual health(Annexure 6, 7, 8, 9, 10). Having these services readily available on campus reduces barriers to care and encourages students to seek help when needed. Ensuring that students have access to a variety of contraceptive methods is a key component of university health services. Condoms, birth control pills, intrauterine devices (IUDs), and other options are often provided at little to no cost. This accessibility allows students to make informed choices about their sexual health and family planning. Maintaining confidentiality and privacy is paramount in sexual and reproductive health services on campus. Students should feel comfortable seeking care without fear of judgment or breaches of confidentiality (Annexure 10, 11, 12, 13 & 14). Manipal University Jaipur takes great care to ensure that students' personal information is protected, and services are provided with sensitivity and respect. Manipal University Jaipur is increasingly recognizing the unique needs of pregnant and parenting students. Support services may include accommodations, childcare options, and counseling to help students balance their academic pursuits with family responsibilities. Manipal University Jaipur provides students with access to sexual and reproductive health-care services, in the female washroom sanitary napkin incinerator machines are installed (Picture 1, 2, 3, 4, 5 & Annexure 16, 17), which is a vital aspect of ensuring their overall well-being during their university years.

Manipal University Jaipur empowers students to make informed decisions, seek help when needed, and promotes a culture of healthy relationships and responsible sexual behavior. In embracing these initiatives, Manipal University Jaipur is enhancing the health and safety of their student



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populations and preparing them for a lifetime of informed decision-making and responsible choices.





Picture 1: Distribution of Sanitary Napkins to Local Village Women



Picture 2: Distribution of Sanitary Napkins in the nearby vicinity of MUJ Campus



Picture 3: Sanitary napkins distribution to the housekeeping staff



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Picture 4: Automatic Sanitary Napkin Vending Machine Installed in All Girls washrooms and Dustbins installed for its disposal



Pictures 5: Sanitary Pads distribution in neighboring village



Picture 6: Medical center with all ancillary services at MUJ



Picture 7: A doctor (resident doctor) and emergency services are available to him 24 hours a day



Picture 8: A doctor (resident doctor) and emergency services are available to him 24 hours a day

FACULTY OF SCIENCE SCHOOL OF BASIC SCIENCE

DEPARTMENT OF BIOSCIENCES

World Toilet Day Awareness on Sanitation

19th November 2021

1. Introduction of the Event

A privileged day, “World Toilet Day”, 19 Nov was celebrated in Sharda Pai Auditorium in Manipal University Jaipur, India in collaboration with Rotary Club Bapu Nagar Jaipur.

2. Objective of the Event

- Awareness on Sanitation

3. Beneficiaries of the Event

- Students
- Faculty
- Community

4. Details of the Guests

Ms Meeta Mathur, Head Rotary Club Jaipur

5. Brief Description of the event

A privileged day, “World Toilet Day”, 19 Nov was celebrated in Sharda Pai Auditorium in Manipal University Jaipur, India in collaboration with Rotary Club Bapu Nagar Jaipur. It involved “Thanksgiving and distribution of Sanitary pads to female workers and liquid soap to male workers”. The occasion was graced by MUJ Registrar Dr Nitu Bhatnagar Mam, DSW head and team members and Rotarian Club members under the leadership of Ms.Meeta Mathur. The event was moderated and coordinated by Dr Monika Sogani, Biosciences Department. The event was addressed by Dr Nitu Bhatnagar and Ms Meeta Mathur. The event was followed with high tea and lunch to the invited guests. The students of Rotatry club, Iaeste and Enviro club were involved in its excellent coordination. Special thanks was given to the MIS workers and our key asset, our students who participated with full enthusiasm and zeal and made the gala event a grand success.



6. Photographs of the event or screenshots of the event (if online) with captions



Fig 1 Group photograph with the event guests and attendees the guest

Fig 2 Dr Monika Sogani introducing



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MUJ/Q&C/22/F/1.01

Event Report Format



MANIPAL UNIVERSITY
JAIPUR

DIRECTORATE OF STUDENT'S WELFARE

MANIPAL UNIVERSITY JAIPUR

DEPARTMENT OF BIOSCIENCES

ENVIRO CLUB PRESENTS

SANITARY NAPKIN DISTRIBUTION

**Type of Event (Conference/Seminar/Industry Lecture/ Capacity
Enhancement Session/ Alumni Lecture/etc.)**

Date of Event (18TH January 2022)



Content of Report (index)

(Page number may not be required)

(Delete entries which are not applicable)

1. Introduction of the Event
2. Objective of the Event
3. Beneficiaries of the Event
4. Details of the Guests
5. Brief Description of the event
6. Geo-tagged Photographs
7. Brochure or creative of the event
8. Schedule of the Event
9. Attendance of the Event



1. Introduction of the Event

Enviro club in collaboration with Rotary club, Bapu Nagar Jaipur conducted an event with the aim of spreading awareness about menstruation in females. Behavior and social change are at the heart of UNICEF's health and hygiene programs. We DSW focus on maintaining proper hygiene: safe handling and storage of drinking water, water hygiene and Sanitation safety. Health and Hygiene are two essential concepts when it comes to the human body. Health refers to the state of physically as well a mental wellbeing. Health also encompasses the social wellbeing of an individual. Health is not just about being fit but also having the appropriate resources to live. Having a sound body and mind is an indication of good health. Hygiene refers to maintaining good health through practices that focus on cleanliness. Good Hygiene helps to prevent the spread of diseases and illnesses. Hygiene and health go hand in hand. In today's world, where pollution levels are rising and numerous diseases emerging, good health and Hygiene are a necessity. In continuation in this Society Connect, DSW with Enviro club in collaboration with Rotary club, Bapu Nagar Jaipur conducted an event with the aim of spreading awareness about menstruation and safe sanitation in females.

2. Objective of the Event (bullet points or about 50 words)

- To spread awareness about menstruation.
- To donate sanitary napkins among the female children.
- To educate the child about female hygiene.

3. Beneficiaries of the Event (Student/Faculty/Community etc) (25 words)

- MUJ student organizers
- 10TH AND 12TH students of Bagas Government school
- MUJ faculty members

4. Details of the Guests (Chief Guests, speakers etc Designation, organization, contact details if any please give them in sr no)

- a. Dr. Babita Malik, Prof. In Chemistry (Speaker)
- b. Dr. Monika Sogani, Sr. Associate Professor (Speaker)

5. Brief Description of the event (about 200 words)

Students of classes 10th and 12th were educated to focus on maintaining proper hygiene: safe handling and storage of drinking water and Sanitation safety. Health and Hygiene are two essential concepts when it comes to the human body. Health also

encompasses the social wellbeing of an individual in context to this Donation of sanitary napkins were distributed, sponsored by Rotary Green Club.

6. Photographs

3 to 5 geotagged photographs of the event or screenshots of the event (if online) with captions

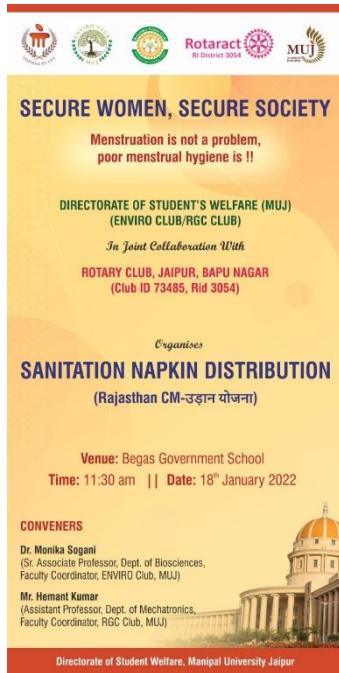
DONATION OF SANITARY NAPKINS AMONG FEMALE CHILDREN



EDUCATING THE CHILD ABOUT FEMALE HYGIENE



7. Brochure or creative of the event (insert in the document only)



8. Schedule of the event (insert in the report)

The event took place offline on the 18th of January 2022.

9. Attendance of the Event (insert in the document only)

Total attendee 19

Serial No.	Name of Students
1	Adivi Agarwal
2	Sakshi
3	Aradhana
4	Manoj
5	Gilchrist
6	Supriya
7	Sanjana
8	Dhruv
9	Tarushi
10	Aanchal
11	Gaury
12	Gurmeher
13	Ishan
14	Mehak
15	Om
16	Preeti
17	Revansh
18	Sahil
19	Sanskar



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JAIPUR**

Seal and Signature of Head with date

MUJ/DSW/Student Clubs/2022/Biotech Club MUJ/16th Aug



DIRECTORATE OF STUDENTS' WELFARE

LIVE WEBINAR

ON

**A perspective on phylogenetic analysis and
genetic profiling of
Uropathogenic Escherichia coli - insights to pathogenesis
and disease variability**

Department of Biosciences & Biotech Club, Manipal University Jaipur

Date of Event (16th August, 2022)

(Platform: Google Meet)



Index

S.No.	Activity Heads	Page no.
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6.	Brochure or creative of the event	7
7.	Schedule of the Event	7
8.	Attendance of the Event	8



1. Introduction of the Event

The Department of Biosciences & Biotech Club, Manipal University Jaipur organized a 'Live Webinar' on 16th Aug, 22. The convenor – Dr. Mousumi Debnath, Faculty Coordinator, Biotech Club, invited Dr. Vinod Pallath, Associate Professor, Faculty of Medicine, Universiti Malaya, Malaysia, to talk on “*A perspective on phylogenetic analysis and genetic profiling of Uropathogenic Escherichia coli - insights to pathogenesis and disease variability.*”

The goal of this webinar was to provide knowledge about urinary tract infections (UTIs), the third most common bacterial illness that affects about 150 million individuals each year. The science underlying this manifestation by the bacteria *Escherichia coli* was described in this webinar.

A few of the main topics covered in this live session included an introduction to UTIs, the pathogenesis of UTIs, research, and methods for identifying the microbiological origin of this infection.

Additionally, this event aimed to heighten guests' interest in the fields of microbiology, medicine, and medical biotechnology.

2. Objectives of the Event

- To increase awareness about Urinary Tract Infections.
- To bring public awareness about the fatality of *Escherichia coli*, so that prompt medical attention could be sought.
- To develop students' enthusiasm towards doing research in the fields of medicine, microbiology, and medical biotechnology.
- To explore the most recent career options in biotechnology.

3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

Conducted under the direction of the Founder Faculty Coordinator, Biotech Club, Dr. Mousumi Debnath, Faculty of Biosciences, this Live Webinar solely aimed in bringing public awareness on Urinary Tract Infections. The Speaker in this webinar was invited, Dr. Vinod

Pallath who is an Associate Professor, Faculty of Medicine at Universiti Malaya, Kuala Lumpur, Malaysia.

Anshullika Saxena gave a welcoming address at the beginning of the event and introduced the distinguished faculty, the guest speaker, and the webinar's theme.

Escherichia coli which causes UTI in almost 150 million people, its phylogenetic analysis and genetic profiling was the main topic understood here. Dr. Vinod delivered a brief but extremely thorough introduction of the UTI and the bacterial causes of it.

The objectives of this UTI research were given:

- To identify the differences if any in the genetic profile of the UPEC and ASB isolates of *E. coli*.
- To demonstrate the need for determining the nature of the organism in ensuring an accurate management of the disease.

He described the pathogenesis of UTI, which has three main stages and is brought on by the same microbe, *E. coli*: cystitis (infection of the urinary bladder), pyelonephritis (infection of the kidney), and Urosepsis (infection of the blood stream). Therefore, discussing this extremely troublesome UTI situation in this webinar was the key.

This superiority of *E. coli* was attributed to the presence of UPEC harbour virulence genes, which are genes that allow a pathogen to cause manifestation.

Our Speaker also went into detail about UPEC detection techniques which includes *Phylogenotyping and virus detection, Antibiotic susceptibility testing, Cluster analysis, Microarray and Genome sequencing* and issues with UTI research.

The Speaker helped raising an awareness regarding UTI and also encouraged the students to pursue careers as skilled professionals in the field of biomedical research and biotechnology.

A question-and-answer session followed the presentation, during which the speaker was asked a variety of questions, all of which were swiftly addressed. It was a skilful and exciting event.

5. Photographs

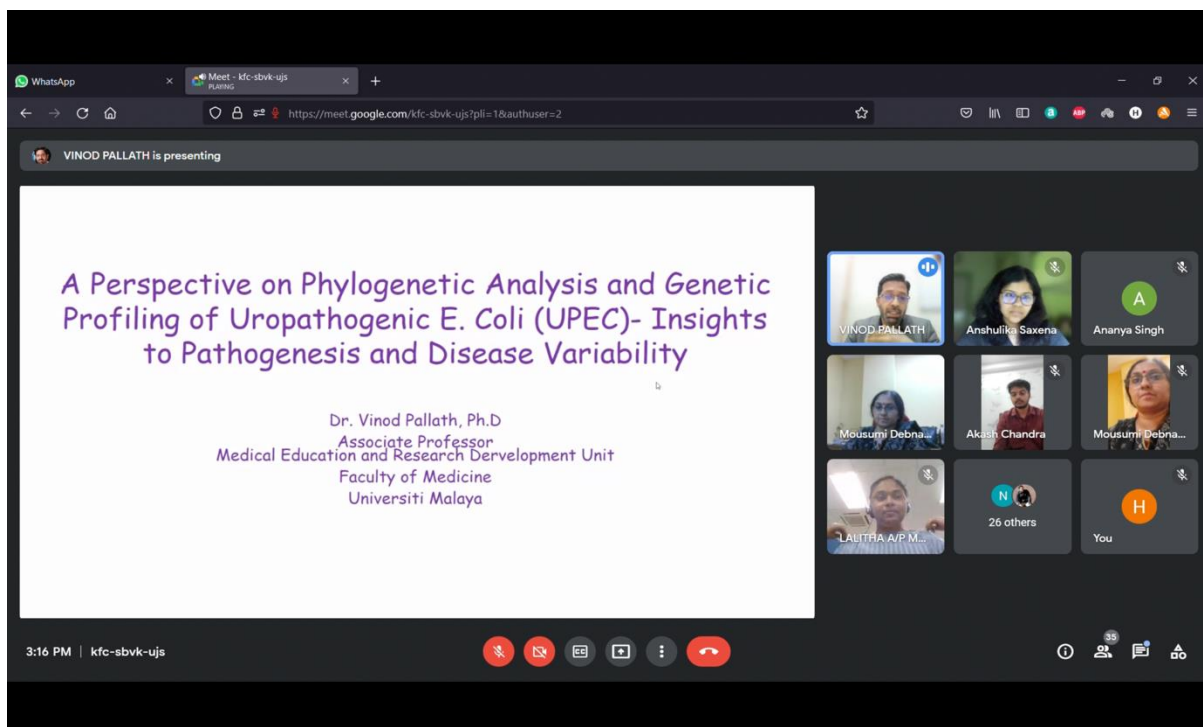
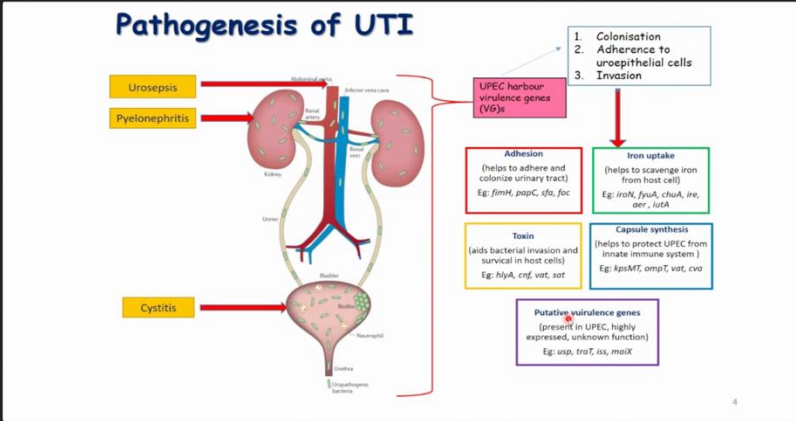


Fig 1: Introduction of the topic of Webinar



Pathogenesis of UTI

Urosepsis
Pyelonephritis
Cystitis

UPEC harbour virulence genes (VGs)

1. Colonisation
2. Adherence to uroepithelial cells
3. Invasion

Adhesion (helps to adhere and colonize urinary tract)
Eg: *fimH*, *papC*, *sfa*, *foc*

Iron uptake (helps to scavenge iron from host cell)
Eg: *iroN*, *fyuA*, *chuA*, *ire*, *aer*, *isaA*


Toxin (aids bacterial invasion and survival in host cells)
Eg: *hlyA*, *cnf*, *vat*, *sat*

Capsule synthesis (helps to protect UPEC from innate immune system)
Eg: *kpsMT*, *ampT*, *vat*, *cva*

Putative virulence genes (present in UPEC, highly expressed, unknown function)
Eg: *usp*, *traT*, *isa*, *malX*

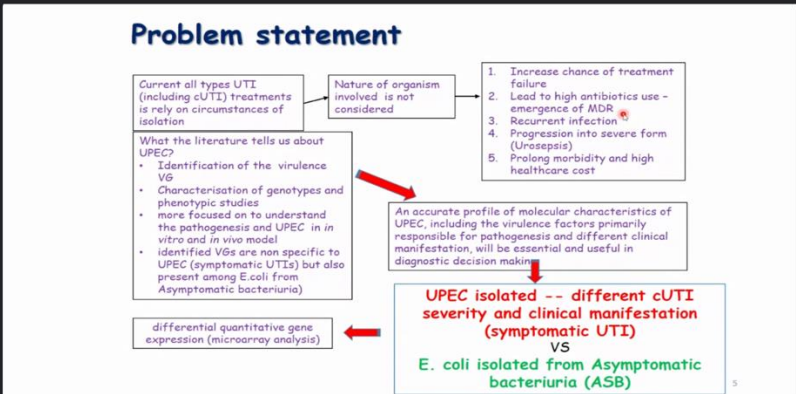
3:29 PM | kfc-sbvk-ujs

Fig 2: Dr. Vinod explaining the Pathogenesis of UTI



4:04 PM | kfc-sbvk-ujs

Fig 3: Live Webinar on UTI



Problem statement

Current all types UTI (including cUTI) treatments is rely on circumstances of isolation

Nature of organism involved is not considered

1. Increase chance of treatment failure
2. Lead to high antibiotics use - emergence of MDR
3. Recurrent infection
4. Progression into severe form (Urosepsis)
5. Prolong morbidity and high healthcare cost

What the literature tells us about UPEC?

- Identification of the virulence VG
- Characterisation of genotypes and phenotypic studies
- more focused on to understand the pathogenesis and UPEC in *in vitro* and *in vivo* model
- identified VGs are non specific to UPEC (symptomatic UTIs) but also present among E.coli from Asymptomatic bacteriuria

An accurate profile of molecular characteristics of UPEC, including the virulence factors primarily responsible for pathogenesis and different clinical manifestation, will be essential and useful in diagnostic decision making

differential quantitative gene expression (microarray analysis)

UPEC isolated -- different cUTI severity and clinical manifestation (symptomatic UTI) VS E. coli isolated from Asymptomatic bacteriuria (ASB)

3:30 PM | kfc-sbvk-ujs

Fig 4: Live Webinar on UTI

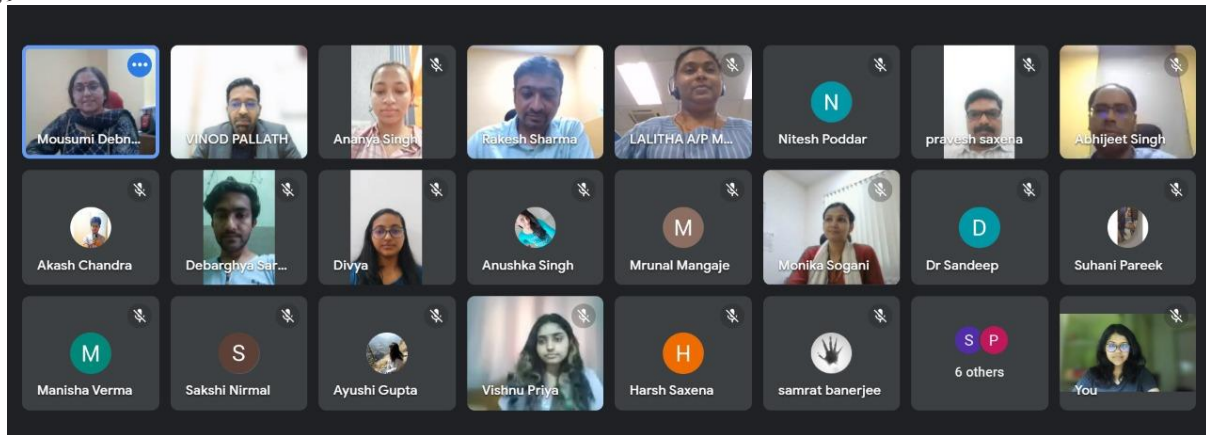


Fig 5: Attendees in the Live Webinar on UTI

6. Brochure or Creative of the Event



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JAIPUR**
(University under Section 2(f) of the UGC Act)



Biotech Club



ACCREDITED WITH GRADE
A+
NAAC

**DEPARTMENT OF BIOSCIENCES & BIOTECH CLUB
AND
DIRECTORATE OF STUDENT WELFARE ORGANISES**

LIVE WEBINAR

ON

**A perspective on phylogenetic analysis and genetic profiling
of Uropathogenic *Escherichia coli* - insights to pathogenesis
and disease variability**



Join Us On:
16th Aug 22, Tuesday
3 pm - 4 pm

OUR SPEAKER:
DR. VINOD PALLATH
Associate Professor
Faculty of Medicine, Universiti Malaya
Kuala Lumpur, Malaysia

CONVENOR- DR. MOUSUMI DEBNATH
(FACULTY COORDINATOR, BIOTECH CLUB)

For Any Queries Contact: biotechclubmuj@gmail.com
Contact: Ananya Singh 9423043461
Harsh Saxena 7007027383

Scan to view link:





7. Schedule of the event

The event was on the 16th August 2022 from 3:00 PM- 4:00 PM on Google Meet.

8. Attendance of the event: 38

S.No.	Name	Registration No.
1.	Ananya Singh	201002002
2.	Harsh Saxena	201003004
3.	Anvarshu Gopal	211002011
4.	Anshullika Saxena	211002053
5.	Ayushi Gupta	201002029
6.	Divya	211002056
7.	Sylvia Parveen	211003009
8.	Anushka Singh	211002003
9.	Shivani Tiwari	211002002
10.	Aryan Singh	211002038
11.	Muskan Yadav	211002040
12.	Sakshi Nirmal	211002060
13.	Priyasha Paul	211002035
14.	Akash Chandra	211002036
15.	Shashank Goyal	21102043
16.	Nandini	211003001
17.	Mrunal Mangaje	211003007
18.	Sowvhik Parvej	211002007
19.	Aayushi Thakkar	211002061
20.	Manisha Verma	211002009
21.	Rahul Shrivastava	211002050
22.	Debaghya Sarkar	211002015
23.	Samrat Banerjee	211003008



24.	Sneha Srivastava	211002042
25.	Sonali Lalwani	211002041
26.	Suhani Pareek	211002062
27.	Vishnu Priya	211002028
28.	Tarushi Jain	201003001
29.	LALITHA	
30.	Shalu Kedia	
31.	Saji r menon	
32.	Pravesh Saxena	
33.	Dr. Abhijeet Singh	
34.	Dr. Mousumi Debnath	
35.	Dr. Madan Mohan Sharma	
36.	Dr. Rakesh Sharma	
37.	Dr. Nitesh Poddar	
38.	Dr. Monika Sangani	

9. Post event link:

<https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>

Ananya Singh

President, Biotech Cub MUJ

Signature of the Student Coordinator

Dr. Mousumi Debnath

School of Basic Science

Signature of the Faculty Coordinator

<p>DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	 <p>Dr. Arun Kumar Poonia Asst. Director, DSW Clubs</p>
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DIRECTORATE OF STUDENTS' WELFARE

MIND OVER MATTER

PRESENTS

You are not Alone

Counselling Event

ONLINE EVENT

PLATFORM: INSTAGRAM LIVE

Date of Event (21th September 2022)

(6:00 PM- 7:00 PM)



Index

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7.	Schedule of the Event	6
8.	Attendance of the Event	6+7
9.	Link of MUJ website	

1. Introduction of the Event

Mind Over Matter the mental health club of MUJ, organized an online event called 'You are not Alone' seminar. It was conducted on Instagram Live with our honorable guest for the day- Madam Jyoti Mehta, who is a well-known Chartered Psychologist, working with the British Psychological Society. The main agenda of the seminar was to spread awareness about mental health and suicide prevention during the most suitable time- September, the International Suicide Prevention month. The event educated us about the basic realities of life. Suicide is a hard decision someone needs to take but rather than cleaning up the mess after it happens, we should work on how to prevent it from happening completely. This prevention is related to how we prevent ourselves as well as how we are able to help others through it. Our mentor and guide M. Jyoti took us to a much-needed road map about how suicide happens and what we can do to create a world with the least possible cases of suicide.

2. Objectives of the Event

- To spread awareness about mental health issues through our college
- To stand a point on suicide, and things closely related to it.
- To educate the participants about helping themselves and their closed ones with mental trauma and suicidal thoughts.
- To get ideas about suicidal prevention steps and methods.
- To understand self-love on a deeper level.

3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

Our anchor for the event, Aradhana (Content Head, MOM), started the event by greeting the guest and the participants of the Live seminar. Our guest and mentor, Jyoti Mehta started talking to us about the basics of Suicidal Prevention. Quoting advices and methods from the World Health Organization (WHO), British Psychological Society (BPS) and American Psychological Association (APA), her words were enriched with facts and figures that made the participants truly understand the depth of the topic. Jyoti ma'am focused on the real-life aspects of suicide prevention and took up examples that we could all relate to.

Ma'am educated us about the meanings of good mood and bad mood and how their variations affect our personalities and behaviors. She took examples of adolescent problems and clarified any remaining doubts we had about the topic of moods and their effects on us. Another much needed topic of discussion was the impact of social media on suicidal rates all across the world. The statistics and research have proven that there are several ways in which the media is affecting suicide rates, but more specifically elevating it.

We heard more about mental triggers and that they are directly related to suicide causation. Along with that, questions asked by the host of the event on the purpose of our lives being related to taking our own lives, how much the environmental vs. personal reasons are responsible for causing suicide.

Jyoti ma'am shared with us the importance of Learning about Suicide in order to be able to prevent it. She gave us an acronym of LEARN.

L= Look for Signs

E= Empathize and listen

A= Ask directly about suicide

R= Remove the danger

N= Next level of care

With that the session ended on a positive, educational and extremely purposeful note.



5. Photographs of the Event

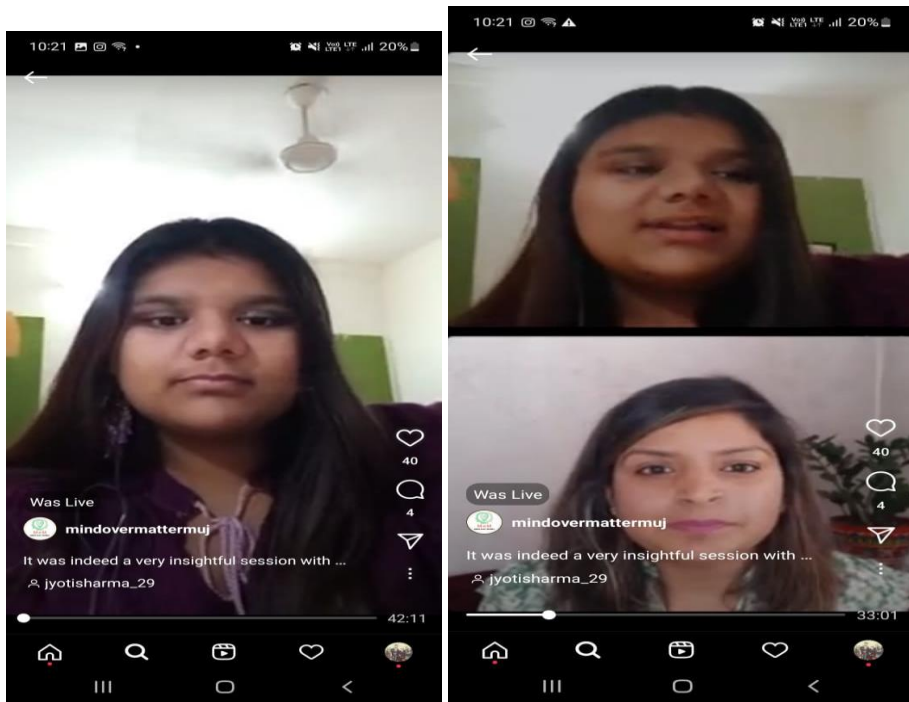


FIG.1 Aradhana the host of the event introducing the audience to the topic of the session, **FIG.2** Jyoti ma'am sharing her precious wisdom with us.

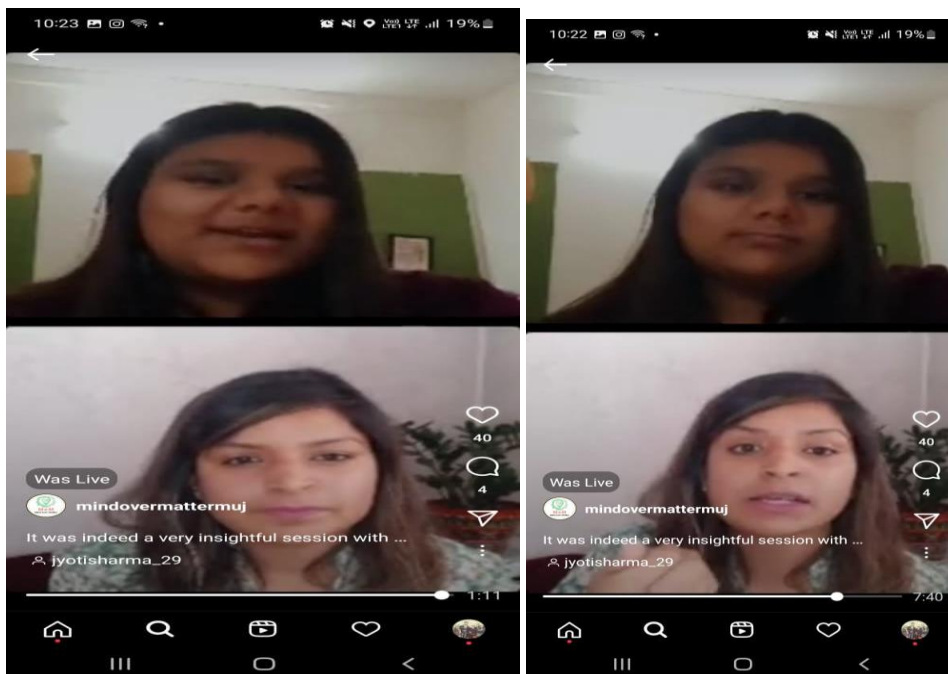


FIG.3 Aradhana thanking the guest for her time and efforts, **FIG.4** Ma'am sharing with us the LEARN acronym .



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6. Brochure of Event

MIND OVER MATTER
MIND OVER MATTER

MANIPAL UNIVERSITY
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MIND OVER MATTER
Presents
A WEBINAR ON
"YOU ARE NOT ALONE"

**21 SEPTEMBER,
2022
WEDNESDAY**

6:00 PM

*prevent.
care.
love.*

YOU ARE NOT ALONE!

SPEAKER OF THE WEBINAR-
MS JYOTI MEHTA
(GOLD MEDALLIST;
CHARTERED PSYCHOLOGIST,
BRITISH PSYCHOLOGICAL SOCIETY, UK)

WEBINAR

7. Schedule of the Event

The event took place online on Instagram Live session

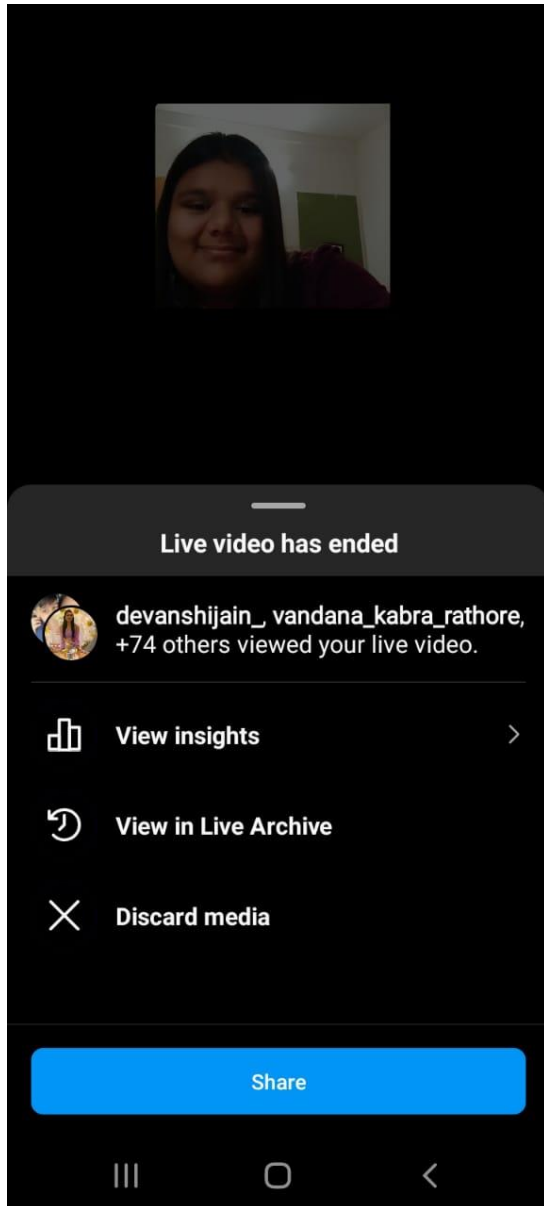
Date: 21-09-2022

Time: 5:00- 6:30



8. Attendance of the Event

total attendance of the event - 74



9.Link of MUJ website

<https://forms.gle/jqQpuXM16FGxEaMG>

Student coordinator

Garima Kaushik

President, Mind Over Matter, MUJ



MANIPAL UNIVERSITY
JAIPUR

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



DIRECTORATE OF STUDENTS' WELFARE
COUNSELLING EVENT

WHY MINDSET MATTERS : HAPPY HOURS
MIND OVER MATTER - THE MENTAL HEALTH CLUB
(NON FINANCIAL EVENT)

ONLINE EVENT

PLATFORM :MS TEAMS

DATE OF THE EVENT (30TH AUGUST 2022)

(6:30 AM- 7:30 PM)

Index

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6.	Brochure or creative of the event	5
7.	Schedule of the Event	5
8.	Attendance of the Event	6
9.	Link of MUJ website	8

1. Introduction of the Event

When the world is desperately seeking for happiness and appreciation, our purposeful club- Mind Over Matter, the mental health club of MUJ present a special event 'The Happy Hour' with the auspicious international speaker Mr. Bryce Johnson on board. Mr. Bryce Johnson is Mindset Coach and Speaker from the United Kingdom. His career aim is to help people unlock a mindset that leads to a happier, successful, and more fulfilling life. The guest and guide addressed the crowd about several relatable and necessary topics, adding unique perspectives to look at things and creating an environment of positivity altogether. We couldn't be more thrilled than to have someone like him guide us through the adolescent life problems. He gave us points on how to lead a happier, more focused and conscious life, but more than anything else, gave us the hope to try again and achieve the life we desire.

2. Objectives of the Event

- Understanding the importance of consciousness in everyday life
- Learning to deal with unhealthy situations in a healthy manner
- Embracing our authenticity and learning more about self-love
- Learning to put consistent efforts towards our goals

3. Beneficiaries of the Event

The event was open for all the students.

4. Brief Description of the event

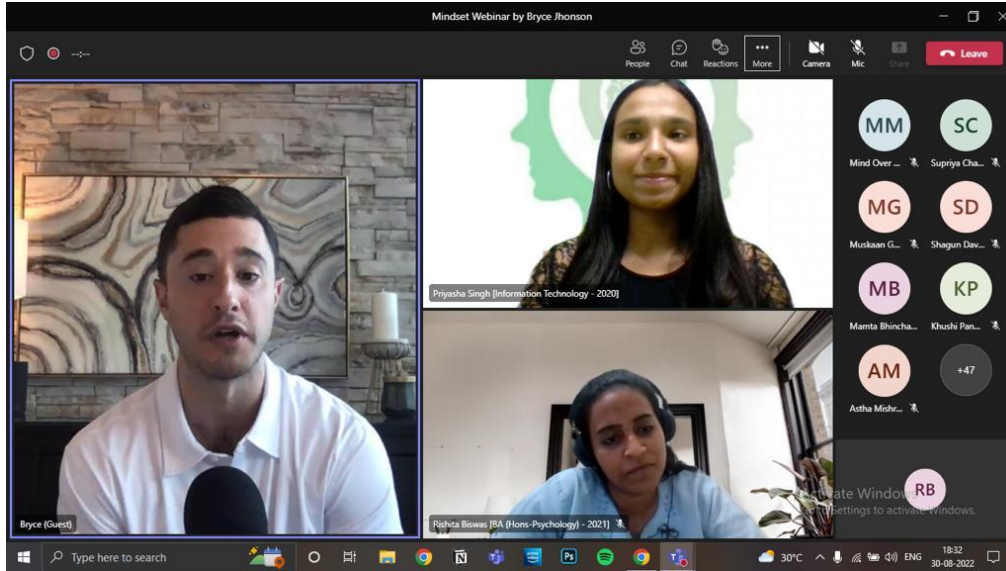
The event began with the introduction to the idea of happiness. The speaker himself gave us his own idea of what happiness is, then asking us the same. He proceeded to talk about gratitude and how that influences our happiness quotient. He narrated stories from his own life, about how he found his own happiness and how we can also work towards our own.

Mr. Bryce Johnson was very specific with answering the questions put up by the audience. Questions like- "How to differentiate between happiness and pleasure? How to stay positive in extremely negative situations? He chose his words wisely and painted the most real, authentic picture of the life which we want to achieve. The audience was satisfied till the last question, and the overall event turned out to be successful. Our host Priyasha Singh (Vice President, MOM), on behalf of the team, discussed some essential topics with the guide, which led to some fruitful discussions. Some special guests joined us from Tunisia and other countries. We were motivated by their presence in the event.

A special part of the event was when Mr. Bryce spoke about fear, and how it controls our choices of life. In today's day, human beings are afraid of being happy, of making choices that make them grow in life. According to our speaker, if fear governs our life, we will never find it worth living. Only when we are able to make fear our friend, is when we will truly enjoy life.

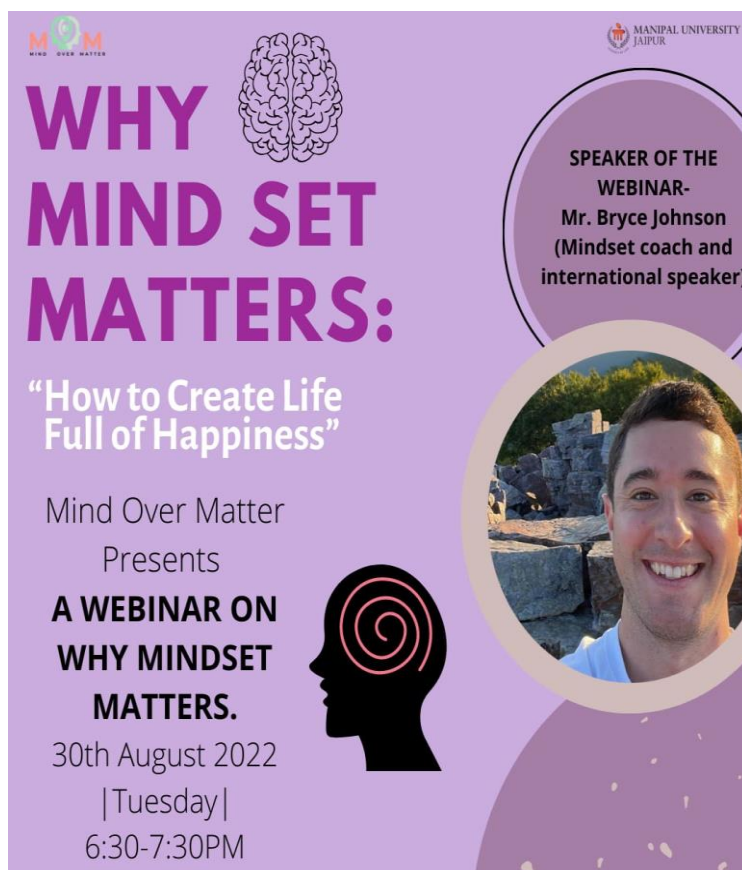
"It's our choices that make us who we are. And our choices are decided by our values. To build healthy values, we need to allow ourselves to explore."

5. Photographs of the Event





6. Brochure of the Event



7. Schedule of the Event

The event took place online on Ms Teams

Date: 30-09-2022

Time: 6:30- 7:30

8. Attendance of the Event- Total 93 people joined the session.

Mind Over Matter [MU - Jaipur]	Joined	8/30/2022, 6:01:43 PM
Riya Bhatt [BA (Hons-Psychology) - 2021]	Joined	8/30/2022, 6:07:00 PM
Aditi Sharma [Artificial Intelligence & Machine Learning -2021]	Joined	8/30/2022, 6:47:00 PM
Priyasha Singh [Information Technology - 2020]	Joined	8/30/2022, 6:08:01 PM
Muskaan Gupta [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:08:06 PM
Garima [BSC (HONS-PSYCHOLOGY) - 2020]	Joined	8/30/2022, 6:16:51 PM
Shagun Davessar [Artificial Intelligence & Machine Learning -2021]	Joined	8/30/2022, 6:15:17 PM
Hansika Khandelwal [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:16:56 PM
Parichay Lamba [CCE - 2021]	Joined	8/30/2022, 6:16:58 PM
Mamta Bhinchar [Law (LL.B) - 2019]	Joined	8/30/2022, 6:18:06 PM
Anushka Joshi [CSE - 2020]	Joined	8/30/2022, 6:31:34 PM
Rishita Biswas [BA (Hons-Psychology) - 2021]	Joined	8/30/2022, 6:18:41 PM
Khushi Panwar [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:20:06 PM
Poorvi Maheshwari [BA (Hons-Psychology) - 2021]	Joined	8/30/2022, 6:20:54 PM
Astha Mishra [CSE - 2020]	Joined	8/30/2022, 6:21:13 PM
Jyotika Godha (Guest)	Joined	8/30/2022, 6:21:18 PM
Aditya Raj Prem [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:21:57 PM
Sakeena (Guest)	Joined	8/30/2022, 6:22:10 PM
Kashish Parmar [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:22:13 PM
Sabiha Khan [Bsc (Hons - Psychology) - 2020]	Joined	8/30/2022, 6:22:15 PM
Lohit Kapoor [BA (Hons-Psychology) - 2021]	Joined	8/30/2022, 6:22:17 PM
Gaurangi (Guest)	Joined	8/30/2022, 6:23:09 PM
Anku Kumari [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:23:12 PM
Priyanka Agrahari [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:23:15 PM
Aastha Vats [CSE - 2021]	Joined	8/30/2022, 6:23:50 PM
Supriya Chattopadhyay [Civil - 2022]	Joined	8/30/2022, 6:23:51 PM
Naitik [Information Technology - 2021]	Joined	8/30/2022, 6:24:09 PM
Khushi Vipulkumar Chaudhari [B ARCH - 2021]	Joined	8/30/2022, 6:24:23 PM
Om Tiwari [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:24:24 PM



Arush Chauhan [BA (Hons-Psychology) - 2021]	Joined	8/30/2022, 6:24:26 PM
Vruti Sanjaybhai Patel [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:24:27 PM
Swarnima Rawat [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:24:27 PM
Riya Shekhawat [Bsc (Hons - Psychology) - 2020]	Joined	8/30/2022, 6:24:47 PM
Heeposh Pandita [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:24:48 PM
SARRA (Invité) (Guest)	Joined	8/30/2022, 6:25:04 PM
Aradhna Juneja [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:25:11 PM
Tejasvini Maheshwari [Bsc (Hons - Psychology) - 2020]	Joined	8/30/2022, 6:25:39 PM
Ujjwala Kanyal [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:25:41 PM
Shreeya Jangid [BA (Hons-Psychology) - 2021]	Joined	8/30/2022, 6:25:55 PM
Sunil (Guest)	Joined	8/30/2022, 6:25:56 PM
Ankit Choudhary (Guest)	Joined	8/30/2022, 6:27:11 PM
Aaron Sequeira [Information Technology - 2021]	Joined	8/30/2022, 6:27:22 PM
Anushka Anup [Information Technology - 2021]	Joined	8/30/2022, 6:27:34 PM
Vandana Kabra [PhD - 2020]	Joined	8/30/2022, 6:44:55 PM
Bryce (Guest)	Joined	8/30/2022, 6:27:57 PM
Nikeeta Chaudhary [BA (Hons-Psychology) - 2021]	Joined	8/30/2022, 6:28:31 PM
Jash Shah (Guest)	Joined	8/30/2022, 6:29:24 PM
Rimjhim Nigam (Guest)	Joined	8/30/2022, 6:29:28 PM
Helly (Guest)	Joined	8/30/2022, 6:29:42 PM
Kanika Sharma [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:29:55 PM
Aishwarya Basliyal [CSE - 2021]	Joined	8/30/2022, 6:30:08 PM
Aditya Kotian (Guest)	Joined	8/30/2022, 6:30:16 PM
Sankalp Singh Sankhala [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:30:22 PM
Chinmayee Dahake [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:30:28 PM
Gloria Sunny Mathew [ECE - 2019]	Joined	8/30/2022, 6:30:29 PM
Meghana V Hegde [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:30:43 PM
Rishabh Choudhary [CSE - 2020]	Joined	8/30/2022, 6:30:56 PM
Adyasa Patnaik [CSE - 2021]	Joined	8/30/2022, 6:31:25 PM
Abhinav Kumar [CSE - 2020]	Joined	8/30/2022, 6:31:28 PM
Karthika Ks [ECE - 2021]	Joined	8/30/2022, 6:31:45 PM
Manasi Raj [ECE - 2021]	Joined	8/30/2022, 6:32:00 PM
Sanskriti Ojha [DATA SCIENCE AND ENGINEERING - 2021]	Joined	8/30/2022, 6:32:02 PM
Gaurav Sehrawat [CSE - 2021]	Joined	8/30/2022, 6:32:27 PM
Sanjay Kumar [BA LLB (Hons) - 2021]	Joined	8/30/2022, 6:32:36 PM



Mannat Arora [CSE - 2021]	Joined	8/30/2022, 6:32:55 PM
Dhirghayu Sharma [BA LLB (Hons) - 2021]	Joined	8/30/2022, 6:33:16 PM
Rishu Goyal [BBA - 2020]	Joined	8/30/2022, 6:33:36 PM
Rinku Kewlani [BSC (HONS-PSYCHOLOGY) - 2020]	Joined	8/30/2022, 6:33:42 PM
SUNIL Ba LLB (Guest)	Joined	8/30/2022, 6:34:04 PM
Zainab [IOT AND INTELLIGENT SYSTEM - 2021]	Joined	8/30/2022, 6:51:19 PM
Muskaan Lalchandani [DATA SCIENCE AND ENGINEERING - 2021]	Joined	8/30/2022, 6:34:53 PM
Tanmay Maheshwari [Artificial Intelligence & Machine Learning -2021]	Joined	8/30/2022, 6:35:08 PM
Sachiv Mittal [Artificial Intelligence & Machine Learning -2021]	Joined	8/30/2022, 6:35:55 PM
Sania (Guest)	Joined	8/30/2022, 6:35:58 PM
Dasaribalija Lohitaksha [CSE - 2021]	Joined	8/30/2022, 6:38:43 PM
Dhruv Gupta [CCE - 2021]	Joined	8/30/2022, 6:48:20 PM
Madhvi Jangir [BA LLB (HONS) - 2021]	Joined	8/30/2022, 6:40:04 PM
Jeff (Guest)	Joined	8/30/2022, 6:40:11 PM
Antra Rai [BA (Hons-Psychology) - 2021]	Joined	8/30/2022, 6:40:46 PM
Kambagiri Lalitha Devi [Artificial Intelligence & Machine Learning - 2021]	Joined	8/30/2022, 6:41:31 PM
Arundhati De [BSC (Hons Psychology) - 2021]	Joined	8/30/2022, 6:41:50 PM
noura tounekti (Invité) (Guest)	Joined	8/30/2022, 6:42:26 PM
Rashi Agrawal [Information Technology - 2021]	Joined	8/30/2022, 6:44:20 PM
Duhita Saxena [BA (Hons-Psychology) - 2021]	Joined	8/30/2022, 6:44:25 PM
Kartik Patidar [CSE - 2021]	Joined	8/30/2022, 6:45:50 PM
Devanshi Padaliya [PhD - 2020]	Joined	8/30/2022, 6:46:14 PM
Lakshya Goel [CSE - 2021]	Joined	8/30/2022, 6:48:02 PM
Vanshraj Panwar (Guest)	Joined	8/30/2022, 6:48:45 PM
Sakeena (Guest)	Joined	8/30/2022, 6:49:06 PM
Sanchi Kataria [Information Technology - 2021]	Joined	8/30/2022, 6:50:04 PM
Arohee Bhatnagar (Guest)	Joined	8/30/2022, 6:51:35 PM
Tanishka Kumar [BA (Hons - Psychology) - 2020]	Joined	8/30/2022, 6:52:50 PM
Chailsee Agrawal [Information Technology - 2020]	Joined	8/30/2022, 6:53:50 PM

9. Link of the event

<https://forms.gle/Bh9En54pkiihYbDS6>



Student coordinator

Garima

Garima Kaushik

President/Chairperson, Mind Over Matter, MUJ

Signature of the student coordinator

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare



DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs

MUJ/DSW/Student Clubs/2022/club name/date



DIRECTORATE OF STUDENTS' WELFARE

Self-Care Webinar

Counselling Event

Mind Over Matter- The Mental Health Club

ONLINE EVENT

Platform:

Date of Event (7th August 2022)

(4:00 PM- 5:30 PM)

Index

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3.	Beneficiaries of the Event	3
4.	Brief Description of the event	3
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6.	Brochure or creative of the event	7
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8.	Attendance of the Event	8-9
9.	Link of MUJ website	9

1. Introduction of the Event-

The Self-care webinar, held by Mind Over Matter, the mental health club of MUJ, took place in online mode on MS Teams. The event offered the participants an opportunity to learn more about self-prioritizing and setting proper boundaries to be aware of their own mental and physical needs. The core of the event revolved around minimising 'self-sabotaging' and actually indulging into self-loving activities. Our speaker of the day Miss. Shivika Chadha spoke passionately about the significance of self-care in the modern rushing world and none of us could relate more. The MOM team worked effortlessly out through the whole process, making the event a wild success.

2. Objectives of the Event

- To generate awareness about mental, physical and spiritual health care.
- To involve more people into the idea of compassion and love towards themselves
- To realistically approach the idea of self-love and work it into the level of human consciousness
- To learn to take a break sometimes.
- To learn scientifically proven techniques of self-care

3. Beneficiaries of the Event

The participants of the event were all MUJ students. The event was open to all students and faculty. Our college counsellor Mrs. Devanshi Padaliya had also joined us through the event.

4. Brief description of the event

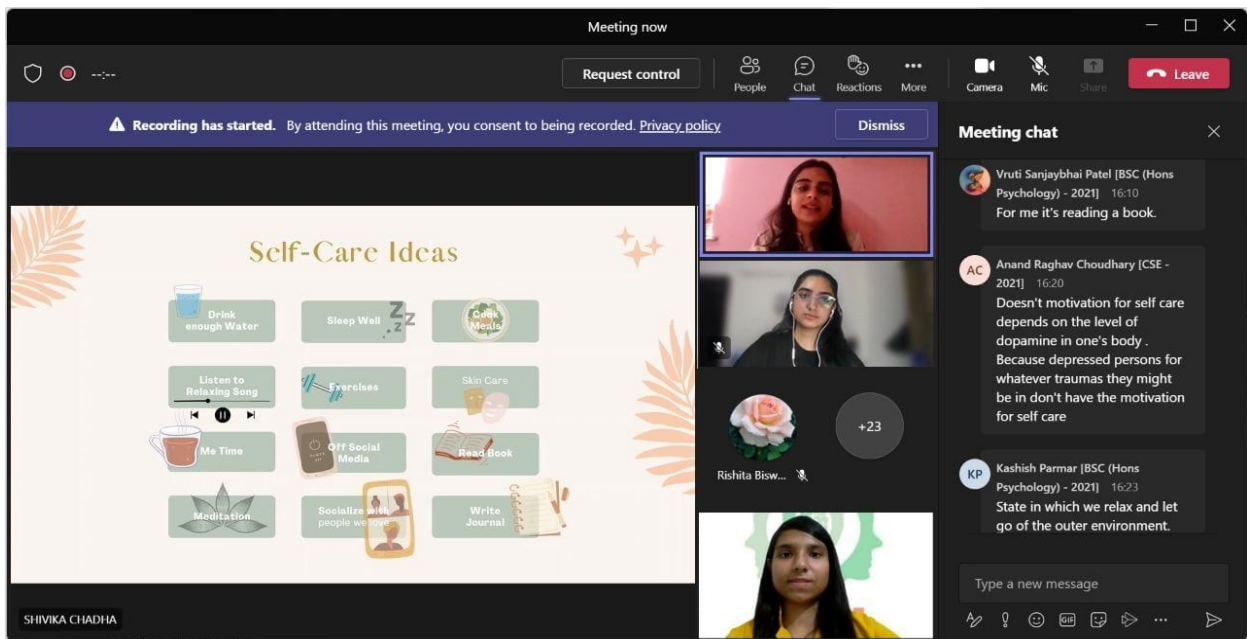
The Self-care webinar was conducted quite successfully through the efforts of the Mind Over Matter club. The event started with Priyasha Singh (Vice President MOM) welcoming our guest Miss. Shivika Chadha. The crowd was first faced with questions like- What self-care means to them? What do they personally do to take care of themselves? Our guide then started explaining her point of view on self-care.

Shivika ma'am, a clinical hypnotherapist by profession guided us through the event, helping us understanding self-care through realistic examples, and applicable techniques which no longer left the topic of self-love abstract or unapproachable in our minds. With the assistance of the PowerPoint presentation, she established the basics of self-care, keeping the routes of creativity and resourcefulness open to our imagination. She passionately took up each and every topic and subtopic, leaving no stone unturned to amaze and enlighten the attentive audience.

Following that, the crowd flooded the floor with questions and doubts. We encountered some really interesting questions and even our guest applauded the inquisitive energy the audience displayed. One highlight of the event was the technique of 'being present in the moment' taught by ma'am. It taught us about keeping all our senses alert and present by questioning ourselves about all possible environmental stimuli we could sense. It was called the 5-4-3-2-1 method.

Another special part of the event included a deep-breathing exercise, where in all participants meditated and practiced a breathing technique. Shivika ma'am guided us through the process with positive affirmations.

5. Photographs



Meeting now

Recording has started. By attending this meeting, you consent to being recorded. [Privacy policy](#) Dismiss

Participants

- KASHISH RAJHAR [BSC (Hons Psych...]
- KP Khushi Panwar [BSC (Hons Psych...]
- MH Mahimaa Hooda (Guest) Meeting guest
- MT Mohak Tandon[Information Tech...]
- Mohit Kumar Singh [ECE - 2020]
- MG Muskaan Gupta [BSC (Hons Psyc...]
- R Radhika (Guest) Meeting guest
- Rishita Biswas [BA (Hons-Psycho...]

See more

Others from chat (1)

- Khushi Gund [Bsc (Hons - Psycholog...]

34°C Cloudy

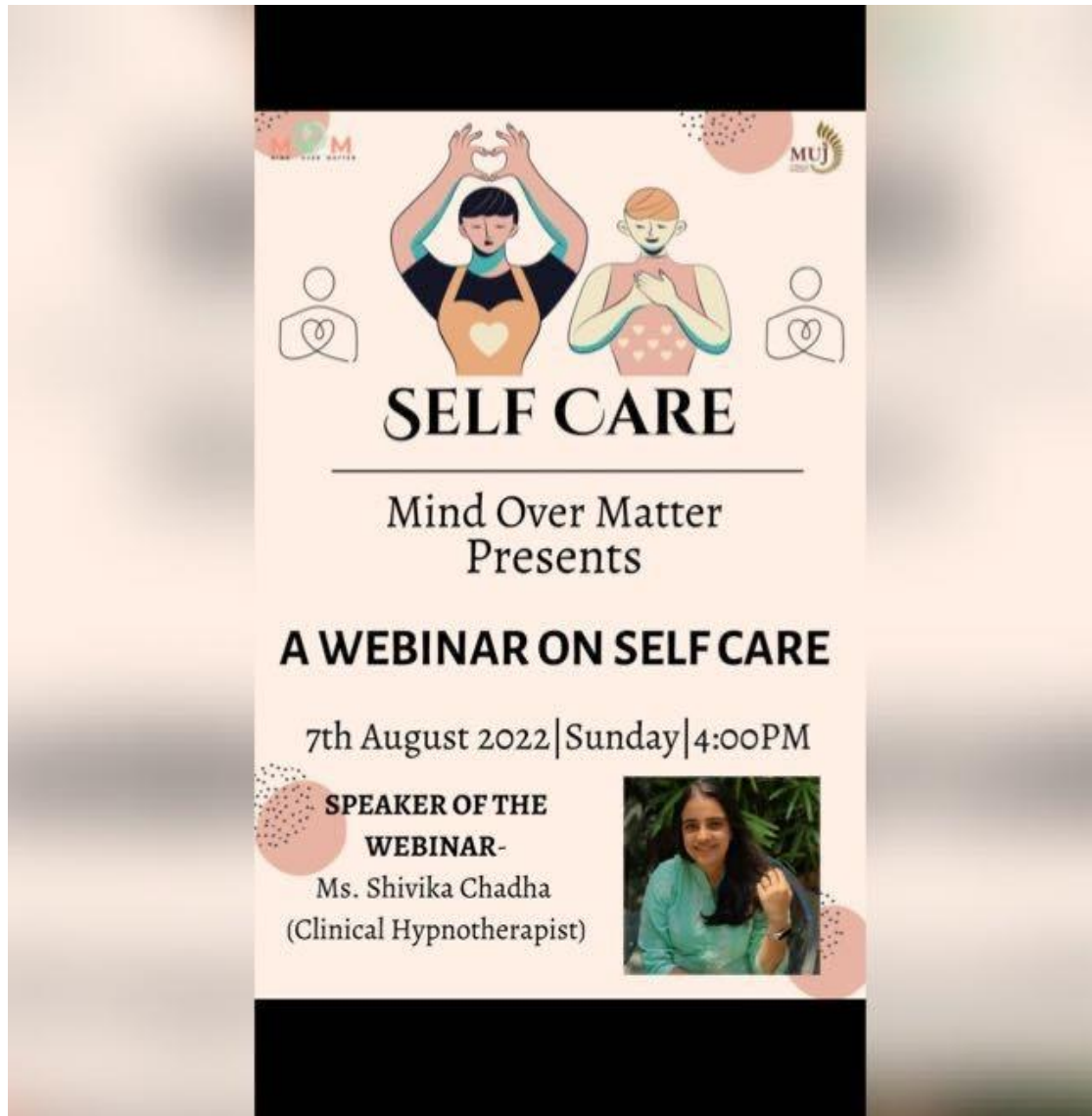
07-08-2022 17:17

What is Self Care?

- Taking care of yourself
- Emotionally, physically or mentally
- Self-care is anything that you do for yourself that feels nourishing

0:08:03 / 1:24:52

6. **Brochure or creative of the Event**



7. **Schedule of the Event**

The event took place online on MS Teams.

Date: 07-08-2022

Time: 4:00- 5:30 pm



8. Attendance of the Event

Total 44 MUJ students attended this session.

User Name	Status	Date & Time
Mind Over Matter [MU - Jaipur]	Joined	8/7/2022, 3:47:32 PM
Aastha Vats [CSE - 2021]	Joined	8/7/2022, 3:49:29 PM
Aditi Sharma [Artificial Intelligence & Machine Learning -2021]	Joined	8/7/2022, 3:50:45 PM
Anand Raghav Choudhary [CSE - 2021]	Joined	8/7/2022, 3:50:47 PM
Ananya (Guest)	Joined	8/7/2022, 3:52:14 PM
Aparna Ayyagari [BSC (Hons Psychology) - 2021]	Joined	8/7/2022, 3:52:27 PM
Apoorv Singh [ECE - 2020]	Joined	8/7/2022, 3:52:31 PM
Aradhna Juneja [BSC (Hons Psychology) - 2021]	Joined	8/7/2022, 3:52:49 PM
ashly (Guest)	Joined	8/7/2022, 3:53:00 PM
Ayushmann (Guest)	Joined	8/7/2022, 3:56:02 PM
Chinmayee Dahake [BSC (Hons Psychology) - 2021]	Joined	8/7/2022, 3:56:19 PM
Devanshi (Guest)	Joined	8/7/2022, 3:56:20 PM
Devanshi Munjal 🌸 (Guest)	Joined	8/7/2022, 3:56:36 PM
Devika Raja [Information Technology - 2021]	Joined	8/7/2022, 3:56:36 PM
Garima [BSC (HONS-PSYCHOLOGY) - 2020]	Joined	8/7/2022, 3:56:51 PM
Gaurav Sehrawat [CSE - 2021]	Joined	8/7/2022, 3:58:17 PM
Hansika Khandelwal [BSC (Hons Psychology) - 2021]	Joined	8/7/2022, 3:58:57 PM
Hrishita Sanjeev Tiwari [Artificial Intelligence & Machine Learning - 2021]	Joined	8/7/2022, 3:58:58 PM
Kashish Parmar [BSC (Hons Psychology) - 2021]	Joined	8/7/2022, 4:00:34 PM
Khushi Gund [Bsc (Hons - Psychology) - 2020]	Joined	8/7/2022, 4:00:57 PM
Khushi Panwar [BSC (Hons Psychology) - 2021]	Joined	8/7/2022, 4:01:02 PM
Lee Si Ah (Guest)	Joined	8/7/2022, 4:01:09 PM
Mahimaa Hooda (Guest)	Joined	8/7/2022, 4:02:23 PM
Mamidanna Rajvamsi Krishna [Information Technology - 2020]	Joined	8/7/2022, 4:03:00 PM



Mohak Tandon[Information Technology - 2020]	Joined	8/7/2022, 4:04:16 PM
Mohit Kumar Singh [ECE - 2020]	Joined	8/7/2022, 4:04:17 PM
Moulshri Daroch [CSE - 2021]	Joined	8/7/2022, 4:04:22 PM
Muskaan Gupta [BSC (Hons Psychology) - 2021]	Joined	8/7/2022, 4:04:37 PM
Priyasha Singh [Information Technology - 2020]	Joined	8/7/2022, 4:04:40 PM
Radhika (Guest)	Joined	8/7/2022, 4:04:59 PM
Rashi Agrawal [Information Technology - 2021]	Joined	8/7/2022, 4:06:02 PM
Rishita Biswas [BA (Hons-Psychology) - 2021]	Joined	8/7/2022, 4:06:05 PM
Ritika Malhotra [Information Technology - 2021]	Joined	8/7/2022, 4:07:02 PM
Riya Shekhawat [Bsc (Hons - Psychology) - 2020]	Joined	8/7/2022, 4:07:02 PM
Sahil Spandan Mallick [CCE - 2021]	Joined	8/7/2022, 4:07:51 PM
Shagun Davessar [Artificial Intelligence & Machine Learning -2021]	Joined	8/7/2022, 4:12:09 PM
Shashank Shekhar Tiwary [Information Technology - 2021]	Joined	8/7/2022, 4:15:23 PM
SHIVIKA CHADHA	Joined	8/7/2022, 4:15:32 PM
Souhardya Sutradhar [Information Technology - 2020]	Joined	8/7/2022, 4:20:14 PM
Tanisha (Guest)	Joined	8/7/2022, 4:21:30 PM
Tanya Raj [CSE - 2020]	Joined	8/7/2022, 4:23:06 PM
Vanshika Parmar [BSC (Hons Psychology) - 2021]	Joined	8/7/2022, 4:31:19 PM
Vruti Sanjaybhai Patel [BSC (Hons Psychology) - 2021]	Joined	8/7/2022, 4:39:20 PM
Zainab [IOT AND INTELLIGENT SYSTEM - 2021]	Joined	8/7/2022, 4:56:18 PM

9. Post event link

https://mujmanipal-my.sharepoint.com/:v/g/personal/clubmom_muj_manipal_edu/Eb33pY2jB6RPv2zPX33-PQQBhroyzc9gkIRdYtwcI8bHkw



Garima

Garima Kaushik

President/Chairperson, Mind Over Matter, MUJ

Signature of the student coordinator

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare



DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



DIRECTORATE OF STUDENTS' WELFARE

COUNSELLING EVENT

NEVER HAVE I EVER – CHRISTMAS EDITION

MIND OVER MATTER - THE MENTAL HEALTH CLUB

(NON FINANCIAL EVENT)

ONLINE EVENT

PLATFORM :MS TEAMS

DATE OF THE EVENT (22ND DECEMBER 2022)

(6:30 PM- 7:45 PM)

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4.	Brief Description of the event	3
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6.	Brochure or creative of the event	6
7.	Schedule of the Event	6
8.	Attendance of the Event	7-16
9.	Link of MUJ website	17

1. Introduction of the Event

In the haze of winter memories that so often accompanies the Christmas holiday season each year, it can be hard to reflect on the fun that comes along! So here to cherish those memories, our purposeful club- Mind Over Matter, the mental health club of MUJ presents a special event 'NEVER HAVE I EVER -CHRISTMAS EDITION'. Festivities also often highlight the things we have to be grateful for, and this gratitude can also increase our sense of well-being. And even if we can't be with loved ones, spending time catching up on the phone or online can help to boost our mood. Just reminiscing over past happy memories can make us feel happier in the present. Christmas smells can evoke memories of past times. Though we're in completely different circumstances now, faced with these stimuli our brains will make us feel happy by triggering happy memories. So with the motive of spreading happiness and reliving those memories of childhood, this event was organized. This fun and enjoyable event also offers us a sense of connection.

2. Objectives of the Event

- **Acknowledging the things we are grateful for.**
- **Remembering childhood memories of Christmas**
- **Spreading happiness and cherishing childhood memories.**

3. Beneficiaries of the Event

The event was open for all the students.

4. Brief Description of the event

Never Have I Ever is a popular game where the hosts say various statements beginning with the phrase never have I ever and then the participants raise their hands if they have done it and then everyone shares funny anecdotes about their experiences. This game of never have I ever by Mind Over Matter was aimed at being an ice breaker and encouraging people to share their stories, it was hosted by Aradhna Juneja the content head and Kashish Parmar events head, and the vice president of the club Priyasha Singh was also very interactive and helped people come out of their shells during the event.

The event had an array of questions some of which include never have I ever been Christmas caroling to this question, various attendees laughed as they reminisced they're childhood school choirs, another really exciting question was one wherein the attendees were asked never have I ever been on a solo trip and Sajab a first-year student recalled his story about going to Varanasi alone and visiting the various ghats, he also described his experience of going to the Manikarnika ghat and how that changed him as a person. Another question was never have I ever stayed awake for more than 24 hours and to this question, almost everyone responded with a raised hand, and then proceeded to talk about their favorite coffee orders, all in all, it was a very fun and very informative session wherein the new first years learned about Mind over matter and its message and in turn the existing Mind over Matter members learned about everyone and their stories, at the end of the session there was a question and answer session where priyasha the vice president of the club and Tanya Raj the general Secretary briefed everyone about the upcoming offline events. This sparked the attendee's interest in joining MoM and they even asked for the Instagram link of the same.

MIND OVER MATTER is a mental health club that aims to increase awareness through certain activities which engaged the students and also were effective in achieving the goal of imparting information about mental health. Making Mental Health for all a Global Priority, and the aim to spread mental health awareness and break down stigmas. Mental health is a state of mental well-being that enables people to cope with the stresses of life, realize their abilities, learn well and work well, and contribute to their community. It is an integral component of health and well-being that underpins our individual and collective abilities to make decisions, build relationships and shape the world we live in. There are different activities conducted by the club so that people can acknowledge their mental health and also different fun activities were conducted as these Extracurricular activities help children to develop their social skills and learn how to work in a team to achieve a shared goal. These activities allow your child the opportunity to explore different areas of interest, increase self-confidence, build leadership skills and even improve grades — all while having fun!

5. Photographs of the Event

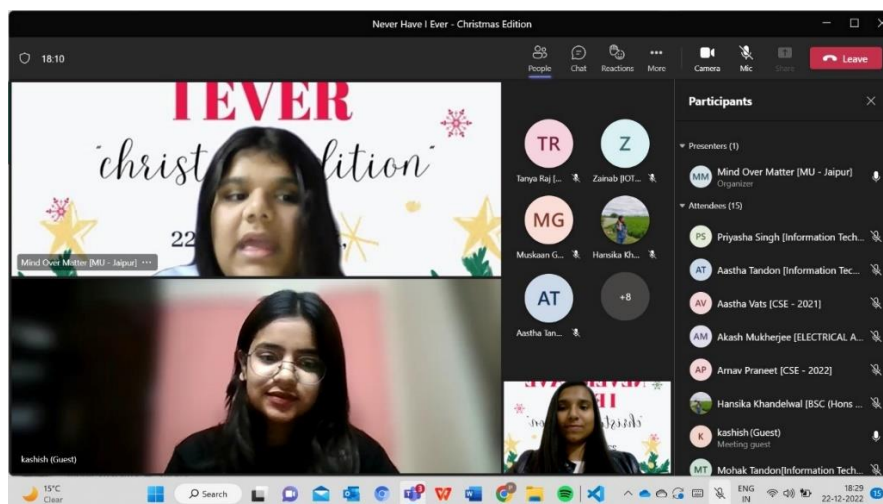


FIG-1 Hosts are giving description of the event.

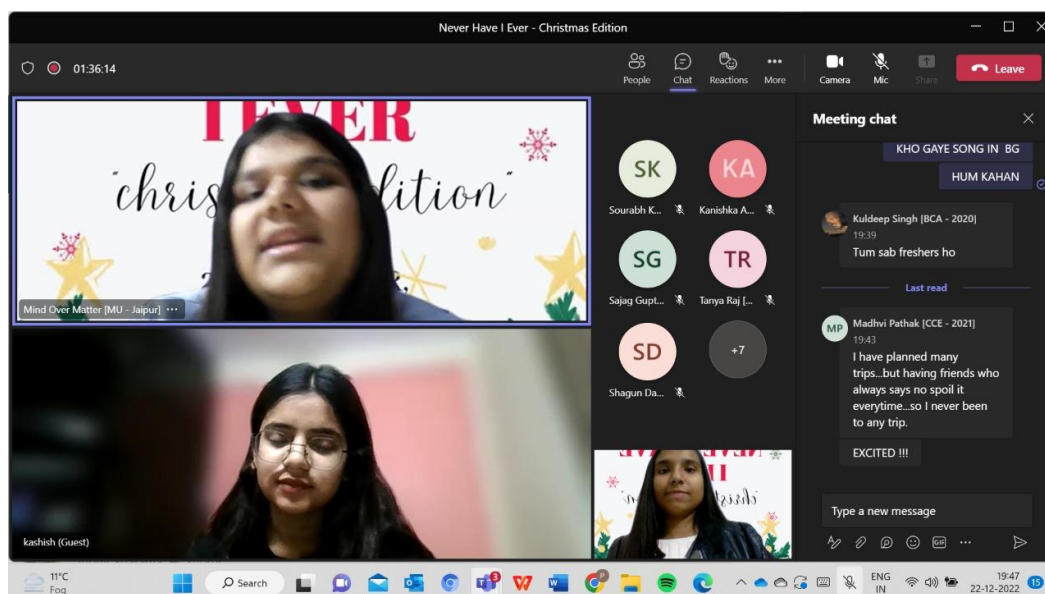


Fig 2- Participants responding in the chatbox

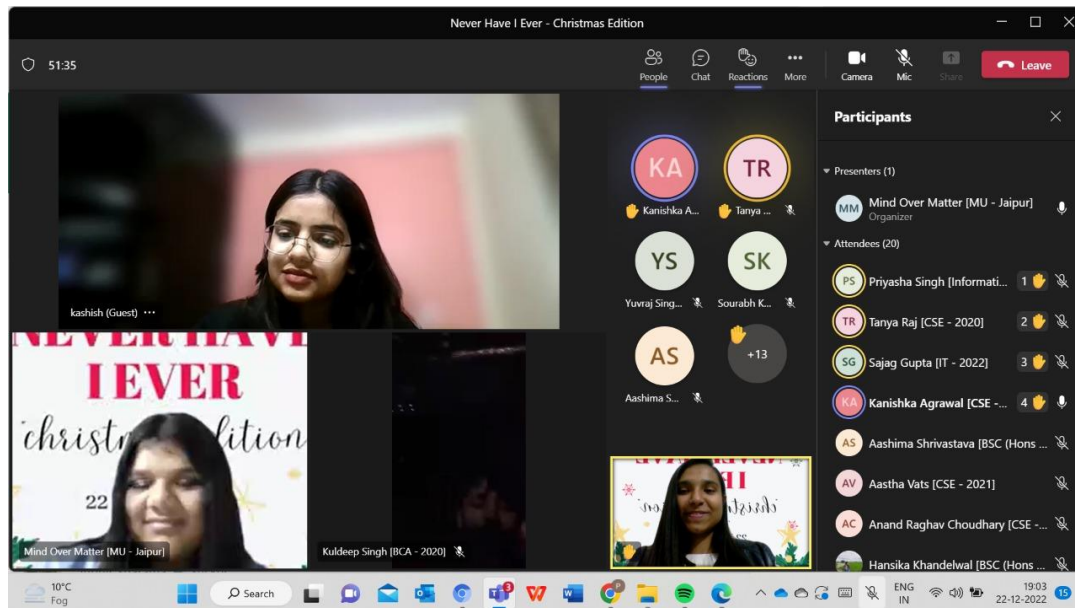


Fig 3- Participants were responding by raising their hands.

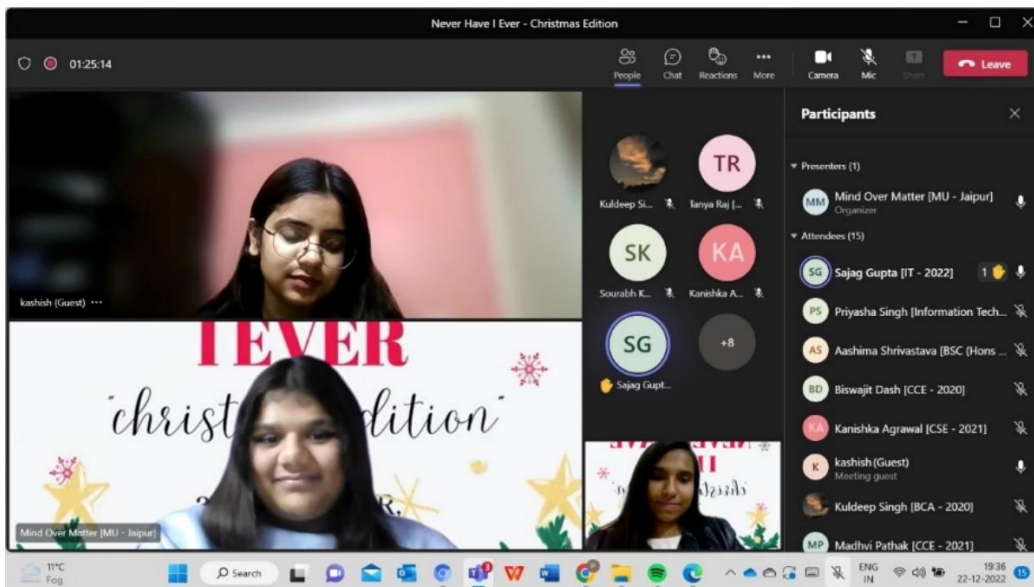


Fig4- student named Sajag was telling about his experience and Christmas memories.

6. Brochure of the Event



7. Schedule of the Event

The event took place online on Ms Teams
Date: 22nd December 2022
Time: 6:30- 7:30pm

8. Attendance of the Event

The total attendance of the event was 50.

1. Summary	1. Summary	1. Summary	1. Summary	1. Summary	1. Summary	1. Summary
Meeting title	Never Have I Ever - Christmas Edition					
Attended	50					

Start time	22/12/22, 6:11:03 pm					
End time	22/12/22, 7:48:55 pm					
Meeting duration	1h 37m 52s					
Average attendance time	32m 21s					
2. Participants						
Name	First join	Last leave	In-meeting duration	Email	Participant ID (UPN)	Role
Mind Over Matter [MU - Jaipur]	22/12/22, 6:11:38 pm	22/12/22, 7:48:55 pm	1h 37m 16s	clubmom@muj.manipal.edu	clubmom@muj.manipal.edu	Organizer
Sejal Agarwalla [B.COM - 2022]	22/12/22, 6:13:18 pm	22/12/22, 7:37:24 pm	41s	sejal.220902004@muj.manipal.edu	sejal.220902004@muj.manipal.edu	Attendee
Rashi Makadia [DATA SCIENCE AND ENGINEERING - 2022]	22/12/22, 6:13:19 pm	22/12/22, 6:13:49 pm	29s	rashi.229309045@muj.manipal.edu	rashi.229309045@muj.manipal.edu	Attendee
kashish	22/12/22, 6:13:43 pm	22/12/22, 7:48:55 pm	1h 35m 11s			Attendee
Tanya Raj [CSE - 2020]	22/12/22, 6:14:04 pm	22/12/22, 7:48:49 pm	1h 34m 45s	tanya.209301203@muj.manipal.edu	tanya.209301203@muj.manipal.edu	Attendee
Siddharth Manish Sanghavi [DATA SCIENCE AND ENGINEERING - 2022]	22/12/22, 6:15:17 pm	22/12/22, 6:18:42 pm	3m 24s	siddharth.229309014@muj.manipal.edu	siddharth.229309014@muj.manipal.edu	Attendee
Priyasha Singh [Information Technology - 2020]	22/12/22, 6:16:50 pm	22/12/22, 7:48:54 pm	1h 32m 4s	priyasha.209302050@muj.manipal.edu	priyasha.209302050@muj.manipal.edu	Attendee
Tushar Pal [CSE - 2022]	22/12/22, 6:17:23 pm	22/12/22, 7:21:44 pm	1h 4m 21s	tushar.229303026@muj.manipal.edu	tushar.229303026@muj.manipal.edu	Attendee
Rajveer Singh [B.COM - 2022]	22/12/22, 6:17:29 pm	22/12/22, 6:19:31 pm	2m 1s	rajveer.220902013@muj.manipal.edu	rajveer.220902013@muj.manipal.edu	Attendee
Shagun Davessar [Artificial Intelligence & Machine Learning -2021]	22/12/22, 6:18:50 pm	22/12/22, 7:48:55 pm	1h 30m 5s	shagun.219310048@muj.manipal.edu	shagun.219310048@muj.manipal.edu	Attendee

Khushi Panwar [BSC (Hons Psychology) - 2021]	22/12/22, 6:19:03 pm	22/12/22, 6:29:05 pm	8m 30s	khushi.211007014@muj.manipal.edu	khushi.211007014@muj.manipal.edu	Attendee
Zainab [IOT AND INTELLIGENT SYSTEM - 2021]	22/12/22, 6:20:13 pm	22/12/22, 7:48:55 pm	1h 28m 41s	zainab.219311069@muj.manipal.edu	zainab.219311069@muj.manipal.edu	Attendee
Muskaan Gupta [BSC (Hons Psychology) - 2021]	22/12/22, 6:20:30 pm	22/12/22, 7:48:55 pm	1h 28m 24s	muskaan.211007010@muj.manipal.edu	muskaan.211007010@muj.manipal.edu	Attendee
Hansika Khandelwal [BSC (Hons Psychology) - 2021]	22/12/22, 6:22:11 pm	22/12/22, 7:04:58 pm	42m 46s	hansika.211007057@muj.manipal.edu	hansika.211007057@muj.manipal.edu	Attendee
Aastha Tandon [Information Technology - 2021]	22/12/22, 6:22:54 pm	22/12/22, 6:40:34 pm	17m 39s	aastha.219302047@muj.manipal.edu	aastha.219302047@muj.manipal.edu	Attendee
Radhesh Gupta [CSE - 2022]	22/12/22, 6:24:17 pm	22/12/22, 6:24:29 pm	11s	radhesh.229301780@muj.manipal.edu	radhesh.229301780@muj.manipal.edu	Attendee
Arnav Praneet [CSE - 2022]	22/12/22, 6:24:48 pm	22/12/22, 6:37:14 pm	12m 26s	arnav.229301673@muj.manipal.edu	arnav.229301673@muj.manipal.edu	Attendee
Abhinav [BFA (Applied Arts) - 2022]	22/12/22, 6:24:52 pm	22/12/22, 6:45:34 pm	8m 43s	abhinav.220603021@muj.manipal.edu	abhinav.220603021@muj.manipal.edu	Attendee
Vyom Garg [CSE - 2021]	22/12/22, 6:26:17 pm	22/12/22, 7:29:56 pm	54m 11s	vyom.219301697@muj.manipal.edu	vyom.219301697@muj.manipal.edu	Attendee
Mohak Tandon [Information Technology - 2020]	22/12/22, 6:26:21 pm	22/12/22, 7:46:10 pm	1h 19m 49s	mohak.209302143@muj.manipal.edu	mohak.209302143@muj.manipal.edu	Attendee
Sourabh Kumar [CSE - 2021]	22/12/22, 6:27:17 pm	22/12/22, 7:48:55 pm	1h 21m 37s	sourabh.219301344@muj.manipal.edu	sourabh.219301344@muj.manipal.edu	Attendee
Aastha Vats [CSE - 2021]	22/12/22, 6:27:25 pm	22/12/22, 7:32:11 pm	1h 4m 46s	aastha.219301080@muj.manipal.edu	aastha.219301080@muj.manipal.edu	Attendee
Akash Mukherjee [ELECTRICAL AND COMPUTER - 2022]	22/12/22, 6:27:39 pm	22/12/22, 6:34:14 pm	6m 35s	akash.229209009@muj.manipal.edu	akash.229209009@muj.manipal.edu	Attendee

				j.manipal.edu	j.manipal.edu	
Pranav Banker [DATA SCIENCE AND ENGINEERING - 2022]	22/12/22, 6:27:40 pm	22/12/22, 6:28:33 pm	52s	pranav.229309070@muj.manipal.edu	pranav.229309070@muj.manipal.edu	Attendee
Vivek Shekhawat [ECE - 2022]	22/12/22, 6:29:06 pm	22/12/22, 6:32:21 pm	3m 14s	vivek.229301167@mu.j.manipal.edu	vivek.229301167@mu.j.manipal.edu	Attendee
Sidhant Bahuguna [CSE - 2022]	22/12/22, 6:29:53 pm	22/12/22, 6:30:34 pm	41s	sidhant.229301301@muj.manipal.edu	sidhant.229301301@muj.manipal.edu	Attendee
Mahimaa Hooda (Guest)	22/12/22, 6:30:17 pm	22/12/22, 7:48:55 pm	1h 18m 38s			Attendee
Biswajit Dash [CCE - 2020]	22/12/22, 6:30:31 pm	22/12/22, 7:43:16 pm	23m 55s	biswajit.209202081@muj.manipal.edu	biswajit.209202081@muj.manipal.edu	Attendee
Madhvi Pathak [CCE - 2021]	22/12/22, 6:31:12 pm	22/12/22, 7:48:55 pm	1h 17m 42s	madhvi.219303212@muj.manipal.edu	madhvi.219303212@muj.manipal.edu	Attendee
Sanaiyah Naz [CSE (IOT AND INTELLIGENT SYSTEM) - 2022]	22/12/22, 6:32:13 pm	22/12/22, 7:02:11 pm	1m 5s	sanaiyah.229311286@muj.manipal.edu	sanaiyah.229311286@muj.manipal.edu	Attendee
Srishti Mahapatra [IT - 2022]	22/12/22, 6:32:27 pm	22/12/22, 6:33:16 pm	49s	srishti.229303138@mu.j.manipal.edu	srishti.229303138@mu.j.manipal.edu	Attendee
Aashima Shrivastava [BSC (Hons Psychology) - 2021]	22/12/22, 6:33:38 pm	22/12/22, 7:48:55 pm	1h 12m 58s	aashima.211007049@muj.manipal.edu	aashima.211007049@muj.manipal.edu	Attendee
Yuvraj Singh Sikarwar [ECE - 2022]	22/12/22, 6:35:18 pm	22/12/22, 7:04:41 pm	29m 23s	yuvraj.229202064@mu.j.manipal.edu	yuvraj.229202064@mu.j.manipal.edu	Attendee
Dev Dhiren Faldu [CSE - 2022]	22/12/22, 6:36:12 pm	22/12/22, 6:54:00 pm	2m 5s	dev.229301360@muj.manipal.edu	dev.229301360@muj.manipal.edu	Attendee
Prince	22/12/22, 6:36:54 pm	22/12/22, 6:43:31 pm	6m 36s			Attendee
Ajita Rathod [BA LLB (Hons) - 2021]	22/12/22, 6:42:23 pm	22/12/22, 6:49:32 pm	4m 27s	ajita.211301063@muj.manipal.edu	ajita.211301063@muj.manipal.edu	Attendee

Sidhant Gautam [Artificial Intelligence & Machine Learning - 2021]	22/12/22, 6:43:21 pm	22/12/22, 6:44:51 pm	1m 29s	sidhant.219 310326@m uj.manipal. edu	sidhant.219 310326@m uj.manipal. edu	Attendee
Kuldeep Singh [BCA - 2020]	22/12/22, 6:46:15 pm	22/12/22, 7:48:55 pm	59m 10s	kuldeep.20 1015040@ muj.manip al.edu	kuldeep.20 1015040@ muj.manip al.edu	Attendee
Amolika Yadav [CSE - 2022]	22/12/22, 6:46:30 pm	22/12/22, 6:46:42 pm	12s	amolika.22 9303142@ muj.manip al.edu	amolika.22 9303142@ muj.manip al.edu	Attendee
Avni [CSE - 2022]	22/12/22, 6:48:43 pm	22/12/22, 6:52:23 pm	3m 40s	avni.22931 0335@muj. manipal.ed u	avni.22931 0335@muj. manipal.ed u	Attendee
Anand Raghav Choudhary [CSE - 2021]	22/12/22, 6:50:09 pm	22/12/22, 7:04:42 pm	14m 32s	anand.2193 01396@mu j.manipal.e du	anand.2193 01396@mu j.manipal.e du	Attendee
Abhay Sharma [CCE - 2022]	22/12/22, 6:52:58 pm	22/12/22, 6:54:02 pm	1m 3s	abhay.2293 03310@mu j.manipal.e du	abhay.2293 03310@mu j.manipal.e du	Attendee
Sajag Gupta [IT - 2022]	22/12/22, 6:56:52 pm	22/12/22, 7:48:54 pm	52m 2s	sajag.2293 02022@mu j.manipal.e du	sajag.2293 02022@mu j.manipal.e du	Attendee
Kanishka Agrawal [CSE - 2021]	22/12/22, 6:57:31 pm	22/12/22, 7:48:55 pm	51m 23s	kanishka.21 9301768@ muj.manip al.edu	kanishka.21 9301768@ muj.manip al.edu	Attendee
Yashika Khattri [IT - 2022]	22/12/22, 6:58:39 pm	22/12/22, 6:58:56 pm	16s	yashika.229 302074@m uj.manipal. edu	yashika.229 302074@m uj.manipal. edu	Attendee
Daksh Deep [IT - 2022]	22/12/22, 7:04:08 pm	22/12/22, 7:29:40 pm	25m 32s	daksh.2293 02010@mu j.manipal.e du	daksh.2293 02010@mu j.manipal.e du	Attendee
Juhi Saha [CSE - 2021]	22/12/22, 7:05:30 pm	22/12/22, 7:06:34 pm	1m 4s	juhi.219301 131@muj. manipal.ed u	juhi.219301 131@muj. manipal.ed u	Attendee
Ujjawal Sharma [ECE - 2022]	22/12/22, 7:19:27 pm	22/12/22, 7:24:56 pm	5m 28s	ujjawal.229 202043@m uj.manipal. edu	ujjawal.229 202043@m uj.manipal. edu	Attendee
Rajdeep Sumitkumar Bakliwal [CCE - 2022]	22/12/22, 7:19:56 pm	22/12/22, 7:29:35 pm	4m 50s	rajdeep.22 9303416@	rajdeep.22 9303416@	Attendee

				muj.manipal.edu	muj.manipal.edu	
Varad Lakhotiya [CCE - 2022]	22/12/22, 7:26:16 pm	22/12/22, 7:26:24 pm	7s	varad.229303188@muj.manipal.edu	varad.229303188@muj.manipal.edu	Attendee
3. In-Meeting Activities						
Name	Join time	Leave time	Duration	Email	Role	
Mind Over Matter [MU - Jaipur]	22/12/22, 6:11:38 pm	22/12/22, 7:48:55 pm	1h 37m 16s	clubmom@muj.manipal.edu	Organizer	
Sejal Agarwalla [B.COM - 2022]	22/12/22, 6:13:18 pm	22/12/22, 6:13:29 pm	10s	sejal.220902004@muj.manipal.edu	Attendee	
Sejal Agarwalla [B.COM - 2022]	22/12/22, 7:36:53 pm	22/12/22, 7:37:24 pm	31s	sejal.220902004@muj.manipal.edu	Attendee	
Rashi Makadia [DATA SCIENCE AND ENGINEERING - 2022]	22/12/22, 6:13:19 pm	22/12/22, 6:13:49 pm	29s	rashi.229309045@muj.manipal.edu	Attendee	
kashish	22/12/22, 6:13:43 pm	22/12/22, 7:48:55 pm	1h 35m 11s		Attendee	
Tanya Raj [CSE - 2020]	22/12/22, 6:14:04 pm	22/12/22, 7:48:49 pm	1h 34m 45s	tanya.209301203@muj.manipal.edu	Attendee	
Siddharth Manish Sanghavi [DATA SCIENCE AND ENGINEERING - 2022]	22/12/22, 6:15:17 pm	22/12/22, 6:18:42 pm	3m 24s	siddharth.229309014@muj.manipal.edu	Attendee	
Priyasha Singh [Information Technology - 2020]	22/12/22, 6:16:50 pm	22/12/22, 7:48:54 pm	1h 32m 4s	priyasha.209302050@muj.manipal.edu	Attendee	
Tushar Pal [CSE - 2022]	22/12/22, 6:17:23 pm	22/12/22, 7:21:44 pm	1h 4m 21s	tushar.229303026@muj.manipal.edu	Attendee	
Rajveer Singh [B.COM - 2022]	22/12/22, 6:17:29 pm	22/12/22, 6:19:31 pm	2m 1s	rajveer.220902013@muj.manipal.edu	Attendee	
Shagun Davessar [Artificial Intelligence]	22/12/22, 6:18:50 pm	22/12/22, 7:48:55 pm	1h 30m 5s	shagun.219310048@m	Attendee	

& Machine Learning -2021]				uj.manipal.edu		
Khushi Panwar [BSC (Hons Psychology) - 2021]	22/12/22, 6:19:03 pm	22/12/22, 6:26:41 pm	7m 37s	khushi.211007014@muj.manipal.edu	Attendee	
Khushi Panwar [BSC (Hons Psychology) - 2021]	22/12/22, 6:28:12 pm	22/12/22, 6:29:05 pm	53s	khushi.211007014@muj.manipal.edu	Attendee	
Zainab [IOT AND INTELLIGENT SYSTEM - 2021]	22/12/22, 6:20:13 pm	22/12/22, 7:48:55 pm	1h 28m 41s	zainab.219311069@muj.manipal.edu	Attendee	
Muskaan Gupta [BSC (Hons Psychology) - 2021]	22/12/22, 6:20:30 pm	22/12/22, 7:48:55 pm	1h 28m 24s	muskaan.211007010@muj.manipal.edu	Attendee	
Hansika Khandelwal [BSC (Hons Psychology) - 2021]	22/12/22, 6:22:11 pm	22/12/22, 7:04:58 pm	42m 46s	hansika.211007057@muj.manipal.edu	Attendee	
Aastha Tandon [Information Technology - 2021]	22/12/22, 6:22:54 pm	22/12/22, 6:40:34 pm	17m 39s	aastha.219302047@muj.manipal.edu	Attendee	
Radhesh Gupta [CSE - 2022]	22/12/22, 6:24:17 pm	22/12/22, 6:24:29 pm	11s	radhesh.229301780@muj.manipal.edu	Attendee	
Arnav Praneet [CSE - 2022]	22/12/22, 6:24:48 pm	22/12/22, 6:37:14 pm	12m 26s	arnav.229301673@muj.manipal.edu	Attendee	
Abhinav [BFA (Applied Arts) - 2022]	22/12/22, 6:24:52 pm	22/12/22, 6:26:06 pm	1m 14s	abhinav.220603021@muj.manipal.edu	Attendee	
Abhinav [BFA (Applied Arts) - 2022]	22/12/22, 6:30:27 pm	22/12/22, 6:35:25 pm	4m 58s	abhinav.220603021@muj.manipal.edu	Attendee	
Abhinav [BFA (Applied Arts) - 2022]	22/12/22, 6:39:23 pm	22/12/22, 6:40:08 pm	44s	abhinav.220603021@muj.manipal.edu	Attendee	
Abhinav [BFA (Applied Arts) - 2022]	22/12/22, 6:43:46 pm	22/12/22, 6:45:34 pm	1m 47s	abhinav.220603021@muj.manipal.edu	Attendee	

Vyom Garg [CSE - 2021]	22/12/22, 6:26:17 pm	22/12/22, 7:05:56 pm	39m 39s	vyom.219301697@mu j.manipal.e du	Attendee	
Vyom Garg [CSE - 2021]	22/12/22, 7:15:24 pm	22/12/22, 7:29:56 pm	14m 32s	vyom.219301697@mu j.manipal.e du	Attendee	
Mohak Tandon[Information Technology - 2020]	22/12/22, 6:26:21 pm	22/12/22, 7:46:10 pm	1h 19m 49s	mohak.209302143@m uj.manipal. edu	Attendee	
Sourabh Kumar [CSE - 2021]	22/12/22, 6:27:17 pm	22/12/22, 7:48:55 pm	1h 21m 37s	sourabh.219301344@ muj.manip al.edu	Attendee	
Aastha Vats [CSE - 2021]	22/12/22, 6:27:25 pm	22/12/22, 7:32:11 pm	1h 4m 46s	aastha.219301080@m uj.manipal. edu	Attendee	
Akash Mukherjee [ELECTRICAL AND COMPUTER - 2022]	22/12/22, 6:27:39 pm	22/12/22, 6:34:14 pm	6m 35s	akash.229209009@mu j.manipal.e du	Attendee	
Pranav Banker [DATA SCIENCE AND ENGINEERING - 2022]	22/12/22, 6:27:40 pm	22/12/22, 6:28:33 pm	52s	pranav.229309070@m uj.manipal. edu	Attendee	
Vivek Shekhawat [ECE - 2022]	22/12/22, 6:29:06 pm	22/12/22, 6:32:21 pm	3m 14s	vivek.229301167@mu j.manipal.e du	Attendee	
Sidhant Bahuguna [CSE - 2022]	22/12/22, 6:29:53 pm	22/12/22, 6:30:34 pm	41s	sidhant.229301301@m uj.manipal. edu	Attendee	
Mahimaa Hooda (Guest)	22/12/22, 6:30:17 pm	22/12/22, 7:48:55 pm	1h 18m 38s		Attendee	
Biswajit Dash [CCE - 2020]	22/12/22, 6:30:31 pm	22/12/22, 6:41:02 pm	10m 30s	biswajit.209202081@ muj.manip al.edu	Attendee	
Biswajit Dash [CCE - 2020]	22/12/22, 6:54:47 pm	22/12/22, 6:57:30 pm	2m 42s	biswajit.209202081@ muj.manip al.edu	Attendee	
Biswajit Dash [CCE - 2020]	22/12/22, 7:32:33 pm	22/12/22, 7:43:16 pm	10m 43s	biswajit.209202081@ muj.manip al.edu	Attendee	

Madhvi Pathak [CCE - 2021]	22/12/22, 6:31:12 pm	22/12/22, 7:48:55 pm	1h 17m 42s	madhvi.219303212@muj.manipal.edu	Attendee	
Sanaiyah Naz [CSE (IOT AND INTELLIGENT SYSTEM) - 2022]	22/12/22, 6:32:13 pm	22/12/22, 6:32:49 pm	35s	sanaiyah.229311286@muj.manipal.edu	Attendee	
Sanaiyah Naz [CSE (IOT AND INTELLIGENT SYSTEM) - 2022]	22/12/22, 7:01:40 pm	22/12/22, 7:02:11 pm	30s	sanaiyah.229311286@muj.manipal.edu	Attendee	
Srishti Mahapatra [IT - 2022]	22/12/22, 6:32:27 pm	22/12/22, 6:33:16 pm	49s	srishti.229303138@muj.manipal.edu	Attendee	
Aashima Shrivastava [BSC (Hons Psychology) - 2021]	22/12/22, 6:33:38 pm	22/12/22, 7:44:15 pm	1h 10m 37s	aashima.211007049@muj.manipal.edu	Attendee	
Aashima Shrivastava [BSC (Hons Psychology) - 2021]	22/12/22, 7:46:34 pm	22/12/22, 7:48:55 pm	2m 21s	aashima.211007049@muj.manipal.edu	Attendee	
Yuvraj Singh Sikarwar [ECE - 2022]	22/12/22, 6:35:18 pm	22/12/22, 7:04:41 pm	29m 23s	yuvraj.229202064@muj.manipal.edu	Attendee	
Dev Dhiren Faldu [CSE - 2022]	22/12/22, 6:36:12 pm	22/12/22, 6:36:30 pm	18s	dev.229301360@muj.manipal.edu	Attendee	
Dev Dhiren Faldu [CSE - 2022]	22/12/22, 6:52:13 pm	22/12/22, 6:54:00 pm	1m 47s	dev.229301360@muj.manipal.edu	Attendee	
Prince	22/12/22, 6:36:54 pm	22/12/22, 6:43:31 pm	6m 36s		Attendee	
Ajita Rathod [BA LLB (Hons) - 2021]	22/12/22, 6:42:23 pm	22/12/22, 6:42:30 pm	6s	ajita.211301063@muj.manipal.edu	Attendee	
Ajita Rathod [BA LLB (Hons) - 2021]	22/12/22, 6:45:11 pm	22/12/22, 6:49:32 pm	4m 21s	ajita.211301063@muj.manipal.edu	Attendee	
Sidhant Gautam [Artificial Intelligence & Machine Learning - 2021]	22/12/22, 6:43:21 pm	22/12/22, 6:44:51 pm	1m 29s	sidhant.219310326@muj.manipal.edu	Attendee	

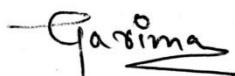
Kuldeep Singh [BCA - 2020]	22/12/22, 6:46:15 pm	22/12/22, 7:43:34 pm	57m 19s	kuldeep.201015040@muj.manipal.edu	Attendee	
Kuldeep Singh [BCA - 2020]	22/12/22, 7:47:03 pm	22/12/22, 7:48:55 pm	1m 51s	kuldeep.201015040@muj.manipal.edu	Attendee	
Amolika Yadav [CSE - 2022]	22/12/22, 6:46:30 pm	22/12/22, 6:46:42 pm	12s	amolika.229303142@muj.manipal.edu	Attendee	
Avni [CSE - 2022]	22/12/22, 6:48:43 pm	22/12/22, 6:52:23 pm	3m 40s	avni.229310335@muj.manipal.edu	Attendee	
Anand Raghav Choudhary [CSE - 2021]	22/12/22, 6:50:09 pm	22/12/22, 7:04:42 pm	14m 32s	anand.219301396@muj.manipal.edu	Attendee	
Abhay Sharma [CCE - 2022]	22/12/22, 6:52:58 pm	22/12/22, 6:54:02 pm	1m 3s	abhay.229303310@muj.manipal.edu	Attendee	
Sajag Gupta [IT - 2022]	22/12/22, 6:56:52 pm	22/12/22, 7:48:54 pm	52m 2s	sajag.229302022@muj.manipal.edu	Attendee	
Kanishka Agrawal [CSE - 2021]	22/12/22, 6:57:31 pm	22/12/22, 7:48:55 pm	51m 23s	kanishka.219301768@muj.manipal.edu	Attendee	
Yashika Khattri [IT - 2022]	22/12/22, 6:58:39 pm	22/12/22, 6:58:56 pm	16s	yashika.229302074@muj.manipal.edu	Attendee	
Daksh Deep [IT - 2022]	22/12/22, 7:04:08 pm	22/12/22, 7:29:40 pm	25m 32s	daksh.229302010@muj.manipal.edu	Attendee	
Juhi Saha [CSE - 2021]	22/12/22, 7:05:30 pm	22/12/22, 7:06:34 pm	1m 4s	juhi.219301131@muj.manipal.edu	Attendee	
Ujjawal Sharma [ECE - 2022]	22/12/22, 7:19:27 pm	22/12/22, 7:24:56 pm	5m 28s	ujjawal.229202043@muj.manipal.edu	Attendee	
Rajdeep Sumitkumar Bakliwal [CCE - 2022]	22/12/22, 7:19:56 pm	22/12/22, 7:20:52 pm	55s	rajdeep.229303416@	Attendee	

				muj.manip al.edu		
Rajdeep Sumitkumar Bakliwal [CCE - 2022]	22/12/22, 7:25:39 pm	22/12/22, 7:29:35 pm	3m 55s	rajdeep.22 9303416@ muj.manip al.edu	Attendee	
Varad Lakhotiya [CCE - 2022]	22/12/22, 7:26:16 pm	22/12/22, 7:26:24 pm	7s	varad.2293 03188@mu j.manipal.e du	Attendee	

9.Link of MUJ website

<https://forms.gle/ssmMBNECDXgUNZrZ6>.

Student coordinator

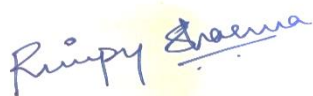


Garima Kaushik

President, Mind Over Matter, MUJ

Signature of the student coordinator

Faculty coordinator



(Dr Rimpay Sharma)

Student Counsellor

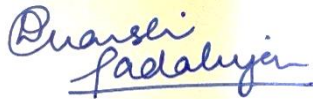
Directorate of Student's Welfare



(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare



(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR



Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs





DIRECTORATE OF STUDENTS' WELFARE

MIND OVER MATTER

PRESENTS

Mental health week activity (Day 1)

Counselling Event

OFFLINE EVENT

Date of Event (6TH OCTOBER 2022)

(12:30 PM TO 2:00 PM)



Index

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2.	Objective of the Event	3
3.	Beneficiaries of the Event	3
4.	Brief Description of the event	3
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1. Introduction of the Event

Mind over Matter, the mental health club of Manipal University Jaipur(MUJ) organized a 3-day event marathon during mental health. The events were organized by the club Mind over matter in collaboration with the department of psychology and the directorate of student welfare to increase awareness through certain activities which engaged the students and also were effective in achieving the goal of imparting information about mental health. Each day different activities took place. On the 6th of October Mind over matter organized an event called gratitude wall. The events were a mix of several agendas surrounding stress-bursting fun and propagation of the aim of the club. Everything was prepared to make the event fun yet meaningful, attaining to the ideology of college students. The working team of Mind Over Matter had a clear vision to represent the club as an understanding, free and creative space for young minds to bloom and blossom.

2. Objectives of the Event

- To spread awareness about mental health issues through our college
- To stand a point on suicide, and things closely related to it.
- To educate the participants about helping themselves and their closed ones with mental trauma and suicidal thoughts.
- To get ideas about suicidal prevention steps and methods.
- To understand self-love on a deeper level.

3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

The series of activities is held through the event of mental health week. Like gratitude wall, Spotify collection, flash mob, pop your monster, or painting wall. On the first day, Hand-wall-painting took place. For this palms of the people who were willing to take part in the event were painted and then left an impression of their palms on cardboard which was covered with white chart paper. The palms of students were painted with a choice of their own colours as each colour represents different emotional reactions. The Colour red is often associated with anger while purple represents creativity, orange with optimism and green with a sense of hope. The painting also allows individuals a chance to express their feelings and emotions without words. It can be tough opening up sometimes, so painting is a great way to release inner thoughts. Individuals that paint use art to overcome shyness and convey their personality. Painting allows for emotional release because it stimulates the creative side of your mind while focusing your attention in one place, which can lower anxiety. In this way, the creative outlet improves your mental health significantly. In Spotify, collection student has to write their comfort songs in their post-its and all the songs written by the students are collected and a playlist was made out from that. Hand-wall-painting is associated with chromotherapy or colour therapy as it boosts happy feelings in a person.

5. Photographs of the Event



Fig1. In fig one we can see that the professor is writing gratitude in post-its.



Fig2. Gratitude wall with hand impressions

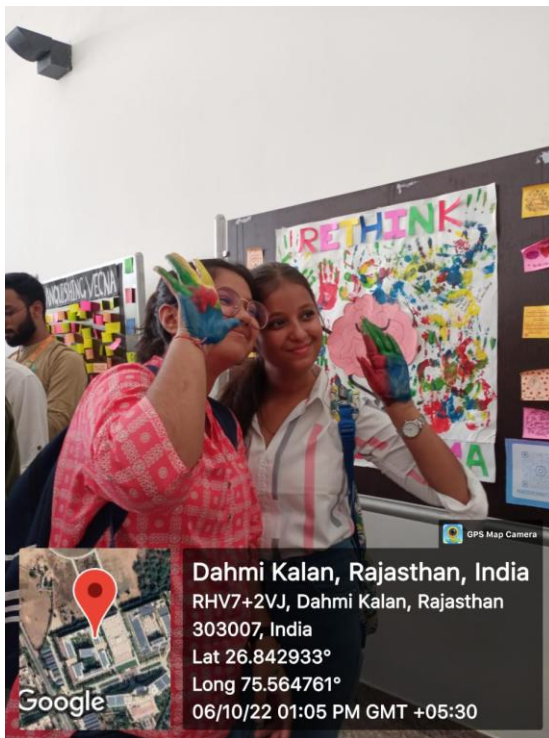


Fig 3. Students with paint in their palm.



Fig 3. Student with hand impressions.



6. Brochure of Event

7. Schedule of the Event

The event took place offline in campus.

Date: 06-10-2022

Time: 12:00pm to 2:00 pm

8. Attendance of the Event

total attendance of the event – 427 students

Serial No.	Name	Registration No.
1.	AANANYA YADAV	221103003
2.	AARNA TIWARI	221103014
3.	ADITI SINGH	221103007
4.	AMISHA GURUNG	221103048
5.	AMITHI BASNOTRA	221103024
6.	ANAGHA G NAIR	221103054



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7.	ANAMIKA.R R	221103030
8.	ANANYA MACHIWAL	221103068
9.	ANANYA SHAH	221103029
10.	ANIKA MISHRA	221103055
11.	ANKITA DAS	221103071
12.	ANUSHKA BANERJI	221007002
13.	APRAJITA SINGH RATHORE	221103049
14.	AURO MAHESHAN	221103037
15.	AYANA TAKSHAK	221103058
16.	CHAITALI VIKAS PATIL	221103077
17.	CHAVI KHANDELWAL	221103087
18.	CHOSZIN NILZA WANGMO	221103088
19.	DHRUV SINGH RATHOR	221103080
20.	GAUTHAM KRISHNA G	221103051
21.	HARSHITA DADHICH	221103061
22.	HEMANGINI KUMARI	221103086
23.	ISHA GOYAL	221103015
24.	ISHA GUPTA	221103065
25.	ISHI KACHOLE	221103021
26.	ISHIKA BAHETI	221103085
27.	KARISHMA BISHT	221103008
28.	KASHISH CHOUDHARY	221103053
29.	KIRAN CHAUDHARY	221103063
30.	KOMAL YOGESH SHAH	221103004
31.	KRIKA	221103064
32.	KRIKA BORO	221103002
33.	KUSHAGRI AGARWAL	221103032
34.	MOHIT KUMAR	221103044
35.	MUSKAAN NARESH SADHNANI	221103013
36.	NAISHA LAMBA	221103034
37.	NIHARIKA PARIHAR	221103070
38.	OJASVI RATURI	221103073
39.	PALLAVI DUBEY	221103081
40.	POOJA .	221103056
41.	PRASIDDHI SINGH JAT	221103040
42.	RIYA DHANOPIA	221103089
43.	RUBAINA NAGPAL	221103075
44.	RUSHIL SUDRANIA	221103090
45.	SAANVI GUPTA	221103027
46.	SAMEEKSHA DIXIT	221103016
47.	SANJANA SUDHINDRA	221103038
48.	SANSKRITI SHARMA	221103012
49.	SHAMBHAVI SHARMA	221103074
50.	SHIKHA WADHWANI	221103035
51.	SHIVANI DAYAL	221103059
52.	SHREYA BHARDWAJ	221103095
53.	SINDHUJA RASTOGI	221103079
54.	SNEHA PATNI	221103006



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55.	SNEHAL JHANWAR	221103060
56.	SRISHTI JOSHI	221103026
57.	SWASTIKA GAUTAM	221103022
58.	T VINNILA RAO	221103091
59.	TANISHA UPADHYAY	221103041
60.	TANYA SHARMA	221103092
61.	TWISHA SHUKLA	221103036
62.	UDAY VASHISHTHA	221103050
63.	USHASI BHATTACHARYA	221103011
64.	VAGISHA KUMAR	221103078
65.	VANSHIKA AGARWAL	221103017
66.	AAANCHAL CHAKRABORTY	221103045
67.	DHRUV RAY	221103033
68.	EVA BHATI	221103082
69.	GAURANGNAA SINGH	221103062
70.	GAURAV SOLANKI	221103096
71.	ISHIKA CHOUDHARY	221103042
72.	JANAKNANDINI SINGH	221103093
73.	KHUSHI JAIN	221103052
74.	MANYA MANGLA	221103043
75.	NEHA CHOUDHARY	221103066
76.	NEHA SWABNAM	221103076
77.	PALAK JAIN	221103094
78.	PARIDHI MEENA	221103097
79.	PRIYANKA MISHRA	221103031
80.	SHRIYA AGARWAL	221103083
81.	SOUMYA SHARMA	221103067
82.	TAMANNA MITTAL	221103072
83.	TANISHA GUPTA	221103084
84.	VRUNDA MAHESHWARI	221103057
85.	YUVRAJ SINGH	221103069
86.	JAANAVI TIWARI	201103006
87.	ARCHISHA GORSI	201103007
88.	SUHINA TIWARY	201103015
89.	ANASHWARA SHARMA	201103020
90.	BHARTI ARYA	201103022
91.	MEDHA MENON	201103025
92.	SURABHI BIJURKAR	201103027
93.	AISHANYA UPADHYAYA	201103030
94.	PRANSHI GOYAL	201103031
95.	ZAARA MUSTAKIM	201103034
96.	DIVANSHI KHANDELWAL	201103035
97.	ASHNA SETH	201103036
98.	RASHMI	201103037
99.	BHOOMIKA PATNI	201103038
100.	TANISHKA KUMAR	201103039
101.	HARLEEN KAUR	201103041
102.	SHRUTI JAIN	201103046



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103.	DEVANGNAA SINGH	201103047
104.	SHRIYA SHARMA	201103048
105.	ISHITA JAIN	201103051
106.	YUVIKA SINGH	201103057
107.	AISHWARYA DIXIT	201103059
108.	SHARON JOSEPH	201103060
109.	SREEPRABHA PURAKKAT MANGHAT	201103061
110.	NIYATHI KOSURI	201103062
111.	LOVANYA ROHTAGI	201103064
112.	GUNVEEN KAUR	201103065
113.	DEVIKA VADEHRA	201103068
114.	VANI GHAI	201103019
115.	AANAND	201103021
116.	PREKSHA PAREEK	201103024
117.	ARYAN PANDEY	201103026
118.	PRARTHANA C S	201103032
119.	ASMI TAK	201103045
120.	GAURAV KUSHWAHA	201103055
121.	Himanshu Gahlot	201103063
122.	NAVNEET BHUKHMARIYA	201103042
123.	MEGHNA SAINI	201103052
124.	ANANTA TICKOO	201103056
125.	SUGANDHA ANEJA	201103054
126.	NITYA CHAUHAN	201103004
127.	AARYAN GANGULI	201103008
128.	KARISHMA MEHRA	201103043
129.	SHREYA BHASIN	201103050
130.	SONIA MONDAL	201103053
131.	AKSHAT VYAS	201103066
132.	KONARK SONI	201103067
133.	LAKSHITA	211007003
134.	NAVYA PANDEY	211007004
135.	URJA DOGRA	211007005
136.	PRADYUMN SARASWAT	211007006
137.	TRISHITA BIPLAB BANERJEE	211007008
138.	APARNA AYYAGARI	211007009
139.	MUSKAAN GUPTA	211007010
140.	KASHISH PARMAR	211007011
141.	KHUSHI PANWAR	211007014
142.	ANANYA PURANIK	211007015
143.	BETZY M BINU	211007017
144.	SONAXI TAK	211007018
145.	ANKU KUMARI	211007019
146.	YASHI SHARMA	211007020
147.	ADITI TALESRA	211007021
148.	TANISHQ JAJOO	211007022
149.	VISHRUTI MANOJ MISHRA	211007023



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150.	ARUNDHATI DE	211007024
151.	SAKSHI MOHAN	211007025
152.	KASHISH ZALANI	211007026
153.	AMRITA SINHA	211007027
154.	ABHAY DADHICH	211007028
155.	AMITRASUDAN H	211007029
156.	MADHUWANT KARTHIK	211007030
157.	OM TIWARI	211007031
158.	HEEPOSH PANDITA	211007032
159.	PRERNA SINGH	211007033
160.	CHINMAYEE DAHAKE	211007034
161.	ADITYA RAJ PREM	211007035
162.	MANOJ KUMAWAT	211007036
163.	VANSHIKA PARMAR	211007037
164.	SUSHANT ANAND PILLAY	211007038
165.	KASHISH CHADHA	211007040
166.	HIMANSHI PUNJABI	211007042
167.	VARNIMA SINGH	211007043
168.	VRUTI SANJAYBHAJ PATEL	211007044
169.	APOORVA KHARB	211007045
170.	PRIYANKA AGRAHARI	211007046
171.	MANAN OSWAL	211007047
172.	UJJWALA KANYAL	211007048
173.	AASHIMA SHRIVASTAVA	211007049
174.	JAY KUMAR PATEL	211007050
175.	KEMYA NAYYAR	211007051
176.	ARADHNA JUNEJA	211007052
177.	AYUSHI SHARMA	211007053
178.	MOUSUMI DAS	211007054
179.	SANKALP SINGH SANKHALA	211007055
180.	RAUNISH DEV	211007056
181.	HANSIKA KHANDELWAL	211007057
182.	KANISHKA TYAGI	211007058
183.	DRAKSHA JOGIANI	211007059
184.	HARSHIT GULPADIYA	211007060
185.	TANISHA CHADHA	211007061
186.	TANISHKA SAINI	211007062
187.	SRISHTI KHANNA	211007063
188.	MEGHANA V HEGDE	211007064
189.	MANISH SAHU	211007065
190.	SWARNIMA RAWAT	211007066
191.	ISHIKA JAISWAL	211007067
192.	BHANVI	211007068
193.	ANUSHKA	211007069
194.	DHANSHRI SANDEEP GAUTAM	211007070
195.	ANUJA POL	211007071
196.	DIVYANSHI SHEKHAWAT	211007072
197.	SUDHANSHU SAINI	211007073



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198.	PRIYANSHU KUMAR	211007074
199.	MANSI BHALLA	211007075
200.	RICHA GAUTAM	211007077
201.	RITIKA SINGH	211007079
202.	KANIKA SHARMA	211007080
203.	NIKEETA CHAUDHARY	211103001
204.	SIDDHI VIJAY GUJAR	211103002
205.	ADRIANNE FELICIA PINTO	211103003
206.	DIYA GHOSH	211103005
207.	SRISHTI MALHOTRA	211103006
208.	MEGHNA PRABHAKAR	211103009
209.	MIHIKA PATHAK	211103011
210.	JESSICA AGARWAL	211103012
211.	SHUBHANGI SHARMA	211103015
212.	ISHA MAGADH	211103017
213.	DARSHITA DAGA	211103018
214.	AISHANI DUTTA	211103019
215.	ANOUSHKA KANTROO	211103020
216.	KHUSHI AGARWALLA	211103021
217.	MINAKSHI KANWAR	211103022
218.	VARNIKA JAIN	211103023
219.	SALONI KANWAR SHEKHAWAT	211103025
220.	PRANALI GUPTA	211103026
221.	SRIMOYEE SEN	211103027
222.	AVNI SINGH	211103028
223.	DUHITA SAXENA	211103029
224.	PARI LALWANI	211103032
225.	GUNJAN SONI	211103033
226.	AASTHA MEHRA	211103034
227.	PRAKRITI GOSWAMI	211103035
228.	PARIDHI CHAUHAN	211103036
229.	VIDUSHI KASNIYA	211103037
230.	NANDINI RAJAWAT	211103038
231.	SANYA AHUJA	211103040
232.	KRITIKA SHARMA	211103041
233.	KAJOL JEESANY	211103042
234.	PRIYANKA TALUKDAR	211103043
235.	HITA MATHUR	211103044
236.	RHEA NAIR	211103045
237.	SREEMOYEE SENGUPTA	211103046
238.	PAVNI SHARMA	211103047
239.	SHREYAS SACHENDRA KAPU	211103048
240.	KRITI CHAKRAVORTY	211103049
241.	SARVESH NAYYAR	211103050
242.	SHUBHANSHI GARG	211103051
243.	LOHIT KAPOOR	211103052
244.	SHUBHI SHARMA	211103053
245.	ARYAN SHIVDAS MAHTO	211103054



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246.	SIA KATARIA	211103056
247.	JASMINE SINGH	211103058
248.	ADITI	211103059
249.	POORVI NASA	211103060
250.	SAHIL CHOUDHARY	211103061
251.	MANASI SUDINDRA	211103063
252.	MANSI CHOUDHARY	211103064
253.	DEEPIKA	211103065
254.	KASHISH PREM DAVE	211103066
255.	HIYA BOHRA	211103067
256.	DEVYANI SINGH RATHORE	211103069
257.	DIYA MEHTA	211103070
258.	ARUSH CHAUHAN	211103071
259.	DIA UPADHYAY	211103073
260.	PARTH ARORA	211103074
261.	ANVESHA SHEKHER	211103075
262.	SANMAI PATHAK	211103077
263.	SANVEE NAGAPAL	211103078
264.	ROMELL JOHN	211103079
265.	SAIYONI KHANDELWAL	211103082
266.	POORVI MAHESHWARI	211103083
267.	ANUSHKA BHATI	211103084
268.	VIDHI SHAW	211103085
269.	KHUSHI SHARMA	211103086
270.	ANJALI JAIN	211103087
271.	AVIRAL SINGHAL	211103088
272.	ASHOK KUMAR BHANWARARAMCHOUDHARY	211103089
273.	RISHITA BISWAS	211103090
274.	SHREEYA JANGID	211103091
275.	KHYATI	211103092
276.	VANSHIKA DEVNANI	211103093
277.	CHARVI KHANDELWAL	211103094
278.	MANTAJ BRAR	211103095
279.	ASHNA AGNANI	211103096
280.	TUSHAR SHARMA	211103097
281.	SYEDDA UMMEHANI RAUHAAN	211103098
282.	RIYA BHATT	211103099
283.	SHUBHANGI TAK	211103101
284.	BHAVYA JAIN	211103102
285.	RADHIKA KHANDELWAL	211103103
286.	ANTRA RAI	211103104
287.	SAANYA PANKAJ	211103105
288.	AAROHI JAIN	221016048
289.	ABHA DANDE	221016042
290.	ADITI	221016047
291.	ADVIKA KHANNA	221016007
292.	AISHWARYA SATISH BHATKAR	221016004



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293.	ALTA SUSAN JACOB	221016052
294.	ANISHA BANWALA	221016049
295.	ANUSHKA NADAR	221016013
296.	ANUSHTHA RAKESH CHILLURE	221016009
297.	ARGHAWALI JAIN	221016015
298.	ARUNDHATI PRASAD	221016059
299.	ASHUTOSH SANTOSH TIWARI	221016035
300.	AYUSHI SHARMA	221016068
301.	BHAVIKA AHUJA	221016062
302.	CHAHAT CHAUDHARY	221016016
303.	CHARUL DEEPAK GUPTA	221016058
304.	DEVIKA IRNY	221016036
305.	DIKSHA ROOPWANI	221016031
306.	DIVYA DIDEL	221016005
307.	G TULASI	221016067
308.	GARGI RAJESH GUPTA	221016038
309.	GOURANK KHANDELWAL	221016039
310.	JANHVI MISHRA	221016056
311.	JOVINA MELYN REGI	221016008
312.	KARNIKA KAPOOR	221016027
313.	KOMAL JAIN	221016061
314.	LAVANYA BISHNOI	221016060
315.	MANSI PRAKASH BHATI	221016012
316.	MIHIR RAWTANI	221016019
317.	STUTI MATHUR	221016055
318.	NEHA MITTAL	221016023
319.	PRATHIKSHA VENKATESWARAN	221016002
320.	RAMESHWARI RATHORE	221016045
321.	RENU KUMARI	221016053
322.	RIYA MITRA	221016006
323.	SANJANA JAIN	221016022
324.	SANSKRUTI VIRENDRAKUMAR SINGH	221016034
325.	SIMRAN BHAROL	221016033
326.	SNEHA PUKHRAMBAM	221016057
327.	SREELAKSHMI A S	221016029
328.	SUHANI BHATNAGAR	221016003
329.	SUNIDHI CHAUHAN	221016041
330.	TISHA BHATIA	221016020
331.	URVASHI CHOUHAN	221016051
332.	VAISHNAVEE KUMARI RATHORE	221016010
333.	VANI DIVAKAR SHETTY	221016026
334.	YOGITA SANTOSH APPUR	221016030
335.	AANCHAL SANKHLA	221016069
336.	DIYA RAJESH SANGHVI	221016028
337.	HANUPRIYA SHARMA	221016064
338.	HARSHITA MAHESHWARI	221016054
339.	KRUTI MAHADEV PATIL	221016066



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340.	NIKKISHA SONI	221016044
341.	RIYA JAIN	221016018
342.	SAKSHI SONI	221016050
343.	SRISHTI JHALANI	221016025
344.	SRISHTI N ASHOK	221016032
345.	SURYANSHU ANAND	221016063
346.	YOGESH GUPTA	221016065
347.	MUSKAN SINGH	211016001
348.	ADITI MISHRA	211016002
349.	DEEYA JAIN	211016003
350.	YASHVI BADANI	211016004
351.	AAMRUSHA SINGH	211016005
352.	ANKITA RAJASEKHARAN	211016006
353.	ISRAELA PINTO	211016007
354.	NEHAL SHAH	211016008
355.	AASTHA WADHWA	211016010
356.	VRUSHA SHAH	211016011
357.	ANUSHKA GOYAL	211016012
358.	RASHI GARG	211016014
359.	JESSICA CHAWLA	211016016
360.	BABANPREET KAUR NARULA	211016017
361.	SURBHI	211016018
362.	KINJAL AMETA	211016019
363.	ESHA LOPES	211016020
364.	SRISHTI SABHARWAL	211016021
365.	PILLAI ANJALI SATISH	211016024
366.	THEERTHA RAJEEV	211016025
367.	KEZIAH ELSA MATHEW	211016026
368.	NAMITA GOPINATH	211016027
369.	ZEB QURESHI	211016030
370.	A KOMAL	211016031
371.	DRISHYA	211016033
372.	NIDHI PATODIA	211016035
373.	BHARGAV B.V	211016037
374.	MANSI TYAGI	211016038
375.	PRIYANKA SAINI	211016039
376.	SNEHA PRAHARAJ	211016040
377.	MAITRI THAKKAR	211016042
378.	KARAN SINGH	211016044
379.	ADITI BHATTAD	211016045
380.	ASHI MOURYA	211016046
381.	SHLOKA SHANBHAG	211016047
382.	SAMRIDHI KAVIA	211016049
383.	NISHKA MEHTA	211016051
384.	NANDINI KESHWANI	211016052
385.	DRISHTI SADANA	211016053
386.	SHRUTI JAIN	211016055
387.	KRISHNA PATEL	211016056



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388.	NISHA KANWAR	211016058
389.	PRANJAL MESTRY	211016059
390.	RAJVIR SINGH	211016060
391.	NISHTHA MOUDGIL	211016062
392.	ASHWITA NARAIN	211016064
393.	VANSHIKA AGARWAL	211016065
394.	SHREYA SAXENA	211016066
395.	DIPRA AGARWAL	211016067
396.	SARAH CARVALHO	211016068
397.	TANIA PRABHU DOSS	211016069
398.	RADHA GOPAL KRISHNAN	211016070
399.	KAMBALA SIREESHA	211016071
400.	KANISHKA	211016072
401.	KHUSHBOO VASHISHTH	211016073
402.	RISHIKA JAIN	211016074
403.	KRUPA SHETH	211016075
404.	GAZAL PODDAR	211016077
405.	DIVYA BELWAL	211016078
406.	PRIYANKA DEVI	211016080
407.	SNIGDHA ROY	211016081
408.	MRINAL VALKE	211016082
409.	SAKSHI SHAH	211016083
410.	NAOMI SHAH	211016084
411.	AYSHA KHURSHEED	211016085
412.	K BHARGAVI	211016086
413.	PODUVAL ADITI VINAYAN	211016087
414.	VASVI SINGH	211016088
415.	SANSKRUTI	211016089
416.	NIRALASA	211016090
417.	VIDYA KAUSHIK	211016091
418.	SIDDHI PANDEY	211016092
419.	SIMRAN JEET	211016093
420.	RITWIK DEB	211016094
421.	MAYURAKSHI GHOSH	211016095
422.	SRUJA	211016096
423.	VEDIKA KARNANI	211016097
424.	ROHINI NEWAR	211016099
425.	SHEETAL SINHA	211016100
426.	BHAVINI RATHORE	211016101
427.	NAMRATA TILAK	211016102

9.Link of MUJ website

No link was there.



Student coordinator

Garima Kaushik

President, Mind Over Matter, MUJ

Signature of the student coordinator

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare



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JAIPUR

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



DIRECTORATE OF STUDENTS' WELFARE

MIND OVER MATTER

PRESENTS

Mental health week activity (day 2)

Counselling Event

OFFLINE EVENT

Date of Event (7TH OCTOBER 2022)

(12:30 PM TO 2:00 PM)



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1. Introduction of the Event

Mind over Matter, the mental health club of Manipal University Jaipur(MUJ) organized a 3-day event marathon during mental health. The events were organized by the club Mind over matter in collaboration with the department of psychology and the directorate of student welfare to increase awareness through certain activities which engaged the students and also were effective in achieving the goal of imparting information about mental health. Each day different activities took place. On the 7th of October Mind over matter organized an activity that is happiness wheel activity and choosing the emoji sticker of the emotions that they are feeling. The events were a mix of several agendas surrounding stress-bursting fun and propagation of the aim of the club. Everything was prepared to make the event fun yet meaningful, attaining to the ideology of college students. The working team of Mind Over Matter had a clear vision to represent the club as an understanding, free and creative space for young minds to bloom and blossom.

2. Objectives of the Event

- To spread awareness about mental health issues through our college
- To stand a point on suicide, and things closely related to it.
- To educate the participants about helping themselves and their closed ones with mental trauma and suicidal thoughts.
- To get ideas about suicidal prevention steps and methods.
- To understand self-love on a deeper level.

3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

The series of activities is held through the event of mental health week. Like happiness wheel, choosing emoji sticker, Spotify collection, flash mob, pop your monster, or painting wall. On the second day of mental health week, the Happiness Wheel activity took place. The Happiness wheel was made out of cardboard which was covered with coloured chart paper. A circle was drawn which was further divided into smaller sections. In each section where the name of certain activities name written.

Students were also given a chance to pick a badge of their choice. The badges were made out of paper representing a varying range of emotions. Students picked badges most likely to represent the emotional state of their minds.

The Happiness wheel was made with the idea to represent certain activities that a person does to make themselves happy. Students who took part in this activity took a cotton ball which already had an adhesive layer on it and pasted that ball onto the name of the activity on the wheel board which they felt they did to experience joy.

Following that pop, your monster activity was done in this person blowing the ballon with thinking something which makes them angry and then bursting it. Another activity called Spotify collection was done in this people have to write their favourite songs that comfort them and then all the songs are collected and a playlist was made out of that. There were many different activities like the gratitude wall in this people write what they are grateful for or something they admire in the post-its and those post-its are attached to the wall. On day 2 of mental health week, a postcard competition was done who's results were announced on the mental health day. To bring 2nd day to at end we did a flash mob.



5. Photographs of the Event



Fig1. Member of core team of MOM



Fig 2. Faculty coordinator of MOM doing wheel activity.



Fig 3. MOM core team with faculty coordinator.

6. Brochure of Event

7. Schedule of the Event



MANIPAL UNIVERSITY JAIPUR

The event took place offline in campus.

Date: 07-10-2022

Time: 12:00pm to 2:00 pm

8. Attendance of the Event

total attendance of the event – 427 students

Serial No.	Name	Registration No.
1.	AANANYA YADAV	221103003
2.	AARNA TIWARI	221103014
3.	ADITI SINGH	221103007
4.	AMISHA GURUNG	221103048
5.	AMITHI BASNOTRA	221103024
6.	ANAGHA G NAIR	221103054
7.	ANAMIKA.R R	221103030
8.	ANANYA MACHIWAL	221103068
9.	ANANYA SHAH	221103029
10.	ANIKA MISHRA	221103055
11.	ANKITA DAS	221103071
12.	ANUSHKA BANERJI	221007002
13.	APRAJITA SINGH RATHORE	221103049
14.	AURO MAHESHAN	221103037
15.	AYANA TAKSHAK	221103058
16.	CHAITALI VIKAS PATIL	221103077
17.	CHAVI KHANDELWAL	221103087
18.	CHOSZIN NILZA WANGMO	221103088
19.	DHRUV SINGH RATHOR	221103080
20.	GAUTHAM KRISHNA G	221103051
21.	HARSHITA DADHICH	221103061
22.	HEMANGINI KUMARI	221103086
23.	ISHA GOYAL	221103015
24.	ISHA GUPTA	221103065
25.	ISHI KACHOLE	221103021
26.	ISHIKA BAHETI	221103085
27.	KARISHMA BISHT	221103008
28.	KASHISH CHOUDHARY	221103053
29.	KIRAN CHAUDHARY	221103063
30.	KOMAL YOGESH SHAH	221103004
31.	KRIKA	221103064
32.	KRIKA BORO	221103002
33.	KUSHAGRI AGARWAL	221103032
34.	MOHIT KUMAR	221103044
35.	MUSKAAN NARESH SADHNANI	221103013
36.	NAISHA LAMBA	221103034
37.	NIHARIKA PARIHAR	221103070
38.	OJASVI RATURI	221103073



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39.	PALLAVI DUBEY	221103081
40.	POOJA .	221103056
41.	PRASIDDHI SINGH JAT	221103040
42.	RIYA DHANOPIA	221103089
43.	RUBAINA NAGPAL	221103075
44.	RUSHIL SUDRANIA	221103090
45.	SAANVI GUPTA	221103027
46.	SAMEEKSHA DIXIT	221103016
47.	SANJANA SUDHINDRA	221103038
48.	SANSKRITI SHARMA	221103012
49.	SHAMBHAVI SHARMA	221103074
50.	SHIKHA WADHWANI	221103035
51.	SHIVANI DAYAL	221103059
52.	SHREYA BHARDWAJ	221103095
53.	SINDHUJA RASTOGI	221103079
54.	SNEHA PATNI	221103006
55.	SNEHAL JHANWAR	221103060
56.	SRISHTI JOSHI	221103026
57.	SWASTIKA GAUTAM	221103022
58.	T VINNILA RAO	221103091
59.	TANISHA UPADHYAY	221103041
60.	TANYA SHARMA	221103092
61.	TWISHA SHUKLA	221103036
62.	UDAY VASHISHTHA	221103050
63.	USHASI BHATTACHARYA	221103011
64.	VAGISHA KUMAR	221103078
65.	VANSHIKA AGARWAL	221103017
66.	AAANCHAL CHAKRABORTY	221103045
67.	DHRUV RAY	221103033
68.	EVA BHATI	221103082
69.	GAURANGNAA SINGH	221103062
70.	GAURAV SOLANKI	221103096
71.	ISHIKA CHOUDHARY	221103042
72.	JANAKNANDINI SINGH	221103093
73.	KHUSHI JAIN	221103052
74.	MANYA MANGLA	221103043
75.	NEHA CHOUDHARY	221103066
76.	NEHA SWABNAM	221103076
77.	PALAK JAIN	221103094
78.	PARIDHI MEENA	221103097
79.	PRIYANKA MISHRA	221103031
80.	SHRIYA AGARWAL	221103083
81.	SOUMYA SHARMA	221103067
82.	TAMANNA MITTAL	221103072
83.	TANISHA GUPTA	221103084
84.	VRUNDA MAHESHWARI	221103057
85.	YUVRAJ SINGH	221103069
86.	JAANAVI TIWARI	201103006



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87.	ARCHISHA GORSI	201103007
88.	SUHINA TIWARY	201103015
89.	ANASHWARA SHARMA	201103020
90.	BHARTI ARYA	201103022
91.	MEDHA MENON	201103025
92.	SURABHI BIJURKAR	201103027
93.	AISHANYA UPADHYAYA	201103030
94.	PRANSHI GOYAL	201103031
95.	ZAARA MUSTAKIM	201103034
96.	DIVANSHI KHANDELWAL	201103035
97.	ASHNA SETH	201103036
98.	RASHMI	201103037
99.	BHOOMIKA PATNI	201103038
100.	TANISHKA KUMAR	201103039
101.	HARLEEN KAUR	201103041
102.	SHRUTI JAIN	201103046
103.	DEVANGNAA SINGH	201103047
104.	SHRIYA SHARMA	201103048
105.	ISHITA JAIN	201103051
106.	YUVIKA SINGH	201103057
107.	AISHWARYA DIXIT	201103059
108.	SHARON JOSEPH	201103060
109.	SREEPRABHA PURAKKAT MANGHAT	201103061
110.	NIYATHI KOSURI	201103062
111.	LOVANYA ROHTAGI	201103064
112.	GUNVEEN KAUR	201103065
113.	DEVIKA VADEHRA	201103068
114.	VANI GHAI	201103019
115.	AANAND	201103021
116.	PREKSHA PAREEK	201103024
117.	ARYAN PANDEY	201103026
118.	PRARTHANA C S	201103032
119.	ASMI TAK	201103045
120.	GAURAV KUSHWAHA	201103055
121.	Himanshu Gahlot	201103063
122.	NAVNEET BHUKHMARIYA	201103042
123.	MEGHNA SAINI	201103052
124.	ANANTA TICKOO	201103056
125.	SUGANDHA ANEJA	201103054
126.	NITYA CHAUHAN	201103004
127.	AARYAN GANGULI	201103008
128.	KARISHMA MEHRA	201103043
129.	SHREYA BHASIN	201103050
130.	SONIA MONDAL	201103053
131.	AKSHAT VYAS	201103066
132.	KONARK SONI	201103067
133.	LAKSHITA	211007003



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134.	NAVYA PANDEY	211007004
135.	URJA DOGRA	211007005
136.	PRADYUMN SARASWAT	211007006
137.	TRISHITA BIPLAB BANERJEE	211007008
138.	APARNA AYYAGARI	211007009
139.	MUSKAAN GUPTA	211007010
140.	KASHISH PARMAR	211007011
141.	KHUSHI PANWAR	211007014
142.	ANANYA PURANIK	211007015
143.	BETZY M BINU	211007017
144.	SONAXI TAK	211007018
145.	ANKU KUMARI	211007019
146.	YASHI SHARMA	211007020
147.	ADITI TALESRA	211007021
148.	TANISHQ JAJOO	211007022
149.	VISHRUTI MANOJ MISHRA	211007023
150.	ARUNDHATI DE	211007024
151.	SAKSHI MOHAN	211007025
152.	KASHISH ZALANI	211007026
153.	AMRITA SINHA	211007027
154.	ABHAY DADHICH	211007028
155.	AMITRASUDAN H	211007029
156.	MADHUWANT KARTHIK	211007030
157.	OM TIWARI	211007031
158.	HEEPESH PANDITA	211007032
159.	PRERNA SINGH	211007033
160.	CHINMAYEE DAHAKE	211007034
161.	ADITYA RAJ PREM	211007035
162.	MANOJ KUMAWAT	211007036
163.	VANSHIKA PARMAR	211007037
164.	SUSHANT ANAND PILLAY	211007038
165.	KASHISH CHADHA	211007040
166.	HIMANSHI PUNJABI	211007042
167.	VARNIMA SINGH	211007043
168.	VRUTI SANJAYBHAI PATEL	211007044
169.	APOORVA KHARB	211007045
170.	PRIYANKA AGRAHARI	211007046
171.	MANAN OSWAL	211007047
172.	UJJWALA KANYAL	211007048
173.	AASHIMA SHRIVASTAVA	211007049
174.	JAY KUMAR PATEL	211007050
175.	KEMYA NAYYAR	211007051
176.	ARADHNA JUNEJA	211007052
177.	AYUSHI SHARMA	211007053
178.	MOUSUMI DAS	211007054
179.	SANKALP SINGH SANKHALA	211007055
180.	RAUNISH DEV	211007056
181.	HANSIKA KHANDELWAL	211007057



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182.	KANISHKA TYAGI	211007058
183.	DRAKSHA JOGIANI	211007059
184.	HARSHIT GULPADIYA	211007060
185.	TANISHA CHADHA	211007061
186.	TANISHKA SAINI	211007062
187.	SRISHTI KHANNA	211007063
188.	MEGHANA V HEGDE	211007064
189.	MANISH SAHU	211007065
190.	SWARNIMA RAWAT	211007066
191.	ISHIKA JAISWAL	211007067
192.	BHANVI	211007068
193.	ANUSHKA	211007069
194.	DHANSHRI SANDEEP GAUTAM	211007070
195.	ANUJA POL	211007071
196.	DIVYANSHI SHEKHAWAT	211007072
197.	SUDHANSHU SAINI	211007073
198.	PRIYANSHU KUMAR	211007074
199.	MANSI BHALLA	211007075
200.	RICHA GAUTAM	211007077
201.	RITIKA SINGH	211007079
202.	KANIKA SHARMA	211007080
203.	NIKEETA CHAUDHARY	211103001
204.	SIDDHI VIJAY GUJAR	211103002
205.	ADRIANNE FELICIA PINTO	211103003
206.	DIYA GHOSH	211103005
207.	SRISHTI MALHOTRA	211103006
208.	MEGHNA PRABHAKAR	211103009
209.	MIHIKA PATHAK	211103011
210.	JESSICA AGARWAL	211103012
211.	SHUBHANGI SHARMA	211103015
212.	ISHA MAGADH	211103017
213.	DARSHITA DAGA	211103018
214.	AISHANI DUTTA	211103019
215.	ANOUSHKA KANTROO	211103020
216.	KHUSHI AGARWALLA	211103021
217.	MINAKSHI KANWAR	211103022
218.	VARNIKA JAIN	211103023
219.	SALONI KANWAR SHEKHAWAT	211103025
220.	PRANALI GUPTA	211103026
221.	SRIMOYEE SEN	211103027
222.	AVNI SINGH	211103028
223.	DUHITA SAXENA	211103029
224.	PARI LALWANI	211103032
225.	GUNJAN SONI	211103033
226.	AASTHA MEHRA	211103034
227.	PRAKRITI GOSWAMI	211103035
228.	PARIDHI CHAUHAN	211103036
229.	VIDUSHI KASNIYA	211103037



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230.	NANDINI RAJAWAT	211103038
231.	SANYA AHUJA	211103040
232.	KRITIKA SHARMA	211103041
233.	KAJOL JEESANY	211103042
234.	PRIYANKA TALUKDAR	211103043
235.	HITA MATHUR	211103044
236.	RHEA NAIR	211103045
237.	SREEMOYEE SENGUPTA	211103046
238.	PAVNI SHARMA	211103047
239.	SHREYAS SACHENDRA KAPU	211103048
240.	KRITI CHAKRAVORTY	211103049
241.	SARVESH NAYYAR	211103050
242.	SHUBHANSHI GARG	211103051
243.	LOHIT KAPOOR	211103052
244.	SHUBHI SHARMA	211103053
245.	ARYAN SHIVDAS MAHTO	211103054
246.	SIA KATARIA	211103056
247.	JASMINE SINGH	211103058
248.	ADITI	211103059
249.	POORVI NASA	211103060
250.	SAHIL CHOUDHARY	211103061
251.	MANASI SUDINDRA	211103063
252.	MANSI CHOUDHARY	211103064
253.	DEEPIKA	211103065
254.	KASHISH PREM DAVE	211103066
255.	HIYA BOHRA	211103067
256.	DEVYANI SINGH RATHORE	211103069
257.	DIYA MEHTA	211103070
258.	ARUSH CHAUHAN	211103071
259.	DIA UPADHYAY	211103073
260.	PARTH ARORA	211103074
261.	ANVESHA SHEKHER	211103075
262.	SANMAI PATHAK	211103077
263.	SANVEE NAGAPAL	211103078
264.	ROMELL JOHN	211103079
265.	SAIYONI KHANDELWAL	211103082
266.	POORVI MAHESHWARI	211103083
267.	ANUSHKA BHATI	211103084
268.	VIDHI SHAW	211103085
269.	KHUSHI SHARMA	211103086
270.	ANJALI JAIN	211103087
271.	AVIRAL SINGHAL	211103088
272.	ASHOK KUMAR BHANWARARAMCHOUHARY	211103089
273.	RISHITA BISWAS	211103090
274.	SHREEYA JANGID	211103091
275.	KHYATI	211103092
276.	VANSHIKA DEVNANI	211103093



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277.	CHARVI KHANDELWAL	211103094
278.	MANTAJ BRAR	211103095
279.	ASHNA AGNANI	211103096
280.	TUSHAR SHARMA	211103097
281.	SYEDDA UMMEHANI RAUHAAN	211103098
282.	RIYA BHATT	211103099
283.	SHUBHANGI TAK	211103101
284.	BHAVYA JAIN	211103102
285.	RADHIKA KHANDELWAL	211103103
286.	ANTRA RAI	211103104
287.	SAANYA PANKAJ	211103105
288.	AAROHI JAIN	221016048
289.	ABHA DANDE	221016042
290.	ADITI	221016047
291.	ADVIKA KHANNA	221016007
292.	AISHWARYA SATISH BHATKAR	221016004
293.	ALTA SUSAN JACOB	221016052
294.	ANISHA BANWALA	221016049
295.	ANUSHKA NADAR	221016013
296.	ANUSHTHA RAKESH CHILLURE	221016009
297.	ARGHAWALI JAIN	221016015
298.	ARUNDHATI PRASAD	221016059
299.	ASHUTOSH SANTOSH TIWARI	221016035
300.	AYUSHI SHARMA	221016068
301.	BHAVIKA AHUJA	221016062
302.	CHAHAT CHAUDHARY	221016016
303.	CHARUL DEEPAK GUPTA	221016058
304.	DEVIKA IRNY	221016036
305.	DIKSHA ROOPWANI	221016031
306.	DIVYA DIDEL	221016005
307.	G TULASI	221016067
308.	GARGI RAJESH GUPTA	221016038
309.	GOURANK KHANDELWAL	221016039
310.	JANHVI MISHRA	221016056
311.	JOVINA MELYN REGI	221016008
312.	KARNIKA KAPOOR	221016027
313.	KOMAL JAIN	221016061
314.	LAVANYA BISHNOI	221016060
315.	MANSI PRAKASH BHATI	221016012
316.	MIHIR RAWTANI	221016019
317.	STUTI MATHUR	221016055
318.	NEHA MITTAL	221016023
319.	PRATHIKSHA VENKATESWARAN	221016002
320.	RAMESHWARI RATHORE	221016045
321.	RENU KUMARI	221016053
322.	RIYA MITRA	221016006
323.	SANJANA JAIN	221016022



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324.	SANSKRUTI VIRENDRAKUMAR SINGH	221016034
325.	SIMRAN BHAROL	221016033
326.	SNEHA PUKHRAMBAM	221016057
327.	SREELAKSHMI A S	221016029
328.	SUHANI BHATNAGAR	221016003
329.	SUNIDHI CHAUHAN	221016041
330.	TISHA BHATIA	221016020
331.	URVASHI CHOUHAN	221016051
332.	VAISHNAVEE KUMARI RATHORE	221016010
333.	VANI DIVAKAR SHETTY	221016026
334.	YOGITA SANTOSH APPUR	221016030
335.	AANCHAL SANKHLA	221016069
336.	DIYA RAJESH SANGHVI	221016028
337.	HANUPRIYA SHARMA	221016064
338.	HARSHITA MAHESHWARI	221016054
339.	KRUTI MAHADEV PATIL	221016066
340.	NIKKISHA SONI	221016044
341.	RIYA JAIN	221016018
342.	SAKSHI SONI	221016050
343.	SRISHTI JHALANI	221016025
344.	SRISHTI N ASHOK	221016032
345.	SURYANSHU ANAND	221016063
346.	YOGESH GUPTA	221016065
347.	MUSKAN SINGH	211016001
348.	ADITI MISHRA	211016002
349.	DEEYA JAIN	211016003
350.	YASHVI BADANI	211016004
351.	AAMRUSHA SINGH	211016005
352.	ANKITA RAJASEKHARAN	211016006
353.	ISRAELA PINTO	211016007
354.	NEHAL SHAH	211016008
355.	AASTHA WADHWA	211016010
356.	VRUSHA SHAH	211016011
357.	ANUSHKA GOYAL	211016012
358.	RASHI GARG	211016014
359.	JESSICA CHAWLA	211016016
360.	BABANPREET KAUR NARULA	211016017
361.	SURBHI	211016018
362.	KINJAL AMETA	211016019
363.	ESHA LOPES	211016020
364.	SRISHTI SABHARWAL	211016021
365.	PILLAI ANJALI SATISH	211016024
366.	THEERTHA RAJEEV	211016025
367.	KEZIAH ELSA MATHEW	211016026
368.	NAMITA GOPINATH	211016027
369.	ZEB A QURESHI	211016030
370.	A KOMAL	211016031



MANIPAL UNIVERSITY JAIPUR

371.	DRISHYA	211016033
372.	NIDHI PATODIA	211016035
373.	BHARGAV B.V	211016037
374.	MANSI TYAGI	211016038
375.	PRIYANKA SAINI	211016039
376.	SNEHA PRAHARAJ	211016040
377.	MAITRI THAKKAR	211016042
378.	KARAN SINGH	211016044
379.	ADITI BHATTAD	211016045
380.	ASHI MOURYA	211016046
381.	SHLOKA SHANBHAG	211016047
382.	SAMRIDHI KAVIA	211016049
383.	NISHKA MEHTA	211016051
384.	NANDINI KESHWANI	211016052
385.	DRISHTI SADANA	211016053
386.	SHRUTI JAIN	211016055
387.	KRISHNA PATEL	211016056
388.	NISHA KANWAR	211016058
389.	PRANJAL MESTRY	211016059
390.	RAJVIR SINGH	211016060
391.	NISHTHA MOUDGIL	211016062
392.	ASHWITA NARAIN	211016064
393.	VANSHIKA AGARWAL	211016065
394.	SHREYA SAXENA	211016066
395.	DIPRA AGARWAL	211016067
396.	SARAH CARVALHO	211016068
397.	TANIA PRABHU DOSS	211016069
398.	RADHA GOPAL KRISHNAN	211016070
399.	KAMBALA SIREESHA	211016071
400.	KANISHKA	211016072
401.	KHUSHBOO VASHISHTH	211016073
402.	RISHIKA JAIN	211016074
403.	KRUPA SHETH	211016075
404.	GAZAL PODDAR	211016077
405.	DIVYA BELWAL	211016078
406.	PRIYANKA DEVI	211016080
407.	SNIGDHA ROY	211016081
408.	MRINAL VALKE	211016082
409.	SAKSHI SHAH	211016083
410.	NAOMI SHAH	211016084
411.	AYSHA KHURSHEED	211016085
412.	K BHARGAVI	211016086
413.	PODUVAL ADITI VINAYAN	211016087
414.	VASVI SINGH	211016088
415.	SANSKRUTI	211016089
416.	NIRALASA	211016090
417.	VIDYA KAUSHIK	211016091
418.	SIDDHI PANDEY	211016092



419.	SIMRAN JEET	211016093
420.	RITWIK DEB	211016094
421.	MAYURAKSHI GHOSH	211016095
422.	SRUJA	211016096
423.	VEDIKA KARNANI	211016097
424.	ROHINI NEWAR	211016099
425.	SHEETAL SINHA	211016100
426.	BHAVINI RATHORE	211016101
427.	NAMRATA TILAK	211016102

9.Link of MUJ website

No link was there.

Student coordinator

Garima Kaushik

President, Mind Over Matter, MUJ

Signature of the student coordinator

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare



MANIPAL UNIVERSITY
JAIPUR

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

Devanshi
Padaliya

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



MANIPAL UNIVERSITY
JAIPUR



DIRECTORATE OF STUDENTS' WELFARE

Libre-ation

Discussion

HerCampus at MUJ

ONLINE EVENT

Platform: Google Meet

Date of Event (10th August 2022)

(6PM-7:30PM)

Index

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9.	Link of MUJ website	8

1. Introduction of the Event

HerCampus at MUJ organized a book discussion ‘Libre-ation’ on 10th August, 2022 in order to promote reading and appreciating its nuances. Libre-ation focused on having a safe space for opinions on some of the choicest books ever written. Thoughtful prompts were crafted to spark creativity and ignite discussions.

2. Objectives of the Event

- To help readers speculate on aspects of writing styles of authors
- To discuss various plot subtleties of four different books
- To find a safe and wholesome community of readers and promote further discussion outside of the event

3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

Organized by HerCampus at MUJ, Libre-ation was a successful attempt at gathering readers for a more reflective version of a classic book discussion club. The discussion for each book was started off by a brief summary of each of the four books for refreshing memory, followed by two prepared prompts. The prompts helped kick off the discussion and keep it coordinated. Many participants from HerCampus and outside the club alike, discussed the book plot at length, deliberated about what was deliberate and what wasn't. We discussed the allures and pitfalls of the characters and the plots. The event was concluded by talking briefly about other books recommended by the readers in the registration link. The takeaway was to appreciate books during and contemplation after reading.

5. Photographs

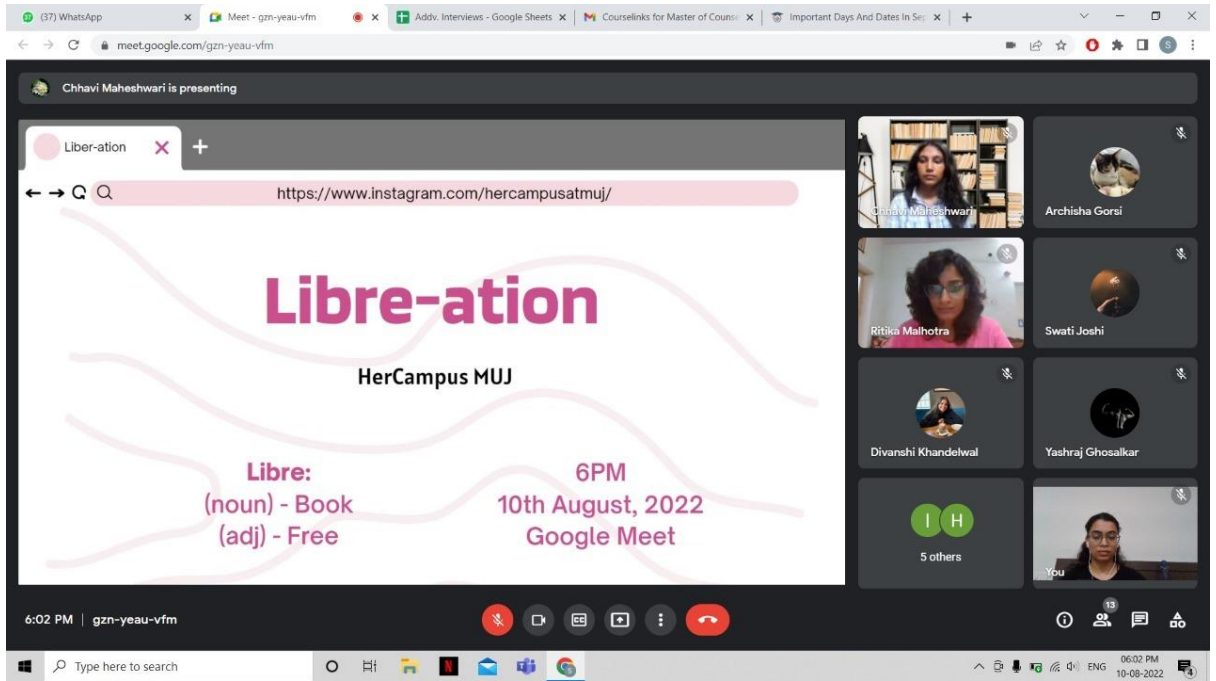


Fig 1: Libre-ation Introduction

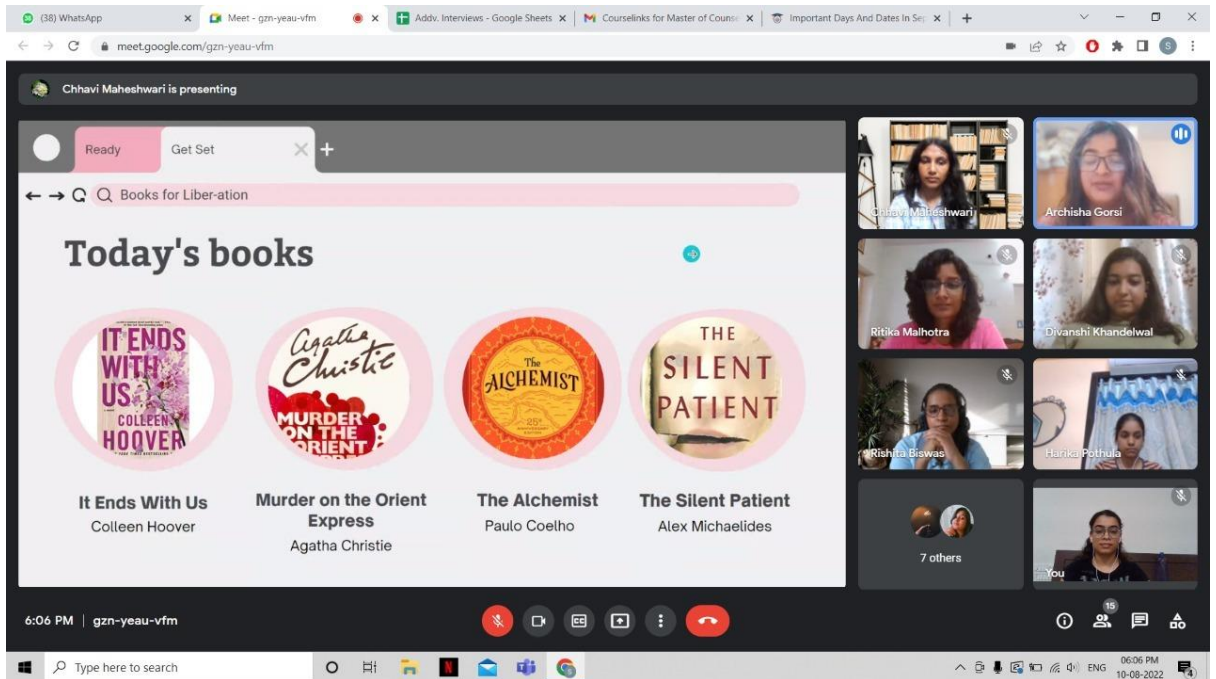


Fig 2: Introduction to the list of books

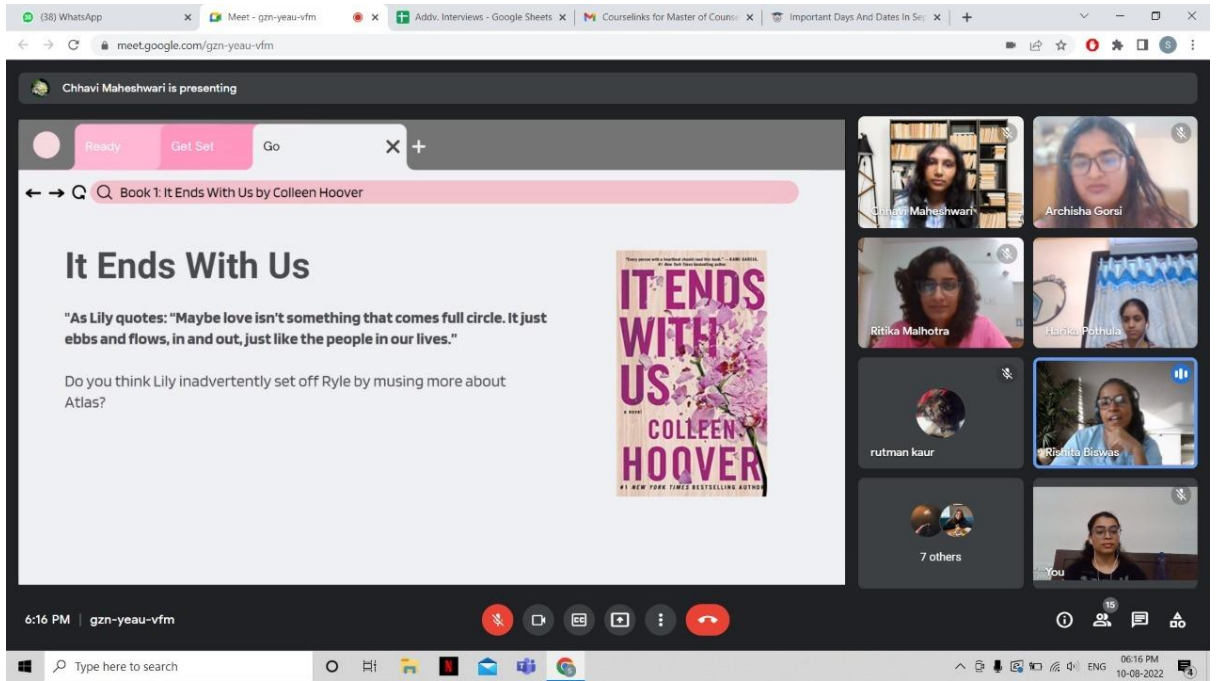


Fig 3: Discussion for book 1: It Ends With Us

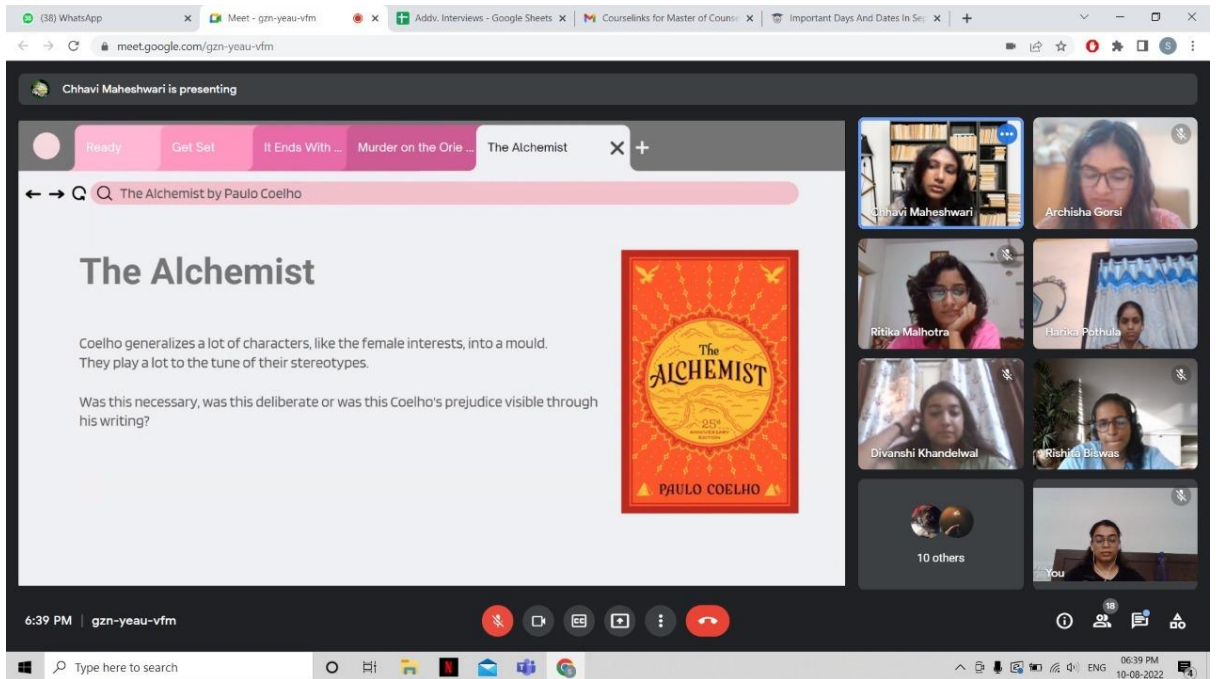


Fig 4: Discussion of Book 3: The Alchemist

6. Brochure or Creative of the Event



7. Schedule of the event

The event was on the 10th August 2022 from 6PM - 7:30PM

8. Attendance of the event:

Total attendee: 20

Name	Reg No.
Lokesh Kothari	219311108
Archisha Gorsri	201103007
Chhavi Maheshwari	209303060
Divanshi Khandelwal	201103035
Harika Pothula	219301608
Agrajaa	201102005
Rishita Biswas	211103090
Ritika Malhotra	219302332

Rutman Kaur	201007052
shubham dabre	209202004
Suhani Jain	201105018
Swati Joshi	201007022
Tanishka Kumar	201103039
Yashraj Ghosalkar	209301650
Yoshi Vijay	219310146
Shruti Singh	210903066
Rahul Sharma	209303336
Owais Farooqui	
Jai Shankar	209202190
Tripur Joshi	209303042

9. Post event link:

<https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS/Her-Campus.html>



Archisha Gors
President, HerCampus, MUJ
Signature of the Student Coordinator



Ms. Sakshi Shringi
Department of Computer Science
Signature of the Faculty Coordinator

**DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR**



Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



Rotary International President
Rtn Jennifer Jones

District Governor
Rtn Dr Balwant Singh Chirana

President
PHF Rtn Radhey Shyam Gupta
D-13, Indra Puri Colony, Lal Kothi,
Jaipur, Rajasthan 302015 (India)
Mobile: +91-9414779184
eMail: rsgupta9414@gmail.com

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G-2, Janpath, Shyam Nagar,
Jaipur Rajasthan 302019 (India)
Mobile: +91-9982659532
eMail: alokmeeta@yahoo.com

Treasurer
Rtn Brajesh Kumar Gupta
D-28, Indra Puri Colony, Lal Kothi,
Jaipur, Rajasthan 302015 (India)
Mobile: +91-9829072271
eMail: brajeshkgupta24@gmail.com

Club Patron
Maj Donor Rtn Dr Sudhir Kumar Calla

President Elect (2023-24)
PHF Rtn CFP Shalini

Immediate Past President
MPHF Rtn Er Narendra Mal Mathur

Vice Presidents
MPHF Rtn Adv Ashok Goyal
PHF Rtn Desh Deepak Goyal

Jt. Secretary
Rtn Er Nand Kishore Maheshwari

Director – Club Administration
PHF Rtn Rajendra Tiwari

Director – Service Projects
Rtn Er Sudesh Roop Rai

Director – Environment Service
Rtn Shyam Sunder Gupta

Director – Foundation
MPHF Rtn Vipin Bahl

Director – Literacy & T.E.A.C.H.
PHF Rtn Dr Arun Kumar Arya

Director – Membership
PHF Rtn Jwala Prasad Sharma

Director – Public Image & Fellowship
PHF Rtn Chander Mohan Mahajan

Director – Publications
PHF Rtn Basant Jain

Director – Youth Service
Rtn Prof Anil Dutt Vyas

Executive Secretary - I.T.
PHF Rtn Prof Raj Kishor Pareek

Club Trainer
MPHF Rtn Ravi Shanker Sharma

Sergeant at Arms
PHF Rtn Er Satish Goyal

TO WHOMSOEVER IS CONCERN

Directorate of Students' Welfare along with Rotary Club Jaipur, Bapu Nagar conducted a Health and Hygiene awareness campaign among the students at Government Senior Secondary School, Begas. It was a physical activity involving the students from NSS, NCC, DSW and the Rotaract Green Club MUJ. Event was well coordinated, where students of school were given information regarding the women health and hygiene. We would like to appreciate Directorate of Students' Welfare, Manipal University Jaipur for the efforts and express our gratitude towards them.

Regards

Rtn Meeta Mathur
Secretary

Respected Sir/Ma'am,

This is to certify that Department of Economics, SAY Club and Directorate of Student Welfare of Manipal University Jaipur in collaboration with FRHS (Foundation for Reproductive Health Services) had organised the "Awareness Campaign on Cervical Cancer and Menstrual Hygiene" on 8th November 2022. Students and faculty members visited head office of FRHS in Jaipur and conducted the awareness campaign where ASHAs and other clinical staff were educated on Cervical Cancer and measures to prevent. Dr Sandhya Vyas, Gynaecologist from Jaipuria Hospital, Jaipur was invited as resource person to address the females about the vaccines available in order to protect females from cervical cancer. They graciously donated sanitary napkins to ANMs and ASHAs present in the session and also cleared all the doubts and myth related to menstrual issues.

They also conducted an interactive session with the clinical staff to best help the interests and needs of the underprivileged females. We would like to highly appreciate and commend their initiative and offer them all the good wishes to continue doing the utmost best for the society. We also thank Dr Oum Kumari R for having arranged such a campaign and Ms. Meenakshi Saxena and Jaipur team to coordinate and support to made this event successful.

We look forward for such more awareness programs in future.

Regards

Saket Sharma



State Program Manager

FRHS India

PWNR/2022/183

DATE: 10/12/2022

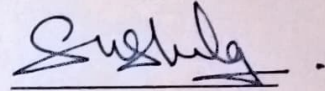
TO WHOMSOEVER IT MAY CONCERN

Department of psychology in collaboration with DSW, Manipal University Jaipur visited Aashray Care Homes (orphanage) and organized an event 'Personal Health, Hygiene & Peer support for mental health' for the underprivileged female students of the orphanage on 9th November 2022.

The event was well coordinated by the students of Psychology department. It was a social connect activity where students of Manipal University Jaipur interacted with students and helped them explore their creativity skills through fun activities.

Dr. Gargi Sharma, faculty coordinator (Department of Psychology) and Mr. Hemant Kumar (DSW) played an important role in the success of the event.

We would like to appreciate Manipal University Jaipur for conducting this activity at Aashray Care Homes



Thanks & Regards,

Sushila
Secretary



MANIPAL UNIVERSITY
JAIPUR

MUJ/DSW/SC/11 March 2022/01



MANIPAL UNIVERSITY
JAIPUR

DIRECTORATE OF STUDENT'S WELFARE

(SOCIETY CONNECT)

Health & Hygiene

“A healthy woman makes a healthy society”

Date of Event: 11th March 2022



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11.	Link of MUJ website	10



1. Introduction of the Event: -

Directorate of Students' Welfare along with Rotary Club Jaipur, Bapu Nagar conducted a Health and Hygiene awareness campaign among the students at Government Senior Secondary School, Begas. It was a physical activity involving the students from NCC, DSW and the Rotaract Green Club MUJ.

2. Objective of the Event: -

- To make the school students understand the value and importance of Health & Hygiene.
- Providing MUJ students exposure about society around them through such societal connect activities

3. Beneficiaries of the Event: -

The event was conducted for Class XI and XII students at Government Senior Secondary School, Begas and Students of Manipal University Jaipur.

4. Details of the Guests

Rotary Club Jaipur Bapu Nagar

Rotary started with the vision of one man — Paul Harris. The Chicago attorney formed the Rotary Club of Chicago on 23 February 1905, so professionals with diverse backgrounds could exchange ideas and form meaningful, lifelong friendships.

Over time, Rotary's reach and vision gradually extended to humanitarian service. Members have a long track record of addressing challenges in their communities and around the world.

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves. They provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders. We collaborate with community leaders who want to get to work on projects that have a real, lasting impact on people's lives. We connect passionate people with diverse perspectives to exchange ideas, forge lifelong friendships, and, above all, take action to change the world.

5. Brief Description of the event: -

This event involved a Live Rural Water Lab demonstration by Dr. Monika Sogani, Sanitation and Women Safety – Dr. Meena Kumari Sharma, general awareness given by Mr. N M Mathur Club President Rotary Jaipur and other dignitaries were also given their thought about the Health and Hygiene. A quiz session was organized by Rotaract Green Club MUJ, and prizes were given to the winning students. Director, DSW Prof. A D Vyas, others addressed the students about the issues and significance of Hygiene. The program culminated with a small cultural Program.

6. Photographs of the event with captions: -



Image 1 Students doing interaction with school students



Image 2 Distribution of Pens among school students

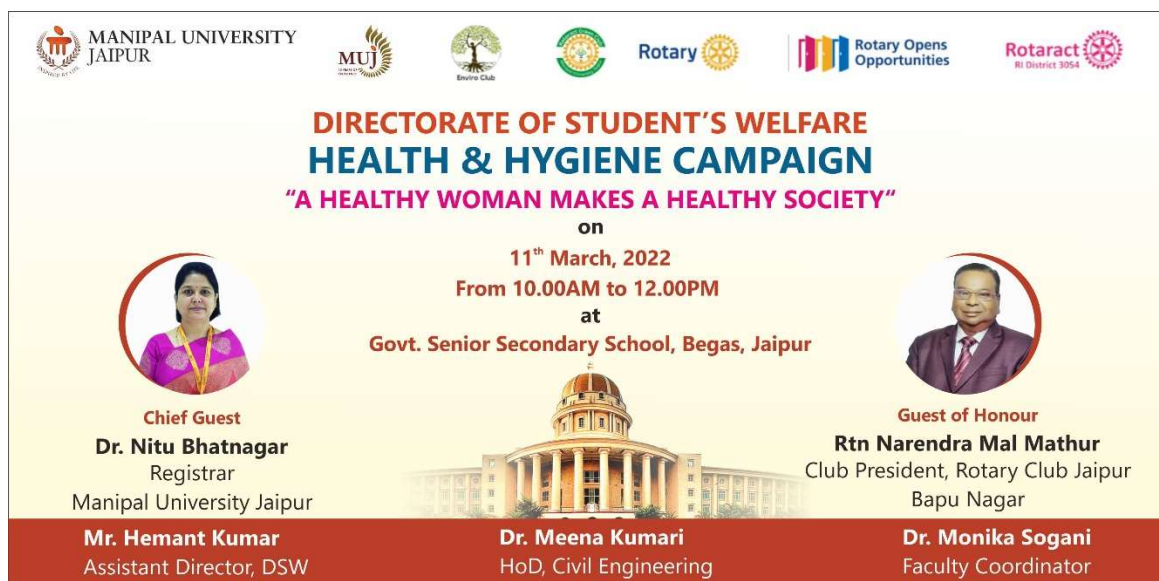


Image 3 talk on Water Sanitation



Image 4 Team MUJ and Rotary Club Bapu Nagar

7. Brochure of the Event:



MANIPAL UNIVERSITY JAIPUR | MUJ | Emerald Club | Rotary | Rotary Opens Opportunities | Rotaract RI District 3054

**DIRECTORATE OF STUDENT'S WELFARE
HEALTH & HYGIENE CAMPAIGN**
"A HEALTHY WOMAN MAKES A HEALTHY SOCIETY"

on
11th March, 2022
From 10.00AM to 12.00PM
at
Govt. Senior Secondary School, Begas, Jaipur

Chief Guest
Dr. Nitu Bhatnagar
Registrar
Manipal University Jaipur

Guest of Honour
Rtn Narendra Mal Mathur
Club President, Rotary Club Jaipur
Bapu Nagar

Mr. Hemant Kumar
Assistant Director, DSW

Dr. Meena Kumari
HoD, Civil Engineering

Dr. Monika Sogani
Faculty Coordinator

8. Schedule of the event: -

March 11th, 2022, from 10 AM to 12 PM

S.No.	Name of the Event	Duration	Timings
1	Welcome of : Registrar MUJ, Principal Begas School and Rotary Club officials.	5 min	10:00- 10:05 AM
2	Introduction of the events	5 min	10:05-10:10 AM
3	Address by Rotary Club Jaipur officials about Woman Health and Hygiene	10 min	10:10-10:20 AM
4	Address by Dr. Nitu Bhatnagar, Registrar MUJ	10 min	10:20-10:30 AM
5	Live Rural Water Lab demonstration by Dr. Monika Sogani	30 min	10:30-11:00 AM
6	Sanitation and Women Safety – Dr. Meena Kumari Sharma	30 min	11:00-11:30 AM
7	Quiz and Prize distribution by Rotract Green Club and MUJ, Followed by Lunch of Rotary dignitaries at MUJ after 12 pm	30 min	11.30-12.00 pm



9. Attendance of the Event

Total attendee- 53(47 Students & 6 Faculty Members)

Sr. No	Name of Institution	Place of Institution	Registration Number/Employee code	Name of Attendee	Name of Dept
1	Manipal University Jaipur	Jaipur	200901164	Pratham	BBA
2	Manipal University Jaipur	Jaipur	201007034	Garima	Dept. of Psychology
3	Manipal University Jaipur	Jaipur	209403025	Akshvin Singhal	Mechatronics Engg.
4	Manipal University Jaipur	Jaipur	201105015	Deepti	Liberal Arts
5	Manipal University Jaipur	Jaipur	209303107	Ansh Chawla	CCE
6	Manipal University Jaipur	Jaipur	201103042	Navneet Bhukhmariya	Psychology
7	Manipal University Jaipur	Jaipur	201201036	Garima Shah	BJMC
8	Manipal University Jaipur	Jaipur	209301086	Urvi Dhasmana	CSE
9	Manipal University Jaipur	Jaipur	201201029	Shikha Sangtani	BJMC
10	Manipal University Jaipur	Jaipur	201015007	Shivam	BCA
11	Manipal University Jaipur	Jaipur	209303182	Karan Arora	CCE
12	Manipal University Jaipur	Jaipur	200901152	Parineeta Jain	BBA
13	Manipal University Jaipur	Jaipur	209302256	Prashant Pandey	IT
14	Manipal University Jaipur	Jaipur	209301396	Samridhi Chauhan	CSE
15	Manipal University Jaipur	Jaipur	201007067	Tanisha Mina	Psychology
16	Manipal University Jaipur	Jaipur	209303354	Yogesh Agarwal	CCE
17	Manipal University Jaipur	Jaipur	201102014	Aakansha Singh	Bachelor Of Arts BA
18	Manipal University Jaipur	Jaipur	209309051	Shubhangi Gosh	DSA
19	Manipal University Jaipur	Jaipur	209402053	Ishan Sharma	Mechanical
20	Manipal University Jaipur	Jaipur	209301350	Arnav Katgeri	CSE
21	Manipal University Jaipur	Jaipur	209302301	Yash Shrivastava	IT



MANIPAL UNIVERSITY JAIPUR

22	Manipal University Jaipur	Jaipur	201103019	Vani Ghai	Psychology
23	Manipal University Jaipur	Jaipur	209303123	Kanupriya Bhardwaj	CCE
24	Manipal University Jaipur	Jaipur	200901298	Rajeev Sharma	BBA
25	Manipal University Jaipur	Jaipur	209202018	Mukul Rewri	ECE
26	Manipal University Jaipur	Jaipur	209301074	Ayush Sehgal	CSE
27	Manipal University Jaipur	Jaipur	199101004	Samir Jain	Chemical
28	Manipal University Jaipur	Jaipur	209202207	Piyushraj Sing	ECE
29	Manipal University Jaipur	Jaipur	209309089	Nikita Singh	DSE
30	Manipal University Jaipur	Jaipur	209303128	Prakhar Chandrakar	CCE
31	Manipal University Jaipur	Jaipur	209301331	Ishaan sharma	CSE
32	Manipal University Jaipur	Jaipur	209302215	Shivam Agrawal	CSE
33	Manipal University Jaipur	Jaipur	199202026	Shreyas Singh	CSE
34	Manipal University Jaipur	Jaipur	190903006	Abhigyan Gupta	B.Com.
35	Manipal University Jaipur	Jaipur	199403002	Shaan Ahuja	MECT
36	Manipal University Jaipur	Jaipur	191103027	Varnika Saha	Psychology
37	Manipal University Jaipur	Jaipur	201007002	Pranav Saxena	Psychology
38	Manipal University Jaipur	Jaipur	201002023	Aditi Agarwal	BSC
39	Manipal University Jaipur	Jaipur	191003002	Ritika Agarwal	BSC
40	Manipal University Jaipur	Jaipur	191002021	Sutapa Das	BSC
41	Manipal University Jaipur	Jaipur	191002020	Ayush Dahmiwal	BSC
42	Manipal University Jaipur	Jaipur	201003001	Gilchrist Singh	BSC
43	Manipal University Jaipur	Jaipur	201003001	Tarushi Jain	BSC
45	Manipal University Jaipur	Jaipur	201002019	Sanjana Pal	BSC
46	Manipal University Jaipur	Jaipur	201002031	Sakshi Tripathi	BSC



MANIPAL UNIVERSITY JAIPUR

47	Manipal University Jaipur	Jaipur	191002006	Devendra Sharma	BSC
48	Manipal University Jaipur	Jaipur	191003005	Fhalguni Bhardwaj	BSC
49	Manipal University Jaipur	Jaipur	MUJ0492	Dr. Rina poonia	Deputy. Director DSW
50	Manipal University Jaipur	Jaipur	MUJ0446	Dr. Meena Kumari Sharma	Hod Civil
51	Manipal University Jaipur	Jaipur	MUJ0534	Dr. Monika Sogani	Faculty Coordinator
52	Manipal University Jaipur	Jaipur	MUJ0586	Dr, Anil Dutt Vyas	Director DSW
53	Manipal University Jaipur	Jaipur	MUJ0246	Mr. Hemant Kumar	Assistant Director DSW

10. Link of MUJ website:

Pre-Event Info Link – [Health & Hygiene -A healthy woman makes a healthy society \(manipal.edu\)](https://manipal.edu)

(Hemant Kumar)

Assistant Director, Society Connect

Directorate of Student's Welfare

(Prof. AD Vyas)

Director, Directorate of Student's Welfare



MANIPAL UNIVERSITY
JAIPUR

MUJ/DSW/SC/8 Nov 2022



MANIPAL UNIVERSITY
JAIPUR

DIRECTORATE OF STUDENT'S WELFARE

(SOCIETY CONNECT)

In Collaboration with

Rotaract Club

&

DEPARTMENT OF ECONOMICS

Presents

AWARENESS CAMPAIGN ON

CERVICAL CANCER & MENSTRUAL HYGIENE

Date of Event: 8th Nov 2022

Time: 11 AM



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1. Introduction of the Event

Females around 30% in India are said to have Cervical Cancer and data shows that more than 1.3 Lakh women every year are diagnosed with Cervical Cancer and around 25% of them die after diagnosis. This type of cancer is said to be the second most common cancer in women between the age group 15yrs to 44 yrs. Lower Education, Poverty and Malnutrition with poor genital hygiene are the common causes of cervical cancer.

Cervical cancer is mainly caused by Papillomavirus (HPV) and diagnosis at the early stage can easily help females to get treated and Vaccines after the age of 15 can also help us to prevent this very easily. But in India, especially rural folks are not aware of this deadly disease and availability of vaccines.

2. Objectives of the Event

This camp in rural area would help us to educate the females about Cervical cancer and also create awareness about the Vaccine and prevent themselves from Cervical cancer very easily. Through this campaign we would try to change the behavior and attitude of females and insist them the use of sanitary napkins and vaccines to escape from Cervical cancer. Today the growing concern is that majority of the females do not have the knowledge of available vaccines which could protect them from deadly disease and the objective of the event is to provide them an opportunity to know about cervical cancer and measures to prevent it.

3. Beneficiaries of the Event

- a) Girls of the slum
- b) Adults (Parents)
- c) Elderly females
- d) ASHAs

4. Details of the Guests

Foundation for Reproductive Health Services India is a leading Indian Non-Governmental Organization working since 2009 to enable women and girls to exercise their reproductive rights and choice). The resource person Dr Sandhya Vyas had addressed students, Girls and ASHAs on



Cervical Cancer and also highlighted the use of Vaccines to protect and prevent themselves from this deadly disease.

5. Brief Description of the Event

Through this campaign we would try to change the behavior and attitude of females and insist them the use of sanitary napkins and vaccines to escape from Cervical cancer. Today the growing concern is that majority of the females do not have the knowledge of available vaccines which could protect them from deadly disease and the objective of the event is to provide them an opportunity to know about cervical cancer and measures to prevent it. The event was organized by Department of Economics in collaboration with FRHS (Foundation for Reproductive Health Services) India is a leading Indian Non-Governmental Organization working since 2009 to enable women and girls to exercise their reproductive rights and choice). The resource person Dr Sandhya Vyas had addressed students, Girls and ASHAs on Cervical Cancer and also highlighted the use of Vaccines to protect and prevent themselves from this deadly disease. Dr Sandhya Vyas had also answered the questions and queries of ASHAs and others and finally the volunteers distributed Sanitary napkins to the ASHAs and also narrated the significance of menstrual hygiene.

6. Brochure or creative of the event:

 **MANIPAL UNIVERSITY
JAIPUR**



Department of Economics, School of Humanities and Social Science

Resource Person



Dr. Sandhya vyas
Principal Specialist Obst. & Gynae
R.D.B.P. Jaipuria Govt. Hoapital Jaipur

in collaboration with

Directorate of Student Welfare & SAY Club

is organizing

Awareness Campaign

on

**Cervical Cancer &
Menstrual Hygiene**

November 08, 2022

Venue: FRHS, Nirman Nagar Jaipur

Contact Details:
Dr. Oum Kumari R
Mob: 9950473025

7. Photographs



Image at the venue of Foundation for Reproductive Health Services



Image Dr Sandhya Vyas facilitation by FRHS



Image Dr Sandhya Vyas with all women at the events

8. Schedule of the Event

S.NO.	Event	Date & Time	Venue
1	Awareness Campaign On Cervical Cancer & Menstrual Hygiene	8 th Nov 2022/ 11 AM	FRHS Nirman Nagar Jaipur

9. Attendance of the Event

Total 80 Students

S. No.	Name of Institution	Reg. No	Full name	Year	Branch
1	Manipal University Jaipur	200901164	Pratham Kapoor	3rd	BBA
2	Manipal University Jaipur	209403025	Akshvin K Singhal	3rd	B.Tech Mechatronics
3	Manipal University Jaipur	209303107	Ansh Chawla	3rd	CCE
4	Manipal University Jaipur	199303074	Vaibhav Vats	4th	CCE



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5	Manipal University Jaipur	201103019	Vani Ghai	3rd	BA Hons Psychology
6	Manipal University Jaipur	201105005	Yasha Taneja	3rd	BA Libral Arts
7	Manipal University Jaipur	201002005	Abhinav Wadhwa	3rd	Bsc.Biotechnology
8	Manipal University Jaipur	201007034	Garima Mahaur	3rd	Bsc. Psychology
9	Manipal University Jaipur	200901113	Aditya Mathur	3rd	BBA
10	Manipal University Jaipur	201103042	Navneet Bhukmariya	3rd	BA Hons Psychology
11	Manipal University Jaipur	209301040	Chandraveer Mathur	3rd	CSE
12	Manipal University Jaipur	201105015	Deepti Meena	3rd	BA Libral Arts
13	Manipal University Jaipur	209403017	Lohit Shandiliya	3rd	B. Tech Mechatronics
14	Manipal University Jaipur	209303345	Sejal Shrisale	3rd	CCE
15	Manipal University Jaipur	209303088	Atharva Chaudhari	3rd	CCE
16	Manipal University Jaipur	209302183	Siddharth Dhaka	3rd	B. Tech IT
17	Manipal University Jaipur	209302354	Raghav Ruia	3rd	B. Tech Mechatronics
18	Manipal University Jaipur	209301186	Aryan Bansal	3rd	CSE
19	Manipal University Jaipur	209301496	Pranav Shrivastava	3rd	CSE
20	Manipal University Jaipur	209302323	Priyam Agarwal	3rd	B. Tech IT
21	Manipal University Jaipur	209402037	Apar Gupta	3rd	Mechanical
22	Manipal University Jaipur	209301160	Vaibhav Shoree	3rd	CSE



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23	Manipal University Jaipur	201007007	Ayushi Gupta	3rd	Bsc. Hons. Psychology
24	Manipal University Jaipur	201015039	Parth Sharma	3rd	BCA
25	Manipal University Jaipur	209309042	Vikramaditya Hiran	3rd	DSE
26	Manipal University Jaipur	209303087	Akash Shedage	3rd	CCE
27	Manipal University Jaipur	209301086	Urvi Dhasmana	3rd	CSE
28	Manipal University Jaipur	201003007	Garima Ghaley	3rd	Bsc. Hons. Microbiology
29	Manipal University Jaipur	209303333	Nivedita Ramaesh	3rd	CCE
30	Manipal University Jaipur	201101037	Aishwarya Seth	3rd	BA-Economics
31	Manipal University Jaipur	219302360	Disha Agarwal	2nd	IT
32	Manipal University Jaipur	219302421	Bhavin Sehrawat	2nd	B.Tech IT
33	Manipal University Jaipur	219301155	Nishita Gogia	2nd	Btech CSE (Core)
34	Manipal University Jaipur	219311125	Yash verma	2nd	Cse iot
35	Manipal University Jaipur	210901018	Pratham choudhary	2nd	BBA
36	Manipal University Jaipur	219311161	Anisha Lamba	2nd	BTech in CSE
37	Manipal University Jaipur	229403013	Gunn Verma	1st	Mechatronics
38	Manipal University Jaipur	229302083	Vedic Varma	1st	CSE (CORE)
39	Manipal University Jaipur	229303191	Krishang Shukla	1st	BTech CCE
40	Manipal University Jaipur	229302371	Rishika Bhagawati	1st	Btech IT



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41	Manipal University Jaipur	229309218	Kartikey Sharma	1st	Btech data science
42	Manipal University Jaipur	221305021	Nehal Dashottar	1st	BBA LLB
43	Manipal University Jaipur	220113244	Daksh sharma	1st	BBA LLB
44	Manipal University Jaipur	229309035	Krishang Goel	1st	IT
45	Manipal University Jaipur	229311254	Gargi Arora	1st	CSE (IoT and IS)
46	Manipal University Jaipur	229303405	anav lamba	1st	CCE
47	Manipal University Jaipur	200901298	Rajeev Sharma	3rd	BBA
48	Manipal University Jaipur	209303239	Abhinav Jindal	3rd	IT
49	Manipal University Jaipur	209301053	Nadella Rutvik Ramana	3rd	CSE
50	Manipal University Jaipur	211007071	Anuja pol	2nd	Bsc psychology honors
51	Manipal University Jaipur	211007003	Lakshita	2nd	Bsc psychology honors
52	Manipal University Jaipur	219303064	Shobhit Bansal	2nd	CCE
53	Manipal University Jaipur	210903065	Prerana Singh	2nd	Bcom Accounting
54	Manipal University Jaipur	219301331	Ayush Goyal	2nd	CSE
55	Manipal University Jaipur	219310146	Yoshe vijay	2nd	BTech CSE
56	Manipal University Jaipur	210901317	Pranav Agarwal	2nd	BBA
57	Manipal University Jaipur	219309129	Nayonika Sharma	2nd	Btech Data Science
58	Manipal University Jaipur	219311064	Khushboo Tewari	2nd	CSE



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59	Manipal University Jaipur	210901184	Nihal	2nd	BBA
60	Manipal University Jaipur	219303126	Divyanshee Saxena	2nd	Btech CCE
61	Manipal University Jaipur	219301388	Madhur Dhingra	2nd	CSE
62	Manipal University Jaipur	219302301	Vanshika Singh Andotra	2nd	IT
63	Manipal University Jaipur	211103012	Jessica Agarwal	2nd	BA -psychology
64	Manipal University Jaipur	219310180	harshit shah	2nd	CSE
65	Manipal University Jaipur	211007011	Kashish parmar	2nd	Bsc psychology
66	Manipal University Jaipur	219403030	rupansh goyal	2nd	mechatronics
67	Manipal University Jaipur	219303120	Pravartika mishra	2nd	Btech IT
68	Manipal University Jaipur	219303066	Sivam Pratik	2nd	IT
69	Manipal University Jaipur	219301133	Soham Dixit	2nd	Btech CSE
70	Manipal University Jaipur	219301208	Divyansh Jain	2nd	Cse core
71	Manipal University Jaipur	229303405	anav lamba	1 st	CCE
72	Manipal University Jaipur	200901298	Rajeev Sharma	3 rd	BBA
73	Manipal University Jaipur	209303239	Abhinav Jindal	3 rd	IT
74	Manipal University Jaipur	209301053	Nadella Rutvik Ramana	3 rd	CSE
75	Manipal University Jaipur	211007071	Anuja pol	2nd	Bsc psychology hons
76	Manipal University Jaipur	211007003	Lakshita	2nd	Bsc psychology hons



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77	Manipal University Jaipur	219303064	Shobhit Bansal	2nd	CCE
78	Manipal University Jaipur	210903065	Prerana Singh	2nd	Bcom Accounting
79	Manipal University Jaipur	201003007	Garima Ghaley	3 rd	Bsc. Hons. Microbiology
80	Manipal University Jaipur	209303333	Nivedita Ramaesh	3 rd	CCE

(Hemant Kumar)

Assistant Director, Society Connect

Directorate of Student's Welfare

(Prof. AD Vyas)

Director, Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR



MANIPAL UNIVERSITY
JAIPUR

MUJ/DSW/SC/9 Nov 2022



MANIPAL UNIVERSITY
JAIPUR

DIRECTORATE OF STUDENT'S WELFARE

(SOCIETY CONNECT)

Rotaract Club

In collaboration with

School of Humanities & Social Sciences

Department of Psychology

Presents

Personal Health Hygiene & Peer Support for Mental Health

Venue: Aashray Care Home, Nirman Nagar Jaipur

Date of Event: 9th November 2022

Time: 2 PM-4 PM



Index

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4.	Details of the Guests	1
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1. Introduction of the Event

The Event took place on 9th November 2022 at AashrayCare Home from 2:00 PM to 4:00 PM. To spread awareness about the importance of menstrual hygiene and mental health, the event involved a combination of participative activities, videos, and small talks.

2. Objectives of the Event

- The objective of this social connect program was to create awareness about menstrual hygiene at Aashray Care homes Jaipur.

3. Beneficiaries of the Event

Female orphans who are residing at Ashray Care Home.

4. Details of the Guests

Aashray Care homes

The Aashray Care Home was established in 2006 by the Positive Women Network of Rajasthan. Harassment and stigma issues necessitated starting a care home for children affected by HIV and AIDS. Children living with HIV are in an extremely vulnerable situation because they are usually single or double orphans. Children usually get HIV infection from their mother during the pregnancy and birth. Because of lack of knowledge sometimes both the parents are affected and financially not capable to take care of infected child. Aashray take care of children of such families.

Currently there are 60 children between the ages of 5 to 18 years residing at the care homes. This initiative is supported by dedicated staff members and several individual volunteers and organizations. Parents and relatives of the children staying at the care home are free to visit the children at the care home. Family members are also counseled to take care of children during their home visits.

5. Brief Description of the Event

The aim of this social connect program is to create awareness about menstrual hygiene at



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Aashray Care homes Jaipur. Volunteers from all semesters (BA/BSc Psychology and MSc Clinical Psychology) visited Aashray. The event began with getting acquainted with the audience for the day, i.e., the kids at Aashray Care Home. They were then briefed about what is Mental Health and why is it important. A small video was also shown to them to highlight all aspects of menstrual hygiene. Interactive fun activities such as blowing balloons and hand painting were also organised. Sanitary Napkins were donated to the young girls at the organisation. In the end, everyone danced to playful music and beats to just enjoy.

5. Brochure or creative of the event:

**MANIPAL UNIVERSITY
JAIPUR**

**Department of Psychology
School of Humanities and Social Sciences**

in collaboration with

**Directorate of Student's Welfare
SOCIETY CONNECT**

Personal Health, Hygiene & Peer Support for Mental Health

November 09, 2022

Venue: Aashray Care Home Girls, Nirman Nagar, Jaipur

6. Photographs

7.



Image at AAshrey Care Homes



Images Students of MUJ doing fun activity



Image students making hand art on children's hands

7. Schedule of the Event

S.NO.	Event	Date & Time	Venue
1	Personal Health Hygiene & Peer Support for Mental Health	9 th Nov2022/ 2 PM	Aashray Care homes, Nirman Nagar, Jaipur

8. Attendance of the Event

Total 70 Students were present with 1 faculty

S. No.	Name of Institution	Reg. No	Full name	Year	Branch
1	Manipal University Jaipur	200901164	Pratham Kapoor	3rd	BBA
2	Manipal University Jaipur	209403025	Akshvin K Singhal	3rd	B.Tech Mechatronics



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3	Manipal University Jaipur	209303107	Ansh Chawla	3rd	CCE
4	Manipal University Jaipur	199303074	Vaibhav Vats	4th	CCE
5	Manipal University Jaipur	201103019	Vani Ghai	3rd	BA Hons Psychology
6	Manipal University Jaipur	201105005	Yasha Taneja	3rd	BA Libral Arts
7	Manipal University Jaipur	201002005	Abhinav Wadhwa	3rd	Bsc.Biotechnology
8	Manipal University Jaipur	201007034	Garima Mahaur	3rd	Bsc. Psychology
9	Manipal University Jaipur	200901113	Aditya Mathur	3rd	BBA
10	Manipal University Jaipur	201103042	Navneet Bhukmariya	3rd	BA Hons Psychology
11	Manipal University Jaipur	209301040	Chandraveer Mathur	3rd	CSE
12	Manipal University Jaipur	201105015	Deepti Meena	3rd	BA Libral Arts
13	Manipal University Jaipur	209403017	Lohit Shandiliya	3rd	B. Tech Mechatronics
14	Manipal University Jaipur	209303345	Sejal Shrisale	3rd	CCE
15	Manipal University Jaipur	209303088	Atharva Chaudhari	3rd	CCE
16	Manipal University Jaipur	209302183	Siddharth Dhaka	3rd	B. Tech IT
17	Manipal University Jaipur	209302354	Raghav Ruia	3rd	B. Tech Mechatronics
18	Manipal University Jaipur	209301186	Aryan Bansal	3rd	CSE
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20	Manipal University Jaipur	209302323	Priyam Agarwal	3rd	B. Tech IT



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21	Manipal University Jaipur	209402037	Apar Gupta	3rd	Mechanical
22	Manipal University Jaipur	209301160	Vaibhav Shoree	3rd	CSE
23	Manipal University Jaipur	201007007	Ayushi Gupta	3rd	Bsc. Hons. Psychology
24	Manipal University Jaipur	201015039	Parth Sharma	3rd	BCA
25	Manipal University Jaipur	209309042	Vikramaditya Hiran	3rd	DSE
26	Manipal University Jaipur	209303087	Akash Shedage	3rd	CCE
27	Manipal University Jaipur	209301086	Urvi Dhasmana	3rd	CSE
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30	Manipal University Jaipur	201101037	Aishwarya Seth	3rd	BA-Economics
31	Manipal University Jaipur	219302360	Disha Agarwal	2nd	IT
32	Manipal University Jaipur	219302421	Bhavin Sehrawat	2nd	B.Tech IT
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34	Manipal University Jaipur	219311125	Yash verma	2nd	Cse iot
35	Manipal University Jaipur	210901018	Pratham choudhary	2nd	BBA
36	Manipal University Jaipur	219311161	Anisha Lamba	2nd	BTech in CSE
37	Manipal University Jaipur	229403013	Gunn Verma	1st	Mechatronics
38	Manipal University Jaipur	229302083	Vedic Varma	1st	CSE (CORE)



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46	Manipal University Jaipur	229303405	anav lamba	1st	CCE
47	Manipal University Jaipur	200901298	Rajeev Sharma	3rd	BBA
48	Manipal University Jaipur	209303239	Abhinav Jindal	3rd	IT
49	Manipal University Jaipur	209301053	Nadella Rutvik Ramana	3rd	CSE
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51	Manipal University Jaipur	211007003	Lakshita	2nd	Bsc psychology honors
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53	Manipal University Jaipur	210903065	Prerana Singh	2nd	Bcom Accounting
54	Manipal University Jaipur	219301331	Ayush Goyal	2nd	CSE
55	Manipal University Jaipur	219310146	Yoshe vijay	2nd	BTech CSE
56	Manipal University Jaipur	210901317	Pranav Agarwal	2nd	BBA



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57	Manipal University Jaipur	219309129	Nayonika Sharma	2nd	Btech Data Science
58	Manipal University Jaipur	219311064	Khushboo Tewari	2nd	CSE
59	Manipal University Jaipur	210901184	Nihal	2nd	BBA
60	Manipal University Jaipur	219303126	Divyanshee Saxena	2nd	Btech CCE
61	Manipal University Jaipur	219301388	Madhur Dhingra	2nd	CSE
62	Manipal University Jaipur	219302301	Vanshika Singh Andotra	2nd	IT
63	Manipal University Jaipur	211103012	Jessica Agarwal	2nd	BA -psychology
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66	Manipal University Jaipur	219403030	rupansh goyal	2nd	mechatronics
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68	Manipal University Jaipur	219303066	Sivam Pratik	2nd	IT
69	Manipal University Jaipur	219301133	Soham Dixit	2nd	Btech CSE
70	Manipal University Jaipur	219301208	Divyansh Jain	2nd	Cse core
71	Manipal University Jaipur	209302342	SIDDHARTHA VARSHNEY	3 rd	IT
72	Manipal University Jaipur	209303181	SAMVIDHAAN SINGH	3 rd	IT
73	Manipal University Jaipur	209303196	ATHARV SATISH KOKATE	3 rd	IT
74	Manipal University Jaipur	209303208	NAINA GHAI	3 rd	IT



MANIPAL UNIVERSITY JAIPUR

75	Manipal University Jaipur	209303238	PRAJWAL BANG	3 rd	IT
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Dr Gargi Sharma
Faculty Coordinator

Dr. Bhavana Arya
HoD, Psychology

(Hemant Kumar)
Assistant Director, Society Connect
Directorate of Student's Welfare

(Prof. AD Vyas)
Director, Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

MUJ/DSW/SC/13 Aug 2022



DIRECTORATE OF STUDENT'S WELFARE

(SOCIETY CONNECT)

Rotaract Club MUJ

Presents

Organ Donation Day 2022

Date of Event : 13th August 2022

Time :12pm onwards

Venue : Instagram

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3.	Beneficiaries of the Event	3
4.	Brief Description of the Event	3
5.	Brochure or Creative of the Event(as per MUJ Brand Guidelines	4
6.	Schedule of the Event	5
7.	Link of MUJ website	5
8.	Attendance	5-6

1. Introduction of the Event

The Rotaract club of MUJ brings you an online remote event on this Organ Donation Day to bring awareness for the same. This event will focus on user interaction to create awareness about the importance of organ donation in today's time, through instagram live.

2. Objectives of the Event

- Inspirational Talk.
- To bring awareness among young minds about organ donation.

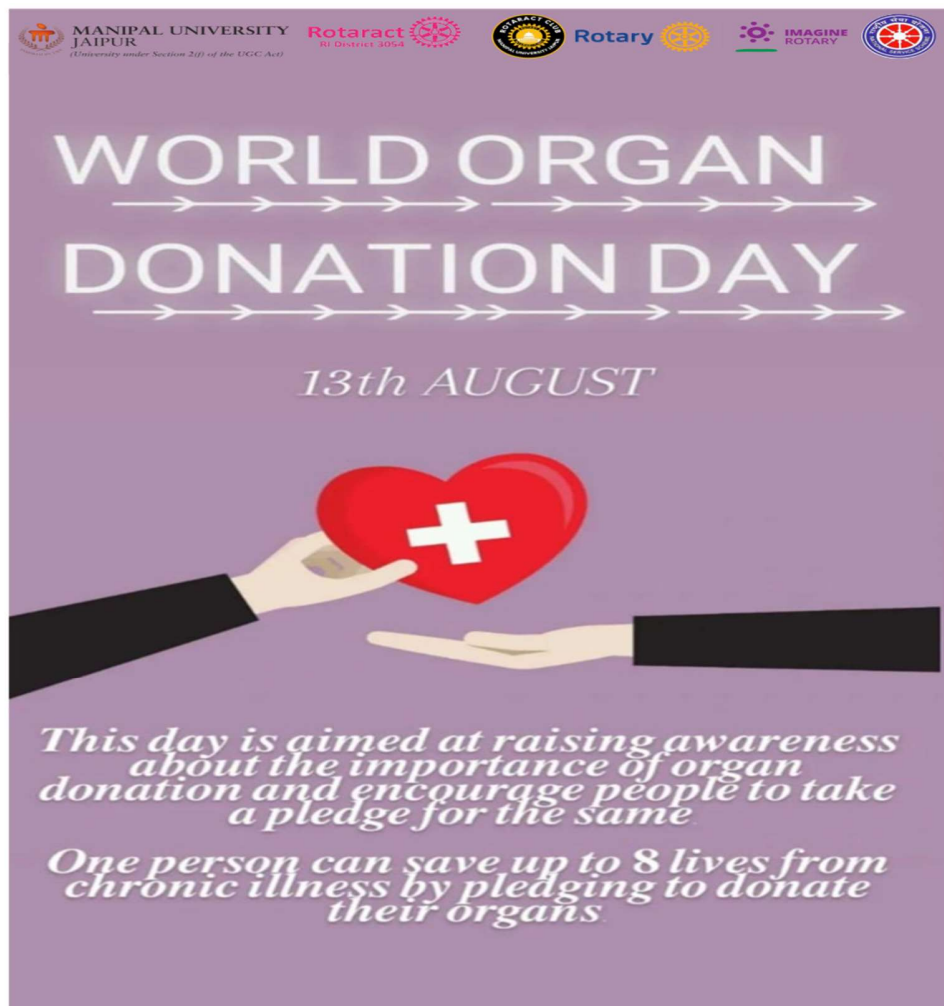
3. Beneficiaries of the Event

Rotaract Club MUJ instagram followers.

4. Brief Description of the Event

Organ Donation Day 2022 - Rotaract Club, MUJ organized an event wherein interactive Instagram live was done for the students to spread awareness about the importance of organ donation. 50+ students attended the live session, in the first part of the session the students were introduced as to who needs the organs, why to donate and how to approach hospitals for it. At the end there was a QnA session wherein students asked various questions about the same.

5. **Brochure or creative of the event (as per MUJ brand guidelines)**



6. **Schedule of the Event**

The event was held on 13th August 2022 on Instagram.

7. **Attendance**

S. No.	Name of Institution	Reg. No	Full name	Branch
1	Manipal University Jaipur	199303074	Vaibhav Vats	CCE

2	Manipal University Jaipur	200901113	Aditya Mathur	BBA
3	Manipal University Jaipur	200901164	Pratham Kapoor	BBA
4	Manipal University Jaipur	200901298	Rajeev Sharma	BBA
5	Manipal University Jaipur	201002005	Abhinav Wadhwa	Bsc.Biotechnology
6	Manipal University Jaipur	201003007	Garima Ghaley	Bsc. Hons. Microbiology
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9	Manipal University Jaipur	201015039	Parth Sharma	BCA
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16	Manipal University Jaipur	209301053	Nadella Rutvik Ramana	CSE
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18	Manipal University Jaipur	209301160	Vaibhav Shoree	CSE
19	Manipal University Jaipur	209301186	Aryan Bansal	CSE
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25	Manipal University Jaipur	209303088	Atharva Chaudhari	CCE
26	Manipal University Jaipur	209303107	Ansh Chawla	CCE

27	Manipal University Jaipur	209303239	Abhinav Jindal	IT
28	Manipal University Jaipur	209303333	Nivedita Ramaesh	CCE
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33	Manipal University Jaipur	209403025	Akshvin K Singhal	B.Tech Mechatronics
34	Manipal University Jaipur	210901018	Pratham choudhary	BBA
35	Manipal University Jaipur	210901025	Parv Kumar Singh	BBA
36	Manipal University Jaipur	210901028	Apoorva	Bba
37	Manipal University Jaipur	210901112	Tejashwini Joshi	BBA
38	Manipal University Jaipur	210901118	Manan Vyas	BBA
39	Manipal University Jaipur	210901140	Bhoomi Lodha	BBA

40	Manipal University Jaipur	210901167	Archie Agrawal	BBA
41	Manipal University Jaipur	210901184	Nihal	BBA
42	Manipal University Jaipur	210901317	Pranav Agarwal	BBA
43	Manipal University Jaipur	210901341	Kanika Mahajan	BBA
44	Manipal University Jaipur	210903065	Prerana Singh	Bcom Accounting
45	Manipal University Jaipur	210903075	Siddhant Garg	B. Com
46	Manipal University Jaipur	211007003	Lakshita	Bsc psychology hons
47	Manipal University Jaipur	211007008	Trishita Banerjee	BSc Psychology
48	Manipal University Jaipur	211007011	Kashish parmar	Bsc psychology
49	Manipal University Jaipur	211007024	Arundhati de	bsc psychology
50	Manipal University Jaipur	211007036	Manoj kumawat	B.sc Psychology
51	Manipal University Jaipur	211007043	Varnima Singh	Bsc. Psychology
52	Manipal University Jaipur	211007071	Anuja pol	Bsc psychology hons

53	Manipal University Jaipur	211015087	Pratyaksh Bhandari	BCA
54	Manipal University Jaipur	211103001	Nikeeta Chaudhary	BA Psychology
55	Manipal University Jaipur	211103012	Jessica Agarwal	BA - psychology
56	Manipal University Jaipur	211103019	Aishani Dutta	Ba psychology
57	Manipal University Jaipur	211103028	Avni Singh	BA- Psychology
58	Manipal University Jaipur	211201059	Madhav Methi	BAJ&MC
59	Manipal University Jaipur	211301067	Paavni chadha	Ba.llb
60	Manipal University Jaipur	219107001	Mohd kaif	Civil
61	Manipal University Jaipur	219301008	Isha goel	Btech CSE
62	Manipal University Jaipur	219301009	Aryav Goyal	Btec Cse
63	Manipal University Jaipur	219301078	Saurav Yadav	CSE
64	Manipal University Jaipur	219301133	Soham Dixit	Btech CSE
65	Manipal University Jaipur	219301134	Astitva Goel	CSE

66	Manipal University Jaipur	219301137	Aditya Pandey	CSE
67	Manipal University Jaipur	219301155	Nishita Gogia	Btech CSE (Core)
68	Manipal University Jaipur	219301207	Rishabh bassi	CSE
69	Manipal University Jaipur	219301208	Divyansh Jain	Cse core
70	Manipal University Jaipur	219301231	Devanshu Kejriwal	CSE
71	Manipal University Jaipur	219301235	Pratham Hariani	CSE
72	Manipal University Jaipur	219301238	Pulkit Kohli	CSE
73	Manipal University Jaipur	219301268	Datla Sai Prabhath Varma	CSE
74	Manipal University Jaipur	219301270	Paramesh Gurbaxani	CSE Core
75	Manipal University Jaipur	219301331	Ayush Goyal	CSE
76	Manipal University Jaipur	219301388	Madhur Dhingra	CSE
77	Manipal University Jaipur	219301390	Tanay Daga	Btech CSE
78	Manipal University Jaipur	219301588	Dhruv Kumar Pandey	CSE

79	Manipal University Jaipur	219301660	Shashwat Durugkar	CSE
80	Manipal University Jaipur	219302009	Ishaan Gulrajani	IT
81	Manipal University Jaipur	219302056	Harsh Pratap Singh	IT
82	Manipal University Jaipur	219302080	Nikshith Martha	IT
83	Manipal University Jaipur	219302116	sarthak garg	B.tech IT
84	Manipal University Jaipur	219302117	Shubhi Talati	Cse(aiml)
85	Manipal University Jaipur	219302198	Gautam Vhavle	IT
86	Manipal University Jaipur	219302203	Shreyans Jain	IT
87	Manipal University Jaipur	219302235	Prakhar Goel	IT
88	Manipal University Jaipur	219302301	Vanshika Singh Andotra	IT
89	Manipal University Jaipur	219302360	Disha Agarwal	IT
90	Manipal University Jaipur	219302408	Shivansh Tyagi	IT
91	Manipal University Jaipur	219302421	Bhavin Sehrawat	B.Tech IT



92	Manipal University Jaipur	219302476	Manan Tola	BTech -IT
93	Manipal University Jaipur	219303064	Shobhit Bansal	CCE
94	Manipal University Jaipur	219303066	Sivam Pratik	IT
95	Manipal University Jaipur	219303120	Pravartika mishra	Btech IT
96	Manipal University Jaipur	219303126	Divyanshee Saxena	Btech CCE
97	Manipal University Jaipur	219309057	Varun Mandloi	IT
98	Manipal University Jaipur	219309114	Vitika Vora	Data Science
99	Manipal University Jaipur	219309129	Nayonika Sharma	Btech Data Science
100	Manipal University Jaipur	219309139	Radhika sharma	CSE
101	Manipal University Jaipur	219310002	Purusharth Agarwal	Btech cse
102	Manipal University Jaipur	219310063	N.Nikhil	CSE
103	Manipal University Jaipur	219310123	Chirag chetwani	CSE
104	Manipal University Jaipur	219310146	Yoshe vijay	BTech CSE

105	Manipal University Jaipur	219310180	harshit shah	CSE
106	Manipal University Jaipur	219310182	Garvit Narula	BTECH CSE
107	Manipal University Jaipur	219310330	Tanu Rathee	CSE AI-ML
108	Manipal University Jaipur	219311006	Mayank Shekhar Pal	CSE(Iot and IS)
109	Manipal University Jaipur	219311064	Khushboo Tewari	CSE
110	Manipal University Jaipur	219311125	Yash verma	Cse iot
111	Manipal University Jaipur	219311161	Anisha Lamba	BTech in CSE
112	Manipal University Jaipur	219311264	Manu Kabra	BTech , CSE
113	Manipal University Jaipur	219311289	Khushi Shukla	CSE IOT
114	Manipal University Jaipur	219311321	Vaibhav Yadav	CCE
115	Manipal University Jaipur	219403013	Chirayu garg	Mechatronics
116	Manipal University Jaipur	219403030	rupansh goyal	mechatronics
117	Manipal University Jaipur	220113244	Daksh sharma	BBA LLB

118	Manipal University Jaipur	220901414	Ayush Jain	BBA
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8. Post event link

<https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>

 Rotaract Club President	 Faculty Head Rotaract Club
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(Hemant Kumar)
Assistant Director, Society Connect
Directorate of Student's Welfare



(Prof. AD Vyas)
Director, Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR



Mental Health Support for Students and Staff

The demands of university life are diverse and demanding. Academic expectations, coupled with social pressures and personal challenges, can create an environment where mental health issues can emerge or worsen. The transition to college can be especially challenging for many students, and it's during this time that accessible mental health support can make a crucial difference. The pressures of academic life, social challenges, and personal transitions can take a toll on the well-being of students and staff alike. Universities around the world have been stepping up to address these concerns by providing accessible and comprehensive mental health support services. Manipal University Jaipur mental health and the various support mechanisms they offer to students and staff. Manipal University Jaipur has become more adept at recognizing the signs of mental health issues among their students and staff. This involves training faculty and staff to identify signs of distress and offering resources to those who may be struggling. Creating awareness and reducing the stigma surrounding mental health is the first step in providing support. One of the primary ways Manipal University Jaipur is addressing mental health concerns is by offering counseling services (Annexure 16). Manipal University Jaipur provides access to trained mental health professionals who can offer individual or group therapy sessions. These services help students and staff manage stress, anxiety, depression, and a range of other mental health challenges. Recognizing that mental health crises can occur at any time, Manipal University Jaipur has established 24/7 helplines or crisis intervention teams. These resources are invaluable for those who find themselves in immediate distress or who simply need someone to talk to outside of regular office hours. Promoting mental health is not just about offering professional counseling; it's also about fostering supportive campus communities. Manipal University Jaipur organizes events, workshops, and peer support groups to create an inclusive and understanding atmosphere. Students and staff can connect with their peers, share their experiences, and find solidarity in knowing that they are not alone. Manipal University Jaipur is making good use of online resources and self-help tools to extend support. These include self-guided therapy modules, mental health apps, and informative websites that offer guidance on managing stress and anxiety.

Link to the Student Counselling: <https://jaipur.manipal.edu/muj/life-at-muj/Directorate-of-Student-Welfare/Student-Counselling.html>

Manipal University Jaipur is taking a proactive approach by offering mental health training and workshops to students and staff (Annexure 1, 2 & 3). These programs aim to equip individuals with the knowledge and skills to recognize and address mental health issues not only within themselves but also among their peers. By promoting a culture of understanding and support, universities contribute to a healthier campus environment (Annexure 3, 4, 5, 6, 7, 8, 9, 10, 11, 12). Accessible mental health support services, counseling, crisis intervention, and a supportive campus community are essential components of this effort (Annexure 13, 14 & 15). By recognizing the unique challenges that the university environment can pose and taking proactive steps to address them Manipal University Jaipur, is supporting the academic success of their constituents and fostering an atmosphere of empathy and resilience that can benefit individuals throughout their lives (Annexure 16 & 17).



DIRECTORATE OF STUDENTS' WELFARE

MIND OVER MATTER

PRESENTS

Mental health day

Counselling Event

OFFLINE EVENT

Date of Event (10th OCTOBER 2022)

(10:30am to 12:00pm)



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1. Introduction of the Event

Mind over Matter, the mental health club of Manipal University Jaipur(MUJ) organized a event for mental health day . The events were organized by the club Mind over matter in collaboration with the department of psychology and cactus to increase awareness through certain activities which engaged the students and also were effective in achieving the goal of imparting information about mental health. With the theme of Make Mental Health for all a Global Priority, and the aim to spread mental health awareness and break down stigmas mind over matter in collaboration with the directorate of student welfare and the department of psychology organized an event.

The event had it all from beautiful dance performances to informative sessions and even a performance by cactus the fashion and perception society of MUJ.

2. Objectives of the Event

- To spread awareness about mental health issues through our college
- To stand a point on suicide, and things closely related to it.
- To educate the participants about helping themselves and their closed ones with mental trauma and suicidal thoughts.
- To get ideas about suicidal prevention steps and methods.
- To understand self-love on a deeper level.

3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

On mental health day Mind over matter, the mental health club of MUJ organized an event on this day in collaboration with the psychology department and cactus club. Mental health encompasses emotional, psychological, and social well-being, influencing cognition, perception, and behaviour. It also determines how an individual handles stress, interpersonal relationships, and decision-making. Mental health includes subjective well-being, perceived self-efficacy, autonomy, competence, and emotional potential, among others. From the perspectives of positive psychology or holism, mental health may include an individual's ability to enjoy life and to create a balance between life activities and efforts to achieve psychological resilience. Considering how much of a role your mental health plays in each aspect of your life, it's important to guard and improve psychological wellness using appropriate measures. The event was hosted by Aradhna the content head of Mind Over Matter. The event started with the auspicious lamp-lighting ritual followed by a beautiful performance by the department of psychology students of Ganesh Vandana. Ganesha is the **God of learning and knowledge and his devotion teaches one to be responsible and farsighted enough to differentiate between good and bad**. This is one of the main purposes of invoking Ganesha before any important event.

Dr Bhavana Arya maam head of the psychology department addressed the gathering as well. She delivered the concept note. Following that professor, Richa Arora mam addressed the gathering. After that registrar also graced the event with her presence and addressed the gathering. A session regarding menstrual health and hygiene was next by Dr Ranjana Jain. She talked about menstrual health and hygiene. How one can prevent infections and other diseases and how to discard menstrual waste and all the cleaning measures that are to be taken, and sanitary pads were also distributed amongst the universities sanitation staff. The department of psychology also presented a beautiful skit depicting the daily struggles that we all face. It was based on the theme that we as humans can be very ignorant of each other's happiness and sorrows. we could be in a room full of people and yet not see any one of



them, that's how blind humans can be to each other's happiness and sorrows. the department of psychology tried to shed light on this very human flaw through the means of the beautiful skit. Then, a much-awaited performance by cactus the fashion and perception society of MUJ displayed a breathtaking performance named expressions. In this performance, they displayed several emotions through a very different lens. Following cactus's performance was an insightful session with a registered psychiatrist Dr Raghav shah. the topic covered during this session was making mental health a global priority. The psychiatrist covered a wide range of topics from depression and anxiety to addiction and substance abuse. Following this, a question-answer round was done by sir where he answered several questions such as whether procrastination can be addicting etc. throughout this, mental health week a lot of events and competitions were held so small glimpses of video was played to relive them. Following this, there was a price distribution ceremony for the winners of the postcard competition. Then, Ms Vandana Kabra presented a thoughtful vote of thanks to conclude the event.

5. Photographs of the Event



Fig1. The speaker is addressing the audience.



Fig 2. Photo of the audience in the auditorium.



Fig 3. University sanitation workers listening to the speaker.



Fig4. Faculty is addressing the audience.

6. Brochure of Event

MANIPAL UNIVERSITY
JAIPUR

MOM
MIND OVER MATTER

DIRECTORATE OF STUDENT WELFARE
Mind Over Matter
in collaboration with
ECHOES & CACTUS

- Fashion Walk portraying emotions by Cactus
- Various Activities by Psychology Department
- Informative Session by Dr. Raghav Shah (Consultant and Director of department of psychiatry & deaddiction)

10th October 2022 10:30 Am Sharda Pai Auditorium

echoes.



7. Schedule of the Event

The event took place offline in campus.

Date: 10-10-2022

Time: 10:30 am to 12:00pm

8. Attendance of the Event

total attendance of the event – 427 students

Serial No.	Name	Registration No.
1.	AANANYA YADAV	221103003
2.	AARNA TIWARI	221103014
3.	ADITI SINGH	221103007
4.	AMISHA GURUNG	221103048
5.	AMITHI BASNOTRA	221103024
6.	ANAGHA G NAIR	221103054
7.	ANAMIKA.R R	221103030
8.	ANANYA MACHIWAL	221103068
9.	ANANYA SHAH	221103029
10.	ANIKA MISHRA	221103055
11.	ANKITA DAS	221103071
12.	ANUSHKA BANERJI	221007002
13.	APRAJITA SINGH RATHORE	221103049
14.	AURO MAHESHAN	221103037
15.	AYANA TAKSHAK	221103058
16.	CHAITALI VIKAS PATIL	221103077
17.	CHAVI KHANDELWAL	221103087
18.	CHOSZIN NILZA WANGMO	221103088
19.	DHRUV SINGH RATHOR	221103080
20.	GAUTHAM KRISHNA G	221103051
21.	HARSHITA DADHICH	221103061
22.	HEMANGINI KUMARI	221103086
23.	ISHA GOYAL	221103015
24.	ISHA GUPTA	221103065
25.	ISHI KACHOLE	221103021
26.	ISHIKA BAHETI	221103085
27.	KARISHMA BISHT	221103008
28.	KASHISH CHOUDHARY	221103053
29.	KIRAN CHAUDHARY	221103063
30.	KOMAL YOGESH SHAH	221103004
31.	KRITIKA	221103064
32.	KRITIKA BORO	221103002
33.	KUSHAGRI AGARWAL	221103032
34.	MOHIT KUMAR	221103044
35.	MUSKAAN NARESH SADHNANI	221103013



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36.	NAISHA LAMBA	221103034
37.	NIHARIKA PARIHAR	221103070
38.	OJASVI RATURI	221103073
39.	PALLAVI DUBEY	221103081
40.	POOJA .	221103056
41.	PRASIDDHI SINGH JAT	221103040
42.	RIYA DHANOPIA	221103089
43.	RUBAINA NAGPAL	221103075
44.	RUSHIL SUDRANIA	221103090
45.	SAANVI GUPTA	221103027
46.	SAMEEKSHA DIXIT	221103016
47.	SANJANA SUDHINDRA	221103038
48.	SANSKRITI SHARMA	221103012
49.	SHAMBHAVI SHARMA	221103074
50.	SHIKHA WADHWANI	221103035
51.	SHIVANI DAYAL	221103059
52.	SHREYA BHARDWAJ	221103095
53.	SINDHUJA RASTOGI	221103079
54.	SNEHA PATNI	221103006
55.	SNEHAL JHANWAR	221103060
56.	SRSHTI JOSHI	221103026
57.	SWASTIKA GAUTAM	221103022
58.	T VINNILA RAO	221103091
59.	TANISHA UPADHYAY	221103041
60.	TANYA SHARMA	221103092
61.	TWISHA SHUKLA	221103036
62.	UDAY VASHISHTHA	221103050
63.	USHASI BHATTACHARYA	221103011
64.	VAGISHA KUMAR	221103078
65.	VANSHIKA AGARWAL	221103017
66.	AAANCHAL CHAKRABORTY	221103045
67.	DHRUV RAY	221103033
68.	EVA BHATI	221103082
69.	GAURANGNAA SINGH	221103062
70.	GAURAV SOLANKI	221103096
71.	ISHIKA CHOUDHARY	221103042
72.	JANAKNANDINI SINGH	221103093
73.	KHUSHI JAIN	221103052
74.	MANYA MANGLA	221103043
75.	NEHA CHOUDHARY	221103066
76.	NEHA SWABNAM	221103076
77.	PALAK JAIN	221103094
78.	PARIDHI MEENA	221103097
79.	PRIYANKA MISHRA	221103031
80.	SHRIYA AGARWAL	221103083
81.	SOUMYA SHARMA	221103067
82.	TAMANNA MITTAL	221103072
83.	TANISHA GUPTA	221103084



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84.	VRUNDA MAHESHWARI	221103057
85.	YUVRAJ SINGH	221103069
86.	JAANAVI TIWARI	201103006
87.	ARCHISHA GORSI	201103007
88.	SUHINA TIWARY	201103015
89.	ANASHWARA SHARMA	201103020
90.	BHARTI ARYA	201103022
91.	MEDHA MENON	201103025
92.	SURABHI BIJURKAR	201103027
93.	AISHANYA UPADHYAYA	201103030
94.	PRANSHI GOYAL	201103031
95.	ZAARA MUSTAKIM	201103034
96.	DIVANSHI KHANDELWAL	201103035
97.	ASHNA SETH	201103036
98.	RASHMI	201103037
99.	BHOOMIKA PATNI	201103038
100.	TANISHKA KUMAR	201103039
101.	HARLEEN KAUR	201103041
102.	SHRUTI JAIN	201103046
103.	DEVANGNAA SINGH	201103047
104.	SHRIYA SHARMA	201103048
105.	ISHITA JAIN	201103051
106.	YUVIKA SINGH	201103057
107.	AISHWARYA DIXIT	201103059
108.	SHARON JOSEPH	201103060
109.	SREEPRABHA PURAKKAT MANGHAT	201103061
110.	NIYATHI KOSURI	201103062
111.	LOVANYA ROHTAGI	201103064
112.	GUNVEEN KAUR	201103065
113.	DEVIKA VADEHRA	201103068
114.	VANI GHAI	201103019
115.	AANAND	201103021
116.	PREKSHA PAREEK	201103024
117.	ARYAN PANDEY	201103026
118.	PRARTHANA C S	201103032
119.	ASMI TAK	201103045
120.	GAURAV KUSHWAHA	201103055
121.	Himanshu Gahlot	201103063
122.	NAVNEET BHUKHMARIYA	201103042
123.	MEGHNA SAINI	201103052
124.	ANANTA TICKOO	201103056
125.	SUGANDHA ANEJA	201103054
126.	NITYA CHAUHAN	201103004
127.	AARYAN GANGULI	201103008
128.	KARISHMA MEHRA	201103043
129.	SHREYA BHASIN	201103050
130.	SONIA MONDAL	201103053



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131.	AKSHAT VYAS	201103066
132.	KONARK SONI	201103067
133.	LAKSHITA	211007003
134.	NAVYA PANDEY	211007004
135.	URJA DOGRA	211007005
136.	PRADYUMN SARASWAT	211007006
137.	TRISHITA BIPLAB BANERJEE	211007008
138.	APARNA AYYAGARI	211007009
139.	MUSKAAN GUPTA	211007010
140.	KASHISH PARMAR	211007011
141.	KHUSHI PANWAR	211007014
142.	ANANYA PURANIK	211007015
143.	BETZY M BINU	211007017
144.	SONAXI TAK	211007018
145.	ANKU KUMARI	211007019
146.	YASHI SHARMA	211007020
147.	ADITI TALESRA	211007021
148.	TANISHQ JAJOO	211007022
149.	VISHRUTI MANOJ MISHRA	211007023
150.	ARUNDHATI DE	211007024
151.	SAKSHI MOHAN	211007025
152.	KASHISH ZALANI	211007026
153.	AMRITA SINHA	211007027
154.	ABHAY DADHICH	211007028
155.	AMITRASUDAN H	211007029
156.	MADHUWANT KARTHIK	211007030
157.	OM TIWARI	211007031
158.	HEEPOSH PANDITA	211007032
159.	PRERNA SINGH	211007033
160.	CHINMAYEE DAHAKE	211007034
161.	ADITYA RAJ PREM	211007035
162.	MANOJ KUMAWAT	211007036
163.	VANSHIKA PARMAR	211007037
164.	SUSHANT ANAND PILLAY	211007038
165.	KASHISH CHADHA	211007040
166.	HIMANSHI PUNJABI	211007042
167.	VARNIMA SINGH	211007043
168.	VRUTI SANJAYBHAI PATEL	211007044
169.	APOORVA KHARB	211007045
170.	PRIYANKA AGRAHARI	211007046
171.	MANAN OSWAL	211007047
172.	UJJWALA KANYAL	211007048
173.	AASHIMA SHRIVASTAVA	211007049
174.	JAY KUMAR PATEL	211007050
175.	KEMYA NAYYAR	211007051
176.	ARADHNA JUNEJA	211007052
177.	AYUSHI SHARMA	211007053
178.	MOUSUMI DAS	211007054



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179.	SANKALP SINGH SANKHALA	211007055
180.	RAUNISH DEV	211007056
181.	HANSIKA KHANDELWAL	211007057
182.	KANISHKA TYAGI	211007058
183.	DRAKSHA JOGIANI	211007059
184.	HARSHIT GULPADIYA	211007060
185.	TANISHA CHADHA	211007061
186.	TANISHKA SAINI	211007062
187.	SRISHTI KHANNA	211007063
188.	MEGHANA V HEGDE	211007064
189.	MANISH SAHU	211007065
190.	SWARNIMA RAWAT	211007066
191.	ISHIKA JAISWAL	211007067
192.	BHANVI	211007068
193.	ANUSHKA	211007069
194.	DHANSHRI SANDEEP GAUTAM	211007070
195.	ANUJA POL	211007071
196.	DIVYANSHI SHEKHAWAT	211007072
197.	SUDHANSHU SAINI	211007073
198.	PRIYANSHU KUMAR	211007074
199.	MANSI BHALLA	211007075
200.	RICHA GAUTAM	211007077
201.	RITIKA SINGH	211007079
202.	KANIKA SHARMA	211007080
203.	NIKEETA CHAUDHARY	211103001
204.	SIDDHI VIJAY GUJAR	211103002
205.	ADRIANNE FELICIA PINTO	211103003
206.	DIYA GHOSH	211103005
207.	SRISHTI MALHOTRA	211103006
208.	MEGHNA PRABHAKAR	211103009
209.	MIHIKA PATHAK	211103011
210.	JESSICA AGARWAL	211103012
211.	SHUBHANGI SHARMA	211103015
212.	ISHA MAGADH	211103017
213.	DARSHITA DAGA	211103018
214.	AISHANI DUTTA	211103019
215.	ANOUSHKA KANTROO	211103020
216.	KHUSHI AGARWALLA	211103021
217.	MINAKSHI KANWAR	211103022
218.	VARNIKA JAIN	211103023
219.	SALONI KANWAR SHEKHAWAT	211103025
220.	PRANALI GUPTA	211103026
221.	SRIMOYEE SEN	211103027
222.	AVNI SINGH	211103028
223.	DUHITA SAXENA	211103029
224.	PARI LALWANI	211103032
225.	GUNJAN SONI	211103033
226.	AASTHA MEHRA	211103034



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227.	PRAKRITI GOSWAMI	211103035
228.	PARIDHI CHAUHAN	211103036
229.	VIDUSHI KASNIYA	211103037
230.	NANDINI RAJAWAT	211103038
231.	SANYA AHUJA	211103040
232.	KRIKA SHARMA	211103041
233.	KAJOL JEESANY	211103042
234.	PRIYANKA TALUKDAR	211103043
235.	HITA MATHUR	211103044
236.	RHEA NAIR	211103045
237.	SREEMOYEE SENGUPTA	211103046
238.	PAVNI SHARMA	211103047
239.	SHREYAS SACHENDRA KAPU	211103048
240.	KRITI CHAKRAVORTY	211103049
241.	SARVESH NAYYAR	211103050
242.	SHUBHANSHI GARG	211103051
243.	LOHIT KAPOOR	211103052
244.	SHUBHI SHARMA	211103053
245.	ARYAN SHIVDAS MAHTO	211103054
246.	SIA KATARIA	211103056
247.	JASMINE SINGH	211103058
248.	ADITI	211103059
249.	POORVI NASA	211103060
250.	SAHIL CHOUDHARY	211103061
251.	MANASI SUDINDRA	211103063
252.	MANSI CHOUDHARY	211103064
253.	DEEPIKA	211103065
254.	KASHISH PREM DAVE	211103066
255.	HIYA BOHRA	211103067
256.	DEVYANI SINGH RATHORE	211103069
257.	DIYA MEHTA	211103070
258.	ARUSH CHAUHAN	211103071
259.	DIA UPADHYAY	211103073
260.	PARTH ARORA	211103074
261.	ANVESHA SHEKHER	211103075
262.	SANMAI PATHAK	211103077
263.	SANVEE NAGAPAL	211103078
264.	ROMELL JOHN	211103079
265.	SAIYONI KHANDELWAL	211103082
266.	POORVI MAHESHWARI	211103083
267.	ANUSHKA BHATI	211103084
268.	VIDHI SHAW	211103085
269.	KHUSHI SHARMA	211103086
270.	ANJALI JAIN	211103087
271.	AVIRAL SINGHAL	211103088
272.	ASHOK KUMAR BHANWARARAMCHOUDHARY	211103089
273.	RISHITA BISWAS	211103090



MANIPAL UNIVERSITY JAIPUR

274.	SHREEYA JANGID	211103091
275.	KHYATI	211103092
276.	VANSHIKA DEVNANI	211103093
277.	CHARVI KHANDELWAL	211103094
278.	MANTAJ BRAR	211103095
279.	ASHNA AGNANI	211103096
280.	TUSHAR SHARMA	211103097
281.	SYEDDA UMMEHANI RAUHAAN	211103098
282.	RIYA BHATT	211103099
283.	SHUBHANGI TAK	211103101
284.	BHAVYA JAIN	211103102
285.	RADHIKA KHANDELWAL	211103103
286.	ANTRA RAI	211103104
287.	SAANYA PANKAJ	211103105
288.	AAROHI JAIN	221016048
289.	ABHA DANDE	221016042
290.	ADITI	221016047
291.	ADVIKA KHANNA	221016007
292.	AISHWARYA SATISH BHATKAR	221016004
293.	ALTA SUSAN JACOB	221016052
294.	ANISHA BANWALA	221016049
295.	ANUSHKA NADAR	221016013
296.	ANUSHTHA RAKESH CHILLURE	221016009
297.	ARGHAWALI JAIN	221016015
298.	ARUNDHATI PRASAD	221016059
299.	ASHUTOSH SANTOSH TIWARI	221016035
300.	AYUSHI SHARMA	221016068
301.	BHAVIKA AHUJA	221016062
302.	CHAHAT CHAUDHARY	221016016
303.	CHARUL DEEPAK GUPTA	221016058
304.	DEVIKA IRNY	221016036
305.	DIKSHA ROOPWANI	221016031
306.	DIVYA DIDEL	221016005
307.	G TULASI	221016067
308.	GARGI RAJESH GUPTA	221016038
309.	GOURANK KHANDELWAL	221016039
310.	JANHVI MISHRA	221016056
311.	JOVINA MELYN REGI	221016008
312.	KARNIKA KAPOOR	221016027
313.	KOMAL JAIN	221016061
314.	LAVANYA BISHNOI	221016060
315.	MANSI PRAKASH BHATI	221016012
316.	MIHIR RAWTANI	221016019
317.	STUTI MATHUR	221016055
318.	NEHA MITTAL	221016023
319.	PRATHIKSHA VENKATESWARAN	221016002
320.	RAMESHWARI RATHORE	221016045
321.	RENU KUMARI	221016053



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328.	SUHANI BHATNAGAR	221016003
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330.	TISHA BHATIA	221016020
331.	URVASHI CHOUHAN	221016051
332.	VAISHNAVEE KUMARI RATHORE	221016010
333.	VANI DIVAKAR SHETTY	221016026
334.	YOGITA SANTOSH APPUR	221016030
335.	AANCHAL SANKHLA	221016069
336.	DIYA RAJESH SANGHVI	221016028
337.	HANUPRIYA SHARMA	221016064
338.	HARSHITA MAHESHWARI	221016054
339.	KRUTI MAHADEV PATIL	221016066
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341.	RIYA JAIN	221016018
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343.	SRISHTI JHALANI	221016025
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345.	SURYANSHU ANAND	221016063
346.	YOGESH GUPTA	221016065
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348.	ADITI MISHRA	211016002
349.	DEEYA JAIN	211016003
350.	YASHVI BADANI	211016004
351.	AAMRUSHA SINGH	211016005
352.	ANKITA RAJASEKHARAN	211016006
353.	ISRAELA PINTO	211016007
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355.	AASTHA WADHWA	211016010
356.	VRUSHA SHAH	211016011
357.	ANUSHKA GOYAL	211016012
358.	RASHI GARG	211016014
359.	JESSICA CHAWLA	211016016
360.	BABANPREET KAUR NARULA	211016017
361.	SURBHI	211016018
362.	KINJAL AMETA	211016019
363.	ESHA LOPES	211016020
364.	SRISHTI SABHARWAL	211016021
365.	PILLAI ANJALI SATISH	211016024
366.	THEERTHA RAJEEV	211016025
367.	KEZIAH ELSA MATHEW	211016026
368.	NAMITA GOPINATH	211016027



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371.	DRISHYA	211016033
372.	NIDHI PATODIA	211016035
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374.	MANSI TYAGI	211016038
375.	PRIYANKA SAINI	211016039
376.	SNEHA PRAHARAJ	211016040
377.	MAITRI THAKKAR	211016042
378.	KARAN SINGH	211016044
379.	ADITI BHATTAD	211016045
380.	ASHI MOURYA	211016046
381.	SHLOKA SHANBHAG	211016047
382.	SAMRIDHI KAVIA	211016049
383.	NISHKA MEHTA	211016051
384.	NANDINI KESHWANI	211016052
385.	DRISHTI SADANA	211016053
386.	SHRUTI JAIN	211016055
387.	KRISHNA PATEL	211016056
388.	NISHA KANWAR	211016058
389.	PRANJAL MESTRY	211016059
390.	RAJVIR SINGH	211016060
391.	NISHTHA MOUDGIL	211016062
392.	ASHWITA NARAIN	211016064
393.	VANSHIKA AGARWAL	211016065
394.	SHREYA SAXENA	211016066
395.	DIPRA AGARWAL	211016067
396.	SARAH CARVALHO	211016068
397.	TANIA PRABHU DOSS	211016069
398.	RADHA GOPAL KRISHNAN	211016070
399.	KAMBALA SIREESHA	211016071
400.	KANISHKA	211016072
401.	KHUSHBOO VASHISHTH	211016073
402.	RISHIKA JAIN	211016074
403.	KRUPA SHETH	211016075
404.	GAZAL PODDAR	211016077
405.	DIVYA BELWAL	211016078
406.	PRIYANKA DEVI	211016080
407.	SNIGDHA ROY	211016081
408.	MRINAL VALKE	211016082
409.	SAKSHI SHAH	211016083
410.	NAOMI SHAH	211016084
411.	AYSHA KHURSHEED	211016085
412.	K BHARGAVI	211016086
413.	PODUVAL ADITI VINAYAN	211016087
414.	VASVI SINGH	211016088
415.	SANSKRUTI	211016089
416.	NIRALASA	211016090



417.	VIDYA KAUSHIK	211016091
418.	SIDDHI PANDEY	211016092
419.	SIMRAN JEET	211016093
420.	RITWIKA DEB	211016094
421.	MAYURAKSHI GHOSH	211016095
422.	SRUJA	211016096
423.	VEDIKA KARNANI	211016097
424.	ROHINI NEWAR	211016099
425.	SHEETAL SINHA	211016100
426.	BHAVINI RATHORE	211016101
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9.Link of MUJ website

No link was there.

Student coordinator

Garima Kaushik

President, Mind Over Matter, MUJ

Signature of the student coordinator

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare



MANIPAL UNIVERSITY
JAIPUR

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



MANIPAL UNIVERSITY
JAIPUR



DIRECTORATE OF STUDENTS' WELFARE

MIND OVER MATTER

PRESENTS

Groove on Zumba

Oneiros Event

OFFLINE EVENT

VENUE: AB1

Date of Event (15th September 2022)

(3:00 PM - 4:00 PM)



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1. Introduction of the Event

Mind Over Matter the mental health club of MUJ organized an offline event called ‘Groove on Zumba’ during Oneiros, 2022. It was conducted in the AB1 lobby area on the third day of Oneiros 2022 (Manipal University Jaipur’s cultural fest). The main agenda of the event was to spread awareness about mental health and motivate people to partake in a Zumba dance exercise that helps an individual stay physically fit and mentally active. The event educated us about the importance of physical fitness - through the Zumba dance - and its impact on mental well-being. The importance of one’s physical well-being directly affecting one’s mental state is well heard in every country worldwide. This event took the initiative of making Manipal University Jaipur’s students engage in this initiative to not only have fun while dancing, but also improve their fitness in doing so. Our executive and core team of the club guided the participants on the dance floor, teaching them the simplistic moves that would engage them in a fun-filled activity and help them achieve a better physical condition.

2. Objectives of the Event

To spread awareness about mental health issues through our college.

- To engage students in a fun-filled physical activity.
- To educate the participants about their physical well-being through dance moves.
- To help participants understand the link physical well-being has with mental health.
- To engage the student community in collectivity working out whilst having fun.

3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

Oneiros is the largest cultural fest of Manipal University Jaipur. This event took place on the third day of Oneiros when the student body was mainly tired and expended their energies in other events on days one and two. By conducting this event on the third day, Mind Over Matter put forward the initiative of livening up the spirits of the worn-out student body community through simplistic Zumba dance moves.

The series of activities held through the event of Groove on Zumba included doing Zumba dance on Bollywood songs, riddle, and tongue Twister. Zumba targets lots of different muscle groups at once for total body toning. Boosts your heart health. You not only get aerobic benefits (it gets your heart rate up), but you also get anaerobic benefits – the kind that helps you maintain a good cardiovascular respiratory system. Helps you de-stress. Performing Zumba with beats of music also refreshes your mood and is a great way to bust stress.

It improves your overall mental fitness, as it melts away stress, boosts your mood, and makes you happier.

The executive and core team led the event by stepping ahead on the platform and kick-starting this energetic event through warm-up exercises on groovy Bollywood songs. The vice president of MOM (Priyasha Singh) led the event. The steps were in the form of simple cardio exercises that helped the body warm up without exerting much physical effort. Then the dance pace picked up and the beats



increased the pace of the dance moves. The students in the crowd, motivated by vigor and enthusiasm stepped up and volunteered to dance to the catchy tunes on the spot. A huge crowd gathered around to understand the nature of the event while simultaneously partaking in this fun-filled activity. The event was sponsored by red bull.

Later, after the dance session concluded, willing participants played games like riddle and tongue twister to win exciting red-bull drink prices. The event was felicitated by the general secretary (Tanya) and the winners were rewarded by Garima Kaushik (president of the club). Everyone - from participants to onlookers - understood the link between good physical and mental well-being healthily and excitingly.

With that, the event ended on a positive, educational, and extremely purposeful note.

5. Photographs of the Event



Fig 1. Participants are drinking red bull



Fig 2. Picture of Zumba dance



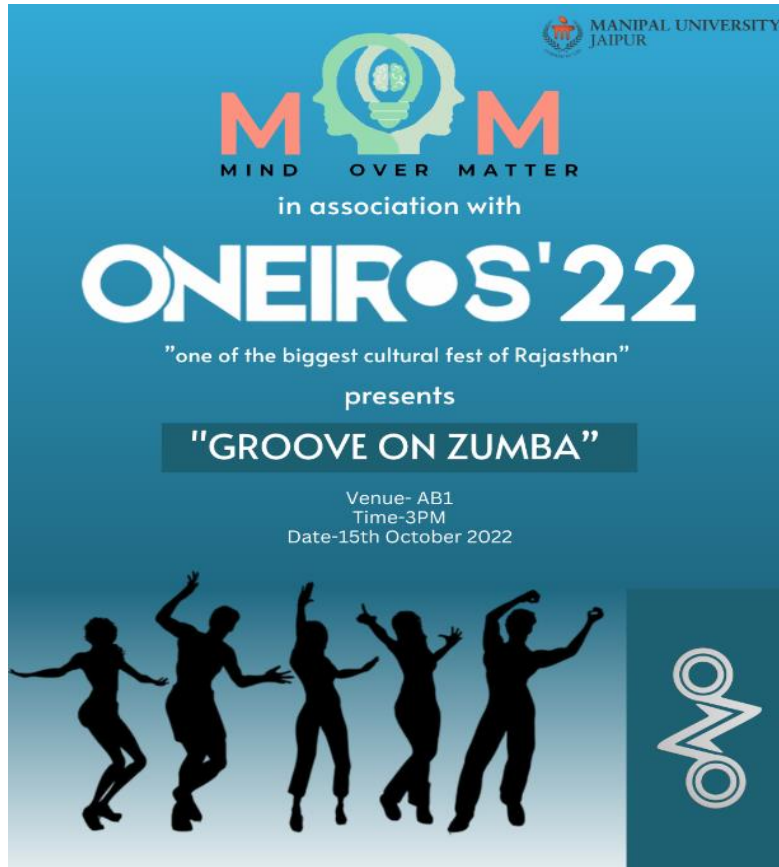
Fig3. Mom core team.



Fig 4. Warm up before Zumba session



6. Brochure of Event



7. Schedule of the Event

The event took place online on campus AB1

Date: 15th October 2022

Time: 3:00pm to 4:00 pm

8. Attendance of the event

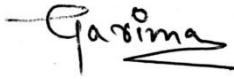
Total number of attendees were 150.

9. Link of MUJ website

<https://unstop.com/p/groove-on-zumba-dance-event-oneiros-22-revive-manipal-university-mu-jaipur-455157>



Student coordinator



Garima Kaushik

President, Mind Over Matter, MUJ

Signature of the student coordinator

Faculty coordinator



(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare



(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare



(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare



MANIPAL UNIVERSITY
JAIPUR

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



**MANIPAL UNIVERSITY
JAIPUR**

DIRECTORATE OF STUDENTS' WELFARE

MUJ/DSW/Student Clubs/2022/LEARNIT/18th January

MENTAL HEALTH TALK

Online Event

(No Financial Involvement from MUJ)

Date:18TH January 2022



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1. Introduction of the Event

Understanding & Managing negative emotions: Stress and anxiety is a mental health talk session organized by LearnIT. Having stress and anxiety is normal, but to manage it is very crucial. Knowing the impact of stress and anxiety on our brains and how to identify signs and symptoms of increased stress and anxiety to manage it efficiently is what will be highlighted in the event.

2. Objective of the Event

This event and the people associated to it aims to guide students about managing emotions, particularly Stress and anxiety which seems too common among students in recent times and increase confidence.

The session aims to create awareness and understanding mental health and impact it creates in one's life.

3. Beneficiaries of the Event

All the students will be able to identify stress and anxiety and learn how to manage it effectively. The students who are suffering or knows anyone who are suffering around them will get help and be able to manage emotions at difficult times. Vulnerable population – Those with higher stress will be able to know how to take a respite from it and everyone will know about the importance of mental health and how to manage it especially at such difficult time.

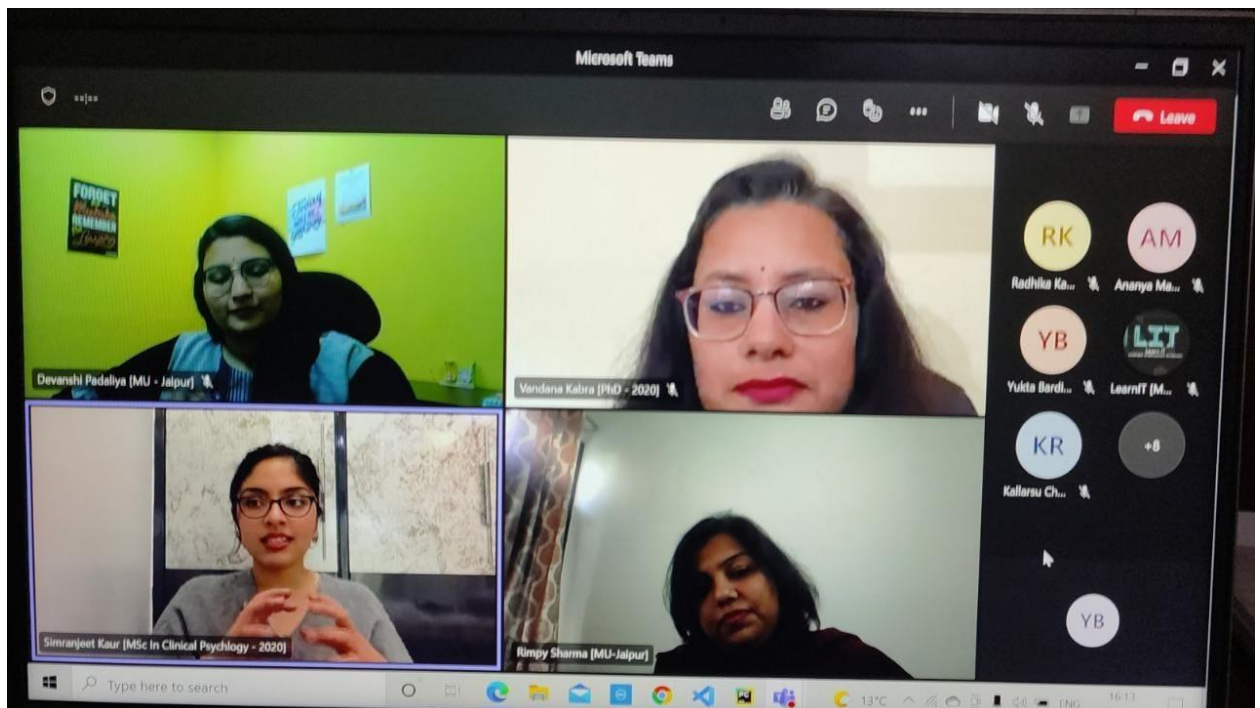
4. Brief Description of the event

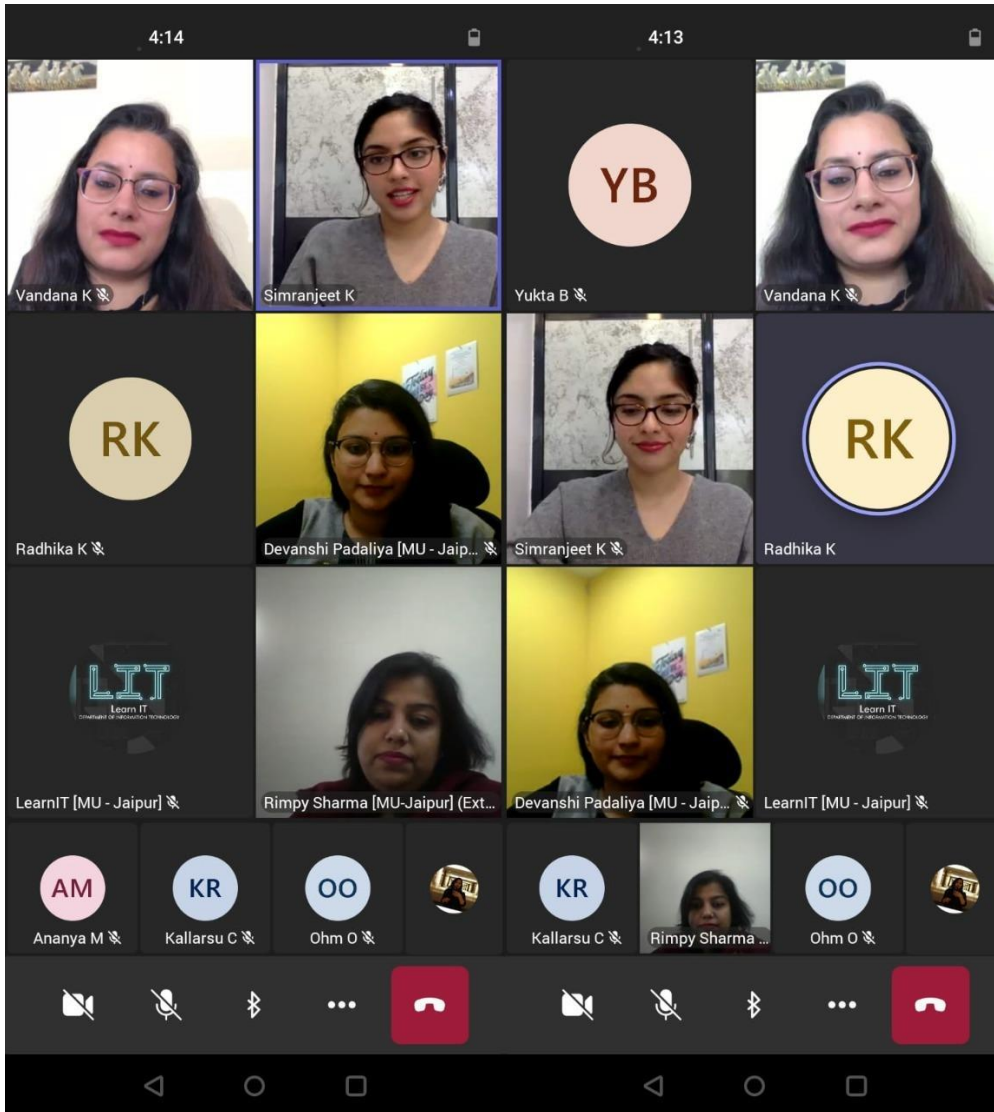
Everyone experiences stress and anxiety and copes with it differently. You may notice changes in your mood, such as increased irritability, feeling low or more anxious, you may have trouble in sleeping, you may feel exhausted more often and more than usual, or it may feel harder to relax during respite periods.

Emotions play a significant role in person's life and can influence how a person thinks. Managing emotions may prove to be a tough challenge, especially if they are negative. Hence, Understanding & Managing negative emotions: Stress and anxiety is mental health talk session being organized by LearnIT. This

event will focus on negative emotions, particularly Stress and anxiety which are quite common in college students. Some experts which comprise of Manipal University Jaipur's Student Counselling committee have come together to guide, aware and help students regarding Mental Health. The event will give insights on how stress and anxiety affect your body and thoughts and how you can overcome them. Practical advice on how to deal when you feel anxious or overwhelmed, and how to manage your emotions when times are tough will be given. Effective stress management helps break the hold that stress has on our lives, so you can be happier, healthier, and more productive. Ultimate Goal is a balanced life, with time for work, relations, relaxation, fun, etc.- and the resilience to hold up under pressure and meet challenges head on.

5. 3 to 5 photographs of the event or screenshots of the event (if online) with captions





Photograph of event

6. Brochure or creative of the event



MANIPAL UNIVERSITY
JAIPUR



Understanding & Managing Negative Emotions: Stress & Anxiety

18th of January
4 P.M.



Dr. Rimpay Sharma



Ms. Devanshi Padaliya



Ms. Vandana Kabra



Ms. Simran Kalra

Tejaswini Rao

70325 39953

Radhika Kakkar

98187 27569



7. Schedule of the event

The Talk was conducted on 18 Jan, 2022 from 4 p.m.

8. Attendance of the event

Total attendance: 62

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9. Feedback of the event

In conclusion students learnt that they need dedication, patience, and continuous practice to be happy and satisfied.

We are glad that the event turned out to be a huge success and all the students were truly benefited.

Tejaswini Rao
Name & Signature
(Reg. Number-199302140, Department
SCIT, B.Tech IT, Third year)
Student Coordinator

Contact Number
7032539953

Ankit Mundra
Name & Signature
(Department- SCIT)

Faculty Coordinator

Contact Number
9667604115

<p>DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	 <p><u>Dr. Arun Kumar Poonia</u> Asst. Director, DSW Clubs</p>
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MUJ/DSW/Student Clubs/Convergence/12th August, 2022



DIRECTORATE OF STUDENTS' WELFARE

Seminar on handling the aesthetic overwhelmed life crisis, time management and goal setting

PSYCHE MONARCH

ONLINE EVENT

Platform:

Microsoft Teams

Date of Event (12th August, 2022)

(3:00 – 4:00 pm)



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1. Introduction of the Event

"PSYCHE MONARCH" is a seminar that puts emphasis on student growth. It chiefly incorporates the maintenance of an overwhelming life in the era of social media and aesthetics, along with effective time management and goal setting for a chaotic schedule of students.

2. Objectives of the Event

1. Achieving better results through effective planning and clarifying objectives.
2. Spending more time working toward your high-value goals.
3. Gaining a balance between professional goals and personal time.
4. Using time management tools more effectively.
5. Setting goals and prioritizing them to determine if activities are goal-directed.
6. Handling our overwhelming demands with time.

3. Beneficiaries of the Event

- Students

What benefits would they have from this seminar? :-

1. Higher level of productivity.
2. Reduced stress and anxiety.
3. A healthy work-life balance.
4. Provide direction and focus.
5. Setting of a realistic timeline for goal accomplishment.

4. Brief Description of the event

We have witnessed that students these days are busy with overachieving in their life, making themselves physically and mentally tired. They tend to get overwhelmed by a lot of things in every phase of their life. Time management is important to structure out time for self-care in every day's jumbled life. When we fail to make time for ourselves, we rush into things, and as a consequence it disrupts our goal setting.

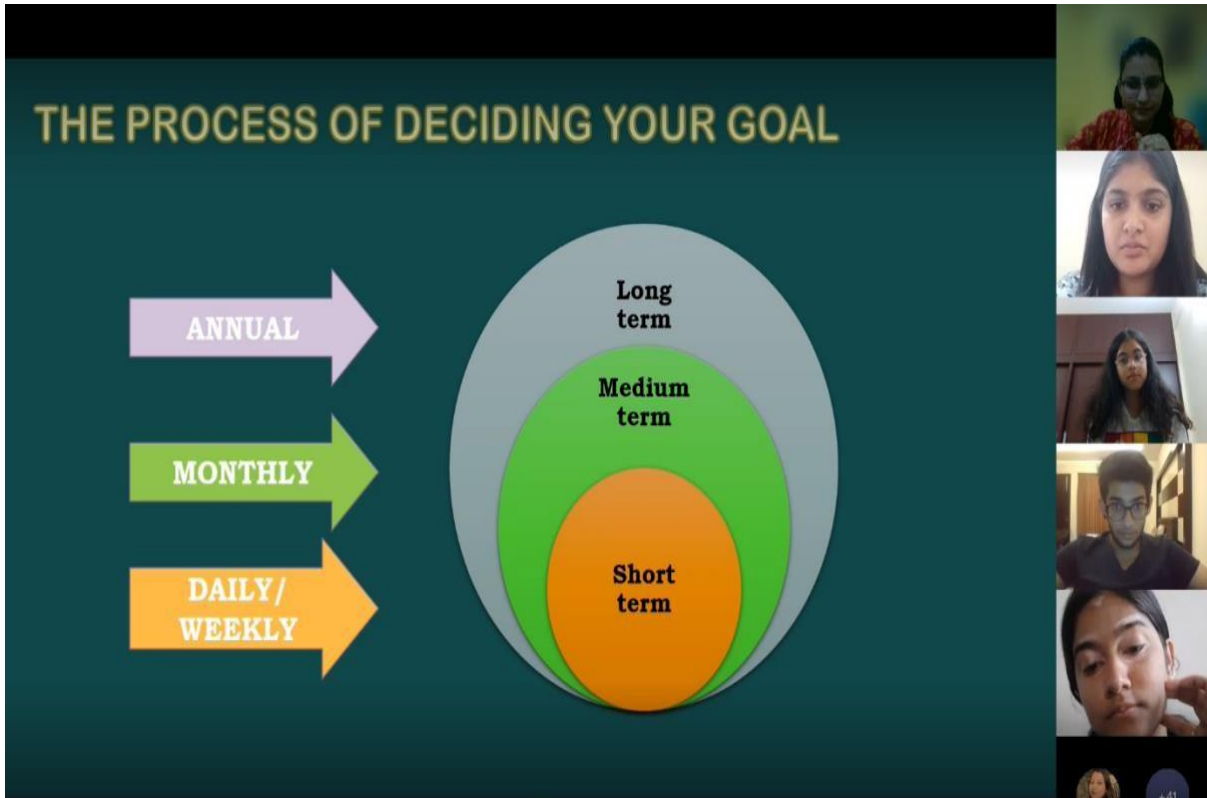
Our professionals are going to give us a brief on how we can handle our time being productive and setting our sheer goals too.

5. Photographs



Introduction of the seminar

THE PROCESS OF DECIDING YOUR GOAL



ANNUAL

MONTHLY

DAILY/
WEEKLY

Long term

Medium term

Short term

Ongoing seminar


Press **Esc** to exit full screen

Thank you!


**STUDENT SUPPORT SYSTEM,
Directorate of Student Welfare
Cabin no. 305, 309,314 in faculty block-
6, 3rd Floor, AB 2, University Campus.**

Email :
students.counsellor@jaipur.manipal.edu


Call:
0141-3999100 Ext.: 812



Ms. VANDNA KABRA



Dr. RIMPY SHARMA



Ms. DEVANSHI PADALIYA

Question Answer Segment with our Counsellors

6. Brochure or Creative of the Event



CONVERGENCE

psyche MONARCH

Handling the
*aesthetic-overwhelmed life involvements
*time management &
*goal setting

MEET THE SPEAKERS

 **Dr. Vandana Kabra**  **Dr. Rimpay Sharma**  **Dr. Divyanshi Padaliya**

DATE: 12th AUG '22
DAY: Friday
TIME: 3PM-4PM
VENUE: MS Teams





— AN ONLINE SEMINAR BY CONVERGENCE —

7. Schedule of the event

The event was on the 12th August 2022 from 3:00 – 4:00 PM

8. Attendance of the event

Total Attendance – 68

Sr. No.	Name of the Student	Registration No.
1.	Sukrit Goel	209403013
2.	Shruti Singh	210903066
3.	Nilanshi Jain	219311131
4.	Esha Jain	201201056
5.	Avisha Pareek	201201068
6.	Diya Mehta	211103070
7.	Nandini Sharma	211006009
8.	Bhoomi Mahipal Lodha	210901140
9.	Saakshi Lakhani	201201058



MANIPAL UNIVERSITY JAIPUR

10.	Chinmayee Dahake	211007034
11.	Devashish Singh	219303161
12.	Poorvi Nasa	211103060
13.	Ayush Parag Shah	219301533
14.	Chirag Mehta	210901014
15.	Chirag Maheshwari	201201045
16.	Manan Vyas	210901118
17.	Yuvraj Vasydeva	219301453
18.	Sakshi Kulkarni	219311147
19.	Shivam Aggarwal	209305003
20.	Vatsal Chaturvedi	219301228
21.	Manya Gupta	219302375
22.	Kriti Chakravorty	211103049
23.	Khushi	201007039
24.	Bhavna Chetry	211201016
25.	Dhruv Khanna	209309111
26.	Sunidhi Kushawah	201105013
27.	Tarun Agarwal	210901267
28.	Pranav Agarwal	210901317
29.	Anjali Jain	211103087
30.	Saranya Rastogi	209302209
31.	Siddhartha Sarkar	219301752
32.	Ashna Agnani	211103096
33.	Dhruv Bharara	199303208
34.	Jasmine Singh	211103058
35.	Pranit Chopra	219311017
36.	Tarun Pradhan	219302396
37.	Mrunal Sunil Mangaje	211003007
38.	Minakshi Kanwar	211103022
39.	Md Akram Raza	210903071
40.	Sundar Santhanam	201102009
41.	Saiyoni Khandelwal	211103082
42.	Abhisumat Subramanian	209403052
43.	Suhani Pareek	211002062
44.	Labhanshi Sharma	211002058
45.	Nidiguntapalem Nikhil	219310063



46.	Saloni Singh	211002057
47.	Kartik Totla	210606011
48.	Divy Dusad	210901366
49.	Gautami Rathore	210901081
50.	Garima Mahaur	201007034
51.	Harshit Basak	209303092
52.	Ashok Kumar Choudhary	211103089
53.	Siddhi Vijay Gujar	211103002
54.	Honisha	219311065
55.	Aayat Arora	201201078
56.	Saumya Sanjana Biswal	219310317
57.	Ritika Malhotra	219302332
58.	Prerana Singh	210903065
59.	Jai Bhati	219310314
60.	Pavni Sharma	211103047
61.	Sylvia Parveen	211003009
62.	Nandini Tungaria	211003001
63.	Archita Vyas	211003006
64.	Ankita Kumawat	211004003
65.	Sia Kataria	211103056
66.	Parth Sharma	209303071
67.	Vidhanshi Sharma	219301154
68.	Avanya Sagar	219303045

9. Post event link: <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>

Avisha Pareek

Signature of the Student Coordinator

Swikrita Dowerah

Signature of the Faculty Coordinator

DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR	 Dr. Arun Kumar Poonia Asst. Director, DSW Clubs
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**MANIPAL UNIVERSITY
JAIPUR**

COUNSELLING

DIRECTORATE OF STUDENT'S WELFARE

**NAME OF EVENT – BEATING THE EXAM STRESS
(NON-FINANCIAL EVENT)**

15th July 2022



Content of Report (INDEX)

1. Introduction of the Event

2. Objective of the Event

3. Beneficiaries of the Event

4. Details of the Guests

5. Brief Description of the event

6. Photographs

7. Brochure or creative of the event

8. Schedule of the Event

9. Attendance of the Event

12. Link of MUJ website



1. **Introduction of the Event**

“Beating the Exam stress” conducted by the mental health club of MUJ- Mind Over Matter, was inspired by the theme of sorting out heavily messed up exam minds. Its idea was to create a tension-free environment, where students in exam anticipation and anxiety could clear out mental knots, find solutions to before-exam problems and learn ways to be more productive. As young learners, we took the help and guidance of the respected counsellors of our college, who were insightful in their approach to the topic. The session was interactive and extremely fruitful for all who needed it.

2. **Objective of the Event**

The Core working team of Mind Over Matter was clear and purposeful in its approach towards the aim behind the event. We wanted it to be a productive spend of time for students to put down their books for an hour and learn something they will need for their lives. Our aim was to help students answer basic psychological queries like-dealing with anxiety before exams, importance of self-care, confidence and consistency, practical methods for better concentration and productivity, and recognition and appreciation of our hard work.

3. **Beneficiaries of the Event**

- Clarity in the way of thinking about exams
- Useful ways of dealing with fear and anticipation
- Importance of routines and discipline
- Self-appreciation for the hard work we do, as a motivation for future actions.

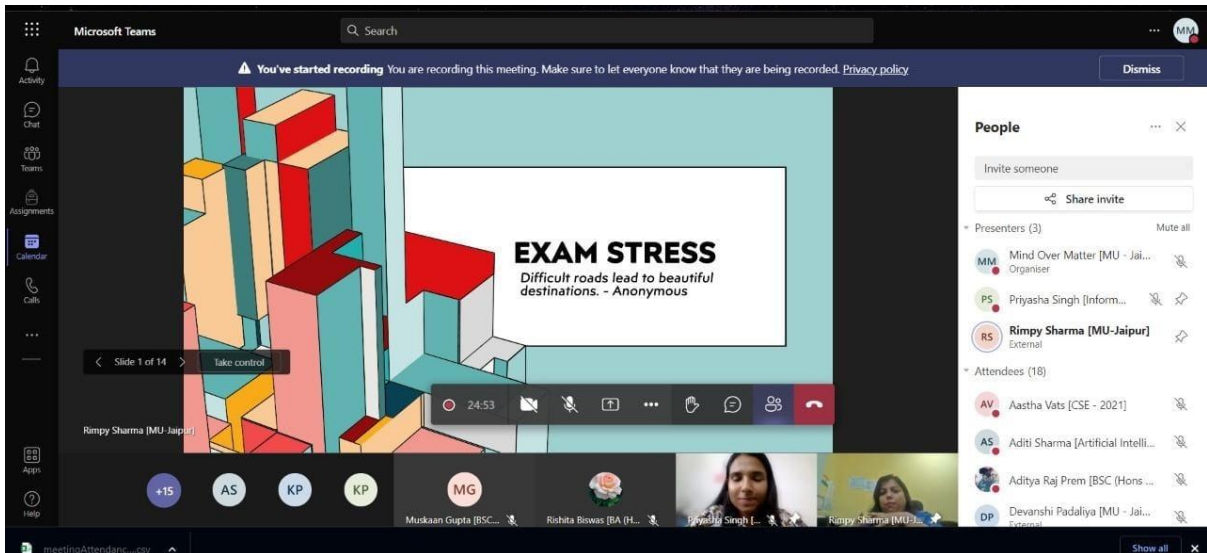
4. **Details of the mentor**

Details of the mentors: Ms. Devanshi Padaliya, Ms. Vandana Kabara, Dr. Rimpay Sharma (Counsellors of MUJ)

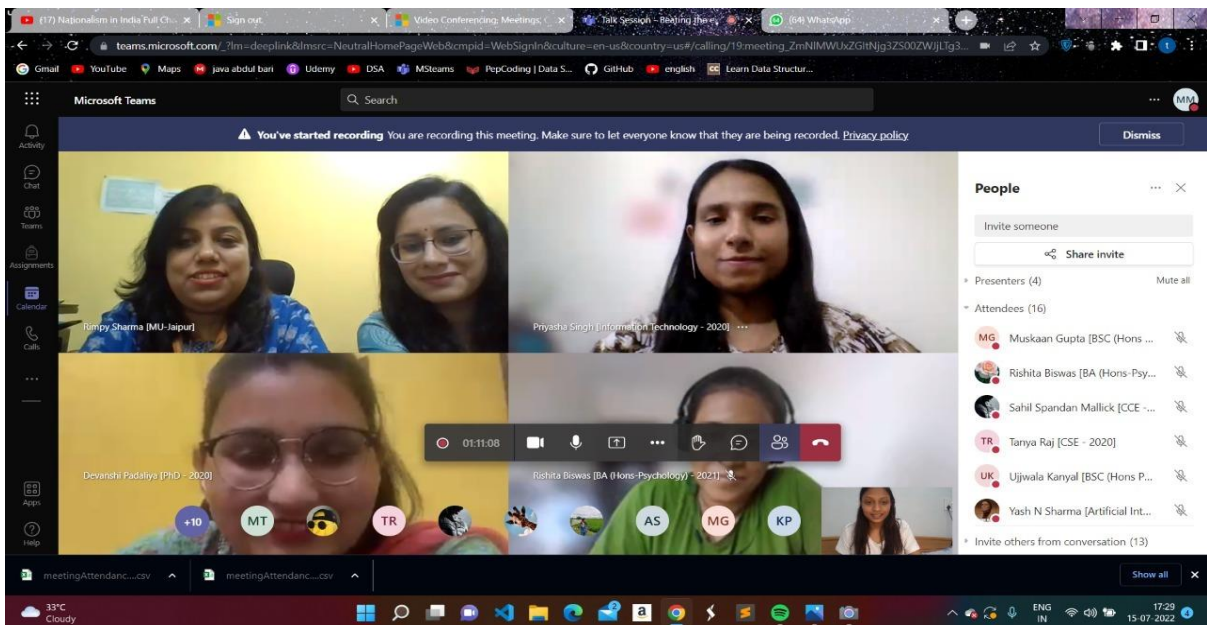
5. **Brief Description of the event** –

The event began with the introduction to the concept of counselling, its usefulness and necessity. The mentors created a rapport and easiness with the audience before diving into the topic. A presentation made by the counsellors guided us through the event. After their explanations, the floor was opened to questions from the audience. Our host Priyasha Singh (Vice President, MOM), on behalf of the team, discussed some essential topics with the counsellors. Overall, the event was productive, informative and crucial for the students.

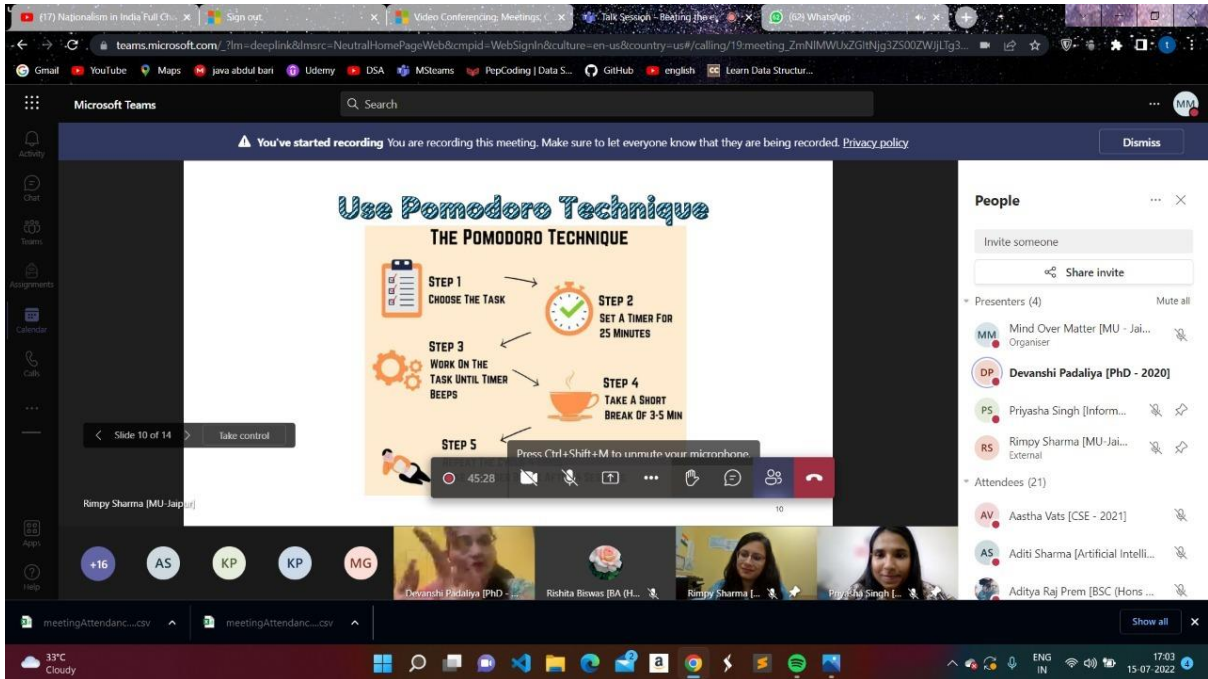
6. **Photographs of the event -**
- **Slides explaining what exam stress is.**



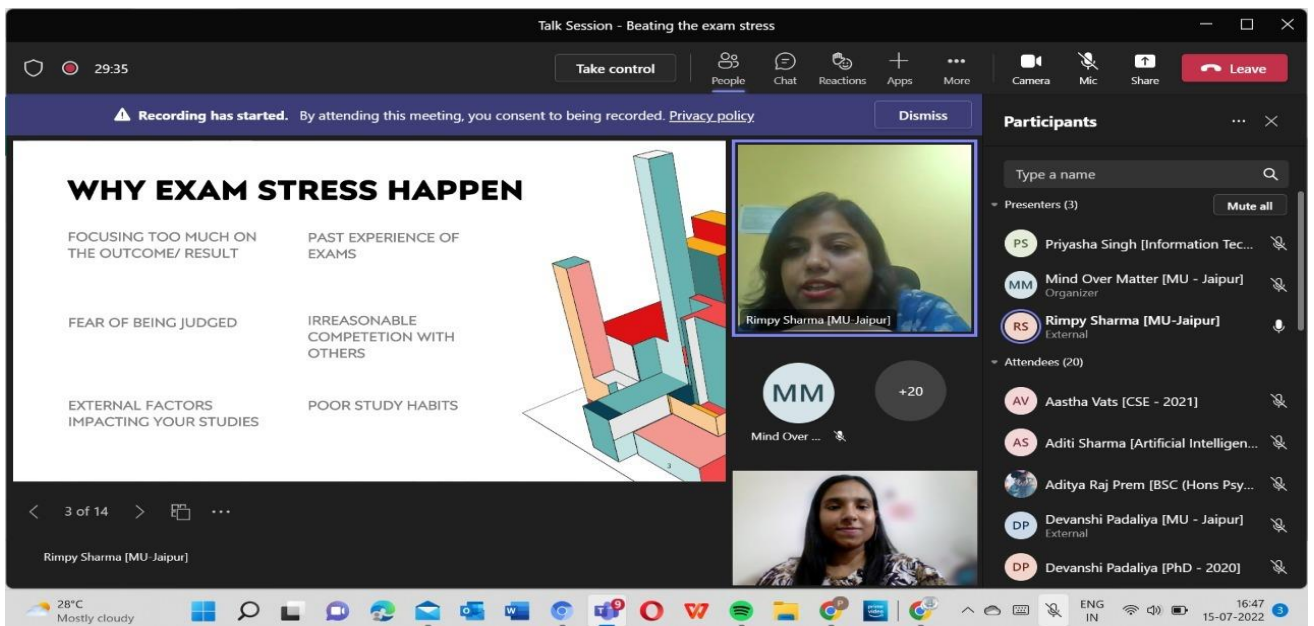
- **Discussing the basic concepts of stress and worry.**



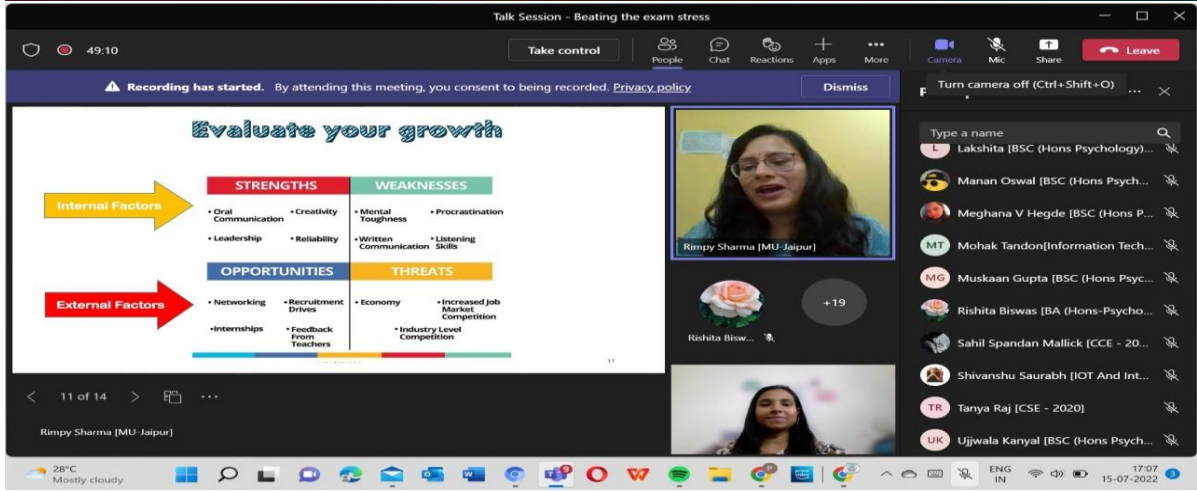
- **Some of the effective ways to apply in your life which helps you prevent exam stress.**



- In this pic Dr Rimpyma'am is discussing about why exam stress happens.

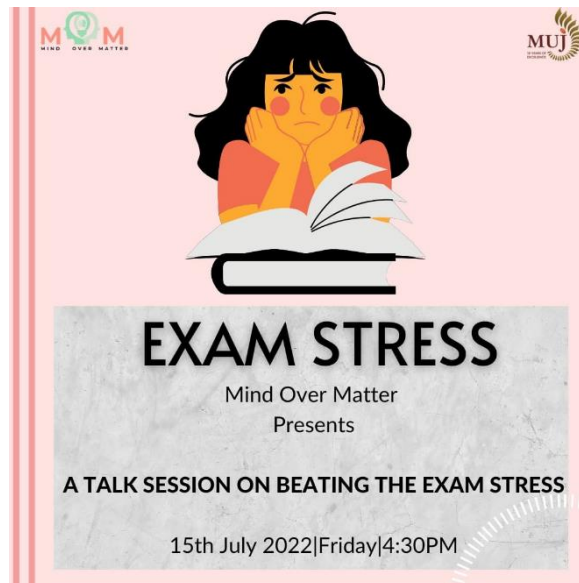


Some of the few pictures related to the session.



Some of the few pictures related to the session.

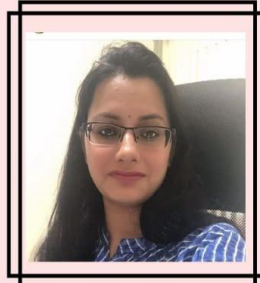
7. Brochure or creative of the event (inserted in document)



SPEAKERS PANEL



Ms Devanshi Padaliya
(Counsellor, MUJ)



Ms Vandana Kabara
(Counsellor, MUJ)



Dr Rimpay Sharma
(Counsellor, MUJ)

8. **Schedule of the event:**

Date - 15 July

Time- 4.30 PM

Platform - Microsoft Teams

9. **Link of the event-**

<https://forms.gle/Bh9En54pkiihYbDS6>



10. Attendance document is attached

Sno.	Name
1	Priyasha Singh
2	Khushi Panwar
3	Muskan G
4	Kashish Parmar
5	Aditi
6	Ujwalla
7	Arundhati de
8	Hansika kh
9	Tanmay M
10	Divyanshi
11	Kanika
12	Rishita
13	Rimpy
14	Devanshii
15	Sankalp
16	Astha
17	Garima
18	Sahil
19	Manan
20	Aditya
21	Tanya
22.	Meghna
23	Thakur
24	Mohak
25	Pradyum
26	Lakshita
27	Priyanshu
28	Gaurav
29	Shivanshu

Post event link: <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>



Faculty coordinator

Rimpy Sharma

(Dr Rimpy Sharma)

Student Counsellor

Directorate of Student's Welfare

Vandna Kabra

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

Devanshi Padaliya

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

<p>DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	<p><i>Arun Kumar Poonia</i> Dr. Arun Kumar Poonia Asst. Director, DSW Clubs</p>
--	--



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MUJ/DSW/Student Clubs/2022/Glitch!/29th-30th December

DIRECTORATE OF STUDENTS' WELFARE

Weekend Movie Stream

Online event

DATE: 29th-30th January

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8.	Schedule of the Event	5
9.	Attendance of the Event	6
10.	Feedback of the Event	7
12.	Link of MUJ Website	7

Introduction of the Event

The streaming of “Sam Raimi’s Spider-Man Trilogy” was held on 29th and 30th December 2022 on Discord from 10:00pm onwards.

2 movies were streamed on the first day and 1 was streamed on the second day.

Objectives of the Event

- To stream the Movies for the students for recreational purposes

Beneficiaries of the Event

- Students

Details of the Guests

NA

Brief Description of the event

The stream began with Spider-Man 1 being streamed on the server, followed by Spider-Man 2 and Spider-Man 3. The stream went on uninterrupted and was successful.

Photographs



Students Watching the stream on our Discord Server

Brochure or Creative of the Event



Schedule of the event

First day of the event: 29th January, 2022 - 10:00PM onwards

Second day of the event: 30th January 2022 -8:30PM onwards

Attendance of the Event

Total attendees- 27

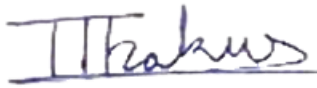
Name	Reg. No.	College email ID	Year	Branch
Rishi Bothra	209303021	rishi.209303021@muj.manipal.edu	2nd	CCE
Sweata Chakraborty	209202109	sweata.209202109@muj.manipal.edu	2nd	ECE
ARYA PAROLIA	209303049	arya.209303049@muj.manipal.edu	2nd	CCE
Krishna Dembla	209302012	Krishna.209302012@muj.manipal.edu	2nd	Btech It
Sandeep Kumar	209302203	sandeep.209302203@muj.manipal.edu	2nd	IT
Boidushya Bhattacharyay	209302168	boidushya.209302168@muj.manipal.edu	2nd	IT
Mrigank A Sharma	209302068	mrigank.209302068@muj.manipal.edu	2nd	IT
M.Rajvamsi	208302048	mamidanna.209302048@muj.manipal.edu	2nd	It
AMRITANSHU	209302421	amritanshu.209302421@muj.manipal.edu	2nd	IT
Prakhar Martand	209302284	prakhar.209302284@muj.manipal.edu	2nd	IT
Pranjali Chaurasia	209302237	pranjali.209302237@muj.manipal.edu	2nd	IT
Utkarsh Somvanshi	209202135	utkarsh.209202135@muj.manipal.edu	2nd	IT
Udbhav Pachisia	209202223	udbhav.209202223@muj.manipal.edu	2nd	ECE
Harsh Sidhwani	209302162	Harsh.209302162@muj.manipal.edu	2nd	IT
Akshay Naik	209302009	Akshay.209302009@muj.manipal.edu	2nd	It
Chhayansh Lakhlan	209302037	chhayansh.209302037@muj.manipal.edu	2nd	IT
Triyan Thakur	199202086	triyansh.199202086@muj.manipal.edu	3rd	ECE BTech
Ishan Somani	209303083	ishan.209303083@muj.manipal.edu	2nd	IT
Pulkit	209205053	pulkit.209205053@muj.manipal.edu	2nd	EEE
PRAKHER RAJ	209302415	prakher.209302415@muj.manipal.edu	2nd	IT
Riya	209303025	Riya. 209303025@muj. Manipal. Edu	2nd	Cce
Karnik Gupta	209402064	karnik.209402064	2nd	Mechanical
Aarushi Verma	209302025	aarushi.209302025@muj.manipal.edu	2nd	BTech IT
Ampgh Konkar	209403042	amogh.209403042@muj.manipal.edu	2nd	Btech
Mehak Jain	209309069	mehak.209309069@muj.manipal.edu	2nd	Dse
aditya tripathi	209401009	aditya.209401009@muj.manipal.edu	2nd	automobile
Kartik chhabra	209202075	kartik.209202075@muj.manipal.edu	2nd	CCE

Feedback of the Event

The participants thoroughly enjoyed the event. The trilogy is a childhood classic for most of the people of this generation and students enjoyed the movies.

Link of MUJ Website

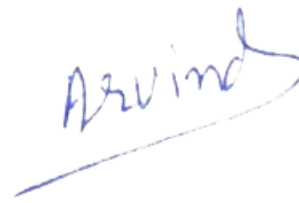
<https://jaipur.manipal.edu/muj/news-events/events-list/weekend-movie-stream.html>



Triyan Thakur

President, Glitch! eSports Society

Signature of the Student Coordinator



Dr. Arvind Dhaka

Department of CCE

Signature of the Faculty Coordinator

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR



Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



MANIPAL UNIVERSITY JAIPUR

DIRECTORATE OF STUDENTS' WELFARE

The Music Club

Cultural Event

MUSE

Venue: Music Room(Hostel)

Date of Event (9th September 2022)

(7:30pm – 9:30 pm)

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1. Introduction of the Event

TMC Muse is a recurring event which is held in the Music Room in the hostel. Muse is an acoustic event which generally lasts for about 90 minutes where various members of TMC perform in front of other TMC members. The limited audience is allowed through invitation only and the performers are allowed to invite any one friend to the event as a “+1”.

2. Objectives of the Event

The objective of the event is to essentially thank all the members who made this club what it is today, which is why, TMC Muse is exclusive to TMC members only.

3. Beneficiaries of the Event

- TMC Members
- MUJ Students (Invite only)

4. Brief Description of the Event

Muse is an intimate show held in the music room. It features performers from our very own club, playing two or three songs each. Our specially curated list is to give our audience a diverse show. Entry is only allowed through invitation.

5. Photographs

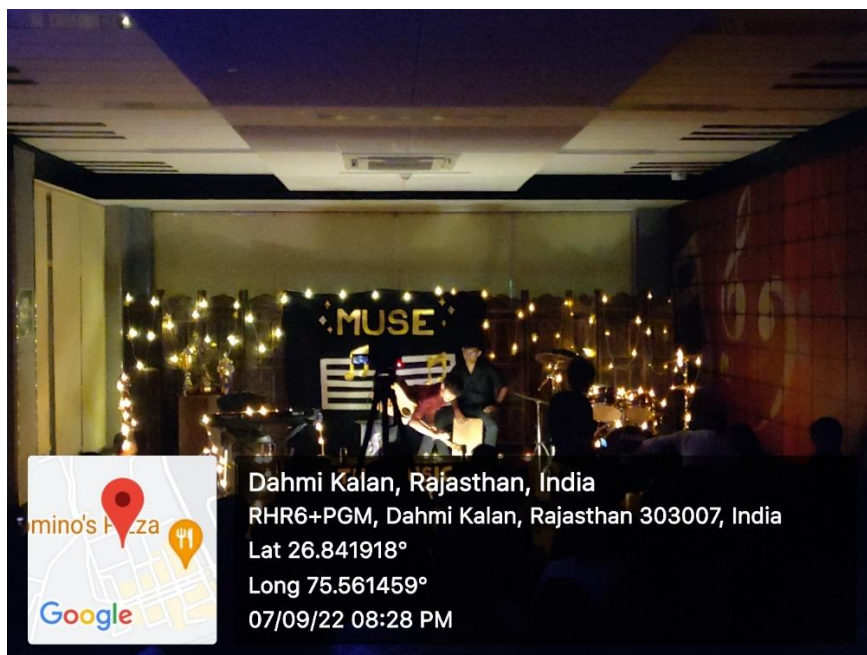
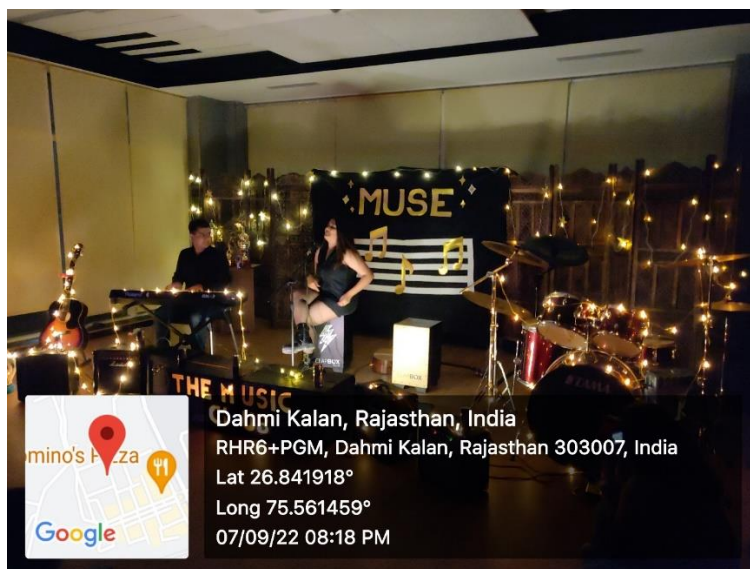


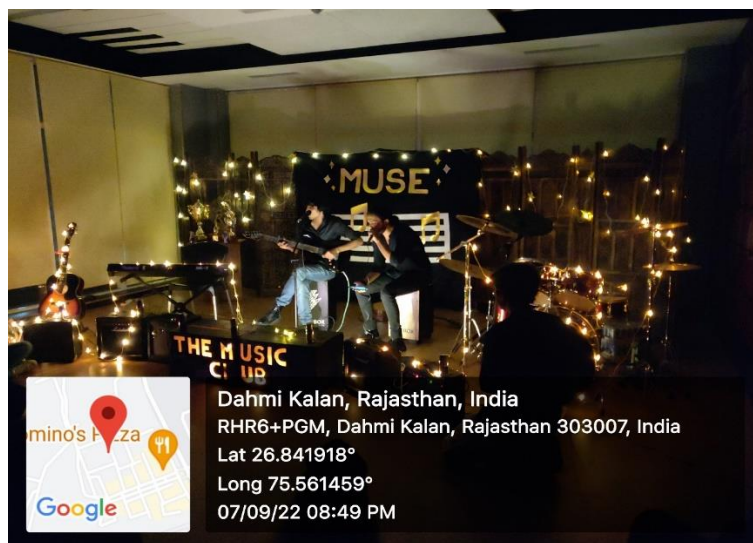
Fig. 1 Sarvagya Mishra and Divij Joshi Giving a Wonderful Performance



Ishita Sharma and Aditya Pramar Captivating the Audience with their Amazing Set



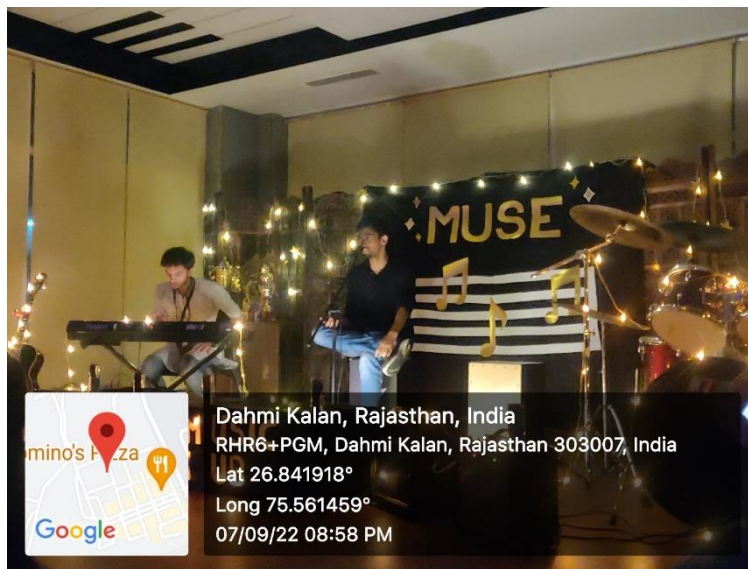
Anshika Agarwal with Aditya Pramar on the Keyboard



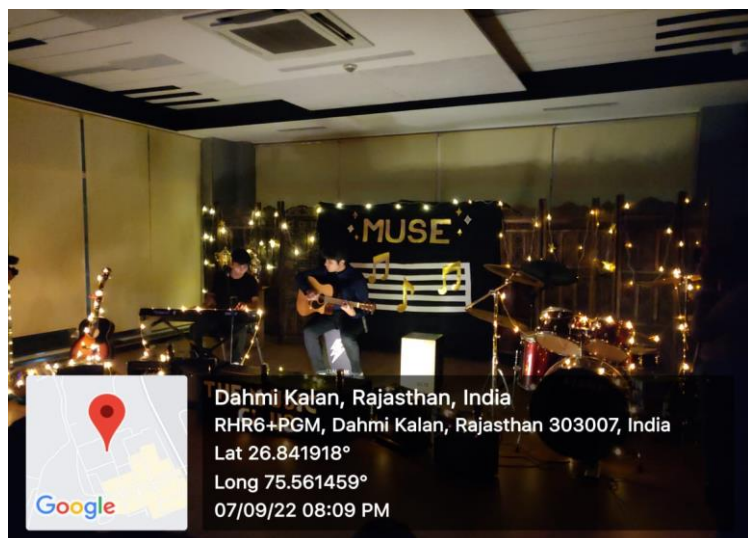
Romir Malik and Anubhab Dey Rocking it Out



Anish Mohanty with his Accompanists Aditya Pramar and Siddhant Keshav



Mitesh Sharma and Anmol Srivastava with a Wonderful Classical Set



Anupam Mukherjee performing his Original with Siddhant Keshav on the Guitar

6. Brochure or Creative of the Event



7. Schedule of the event

The event was held on September 7, 2022, from 7:30 pm and lasted until 9:30 pm

The order of performances was:

1. Anupam Mukherjee
2. Anshika Agarwal and Aditya Pramar
3. Sarvagya Mishra and Divij Joshi
4. Ishita Sharma and Aditya Pramar
5. Romir Malik and Anubhab De
6. Mitesh Sharma and Anmol Srivastava
7. Anish Mohanty, Siddhant Keshav, and Aditya Pramar

8. Attendance of the event: 76

S. No	Name	Registration Number
1	Anmol Srivastava	209301173
2	Vrinda Kohli	209301473
3	Mohammad Daniyaal Mustafa	209303253
4	Siddhant Keshav	209309065
5	Devrishi Saha	209403012
6	Anish Mohanty	209303146
7	Anshika Agarwal	200903022
8	Anupam Mukherjee	219310058
9	Ishita Sharma	219310267
10	Mitesh Sharma	209303213
11	Romir Malik	209306006
12	Anubhab De	201007029
13	Sarvagya Mishra	199403032
14	Aditya Pramar	219309006
15	Divij Joshi	199202018
16	Ishani Sangal	219301330
17	Aryaman Singh Katoch	219310017
18	Abhudaya Mehrotra	199303232
19	Khushi	199303120
20	Bhumika Keswani	199302062
21	Deeptangshu Paul	199302136
22	Arjun Taneja	199302156
23	Nihit Mathur	191301047
24	Aayush Dabral	209301562
25	Manya Sharma	209301148
26	Mehal Gupta	209301495
27	Manya Jain	219301300
28	Kshitiz Singh Rathore	209303214
29	Aayush Shrivastava	219302055
30	Ayam Bhura	219311003
31	Aditya Tripathi	209401009
32	Dhruv Kaushik	199303168

33	Vaibhav Shoree	209301160
34	Ananya Kaushik	209301069
35	Konark Marwaha	209301022
36	Aditya Hospattankar	209301213
37	Aakansha	201102014
38	Harleen	201103041
39	Aditi	209302304
40	Tanvi	210901011
41	Arjun	219403025
42	Avneesh	219311016
43	Ritik	219202044
44	Aryan	219309124
45	Shivansh	219310127
46	Aditya Joshi	219302415
47	Shreya Bukinkere	219302136
48	Akanksha	209303286
49	Janmey	209301380
50	Mahika Gupta	209301414
51	Pooja Dusane	209309109
52	Abhijai	219301464
53	Dhruv Verma	199301213
54	Manogya Kabra	209301170
55	Shayana	219301038
56	Preet	219311291
57	Aryaman Sahay	209302128
58	Ananya Singh	209302154
59	Asma	201007048
60	Vedang Gaur	199302060
61	Vasundhara Pawar	211101037
62	Sunidhi	191201061
63	Shreyas	219301607
64	Naman Toshniwal	219202002
65	Adarsh Gurung	199401004
66	Aayat Arora	201201078
67	Puja	199302031
68	Navya	209301305
69	Pranshi Goyal	201103031
70	Pratham	209303355
71	Sahil	199403005
72	Harsh Sharma	209303124
73	Subhojit Makur	209303119
74	Ashvath Jain	219301229
75	Himakshi	209301446
76	Kartik	199301076

9. Post Event Link:

<https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>



Mohammad Daniyaal Mustafa

Head of Events and Promotions, TMC, MUJ


Signature of the Student Coordinator



Dr Prashasti Jain

School of Psychology

Signature of the Faculty Coordinator

<p>DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	 <p><u>Dr. Arun Kumar Poonia</u> Asst. Director, DSW Clubs</p>
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MUJ/DSW/Student Clubs/2022/MUJ ACM/10.09.2022



DIRECTORATE OF STUDENTS' WELFARE

Treasure Hunt

Promotional Event

MUJ ACM Student Chapter

OFFLINE EVENT

Date of Event (10th – 11th September 2022)

(4:00 pm – 10:00 pm)

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1. Introduction of the Event

MUJ ACM S-Chap organized Treasure Hunt. A unique experience where all the participants hunted sacred clues spread across the internet and competed for the final treasure. The event aimed to bring out the participants problem solving and deciphering skills. The theme also ensured that the event is one where people enjoy while applying their wits to the maximum.

2. Objectives of the Event

- Promoting community bonding
- Promotional event for Elicit
- Promoting problem solving skills amongst the participants

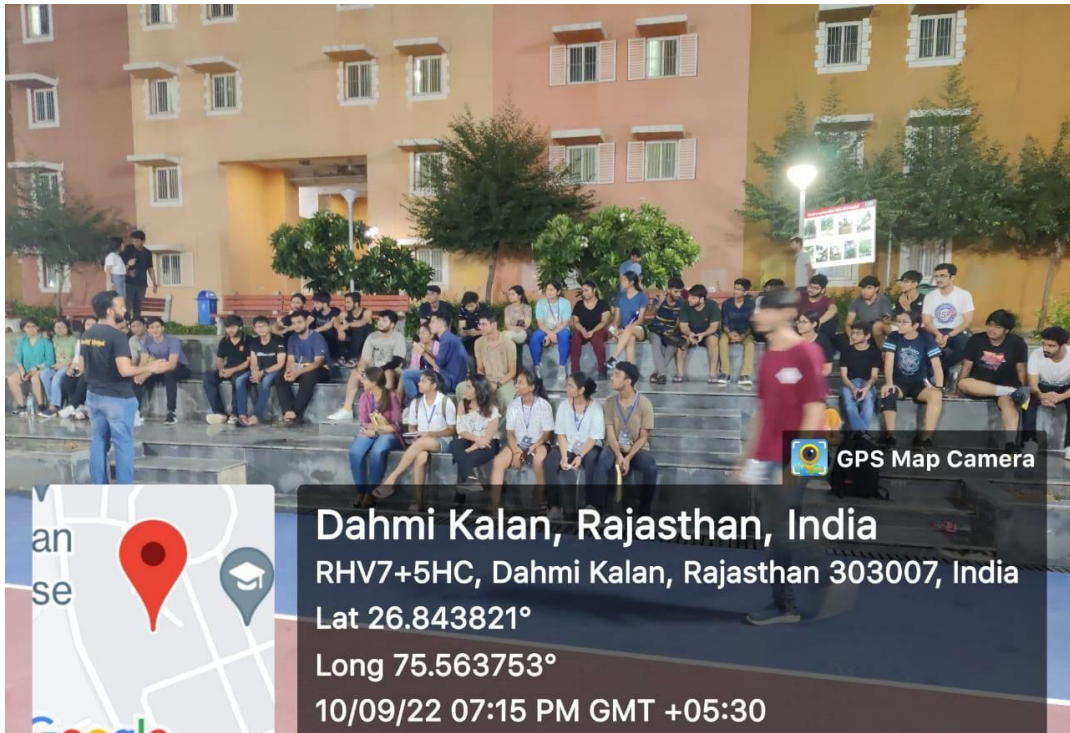
3. Beneficiaries of the Event

- Members of MUJ ACM Student Chapter/s
- MUJ Students

4. Brief Description of the event

MUJ ACM S-Chap successfully organized a fun-filled way to engage its community members in a battle of wits with its annual Treasure Hunt. The event saw students of MUJ solving difficult clues by using their problem-solving skills to get to the very end and compete for the final treasure. The event had begun with all the teams moving across the hostel premises to solve and get to the location of the first clue. After each subsequent round teams were eliminated until only the very best and the most consistent remained.

5. Photographs



Treasure Hunt – MUJ ACM – 10.09.2022



Treasure Hunt – MUJ ACM – 10.09.2022



6. Brochure or Creative of the Event

ITINERARIUM MARAVDENTIUM

MUJ ACM S-CHAP
alongwith
MOONY, WORMTAIL,
PADFOOT & PRONGS
are proud to present

HOGWARTS

THE
TREASURE
HUNT

Dates : 10th and 11th Sept

Entry Fees :
150 per Team

Venue :
MUJ Hostel

Contact :
Parla Maggon: 9971685386
Harshit Shah : 8369727289

7. Schedule of the event

S.no	Event	Date	Time
1.	Treasure Hunt	10 th – 11 th September 2022	4:30 pm – 10:00 pm

8. Attendance of the event: 117

Timestamp	Name	Reg.No.
2022/09/08 7:37:46 PM GMT+5:30	Pratham Hariani	219301235
2022/09/08 7:56:21 PM GMT+5:30	Kashish Verma	209302320
2022/09/08 8:10:53 PM GMT+5:30	Kashish Verma	219301620
2022/09/08 8:16:34 PM GMT+5:30	Manas Mishra	209303129
2022/09/08 8:44:26 PM GMT+5:30	Akshat agarwal	219202004
2022/09/08 8:44:35 PM GMT+5:30	Tanishk Sawant	219302442
2022/09/08 8:45:06 PM GMT+5:30	Zaid	21930155
2022/09/08 8:59:56 PM GMT+5:30	Aman Gupta	219303206
2022/09/08 9:18:59 PM GMT+5:30	Raman Bhinder	219302436
2022/09/08 9:27:41 PM GMT+5:30	Mahak Arora	219310082
2022/09/08 9:38:42 PM GMT+5:30	Aryan Amit	219401002
2022/09/08 9:50:13 PM GMT+5:30	Niyasha jain	219301664
2022/09/08 9:55:24 PM GMT+5:30	Aditya Raj	219309045
2022/09/08 10:03:10 PM GMT+5:30	Kushagra Jain	219311121
2022/09/09 12:11:50 AM GMT+5:30	Adityam	219302174
2022/09/09 4:02:47 PM GMT+5:30	Vedant Mishra	219302052
2022/09/09 8:28:56 PM GMT+5:30	Pranjali Chaurasia	209302237
2022/09/09 8:38:37 PM GMT+5:30	Rishav Raj	209202170
2022/09/09 8:39:50 PM GMT+5:30	Juhi Anand Singh	219301224
2022/09/09 9:32:09 PM GMT+5:30	Devanshi Kumar	219310324
2022/09/09 9:38:16 PM GMT+5:30	Harsh Ranjan	219301641
2022/09/09 10:04:56 PM GMT+5:30	Yashi Jain	210901309
2022/09/09 10:06:56 PM GMT+5:30	Jay Jain	219311305
2022/09/09 10:09:13 PM GMT+5:30	Nakshatra Tankra	210901272
2022/09/09 10:10:42 PM GMT+5:30	Rohit Varshney	219402015
2022/09/09 10:23:12 PM GMT+5:30	Priyal Jain	219309126
2022/09/09 10:23:51 PM GMT+5:30	Ishita Srivastava	219311020
2022/09/09 11:39:25 PM GMT+5:30	Vedant Gupta	219311013
2022/09/09 11:49:24 PM GMT+5:30	Sameep Sagar	219309157
2022/09/10 12:01:18 AM GMT+5:30	Aniket Sharma	219301495
2022/09/10 12:18:35 AM GMT+5:30	Pratham Shrivastava	219302224
2022/09/10 1:27:56 AM GMT+5:30	Yogeshchandra Pant	211015023
2022/09/10 1:41:33 AM GMT+5:30	Vibhor Tiwari	211015082
2022/09/10 2:08:17 AM GMT+5:30	Shivain Arora	219309130
2022/09/10 1:08:08 PM GMT+5:30	Vidhi Garg	219311154
2022/09/10 2:22:24 PM GMT+5:30	Sonali	211002041

2022/09/10 2:26:15 PM GMT+5:30	Chirayu Agrawal	219101007
2022/09/10 3:32:16 PM GMT+5:30	Samarth Salim	199403037
2022/09/10 3:43:53 PM GMT+5:30	Surina Anoubam	209303242
2022/09/08 7:37:46 PM GMT+5:30	Vitika Vora	219309114
2022/09/08 7:56:21 PM GMT+5:30	Shashwat mehrotra	209302123
2022/09/08 8:10:53 PM GMT+5:30	Pragya Mishra	219302208
2022/09/08 8:16:34 PM GMT+5:30	Ayushmann patra	20930229
2022/09/08 8:44:26 PM GMT+5:30	Aastha gupta	219301722
2022/09/08 8:44:35 PM GMT+5:30	Siddhanth Bhat	219310154
2022/09/08 8:45:06 PM GMT+5:30	Zuha	219302280
2022/09/08 8:59:56 PM GMT+5:30	Kanad Nemade	219408006
2022/09/08 9:18:59 PM GMT+5:30	Shardul Singh	219303177
2022/09/08 9:27:41 PM GMT+5:30	Prerana Singh	210903065
2022/09/08 9:38:42 PM GMT+5:30	Ankit Godara	219303203
2022/09/08 9:50:13 PM GMT+5:30	Pavnoor kaur	219301349
2022/09/08 9:55:24 PM GMT+5:30	Shreyan Bhatnagar	219301499
2022/09/08 10:03:10 PM GMT+5:30	Aadish Jain	219301744
2022/09/09 12:11:50 AM GMT+5:30	Aditya Shetty	219302253
2022/09/09 4:02:47 PM GMT+5:30	Rishabh prakash Gupta	219302092
2022/09/09 8:28:56 PM GMT+5:30	Aditi Agarwal	209301458
2022/09/09 8:38:37 PM GMT+5:30	Pranjal gupta	209202094
2022/09/09 8:39:50 PM GMT+5:30	Varada Mantrawadi	219302252
2022/09/09 9:32:09 PM GMT+5:30	Adyasha Mahanta	219301523
2022/09/09 9:38:16 PM GMT+5:30	Aniket raj	219301457
2022/09/09 10:04:56 PM GMT+5:30	Aayush Lodha	210901347
2022/09/09 10:06:56 PM GMT+5:30	Divit	219310312
2022/09/09 10:09:13 PM GMT+5:30	Sanyogeeta sahuo	210901231
2022/09/09 10:10:42 PM GMT+5:30	Nupur	.
2022/09/09 10:23:12 PM GMT+5:30	Rishabh rao	219309107
2022/09/09 10:23:51 PM GMT+5:30	Shaakt Tak	219303023
2022/09/09 11:39:25 PM GMT+5:30	Shashank Saraswat	219310301
2022/09/09 11:49:24 PM GMT+5:30	Aryan Agarwal	209309040
2022/09/10 12:01:18 AM GMT+5:30	Chinmay Mulay	219310336
2022/09/10 12:18:35 AM GMT+5:30	Shriyanshi Srivastava	219301058
2022/09/10 1:27:56 AM GMT+5:30	Chanchal singh	211201015
2022/09/10 1:41:33 AM GMT+5:30	Pranshul Vijayvergia	211015007
2022/09/10 2:08:17 AM GMT+5:30	Radhika sharma	219309139
2022/09/10 1:08:08 PM GMT+5:30	Shiv Meena	219301742
2022/09/10 2:22:24 PM GMT+5:30	Soumya Walia	219302101
2022/09/10 2:26:15 PM GMT+5:30	Dhimahi Shukla	219311151
2022/09/10 3:32:16 PM GMT+5:30	Parth Tayal	199302212
2022/09/10 3:43:53 PM GMT+5:30	Pratik Joshi	209301463
2022/09/08 7:37:46 PM GMT+5:30	Anisha Lamba	219311161
2022/09/08 7:56:21 PM GMT+5:30	Aditya Aryan	209303086
2022/09/08 8:10:53 PM GMT+5:30	Khushi Goel	219302073
2022/09/08 8:16:34 PM GMT+5:30	Ankit raj	209301590

2022/09/08 8:44:26 PM GMT+5:30	Abhinav verma	219301494
2022/09/08 8:44:35 PM GMT+5:30	Aabhas Tanay	219303153
2022/09/08 8:45:06 PM GMT+5:30	Ashvath Jain	219301229
2022/09/08 8:59:56 PM GMT+5:30	J. Saketh Kumar	219303063
2022/09/08 9:18:59 PM GMT+5:30	Sayonil	219303057
2022/09/08 9:27:41 PM GMT+5:30	Pratibha Keshwani	210903068
2022/09/08 9:38:42 PM GMT+5:30	Adyant gaur	219302287
2022/09/08 9:50:13 PM GMT+5:30	Jasveer dewasi	219301128
2022/09/08 9:55:24 PM GMT+5:30	Kanishk Gupta	219301424
2022/09/08 10:03:10 PM GMT+5:30	Mrigang agarwalla	219205017
2022/09/09 12:11:50 AM GMT+5:30	Dhruv dogra	219302454
2022/09/09 4:02:47 PM GMT+5:30	Saiyam Rawat	219302423
2022/09/09 8:28:56 PM GMT+5:30	Devank Agarwaal	29302390
2022/09/09 8:38:37 PM GMT+5:30	Chirag gera	209205002
2022/09/09 8:39:50 PM GMT+5:30	Abhivandya Abhiram	219301709
2022/09/09 9:32:09 PM GMT+5:30	Muskaan Lalchandani	219309012
2022/09/09 9:38:16 PM GMT+5:30	Dev Patel	219302250
2022/09/09 10:04:56 PM GMT+5:30	Raunak Tibrewal	210901135
2022/09/09 10:06:56 PM GMT+5:30	Joy	219301342
2022/09/09 10:09:13 PM GMT+5:30	Mishu mathur	210901208
2022/09/09 10:10:42 PM GMT+5:30	Shruti	.
2022/09/09 10:23:12 PM GMT+5:30	Hitansh mehindiratta	219310103
2022/09/09 10:23:51 PM GMT+5:30	Divyansh Tripathi	219301627
2022/09/09 11:39:25 PM GMT+5:30	Lakshya Goel	219301625
2022/09/09 11:49:24 PM GMT+5:30	Gaurav Sharma	209309079
2022/09/10 12:01:18 AM GMT+5:30	Vineesh Singh	219302141
2022/09/10 12:18:35 AM GMT+5:30	Pranavi Sharma	219310143
2022/09/10 1:27:56 AM GMT+5:30	Riddhi pawar	211201019
2022/09/10 1:41:33 AM GMT+5:30	Amit Kumar Patel	211015056
2022/09/10 2:08:17 AM GMT+5:30	Rohit sharma	219309155
2022/09/10 1:08:08 PM GMT+5:30	Anushka Thakkar	219301745
2022/09/10 2:22:24 PM GMT+5:30	VishnuPriya	211002028
2022/09/10 2:26:15 PM GMT+5:30	Anvarshu Gopal	211002011
2022/09/10 3:32:16 PM GMT+5:30	Akshit Saini	199403030
2022/09/10 3:43:53 PM GMT+5:30	Onshi Sikri	209302381

9. Post event link:

<https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>



Signature of the Student Coordinator
Aryaman Sahay
Chairperson, MUJ ACM Student Chapter

Signature of the Faculty Coordinator
Dr. Akhilesh Kumar Sharma
School of Information Technology

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



MANIPAL UNIVERSITY
JAIPUR

MUJ/DSW/Student Clubs/2022/Renaissance/September

DIRECTORATE OF STUDENTS' WELFARE

Club Renaissance

Presents

Name of the Event: Avighna (Ganesha Graffiti)

Date of Event: 9th September 2022



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1.Introduction of the Event

Club Renaissance (Department of Fine Arts) is planning to create a Graffiti of Lord Ganesh on this auspicious festival of Ganesh Visarjan. It is a PAN Manipal event i.e., open for all. The event will be held under the guidance of Dr. Kusum Kanwar (Teacher Coordinator) and the members of Club Renaissance.

2.Objectives of the Event

The objective of this event is to make the students of MUJ feel homely and connected to lord Ganesh on this Ganpati Visarjan.

3.Beneficiaries of the Event

Faculties, Staff and Students of Manipal.

4.Brief Description of the event

After 10 days of Ganesh Chaturthi, we celebrate Ganesh Visarjan. 'Agle baras fir ana' - with this note and gratitude in our hearts. Club Renaissance has taken the initiative to make this day special by creating a Lord Ganesh graffiti, turning it into a PAN Manipal event. A 4 × 4-foot canvas will be set up in the AB1 back lobby area. Acrylic paints and brushes will be the material we use. Everyone is welcome to use the resources and add to painting the canvas. It will be fun this way. We'll start painting on September 8, 2022. After the graffiti is complete, it will be _____ and put on exhibit on September 9, 2022. The event will be held under the guidance of Dr. Kusum Kanwar (Teacher Coordinator) and the members of Club Renaissance.

5. Photographs



6. Brochure or creative of the event





गणपती
बाप्पा
मौश्या

**LET'S PAINT OUR
GANPATI TOGETHER**

Form students to teachers and staff members, Club Renaissance invites you all to join us on this ganpati visarjan and make a graffiti in our bappa's remembrance and return

VENUE: IN THE COLLEGE CAMPUS

TIME: 12:30AM - 4:00AM

7.Schedule of the Event

CLUB RENAISSANCE AVIGHNA EVENT SCHEDULE

DATE – 9TH SEPTEMBER 2022

12:00pm	Commencement of the event.
12:00 to 3:00pm	Painting Graffiti.
3:00pm	Wind up.
3:00 to 5:30pm	Display of Graffiti.

Attendance: 55

Name	Registration number
Siddhartha varshney	209302342
Kartikeya Jain	219309027
Urja Dogra	211007005
Purna Singh	219301448
Vaatsalya Babbar	219310034
Tanu Rathee	219310330
Gaurvi Gupta	210901324
Khushi Panwar	211007014
Anushka Anup	219302165
Nikeeta Chaudhary	211103001
Jatin Juneja	219309043
Harshit Sirohi	209301150
Samarth Jaiswal	219310019
Musu Priyam	219301204
Ayush	219311294
Vikram Kumar	219302159
Anushka Bhati	211103084
Aradhna Juneja	211007052
Arjun Aghera	199301134
Harshita Kejriwal	199303132
Abhishek Manjhanwal	199301183
Divyansh Garg	199303033
Saivam Kumar	199101003
Vrinda Kohli	209301473
Tanay Pandey	209303241
Sabiha Khan	201007057
Arjun Aghera	199301134
Mitesh Sharma	209303213
Apoorva Kharb	211007045
Naina Ghai	209303208
Udhav Veer Singh	210801013
Ananya Jaitly	219301061
Anushka Anup	219302165
Aradhna Juneja	211007052
Draksha Jogiani	211007059
Tanu	219310330
Devansh Arora	209303373
Avani Apalla	209302311
Harsh Sharma	209303124
Lavanya Bisht	209202112
Pranshi Goyal	201103031
Mansa Dixit	209301467
Aryan Jain	209301237
Aditi Agarwal	209301458
Ansh Ranjan	209301212
Abhinav	210901085
Manogya	209301170
Nikeeta Singh	209309089
Jatin Juneja	219309043



Ms. Chitwani Wadera

Name & Signature

(Year, Reg. Number, Department)

Student Coordinator

7051424242

Contact Number



Dr. Kusum Kanwar

Name & Signature

(Department)

Faculty Coordinator

94135619113

Contact Number

**DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR**



Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



DIRECTORATE OF STUDENTS' WELFARE

MIND OVER MATTER

PRESENTS

Gratitude Fiesta

Counselling Event

OFFLINE EVENT

VENUE: 307, AB1

Date of Event (12th September 2022)

(5:00 AM- 6:30 PM)



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8.	Attendance of the Event	6+7
9.	Link of MUJ website	

1. Introduction of the Event

Mind Over Matter the mental health club of MUJ, finally organized an offline event called the Gratitude Fiesta. The event was a compilation of 2 fun games and 2 activities that overall encouraged us to show our gratitude towards our own lives and the people we love. The events were a mix of several agendas surrounding stress-bursting fun and propagation of the aim of the club. Everything was prepared to make the event fun yet meaningful, attaining to the ideology of college students. The working team of Mind Over Matter had a clear vision to represent the club as an understanding, free and creative space for young minds to bloom and blossom.

2. Objectives of the Event

- To spread the word about the purpose and working of our club
- To understand the point of views of students about mental health
- To create awareness about Mental Health and break the myths about it.
- To give students a break with some fun and interesting activities

3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

The series of activities held through the event of Gratitude Fiesta included- the Gratitude wall, the hand-print wall, the Heads-up challenge and the Whisper Challenge. The first two events were games played in teams that was decided during the registrations itself. The first activity was the Heads-up challenge wherein one team member had to pick up chits with words written on it and explain them to the other member through actions. The other member had 30 seconds to guess the word. All teams played in the same manner and the team with the maximum correct words won the challenge.

The second activity was the Whisper challenge in which one member of the team had to put on the headphone which played loud songs in order to prevent the person from hearing the words the other team members tries to make them understand through mumbling. This game created a really fun environment, eventually leading out a winner team that guessed the major number of right words.

Apart from these fun games, the team had created 2 boards- one to stick notes of gratitude to it and the other to stamp handprints on it. All the participants and team members participated in filling up these 2 boards with beautiful messages and handprints.

MOM had decided on prizing the winners with cash incentives. The winning teams were announced and congratulated with Incentives. All the participants were given participation incentives.



5. Photographs of the Event



FIG.1 students are doing hand impression, FIG.2 students and counsellors are enjoying the event.



FIG.3 students are participating in games ,FIG.4 photograph with core team ,counsellors and participants .



MANIPAL UNIVERSITY
JAIPUR

6. Brochure of Event

 **MANIPAL UNIVERSITY JAIPUR**

GRATITUDE FIESTA

Mind Over Matter Presents

Fun game session for all

 **SEPTEMBER 12, 2022**

 **MANIPAL UNIVERSITY JAIPUR**

 **5PM TO 6 PM**

Enjoy fun activities like

- Heads Up Challenge 🗺️
- Whisper Challenge 🎧
- Gratitude Board

Get a chance to win prizes 🏆

Discount coupons and goodies 🍫 for participants

REGISTER NOW!



7. Schedule of the Event

The event took place online on campus in room number 307, AB1

Date: 12-09-2022

Time: 5:00- 6:30

8. Attendance of the Event

total attendance of the event - 42

Team name	Team member 1 name	Team member 2 name
Outpass	Aditi Singh Parihar	Gauri Tyagi
Chronic	Vanshraj Panwar	Yash Sharma
vedant	vedant porwal	ashvath jain
Night out	Vasvi garg	Prisha tated
Team Valhalla	Manu Kabra	Aadya
SnM	Shrija Banerjee	Mihir Gupta
Bitches	Kashish Chadha	Tushar matta
Team mismatched øÿ™^	Divyanshi Shekhawat	Sarvagya Yadav
Flash	Dhawal raj chouhan	Vipin
Tortoise	Prince	Sristi
The Tauruses	Manya Agarwal	Vishva Dave
The Rockstars	Maivya	Aviral
SARKARøÿªøÿ‘‘	Yash kapoor	Avinash Yadav
K-D	Kuldeep Singh	Dharmesh Choudhary
Grim Reapers	Varun Jindal	Tanisha Doshi
Gentalmens	Chinmay upadhyay	Devansh
Rajma chawal	Sanchi	Shraddha
Silent killers	Manoj kumawat	Raunish De
Team originals	Lalit Kumawat	Mridul
Cloud3	Sourabh Kumar	Vasu Avasthi
Ace	Saloni singh	Vanshika



Silent killer	Manoj kumawat	Raunish de
Basic peeps	Arush Chauhan	Sanya Pankaj
Abracadabra	Radhika Kedia	Priyanshi Vyas
Desi boyz	Aditya Singh	Mayank Aditya pal
Mvp's	Naman	Prashant
HYWIGAK	Aniket Sharma	Vineesh Singh
Crew-X	Shriyanshi Srivastava	Pranavi Sharma
PokÃ©mons	Prince Tayal	Ananya Maheshwari
Aruanu	Anushka Anup	Arundhati De

9.Link of MUJ website

<https://forms.gle/jqQpuXM16FGxEaMG7>

Student coordinator

Garima Kaushik

President, Mind Over Matter, MUJ

Signature of the student coordinator

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare



MANIPAL UNIVERSITY
JAIPUR

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



**MANIPAL UNIVERSITY
JAIPUR**

MUJ/DSW/Student Clubs and Chapters/021/Coreografia/ 25 January.



**MANIPAL UNIVERSITY
JAIPUR**

**DIRECTORATE OF STUDENTS' WELFARE
FACULTY OF ENGINEERING**

SCHOOL OF AUTOMOBILE, MECHATRONICS AND MECHANICAL

DEPARTMENT OF MECHATRONICS ENGINEERING

Dance Fitness Workshop

Date of Event- 25th January



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1. Introduction of the Event:

Dance Fitness was an event conducted by Coreografia to help students understand the importance of being fit. This workshop was part of a series of workshops that made students explore their fitness levels through dance.

2. Objective of the Event:

- To organize a dance-fitness session for all the new members.
- To unite and have fun with their common love for dance despite the current pandemic situation.

3. Beneficiaries of the Event:

Students of MUJ, exclusively for Coreografia members.

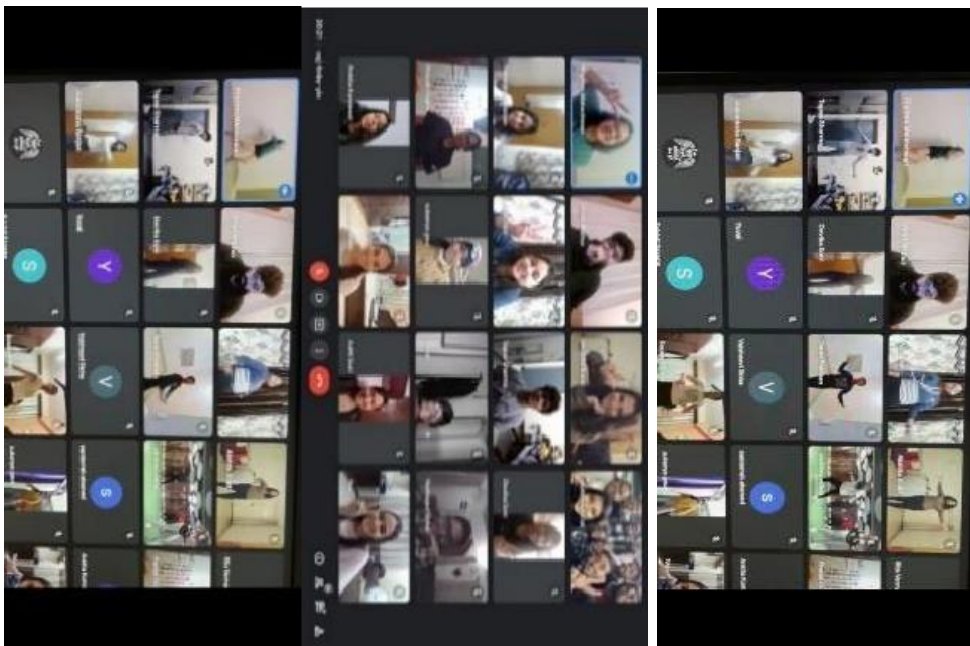
4. Details of the Guests with contact details:

Ritu Verma - +91 9663895893

5. Brief Description of the event:

Coreografia invites all its new members to take part in a workshop where we enhance their fitness levels by mixing dance and basic fitness exercises. The workshop was taught by Ritu Verma who is an alumni of Coreografia. There was a sense of excitement and zeal within the participants as this workshop was full of energy. The event is an opportunity for all the freshers to display their talents as individuals before getting selected into various groups within the club.

6. 3 to 5 photographs of the event or screenshots of the event with captions:





Stills from the event

Stills from the event

Stills from the event

7. Brochure or creative of the event:



8. Schedule of the event:

Date	Day of the Week	Timing	Description
21/01/22	Friday	4:00 PM	Event info and form for the workshop was shared
25/01/22	Tuesday	6 PM	Workshop began on Google Meet
25/01/22	Tuesday	8:30 PM	Workshop Ended



**9. Attendance of the Event:
Total attendees- 126 members**

Sno	NAME	REGISTRAION NO	BRANCH and COURSE	YEAR
1	Vedanshi Kakani	201002006	BSc/Biotechnology	2nd
2	Ishika chatter	219301214	BTech/CSE	1st
3	Rutuja	219302013	BTech/IT	1st
4	Krutika Maheshwari	209309013	BTech/DSE	2nd
5	Yashi Sharma	211007020	BSc(Hons.)/Psychology	1st
6	Devyansh saraswat	190606010	BDes	3rd
7	Krish Santoki	219403014	BTech/Mechatronics	1st
8	Vedanshi Kakani	201002006	BSc/Biotechnology	2nd
9	Ishika Jaiswal	211007067	BSc/Psychology	1st
10	Aanchal goyal	219301281	BTech/CSE	1st
11	Tejasvita Jain	219310135	BTech/AI&ML	1st
12	Ritika Malhotra	219302332	BTech/IT	1st
13	Anamik Mane	219302481	BTech/IT	1st
14	Shreeya Jangid	211103091	BA psychology hons	1st
15	Himanshee Gangwani	210901187	BBA	1st
16	Shubhangi Tak	211103101	BA(Hons.)/Psychology	1st
17	Yash Choudhary	219301060	BTech/CSE	1st
18	Prerna Singh	219301448	BTech/CSE	1st
19	Mansha Bansal	219311067	BTech/IOT	1st
20	Bhavin Sehrawat	219302421	BTech/IT	1st
21	Aditi Mungale	209302304	BTech/CSE	2nd
22	Soumya Walia	219302101	BTech/IT	1st
23	Priyanshu Saini	209301418	BTech/CSE	2nd
24	Mayurakshi Ghosh	211016095	MSc/Clinical Psychology	1st
25	Suhani Patil	209202186	BTech/ECE	2nd
26	Ananya Singh	219311165	BTech/IOT	1st
27	Amith Antony John	219310305	BTech/AI&ML	1st



28	Kanishka Tyagi	211007058	BSc/Psychology	1st
29	Rtwik Nambiar	219310243	BTech(Hons.)/AI&ML	1st
30	Harshita kasaudhan	219301191	BTech/CSE	1st
31	Sona sharma	219303201	BTech/CCE	1st
32	Tanisha Chadha	211007061	BSc/Psychology	1st
33	Nimisha nambiar	211002001	Bsc/Biotechnology	1st
34	Rishika Kumar	209302134	BTech/IT	2nd
35	Mythili ittaman	200601006	BDes/Fashion Design	2nd
36	Uneza Khan	211301051	BA/LLB	1st
37	Geetika Porwal	209303041	BTech/CCE	2nd
38	Aanchal chunarkar	210903085	BCom(Hons.)/ACCA	1st
39	Vanisha Tyagi	219301323	BTech/CSE Core	1st
40	Vipul Mehndiratta	211106002	BA/Liberal Arts	1st
41	Sourav Sharma	210901283	BBA	1st
42	Shirin	219301170	BTech/CSE	1st
43	Zaara Mustakim	201103034	BA Hons Psychology	2nd
44	Gopal Sukhwal	199402034	BTech/Mechanical	3rd
45	Subham Marothi	209301320	BTech/CSE	2nd
46	Sejal Shirsale	209303345	BTech/CCE	2nd
47	Akanksha Abhilipsa	209303286	BTech/CCE	2nd
48	AKSHITA BHATT	219303193	BTech/CCE	1st
49	Khushi verma	211004006	BSc/Chemistry	1st
50	Fareeha Mulla	219301161	BTech/CSE	1st
51	Aditi Jain	210901348	BBA	1st
52	Jahanvi Agarwal	210901109	BBA	1st
53	Mahak Mahajan	211301109	BA/LLB	1st
54	Pranali Gupta	211103026	BA(Hons.)/Psychology	1st
55	Mahak Mahajan	211301109	BA/LLB	1st
56	Krupa Sheth	211016075	MSc/Clinical Psychology	1st
57	Khushi Gund	201007006	BSc(Hons.)/Psychology	2nd
58	Advika Shah	219302242	BTech/IT	1st
59	Shubhangi Ghosh	209309051	BTech/DSE	2nd
60	Rajvijay Singh Gaur	219303046	BTech/CCE	1st



61	Atik Raghuwanshi	219302236	BTech/IT	t
62	Kushagra Mathur	219310033	BTech/AI&ML	1st
63	Upvan Luthra	219302304	BTech/IT	1st
64	Tarun pradhan	219302396	BTech/IT	1st
65	Suhani	201007044	BSc/Psychology	2nd
66	Shubhangi Sharma	211103015	BA/Psychology	1st
67	Kanika Mahajan	210901341	BBA	1st
68	Kritika Sudhera	219303042	BTech/CSE	1st
69	Shivanshi Sharma	211301040	BA/LLB	1st
70	Tanvi Bhardwaj	219301209	BTech/CSE	1st
71	Lasya Varma	219310140	BTech/AI&ML	1st
72	Anshika Jaiswal	209302285	BTech/IT	2nd
73	tapas sharma	219202008	BTech/CSE	1st
74	Pravartika mishra	219303120	BTech/IT	1st
75	Srishti Saxena	201007004	BSc/Psychology	2nd
76	Aditi Goel	219301543	BTech/CSE	1st
77	Nishita Gogia	219301155	BTech /CSE	1st
78	Aditi Vinayan	211016087	MSc/Clinical psychology	1st
79	Khushi Ganatra	219303154	BTech/CCE	1st
80	Khushi Srivastava	209303162	BTech/CCE	2nd
81	Dhruv jhanwar	209301369	BTech/CSE	2nd
82	Anmol Bali	211301094	BA/LLB	1st
83	Neha Reddy Vutukuri	209301519	BTech/CSE	2nd
84	Sanya Ahuja	211103040	BA(Hons.)/Psychology	1st
85	Priyal Jain	219309126	BTech/DSE	1st
86	Madhav Mendiratta	219310027	BTech/AI&ML	1st
87	Kumari Vaishnavi	219302349	BTech/IT	1st
88	Nupur Palav	209202061	BTech/ECE	1st
89	Ankita Rajasekharan	211016006	MSc/Clinical Psychology	1st
90	Kashvi Singh	219301334	BTech/CSE	1st
91	Devika Raja	219303069	BTech/IT	1st
92	Mahek Chokhani	211201037	BJMC	1st



93	Yuval shah	219403009	BTech/Mechanical	1st
94	Kashish Verma	219301620	BTech/CSE	1st
95	Bhavya Vardhan Jain	219302347	BTech/IT	1st
96	Mukul sharma	201106012	BPES	2nd
97	Anjali Jain	211103087	BA(Hons.)/Psychology	1st
98	Jayansh Sharma	210901361	BBA	1st
99	Ananya Puranik	211007015	BSc(Hons.)/Psychology	1st
100	Aakanksha Ranjan	201016040	MSc/Clinical Psychology	2nd
101	Devika Soni	210601015	BFD	1st
102	Krishna koushika	219309118	BTech/DSE	1st
103	Mimansha Ranawat	211201074	Bjmc	1st
104	Ojasvitaa Bist	219301671	BTech/CSE	1st
105	Khushi	201007039	Bsc(Hons.)/Psychology	2nd
106	Paavni chadha	211301067	BA(Hons.)/LLB	1st
107	Pankhuri	219202051	BTech/CSE	1st
108	Vandit Chitkara	219301102	BTech/CSE	1st
109	Manjul Varshney	219302057	BTech/IT	1st
110	Himanshi Punjabi	211007042	BSc(Hons.)/Psychology	1st
111	Aakash Lakhangaonkar	189301168	BTech/CSE	4th
112	Ridhima Gupta	209301352	BTech/CSE	2nd
113	Anushka Dixit	209303315	BTech/CCE	2nd
114	Shukanya singh	219302025	BTech/IT	1st
115	Diya Mehta	211103070	BA(Hons.)/Psychology	1st
116	Pooja Sharma	201105017	BA/Liberal Arts	2nd
117	Ankita kumawat	211004003	Bsc(Hons.)/Chemistry	1st
118	Aditi Bendre	211015004	BCA	1st
119	Kanika taneja	211004002	Bsc(Hons.)/Chemistry	1st
120	Tanisha Nindawat	210603035	BFA/Applied arts	1st
121	Aditya Kumar Sinha	219310144	BTech/AI&ML	1st
122	Anshi sangani	219301562	BTech /CSE	1st
123	Pillai Anjali Satish	211016024	MSc/Clinical Psychology	1st
124	Taru jain	201015028	BCA	2nd



125	Varaa Sharma	219303004	BTech/CCE	1st
126	Arushi sharma	219311005	BTech/IOT	1st

10. Feedback of the Event:

The participants thoroughly enjoyed this workshop. It was a great medium to learn with their fellow club members along with the help of their seniors. They would like to attend more of these events.

11. Link of MUJ website –

<https://jaipur.manipal.edu/muj/news-events/events-list/bollyhop-workshop.html>

Signature of the Faculty Coordinator

Mr. Hemant Kumar

Department of Mechatronics Engineering

<p>DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	<p><u>Dr. Arun Kumar Poonia</u> Asst. Director, DSW Clubs</p>
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**MANIPAL UNIVERSITY
JAIPUR**

COUNSELLING

DIRECTORATE OF STUDENT'S WELFARE

**NAME OF EVENT – BEATING THE EXAM STRESS
(NON-FINANCIAL EVENT)**

15th July 2022



Content of Report (INDEX)

1. Introduction of the Event

2. Objective of the Event

3. Beneficiaries of the Event

4. Details of the Guests

5. Brief Description of the event

6. Photographs

7. Brochure or creative of the event

8. Schedule of the Event

9. Attendance of the Event

12. Link of MUJ website



1. Introduction of the Event

“Beating the Exam stress” conducted by the mental health club of MUJ- Mind Over Matter, was inspired by the theme of sorting out heavily messed up exam minds. Its idea was to create a tension-free environment, where students in exam anticipation and anxiety could clear out mental knots, find solutions to before-exam problems and learn ways to be more productive. As young learners, we took the help and guidance of the respected counsellors of our college, who were insightful in their approach to the topic. The session was interactive and extremely fruitful for all who needed it.

2. Objective of the Event

The Core working team of Mind Over Matter was clear and purposeful in its approach towards the aim behind the event. We wanted it to be a productive spend of time for students to put down their books for an hour and learn something they will need for their lives. Our aim was to help students answer basic psychological queries like-dealing with anxiety before exams, importance of self-care, confidence and consistency, practical methods for better concentration and productivity, and recognition and appreciation of our hard work.

3. Beneficiaries of the Event

- Clarity in the way of thinking about exams
- Useful ways of dealing with fear and anticipation
- Importance of routines and discipline
- Self-appreciation for the hard work we do, as a motivation for future actions.

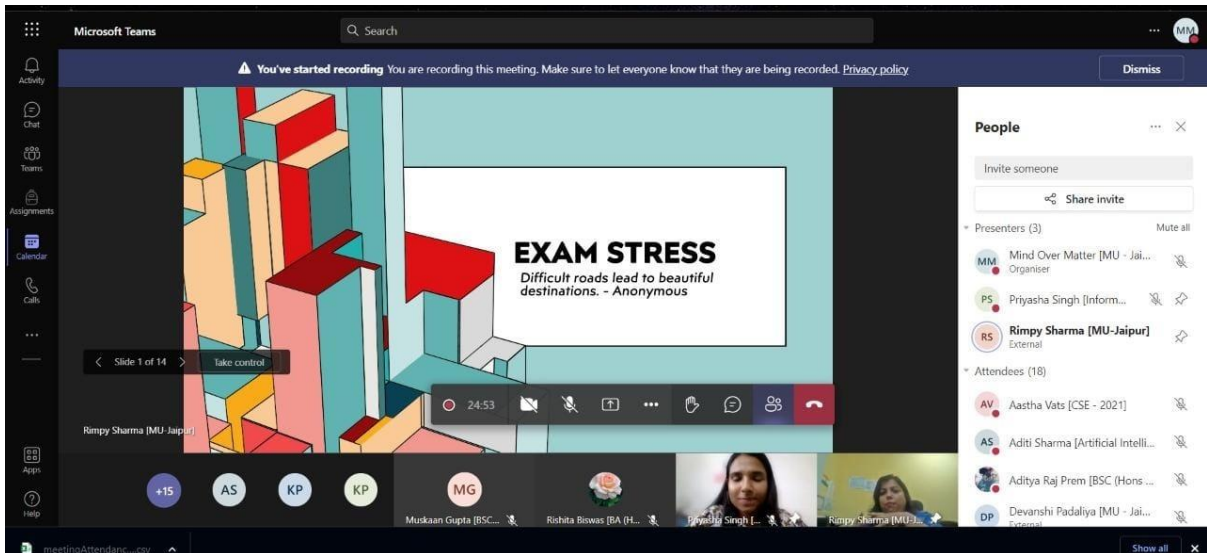
4. Details of the mentor

Details of the mentors: Ms. Devanshi Padaliya, Ms. Vandana Kabara, Dr. Rimpay Sharma (Counsellors of MUJ)

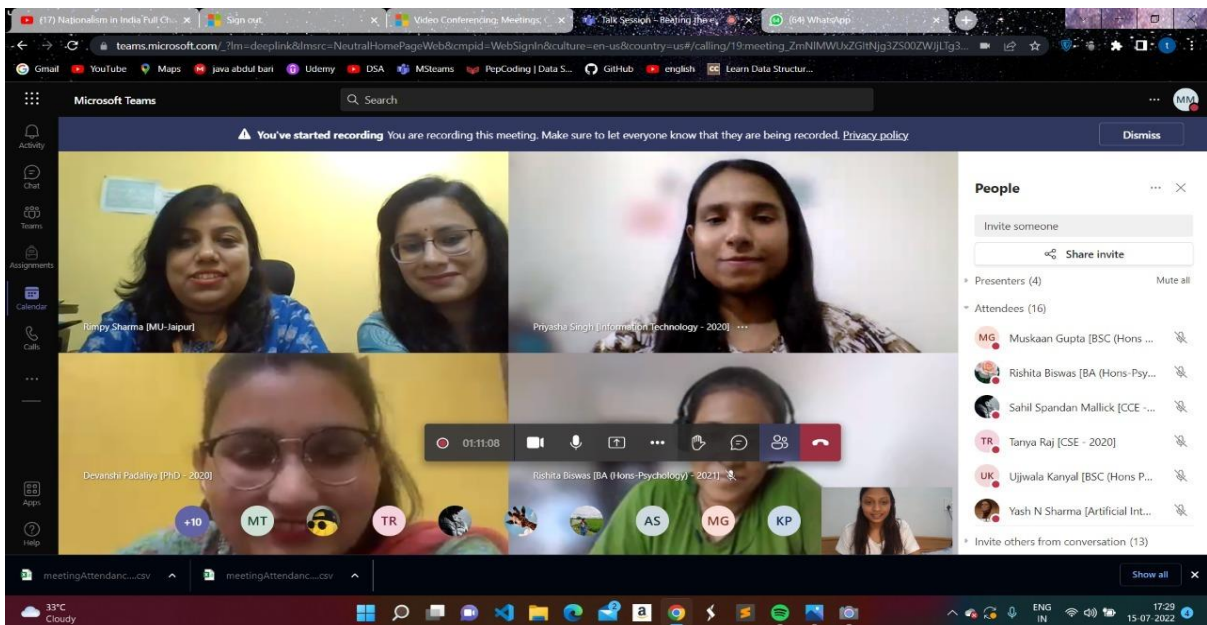
5. Brief Description of the event –

The event began with the introduction to the concept of counselling, its usefulness and necessity. The mentors created a rapport and easiness with the audience before diving into the topic. A presentation made by the counsellors guided us through the event. After their explanations, the floor was opened to questions from the audience. Our host Priyasha Singh (Vice President, MOM), on behalf of the team, discussed some essential topics with the counsellors. Overall, the event was productive, informative and crucial for the students.

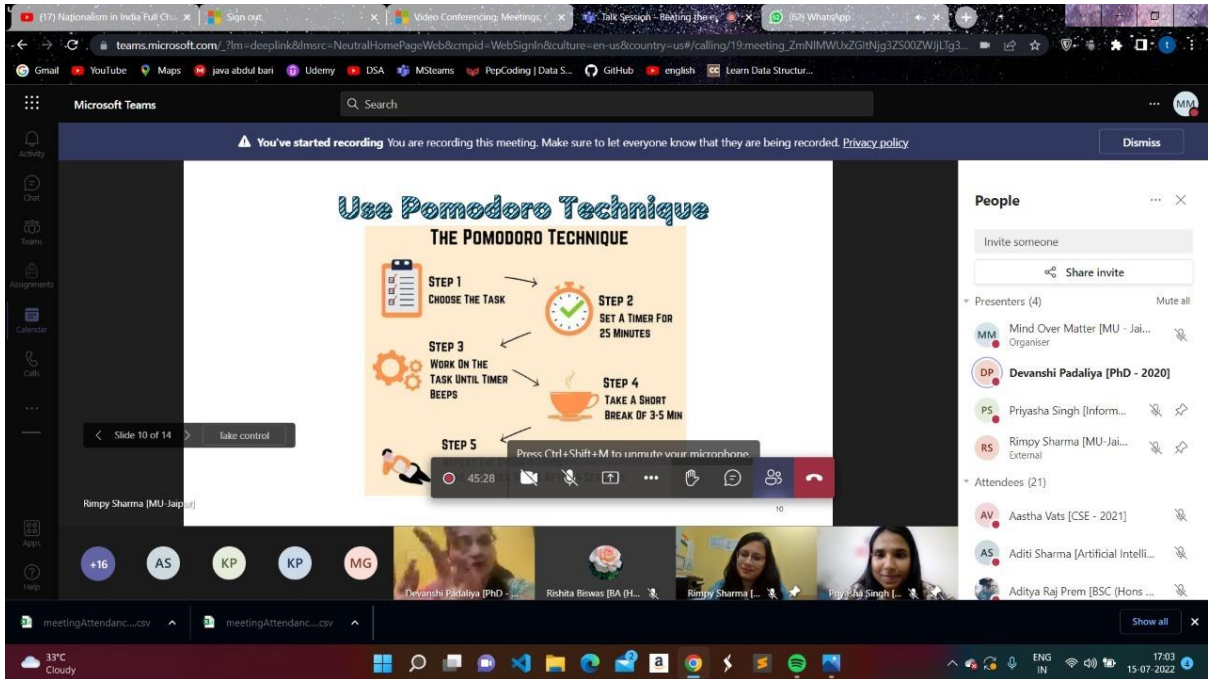
6. Photographs of the event -
- Slides explaining what exam stress is.



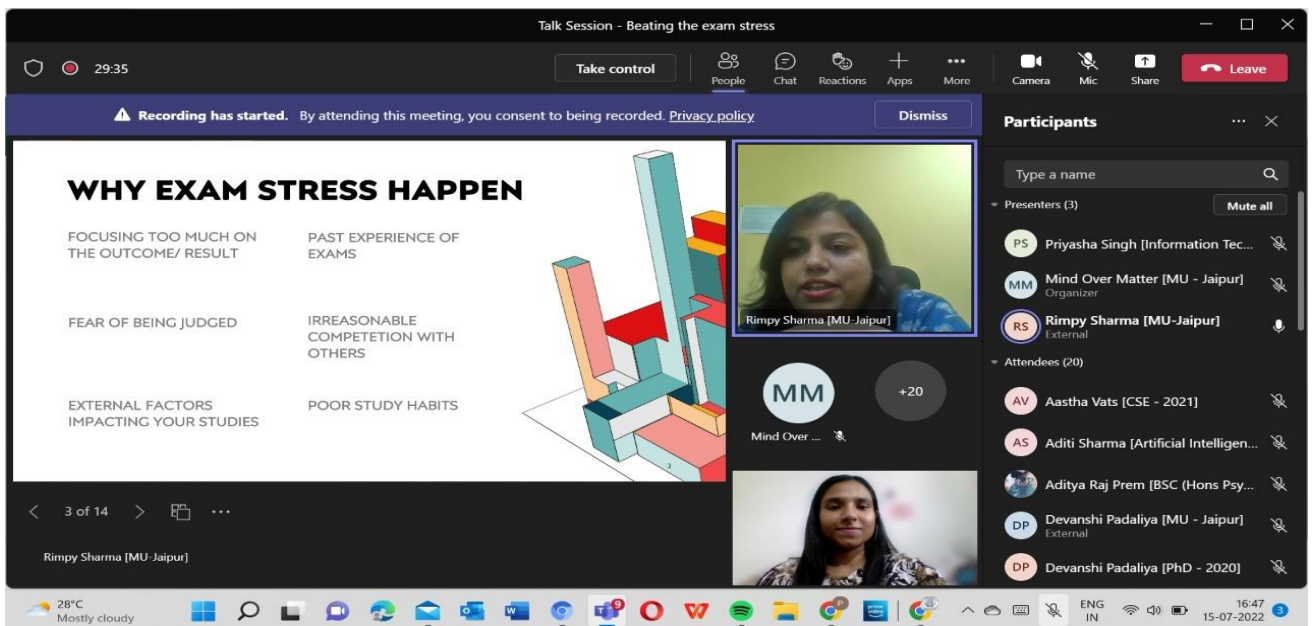
- Discussing the basic concepts of stress and worry.



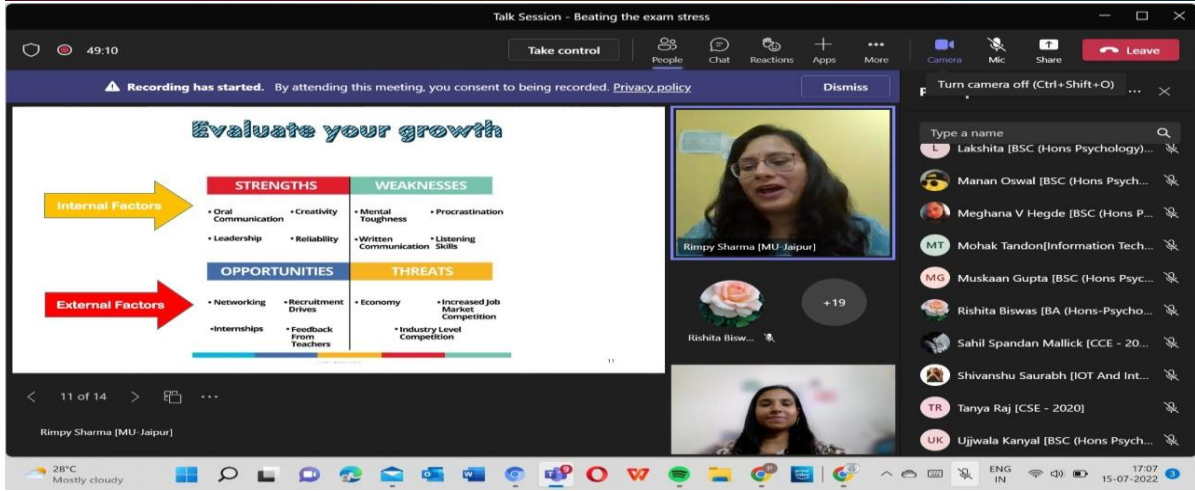
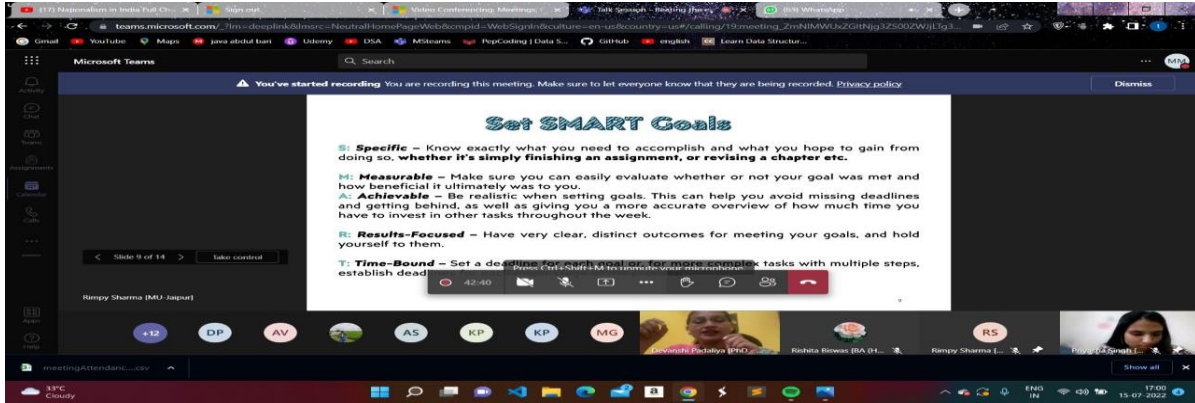
- Some of the effective ways to apply in your life which helps you prevent exam stress.



- In this pic Dr Rimpmy ma'am is discussing about why exam stress happens.

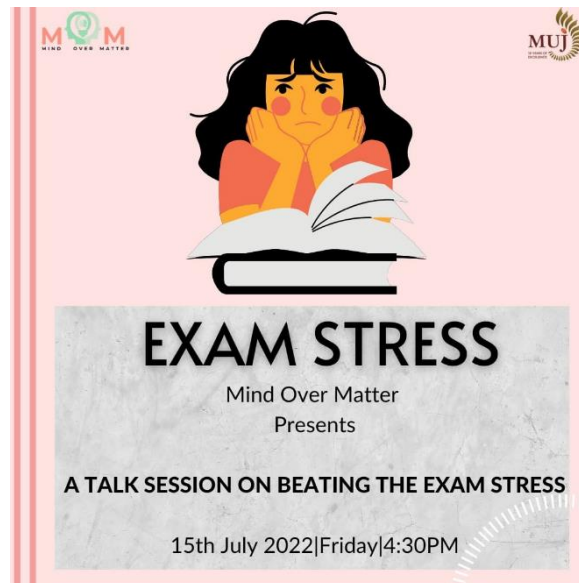


Some of the few pictures related to the session.



Some of the few pictures related to the session.

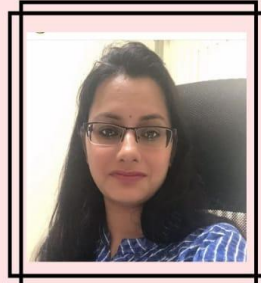
7. Brochure or creative of the event (inserted in document)



SPEAKERS PANEL



Ms Devanshi Padaliya
(Counsellor, MUJ)



Ms Vandana Kabara
(Counsellor, MUJ)



Dr Rimpay Sharma
(Counsellor, MUJ)

8. **Schedule of the event:**

Date - 15 July

Time- 4.30 PM

Platform - Microsoft Teams

9. **Link of the event-**

<https://forms.gle/Bh9En54pkiihYbDS6>



10. Attendance document is attached

Sno.	Name
1	Priyasha Singh
2	Khushi Panwar
3	Muskan G
4	Kashish Parmar
5	Aditi
6	Ujwalla
7	Arundhati de
8	Hansika kh
9	Tanmay M
10	Divyanshi
11	Kanika
12	Rishita
13	Rimpy
14	Devanshii
15	Sankalp
16	Astha
17	Garima
18	Sahil
19	Manan
20	Aditya
21	Tanya
22.	Meghna
23	Thakur
24	Mohak
25	Pradyum
26	Lakshita
27	Priyanshu
28	Gaurav
29	Shivanshu

Post event link: <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>



Faculty coordinator

Rimpy Sharma

(Dr Rimpy Sharma)

Student Counsellor

Directorate of Student's Welfare

Vandna Kabra

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

Devanshi Padaliya

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

<p>DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	<p><i>Arun Kumar Poonia</i> Dr. Arun Kumar Poonia Asst. Director, DSW Clubs</p>
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MANIPAL UNIVERSITY
JAIPUR



MANIPAL UNIVERSITY JAIPUR

DIRECTORATE OF STUDENTS WELFARE

COUNSELLING EVENT

NAME OF EVENT – IMPORTANCE OF IKIGAI IN YOUTH

(NON-FINANCIAL EVENT)

12TH AUGUST 2022

(7:30-8:30 pm)

Content of the report (INDEX)

S. No.	Activity Heads	Page no.
1.	Introduction of the Event	<u>01</u>
2.	Objective of the Event	<u>01</u>
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7.	Schedule event	<u>05</u>
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9.	Link of MUJ website	<u>05</u>



1. Introduction of the Event-

12th August 2022, the International Youth Day is an occasion to be celebrated with purpose and delight. With the hard work and efforts by the mental health club of MUJ- Mind Over Matter, an event with the concept of Ikigai was staged. An Instagram live session with a very special guest Miss Simran Takkar (counselling psychologist), enlightened us about finding our true purpose in life, and putting consistent efforts towards our goals. Ikigai is a Japanese concept considered the answer to a meaningful and purposeful life. Concisely, Ikigai is a concept that has been rooted in the cultural fabric of Japan for centuries and simply means, “reason to live.” In practice, the depth of the concept is much more than a simple translation; Ikigai is a lifestyle. Incidentally, the Japanese live it somewhat instinctively without much fanfare or ego.

Conceptually, Ikigai is a path, a way of life or journey; not a destination. Based on that, we can say that the benefits of ikigai are infinite. Following your passion on any given day is a day worth treasuring, hence following your ikigai every day is the root to living. To put it in more practical terms, your ikigai wakes you up in the morning and leads you away from a mundane, status-quo life-style. It empowers you and drives your actions, your purpose.

2. Objectives of the Event

- To understand the reason to our life choices
- To make a conscious choice about the of our purpose of life the meaning of life
- To motivate ourselves towards the better reason to get up in the morning and head to work full of energy
- To understand the roots of bad habits
- Impact of social media on our daily life
- To understand happiness of being



3. Beneficiaries of the Event

The event is open only to the MUJ students.

4. Brief description of the event

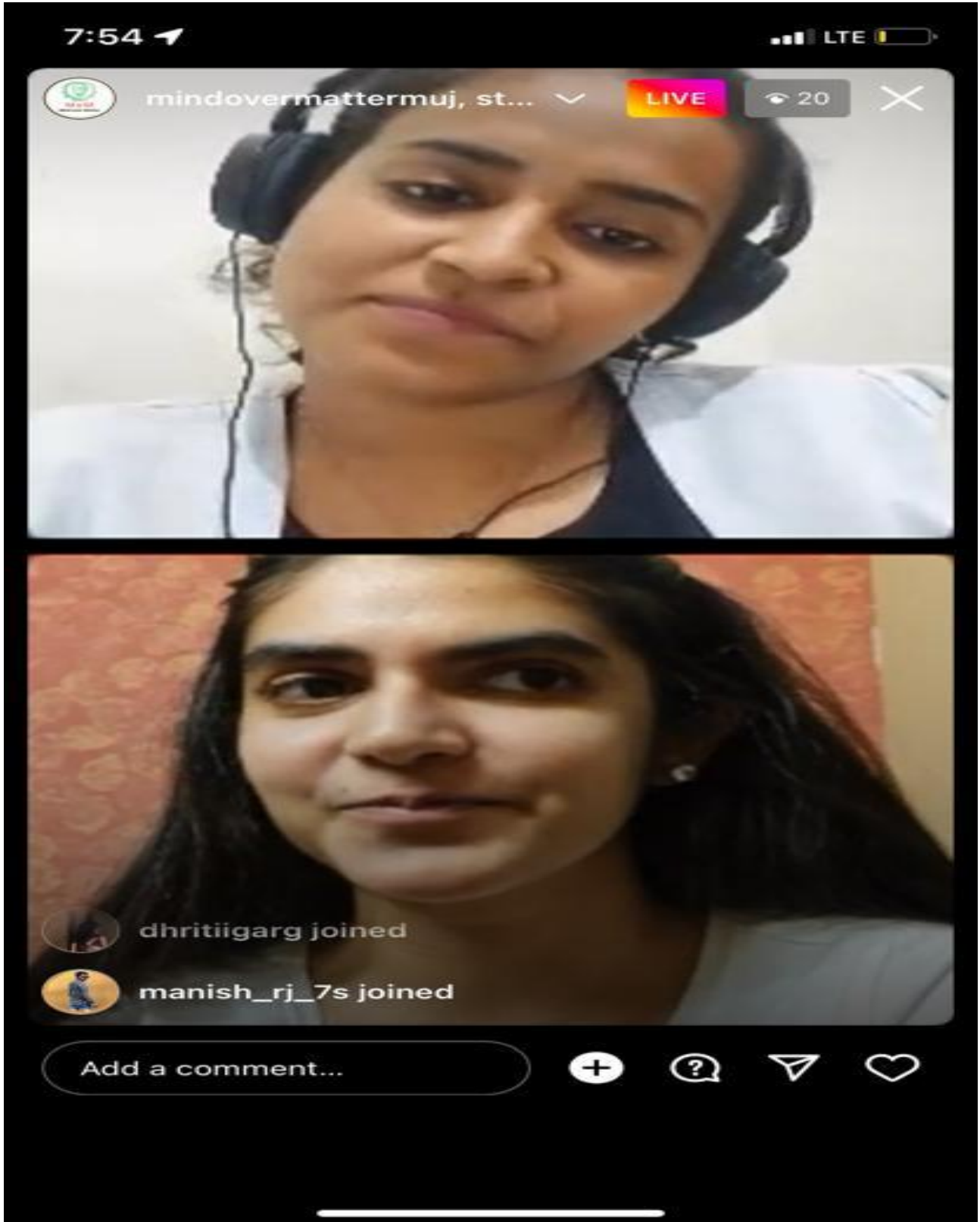
The Ikigai Instagram live session, held on 12th August 2022, revolved around the idea of finding the purpose of our lives. We all experience loss and failure, i.e., falling off the proverbial bicycle and skinning our knees. Circumstances out of our control throw life's curveballs at us constantly and we get knocked down. Our insightful guide for the event Miss Simran Takkar, a well-known counselling psychologist, started the event by sharing her own ikigai and asking the host of the event Rishita Biswas (Events Head MOM) to share hers.

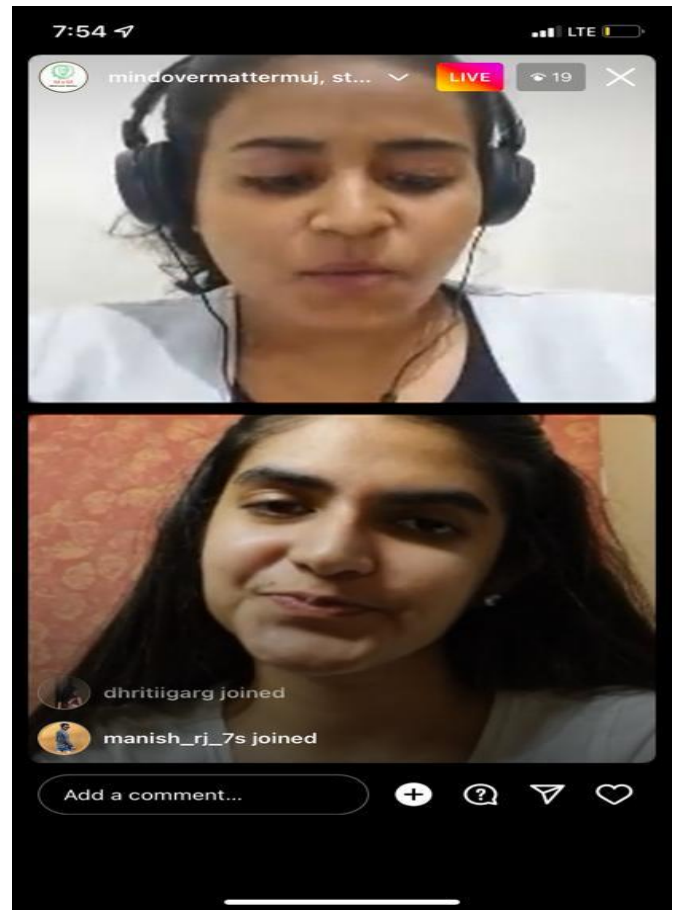
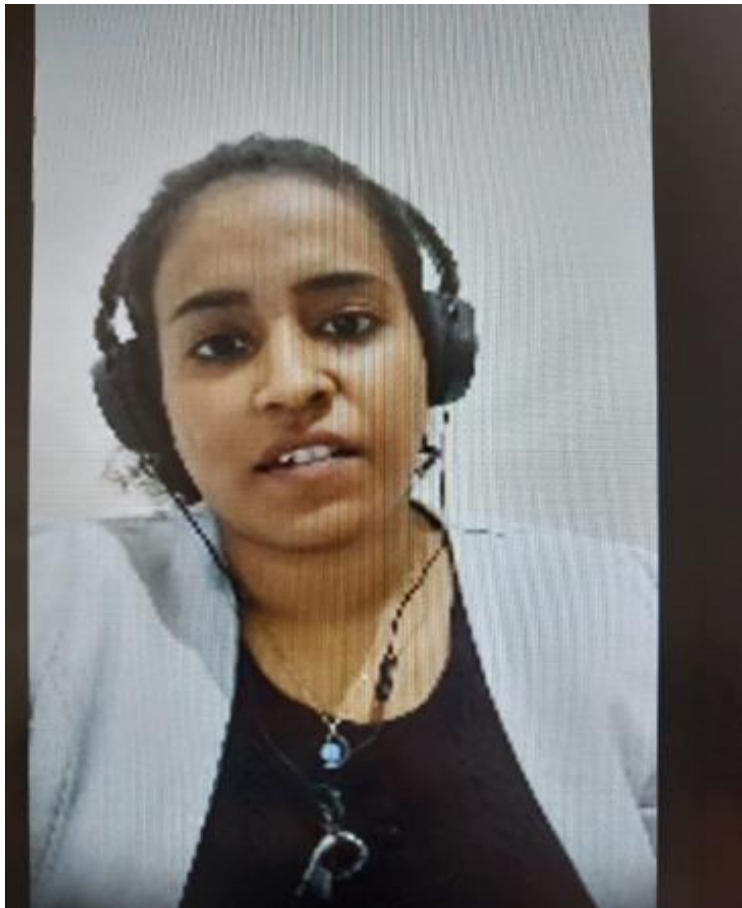
Following the greetings and introductory conversation, we headed towards the main part of the event, questioning the importance and reliability of Ikigai, its relatability in people's lives, how it personally improved our guide's life, and other such questions. The crowd interacted through the comments, asking their questions and acknowledging the views of Simran ma'am. The main focus of the event was on creating a balance or equanimity in life, which the youth today need to learn. This is what our speaker Simran Takkar shared with us, carving examples and personal life stories along with it.



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5. Photographs of the event





6. Brochure of the Event



"IKIGAI"

Mind over matter
presents

**Instagram live session on : Importance of
Ikigai for youth**

Speaker - Ms. Simran Takkar
(Counselling psychologists &
Former vice president of
MOM)

Time: 7:30 pm

12th August 2022



Join us @mindovermattermuj



MANIPAL UNIVERSITY JAIPUR

7. Schedule of the Event

The event took place online on Instagram

Date: 12-08-2022

Time: 7:30- 8:30

8. Attendance of the Event

More than 20 people joined the Instagram live session. Their participation is highly appreciated by the MOM club. Our college counsellor Ms. Devanshi Padaliya also joined us in the Instagram live.

9. Link of the event

<https://www.instagram.com/reel/ChKeNZCBH2I/>

10. Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

Devanshi Padaliya

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

Student coordinator

President

Garima

Name - Garima Kaushik

Phone no.- +91 95182 63191

3rd year, 201007070, Bsc Psychology (H)

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR



Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



DIRECTORATE OF STUDENTS' WELFARE

MIND OVER MATTER

PRESENTS

Mental health day

Counselling Event

OFFLINE EVENT

Date of Event (10th OCTOBER 2022)

(10:30am to 12:00pm)



Index

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9.	Link of MUJ website	7

1. Introduction of the Event

Mind over Matter, the mental health club of Manipal University Jaipur(MUJ) organized a event for mental health day . The events were organized by the club Mind over matter in collaboration with the department of psychology and cactus to increase awareness through certain activities which engaged the students and also were effective in achieving the goal of imparting information about mental health. With the theme of Make Mental Health for all a Global Priority, and the aim to spread mental health awareness and break down stigmas mind over matter in collaboration with the directorate of student welfare and the department of psychology organized an event.

The event had it all from beautiful dance performances to informative sessions and even a performance by cactus the fashion and perception society of MUJ.

2. Objectives of the Event

- To spread awareness about mental health issues through our college
- To stand a point on suicide, and things closely related to it.
- To educate the participants about helping themselves and their closed ones with mental trauma and suicidal thoughts.
- To get ideas about suicidal prevention steps and methods.
- To understand self-love on a deeper level.

3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

On mental health day Mind over matter, the mental health club of MUJ organized an event on this day in collaboration with the psychology department and cactus club. Mental health encompasses emotional, psychological, and social well-being, influencing cognition, perception, and behaviour. It also determines how an individual handles stress, interpersonal relationships, and decision-making. Mental health includes subjective well-being, perceived self-efficacy, autonomy, competence, and emotional potential, among others. From the perspectives of positive psychology or holism, mental health may include an individual's ability to enjoy life and to create a balance between life activities and efforts to achieve psychological resilience. Considering how much of a role your mental health plays in each aspect of your life, it's important to guard and improve psychological wellness using appropriate measures. The event was hosted by Aradhna the content head of Mind Over Matter. The event started with the auspicious lamp-lighting ritual followed by a beautiful performance by the department of psychology students of Ganesh Vandana. Ganesha is the **God of learning and knowledge and his devotion teaches one to be responsible and farsighted enough to differentiate between good and bad**. This is one of the main purposes of invoking Ganesha before any important event.

Dr Bhavana Arya maam head of the psychology department addressed the gathering as well. She delivered the concept note. Following that professor, Richa Arora mam addressed the gathering. After that registrar also graced the event with her presence and addressed the gathering. A session regarding menstrual health and hygiene was next by Dr Ranjana Jain. She talked about menstrual health and hygiene. How one can prevent infections and other diseases and how to discard menstrual waste and all the cleaning measures that are to be taken, and sanitary pads were also distributed amongst the universities sanitation staff. The department of psychology also presented a beautiful skit depicting the daily struggles that we all face. It was based on the theme that we as humans can be very ignorant of each other's happiness and sorrows. we could be in a room full of people and yet not see any one of



them, that's how blind humans can be to each other's happiness and sorrows. the department of psychology tried to shed light on this very human flaw through the means of the beautiful skit. Then, a much-awaited performance by cactus the fashion and perception society of MUJ displayed a breathtaking performance named expressions. In this performance, they displayed several emotions through a very different lens. Following cactus's performance was an insightful session with a registered psychiatrist Dr Raghav shah. the topic covered during this session was making mental health a global priority. The psychiatrist covered a wide range of topics from depression and anxiety to addiction and substance abuse. Following this, a question-answer round was done by sir where he answered several questions such as whether procrastination can be addicting etc. throughout this, mental health week a lot of events and competitions were held so small glimpses of video was played to relive them. Following this, there was a price distribution ceremony for the winners of the postcard competition. Then, Ms Vandana Kabra presented a thoughtful vote of thanks to conclude the event.

5. Photographs of the Event



Fig1. The speaker is addressing the audience.



Fig 2. Photo of the audience in the auditorium.



Fig 3. University sanitation workers listening to the speaker.

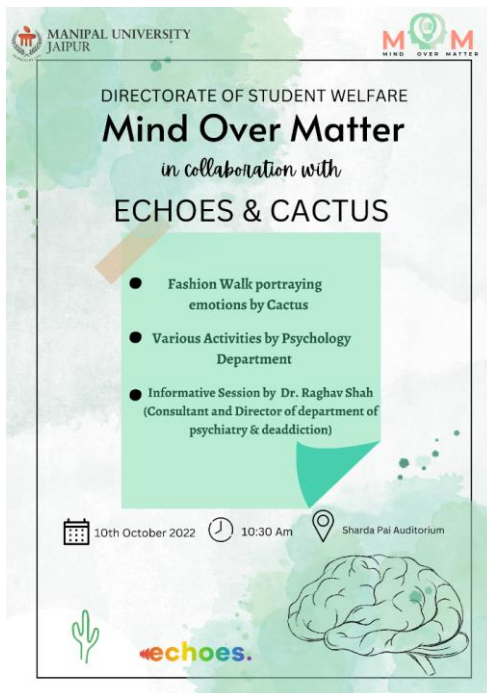


MANIPAL UNIVERSITY
JAIPUR



Fig4. Faculty is addressing the audience.

6. Brochure of Event





7. Schedule of the Event

The event took place offline in campus.

Date: 10-10-2022

Time: 10:30 am to 12:00pm

8. Attendance of the Event

total attendance of the event – 427 students

Serial No.	Name	Registration No.
1.	AANANYA YADAV	221103003
2.	AARNA TIWARI	221103014
3.	ADITI SINGH	221103007
4.	AMISHA GURUNG	221103048
5.	AMITHI BASNOTRA	221103024
6.	ANAGHA G NAIR	221103054
7.	ANAMIKA.R R	221103030
8.	ANANYA MACHIWAL	221103068
9.	ANANYA SHAH	221103029
10.	ANIKA MISHRA	221103055
11.	ANKITA DAS	221103071
12.	ANUSHKA BANERJI	221007002
13.	APRAJITA SINGH RATHORE	221103049
14.	AURO MAHESHAN	221103037
15.	AYANA TAKSHAK	221103058
16.	CHAITALI VIKAS PATIL	221103077
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18.	CHOSZIN NILZA WANGMO	221103088
19.	DHRUV SINGH RATHOR	221103080
20.	GAUTHAM KRISHNA G	221103051
21.	HARSHITA DADHICH	221103061
22.	HEMANGINI KUMARI	221103086
23.	ISHA GOYAL	221103015
24.	ISHA GUPTA	221103065
25.	ISHI KACHOLE	221103021
26.	ISHIKA BAHETI	221103085
27.	KARISHMA BISHT	221103008
28.	KASHISH CHOUDHARY	221103053
29.	KIRAN CHAUDHARY	221103063
30.	KOMAL YOGESH SHAH	221103004
31.	KRITIKA	221103064
32.	KRITIKA BORO	221103002
33.	KUSHAGRI AGARWAL	221103032
34.	MOHIT KUMAR	221103044
35.	MUSKAAN NARESH SADHNANI	221103013



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37.	NIHARIKA PARIHAR	221103070
38.	OJASVI RATURI	221103073
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40.	POOJA .	221103056
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47.	SANJANA SUDHINDRA	221103038
48.	SANSKRITI SHARMA	221103012
49.	SHAMBHAVI SHARMA	221103074
50.	SHIKHA WADHWANI	221103035
51.	SHIVANI DAYAL	221103059
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62.	UDAY VASHISHTHA	221103050
63.	USHASI BHATTACHARYA	221103011
64.	VAGISHA KUMAR	221103078
65.	VANSHIKA AGARWAL	221103017
66.	AAANCHAL CHAKRABORTY	221103045
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68.	EVA BHATI	221103082
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70.	GAURAV SOLANKI	221103096
71.	ISHIKA CHOUDHARY	221103042
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80.	SHRIYA AGARWAL	221103083
81.	SOUMYA SHARMA	221103067
82.	TAMANNA MITTAL	221103072
83.	TANISHA GUPTA	221103084



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84.	VRUNDA MAHESHWARI	221103057
85.	YUVRAJ SINGH	221103069
86.	JAANAVI TIWARI	201103006
87.	ARCHISHA GORSI	201103007
88.	SUHINA TIWARY	201103015
89.	ANASHWARA SHARMA	201103020
90.	BHARTI ARYA	201103022
91.	MEDHA MENON	201103025
92.	SURABHI BIJURKAR	201103027
93.	AISHANYA UPADHYAYA	201103030
94.	PRANSHI GOYAL	201103031
95.	ZAARA MUSTAKIM	201103034
96.	DIVANSHI KHANDELWAL	201103035
97.	ASHNA SETH	201103036
98.	RASHMI	201103037
99.	BHOOMIKA PATNI	201103038
100.	TANISHKA KUMAR	201103039
101.	HARLEEN KAUR	201103041
102.	SHRUTI JAIN	201103046
103.	DEVANGNAA SINGH	201103047
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105.	ISHITA JAIN	201103051
106.	YUVIKA SINGH	201103057
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108.	SHARON JOSEPH	201103060
109.	SREEPRABHA PURAKKAT MANGHAT	201103061
110.	NIYATHI KOSURI	201103062
111.	LOVANYA ROHTAGI	201103064
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113.	DEVIKA VADEHRA	201103068
114.	VANI GHAI	201103019
115.	AANAND	201103021
116.	PREKSHA PAREEK	201103024
117.	ARYAN PANDEY	201103026
118.	PRARTHANA C S	201103032
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120.	GAURAV KUSHWAHA	201103055
121.	Himanshu Gahlot	201103063
122.	NAVNEET BHUKHMARIYA	201103042
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125.	SUGANDHA ANEJA	201103054
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127.	AARYAN GANGULI	201103008
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130.	SONIA MONDAL	201103053



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134.	NAVYA PANDEY	211007004
135.	URJA DOGRA	211007005
136.	PRADYUMN SARASWAT	211007006
137.	TRISHITA BIPLAB BANERJEE	211007008
138.	APARNA AYYAGARI	211007009
139.	MUSKAAN GUPTA	211007010
140.	KASHISH PARMAR	211007011
141.	KHUSHI PANWAR	211007014
142.	ANANYA PURANIK	211007015
143.	BETZY M BINU	211007017
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165.	KASHISH CHADHA	211007040
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169.	APOORVA KHARB	211007045
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201.	RITIKA SINGH	211007079
202.	KANIKA SHARMA	211007080
203.	NIKEETA CHAUDHARY	211103001
204.	SIDDHI VIJAY GUJAR	211103002
205.	ADRIANNE FELICIA PINTO	211103003
206.	DIYA GHOSH	211103005
207.	SRISHTI MALHOTRA	211103006
208.	MEGHNA PRABHAKAR	211103009
209.	MIHIKA PATHAK	211103011
210.	JESSICA AGARWAL	211103012
211.	SHUBHANGI SHARMA	211103015
212.	ISHA MAGADH	211103017
213.	DARSHITA DAGA	211103018
214.	AISHANI DUTTA	211103019
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270.	ANJALI JAIN	211103087
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273.	RISHITA BISWAS	211103090



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275.	KHYATI	211103092
276.	VANSHIKA DEVNANI	211103093
277.	CHARVI KHANDELWAL	211103094
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288.	AAROHI JAIN	221016048
289.	ABHA DANDE	221016042
290.	ADITI	221016047
291.	ADVIKA KHANNA	221016007
292.	AISHWARYA SATISH BHATKAR	221016004
293.	ALTA SUSAN JACOB	221016052
294.	ANISHA BANWALA	221016049
295.	ANUSHKA NADAR	221016013
296.	ANUSHTHA RAKESH CHILLURE	221016009
297.	ARGHAWALI JAIN	221016015
298.	ARUNDHATI PRASAD	221016059
299.	ASHUTOSH SANTOSH TIWARI	221016035
300.	AYUSHI SHARMA	221016068
301.	BHAVIKA AHUJA	221016062
302.	CHAHAT CHAUDHARY	221016016
303.	CHARUL DEEPAK GUPTA	221016058
304.	DEVIKA IRNY	221016036
305.	DIKSHA ROOPWANI	221016031
306.	DIVYA DIDEL	221016005
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312.	KARNIKA KAPOOR	221016027
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321.	RENU KUMARI	221016053



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323.	SANJANA JAIN	221016022
324.	SANSKRUTI VIRENDRAKUMAR SINGH	221016034
325.	SIMRAN BHAROL	221016033
326.	SNEHA PUKHRAMBAM	221016057
327.	SREELAKSHMI A S	221016029
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330.	TISHA BHATIA	221016020
331.	URVASHI CHOUHAN	221016051
332.	VAISHNAVEE KUMARI RATHORE	221016010
333.	VANI DIVAKAR SHETTY	221016026
334.	YOGITA SANTOSH APPUR	221016030
335.	AANCHAL SANKHLA	221016069
336.	DIYA RAJESH SANGHVI	221016028
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338.	HARSHITA MAHESHWARI	221016054
339.	KRUTI MAHADEV PATIL	221016066
340.	NIKKISHA SONI	221016044
341.	RIYA JAIN	221016018
342.	SAKSHI SONI	221016050
343.	SRISHTI JHALANI	221016025
344.	SRISHTI N ASHOK	221016032
345.	SURYANSHU ANAND	221016063
346.	YOGESH GUPTA	221016065
347.	MUSKAN SINGH	211016001
348.	ADITI MISHRA	211016002
349.	DEEYA JAIN	211016003
350.	YASHVI BADANI	211016004
351.	AAMRUSHA SINGH	211016005
352.	ANKITA RAJASEKHARAN	211016006
353.	ISRAELA PINTO	211016007
354.	NEHAL SHAH	211016008
355.	AASTHA WADHWA	211016010
356.	VRUSHA SHAH	211016011
357.	ANUSHKA GOYAL	211016012
358.	RASHI GARG	211016014
359.	JESSICA CHAWLA	211016016
360.	BABANPREET KAUR NARULA	211016017
361.	SURBHI	211016018
362.	KINJAL AMETA	211016019
363.	ESHA LOPES	211016020
364.	SRISHTI SABHARWAL	211016021
365.	PILLAI ANJALI SATISH	211016024
366.	THEERTHA RAJEEV	211016025
367.	KEZIAH ELSA MATHEW	211016026
368.	NAMITA GOPINATH	211016027



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370.	A KOMAL	211016031
371.	DRISHYA	211016033
372.	NIDHI PATODIA	211016035
373.	BHARGAV B.V	211016037
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385.	DRISHTI SADANA	211016053
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392.	ASHWITA NARAIN	211016064
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395.	DIPRA AGARWAL	211016067
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397.	TANIA PRABHU DOSS	211016069
398.	RADHA GOPAL KRISHNAN	211016070
399.	KAMBALA SIREESHA	211016071
400.	KANISHKA	211016072
401.	KHUSHBOO VASHISHTH	211016073
402.	RISHIKA JAIN	211016074
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404.	GAZAL PODDAR	211016077
405.	DIVYA BELWAL	211016078
406.	PRIYANKA DEVI	211016080
407.	SNIGDHA ROY	211016081
408.	MRINAL VALKE	211016082
409.	SAKSHI SHAH	211016083
410.	NAOMI SHAH	211016084
411.	AYSHA KHURSHEED	211016085
412.	K BHARGAVI	211016086
413.	PODUVAL ADITI VINAYAN	211016087
414.	VASVI SINGH	211016088
415.	SANSKRUTI	211016089
416.	NIRALASA	211016090



417.	VIDYA KAUSHIK	211016091
418.	SIDDHI PANDEY	211016092
419.	SIMRAN JEET	211016093
420.	RITWIKA DEB	211016094
421.	MAYURAKSHI GHOSH	211016095
422.	SRUJA	211016096
423.	VEDIKA KARNANI	211016097
424.	ROHINI NEWAR	211016099
425.	SHEETAL SINHA	211016100
426.	BHAVINI RATHORE	211016101
427.	NAMRATA TILAK	211016102

9.Link of MUJ website

No link was there.

Student coordinator

Garima Kaushik

President, Mind Over Matter, MUJ

Signature of the student coordinator

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare



MANIPAL UNIVERSITY
JAIPUR

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



MANIPAL UNIVERSITY
JAIPUR



DIRECTORATE OF STUDENTS' WELFARE

MIND OVER MATTER

PRESENTS

Mental health week activity (day 2)

Counselling Event

OFFLINE EVENT

Date of Event (7TH OCTOBER 2022)

(12:30 PM TO 2:00 PM)



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1. Introduction of the Event

Mind over Matter, the mental health club of Manipal University Jaipur(MUJ) organized a 3-day event marathon during mental health. The events were organized by the club Mind over matter in collaboration with the department of psychology and the directorate of student welfare to increase awareness through certain activities which engaged the students and also were effective in achieving the goal of imparting information about mental health. Each day different activities took place. On the 7th of October Mind over matter organized an activity that is happiness wheel activity and choosing the emoji sticker of the emotions that they are feeling. The events were a mix of several agendas surrounding stress-bursting fun and propagation of the aim of the club. Everything was prepared to make the event fun yet meaningful, attaining to the ideology of college students. The working team of Mind Over Matter had a clear vision to represent the club as an understanding, free and creative space for young minds to bloom and blossom.

2. Objectives of the Event

- To spread awareness about mental health issues through our college
- To stand a point on suicide, and things closely related to it.
- To educate the participants about helping themselves and their closed ones with mental trauma and suicidal thoughts.
- To get ideas about suicidal prevention steps and methods.
- To understand self-love on a deeper level.

3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

The series of activities is held through the event of mental health week. Like happiness wheel, choosing emoji sticker, Spotify collection, flash mob, pop your monster, or painting wall. On the second day of mental health week, the Happiness Wheel activity took place. The Happiness wheel was made out of cardboard which was covered with coloured chart paper. A circle was drawn which was further divided into smaller sections. In each section where the name of certain activities name written.

Students were also given a chance to pick a badge of their choice. The badges were made out of paper representing a varying range of emotions. Students picked badges most likely to represent the emotional state of their minds.

The Happiness wheel was made with the idea to represent certain activities that a person does to make themselves happy. Students who took part in this activity took a cotton ball which already had an adhesive layer on it and pasted that ball onto the name of the activity on the wheel board which they felt they did to experience joy.

Following that pop, your monster activity was done in this person blowing the ballon with thinking something which makes them angry and then bursting it. Another activity called Spotify collection was done in this people have to write their favourite songs that comfort them and then all the songs are collected and a playlist was made out of that. There were many different activities like the gratitude wall in this people write what they are grateful for or something they admire in the post-its and those post-its are attached to the wall. On day 2 of mental health week, a postcard competition was done who's results were announced on the mental health day. To bring 2nd day to at end we did a flash mob.



5. Photographs of the Event



Fig1. Member of core team of MOM



Fig 2. Faculty coordinator of MOM doing wheel activity.



Fig 3. MOM core team with faculty coordinator.

6. Brochure of Event

7. Schedule of the Event



MANIPAL UNIVERSITY JAIPUR

The event took place offline in campus.

Date: 07-10-2022

Time: 12:00pm to 2:00 pm

8. Attendance of the Event

total attendance of the event – 427 students

Serial No.	Name	Registration No.
1.	AANANYA YADAV	221103003
2.	AARNA TIWARI	221103014
3.	ADITI SINGH	221103007
4.	AMISHA GURUNG	221103048
5.	AMITHI BASNOTRA	221103024
6.	ANAGHA G NAIR	221103054
7.	ANAMIKA.R R	221103030
8.	ANANYA MACHIWAL	221103068
9.	ANANYA SHAH	221103029
10.	ANIKA MISHRA	221103055
11.	ANKITA DAS	221103071
12.	ANUSHKA BANERJI	221007002
13.	APRAJITA SINGH RATHORE	221103049
14.	AURO MAHESHAN	221103037
15.	AYANA TAKSHAK	221103058
16.	CHAITALI VIKAS PATIL	221103077
17.	CHAVI KHANDELWAL	221103087
18.	CHOSZIN NILZA WANGMO	221103088
19.	DHRUV SINGH RATHOR	221103080
20.	GAUTHAM KRISHNA G	221103051
21.	HARSHITA DADHICH	221103061
22.	HEMANGINI KUMARI	221103086
23.	ISHA GOYAL	221103015
24.	ISHA GUPTA	221103065
25.	ISHI KACHOLE	221103021
26.	ISHIKA BAHETI	221103085
27.	KARISHMA BISHT	221103008
28.	KASHISH CHOUDHARY	221103053
29.	KIRAN CHAUDHARY	221103063
30.	KOMAL YOGESH SHAH	221103004
31.	KRITIKA	221103064
32.	KRITIKA BORO	221103002
33.	KUSHAGRI AGARWAL	221103032
34.	MOHIT KUMAR	221103044
35.	MUSKAAN NARESH SADHNANI	221103013
36.	NAISHA LAMBA	221103034
37.	NIHARIKA PARIHAR	221103070
38.	OJASVI RATURI	221103073



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39.	PALLAVI DUBEY	221103081
40.	POOJA .	221103056
41.	PRASIDDHI SINGH JAT	221103040
42.	RIYA DHANOPIA	221103089
43.	RUBAINA NAGPAL	221103075
44.	RUSHIL SUDRANIA	221103090
45.	SAANVI GUPTA	221103027
46.	SAMEEKSHA DIXIT	221103016
47.	SANJANA SUDHINDRA	221103038
48.	SANSKRITI SHARMA	221103012
49.	SHAMBHAVI SHARMA	221103074
50.	SHIKHA WADHWANI	221103035
51.	SHIVANI DAYAL	221103059
52.	SHREYA BHARDWAJ	221103095
53.	SINDHUJA RASTOGI	221103079
54.	SNEHA PATNI	221103006
55.	SNEHAL JHANWAR	221103060
56.	SRSHTI JOSHI	221103026
57.	SWASTIKA GAUTAM	221103022
58.	T VINNILA RAO	221103091
59.	TANISHA UPADHYAY	221103041
60.	TANYA SHARMA	221103092
61.	TWISHA SHUKLA	221103036
62.	UDAY VASHISHTHA	221103050
63.	USHASI BHATTACHARYA	221103011
64.	VAGISHA KUMAR	221103078
65.	VANSHIKA AGARWAL	221103017
66.	AAANCHAL CHAKRABORTY	221103045
67.	DHRUV RAY	221103033
68.	EVA BHATI	221103082
69.	GAURANGNAA SINGH	221103062
70.	GAURAV SOLANKI	221103096
71.	ISHIKA CHOUDHARY	221103042
72.	JANAKNANDINI SINGH	221103093
73.	KHUSHI JAIN	221103052
74.	MANYA MANGLA	221103043
75.	NEHA CHOUDHARY	221103066
76.	NEHA SWABNAM	221103076
77.	PALAK JAIN	221103094
78.	PARIDHI MEENA	221103097
79.	PRIYANKA MISHRA	221103031
80.	SHRIYA AGARWAL	221103083
81.	SOUMYA SHARMA	221103067
82.	TAMANNA MITTAL	221103072
83.	TANISHA GUPTA	221103084
84.	VRUNDA MAHESHWARI	221103057
85.	YUVRAJ SINGH	221103069
86.	JAANAVI TIWARI	201103006



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87.	ARCHISHA GORSI	201103007
88.	SUHINA TIWARY	201103015
89.	ANASHWARA SHARMA	201103020
90.	BHARTI ARYA	201103022
91.	MEDHA MENON	201103025
92.	SURABHI BIJURKAR	201103027
93.	AISHANYA UPADHYAYA	201103030
94.	PRANSHI GOYAL	201103031
95.	ZAARA MUSTAKIM	201103034
96.	DIVANSHI KHANDELWAL	201103035
97.	ASHNA SETH	201103036
98.	RASHMI	201103037
99.	BHOOMIKA PATNI	201103038
100.	TANISHKA KUMAR	201103039
101.	HARLEEN KAUR	201103041
102.	SHRUTI JAIN	201103046
103.	DEVANGNAA SINGH	201103047
104.	SHRIYA SHARMA	201103048
105.	ISHITA JAIN	201103051
106.	YUVIKA SINGH	201103057
107.	AISHWARYA DIXIT	201103059
108.	SHARON JOSEPH	201103060
109.	SREEPRABHA PURAKKAT MANGHAT	201103061
110.	NIYATHI KOSURI	201103062
111.	LOVANYA ROHTAGI	201103064
112.	GUNVEEN KAUR	201103065
113.	DEVIKA VADEHRA	201103068
114.	VANI GHAI	201103019
115.	AANAND	201103021
116.	PREKSHA PAREEK	201103024
117.	ARYAN PANDEY	201103026
118.	PRARTHANA C S	201103032
119.	ASMI TAK	201103045
120.	GAURAV KUSHWAHA	201103055
121.	Himanshu Gahlot	201103063
122.	NAVNEET BHUKHMARIYA	201103042
123.	MEGHNA SAINI	201103052
124.	ANANTA TICKOO	201103056
125.	SUGANDHA ANEJA	201103054
126.	NITYA CHAUHAN	201103004
127.	AARYAN GANGULI	201103008
128.	KARISHMA MEHRA	201103043
129.	SHREYA BHASIN	201103050
130.	SONIA MONDAL	201103053
131.	AKSHAT VYAS	201103066
132.	KONARK SONI	201103067
133.	LAKSHITA	211007003



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134.	NAVYA PANDEY	211007004
135.	URJA DOGRA	211007005
136.	PRADYUMN SARASWAT	211007006
137.	TRISHITA BIPLAB BANERJEE	211007008
138.	APARNA AYYAGARI	211007009
139.	MUSKAAN GUPTA	211007010
140.	KASHISH PARMAR	211007011
141.	KHUSHI PANWAR	211007014
142.	ANANYA PURANIK	211007015
143.	BETZY M BINU	211007017
144.	SONAXI TAK	211007018
145.	ANKU KUMARI	211007019
146.	YASHI SHARMA	211007020
147.	ADITI TALESRA	211007021
148.	TANISHQ JAJOO	211007022
149.	VISHRUTI MANOJ MISHRA	211007023
150.	ARUNDHATI DE	211007024
151.	SAKSHI MOHAN	211007025
152.	KASHISH ZALANI	211007026
153.	AMRITA SINHA	211007027
154.	ABHAY DADHICH	211007028
155.	AMITRASUDAN H	211007029
156.	MADHUWANT KARTHIK	211007030
157.	OM TIWARI	211007031
158.	HEEPOSH PANDITA	211007032
159.	PRERNA SINGH	211007033
160.	CHINMAYEE DAHAKE	211007034
161.	ADITYA RAJ PREM	211007035
162.	MANOJ KUMAWAT	211007036
163.	VANSHIKA PARMAR	211007037
164.	SUSHANT ANAND PILLAY	211007038
165.	KASHISH CHADHA	211007040
166.	HIMANSHI PUNJABI	211007042
167.	VARNIMA SINGH	211007043
168.	VRUTI SANJAYBHAI PATEL	211007044
169.	APOORVA KHARB	211007045
170.	PRIYANKA AGRAHARI	211007046
171.	MANAN OSWAL	211007047
172.	UJJWALA KANYAL	211007048
173.	AASHIMA SHRIVASTAVA	211007049
174.	JAY KUMAR PATEL	211007050
175.	KEMYA NAYYAR	211007051
176.	ARADHNA JUNEJA	211007052
177.	AYUSHI SHARMA	211007053
178.	MOUSUMI DAS	211007054
179.	SANKALP SINGH SANKHALA	211007055
180.	RAUNISH DEV	211007056
181.	HANSIKA KHANDELWAL	211007057



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182.	KANISHKA TYAGI	211007058
183.	DRAKSHA JOGIANI	211007059
184.	HARSHIT GULPADIYA	211007060
185.	TANISHA CHADHA	211007061
186.	TANISHKA SAINI	211007062
187.	SRISHTI KHANNA	211007063
188.	MEGHANA V HEGDE	211007064
189.	MANISH SAHU	211007065
190.	SWARNIMA RAWAT	211007066
191.	ISHIKA JAISWAL	211007067
192.	BHANVI	211007068
193.	ANUSHKA	211007069
194.	DHANSHRI SANDEEP GAUTAM	211007070
195.	ANUJA POL	211007071
196.	DIVYANSHI SHEKHAWAT	211007072
197.	SUDHANSHU SAINI	211007073
198.	PRIYANSHU KUMAR	211007074
199.	MANSI BHALLA	211007075
200.	RICHA GAUTAM	211007077
201.	RITIKA SINGH	211007079
202.	KANIKA SHARMA	211007080
203.	NIKEETA CHAUDHARY	211103001
204.	SIDDHI VIJAY GUJAR	211103002
205.	ADRIANNE FELICIA PINTO	211103003
206.	DIYA GHOSH	211103005
207.	SRISHTI MALHOTRA	211103006
208.	MEGHNA PRABHAKAR	211103009
209.	MIHIKA PATHAK	211103011
210.	JESSICA AGARWAL	211103012
211.	SHUBHANGI SHARMA	211103015
212.	ISHA MAGADH	211103017
213.	DARSHITA DAGA	211103018
214.	AISHANI DUTTA	211103019
215.	ANOUSHKA KANTROO	211103020
216.	KHUSHI AGARWALLA	211103021
217.	MINAKSHI KANWAR	211103022
218.	VARNIKA JAIN	211103023
219.	SALONI KANWAR SHEKHAWAT	211103025
220.	PRANALI GUPTA	211103026
221.	SRIMOYEE SEN	211103027
222.	AVNI SINGH	211103028
223.	DUHITA SAXENA	211103029
224.	PARI LALWANI	211103032
225.	GUNJAN SONI	211103033
226.	AASTHA MEHRA	211103034
227.	PRAKRITI GOSWAMI	211103035
228.	PARIDHI CHAUHAN	211103036
229.	VIDUSHI KASNIYA	211103037



MANIPAL UNIVERSITY JAIPUR

230.	NANDINI RAJAWAT	211103038
231.	SANYA AHUJA	211103040
232.	KRITIKA SHARMA	211103041
233.	KAJOL JEESANY	211103042
234.	PRIYANKA TALUKDAR	211103043
235.	HITA MATHUR	211103044
236.	RHEA NAIR	211103045
237.	SREEMOYEE SENGUPTA	211103046
238.	PAVNI SHARMA	211103047
239.	SHREYAS SACHENDRA KAPU	211103048
240.	KRITI CHAKRAVORTY	211103049
241.	SARVESH NAYYAR	211103050
242.	SHUBHANSHI GARG	211103051
243.	LOHIT KAPOOR	211103052
244.	SHUBHI SHARMA	211103053
245.	ARYAN SHIVDAS MAHTO	211103054
246.	SIA KATARIA	211103056
247.	JASMINE SINGH	211103058
248.	ADITI	211103059
249.	POORVI NASA	211103060
250.	SAHIL CHOUDHARY	211103061
251.	MANASI SUDINDRA	211103063
252.	MANSI CHOUDHARY	211103064
253.	DEEPIKA	211103065
254.	KASHISH PREM DAVE	211103066
255.	HIYA BOHRA	211103067
256.	DEVYANI SINGH RATHORE	211103069
257.	DIYA MEHTA	211103070
258.	ARUSH CHAUHAN	211103071
259.	DIA UPADHYAY	211103073
260.	PARTH ARORA	211103074
261.	ANVESHA SHEKHER	211103075
262.	SANMAI PATHAK	211103077
263.	SANVEE NAGAPAL	211103078
264.	ROMELL JOHN	211103079
265.	SAIYONI KHANDELWAL	211103082
266.	POORVI MAHESHWARI	211103083
267.	ANUSHKA BHATI	211103084
268.	VIDHI SHAW	211103085
269.	KHUSHI SHARMA	211103086
270.	ANJALI JAIN	211103087
271.	AVIRAL SINGHAL	211103088
272.	ASHOK KUMAR BHANWARARAMCHOUHARY	211103089
273.	RISHITA BISWAS	211103090
274.	SHREEYA JANGID	211103091
275.	KHYATI	211103092
276.	VANSHIKA DEVNANI	211103093



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277.	CHARVI KHANDELWAL	211103094
278.	MANTAJ BRAR	211103095
279.	ASHNA AGNANI	211103096
280.	TUSHAR SHARMA	211103097
281.	SYEDDA UMMEHANI RAUHAAN	211103098
282.	RIYA BHATT	211103099
283.	SHUBHANGI TAK	211103101
284.	BHAVYA JAIN	211103102
285.	RADHIKA KHANDELWAL	211103103
286.	ANTRA RAI	211103104
287.	SAANYA PANKAJ	211103105
288.	AAROHI JAIN	221016048
289.	ABHA DANDE	221016042
290.	ADITI	221016047
291.	ADVIKA KHANNA	221016007
292.	AISHWARYA SATISH BHATKAR	221016004
293.	ALTA SUSAN JACOB	221016052
294.	ANISHA BANWALA	221016049
295.	ANUSHKA NADAR	221016013
296.	ANUSHTHA RAKESH CHILLURE	221016009
297.	ARGHAWALI JAIN	221016015
298.	ARUNDHATI PRASAD	221016059
299.	ASHUTOSH SANTOSH TIWARI	221016035
300.	AYUSHI SHARMA	221016068
301.	BHAVIKA AHUJA	221016062
302.	CHAHAT CHAUDHARY	221016016
303.	CHARUL DEEPAK GUPTA	221016058
304.	DEVIKA IRNY	221016036
305.	DIKSHA ROOPWANI	221016031
306.	DIVYA DIDEL	221016005
307.	G TULASI	221016067
308.	GARGI RAJESH GUPTA	221016038
309.	GOURANK KHANDELWAL	221016039
310.	JANHVI MISHRA	221016056
311.	JOVINA MELYN REGI	221016008
312.	KARNIKA KAPOOR	221016027
313.	KOMAL JAIN	221016061
314.	LAVANYA BISHNOI	221016060
315.	MANSI PRAKASH BHATI	221016012
316.	MIHIR RAWTANI	221016019
317.	STUTI MATHUR	221016055
318.	NEHA MITTAL	221016023
319.	PRATHIKSHA VENKATESWARAN	221016002
320.	RAMESHWARI RATHORE	221016045
321.	RENU KUMARI	221016053
322.	RIYA MITRA	221016006
323.	SANJANA JAIN	221016022



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324.	SANSKRUTI VIRENDRAKUMAR SINGH	221016034
325.	SIMRAN BHAROL	221016033
326.	SNEHA PUKHRAMBAM	221016057
327.	SREELAKSHMI A S	221016029
328.	SUHANI BHATNAGAR	221016003
329.	SUNIDHI CHAUHAN	221016041
330.	TISHA BHATIA	221016020
331.	URVASHI CHOUHAN	221016051
332.	VAISHNAVEE KUMARI RATHORE	221016010
333.	VANI DIVAKAR SHETTY	221016026
334.	YOGITA SANTOSH APPUR	221016030
335.	AANCHAL SANKHLA	221016069
336.	DIYA RAJESH SANGHVI	221016028
337.	HANUPRIYA SHARMA	221016064
338.	HARSHITA MAHESHWARI	221016054
339.	KRUTI MAHADEV PATIL	221016066
340.	NIKKISHA SONI	221016044
341.	RIYA JAIN	221016018
342.	SAKSHI SONI	221016050
343.	SRISHTI JHALANI	221016025
344.	SRISHTI N ASHOK	221016032
345.	SURYANSHU ANAND	221016063
346.	YOGESH GUPTA	221016065
347.	MUSKAN SINGH	211016001
348.	ADITI MISHRA	211016002
349.	DEEYA JAIN	211016003
350.	YASHVI BADANI	211016004
351.	AAMRUSHA SINGH	211016005
352.	ANKITA RAJASEKHARAN	211016006
353.	ISRAELA PINTO	211016007
354.	NEHAL SHAH	211016008
355.	AASTHA WADHWA	211016010
356.	VRUSHA SHAH	211016011
357.	ANUSHKA GOYAL	211016012
358.	RASHI GARG	211016014
359.	JESSICA CHAWLA	211016016
360.	BABANPREET KAUR NARULA	211016017
361.	SURBHI	211016018
362.	KINJAL AMETA	211016019
363.	ESHA LOPES	211016020
364.	SRISHTI SABHARWAL	211016021
365.	PILLAI ANJALI SATISH	211016024
366.	THEERTHA RAJEEV	211016025
367.	KEZIAH ELSA MATHEW	211016026
368.	NAMITA GOPINATH	211016027
369.	ZEB A QURESHI	211016030
370.	A KOMAL	211016031



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371.	DRISHYA	211016033
372.	NIDHI PATODIA	211016035
373.	BHARGAV B.V	211016037
374.	MANSI TYAGI	211016038
375.	PRIYANKA SAINI	211016039
376.	SNEHA PRAHARAJ	211016040
377.	MAITRI THAKKAR	211016042
378.	KARAN SINGH	211016044
379.	ADITI BHATTAD	211016045
380.	ASHI MOURYA	211016046
381.	SHLOKA SHANBHAG	211016047
382.	SAMRIDHI KAVIA	211016049
383.	NISHKA MEHTA	211016051
384.	NANDINI KESHWANI	211016052
385.	DRISHTI SADANA	211016053
386.	SHRUTI JAIN	211016055
387.	KRISHNA PATEL	211016056
388.	NISHA KANWAR	211016058
389.	PRANJAL MESTRY	211016059
390.	RAJVIR SINGH	211016060
391.	NISHTHA MOUDGIL	211016062
392.	ASHWITA NARAIN	211016064
393.	VANSHIKA AGARWAL	211016065
394.	SHREYA SAXENA	211016066
395.	DIPRA AGARWAL	211016067
396.	SARAH CARVALHO	211016068
397.	TANIA PRABHU DOSS	211016069
398.	RADHA GOPAL KRISHNAN	211016070
399.	KAMBALA SIREESHA	211016071
400.	KANISHKA	211016072
401.	KHUSHBOO VASHISHTH	211016073
402.	RISHIKA JAIN	211016074
403.	KRUPA SHETH	211016075
404.	GAZAL PODDAR	211016077
405.	DIVYA BELWAL	211016078
406.	PRIYANKA DEVI	211016080
407.	SNIGDHA ROY	211016081
408.	MRINAL VALKE	211016082
409.	SAKSHI SHAH	211016083
410.	NAOMI SHAH	211016084
411.	AYSHA KHURSHEED	211016085
412.	K BHARGAVI	211016086
413.	PODUVAL ADITI VINAYAN	211016087
414.	VASVI SINGH	211016088
415.	SANSKRUTI	211016089
416.	NIRALASA	211016090
417.	VIDYA KAUSHIK	211016091
418.	SIDDHI PANDEY	211016092



419.	SIMRAN JEET	211016093
420.	RITWIK DEB	211016094
421.	MAYURAKSHI GHOSH	211016095
422.	SRUJA	211016096
423.	VEDIKA KARNANI	211016097
424.	ROHINI NEWAR	211016099
425.	SHEETAL SINHA	211016100
426.	BHAVINI RATHORE	211016101
427.	NAMRATA TILAK	211016102

9.Link of MUJ website

No link was there.

Student coordinator

Garima Kaushik

President, Mind Over Matter, MUJ

Signature of the student coordinator

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare



MANIPAL UNIVERSITY
JAIPUR

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

Devanshi
Padaliya

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



MANIPAL UNIVERSITY
JAIPUR



DIRECTORATE OF STUDENTS' WELFARE

MIND OVER MATTER

PRESENTS

Mental health week activity (Day 1)

Counselling Event

OFFLINE EVENT

Date of Event (6TH OCTOBER 2022)

(12:30 PM TO 2:00 PM)



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2.	Objective of the Event	3
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4.	Brief Description of the event	3
5.	Photographs	4&5
6.	Brochure or creative of the event	6
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8.	Attendance of the Event	6
9.	Link of MUJ website	6

1. Introduction of the Event

Mind over Matter, the mental health club of Manipal University Jaipur(MUJ) organized a 3-day event marathon during mental health. The events were organized by the club Mind over matter in collaboration with the department of psychology and the directorate of student welfare to increase awareness through certain activities which engaged the students and also were effective in achieving the goal of imparting information about mental health. Each day different activities took place. On the 6th of October Mind over matter organized an event called gratitude wall. The events were a mix of several agendas surrounding stress-bursting fun and propagation of the aim of the club. Everything was prepared to make the event fun yet meaningful, attaining to the ideology of college students. The working team of Mind Over Matter had a clear vision to represent the club as an understanding, free and creative space for young minds to bloom and blossom.

2. Objectives of the Event

- To spread awareness about mental health issues through our college
- To stand a point on suicide, and things closely related to it.
- To educate the participants about helping themselves and their closed ones with mental trauma and suicidal thoughts.
- To get ideas about suicidal prevention steps and methods.
- To understand self-love on a deeper level.

3. Beneficiaries of the Event

- MUJ Students

4. Brief Description of the event

The series of activities is held through the event of mental health week. Like gratitude wall, Spotify collection, flash mob, pop your monster, or painting wall. On the first day, Hand-wall-painting took place. For this palms of the people who were willing to take part in the event were painted and then left an impression of their palms on cardboard which was covered with white chart paper. The palms of students were painted with a choice of their own colours as each colour represents different emotional reactions. The Colour red is often associated with anger while purple represents creativity, orange with optimism and green with a sense of hope. The painting also allows individuals a chance to express their feelings and emotions without words. It can be tough opening up sometimes, so painting is a great way to release inner thoughts. Individuals that paint use art to overcome shyness and convey their personality. Painting allows for emotional release because it stimulates the creative side of your mind while focusing your attention in one place, which can lower anxiety. In this way, the creative outlet improves your mental health significantly. In Spotify, collection student has to write their comfort songs in their post-its and all the songs written by the students are collected and a playlist was made out from that. Hand-wall-painting is associated with chromotherapy or colour therapy as it boosts happy feelings in a person.

5. Photographs of the Event



Fig1. In fig one we can see that the professor is writing gratitude in post-its.



Fig2. Gratitude wall with hand impressions



Fig 3. Students with paint in their palm.



Fig 3. Student with hand impressions.



6. Brochure of Event

7. Schedule of the Event

The event took place offline in campus.

Date: 06-10-2022

Time: 12:00pm to 2:00 pm

8. Attendance of the Event

total attendance of the event – 427 students

Serial No.	Name	Registration No.
1.	AANANYA YADAV	221103003
2.	AARNA TIWARI	221103014
3.	ADITI SINGH	221103007
4.	AMISHA GURUNG	221103048
5.	AMITHI BASNOTRA	221103024
6.	ANAGHA G NAIR	221103054



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7.	ANAMIKA.R R	221103030
8.	ANANYA MACHIWAL	221103068
9.	ANANYA SHAH	221103029
10.	ANIKA MISHRA	221103055
11.	ANKITA DAS	221103071
12.	ANUSHKA BANERJI	221007002
13.	APRAJITA SINGH RATHORE	221103049
14.	AURO MAHESHAN	221103037
15.	AYANA TAKSHAK	221103058
16.	CHAITALI VIKAS PATIL	221103077
17.	CHAVI KHANDELWAL	221103087
18.	CHOSZIN NILZA WANGMO	221103088
19.	DHRUV SINGH RATHOR	221103080
20.	GAUTHAM KRISHNA G	221103051
21.	HARSHITA DADHICH	221103061
22.	HEMANGINI KUMARI	221103086
23.	ISHA GOYAL	221103015
24.	ISHA GUPTA	221103065
25.	ISHI KACHOLE	221103021
26.	ISHIKA BAHETI	221103085
27.	KARISHMA BISHT	221103008
28.	KASHISH CHOUDHARY	221103053
29.	KIRAN CHAUDHARY	221103063
30.	KOMAL YOGESH SHAH	221103004
31.	KRIKA	221103064
32.	KRIKA BORO	221103002
33.	KUSHAGRI AGARWAL	221103032
34.	MOHIT KUMAR	221103044
35.	MUSKAAN NARESH SADHNANI	221103013
36.	NAISHA LAMBA	221103034
37.	NIHARIKA PARIHAR	221103070
38.	OJASVI RATURI	221103073
39.	PALLAVI DUBEY	221103081
40.	POOJA .	221103056
41.	PRASIDDHI SINGH JAT	221103040
42.	RIYA DHANOPIA	221103089
43.	RUBAINA NAGPAL	221103075
44.	RUSHIL SUDRANIA	221103090
45.	SAANVI GUPTA	221103027
46.	SAMEEKSHA DIXIT	221103016
47.	SANJANA SUDHINDRA	221103038
48.	SANSKRITI SHARMA	221103012
49.	SHAMBHAVI SHARMA	221103074
50.	SHIKHA WADHWANI	221103035
51.	SHIVANI DAYAL	221103059
52.	SHREYA BHARDWAJ	221103095
53.	SINDHUJA RASTOGI	221103079
54.	SNEHA PATNI	221103006



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55.	SNEHAL JHANWAR	221103060
56.	SRISHTI JOSHI	221103026
57.	SWASTIKA GAUTAM	221103022
58.	T VINNILA RAO	221103091
59.	TANISHA UPADHYAY	221103041
60.	TANYA SHARMA	221103092
61.	TWISHA SHUKLA	221103036
62.	UDAY VASHISHTHA	221103050
63.	USHASI BHATTACHARYA	221103011
64.	VAGISHA KUMAR	221103078
65.	VANSHIKA AGARWAL	221103017
66.	AAANCHAL CHAKRABORTY	221103045
67.	DHRUV RAY	221103033
68.	EVA BHATI	221103082
69.	GAURANGNAA SINGH	221103062
70.	GAURAV SOLANKI	221103096
71.	ISHIKA CHOUDHARY	221103042
72.	JANAKNANDINI SINGH	221103093
73.	KHUSHI JAIN	221103052
74.	MANYA MANGLA	221103043
75.	NEHA CHOUDHARY	221103066
76.	NEHA SWABNAM	221103076
77.	PALAK JAIN	221103094
78.	PARIDHI MEENA	221103097
79.	PRIYANKA MISHRA	221103031
80.	SHRIYA AGARWAL	221103083
81.	SOUMYA SHARMA	221103067
82.	TAMANNA MITTAL	221103072
83.	TANISHA GUPTA	221103084
84.	VRUNDA MAHESHWARI	221103057
85.	YUVRAJ SINGH	221103069
86.	JAANAVI TIWARI	201103006
87.	ARCHISHA GORSI	201103007
88.	SUHINA TIWARY	201103015
89.	ANASHWARA SHARMA	201103020
90.	BHARTI ARYA	201103022
91.	MEDHA MENON	201103025
92.	SURABHI BIJURKAR	201103027
93.	AISHANYA UPADHYAYA	201103030
94.	PRANSHI GOYAL	201103031
95.	ZAARA MUSTAKIM	201103034
96.	DIVANSHI KHANDELWAL	201103035
97.	ASHNA SETH	201103036
98.	RASHMI	201103037
99.	BHOOMIKA PATNI	201103038
100.	TANISHKA KUMAR	201103039
101.	HARLEEN KAUR	201103041
102.	SHRUTI JAIN	201103046



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103.	DEVANGNAA SINGH	201103047
104.	SHRIYA SHARMA	201103048
105.	ISHITA JAIN	201103051
106.	YUVIKA SINGH	201103057
107.	AISHWARYA DIXIT	201103059
108.	SHARON JOSEPH	201103060
109.	SREEPRABHA PURAKKAT MANGHAT	201103061
110.	NIYATHI KOSURI	201103062
111.	LOVANYA ROHTAGI	201103064
112.	GUNVEEN KAUR	201103065
113.	DEVIKA VADEHRA	201103068
114.	VANI GHAI	201103019
115.	AANAND	201103021
116.	PREKSHA PAREEK	201103024
117.	ARYAN PANDEY	201103026
118.	PRARTHANA C S	201103032
119.	ASMI TAK	201103045
120.	GAURAV KUSHWAHA	201103055
121.	Himanshu Gahlot	201103063
122.	NAVNEET BHUKHMARIYA	201103042
123.	MEGHNA SAINI	201103052
124.	ANANTA TICKOO	201103056
125.	SUGANDHA ANEJA	201103054
126.	NITYA CHAUHAN	201103004
127.	AARYAN GANGULI	201103008
128.	KARISHMA MEHRA	201103043
129.	SHREYA BHASIN	201103050
130.	SONIA MONDAL	201103053
131.	AKSHAT VYAS	201103066
132.	KONARK SONI	201103067
133.	LAKSHITA	211007003
134.	NAVYA PANDEY	211007004
135.	URJA DOGRA	211007005
136.	PRADYUMN SARASWAT	211007006
137.	TRISHITA BIPLAB BANERJEE	211007008
138.	APARNA AYYAGARI	211007009
139.	MUSKAAN GUPTA	211007010
140.	KASHISH PARMAR	211007011
141.	KHUSHI PANWAR	211007014
142.	ANANYA PURANIK	211007015
143.	BETZY M BINU	211007017
144.	SONAXI TAK	211007018
145.	ANKU KUMARI	211007019
146.	YASHI SHARMA	211007020
147.	ADITI TALESRA	211007021
148.	TANISHQ JAJOO	211007022
149.	VISHRUTI MANOJ MISHRA	211007023



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150.	ARUNDHATI DE	211007024
151.	SAKSHI MOHAN	211007025
152.	KASHISH ZALANI	211007026
153.	AMRITA SINHA	211007027
154.	ABHAY DADHICH	211007028
155.	AMITRASUDAN H	211007029
156.	MADHUWANT KARTHIK	211007030
157.	OM TIWARI	211007031
158.	HEEPOSH PANDITA	211007032
159.	PRERNA SINGH	211007033
160.	CHINMAYEE DAHAKE	211007034
161.	ADITYA RAJ PREM	211007035
162.	MANOJ KUMAWAT	211007036
163.	VANSHIKA PARMAR	211007037
164.	SUSHANT ANAND PILLAY	211007038
165.	KASHISH CHADHA	211007040
166.	HIMANSHI PUNJABI	211007042
167.	VARNIMA SINGH	211007043
168.	VRUTI SANJAYBHAJ PATEL	211007044
169.	APOORVA KHARB	211007045
170.	PRIYANKA AGRAHARI	211007046
171.	MANAN OSWAL	211007047
172.	UJJWALA KANYAL	211007048
173.	AASHIMA SHRIVASTAVA	211007049
174.	JAY KUMAR PATEL	211007050
175.	KEMYA NAYYAR	211007051
176.	ARADHNA JUNEJA	211007052
177.	AYUSHI SHARMA	211007053
178.	MOUSUMI DAS	211007054
179.	SANKALP SINGH SANKHALA	211007055
180.	RAUNISH DEV	211007056
181.	HANSIKA KHANDELWAL	211007057
182.	KANISHKA TYAGI	211007058
183.	DRAKSHA JOGIANI	211007059
184.	HARSHIT GULPADIYA	211007060
185.	TANISHA CHADHA	211007061
186.	TANISHKA SAINI	211007062
187.	SRISHTI KHANNA	211007063
188.	MEGHANA V HEGDE	211007064
189.	MANISH SAHU	211007065
190.	SWARNIMA RAWAT	211007066
191.	ISHIKA JAISWAL	211007067
192.	BHANVI	211007068
193.	ANUSHKA	211007069
194.	DHANSHRI SANDEEP GAUTAM	211007070
195.	ANUJA POL	211007071
196.	DIVYANSHI SHEKHAWAT	211007072
197.	SUDHANSHU SAINI	211007073



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198.	PRIYANSHU KUMAR	211007074
199.	MANSI BHALLA	211007075
200.	RICHA GAUTAM	211007077
201.	RITIKA SINGH	211007079
202.	KANIKA SHARMA	211007080
203.	NIKEETA CHAUDHARY	211103001
204.	SIDDHI VIJAY GUJAR	211103002
205.	ADRIANNE FELICIA PINTO	211103003
206.	DIYA GHOSH	211103005
207.	SRISHTI MALHOTRA	211103006
208.	MEGHNA PRABHAKAR	211103009
209.	MIHIKA PATHAK	211103011
210.	JESSICA AGARWAL	211103012
211.	SHUBHANGI SHARMA	211103015
212.	ISHA MAGADH	211103017
213.	DARSHITA DAGA	211103018
214.	AISHANI DUTTA	211103019
215.	ANOUSHKA KANTROO	211103020
216.	KHUSHI AGARWALLA	211103021
217.	MINAKSHI KANWAR	211103022
218.	VARNIKA JAIN	211103023
219.	SALONI KANWAR SHEKHAWAT	211103025
220.	PRANALI GUPTA	211103026
221.	SRIMOYEE SEN	211103027
222.	AVNI SINGH	211103028
223.	DUHITA SAXENA	211103029
224.	PARI LALWANI	211103032
225.	GUNJAN SONI	211103033
226.	AASTHA MEHRA	211103034
227.	PRAKRITI GOSWAMI	211103035
228.	PARIDHI CHAUHAN	211103036
229.	VIDUSHI KASNIYA	211103037
230.	NANDINI RAJAWAT	211103038
231.	SANYA AHUJA	211103040
232.	KRITIKA SHARMA	211103041
233.	KAJOL JEESANY	211103042
234.	PRIYANKA TALUKDAR	211103043
235.	HITA MATHUR	211103044
236.	RHEA NAIR	211103045
237.	SREEMOYEE SENGUPTA	211103046
238.	PAVNI SHARMA	211103047
239.	SHREYAS SACHENDRA KAPU	211103048
240.	KRITI CHAKRAVORTY	211103049
241.	SARVESH NAYYAR	211103050
242.	SHUBHANSHI GARG	211103051
243.	LOHIT KAPOOR	211103052
244.	SHUBHI SHARMA	211103053
245.	ARYAN SHIVDAS MAHTO	211103054



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246.	SIA KATARIA	211103056
247.	JASMINE SINGH	211103058
248.	ADITI	211103059
249.	POORVI NASA	211103060
250.	SAHIL CHOUDHARY	211103061
251.	MANASI SUDINDRA	211103063
252.	MANSI CHOUDHARY	211103064
253.	DEEPIKA	211103065
254.	KASHISH PREM DAVE	211103066
255.	HIYA BOHRA	211103067
256.	DEVYANI SINGH RATHORE	211103069
257.	DIYA MEHTA	211103070
258.	ARUSH CHAUHAN	211103071
259.	DIA UPADHYAY	211103073
260.	PARTH ARORA	211103074
261.	ANVESHA SHEKHER	211103075
262.	SANMAI PATHAK	211103077
263.	SANVEE NAGAPAL	211103078
264.	ROMELL JOHN	211103079
265.	SAIYONI KHANDELWAL	211103082
266.	POORVI MAHESHWARI	211103083
267.	ANUSHKA BHATI	211103084
268.	VIDHI SHAW	211103085
269.	KHUSHI SHARMA	211103086
270.	ANJALI JAIN	211103087
271.	AVIRAL SINGHAL	211103088
272.	ASHOK KUMAR BHANWARARAMCHOUDHARY	211103089
273.	RISHITA BISWAS	211103090
274.	SHREEYA JANGID	211103091
275.	KHYATI	211103092
276.	VANSHIKA DEVNANI	211103093
277.	CHARVI KHANDELWAL	211103094
278.	MANTAJ BRAR	211103095
279.	ASHNA AGNANI	211103096
280.	TUSHAR SHARMA	211103097
281.	SYEDDA UMMEHANI RAUHAAN	211103098
282.	RIYA BHATT	211103099
283.	SHUBHANGI TAK	211103101
284.	BHAVYA JAIN	211103102
285.	RADHIKA KHANDELWAL	211103103
286.	ANTRA RAI	211103104
287.	SAANYA PANKAJ	211103105
288.	AAROHI JAIN	221016048
289.	ABHA DANDE	221016042
290.	ADITI	221016047
291.	ADVIKA KHANNA	221016007
292.	AISHWARYA SATISH BHATKAR	221016004



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293.	ALTA SUSAN JACOB	221016052
294.	ANISHA BANWALA	221016049
295.	ANUSHKA NADAR	221016013
296.	ANUSHTHA RAKESH CHILLURE	221016009
297.	ARGHAWALI JAIN	221016015
298.	ARUNDHATI PRASAD	221016059
299.	ASHUTOSH SANTOSH TIWARI	221016035
300.	AYUSHI SHARMA	221016068
301.	BHAVIKA AHUJA	221016062
302.	CHAHAT CHAUDHARY	221016016
303.	CHARUL DEEPAK GUPTA	221016058
304.	DEVIKA IRNY	221016036
305.	DIKSHA ROOPWANI	221016031
306.	DIVYA DIDEL	221016005
307.	G TULASI	221016067
308.	GARGI RAJESH GUPTA	221016038
309.	GOURANK KHANDELWAL	221016039
310.	JANHVI MISHRA	221016056
311.	JOVINA MELYN REGI	221016008
312.	KARNIKA KAPOOR	221016027
313.	KOMAL JAIN	221016061
314.	LAVANYA BISHNOI	221016060
315.	MANSI PRAKASH BHATI	221016012
316.	MIHIR RAWTANI	221016019
317.	STUTI MATHUR	221016055
318.	NEHA MITTAL	221016023
319.	PRATHIKSHA VENKATESWARAN	221016002
320.	RAMESHWARI RATHORE	221016045
321.	RENU KUMARI	221016053
322.	RIYA MITRA	221016006
323.	SANJANA JAIN	221016022
324.	SANSKRUTI VIRENDRAKUMAR SINGH	221016034
325.	SIMRAN BHAROL	221016033
326.	SNEHA PUKHRAMBAM	221016057
327.	SREELAKSHMI A S	221016029
328.	SUHANI BHATNAGAR	221016003
329.	SUNIDHI CHAUHAN	221016041
330.	TISHA BHATIA	221016020
331.	URVASHI CHOUHAN	221016051
332.	VAISHNAVEE KUMARI RATHORE	221016010
333.	VANI DIVAKAR SHETTY	221016026
334.	YOGITA SANTOSH APPUR	221016030
335.	AANCHAL SANKHLA	221016069
336.	DIYA RAJESH SANGHVI	221016028
337.	HANUPRIYA SHARMA	221016064
338.	HARSHITA MAHESHWARI	221016054
339.	KRUTI MAHADEV PATIL	221016066



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340.	NIKKISHA SONI	221016044
341.	RIYA JAIN	221016018
342.	SAKSHI SONI	221016050
343.	SRISHTI JHALANI	221016025
344.	SRISHTI N ASHOK	221016032
345.	SURYANSHU ANAND	221016063
346.	YOGESH GUPTA	221016065
347.	MUSKAN SINGH	211016001
348.	ADITI MISHRA	211016002
349.	DEEYA JAIN	211016003
350.	YASHVI BADANI	211016004
351.	AAMRUSHA SINGH	211016005
352.	ANKITA RAJASEKHARAN	211016006
353.	ISRAELA PINTO	211016007
354.	NEHAL SHAH	211016008
355.	AASTHA WADHWA	211016010
356.	VRUSHA SHAH	211016011
357.	ANUSHKA GOYAL	211016012
358.	RASHI GARG	211016014
359.	JESSICA CHAWLA	211016016
360.	BABANPREET KAUR NARULA	211016017
361.	SURBHI	211016018
362.	KINJAL AMETA	211016019
363.	ESHA LOPES	211016020
364.	SRISHTI SABHARWAL	211016021
365.	PILLAI ANJALI SATISH	211016024
366.	THEERTHA RAJEEV	211016025
367.	KEZIAH ELSA MATHEW	211016026
368.	NAMITA GOPINATH	211016027
369.	ZEBU QURESHI	211016030
370.	A KOMAL	211016031
371.	DRISHYA	211016033
372.	NIDHI PATODIA	211016035
373.	BHARGAV B.V	211016037
374.	MANSI TYAGI	211016038
375.	PRIYANKA SAINI	211016039
376.	SNEHA PRAHARAJ	211016040
377.	MAITRI THAKKAR	211016042
378.	KARAN SINGH	211016044
379.	ADITI BHATTAD	211016045
380.	ASHI MOURYA	211016046
381.	SHLOKA SHANBHAG	211016047
382.	SAMRIDHI KAVIA	211016049
383.	NISHKA MEHTA	211016051
384.	NANDINI KESHWANI	211016052
385.	DRISHTI SADANA	211016053
386.	SHRUTI JAIN	211016055
387.	KRISHNA PATEL	211016056



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388.	NISHA KANWAR	211016058
389.	PRANJAL MESTRY	211016059
390.	RAJVIR SINGH	211016060
391.	NISHTHA MOUDGIL	211016062
392.	ASHWITA NARAIN	211016064
393.	VANSHIKA AGARWAL	211016065
394.	SHREYA SAXENA	211016066
395.	DIPRA AGARWAL	211016067
396.	SARAH CARVALHO	211016068
397.	TANIA PRABHU DOSS	211016069
398.	RADHA GOPAL KRISHNAN	211016070
399.	KAMBALA SIREESHA	211016071
400.	KANISHKA	211016072
401.	KHUSHBOO VASHISHTH	211016073
402.	RISHIKA JAIN	211016074
403.	KRUPA SHETH	211016075
404.	GAZAL PODDAR	211016077
405.	DIVYA BELWAL	211016078
406.	PRIYANKA DEVI	211016080
407.	SNIGDHA ROY	211016081
408.	MRINAL VALKE	211016082
409.	SAKSHI SHAH	211016083
410.	NAOMI SHAH	211016084
411.	AYSHA KHURSHEED	211016085
412.	K BHARGAVI	211016086
413.	PODUVAL ADITI VINAYAN	211016087
414.	VASVI SINGH	211016088
415.	SANSKRUTI	211016089
416.	NIRALASA	211016090
417.	VIDYA KAUSHIK	211016091
418.	SIDDHI PANDEY	211016092
419.	SIMRAN JEET	211016093
420.	RITWIKA DEB	211016094
421.	MAYURAKSHI GHOSH	211016095
422.	SRUJA	211016096
423.	VEDIKA KARNANI	211016097
424.	ROHINI NEWAR	211016099
425.	SHEETAL SINHA	211016100
426.	BHAVINI RATHORE	211016101
427.	NAMRATA TILAK	211016102

9.Link of MUJ website

No link was there.



Student coordinator

Garima Kaushik

President, Mind Over Matter, MUJ

Signature of the student coordinator

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare



MANIPAL UNIVERSITY
JAIPUR

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR

Dr. Arun Kumar Poonia
Asst. Director, DSW Clubs



Rotary International President
Rtn Jennifer Jones

District Governor
Rtn Dr Balwant Singh Chirana

President
PHF Rtn Radhey Shyam Gupta
D-13, Indra Puri Colony, Lal Kothi,
Jaipur, Rajasthan 302015 (India)
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Club Patron
Maj Donor Rtn Dr Sudhir Kumar Calla

President Elect (2023-24)
PHF Rtn CFP Shalini

Immediate Past President
MPHF Rtn Er Narendra Mal Mathur

Vice Presidents
MPHF Rtn Adv Ashok Goyal
PHF Rtn Desh Deepak Goyal

Jt. Secretary
Rtn Er Nand Kishore Maheshwari

Director – Club Administration
PHF Rtn Rajendra Tiwari

Director – Service Projects
Rtn Er Sudesh Roop Rai

Director – Environment Service
Rtn Shyam Sunder Gupta

Director – Foundation
MPHF Rtn Vipin Bahl

Director – Literacy & T.E.A.C.H.
PHF Rtn Dr Arun Kumar Arya

Director – Membership
PHF Rtn Jwala Prasad Sharma

Director – Public Image & Fellowship
PHF Rtn Chander Mohan Mahajan

Director – Publications
PHF Rtn Basant Jain

Director – Youth Service
Rtn Prof Anil Dutt Vyas

Executive Secretary - I.T.
PHF Rtn Prof Raj Kishor Pareek

Club Trainer
MPHF Rtn Ravi Shanker Sharma

Sergeant at Arms
PHF Rtn Er Satish Goyal

TO WHOMSOEVER IS CONCERN

Directorate of Students' Welfare and Your One Life (YOL) along with Rotary Club Jaipur, Bapu Nagar conducted a National Happiness Yatra campaign among the students at Manipal University Jaipur involving the students from NSS, NCC, DSW and the Rotaract Club MUJ. Event was well coordinated, where students were given information regarding the Happiness Index and related topics.

We would like to appreciate Directorate of Students' Welfare, Manipal University Jaipur for the efforts made towards the betterment of the Society as well as for students.

Regards

Rtn Meeta Mathur
Secretary

International Conference on Maternal Mental Health

Catalysed & Supported by DST-SEED Division

on
8 September 2021

CHIEF PATRON
Prof. K. Ramnarayan
Chairperson
Manipal University Jaipur

PATRON
Prof. G. K. Prabhu
President
Manipal University Jaipur

CO-PATRON
Prof. N. N. Sharma
Pro-President
Manipal University Jaipur

Dr Nitu Bhatnagar
Registrar
Manipal University Jaipur

CONFERENCE CHAIR
Prof. Sudhendar Hanumantha Rao
Dean, Faculty of Management & Commerce

CONVENERS
Dr. Bhawna Chahar
Dr. Bhavana Arya

About Maternal Mental Health

Worldwide about 10% of pregnant women and 13% of women who have just given birth, experience a mental disorder, primarily depression. In developing countries, this is even higher, i.e., 15.6% during pregnancy and 19.8% after childbirth. In severe cases mothers' suffering might be so severe that they may even commit suicide. In addition, the affected mothers cannot function properly. As a result, growth and development of children may be negatively affected. Maternal mental disorders need proper attention and management.

Mode: Online
Conference Theme: "Maternal Mental Health"

Important Dates

Abstract Submission
15 August 2021

Acceptance Notification
17 August 2021

Full paper Submission
05 September 2021

About the University

The Manipal Education Group, with its heritage of excellence in higher education for over 68 years, launched Manipal University Jaipur (MUJ) in 2011. Affiliations: UGC, AICTE, AIU, COA, BCI. MUJ is the first university in the state of Rajasthan, accredited as A+ (3.28) grade by NAAC. MUJ has world class infrastructure, including state-of-the-art laboratories and modern library. The university offers courses in different disciplines like Engineering, Management, Applied Science, Commerce, and Arts & Law.

About the Conference

The conference on Maternal Mental Health aims to bring together academicians and experts from various disciplines to share their knowledge and expertise pertaining to maternal mental health. Due to stigma of mental illness and discrimination against women in society, pregnant women particularly find it difficult to discuss their mental health issues with anyone. Lack of awareness and knowledge about mental health and well being makes it all the more difficult to seek mental health support. Lack of support from the family members is also a major cause of concern for women. This marks the importance of spreading awareness about prenatal and postpartum depression. It is also necessary to explore ways which will be helpful to cope with maternal mental health issues. This conference will focus on diverse ways which are future oriented and will help to acquire health and wellness in a holistic manner.

Call for Papers

Research papers, review articles and cases relevant to the conference themes are solicited from scholars, academicians and experts

Registration Fees

There is no registration fee for the Conference.
E-Certificate will be provided.

Publication Opportunity

All accepted full papers will be subjected to double blind reviewing process and will be published in a book with an ISBN.

There will be no charges for publication.

Conference Sub-Themes

- Prenatal and Postnatal Mental Health
 - ICT Support in Maternal Health
 - National and Regional Schemes for Maternal Health Support
 - Role of Family and Society in Maternal Mental Health
 - Maternal Mental Health in the framework of Positive Psychology
 - Role of Diet and Nutrition
 - Role of Yoga and Exercise
 - Role of Psychotherapy and Counselling
- Only original, unpublished work suited to the conference theme is sought.
 - All manuscripts should have an abstract of maximum 250 words. It should be followed by not more than 6 keywords.
 - All papers must be submitted in the APA format.
 - In case of co-authors, only those who are registered will be given a certificate of presentation
 - The paper should be prepared in MS-Word, Font-Times New Roman, Size 12pt, Double Spaced Lines with margin of 1.5 on all sides of the A4 size paper.
 - Paper should begin with a relevant title typed in Bold Uppercase letters followed by author(s) name(s) and address(es) in bold sentence case letters. Corresponding author should be marked by an asterisk (*). E-mail ID of the corresponding author should be included in a separate line below the address.
 - The paper should be in the following format:
 - Introduction, Materials and Methods, Observations/Results, Discussion, Acknowledgement (if any), References, Tables, Figures and Illustrations.
 - All Tables, Figures and illustrations should be numbered in Arabic numerals (1,2,3 etc) in the order they are referred in the text.
 - References should be written in the APA style.

Contact Details Email: maternitymentalhealth@gmail.com





MANIPAL UNIVERSITY JAIPUR

School of Humanities and Social Sciences

Department of Psychology

Course Hand-out

Abnormal Psychology | PS1241 | 4 Credits | 3104

Introduction: This course is offered by Dept. of Psychology as a subsidiary, targeting students who wish to acquire basic knowledge of abnormal psychology through both primary and secondary sources, and will learn relevant terms, facts, concepts, and theories. Offers in depth knowledge of various theories, and perspectives related to abnormal psychology as well learn about the various psychological disorders.

A. Course Objectives: At the end of the course, students will be able to

[PS1241.1] Understand the concept, characteristics, Classification, differences and Causal factors of normality and abnormality.

[PS1241.2] Learn about the nature and types of Anxiety disorders and Obsessive compulsive disorder.

[PS1241.3] Be able to describe Schizophrenia & Delusional Disorder

[PS1241.4] Describe and explain mood disorders.

[PS1241.5] Understand the applicability of the aspects of Personality disorders and substance abuse

Program Outcomes

PO1. Critical Thinking: Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.

PO2. Effective Communication: Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.

PO3. Social Interaction: Elicit views of others, mediate disagreements and help reach conclusions in group settings.

PO4. Effective Citizenship: Demonstrate empathetic social concern and equity centred national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.

PO5. Ethics: Recognize different value systems including your own, understand the moral dimensions of

your decisions, and accept responsibility for them.

PO6. Environment and Sustainability: Understand the issues of environmental contexts and sustainable development.

PO7. Self-directed and Life-long Learning: Acquire the ability to engage in independent and life-long learning in the broadest context socio- technological changes

B. Assessment Rubrics:

Criteria	Description	Maximum Marks
Internal Assessment (Summative)	Sessional Exam I	20
	Sessional Exam II	20
	In class Quizzes and Assignments , Activity feedbacks (Accumulated and Averaged)	10
End Term Exam (Summative)	End Term Exam (Open Book)	50
Total		100
Attendance (Formative)	A minimum of 75% Attendance is required to be maintained by a student to be qualified for taking up the End Semester examination. The allowance of 25% includes all types of leaves including medical leaves.	
Homework/ Home Assignment/ Activity Assignment (Formative)	There are situations where a student may have to work in home, especially before a flipped classroom. Although these works are not graded with marks. However, a student is expected to participate and perform these assignments with full zeal since the activity/ flipped classroom participation by a student will be assessed and marks will be awarded.	

C. Syllabus

Introduction to Abnormality: The concept of normality and abnormality. Characteristics of abnormal behavior; Difference between normal and abnormal behavior. Classification of abnormal behavior (DSM); Causal factors of abnormal behavior; **Anxiety Disorders and OCD:** Nature and types of Anxiety disorders-Phobias and panic disorder, Obsessive-compulsive disorders, generalized anxiety disorders; **Schizophrenia & Delusional Disorder:** General symptoms, types & causes (briefly) Delusional Disorder (paranoid) Clinical picture & causes; **Mood Disorder:** Normal depression, symptoms of mild to moderate & moderate to severe mood disorder, causal factors; **Personality Disorders & Substance Abuse:** Anti-social Personality, Crime & Delinquency; Nature, types and treatment of substance abuse.

D. Textbook:

1. Butcher, J.N., Mineka, S., & Hooley, J.M. Abnormal Psychology, 12th Edition. Allyn & Bacon, (2004)
2. Sarason, I.G., & Sarason, B.R. Abnormal Psychology: The problem of maladaptive behavior, Tenth Edition. Prentice Hall. (2002).
3. John M Neale, Gerald, C Davidson & David A.F. Haaga Exploring Abnormal psychology (6th Ed) John Wiley & Sons. (1996)

E. Lecture Plan:

Lec No	Topics	Session Objective	Mode of Delivery	Corresponding CO	Mode of Assessing the Outcome
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1	Introduction and Course Hand-out briefing	To acquaint and clear teachers' expectations and understand student expectations	Lecture		NA
2,3,4	Introduction & roots of Abnormality:	To understand the the concept of normality and abnormality and Characteristics of abnormal behavior and Difference between normal and abnormal behavior.	Lecture	[PS1241.1]	Through presentation
4,5	Diagnostic and statistical manual	Able to explain the Classification of abnormal behavior (DSM); Causal factors of abnormal behavior;	Lecture	[PS1241.1]	Home Assignment
6- 16	Anxiety Disorders	To Explain the Nature and types of Anxiety disorders- Phobias and panic disorder, generalized anxiety disorders;	Lecture	[PS1241.2]	Home Assignment
17,19	OCD	Describe the classification of Obsessive-compulsive disorders	Lecture	[PS1241.2]	PPT Presentation
20, 21	Schizophrenia	Learn about the introduction and brief history of schizophrenic disorder.	Lecture+ discussion	[PS1241.3]	Class quiz
22-24	Symptoms of Schizophrenia	Explain the general symptoms of schizophrenia	Lecture + Discussion	[PS1241.3]	Class Quiz
25-26	Types of schizophrenia	Comprehend the types of schizophrenia	Lecture + PPT	[PS1241.3]	Class Quiz
27-28	Delusional Disorder:	Discuss the causes Delusional Disorder (paranoid)	PPT	[PS1241.3]	Home Assignment
29-30	Clinical picture of delusional disorder	Discuss the Clinical picture pf delusional disorder	PPT	[PS1241.3]	Home Assignment
31-33	Mood Disorder	Discuss the concepts of mood, affect and feelings	Lecture	[PS1241.4]	PPT Presentation
34-37	Major depressive disorder	Describe depression, symptoms of mild to moderate &	Lecture	[PS1241.4]	Home Assignment

		moderate to severe mood disorder			
38-40	Causal factors of depression	Recognise the causal factors of depression and mood disorders	Lecture	[PS1241.4]	Class Quiz
41-46	Personality Disorders	Comprehend the various aspects of Anti-social Personality, Crime & Delinquency.	Lecture, Activity	[PS1241.5]	Class Quiz
47-50	Substance Abuse	Describe ; Nature, types and treatment of substance abuse	Lecture, Activity	[PS1241.5]	Class Quiz
51-52	Conclusion and Course Summarization	NA	NA	NA	Class Quiz

CO	STATEMENT	CORRELATION WITH PROGRAM OUTCOMES						
		PO 1	PO 2	PO 3	PO 4	PO 5	PO6	PO7
PS1241.1	Understand the concept, characteristics, Classification, differences and Causal factors of normality and abnormality.	3						2
PS1241.2	Learn about the nature and types of Anxiety disorders and Obsessive compulsive disorder.			3				2
PS1241.3	Be able to describe Schizophrenia & Delusional Disorder	2		3				2
PS1241.4	Describe and explain mood disorders.			3				
PS1241.5	Understand the aspects of Personality disorders and substance abuse.			3	2			



**MANIPAL UNIVERSITY
JAIPUR**

(University under Section 2(f) of the UGC Act)

MANIPAL UNIVERSITY JAIPUR

Faculty of Law

Department of Law

Semester: Open for All

Course: INTRODUCTION TO CONFLICT MANAGEMENT

30 Sessions (60 Minutes each Session)

Academic Session: July 2022-Nov 2022

Faculty coordinators: Ms. Raneta Pal & Ms. Vibha Bandhu

A. Introduction:

The Course exposes students to the different concepts, theories and practices of conflicts and Conflict management. Conflict management is the process by which disputes are resolved where negative results are minimised, and positive results are prioritised. The key management skill involves using different tactics depending on the situation like negotiation and creative thinking. This course will impart conflict management skills and techniques to effectively manage conflicts at the workplace and community. This course enables the students to have a practical approach in life in dealing with conflicts.

B. Course Objectives (COs):

At the end of the course, students will be able to:

1. Understand the concept and impact of conflict in workplace and society.
2. Understand the sources of conflict in workplace and society.
3. To help them to understand the different approaches and methods of conflict management
4. To acquire practical skills and techniques for conflict Management
5. To enable the students with effective leadership and managerial skills to deal with real life problems.

C. Pedagogy: The pedagogy would be the combination of the following techniques: -

- Lectures / Presentations
- Case Studies
- Assignments

D. Evaluation:

- Assessment will be based on completion of assignments at the end of each module.
- Aggregate 60% marks to be scored to ensure the completion of the course.

E. Course Outline/ Syllabus:

Module I - Conflict: Definition, Theories, features, Sources, Escalation and Effects, Productive (functional) and Destructive (dysfunctional) – views of conflict: traditional, human relations view, Interactionist View (Modern View)- Causes for work place conflicts – Harassment and discrimination – cost and effects of conflict - organizational and individuals perspectives of conflict.

Module II - Approaches and strategies of dealing with conflicts: Conflict Management, Measures- Preventive and curative measures, Conflict Resolution and Conflict transformation - Five conflict handling styles: competing, collaborating, avoiding, accommodating and compromising. Win – win approach - Different strategies of dealing with conflict: Strike, boycott and other non-cooperation methods; negotiation, mediation, arbitration, adjudication, coercion and avoidance.

Module III – Methods of conflict Resolution: Negotiation: Definition and scope, need for and importance of negotiation, Resolving Conflict through Negotiation Distributive (also called Competitive, Zero Sum, Win-lose or Claiming Value), Integrative (Collaborative, Win-win or Creating Value), Outcome of negotiation: zero sum, positive sum and negative sum. - Mediation: evaluative and facilitative, Conciliation and hybrid.

Module IV – Skills and Techniques for Conflict Management - Lobby, Persuasion, Dialogue, consultation, Trust building, defusing anger, anger management, building rapport, empathetic listening, one-on-one conversation, recognizing different issues and view points, transparent and empathetic communication, sharing of information and position, conflict analysis and joint costing, Transforming competitive negotiation to collaborative, exploring and choosing alternatives and formalizing agreements.

Module V - Role of Managers in Conflict Management – kinds of leadership in management: The demagogue, manager and mediator (facilitator) – Keys for leader as mediator: visioning, systems thinking, presence, inquiry, conscious conversation, dialogue, bridging, innovation and crisis intervention and management.

References:

1. Getting to Yes. Negotiating Agreement without Giving in. London- Fisher,R and Ury.W
2. Crucial Conversation- Stephen R Covey
3. Managing Inner Conflicts in Professional Life- Ashok Ganguly
4. Corporate Conflict Management (Concepts and Skills)- Eirene Leela Raut and Nelson Omiko
5. Conflict management Simplify – John- Clinton Nsengiyumva

F. Lecture Plan:

Lec No	Topics	Session Objective	Mode of Delivery	Corresponding CO	Mode of Assessing the Outcome
1-5	Introduction to conflict management.	To give a general idea about the course and acquaint & clear teacher's expectations and to understand the expectations of the students	Lectures, Presentations & Readings	CO1	Assignment and Quiz
6-10	Approaches and strategies of dealing with conflicts	The Course exposes students to the different concepts, theories and practices of conflicts and Conflict management.	Lectures, Presentations & Readings	CO2, CO4	Assignment and Quiz
11-15	Different strategies of dealing with conflict	The Course exposes students to the different concepts, theories and practices of conflicts and Conflict management.	Lectures, Presentations & Readings	CO3, CO5	Assignment and Quiz
16-20	Methods of conflict Resolution	This course will impart conflict management skills and techniques to effectively manage conflicts at the work place and community.	Lectures, Presentations & Readings	CO6	Assignment and Quiz
21-25	Skills and Techniques for Conflict Management	This course will impart conflict management skills and techniques to effectively manage conflicts at the work place and community.	Lectures, Presentations & Readings	CO6	Assignment and Quiz
26-30	Role of Managers in Conflict Management	This course will impart conflict management skills and techniques to effectively manage conflicts	Lectures, Presentations & Readings	CO2, CO3	Assignment and Quiz

		at the work place and community.			
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G. Faculty Detail and Meeting Timings:

Ms. Raneeta Pal

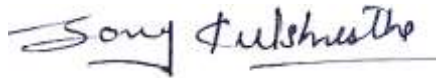
Email: raneeta.pal@jaipur.manipal.edu

Timings: 0900- 1800 Hours, Monday to Friday

Ms. Vibha Bandhu

Email: vibha.bandhu@jaipur.manipal.edu

Timings: 0900- 1800 Hours, Monday to Friday



Signature of HoD



MANIPAL UNIVERSITY
JAIPUR

(University under Section 2(f) of the UGC Act)

Manipal University Jaipur

Faculty of Law

Attendance Sheet: 20th BoS, Department of Law

20th BoS meeting for Department of Law was held on September 9th, 2022, in Room No. 208, 2AB.

The following Members are present: -

Sr. No.	Name	Signature
1	Dr. Sony Kulshrestha HoD, School of Law Chairperson	
2	Prof. (Dr.) Jayaram E. R. Pro-President & Dean FoA&L Special Invitee	
3	Prof. (Dr.) Vijaylaxmi Sharma Director, School of Law Special Invitee	
4	Dr. Richa Arora Director, SHSS Internal Member	On Leave
5	Dr. Ngetu Bhatnagar, Registrar, MUJ Ex-Officio Member	
6	Prof. Mridul Srivastava Consultant Law Courses, Dr. Bhimrao Ambedkar Law University, Jaipur Former Dean, FoA&L, MUJ External Member	On Leave
7	Mr. Abhay Jain (ADJ) Senior Advocate, Rajasthan High Court Industry Member	On Leave
8	Dr. Susruta Samanta Directorate of Academics Member	
9	Ms. Sushila Choudhary Faculty of Law Convener	

Minutes of the Meeting 20th BOS of Department of Law

9th September 2022

20th BOS meeting of Department of Law was held as per the following schedule: -

Date & Time: September 9th, 2022 at room no. 208 in 2AB

Mode: Offline at 2 o'clock, room no. 208 2AB

Members of the BOS are as follows: -

1. Dr. Sony Kulshrestha-Chairperson
2. Prof. (Dr) Jayaram E R - Special Invitee
3. Prof. (Dr) Vijaylaxmi Sharma- Special Invitee
4. Prof. Richa Arora- Internal Member
5. Prof. (Dr) Nitu Bhatanagar- Ex-Officio Member
6. Prof. Mridul Srivastava- External Member
7. Mr. Abhay Jain (ADJ)- Industry Member
8. Dr. Susruta Samanta- Member, Directorate of Academics
9. Ms. Sushila Choudhary- Convener

The following agenda were placed before the BOS: -

Agenda Points:

A. Discussion:

Item I: Approval of four value added courses which have already been introduced in the Academic Year 2022-23 by the department of Law as the course to add the value in the student growth. Namely:

1. Business and Human Rights
2. Introduction to Conflict Management

Item II: Approval of **one online course on NPTEL-SWAYAM** i.e. Intellectual Property Rights and Competition Law which has already been introduced in the Academic Year 2022-23.

Item III: Discussion on **revision** of syllabus to be taken place in the forthcoming curriculum conclave.

Item IV: Discussion on the **result** of the last academic session (Jan-May 2022 Even Sem) and **scopes for improvements**.

Item V: Discussion on **PO attainment, individual course attainment** and consequent discussion on the **scopes for improvement**.

Item VI: Discussion on **introduction of new programmes** to be introduced in the forthcoming academic session.

B. Ratification:

1. Approval of Minutes of Meeting of 19th BoS meeting held on 7th May in the previous academic session.

Following are the recommendations of BOS members:

Item I: The syllabus of Two Value Added Courses "**Business and Human Rights**" and "**Introduction to Conflict Management**" was discussed and approved to be presented in 1st FB for further approval.

Item II: The feasibility of the introduced course Intellectual Property Rights and Competition Law on SWAYAM NPTEL was confirmed by the members and approved to be to be presented in 1st FB for further approval.

Item III: Proposed revision in the syllabus was approved to be formerly discussed in FB.

Item IV: Result of the students was discussed, and suggestions were made to include internships and research paper writing and publication in bifurcation of the marks in CWS.

Item V: Course attainment matrix was discussed and suggested for remedial classes and keeping the records for the same.

Item VI: Proposal of introduction of Two New Programs was approved to be placed in FB.

These are deliberated and suggestions given by the members are incorporated.


Dr. Sony Kulshrestha

Head, Department of Law

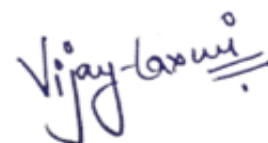
Enclosures: -

1. Signature sheet of the Members
2. All relevant documents

Name	Registration No.
Anmol Bali	211301094
Khalid sheikh	211301117
Abhishek Singh Shekhawat	211301092
Shree bansal	211301086
pearl singh	211301032
Vishvesh Gupta	211305035
Mihika Saraf	211305027
Tithi Gupta	211301105
Alina Ali	211301023
Ashutosh Singh	211301120
Ananya Dwivedi	211301085
Manasvini tiwari	211301114
Pranav Mathur	211301104
Riya Singh	211301066
Mahenshi Chauhan	21130100
Prayansh Garhwal	21130102
Vineet maharshi	211301058
Vanshika Parmar	211305061
Mehwish khan	211301099
Varshita Palsania	211301126
Jayshvee soni	211305049
Kushal Sharma	211301021
Ashay Apurv	211301098
Deepak Choudhary	211301119
Sunil Mehriya	211301103
Shivanshi Sharma	211301040
Royal Rajpurohit	2110301029
Manav dhabhai	21130108
Vivek raj singh	211301101
Riya Singh	211301018
Gaurvi paliwal	211301124
Navya Sharma	211301038



Head, Department of Law
Manipal University Jaipur

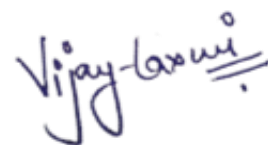


Director, School of Law
Manipal University Jaipur

Dhruv Pratap Singh	211301025
Anant Raj Singh	211301078
Deepankar Singh	211301107
Vineet Jakhar	211301123
Shivansh Srivastava	211301053
Tanmay gokulka	211301125
gaurav mann	211301006
Aaryan Parashar	211301068
Abhay singh shekhawat	2110301111
Vijay chawdi	211305051
Aman	211305014
Sourav kumar ojha	221302016
Shubham Jhorar	211301028
RISHAV KUMAR	211305026
Ajita Rathod	211301063
Rakesh Kumar	211301122
Nazmuddin	211301087
Anureet Kaur	211301037



Head, Department of Law
Manipal University Jaipur

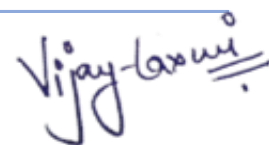


Director, School of Law
Manipal University Jaipur

Name	Registration No.
VARUNPAL SINGH	20130504
Yash mali	201301070
Aryan Yadav	201301114
HEMANG SHARMA	201301085
Devyani Shekhawat	201301088
Amit Ranwa	201301043
Geetangi Singh Kachhawaha	201301117
Sneha Agrawal	201301121
Jai Prakash Joshi	201301103
Mayank Singhal	20130112
Yashwardhan Raghav	201301065
Pradhuman Singh Udawat	201301087
Surya Pratap Singh	201301057
Satvik Pareek	201301120
Vikas gurjar	201301104
Monika Bidiyasar	201301039
Ritika Yadav	201305007
Devanshi Saxena	201301112
Poorvi Agrawal	201301118
Aanjnaiy Sharma	201301062
Navendu Vijayvergia	201301059
Bhavya Manda	201301049
Shiv Sharma	201301053
Gaurav Jangir	201301095
Yatharth kalla	201301071
Kanishka Kansal	201301097
Meghna Sharma	201301110
Yash Choudhary	201301115
Sarthak Bhatnagar	201305024
Ishika Agarwal	201301099
Kasim Patel	201301005
YAJAT DHING	201301096



Head, Department of Law
Manipal University Jaipur

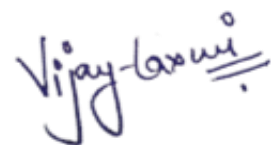


Director, School of Law
Manipal University Jaipur

Harshita Purohit	20130119
Bhoomika joshi	201301038
Rohini	201301074
rashi goyal	201301041
Gourav Yadav	191301057
Rohit Singh	201301012
Naresh Vishnoi	20130104
Akash jeph	201301093
Askrit Tiwari	201301022
Vatsal Pareek	201301055
Rishita	201301079
Akshita Rathore	201301060
Mansha Bhatia	201301094
Komal Mathur	201301002
Madhav Monga	201301063
Naman Goyal	201301100
Yashwant singh	201301026
Damini Chauhan	201301029
Paridhi Jain	201301033
Manvendra Singh Rathore	201301020
Adhip Narayan Banerjee	201301001
Ariyant Singh	201301009
ravikant dubey	201301010
Sheetal Sharma	201301098
Khushboo Rathore	201301105
Shivambika Bhati	201301051
Kaushal Sharma	201301044
Deepender Shekhawat	201301023
Lohit dudi	201301040
Shashank Chaudhary	201301068



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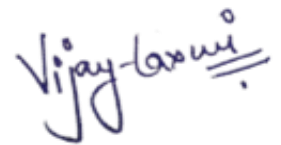


Director, School of Law
Manipal University Jaipur

Name	Registration No.
Shamindra Kumar Dey	21130504
Abhijay Sharma	211305057
Akshat	211305045
Mihir Tripathi	201305063
Amol Gaur	211305032
Yash Choudhary	211305023
Lakshay 6	211305015
Chirag Choudhary	211305036
Varshav	211305013
Aashi jain	211305052



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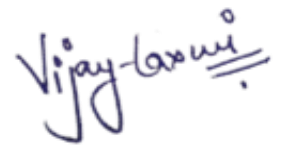


Director, School of Law
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Name	Registration No.
Labdhi Jain	201305034
Kashif Anwer	201305043
Suyash agrawal	201305044
BhagyaShree Sharma	201305025
Garima Sharma	201305023
Sarthak Bhatnagar	201305024
Saloni Rai	201305056
Nishant Choudhary	201305062
Rishabh Sharma	201305006
Preetesh sharma	201305041
Bhanu Kumar Bawta	201305005
BHAVYA PAREEK	201305038
Bharat Kaushik	201305032
Manu Kulhar	201305030
Chetna Sangha	201305009
Riya shukla	201305051
Anushka Dahama	201305040
Kushagra Pareek	201305039
Hemang Garhwal	201305014



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Certificate of Completion

December 15, 2022

This is to certify that **Anmol Bali** Reg. No. **211301094** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Khalid sheikh** Reg. No. **211301117** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
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Certificate of Completion

December 15, 2022

This is to certify that **Abhishek Singh Shekhawat** Reg. No. **211301092** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
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Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
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Certificate of Completion

December 15, 2022

This is to certify that **Shree bansal** Reg. No. **211301086** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
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Ms. Raneeta Pal
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Certificate of Completion

December 15, 2022

This is to certify that **pearl singh** Reg. No. **211301032** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

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Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Vishvesh Gupta** Reg. No. **211305035** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
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Ms. Raneeta Pal
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Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Mihika Saraf** Reg. No. **211305027** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
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Ms. Raneeta Pal
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Tithi Gupta** Reg. No. **211301105** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
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Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Alina Ali** Reg. No. **211301023** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Ashutosh Singh** Reg. No. **211301120** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Ananya Dwivedi** Reg. No. **211301085** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Manasvini tiwari** Reg. No. **211301114** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Pranav Mathur** Reg. No. **211301104** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
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Manipal University Jaipur

Ms. Raneeta Pal
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Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Riya Singh** Reg. No. **211301066** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
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Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Mahenshi Chauhan** Reg. No. **21130100** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Prayansh Garhwal** Reg. No. **21130102** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Vineet maharshi** Reg. No. **211301058** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
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Certificate of Completion

December 15, 2022

This is to certify that **Vanshika Parmar** Reg. No. **211305061** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Mehwish khan** Reg. No. **211301099** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Varshita Palsania** Reg. No. **211301126** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Jayshvee soni** Reg. No. **211305049** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Kushal Sharma** Reg. No. **211301021** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Ashay Apurv** Reg. No. **211301098** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Deepak Choudhary** Reg. No. **211301119** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Sunil Mehriya** Reg. No. **211301103** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
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Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Shivanshi Sharma** Reg. No. **211301040** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
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Ms. Raneeta Pal
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Certificate of Completion

December 15, 2022

This is to certify that **Royal Rajpurohit** Reg. No. **2110301029** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
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Ms. Raneeta Pal
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Ms. Vibha Bandhu
Course coordinator
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Certificate of Completion

December 15, 2022

This is to certify that **Manav dhabhai** Reg. No. **21130108** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Vivek raj singh** Reg. No. **211301101** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Riya Singh** Reg. No. **211301018** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
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Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Gaurvi paliwal** Reg. No. **211301124** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
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Certificate of Completion

December 15, 2022

This is to certify that **Navya Sharma** Reg. No. **211301038** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Dhruv Pratap Singh** Reg. No. **211301025** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Anant Raj Singh** Reg. No. **211301078** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
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Certificate of Completion

December 15, 2022

This is to certify that **Deepankar Singh** Reg. No. **211301107** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
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Certificate of Completion

December 15, 2022

This is to certify that **Vineet Jakhar** Reg. No. **211301123** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
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Certificate of Completion

December 15, 2022

This is to certify that **Shivansh Srivastava** Reg. No. **211301053** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
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Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Tanmay gokulka** Reg. No. **211301125** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
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Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **gaurav mann** Reg. No. **211301006** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
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Assistant Professor, School of Law
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Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Aaryan Parashar** Reg. No. **211301068** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
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Certificate of Completion

December 15, 2022

This is to certify that **Abhay singh shekhawat** Reg. No. **2110301111** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Vijay chawdi** Reg. No. **211305051** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Aman** Reg. No. **211305014** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Sourav kumar ojha** Reg. No. **221302016** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Shubham Jhorar** Reg. No. **211301028** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **RISHAV KUMAR** Reg. No. **211305026** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Ajita Rathod** Reg. No. **211301063** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Rakesh Kumar** Reg. No. **211301122** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Nazmuddin** Reg. No. **211301087** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Anureet Kaur** Reg. No. **211301037** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Shamindra Kumar Dey** Reg. No. **21130504** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Abhijay Sharma** Reg. No. **211305057** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Akshat** Reg. No. **211305045** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Mihir Tripathi** Reg. No. **201305063** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Amol Gaur** Reg. No. **211305032** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Yash Choudhary** Reg. No. **211305023** has
successfully completed the Value Added Course titled **Introduction to
Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Lakshay 6** Reg. No. **211305015** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Chirag Choudhary** Reg. No. **211305036** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Varshav** Reg. No. **211305013** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Aashi jain** Reg. No. **211305052** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **VARUNPAL SINGH** Reg. No. **20130504** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Yash mali** Reg. No. **201301070** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Aryan Yadav** Reg. No. **201301114** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **HEMANG SHARMA** Reg. No. **201301085** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Devyani Shekhawat** Reg. No. **201301088** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Amit Ranwa** Reg. No. **201301043** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Geetangi Singh Kachhawaha** Reg. No. **201301117**
has successfully completed the Value Added Course titled **Introduction to
Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Sneha Agrawal** Reg. No. **201301121** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Jai Prakash Joshi** Reg. No. **201301103** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Mayank Singhal** Reg. No. **20130112** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Yashwardhan Raghav** Reg. No. **201301065** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Pradhuman Singh Udawat** Reg. No. **201301087** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Surya Pratap Singh** Reg. No. **201301057** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Satvik Pareek** Reg. No. **201301120** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Vikas gurjar** Reg. No. **201301104** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Name** Reg. No. **Registration No.** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Monika Bidiyasar** Reg. No. **201301039** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Ritika Yadav** Reg. No. **201305007** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Devanshi Saxena** Reg. No. **201301112** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Poorvi Agrawal** Reg. No. **201301118** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Aanjnaiy Sharma** Reg. No. **201301062** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Navendu Vijayvergia** Reg. No. **201301059** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Bhavya Manda** Reg. No. **201301049** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Shiv Sharma** Reg. No. **201301053** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Gaurav Jangir** Reg. No. **201301095** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Yatharth kalla** Reg. No. **201301071** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Kanishka Kansal** Reg. No. **201301097** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Meghna Sharma** Reg. No. **201301110** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Yash Choudhary** Reg. No. **201301115** has
successfully completed the Value Added Course titled **Introduction to
Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Sarthak Bhatnagar** Reg. No. **201305024** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Ishika Agarwal** Reg. No. **201301099** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Kasim Patel** Reg. No. **201301005** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **YAJAT DHING** Reg. No. **201301096** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Harshita Purohit** Reg. No. **20130119** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Bhoomika joshi** Reg. No. **201301038** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Rohini** Reg. No. **201301074** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **rashi goyal** Reg. No. **201301041** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Gourav Yadav** Reg. No. **191301057** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Rohit Singh** Reg. No. **201301012** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Naresh Vishnoi** Reg. No. **20130104** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Akash jeph** Reg. No. **201301093** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Askrit Tiwari** Reg. No. **201301022** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Vatsal Pareek** Reg. No. **201301055** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Rishita** Reg. No. **201301079** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Akshita Rathore** Reg. No. **201301060** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Mansha Bhatia** Reg. No. **201301094** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Komal Mathur** Reg. No. **201301002** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Madhav Monga** Reg. No. **201301063** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Naman Goyal** Reg. No. **201301100** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Yashwant singh** Reg. No. **201301026** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Damini Chauhan** Reg. No. **201301029** has
successfully completed the Value Added Course titled **Introduction to
Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Paridhi Jain** Reg. No. **201301033** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Manvendra Singh Rathore** Reg. No. **201301020** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Adhip Narayan Banerjee** Reg. No. **201301001** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Ariyant Singh** Reg. No. **201301009** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **ravikant dubey** Reg. No. **201301010** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Sheetal Sharma** Reg. No. **201301098** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Khushboo Rathore** Reg. No. **201301105** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Shivambika Bhati** Reg. No. **201301051** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Kaushal Sharma** Reg. No. **201301044** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Deepender Shekhawat** Reg. No. **201301023** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Lohit dudi** Reg. No. **201301040** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Shashank Chaudhary** Reg. No. **201301068** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Labdhi Jain** Reg. No. **201305034** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Kashif Anwer** Reg. No. **201305043** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Suyash agrawal** Reg. No. **201305044** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

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Course coordinator
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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **BhagyaShree Sharma** Reg. No. **201305025** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Garima Sharma** Reg. No. **201305023** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
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Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Sarthak Bhatnagar** Reg. No. **201305024** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Saloni Rai** Reg. No. **201305056** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Nishant Choudhary** Reg. No. **201305062** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

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Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Rishabh Sharma** Reg. No. **201305006** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

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Course coordinator
Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Preetesh sharma** Reg. No. **201305041** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
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Assistant Professor, School of Law
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Certificate of Completion

December 15, 2022

This is to certify that **Bhanu Kumar Bawta** Reg. No. **201305005** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

(University under Section 2(f) of the UGC Act)

Certificate of Completion

December 15, 2022

This is to certify that **BHAVYA PAREEK** Reg. No. **201305038** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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(University under Section 2(f) of the UGC Act)

Certificate of Completion

December 15, 2022

This is to certify that **Bharat Kaushik** Reg. No. **201305032** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Manu Kulhar** Reg. No. **201305030** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Chetna Sangha** Reg. No. **201305009** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Riya shukla** Reg. No. **201305051** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that **Anushka Dahama** Reg. No. **201305040** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

(University under Section 2(f) of the UGC Act)

Certificate of Completion

December 15, 2022

This is to certify that **Kushagra Pareek** Reg. No. **201305039** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

(University under Section 2(f) of the UGC Act)

Certificate of Completion

December 15, 2022

This is to certify that **Hemang Garhwal** Reg. No. **201305014** has successfully completed the Value Added Course titled **Introduction to Conflict Management** in the odd semester (July-Dec 2022)

Dr. Sony Kulshrestha
Head, School of Law
Manipal University Jaipur

Ms. Raneeta Pal
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur

Ms. Vibha Bandhu
Course coordinator
Assistant Professor, School of Law
Manipal University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**



FACULTY OF MANAGEMENT & COMMERCE

SCHOOL OF HOSPITALITY AND TOURISM MANAGEMENT

In collaboration with

RUBICON

LIFESKILLS TRAINING, A VALUE-ADDED COURSE

on

PERSONALITY DEVELOPMENT

24th January 2022 to 3rd February 2022

(ZOOM)



Content of Report

1. Introduction of the Event
2. Objective of the Event
3. Beneficiaries of the Event
4. Details of the Guests
5. Brief Description of the event
6. Brochure of the event
7. Schedule of the Event
8. Attendance of the Event
9. Scanned approvals
10. Annexure (Participation List and Certificate)

1. Introduction of the Event

9-days value added course on Life Skills training in collaboration with Rubicon organized for BBA (H&T) 4th semester students.

2. Objective of the Event

- To brief about organizational Structure
- To develop Public Speaking
- To develop Presentation Skills
- To develop E-mail Etiquette
- To develop grooming in students
- To develop students for Group Discussions
- To develop students for Personal Interviews

3. Beneficiaries of the Event :

Students of SHTM, FoMC

4. Details of the Guests

- a. Ms. Alzira Rodgious (Rubicon)

5. Brief Description of the event

To get the higher semester students ready to take on the industry and the world, a 9-day value added workshop on life skills training in collaboration with Rubicon organized for BBA (H&T) 4th semester students was organized. The series of workshop was held online and was focused on inculcating the life skills like organizational structure, presentation skills. Resume building, email writing skills, preparing for personal interview, preparing for group discussion, preparing for introduction etc. Into the students.

6. Brochure of the event



MANIPAL UNIVERSITY
JAIPUR
(University under Section 2(f) of the UGC Act)

School of Hospitality & Tourism Management,
Manipal University, Jaipur
in collaboration with
Rubicon, Inc.

RUBICON

9-days Life Skills Training Sessions

24th January 2022 to 3rd February 2022

Resource Person @Rubicon
Ms. Alzira Rodgious

7. Schedule of the event

January 24, 2022 Starting (04:30PM) to February, 03, 2022

Day	Speaker	Event
24-01-2022 (4:30 PM - 6:30 PM)	Ms. Alzira Rodgious	Organizational structure
25-01-2022 (4:30 PM - 6:30 PM)	Ms. Alzira Rodgious	Presentation Skills
27-01-2022 (4:30 PM - 6:30 PM)	Ms. Alzira Rodgious	Resume Building
28-01-2022 (4:30 PM - 6:30 PM)	Ms. Alzira Rodgious	Email Writing Skills
29-01-2022 (4:30 PM - 6:30 PM)	Ms. Alzira Rodgious	Preparing for Personal Interview
31-01-2022 (4:30 PM - 6:30 PM)	Ms. Alzira Rodgious	Preparing for Group discussion
01-02-2022 (4:30 PM - 6:30 PM)	Ms. Alzira Rodgious	Preparing for Introduction
02-02-2022 (4:30 PM - 6:30 PM)	Ms. Alzira Rodgious	Preparing for Introduction
03-02-2022 (4:30 PM - 6:30 PM)	Ms. Alzira Rodgious	Feedback

8. Attendance of the Event

Total attendee – 8 (Details are in ANNEXURE - 1)



9. Scanned approvals

Dr. Amit Datta [MU - Jaipur]

From: Dr. Amit Datta [MU - Jaipur]
Sent: 20 December 2021 16:47
To: bbaht2020@mu.jaipur.manipal.edu; subhash.handa@jaipur.manipal.edu; BHM2019-23; Vishakha Daultani; shrutibhartia21@gmail.com; sahdev944@gmail.com
Subject: Life Skills training session for HM students
Attachments: Rubicon - Lifeskills Training nominations.xlsx; Training Outline.docx

Dear Students,

You are advised to participate in this training program. Attendance and active participation is mandatory, as it is a part of a course in upcoming semester.

Placement and Internship support will only be given to the students attending this personality development program. The details are attached and CRs are requested to ensure the message is reached to all.

@subhash.handa@jaipur.manipal.edu – PFA the students list


Regards

Amit Datta
HoD, SHTM

From: Rony Sharma [MU - Jaipur]
Sent: 10 December 2021 10:02 AM
To: Smita Sharma [MU - Jaipur] <smita.sharma@jaipur.manipal.edu>; Dr. Sonal Sidana [MU - Jaipur] <sonal.sidana@jaipur.manipal.edu>; Dr. Purvi Pareek [MU - Jaipur] <purvi.pareek@jaipur.manipal.edu>; Dr. Ravindra R Kaikini [MU - Jaipur] <ravindrar.kaikini@jaipur.manipal.edu>; Dr. Sunishtha Dhaka [MU - Jaipur] <sunishtha.dhaka@jaipur.manipal.edu>; Sonali Sharma [MU - Jaipur] <sonali.sharma@jaipur.manipal.edu>; Dr. Ankit Kumar Singh Patel [MU - Jaipur] <ankit.patel@jaipur.manipal.edu>; Savita Panwar [MU - Jaipur] <savita.panwar@jaipur.manipal.edu>; Arjoo Tailor [MU - Jaipur] <arjoo.tailor@jaipur.manipal.edu>; Dr. Sonu Agarwal [MU - Jaipur] <sonu.agarwal@jaipur.manipal.edu>; Dr. Swikrita Dowerah [MU - Jaipur] <swikrita.dowerah@jaipur.manipal.edu>; Dr. Radhika Mohan Gupta [MU - Jaipur] <radhikamohan.gupta@jaipur.manipal.edu>; Varuni Sharma [MU - Jaipur] <varuni.sharma@jaipur.manipal.edu>; Dr. Keshav Nath [MU - Jaipur] <keshav.nath@jaipur.manipal.edu>; Dr. Geetika Tankha [MU - Jaipur] <geetika.tankha@jaipur.manipal.edu>; Dr. Mousumi Debnath [MU - Jaipur] <mousumi.debnath@jaipur.manipal.edu>; Dr. Satyapal Singh Rathore [MU - Jaipur] <satyapalsingh.rathore@jaipur.manipal.edu>; Dr. Ashish Kumar [MU - Jaipur] <ashish.kumar@jaipur.manipal.edu>; Linesh Raja [MU - Jaipur] <linesh.raja@jaipur.manipal.edu>; Richa Jagatramka [MU - Jaipur] <richa.jagatramka@jaipur.manipal.edu>; Mahboob Anwer [MU - Jaipur] <mahboob.anwer@jaipur.manipal.edu>; Saurav Sharma [MU - Jaipur] <saurav.sharma@jaipur.manipal.edu>; Shweta Upamanyu [MU - Jaipur] <shweta.upamanyu@jaipur.manipal.edu>
Cc: Dr. Chhattar Singh Lamba [MU - Jaipur] <cs.lamba@jaipur.manipal.edu>; Dr. Sudhendar Hanumantha Rao [MU - Jaipur] <sudhendar.rao@jaipur.manipal.edu>; Dr. Sony Kulshrestha [MU - Jaipur] <sony.kulshrestha@jaipur.manipal.edu>; Dr. Subhash kumar [MU - Jaipur] <subhash.kumar@jaipur.manipal.edu>; Sunita Doot [MU - Jaipur] <sunita.doot@jaipur.manipal.edu>; Dr. Birajit Mohanty [MU - Jaipur] <birajit.mohanty@jaipur.manipal.edu>; Dr. Saurabh Sharma [MU - Jaipur] <drsaurabh.sharma@jaipur.manipal.edu>; Dr. Amitabh Srivastava [MU - Jaipur] <amitabh.srivastava@jaipur.manipal.edu>; Dr. Subhash kumar [MU - Jaipur] <subhash.kumar@jaipur.manipal.edu>; Dr. Richa Arora [MU - Jaipur] <richa.arora@jaipur.manipal.edu>; Dr. Monika Mathur [MU - Jaipur] <monika.mathur@jaipur.manipal.edu>; Dr. Priyanka Chaudhary [MU - Jaipur] <priyanka.chaudhary@jaipur.manipal.edu>; Dr. Devershi Pallavi Bhatt [MU - Jaipur] <devershipallavi.bhatt@jaipur.manipal.edu>; Dr. Kalpna Sharma [MU - Jaipur] <kalpna.sharma@jaipur.manipal.edu>; Dr. Lalita Ledwani [MU - Jaipur] <lalita.ledwani@jaipur.manipal.edu>; Ar. Sneha Singh [MU - Jaipur] <sneh.singh@jaipur.manipal.edu>
Subject: LifeSkills training session for Final & Pre Final Year students
Importance: High

Dear All,

Greetings !!


(HoD, SHTM)



Directorate of Corporate relations & Placements is going to organize a very interactive **9-days life skills training sessions** in collaboration with **Rubicon** for the benefit of students, which helps them in grooming their soft skills for their future growth and other internship & placement activities in the month of January 2022.

Please find below the details of program:

About Rubicon:

Rubicon was incepted with a dream of a world where every youth has the power to transform lives for themselves and others around them. We strongly believe that every youth has the potential to make a difference in their personal lives as well as the community around them. We build competencies, which would help youth seek careers and prosper in their career of choice. We bring excitement into learning by developing and harnessing their curiosity and intrinsic motivation for learning.

Rubicon's "Lifeskills" Program, supported by Barclays aims at improving the employability skills of the youth. This initiative is supported by **Barclays**. Under this program, students will be trained by Corporate Trainers to enhance their Life skills which would help them significantly to increase their chance of succeeding in a job interview. This program is being launched with limited no of colleges in India.

About Lifeskills Program:

1. **24 hrs. classroom training on Interview Skills (Details mentioned below).** divided into two parts – 18 hours virtual and 6 hours classroom training. 18 hours of virtual training will be delivered by a Corporate Trainer using Zoom/Webex as a platform – training will be conducted 2 hours per day for 9 days. 6 hours of face-to-face training will be done once the lockdown is lifted and before the campus placement starts.
2. **Industry visit of students to various organizations.**
3. **Post Placement Mentoring and Career Counselling support to placed students for one year.**

In Life Skills training, below topics will be covered:

1. Organizational Structure
2. Public Speaking
3. Presentation Skills
4. E-mail Etiquette
5. Grooming
6. Group Discussion
7. Personal Interview
8. Assessment will be conducted on Group Discussion and Personal Interview.

Training module is also attached for your kind reference.

Request you to kindly share the details of the interested students (Final & Pre-Final Year) in the format attached by 13th December 2021.

Thanks & Warm Regards,

Rony Sharma
Corporate Relations & Placements Officer
Manipal University Jaipur,
Dehmi Kalan, Off Jaipur-Ajmer Expressway
Jaipur 303 007, Rajasthan, India
Mobile: +91 7014889031
WhatsApp No.: +91 8824631276
Email : rony.sharma@jaipur.manipal.edu

Atal
(HOD, SHTM)

2

ANNEXURE

(Participation List and Certificate)

Sr. No	Name of Attendee	Registration No.	Batch
1	VARNIKA GARG	200803001	H&T 2020
2	APOORV GUPTA	200803004	H&T 2020



3	SHRUTI BHARTIA	200803005	H&T 2020
4	AAKASH RATHORE	200803006	H&T 2020
5	RISHU GOYAL	200803007	H&T 2020
6	YATHARTH JAIN	200803008	H&T 2020
7	AKSHAT PARASHAR	200803009	H&T 2020
8	PARIKSHEETA PURI	200901135	H&T 2020



CERTIFICATE
OF PARTICIPATION

THE CERTIFICATE IS PRESENTED TO:

Varnika Garg

For successfully participating in Online Training Session from 24th January 2022 to 03rd February 2022 on "Employability Skills" under "LifeSkills" program organized by Rubicon in collaboration with Manipal University, Jaipur, Rajasthan.

Dhanya
Dhanya Narayanan
Chief Operating Officer



CERTIFICATE
OF PARTICIPATION

THE CERTIFICATE IS PRESENTED TO:

Aakash Rathore

For successfully participating in Online Training Session from 24th January 2022 to 03rd February 2022 on "Employability Skills" under "LifeSkills" program organized by Rubicon in collaboration with Manipal University, Jaipur, Rajasthan.

Dhanya
Dhanya Narayanan
Chief Operating Officer



CERTIFICATE

— OF PARTICIPATION —

THE CERTIFICATE IS PRESENTED TO:

Akshat Parashar

For successfully participating in Online Training Session from 24th January 2022 to 03rd February 2022 on "Employability Skills" under "LifeSkills" program organized by Rubicon in collaboration with Manipal University, Jaipur, Rajasthan.

Dhanya Narayanan
Chief Operating Officer



CERTIFICATE

— OF PARTICIPATION —

THE CERTIFICATE IS PRESENTED TO:

Apoorv Gupta

For successfully participating in Online Training Session from 24th January 2022 to 03rd February 2022 on "Employability Skills" under "LifeSkills" program organized by Rubicon in collaboration with Manipal University, Jaipur, Rajasthan.

Dhanya Narayanan
Chief Operating Officer



CERTIFICATE
OF PARTICIPATION

THE CERTIFICATE IS PRESENTED TO:

Pariksheeta Puri

For successfully participating in Online Training Session from 24th January 2022 to 03rd February 2022
on "Employability Skills" under "LifeSkills" program organized by Rubicon
in collaboration with Manipal University, Jaipur, Rajasthan.

Dhanya Narayanan
Chief Operating Officer



CERTIFICATE
OF PARTICIPATION

THE CERTIFICATE IS PRESENTED TO:

Rishu Goyal

For successfully participating in Online Training Session from 24th January 2022 to 03rd February 2022
on "Employability Skills" under "LifeSkills" program organized by Rubicon
in collaboration with Manipal University, Jaipur, Rajasthan.

Dhanya Narayanan
Chief Operating Officer



CERTIFICATE

OF PARTICIPATION

THE CERTIFICATE IS PRESENTED TO:

Shruti Bhartia

For successfully participating in Online Training Session from 24th January 2022 to 03rd February 2022 on "Employability Skills" under "LifeSkills" program organized by Rubicon in collaboration with Manipal University, Jaipur, Rajasthan.

Dhanya Narayanan
Chief Operating Officer



CERTIFICATE

OF PARTICIPATION

THE CERTIFICATE IS PRESENTED TO:

Yatharth Jain

For successfully participating in Online Training Session from 24th January 2022 to 03rd February 2022 on "Employability Skills" under "LifeSkills" program organized by Rubicon in collaboration with Manipal University, Jaipur, Rajasthan.

Dhanya Narayanan
Chief Operating Officer



MANIPAL UNIVERSITY JAIPUR

Brochure Value added Courses Academic Year 2021-2022

Department of Psychology
Manipal University Jaipur

Department of Psychology is introducing value added course “Foundations of Positive Psychology” for Manipal University Jaipur students, Students can register in value added courses through university DMS portal.

The aim of the value added courses is to study and create awareness on the importance of valuable aspects of life

Introduction: Value added courses are the types of courses which help a particular individual to develop their own skills in their chosen field of the study. They are mostly independent to each type of the fields. It facilitates the students as well as the faculty to keep pace with the latest technologies pertaining to their chosen field of studies.

The course on Foundations of positive psychology aims at :

- Making the students understand the concept, scope and applications of positive psychology.
- Help students develop character strengths and virtues necessary for everyday life.
- Develop positive traits in one’s personality
- Develop skills for emotional and spiritual intelligence to enhance employability.

Looking forward for your registration. (DMS Portal)

Prof. Geetika Tankha

HoD

Department of Psychology



MINUTES OF THE 25th MEETING OF THE ACADEMIC COUNCIL

Saturday, June 08, 2019

The 25th Academic Council Meeting of MUJ was held on June 08, 2019 at Board Room Level III, Administrative Block, Manipal University Jaipur. The following members were present:

Chaiperson

- **Dr G K Prabhu.**

Members Present:

- Dr Vinod V Thomas.
- Dr N N Sharma.
- Dr Mridul Srivastava.
- Dr R S Shekhawat.
- Dr G L Sharma.
- Dr M L Vadera.
- Dr Madhura Yadav.
- Dr Lalita Ledwani.
- Dr Ajay Kumar.
- Dr Naresh Dutt Mathur.
- Dr Sumit Srivastava.
- Prof Pratibha Sharma.
- Dr Geetika Tankha.
- Dr Tanmoy Chakraborty.
- Dr Vijay Laxmi Sharma.

Student Representatives:

- Mr Abhinav Bhardwaj,
- Ms Deepti Khatri,
- Mr Prashant,
- Mr Mahesh Kumar



- Programme Scheme and Curriculum of Bachelor of Design (Interior Design) and BA (Interior Design), with effect from admission 2019 onwards
- Bridge Program for students of B Sc (Interior Design) for upgrade to Bachelor of Design (Interior Design)

25AC (B-5) Faculty of Arts & Law

Considering recommendation of Faculty Board of Arts & Law, the Council approved the following

For Department of Arts

- New Course Code and Syllabus of AT1271, VALUE EDUCATION, being offered by the Dept. of Arts, from admission batch 2019
- New Course Codes of all the courses from admission batch 2019

For Department of Languages

- New Course Codes of all the courses from admission batch 2019
- Revamped syllabi of the following courses from admission batch 2019:
 - Elementary French - Open Elective
 - Reading Language through literature
 - Professional Language Skills and Grammar Competence- PG Open Elective
 - Technical Communication
 - Language Lab-II
 - Spoken English

For Department of Economics

- New Course Codes of all the courses of BA (Hons) Economics Programme from admission batch 2019

For Department of Psychology

- **New Course Codes** of all the courses from admission batch 2019
- **Revised Course Structure and Syllabi** of M.Sc. (Clinical Psychology) Programme (reduction of credit up to 80 Credits) from **admission batch 2019**

For Department of Journalism & Mass Communication

- New Course Codes of all the courses from admission batch 2019
- Change in nomenclature of course 'Media Values and Ethics' to 'Media Laws, Values and Ethics', offered in 4th semester of BA (J&MC) Programme

For Department of Law



Dr. Geetika Tankha [MU - Jaipur]

From: Dr. Geetika Tankha [MU - Jaipur]
Sent: Wednesday, December 16, 2015 2:41 PM
To: ashahingar10@gmail.com
Cc: Dean FoA&L [MU - Jaipur]
Subject: Recommendations requested
Attachments: Positive Psychology.pdf

Dear Ma'am,

PFA the syllabus of '**Foundations of Positive Psychology**' which will be introduced as an 'Open Elective' for all non-psychology students in the coming session in 2016. "Open elective" is offered to all students of our university in the IV & VI semester. The students have to choose a subject which not of their branch of study. This is to give them exposure of subjects other their core subject or programme they are pursuing. The subject has to be of introductory level and of 3 credits.

Kindly peruse the syllabus and provide your valuable suggestions and recommendations through email.

With kind regards,

Dr. Geetika Tankha,
Associate Professor & HOD,
Department of Psychology,
Manipal University Jaipur,
Jaipur



BOS Meeting, Department of Psychology
Manipal University Jaipur
Approval by Circulation

Names of Members		Date of Approval
Dr. Geetika Tankha, Associate Professor & Head, Department of Psychology, MUJ	Chairperson	21.12.15
Prof. (Retd.) Asha Hinger, University of Rajasthan, Jaipur	External Expert Member	Approval received on email dt. 18/12/15 enclosed.
Dr. Meenakshi Joshi, Asst. Prof., Dept. of Languages, MUJ	Member	21.12.15
Dr. Charu Dhankar, Asst. Prof., Dept. of Psychology, MUJ	Member	21.12.15
Prof. M. Srivastava, Dean Faculty of Arts & Law, MUJ	Special Invitee Member	
Prof. Manju Singh, Director, School of Humanities & Social Sciences, MUJ	Invitee member	21.12.15
Prof. (Dr.) V. Suhag Registrar MUJ	Ex-Officio Member	

Tankha
 (Dr. Geetika Tankha)
 HOD Psychology

Department of Psychology
Manipal University Jaipur
Minutes of the 10th Board of Studies Members Meeting

Subject: 10th Board of Studies Members Meeting – for perusal and approval of BA/BSc (Hons.) Psychology Programme and generic electives and revision of MA/MSc Clinical Psychology lab courses

Venue: Board Room, III Floor, Academic Block-2AB, Faculty Block 6, Manipal University Jaipur.

Date & Time: February 07, 2019, 11 am

Agenda: The following agenda was proposed

1. Perusal and approval of revamping of scheme and syllabus of BA/BSc (Hons.) Psychology Programme as per the Choice Based Credit System (CBCS).
2. Perusal and approval of Syllabus of Generic electives to be offered to the other departments as per the CBCS by the psychology department.
3. Change of course codes as per the new coding system of the university
4. Revamping of the course structure and evaluation scheme of MA/MSc Clinical Psychology programme as per University rules.
5. Revision of the lab courses of MA/MSc Clinical Psychology programme.

The following members were present in the meeting:

Dr. Geetika Tankha, Prof and Head, Department of Psychology, MUJ (Chairperson, BOS)

Prof. Asha Hingar, Department of Psychology, University of Rajasthan – Expert, (External member)

Dr. V Vineeth Kumar, Associate Prof, Department of Psychology, MUJ (Member)

Dr. Bhavana Arya, Associate Prof, Department of Psychology, MUJ (Member)

Prof. M. Srivastava, Dean- Faculty of Arts and Law, MUJ (Special Invitee member)

Prof. N.D. Mathur, Director, SHSS, MUJ (Invitee Member)

Dr. Jaishree Jain, Clinical Psychologist, SMS Psychiatric Center, SMS Medical College (Invitee Member from Industry)

Prof. (Dr.) H.R. Kamath, Registrar MUJ (Ex-Officio member)

Dr. Sony Kulshrestha, (Member, Directorate of Academics, MUJ)

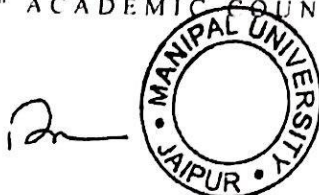
- 4.2.9 Scheme and Syllabus of M. Sc. (Physics) Programme
- 4.2.10 Scheme and Syllabus of BCA Programme
- 4.2.11 Scheme and Syllabus of MCA Programme
- 4.2.12 Syllabus of Generic Elective Courses
- 4.2.13 Syllabi of Open Elective Courses
- 4.2.14 Syllabus of Engineering Chemistry Course
- 4.2.15 Syllabus of Engineering Physics Course
- 4.2.16 Syllabus of Environmental Studies Course
- 4.2.17 Syllabi of Engineering Mathematics (EM 1, EM2, EM 3 and EM 4) Courses
- 4.2.18 Syllabus of SPSS lab for Undergraduate Psychology Programme

4.3 Faculty of Design

- 4.3.1 Scheme of B Arch Programme
- 4.3.2 Scheme of M Arch (Landscape Arch) Programme
- 4.3.3 Scheme of Bachelor of Fine Arts (Applied Arts) Programme
- 4.3.4 Scheme of Bachelor of Design (Fashion Design) Programme
- 4.3.5 Scheme of Bachelor of Design (Interior Design) Programme with Exit option:
B Des (Interior Design) program shall be of 4 years. Students willing to exit the program after 3 years shall be awarded BA (Interior Design) degree. Students opting for the B Des (Interior Design) program shall submit their choice after first year of the program.

4.4 Faculty of Arts & Law

- 4.4.1 Scheme & Syllabus of BA (J&MC) and MA (J&MC) Programme
- 4.4.2 Scheme & Syllabus of BA LLB (Hons), LLB and LLM Programme
- 4.4.3 Scheme & Syllabus of BBA LLB (Hons) Programme
- 4.4.4 Scheme & Syllabus of BA (Hons) (Economics) Programme
- 4.4.5 Syllabi of Generic Electives offered by Department of Economics
- 4.4.6 Syllabi of Open Elective Courses offered by Department of Economics
- 4.4.7 Scheme & Syllabus of BA (Hons) / BSc (Hons) Psychology Programme
- 4.4.8 Syllabi of Generic Electives to be offered to the other departments
- 4.4.9 Course Structure and Evaluation Scheme of MA / MSc Clinical Psychology Programme
- 4.4.10 Scheme & Syllabi of I & II Semesters of BPES Programme
- 4.4.11 Course Code and Evaluation Pattern of Generic Elective (for BA Hons.) and Open Elective courses to be offered by the Department of Arts



Department of Psychology

PS2080

Foundations of Positive Psychology

2103

Positive Psychology: What and why of Positive Psychology? An introduction to positive psychology; **Character Strengths and Virtues:** Classification and Measurement of Human Strength and Virtues; **Happiness and Subjective wellbeing:** Definition and meaning, determinants and correlates, cross-cultural differences; **Positive Traits:** Self-discipline and grit; PsyCap (HERO-Hope, Self-efficacy, Resilience and Optimism); Gratitude and Self-compassion; **Emotional and spiritual intelligence:** Meaning and development of EQ and SQ.

Textbooks:

1. Snyder, C.R., Lopez, S.J. & Pedrotti, J.T. (2011). *Positive psychology: The scientific and practical explorations of human strengths*, 2nd Edition. New Delhi: Sage Publications India.
2. Carr, A. (2004). *Positive psychology: The science of happiness & human strengths*. New York: Brunner Routledge.

Jeetika

MANIPAL UNIVERSITY JAIPUR

Dehmi Kalan, Near GVK Toll Plaza, Jaipur-Ajmer Expressway, Jaipur, Rajasthan 303007

Marks Award List (PS2080)

ACADEMIC YEAR : 21-22

ACADEMIC SESSION : JAN-MAY 2022

PROGRAM NAME : OPEN ELECTIVE

BRANCH : ONLY FOR ACADEMICS NOT FOR ADMISSIONS

COURSE NAME : FOUNDATIONS OF POSITIVE
PSYCHOLOGY

FACULTY NAME : Samridhi Pareek MUJ1084

SECTION : A

SEMESTER : IV

S.No	Registration No	Student Name	Internal Marks	External Marks	Total	Rev_Grade
1	200901028	PULKIT ARORA	52	35	87	S
2	200901069	AYUSHMAN TOMAR	49	37	86	S
3	200901078	AARYAN SINGH SOLANKI	45	32	77	S
4	200901095	MUSKAN KHETRAPAL	51	32	83	S
5	200903011	ANUSHKA GUPTA	49	31	80	S
6	201003006	PRATIKA SHRIVASTAVA	53	33	86	S
7	201015038	SHRISHTI	48	35	83	S
8	201101001	HEERAL LAMBA	48	35	83	S
9	201101036	VANSHIKA RASTOGI	46	31	77	S
10	201101037	AISHWARYA SETH	45	35	80	S
11	201102015	NANDANI UDAIWAL	57	37	94	S
12	201305005	BHANU KUMAR BAWTA	41	29	70	S
13	201305053	KHUSHI TIKKIWAL	40	30	70	S
14	209202088	ABHIJEET SACHAN	44	26	70	S
15	209202202	MUSKAN SINGH	46	27	73	S
16	209301073	AADI RAM ARUN	48	35	83	S
17	209301087	ANMOL BAJPAI	47	33	80	S
18	209301114	AASHISH SHARMA	51	27	78	S
19	209301218	BHAVIKA PURI	33	29	62	S
20	209301266	HARSHVARDHAN RAJ	49	32	81	S
21	209301302	PRAKARSH GUPTA	45	28	73	S
22	209301377	KUSH SINGH	48	29	77	S
23	209301408	HIMANSHU ARSH	45	33	78	S
24	209301494	NEELI SANDEEP KUMAR	49	35	84	S
25	209301607	AKSHITA AGGARWAL	50	34	84	S
26	209302150	DEVANSHU RASTOGI	47	32	79	S
27	209303074	PARTH RATRA	54	26	80	S
28	209303300	RAGHAV AGAL	48	30	78	S

No of Student present : 28

No of Student absent : 0

Jeetika

MANIPAL UNIVERSITY JAIPUR

Dehmi Kalan, Near GVK Toll Plaza,Jaipur-Ajmer Expressway, Jaipur,Rajasthan 303007

Marks Award List (PS2080)

ACADEMIC YEAR : 21-22

ACADEMIC SESSION : JAN-MAY 2022

PROGRAM NAME : OPEN ELECTIVE

BRANCH : ONLY FOR ACADEMICS NOT FOR ADMISSIONS

COURSE NAME : FOUNDATIONS OF POSITIVE
PSYCHOLOGY

FACULTY NAME : Samridhi Pareek MUJ1084

SECTION : A

SEMESTER : VI

S.No	Registration No	Student Name	Internal Marks	External Marks	Total	Rev_Grade
1	181302013	UTTARA SETHI	46	29	75	S
2	190901004	YASH PADALIYA	52	36	88	S
3	190901005	PRIYANSHU PRAVINBHAI KASUNDRA	50	37	87	S
4	190901006	TIRTHAK KIRITBHAI FULTARIA	49	34	83	S
5	190901014	DHIRENDRA PRATAP SINGH	51	35	86	S
6	190901114	VEDIKA BHATI	52	36	88	S
7	190901123	PARTH KISHANBHAI SINHAR	53	36	89	S
8	190901166	JERUPOTHULA JAYACHANDRAKANTH	49	28	77	S
9	191002002	MAHAK GOUR	53	33	86	S
10	191002004	NAVNEET KAUR	51	35	86	S
11	191002005	MONIKA	53	36	89	S
12	191004002	AASHISH SHARMA	51	32	83	S
13	191004004	SHRUTI SUJIT GARGE	52	38	90	S
14	191004006	HITLISH AJMERA	53	34	87	S
15	191102025	MAITREYI SHARMA	52	39	91	S
16	191106001	PRAMOD SHARMA	42	30	72	S
17	191106002	AKSHAT CHHABRA	44	32	76	S
18	191106004	LALIT SINGH	44	31	75	S
19	191106006	DURGESH KUMAR GUPTA	39	29	68	S
20	191106014	JUGAL YADAV	39	32	71	S
21	191302010	ADITI KAKKAR	47	34	81	S
22	199102031	MOHAMMAD JUNED MANSURI	44	28	72	S
23	199301022	ISHITA MEHTA	48	34	82	S
24	199301045	VANSHIKA BAHETI	51	37	88	S
25	199301069	PRIYANSHU JAIN	50	38	88	S
26	199301075	YASH RAJ GOEL	52	36	88	S
27	199301097	ADITI MALIK	48	32	80	S
28	199301101	SARTHAK AGGARWAL	45	36	81	S
29	199301132	PRASAD HARSHIT LALLU	51	35	86	S
30	199301156	JEEVANS KUMAR	46	30	76	S
31	199301202	SHUBHAM JHA	50	36	86	S

32	199301254	SIDDHANT SINGH	47	36	83	S
33	199301259	VRINDA TIBREWAL	47	32	79	S
34	199302043	ADITYA SHARMA	46	27	73	S
35	199302051	ASHNA GUPTA	48	35	83	S
36	199302057	APURV JAIN	47	35	82	S
37	199302111	KSHETHRA REDDY NAINI	50	35	85	S
38	199302143	D A G SAI REVANTH	48	37	85	S

No of Student present : 38 No of Student absent : 0



HOD SIGNATURE

MANIPAL UNIVERSITY JAIPUR

Dehmi Kalan, Near GVK Toll Plaza,Jaipur-Ajmer Expressway, Jaipur,Rajasthan 303007

Marks Award List (PS2080)

ACADEMIC YEAR : 21-22

ACADEMIC SESSION : JAN-MAY 2022

PROGRAM NAME : OPEN ELECTIVE

BRANCH : ONLY FOR ACADEMICS NOT FOR ADMISSIONS

COURSE NAME : FOUNDATIONS OF POSITIVE
PSYCHOLOGY

FACULTY NAME : Charu Dhankar MUJ0395

SECTION : B

SEMESTER : IV

S.No	Registration No	Student Name	Internal Marks	External Marks	Total	Rev_Grade
1	200901141	MANIKA MITTAL	36	29	65	S
2	200902021	vansh sharma	47	32	79	S
3	200903004	HARSHRAJ SINGH RATHORE	44	34	78	S
4	200903053	SHREYA THAKRE	36	30	66	S
5	200903064	PARUL YADAV	46	24	70	S
6	201301010	RAVIKANT DUBEY	47	30	77	S
7	201301011	TEESHA ARORA	48	34	82	S
8	201301073	KOMAL PAREEK	37	25	62	S
9	201301119	HARSHITA PUROHIT	52	29	81	S
10	201305003	RASHI KUDAL	49	35	84	S
11	201305015	DISHA GUPTA	50	26	76	S
12	201305018	SIMRAN SONI	46	31	77	S
13	201305023	garima sharma	46	31	77	S
14	201305025	BHAGYASHREE SHARMA	48	34	82	S
15	201305029	CHINMAY CHATURVEDI	45	34	79	S
16	201305036	AARADHYA GOYAL	36	30	66	S
17	201305037	VIJIT SAXENA	45	30	75	S
18	201305040	ANUSHKA DAHAMA	45	31	76	S
19	201305057	SIMRAN SHARMA	50	32	82	S
20	201305061	YASHI DADHICH	45	31	76	S
21	209302045	PRATHAM CHOITHANI	48	29	77	S
22	209302079	Parth agarwal	51	34	85	S
23	209302081	Yashvardhan Jaswal	48	30	78	S
24	209302125	HARSH AGARWAL	50	32	82	S
25	209302176	BHANSALI RONIT RITESH	56	33	89	S
26	209302237	PRANJALI CHAURASIA	51	28	79	S
27	209302299	AYUSHMAN PATRA	51	25	76	S
28	209302302	JAHNVI AGARWAL	54	32	86	S
29	209302303	SWATI JAIN	51	34	85	S
30	209302309	RAKESH BERA	49	25	74	S
31	209302381	ONSHI SIKRI	52	28	80	S
32	209302417	RISHABH MAHTO	53	34	87	S
33	209303027	ARYAN SHARMA	52	31	83	S

34	209303034	AYUSH KHANDELWAL	53	35	88	S
35	209303043	Tejaswini ojha	50	28	78	S
36	209303056	Yashwardhan Agarwal	53	37	90	S
37	209303117	KHUSHI AGARWAL	50	31	81	S
38	209303216	AAYUSH SHARMA	54	34	88	S
39	209303219	PRASHA SHARMA	51	31	82	S
40	209309015	GAVIT ARYAN SATISH	50	33	83	S
41	209309051	SHUBHANGI GHOSH	46	19	65	S
42	209402058	AASHIMA KHANDELWAL	51	33	84	S

No of Student present : 42

No of Student absent : 0

FACULTY SIGNATURE :-Charu Dhankar MUJ0395

HOD SIGNATURE



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Pulkit Arora** Reg. No. **200901028** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Ayushman Tomar** Reg. No. **200901069** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Aaryan Singh Solanki** Reg. No. **200901078** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Muskan Khetrapal** Reg. No. **200901095** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Anushka Gupta** Reg. No. **200903011** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Pratiksha Shrivastava** Reg. No. **201003006** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Shrishti** Reg. No. **201015038** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



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JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Heeral Lamba** Reg. No. **201101001** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Vanshika Rastogi** Reg. No. **201101036** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Aishwarya Seth** Reg. No. **201101037** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Nandani Udaiwal** Reg. No. **201102015** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Bhanu Kumar Bawta** Reg. No. **201305005** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Khushi Tikkiwal** Reg. No. **201305053** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Abhijeet Sachan** Reg. No. **209202088** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Muskan Singh** Reg. No. **209202202** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Aadi Ram Arun** Reg. No. **209301073** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



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JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Anmol Bajpai** Reg. No. **209301087** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Aashish Sharma** Reg. No. **209301114** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Bhavika Puri** Reg. No. **209301218** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Harshvardhan Raj** Reg. No. **209301266** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Prakarsh Gupta** Reg. No. **209301302** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Kush Singh** Reg. No. **209301377** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Himanshu Arsh** Reg. No. **209301408** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Neeli Sandeep Kumar** Reg. No. **209301494** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Akshita Aggarwal** Reg. No. **209301607** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Devanshu Rastogi** Reg. No. **209302150** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Parth Ratra** Reg. No. **209303074** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Raghav Agal** Reg. No. **209303300** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Ms. Uttara Sethi** Reg. No. **181302013** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Yash Padaliya** Reg. No. **190901004** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Priyanshu Pravinbhai Kasundra** Reg. No. **190901005** has successfully completed the open elective (OE) course titled **Foundation of Positive Psychology (PS2080)** in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



**MANIPAL UNIVERSITY
JAIPUR**

Certificate of completion

29 July 2022

This is to certify that **Mr. Tirthak Kiritbhai Fultaria** Reg. No. **190901006** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Mr. Dharendra Pratap Singh** Reg. No. **190901014** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Mr. Parth Kishanbhai Sinhar** Reg. No. **190901123** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. Mahak Gour** Reg. No. **191002002** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Ms. Navneet Kaur** Reg. No. **191002004** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Ms. Monika** Reg. No. **191002005** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Mr. Aashish Sharma** Reg. No. **191004002** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Ms. Shruti Sujit Garge** Reg. No. **191004004** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Mr. Hitlesh Ajmera** Reg. No. **191004006** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Mr. Hitlesh Ajmera** Reg. No. **191004006** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Ms. Maitreyi Sharma** Reg. No. **191102025** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Mr. Pramod Sharma** Reg. No. **191106001** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
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Certificate of completion

29 July 2022

This is to certify that **Mr. Akshat Chhabra** Reg. No. **191106002** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
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Certificate of completion

29 July 2022

This is to certify that **Mr. Lalit Singh** Reg. No. **191106004** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Mr. Durgesh Kumar Gupta** Reg. No. **191106006** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Mr. Jugal Yadav** Reg. No. **191106014** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Ms. Aditi Kakkar** Reg. No. **191302010** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
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Certificate of completion

29 July 2022

This is to certify that **Mr. Mohammad Juned Mansuri** Reg. No. **199102031** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Ms. Ishita Mehta** Reg. No. **199301022** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. Vanshika Baheti** Reg. No. **199301045** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Mr. Priyanshu Jain** Reg. No. **199301069** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

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Certificate of completion

29 July 2022

This is to certify that **Mr. Yash Raj Goel** Reg. No. **199301075** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

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Certificate of completion

29 July 2022

This is to certify that **Ms. Aditi Malik** Reg. No. **199301097** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

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Certificate of completion

29 July 2022

This is to certify that **Mr. Sarthak Aggarwal** Reg. No. **199301101** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

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Certificate of completion

29 July 2022

This is to certify that **Mr. Prasad Harshit Lallu** Reg. No. **199301132** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
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Certificate of completion

29 July 2022

This is to certify that **Mr. Jeevansh Kumar** Reg. No. **199301156** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Mr. Shubham Jha** Reg. No. **199301202** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Mr. Jerupothula Jayachandrakanth** Reg. No. **190901123** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
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Certificate of completion

29 July 2022

This is to certify that **Ms. MANIKA MITTAL** Reg. No. **190901141** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

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Certificate of completion

29 July 2022

This is to certify that **Mr. Vansh Sharma** Reg. No. **190902021** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
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Certificate of completion

29 July 2022

This is to certify that **Mr. HARSHRAJ SINGH RATHORE** Reg. No. **190903004**
has successfully completed the open elective (OE) course titled Foundation of
Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. SHREYA THAKRE** Reg. No. **190903053** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. PARUL YADAV** Reg. No. **190903064** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Mr. RAVIKANT DUBEY** Reg. No. **201301010** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. TEESHA ARORA** Reg. No. **201301011** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



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Certificate of completion

29 July 2022

This is to certify that **Ms. KOMAL PAREEK** Reg. No. **201301073** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. HARSHITA PUROHIT** Reg. No. **201301119** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



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Certificate of completion

29 July 2022

This is to certify that **Ms. RASHI KUDAL** Reg. No. **201305003** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. DISHA GUPTA** Reg. No. **201305015** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. SIMRAN SONI** Reg. No. **201305018** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
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Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. Garima Sharma** Reg. No. **201305023** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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29 July 2022

This is to certify that **Ms. BHAGYASHREE SHARMA** Reg. No. **201305025** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Mr. CHINMAY CHATURVEDI** Reg. No. **201305029** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. AARADHYA GOYAL** Reg. No. **201305036** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Mr. VIJIT SAXENA** Reg. No. **201305037** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. ANUSHKA DAHAMA** Reg. No. **201305040** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. SIMRAN SHARMA** Reg. No. **201305057** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. YASHI DADHICH** Reg. No. **201305061** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
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Certificate of completion

29 July 2022

This is to certify that **Ms. PRATHAM CHOITHANI** Reg. No. **201305045** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Mr. Yashvardhan Jaswal** Reg. No. **201302081** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Mr. HARSH AGARWAL** Reg. No. **201302125** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Mr. BHANSALI RONIT RITESH** Reg. No. **201302176** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. PRANJALI CHAURASIA** Reg. No. **201302237** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. AYUSHMAN PATRA** Reg. No. **201302299** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
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Certificate of completion

29 July 2022

This is to certify that **Ms. JAHNVI AGARWAL** Reg. No. **201302302** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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Certificate of completion

29 July 2022

This is to certify that **Ms. SWATI JAIN** Reg. No. **201302303** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
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Certificate of completion

29 July 2022

This is to certify that **Mr. RAKESH BERA** Reg. No. **201302309** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
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Certificate of completion

29 July 2022

This is to certify that **Ms. ONSHI SIKRI** Reg. No. **201302381** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

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Certificate of completion

29 July 2022

This is to certify that **Mr. RISHABH MAHTO** Reg. No. **201302417** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
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Certificate of completion

29 July 2022

This is to certify that **Mr. ARYAN SHARMA** Reg. No. **201303027** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
University Jaipur



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This is to certify that **Mr. AYUSH KHANDELWAL** Reg. No. **201303034** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
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This is to certify that **Mr. PRASHA SHARMA** Reg. No. **201303219** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
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This is to certify that **Mr. GAVIT ARYAN SATISH** Reg. No. **201309015** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

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This is to certify that **Ms. SHUBHANGI GHOSH** Reg. No. **201309051** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
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This is to certify that **Ms. AASHIMA KHANDELWAL** Reg. No. **209402058** has successfully completed the open elective (OE) course titled Foundation of Positive Psychology (PS2080) in the even semester (January-May 2022)

Dr. Charu Dhankar

Course coordinator, Dept. of Psychology
Manipal University Jaipur

Dr. Bhavana Arya

HOD, Dept. of Psychology Manipal
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MOINEE FOUNDATION

"FREEDOM BY KNOWLEDGE"

1-KA-17, Housing Board, Shastri Nagar, Jaipur (Raj.) India - 302016
Ph.: +91-9828534060 • Website : www.moinee.org

Ref No. - MF-2022/Misc./05-01

Date: 18th May, 2022

To Whomsoever It May Concern

It is hereby certified that **Dr. Upendra Kulshreshtha (Assistant Professor, Manipal University Jaipur)** has been associated with **Moinee Foundation** as **Senior Consultant** since **1st December, 2020** for **Skill Development** related programs. His association with the organization has been gratifying and we appreciate & acknowledge his contribution towards managing skill development and vocational training program efficiently.

We are thankful to Dr. Kulshreshtha for his valuable guidance, motivation & support.

For Moinee Foundation



(Dr. Vijay Vyas)

Director



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MANIPAL UNIVERSITY JAIPUR

Faculty of Law

Department of Law

Semester: Open for All

Course: Business and Human Rights

30 Sessions (60 Minutes each Session)

Academic Session: July 2022-Nov 2022

Faculty coordinator: Dr. Mona Mahecha

A. Introduction:

The Course gives students a thorough understanding of the most recent concerns at the convergence of law and sustainable development and the human rights consequences of business actions at the international, regional, and national levels. It gives a thorough understanding of the legal mechanisms and techniques that can be used in the fields of business and human rights, as well as current relevant developments. It covers the key concerns of emerging economic globalization, particularly in the context of business and human rights, by addressing issues such as states' roles and obligations, recent and emerging human rights-related legislation governing corporate activities globally, and victims' access to effective remedies for corporate-related human rights abuses.

B. Course Objectives (COs):

At the end of the course, students will be able to:

1. understand the relation between business and human rights.
2. understand the major issues relating to the relationship between business and human rights
3. have knowledge of recent and emerging human rights legislation governing corporate activity globally
4. understand how to play a positive role towards supporting human rights
5. understand how businesses can meet their human rights obligations while also resolving issues in their day-to-day operations.
6. understand the various remedial methods available to victims in cases involving business human rights violations.

C. Pedagogy: The pedagogy would be the combination of the following techniques: -

- Lectures / Presentations
- Case Studies
- Assignments

D. Evaluation:

- Assessment will be based on completion of assignments at the end of each module.
- Aggregate 60% marks to be scored to ensure the completion of the course.

E. Course Outline/ Syllabus:

Module I - Introduction to Business and Human Rights (BHR) – Relationship between Business and HR, BHR and other related concepts, purpose of corporation: past and present.

Module II - UN guiding principles (UNGPs) of business and human rights - relationship between SDGs (sustainable development goals) and UNGPs, Human Rights Due Diligence (HRDD).

Module III – Business and Human Rights in International Law - OECD Guidelines, International Criminal Court, and other international standards.

Module IV – Business and Human Rights in national Law - Regulations at national level with special reference to India, National Action Plan, CSR (Corporate Social Responsibility) and BHR.

Module V - Role of PIL (Public Interest Litigation) in India and various case laws study.

Module VI - The future of Business and Human Rights - hurdles in getting remedy, major issues, human right defenders and other recent developments.

References:

1. UN Guiding Principles on Business and Human Rights
2. OECD Due Diligence Guidance for RBC.
3. Sustainable Development Goals
4. UN Working Group on Business and Human Rights. (https://www.ohchr.org/sites/default/files/Documents/Issues/Business/Intro_Guiding_PrinciplesBusinessHR.pdf)
5. National Action Plans on Business and Human Rights. (<https://www.ohchr.org/en/special-procedures/wg-business/national-action-plans-business-and-human-rights>)
6. <https://youtu.be/FbvF-shwk9M>

F. Lecture Plan:

Lec No	Topics	Session Objective	Mode of Delivery	Corresponding CO	Mode of Assessing the Outcome
1-5	Introduction to Business and Human Rights	To give a general idea about the course and acquaint & clear	Lectures, Presentations & Readings	CO1	Assignment and Quiz

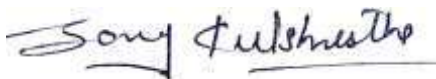
		teacher's expectations and to understand the expectations of the students			
6-10	UN guiding principles (UNGPs) of business and human rights	To make the students understand the UN guiding principles	Lectures, Presentations & Readings	CO2, CO4	Assignment and Quiz
11-15	Business and Human Rights in International Law	To make the students understand the relation between BHR and International Law	Lectures, Presentations & Readings	CO3, CO5	Assignment and Quiz
16-20	Business and Human Rights in national Law	To make the students understand the relation between BHR and National Law	Lectures, Presentations & Readings	CO6	Assignment and Quiz
21-25	Role of PIL	To make the students understand Role of PIL in BHR	Lectures, Presentations & Readings	CO6	Assignment and Quiz
26-30	The future of Business and Human Rights	To discuss various prospects and	Lectures, Presentations & Readings	CO2, CO3	Assignment and Quiz

G. Faculty Detail and Meeting Timings:

Dr. Mona Mahecha

Email: mona.mahecha@jaipur.manipal.edu

Timings: 0900- 1800 Hours, Monday to Friday



Signature of HoD



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Manipal University Jaipur

Faculty of Law

Attendance Sheet: 20th BoS, Department of Law

20th BoS meeting for Department of Law was held on September 9th, 2022, in Room No. 208, 2AB.

The following Members are present: -

Sr. No.	Name	Signature
1	Dr. Sony Kulshrestha HoD, School of Law Chairperson	
2	Prof. (Dr.) Jayaram E. R. Pro-President & Dean FoA&L Special Invitee	
3	Prof. (Dr.) Vijaylaxmi Sharma Director, School of Law Special Invitee	
4	Dr. Richa Arora Director, SHSS Internal Member	On Leave
5	Dr. Neetu Bhatnagar, Registrar, MUJ Ex-Officio Member	
6	Prof. Mridul Srivastava Consultant Law Courses, Dr. Bhimrao Ambedkar Law University, Jaipur Former Dean, FoA&L, MUJ External Member	On Leave
7	Mr. Abhay Jain (ADJ) Senior Advocate, Rajasthan High Court Industry Member	On Leave
8	Dr. Susruta Samanta Directorate of Academics Member	
9	Ms. Sushila Choudhary Faculty of Law Convener	

Minutes of the Meeting 20th BOS of Department of Law

9th September 2022

20th BOS meeting of Department of Law was held as per the following schedule: -

Date & Time: September 9th, 2022 at room no. 208 in 2AB

Mode: Offline at 2 o'clock, room no. 208 2AB

Members of the BOS are as follows: -

1. Dr. Sony Kulshrestha-Chairperson
2. Prof. (Dr) Jayaram E R - Special Invitee
3. Prof. (Dr) Vijaylaxmi Sharma- Special Invitee
4. Prof. Richa Arora- Internal Member
5. Prof. (Dr) Nitu Bhatanagar- Ex-Officio Member
6. Prof. Mridul Srivastava- External Member
7. Mr. Abhay Jain (ADJ)- Industry Member
8. Dr. Susruta Samanta- Member, Directorate of Academics
9. Ms. Sushila Choudhary- Convener

The following agenda were placed before the BOS: -

Agenda Points:

A. Discussion:

Item I: Approval of four value added courses which have already been introduced in the Academic Year 2022-23 by the department of Law as the course to add the value in the student growth. Namely:

1. Business and Human Rights
2. Introduction to Conflict Management

Item II: Approval of one online course on NPTEL-SWAYAM i.e. Intellectual Property Rights and Competition Law which has already been introduced in the Academic Year 2022-23.

Item III: Discussion on revision of syllabus to be taken place in the forthcoming curriculum conclave.

Item IV: Discussion on the result of the last academic session (Jan-May 2022 Even Sem) and scopes for improvements.

Item V: Discussion on PO attainment, individual course attainment and consequent discussion on the scopes for improvement.

Item VI: Discussion on introduction of new programmes to be introduced in the forthcoming academic session.

B. Ratification:

1. Approval of Minutes of Meeting of 19th BoS meeting held on 7th May in the previous academic session.

Following are the recommendations of BOS members:

Item I: The syllabus of Two Value Added Courses "**Business and Human Rights**" and "**Introduction to Conflict Management**" was discussed and approved to be presented in 1st FB for further approval.

Item II: The feasibility of the introduced course Intellectual Property Rights and Competition Law on SWAYAM NPTEL was confirmed by the members and approved to be to be presented in 1st FB for further approval.


Item III: Proposed revision in the syllabus was approved to be formerly discussed in FB.

Item IV: Result of the students was discussed, and suggestions were made to include internships and research paper writing and publication in bifurcation of the marks in CWS.

Item V: Course attainment matrix was discussed and suggested for remedial classes and keeping the records for the same.

Item VI: Proposal of introduction of Two New Programs was approved to be placed in FB.

These are deliberated and suggestions given by the members are incorporated.


Dr. Sony Kulshrestha

Head, Department of Law

Enclosures: -

1. Signature sheet of the Members
2. All relevant documents

ID	Name	Registration No.	Programe
1	Rishika Swami	211301052	BA LLB
2	Aditi Agrawal	201301034	B.A.LLB
3	Riya Singh	211301066	BALLB
4	Teesha Arora	201301011	Ba LLb
5	Adhiraj Singh Shekhawat	201301036	BA LLB
6	Bhagesh Gupta	201301109	BALLB
7	Pearl Singh	211301032	BALLB
8	Shashank Fauzdar	20130101	Ballb
9	Mahak Mahajan	211301109	Ba llb
10	Tanishq Jhavery	201305046	BBALLB
11	Nischal Jaiswal	21130505	BBA LLB (Hons)
12	Yukta Jangid	211305058	Bba LLB hons
13	Shruti Tela	211305042	BBA LLB
14	Devnit Jain	211305016	BBA LLB
15	Lavanya Joshi	211305065	BBALLB
16	Muskan Gupta	211305063	BBA LLB
17	Shivangi Gupta	211305040	BBA LLB
18	Pratibha Karnot	211301106	Ballb
19	Ayush Dadhich	211305001	BBALLB
20	Saniya Sadh	211305066	BBA LLB Hons
21	Aman Prakash	211301100	BALLB
22	Piyush Goyal	201305058	BBA.IIb
23	Ritvik Dasgupta	211305059	BBA
24	Ayushi Maheshwari	211301055	BA LLB
25	Eisha Surana	211301036	BA LLB (Hons.)
26	Hitali Singhal	211305041	BBA LLB
27	Rajnandani Khangarot	211301034	BALLB
28	Mukund Maheshwari	211301045	B.A. LL.B (hons)
29	Ojaswee Singh Rathore	211305060	BBA LLB
30	Harshita	211301044	BALLB hons.
31	Rashi Kudal	201305003	BBA LLB (Hons)
32	Paras Singh Rao	211301015	BA LLB
33	Shruti Mantri	211301115	BA.LLB
34	Akshita Pradhan	211301060	BA LLB Hons.
35	Chahat Aggarwal	211301127	BA. LLB
36	Kabir Khan	221302005	LLB 3years
37	Roshni Raju Shamnani	201301047	BA LLB
38	Avadhesh Pareek	201301089	BA.LLB
39	Shailendra Jat	201301052	BALLB
40	Karan Jariwal	201301067	BA-LLB
41	Tanisha Mandloi	201301082	BA II.b
42	Shreyansh Sharma	201301101	Ballb
43	Ashish Yadav	201301083	BALLB
44	Barkha Kanwar	201301050	BALLB
45	Aditi Sharma	201301086	BA LL
46	Tanya Sharma	201301064	BA LLB
47	Udit Kumar Singh	201301072	BALLB
48	Uneza Khan	211301051	BA.LLB
49	Nehal Agarwal	211301014	BA LLB (hons.)

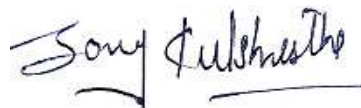
Sony Gulshrestha

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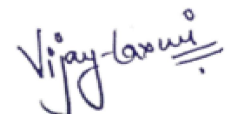
Vijay Saxena

Director, School of Law
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50	Arun	201301113	BA LLB
51	Shubham Bairwa	201301090	Ba llb
52	Nikhil Bana	211301057	BALLB
53	Raja Chaudhary	201301124	BA LLB
54	Ayush Rao	2110301097	Ba llb
55	Abhijeet Singh Rathore	20130105	Ba llb
56	Vishakha Kanwar	211301074	Ba llb
57	Divisha Yadav	211301080	Ba llb
58	Harshit Saxena	211301071	BA LLB
59	Punjika Shekhawat	211301102	Ba llb
60	Paavni Chadha	211301067	Ba llb
61	Uddhavraj Singh Shaktawat	211301075	Ballb
62	Shivangi Nandwana	211301118	BALLB Hons.
63	Sanya Mathur	211301069	B.A., LL.B (Hons.)
64	Pranjal Legha	211301027	BALLB
65	Shreya Sharma	211301073	BALLB
66	Tanvi Lakhlan	211301088	BA LLB
67	Manvendra Singh Rathore	201301020	BALLB
68	Preetam Singh Chouhan	201301078	BALLB
69	Aridaman Singh Rajawat	201301102	Ballb
70	Nishchay	211301027	BALLB
71	Srishti Parnami	211301095	BALLB
72	Prachi Sinha	211301012	BA LLB
73	Disha Gupta	201305015	BBA LLB
74	Krati Bansal	211305048	Bba llb
75	Chaitanya Agarwal	211305019	BBA LLB (HONS.)
76	Siddarth Sogani	201305060	BBA LLB
77	Aaradhya Goyal	201305036	BBA.LLB
78	Vishal Chouhan	201305010	Bba llb
79	Simran Soni	201305018	Bba llb
80	Drishti Taank	201305021	Bba llb (hons)
81	Simran Sharma	201305057	BBA LLB
82	Chaitanya Singh	201301015	BALLB
83	Naman Gupta	201305033	BBA LLB
84	Surya Pratap Shekhawat	201305017	BBA LLB
85	Ishwar Jaiswal	201301021	BA LLB
86	Vanshita Sharma	201301037	Ba llb
87	Komal Pareek	201301073	BA LL
88	Shubhi Pareek	201301116	Ba.llb
89	Vikhyat Vijayvergiya	201305047	BBA.LLb
90	Lakshya Pal Manda	211301112	BALLB
91	Pratiksha	211305022	BBA LLB
92	Megha Tanwar	211301050	BALLB
93	Aditya Vidyarthi	201301058	BA LLB
94	Vijit Saxena	20130503	BBA LLB
95	Timisha Chauhan	201305050	BBA LLB (Hons.)
96	Chitransh Gupta	201305064	BBA LLB
97	Gurjashan Singh	201305013	bba.llb
98	Kamayani Sharma	211301022	Ballb
99	Pallavi Sarkar	201305045	Bballb



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100	Palak Jain	201301077	BALLB (Hons)
101	Dhirghayu Sharma	211301072	BA.LLB
102	Shubham Choudhary	211301065	Ba llb
103	Dhruv Potlia	201301017	BaLLB
104	Sachin Lamba	201301019	Ballb
105	Deepesh Sharma	211301039	BALLB
106	Suhani Gupta	201305016	BBA.LLB (Hons)
107	Archana Priydarshi	221302003	LL
108	Vaibhav Pahadia	201305001	BBA LLB
109	Varun Pahadia	201305002	BBA.LLB
110	Aditi Bhardwaj	22130202	LLB
111	Shreyaa Gautam	201301084	BALLB
112	Khushi Tikkiwal	201305053	bba-llb
113	Devanshi Jain	201305035	BBALLB
114	Himanshi Sharma	211301030	BA.LLB
115	Prasuk Jain	201301108	BALLB
116	Taniya	211305017	BBA LLB
117	Priyanshu Goyal	211305062	BBA LLB (Hons)
118	Madhusneha Barman	20130107	BA LLB (HONS)
119	Raghav Koolwal	201305065	BBA LLB
120	Rohitash Bana	201305054	BBA LLB
121	Diya Yadav	201301032	BALLB
122	Peeyush Raj Trivedi	201301030	Ballb
123	Akshat Saxena	201305026	BBA LLB
124	Manjary Singh	211305008	BBA.LLB
125	Vishal Janu	201301042	BA-LLB
126	Rachit Rawat	211305038	BBA-LLB
127	Sonu Meena	221302025	Llb
128	Ashima Bhargava	201305027	BBA LLB
129	Jayansh Sharma	20130110	BA-LLB
130	Vanshika Lakhanot	201301031	Ba llb
131	Pradhuman Singh Rathore	211305018	BBALLB
132	Jaishree Lalwani	201301127	Ba llb
133	Tanishka Singh	211301121	BA LLB Hons
134	Adhip Narayan Banerjee	201301001	B.A. LL.B (Hons.)
135	Devesh Pratap Singh	221302011	LLB
136	Aryan K Sharma	201305059	BBA LLB
137	Saloni Khandelwal	211305055	BBA LLb (hons.)
138	Mridul Sharma	211305064	Bballb
139	Bhavya Pareek	201305038	BBA LLB
140	Madhvi Jangir	211301129	BALLB (Hons)
141	Khushboo Mahla	211301128	BALLB honours
142	Khushi Jaiswal	221302014	LLB
143	Arya Bandhu	221302030	LLB
144	Piyush Sharma	221302026	LI
145	Prakhar Vyas	211305044	BBA LL
146	Maneesha Sharma	211305003	BBALLB
147	Karisa Singh	211305024	BBA LLB
148	Priyal Malviya	211301019	Ballb
149	Atul Mishra	201301008	BA. LLB (Hons)

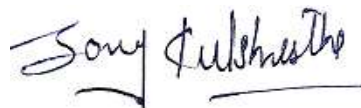
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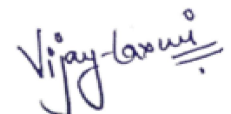
Vijay Laxmi

Director, School of Law
Manipal University Jaipur

150	Divya Maan	211305028	BBALLB
151	Deepanshu Singh	211301046	Ballb
152	Dewang arha	211301043	Ba llb
153	Archana Priydarshi	221302003	LLb
154	Satyendra Singh Shekhawat	211301031	BALLB
155	Tanmay Singh	21130106	BALLB
156	Anshika Garg	211301041	BALLB
157	Vanshika Parmar	211305061	BBA.LLB
158	Syed Mohammad Asim Abbas	211301017	BA LLB
159	Hiteshi Vyas	211301005	BALLB
160	Shouryajeet Malik	211305056	Bballb
161	Manya Khandelwal	211305033	BBALL.B
162	Aditya Singh Sinsinwar	211305043	BBALLb
163	Sharuni Bano	211305034	BBALLB
164	Manoj Kumawat	211301042	Ba llb
165	Shanthosh Saravanan	221302009	LLB
166	Khyati Raghav	211301033	BA LLB (hons)



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December 15, 2022

This is to certify that Sanya Mathur Reg. No. 211301069 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
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This is to certify that Pranjal Legha Reg. No. 211301027 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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This is to certify that Shreya Sharma Reg. No. 211301073 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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This is to certify that Tanvi Lakhlan Reg. No. 211301088 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
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This is to certify that Manvendra Singh Rathore Reg. No. 201301020 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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December 15, 2022

This is to certify that Preetam Singh Chouhan Reg. No. 201301078 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Certificate of Completion

December 15, 2022

This is to certify that Aridaman Singh Rajawat Reg. No. 201301102 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Nishchay Reg. No. 211301027 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Srishti Parnami Reg. No. 211301095 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Prachi Sinha Reg. No. 211301012 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Disha Gupta Reg. No. 201305015 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Krati Bansal Reg. No. 211305048 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Chaitanya Agarwal Reg. No. 211305019 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Siddarth Sogani Reg. No. 201305060 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Aaradhya Goyal Reg. No. 201305036 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Vishal Chouhan Reg. No. 201305010 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Simran Soni Reg. No. 201305018 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Drishti Taank Reg. No. 201305021 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Simran Sharma Reg. No. 201305057 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Chaitanya Singh Reg. No. 201301015 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Naman Gupta Reg. No. 201305033 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Surya Pratap Shekhawat Reg. No. 201305017 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Ishwar Jaiswal Reg. No. 201301021 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Vanshita Sharma Reg. No. 201301037 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Komal Pareek Reg. No. 201301073 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shubhi Pareek Reg. No. 201301116 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Vikhyat Vijayvergiya Reg. No. 201305047 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Lakshya Pal Manda Reg. No. 211301112 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Pratiksha Reg. No. 211305022 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Megha Tanwar Reg. No. 211301050 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Aditya Vidyarthi Reg. No. 201301058 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Vijit Saxena Reg. No. 20130503 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Timisha Chauhan Reg. No. 201305050 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Chitransh Gupta Reg. No. 201305064 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Gurjashan Singh Reg. No. 201305013 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Kamayani Sharma Reg. No. 211301022 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Pallavi Sarkar Reg. No. 201305045 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Palak Jain Reg. No. 201301077 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Aditi Bhardwaj Reg. No. 22130202 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shreyaa Gautam Reg. No. 201301084 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Khushi Tikkiwal Reg. No. 201305053 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Devanshi Jain Reg. No. 201305035 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Himanshi Sharma Reg. No. 211301030 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Prasuk Jain Reg. No. 201301108 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Taniya Reg. No. 211305017 has successfully completed
the Value Added Course titled **Business and Human Rights** in the Odd
Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Priyanshu Goyal Reg. No. 211305062 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Madhusneha Barman Reg. No. 20130107 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Raghav Koolwal Reg. No. 201305065 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Rohitash Bana Reg. No. 201305054 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Diya Yadav Reg. No. 201301032 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Karisa Singh Reg. No. 211305024 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Priyal Malviya Reg. No. 211301019 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Atul Mishra Reg. No. 201301008 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Divya Maan Reg. No. 211305028 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shouryajeet Malik Reg. No. 211305056 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Manya Khandelwal Reg. No. 211305033 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Aditya Singh Sinsinwar Reg. No. 211305043 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Sharuni Bano Reg. No. 211305034 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Manoj Kumawat Reg. No. 211301042 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shanthosh Saravanan Reg. No. 221302009 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Khyati Raghav Reg. No. 211301033 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Sanya Mathur Reg. No. 211301069 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Pranjal Legha Reg. No. 211301027 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
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Certificate of Completion

December 15, 2022

This is to certify that Shreya Sharma Reg. No. 211301073 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Tanvi Lakhlan Reg. No. 211301088 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Manvendra Singh Rathore Reg. No. 201301020 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Preetam Singh Chouhan Reg. No. 201301078 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Aridaman Singh Rajawat Reg. No. 201301102 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Nishchay Reg. No. 211301027 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Srishti Parnami Reg. No. 211301095 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Prachi Sinha Reg. No. 211301012 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Disha Gupta Reg. No. 201305015 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Krati Bansal Reg. No. 211305048 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Chaitanya Agarwal Reg. No. 211305019 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Siddarth Sogani Reg. No. 201305060 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Aaradhya Goyal Reg. No. 201305036 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Vishal Chouhan Reg. No. 201305010 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Simran Soni Reg. No. 201305018 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Drishti Taank Reg. No. 201305021 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Simran Sharma Reg. No. 201305057 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Chaitanya Singh Reg. No. 201301015 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Naman Gupta Reg. No. 201305033 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Surya Pratap Shekhawat Reg. No. 201305017 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Ishwar Jaiswal Reg. No. 201301021 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Vanshita Sharma Reg. No. 201301037 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Komal Pareek Reg. No. 201301073 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Rishika Swami Reg. No. 211301052 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Aditi Agrawal Reg. No. 201301034 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Riya Singh Reg. No. 211301066 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Teesha Arora Reg. No. 201301011 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Adhiraj Singh Shekhawat Reg. No. 201301036 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Bhagesh Gupta Reg. No. 201301109 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Pearl Singh Reg. No. 211301032 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shashank Fauzdar Reg. No. 20130101 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Mahak Mahajan Reg. No. 211301109 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Tanishq Jhavery Reg. No. 201305046 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Nischal Jaiswal Reg. No. 21130505 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Yukta Jangid Reg. No. 211305058 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shruti Tela Reg. No. 211305042 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Devnit Jain Reg. No. 211305016 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Lavanya Joshi Reg. No. 211305065 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Muskan Gupta Reg. No. 211305063 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shivangi Gupta Reg. No. 211305040 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Pratibha Karnot Reg. No. 211301106 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Ayush Dadhich Reg. No. 211305001 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Saniya Sadh Reg. No. 211305066 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Aman Prakash Reg. No. 211301100 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Piyush Goyal Reg. No. 201305058 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Ritvik Dasgupta Reg. No. 211305059 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Ayushi Maheshwari Reg. No. 211301055 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Eisha Surana Reg. No. 211301036 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Hitali Singhal Reg. No. 211305041 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Rajnandani Khangarot Reg. No. 211301034 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Mukund Maheshwari Reg. No. 211301045 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Ojaswee Singh Rathore Reg. No. 211305060 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Harshita Reg. No. 211301044 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Rashi Kudal Reg. No. 201305003 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Paras Singh Rao Reg. No. 211301015 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shruti Mantri Reg. No. 211301115 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
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Certificate of Completion

December 15, 2022

This is to certify that Akshita Pradhan Reg. No. 211301060 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Chahat Aggarwal Reg. No. 211301127 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Kabir Khan Reg. No. 221302005 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Roshni Raju Shamnani Reg. No. 201301047 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Avadhesh Pareek Reg. No. 201301089 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shailendra Jat Reg. No. 201301052 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Karan Jariwal Reg. No. 201301067 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Tanisha Mandloi Reg. No. 201301082 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shreyansh Sharma Reg. No. 201301101 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Ashish Yadav Reg. No. 201301083 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Barkha Kanwar Reg. No. 201301050 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Aditi Sharma Reg. No. 201301086 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Tanya Sharma Reg. No. 201301064 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Udit Kumar Singh Reg. No. 201301072 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Uneza Khan Reg. No. 211301051 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Nehal Agarwal Reg. No. 211301014 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Arun Reg. No. 201301113 has successfully completed
the Value Added Course titled **Business and Human Rights** in the Odd
Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shubham Bairwa Reg. No. 201301090 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Nikhil Bana Reg. No. 211301057 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Raja Chaudhary Reg. No. 201301124 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Ayush Rao Reg. No. 2110301097 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Abhijeet Singh Rathore Reg. No. 20130105 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Vishakha Kanwar Reg. No. 211301074 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Divisha Yadav Reg. No. 211301080 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Harshit Saxena Reg. No. 211301071 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Punjika Shekhawat Reg. No. 211301102 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Dhirghayu Sharma Reg. No. 211301072 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shubham Choudhary Reg. No. 211301065 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Dhruv Potlia Reg. No. 201301017 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Sachin Lamba Reg. No. 201301019 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Deepesh Sharma Reg. No. 211301039 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Suhani Gupta Reg. No. 201305016 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Archana Priydarshi Reg. No. 221302003 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Vaibhav Pahadia Reg. No. 201305001 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Certificate of Completion

December 15, 2022

This is to certify that Varun Pahadia Reg. No. 201305002 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

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Certificate of Completion

December 15, 2022

This is to certify that Deepanshu Singh Reg. No. 211301046 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Dewang arha Reg. No. 211301043 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Archana Priydarshi Reg. No. 221302003 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Satyendra Singh Shekhawat Reg. No. 211301031 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Tanmay Singh Reg. No. 21130106 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Anshika Garg Reg. No. 211301041 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Vanshika Parmar Reg. No. 211305061 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Syed Mohammad Asim Abbas Reg. No. 211301017 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Hiteshi Vyas Reg. No. 211301005 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Paavni Chadha Reg. No. 211301067 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Uddhavraj Singh Shaktawat Reg. No. 211301075 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



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Certificate of Completion

December 15, 2022

This is to certify that Shivangi Nandwana Reg. No. 211301118 has successfully completed the Value Added Course titled **Business and Human Rights** in the Odd Semester (July-December 2022)

Dr. Mona Mahecha

Course coordinator, Dept. of Law
Manipal University Jaipur

Dr. Sony Kulshrestha

HOD, Dept. of Law
Manipal University Jaipur



Notification

Subject: Guidelines for Counselling for MUJ Students

It is hereby notified to all the concern that, Guidelines for Counselling has been formed based on the recommendation of the committee constituted for the purpose.

The same are to be adhered by all without deviation.

The Guidelines are effective from the date of issue of this notification.



AB
13/01/2022
Registrar

Enclosure- Guidelines for Counselling

To,

1. Director Students Welfare - for necessary action

Copy to

1. Hon'ble President through PS - for information
2. Pro President through PS - for information
3. Deputy Registrar (Administration) - for information
4. Assistant Registrar (Academics) - for information

AB
13/01/2022
Registrar



Guidelines for Counselling

Counselling generally occurs in an interactive relationship, with the aim of helping a person learn more about the self, and to use such understanding to enable the person to become an effective member of the society. It is the activity of a trained person listening to someone who has a problem and giving them advice on how to deal with it.

The process of counselling begins with establishing relationship between counsellor and counselee. Where Counsellor is a person trained to give guidance on personal or psychological problems.

The provision of a university counselling service can lead to the reduction of stress, better career selection, emotional management and pave better pathways for their future.

Counselling at University level is crucial. It aims at setting the right basis for an individual's wellbeing and self-management. Counselling in educational system aims at helping boys and girls alike to develop their intellectual, social, physical and moral capacities to the fullest.

Basic Aims of Counselling

- To help students gain insight into the origins and development of emotional difficulties, leading to an increased capacity to take rational control over feelings and actions.
- To alter maladjusted behaviour.
- To assist students to move in the direction of fulfilling their potential, or achieve an integration of conflicting elements within themselves.
- To provide students with skills, awareness and knowledge, which will enable them to confront social inadequacy.

Basic Types of Counselling

- **Group Counselling**

It is a form of counselling where a small group of people meet to discuss, interact, and explore problems. Group counselling seeks to





give students a safe and comfortable place on campus where they can work out problems and emotional concerns with this thought and to enhance student engagement and well being in the University these group counselling sessions were conducted twice a month on an average, which were open to all.

Objectives:

- To provide sessions on arising concerns of society for MUJ students.
 - Conducting sessions on life skills development and self-management.
 - Conduct Faculty Development Programs.
-
- **Personal Counselling**

Personal counselling (sometimes called psychotherapy, talk therapy, or treatment) is a process through which clients work one-on-one with a trained mental health clinician in a safe, caring, and confidential environment. Counselling allows individuals to explore their feelings, beliefs, and behaviours work through challenging or influential memories, identify aspects of their lives that they would like to change, better understand themselves and others, set personal goals, and work toward desired change.

Individual counselling is counselling focused on the individual's immediate or near future concerns.

Objectives:

- To provide a safe, caring, and confidential environment to the students who face issues in their personal or academic areas of life.
- Using various psychotherapeutic measures as interventions with the client.
- Work on one – to – one basis with client to assist them and make them self-sufficient to address their concerns.





Methods of Counselling

- **Offline Counselling**

Offline counselling is the physical mode of counselling where the counsellor and client meet face to face. It gives an edge as it is easier to take in account facial expressions, vocal signals, or body language. These signals can often be quite important in telling and giving the therapist a clearer picture of your feelings, thoughts, moods, and behaviors. Some serious issues can only be dealt in person and not virtually. Confidentiality and privacy are key pillars of counselling, thus counselling is provided in such a setting where these ethics can be maintained.

- **Online Counselling**

Online therapy is a virtual mode of counselling which provides accessibility to individuals who are housebound or are unable to travel for therapy. Mobility can be a big issue when it comes to accessing mental health care. Accessibility through virtual mediums is easy for people. It helps the client to maintain their anonymity.

Group Counselling Sessions for NGO and Villages

Objective:

- To plan awareness drives for people of NGO and adopted villages of MUJ and Spread awareness about mental health in society.
- To involve the students of MUJ in community services and build their life skills along with establishing them as mental health ambassadors in the society.

Coordinators:

- MUJ students and staff as volunteers

Pre-Group Counselling Session Activity:

- Planning of awareness drive/group counselling session 2 week prior to the actual event.
- Co-ordinating with NGO managers/ Village heads and asking them for a suitable time and date for the event.
- Asking MUJ students and staff to contribute to the cause by joining as volunteers, via email.





- Circulating of a brochure for the Group Counselling Sessions for NGO and Villages.

Post-Group Counselling Session Activity:

- Taking Feedback from all the participants.
- Asking participants what issues to be addressed in sessions to come.

Issues seek Counselling

- Building Interpersonal Communication
- Stress Management
- Substance Abuse
- How to be an effective student
- Resilience Building
- Goal Setting
- Emotional Well Being
- Self-Care
- Mental Health Enhancement
- Coping

Confidentiality and Non- Judgmental approach in Counselling

The ethical framework of Counselling cell is such that the counsellors provide the client highest possible level of confidentiality. The intake form states the entire confidentiality clause which is signed by both the counsellor and counselee before the commencement of counselling sessions.

Any information student attendance, pressing issue or any concern is not passed to any 3rd party by the counsellor without the student's consent.

Student is provided with a totally nonjudgmental approach, where they are given an environment where they can openly share their thoughts and views without the fear of being morally judged. Key approaches of counsellor during the counselling session is acceptance and empathy.





Record Keeping

Every client's confidential record is maintained in hardcopy by the counsellors. All the necessary contact details with other key contents of the concern are mentioned in the form. These forms are filed and are kept safely in the counsellor's office.

Counselling Team

<u>Name</u>	<u>Designation</u>
Prof. Anil Dutt Vyas (Ex Officio)	Director DSW
Prof. Babita Malik (Ex Officio)	Deputy Director DSW, Counselling
Dr. Rimpay Sharma (Ex Officio)	Counsellor, DSW
Ms. Vandna Kabra (Ex Officio)	Counsellor, DSW
Ms. Devanshi Padaliya (Ex Officio)	Counsellor, DSW

Annexure-1: Intake Form (Personal Counselling)

Annexure-2: Confidential Client Record (Personal Counselling)

Annexure-3: Client Feedback Form (Personal Counselling)

Annexure-4: Feedback Form (Group Counselling)





Annexure 1



Intake form

COUNSELING is a confidential process designed to help you address your concerns, come to a greater understanding of yourself, and learn effective personal and interpersonal coping strategies. It involves a relationship between you and a trained therapist who has the desire and willingness to help you accomplish your individual goals. Counseling involves sharing sensitive, personal, and private information that may at times be distressing. During the course of counseling, there may be periods of increased anxiety or confusion. The outcome of counseling is often positive; however, the level of satisfaction for any individual is not predictable. Your therapist is available to support you throughout the counseling process. All the actions you take prior and after the sessions is your own responsibility. Neither the counselor nor the educational institute will be held responsible for your words or deeds.

CONFIDENTIALITY:

All interactions with Counseling Services, including scheduling of or attendance at appointments, content of your sessions, progress in counseling, and your records are confidential. No record of counseling is contained in any academic, educational, or job placement file. You may request in writing that the counseling staff release specific information about your counseling to persons you designate.

EXCEPTIONS TO CONFIDENTIALITY:

- The counseling staff works as a team. Your therapist may consult with other counseling staff to provide the best possible care. These consultations are for professional and training purposes.
- If there is evidence of clear and imminent danger of harm to self and/or others, a therapist is legally required to report this information to the authorities responsible for ensuring safety.
- A court order, issued by a judge, may require the Counseling Services staff to release information contained in records and/or require a therapist to testify in a court hearing.

There is no fee for counseling services. If you are referred off campus to health, mental health, or substance abuse professionals you are responsible for their charges.

I have read and discussed the above information with my counselor. I understand the risks and benefits of counseling, the nature and limits of confidentiality, and what is expected of me as a client of the Counseling Services.

Signature of Client

Signature of Counselor





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Annexure 2



MANIPAL UNIVERSITY
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CONFIDENTIAL CLIENT RECORD

PERSONAL DETAILS:

DATE:

NAME:

AGE:

GENDER:

CLASS:

ADDRESS:

CONTACT NO.:

EMAIL ID:

HOSTELER

DAY SCHOLAR

FAMILY STRUCTURE:

JOINT NUCLEAR

EXTENDED

FATHER'S NAME:

FATHER'S OCCUPATION:

MOTHER'S NAME:

MOTHER'S OCCUPATION:

SIBBLING STRUCTURE:





Annexure 3

Client Counsellor Feedback Form

This form allows you an opportunity to provide feedback to your counsellor after your sessions have finished.

This will help your counsellor's professional development as well as helping to improve the service offered to others.

* Required

1. Rate the following statements from Strongly Agree to Strongly Disagree in relation to your counselling session. *

	Strongly Agree	Somewhat Agree	No Strong Feeling	Somewhat Disagree	Strongly Disagree
I felt I was being understood.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I gained something from the session.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My Counsellor showed warmth towards me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My counsellor accepted what I said without judging me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My counsellor listened to me effectively.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Based on my experience, I would recommend my counsellor to others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>





Annexure 4

Feedback for Group Sessions

* Required

1. Name

2. Age *

3. Sex *

- Male
 Female
 Prefer not to say

1/5/2022

4. Department *

5. Faculty *

6. Email Id *

7. How much did you like the presentation? *

- Very Good
 Fair
 Average



1/5/2022



8. How helpful was the session for you? *

- Completely
- Moderately
- Slightly

9. Overall how would you rate the session *

- Excellent
- Good
- Fair

10. When do you look forward to these sessions? *

- Weekly
- Twice in a month
- Once in a month

1/5/2022

11. Suggestion/Comments/Any topic you want us to address.

This content is neither created nor endorsed by Microsoft. The data you submit will be sent to the form owner.

Microsoft Forms

1/5/2022





**MANIPAL UNIVERSITY
JAIPUR**

MUJ/DSW/C/021/FD/003

DIRECTORATE OF STUDENTS' WELFARE

Addressing Anxiety Towards Future

Seminar

Date of Event: 8 March 2022



Index

S.No.	Activity Heads	Page no.
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3.	Beneficiaries of the Event	1
4.	Brief Description of the event	1
5.	Photographs	2-3
6.	Brochure or creative of the event	4
7.	Schedule of the Event	5
8.	Attendance of the Event	5
9.	Feedback of the Event	5



1. Introduction of the Event –

The purpose of this seminar was to address the anxiety related concerns in young psychology students of 2nd-year BA and BSc. Psychology(H) students. The Counselling team of DSW of Manipal University Jaipur conducted these sessions to address the future stability concerns and even discussed the numerous professional fields and prospects available in psychology.

2. Objective of the Event -

- To address the anxiety related concerns in Psychology Students.
- To educate students about handling the stress and how they can be functional in their field.

3. Beneficiaries of the Event-

The seminar was conducted for the students of 2nd-year BA and BSc. Psychology(H).

4. Brief Description of the event-

Psychology is a vast subject and brings lots of interest in students but professionally not much is known by them. A lots of psychology students were approaching with end numbers of fear and anxiety about their future as professionals and person. On March 8, 2022, the first session of Group Counselling about addressing future anxiety in psychology was conducted of group 1 with 13 students. All students from the group were present. Student Counsellors Dr. Rimpay Sharma, Ms Vandana Kabra and Ms. Devanshi Padaliya. The Counselling team organised these sessions which was on demand of the psychology students. The students were divided into groups and organized by Ayushi Gupta, CR of 2nd year BSc(H) Psychology. After each session a question answer round helped students to understand and get answer to lots of their confusion and questions. Overall, all students gained a lot of insight with the help of these sessions as they were able to get their questions answered. Students expressed their need to get 1-to-1 career counselling sessions for personalized help professionally.



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5.3 to 5 photographs of the event or screenshots of the event (if online) with captions-



Glimpse of ongoing session





Photographs of the session





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JAIPUR

6. Brochure or creative of the event

 MANIPAL UNIVERSITY
JAIPUR

**DIRECTORATE OF STUDENT'S
WELFARE**

*Addressing
Anxiety Toward
Future*

**DATE: 08/03/2022
TIME: 04:00 PM**

Organized by: Team Counselling



MANIPAL UNIVERSITY JAIPUR

7. Schedule of the event -

1	Opening remarks were made by the CR
2	Introduction by the counsellor.
3	Shared power point presentation
4	Counsellors alternatively took the session
5	Question-Answer session was done
6	Shared the contact details of students with the students.

8. Attendance of the Event (insert in the document only)

Total attendee - 13

For online event use the MS team format only add one more column for registration no.

Sl no	Name	Programme	Registration No
1	Bharti	BA	201103022
2	Absam	BSc	201007003
3	Sonu	BSc	201007016
4	Asma	BSc	201007048
5	Rashmi	BA	201103037
6	Aanand	BA	201103021
7	Meghna	BA	201103052
8	Mahi	BSc	201007032
9	Vani	BA	201103019
10	Shriya	BA	201103048
11	Jaanavi	BSc	201103006
12	Sonia	BA	201103053
13	Sreeprabha	BA	201103061

9. Feedback of the Event –

Post session feedback was taken by the participants.



Faculty coordinator

Rimpy Sharma

(Dr Rimpy Sharma)

Student Counsellor

Directorate of Student's Welfare

Vandna Kabra

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

Devanshi Padaliya

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare



**MANIPAL UNIVERSITY
JAIPUR**

MUJ/DSW/C/021/FD/004

DIRECTORATE OF STUDENTS' WELFARE

Addressing Anxiety Towards Future

Seminar

Date of Event: 9 March 2022



Index

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6.	Brochure or creative of the event	4
7.	Schedule of the Event	5
8.	Attendance of the Event	5
9.	Feedback of the Event	5



1. Introduction of the Event –

The purpose of this seminar was to address the anxiety related concerns in young psychology students of 2nd-year BA and BSc. Psychology(H) students. The Counselling team of DSW of Manipal University Jaipur conducted these sessions to address the future stability concerns and even discussed the numerous professional fields and prospects available in psychology.

2. Objective of the Event -

- To address the anxiety related concerns in Psychology Students.
- To educate students about handling the stress and how they can be functional in their field.

3. Beneficiaries of the Event-

The seminar was conducted for the students of 2nd-year BA and BSc. Psychology(H).

4. Brief Description of the event-

Psychology is a vast subject and brings lots of interest in students but professionally not much is known by them. A lots of psychology students were approaching with end numbers of fear and anxiety about their future as professionals and person. On March 9, 2022, the first session of Group Counselling about addressing future anxiety in psychology was conducted of group 1 with 11 students. All students from the group were present. Student Counsellors Dr. Rimpay Sharma, Ms Vandana Kabra and Ms. Devanshi Padaliya. The Counselling team organised these sessions which was on demand of the psychology students. The students were divided into groups and organized by Ayushi Gupta, CR of 2nd year BSc(H) Psychology. After each session a question answer round helped students to understand and get answer to lots of their confusion and questions. Overall, all students gained a lot of insight with the help of these sessions as they were able to get their questions answered. Students expressed their need to get 1-to-1 career counselling sessions for personalized help professionally.



MANIPAL UNIVERSITY JAIPUR

5.3 to 5 photographs of the event or screenshots of the event (if online) with captions-



Glimpse of ongoing session



Photographs of the session





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6. Brochure or creative of the event

 MANIPAL UNIVERSITY
JAIPUR

**DIRECTORATE OF STUDENT'S
WELFARE**

**Addressing
Anxiety Toward
Future**

**DATE: 09/03/2022
TIME: 2:30 PM**

Organized by: Team Counselling



7. Schedule of the event -

1	Opening remarks were made by the CR
2	Introduction by the counsellor.
3	Shared power point presentation
4	Counsellors alternatively took the session
5	Question-Answer session was done
6	Shared the contact details of students with the students.

8. Attendance of the Event (insert in the document only)

Total attendee - 11

For online event use the MS team format only add one more column for registration no.

Sl no	Name	Programme	Registration No
1	Divanshi	BA	201103035
2	Khushi	BSc	201007039
3	Shruti	BA	201103046
4	Sojwal	BSc	201007045
5	Nishtha	BSc	201007027
6	Tanishka	BA	201103039
7	Prarthana	BA	201103032
8	Aryan Pandey	BA	201103026
9	Suhani	BSc	201007044
10	Gaurav	BA	201103055
11	Ananta	BA	201103056

9. Feedback of the Event –

Post session feedback was taken by the participants.



Faculty coordinator

Rimpy Sharma

(Dr Rimpy Sharma)

Student Counsellor

Directorate of Student's Welfare

Vandna Kabra

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

Devanshi Padaliya

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare



MANIPAL UNIVERSITY
JAIPUR

MUJ/DSW/C/021/FD/005

DIRECTORATE OF STUDENTS' WELFARE

Addressing Anxiety Towards Future

Webinar

Date of Event: 10 March 2022



Index

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8.	Attendance of the Event	5
9.	Feedback of the Event	5



1. Introduction of the Event –

The purpose of this seminar was to address the anxiety related concerns in young psychology students of 2nd-year BA and BSc. Psychology(H) students. The Counselling team of DSW of Manipal University Jaipur conducted these sessions to address the future stability concerns and even discussed the numerous professional fields and prospects available in psychology.

2. Objective of the Event -

- To address the anxiety related concerns in Psychology Students.
- To educate students about handling the stress and how they can be functional in their field.

3. Beneficiaries of the Event-

The seminar was conducted for the students of 2nd-year BA and BSc. Psychology(H).

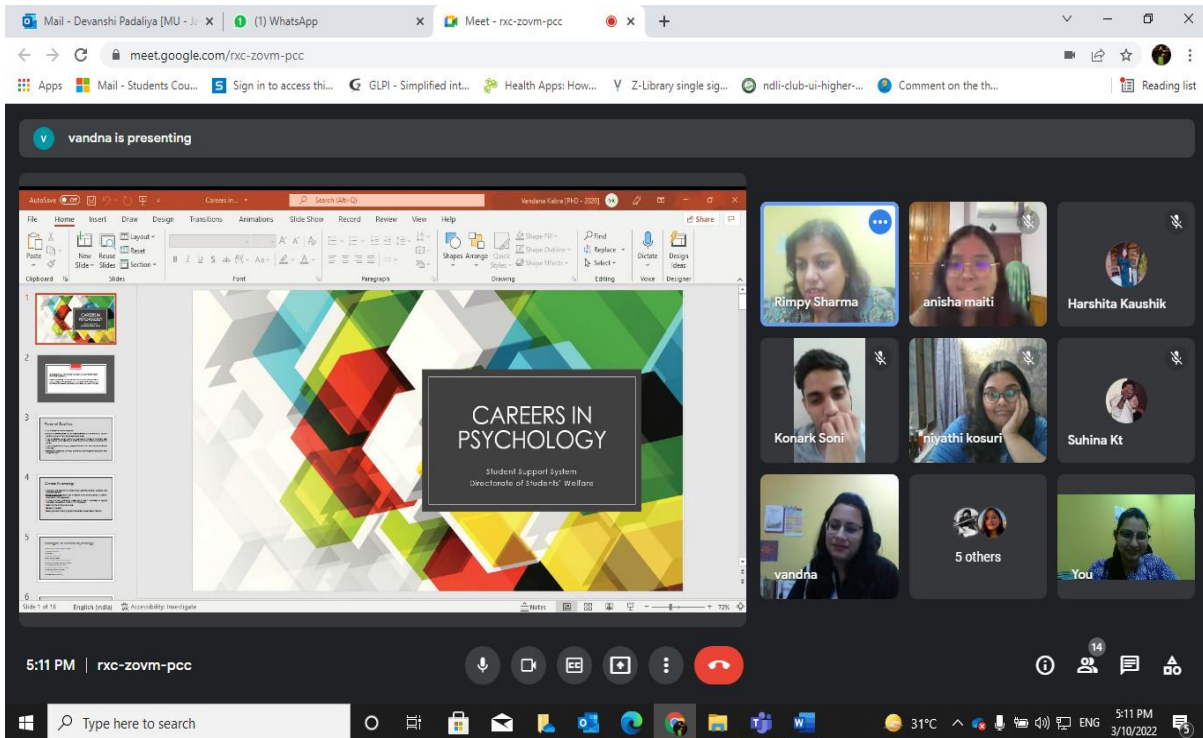
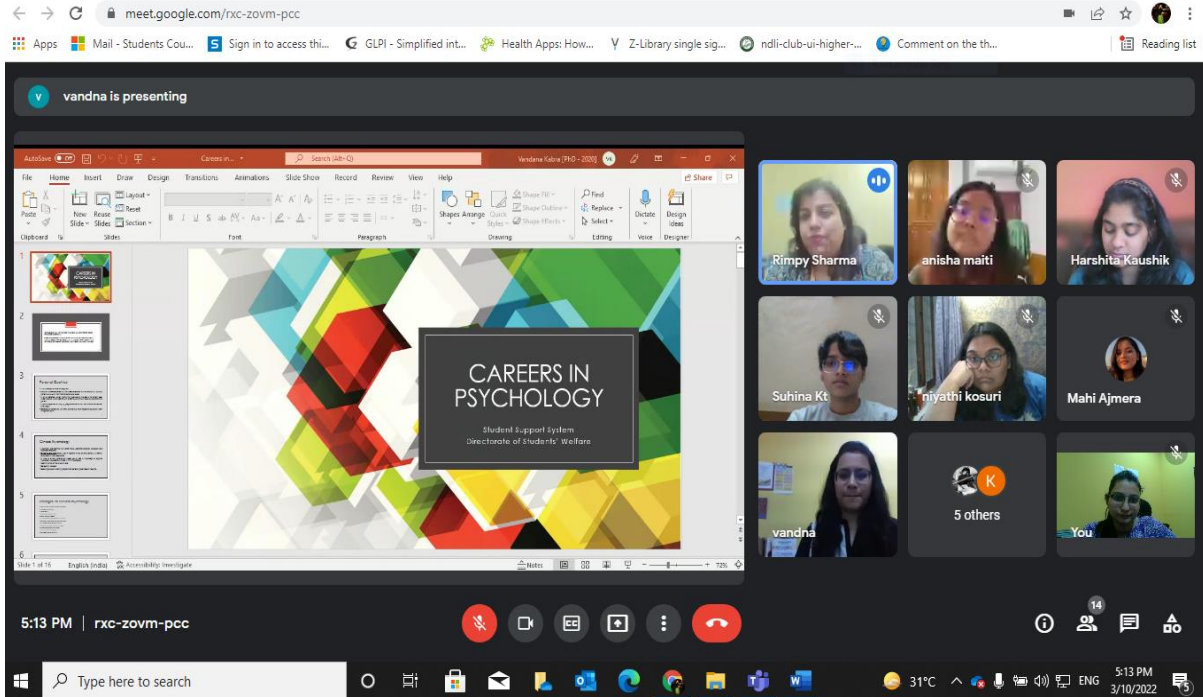
4. Brief Description of the event-

An online group counselling session was held to address the confusion and anxieties of psychology students. Psychology is a vast subject and brings lots of interest in students but professionally not much is known by them. A lots of psychology students were approaching with end numbers of fear and anxiety about their future as professionals and person. On March 10, 2022, the first session of Group Counselling about addressing future anxiety in psychology was conducted of group 1 with 13 students. All students from the group were present. Student Counsellors Dr. Rimpay Sharma, Ms Vandana Kabra and Ms. Devanshi Padaliya. The Counselling team organised these sessions which was on demand of the psychology students. The students were divided into groups and organized by Ayushi Gupta, CR of 2nd year BSc(H) Psychology. After each session a question answer round helped students to understand and get answer to lots of their confusion and questions. Overall, all students gained a lot of insight with the help of these sessions as they were able to get their questions answered. Students expressed their need to get 1-to-1 career counselling sessions for personalized help professionally.



MANIPAL UNIVERSITY JAIPUR

5.3 to 5 photographs of the event or screenshots of the event (if online) with captions-



Glimpse of ongoing session



The screenshot shows a Google Meet interface with a presentation slide titled "Clinical Psychology". The slide content is as follows:

- Assessment and treatment of **Mental illness, Abnormal Behavior, Addiction, and Psychiatric Problems.**
- Clinical psychologists majorly work in hospitals, clinics, private practice, universities, schools and in many capacities.
- In India, a clinical psychologist needs **MA or MSc in Psychology or Applied Psychology**, followed by a 2-year **M.Phil in Psychology**.
- Teaching, often at the university level
- Conducting research
- Creating and administering programs to treat and prevent Social Problems.

The Meet interface shows a grid of participants: Rimpay Sharma, vandna, anisha maiti, Harshita Kaushik, nivathi kosuri, Mahi Ajmera, Konark Soni, 8 others, and You. The bottom of the screen shows the Windows taskbar with the time 5:20 PM and date 3/10/2022.



MANIPAL UNIVERSITY
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6. Brochure of the event

 MANIPAL UNIVERSITY
JAIPUR

**DIRECTORATE OF STUDENT'S
WELFARE**

*Addressing
Anxiety Toward
Future*

**DATE: 10/03/2022
TIME: 5:00 PM**

Organized by: Team Counselling



7. Schedule of the event -

1	Opening remarks were made by the CR
2	Introduction by the counsellor.
3	Shared power point presentation
4	Counsellors alternatively took the session
5	Question-Answer session was done
6	Shared the contact details of students with the students.

8. Attendance of the Event (insert in the document only)

Total attendee - 13

For online event use the MS team format only add one more column for registration no.

Sl no	Name	Programme	Registration No
1	Tejasvini	BSc	201007051
2	Kamala	BSc	201007063
3	Anisha	BSc	201007066
4	Harshita	BSc	201007047
5	Khawaish	BSc	201007059
6	Konark	BA	201103067
7	Nishtha	BSc	201007027
8	Suhina	BA	201103015
9	Sanjoli	BSc	201007021
10	Pranavi	BSc	201007001
11	Diksha	BSc	201007028
12	Siddhartha	BSc	201007060
13	Surabhi	BA	201103027

9. Feedback of the Event –

Post session feedback was taken by the participants.



MANIPAL UNIVERSITY
JAIPUR

Faculty coordinator

Rimpy Sharma

(Dr Rimpy Sharma)

Student Counsellor

Directorate of Student's Welfare

Vandna Kabra

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

Devanshi Padaliya

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare



MANIPAL UNIVERSITY
JAIPUR

MUJ/DSW/C/021/FD/006

DIRECTORATE OF STUDENTS' WELFARE

Addressing Anxiety Towards Future

Seminar

Date of Event: 9 April 2022



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7.	Schedule of the Event	4
8.	Attendance of the Event	4
9.	Feedback of the Event	4



1. Introduction of the Event –

The purpose of this seminar was to address the anxiety related concerns in young psychology students of 2nd-year BA and BSc. Psychology(H) students. The Counselling team of DSW of Manipal University Jaipur conducted these sessions to address the future stability concerns and even discussed the numerous professional fields and prospects available in psychology.

2. Objective of the Event -

- To address the anxiety related concerns in Psychology Students.
- To educate students about handling the stress and how they can be functional in their field.

3. Beneficiaries of the Event-

The seminar was conducted for the students of 2nd-year BA and BSc. Psychology(H).

4. Brief Description of the event-

Psychology is a vast subject and brings lots of interest in students but professionally not much is known by them. A lots of psychology students were approaching with end numbers of fear and anxiety about their future as professionals and person. On April 8, 2022, the first session of Group Counselling about addressing future anxiety in psychology was conducted of group 1 with 13 students. All students from the group were present. Student Counsellors Dr. Rimpay Sharma, Ms Vandana Kabra and Ms. Devanshi Padaliya. The Counselling team organised these sessions which was on demand of the psychology students. The students were divided into groups and organized by Ayushi Gupta, CR of 2nd year BSc(H) Psychology. After each session a question answer round helped students to understand and get answer to lots of their confusion and questions. Overall, all students gained a lot of insight with the help of these sessions as they were able to get their questions answered. Students expressed their need to get 1-to-1 career counselling sessions for personalized help professionally.



MANIPAL UNIVERSITY JAIPUR

5.3 to 5 photographs of the event or screenshots of the event (if online) with captions-



Glimpse of ongoing session



MANIPAL UNIVERSITY
JAIPUR

6. Brochure of the event

 MANIPAL UNIVERSITY
JAIPUR

**DIRECTORATE OF STUDENT'S
WELFARE**

**Addressing
Anxiety Toward
Future**

**DATE: 08/04/2022
TIME: 3:30 PM**

Organized by: Team Counselling



MANIPAL UNIVERSITY JAIPUR

7. Schedule of the event -

1	Opening remarks were made by the CR
2	Introduction by the counsellor.
3	Shared power point presentation
4	Counsellors alternatively took the session
5	Question-Answer session was done
6	Shared the contact details of students with the students.

8. Attendance of the Event (insert in the document only)

Total attendee - 13

For online event use the MS team format only add one more column for registration no.

Sl no	Name	Programme	Registration No
1	Rinku kewlani	BSc	201007069
2	Pranshi Goyal	BA	201103031
3	Gunveen Kaur	BA	201103065
4	Stephen Mathew	BSc	201007056
5	Prajwal Patil	BSc	201007024
6	Anupam Patel	BSc	201007061
7	Anusha Prince	BSc	201007019
8	Garima Mahaur	BSc	201007034
9	Ananya Patel	BSc	201007053
10	Khushi Seth	BSc	201007064
11	Vipin	BSc	201007020
12	Riya shekhawat	BSc	201007050
13	Dhawal Raj Chauhan	BSc	201007072

9. Feedback of the Event –

Post session feedback was taken by the participants.



Faculty coordinator

Rimpy Sharma

(Dr Rimpy Sharma)

Student Counsellor

Directorate of Student's Welfare

Vandna Kabra

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

Devanshi Padaliya

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare



**MANIPAL UNIVERSITY
JAIPUR**

MUJ/DSW/C/022/FD/029

DIRECTORATE OF STUDENTS' WELFARE

Effective Study Habits

Seminar

Date of Event: 29 September 2022



Index

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6.	Brochure or creative of the event	4
7.	Schedule of the Event	5
8.	Attendance of the Event	6-9
9.	Feedback of the Event	9



1. Introduction of the Event –

The purpose of the seminar was to reach the students and address the challenges faced by students while studying in their college life. College life is more about being self-dependent and to become our own best we need to learn the art of managing their studies.

2. Objective of the Event -

- To understand the importance of academics.
- To learn and inculcated the ways for our holistic wellbeing.

3. Beneficiaries of the Event-

The seminar was conducted for the students BCA & MCA semester I.

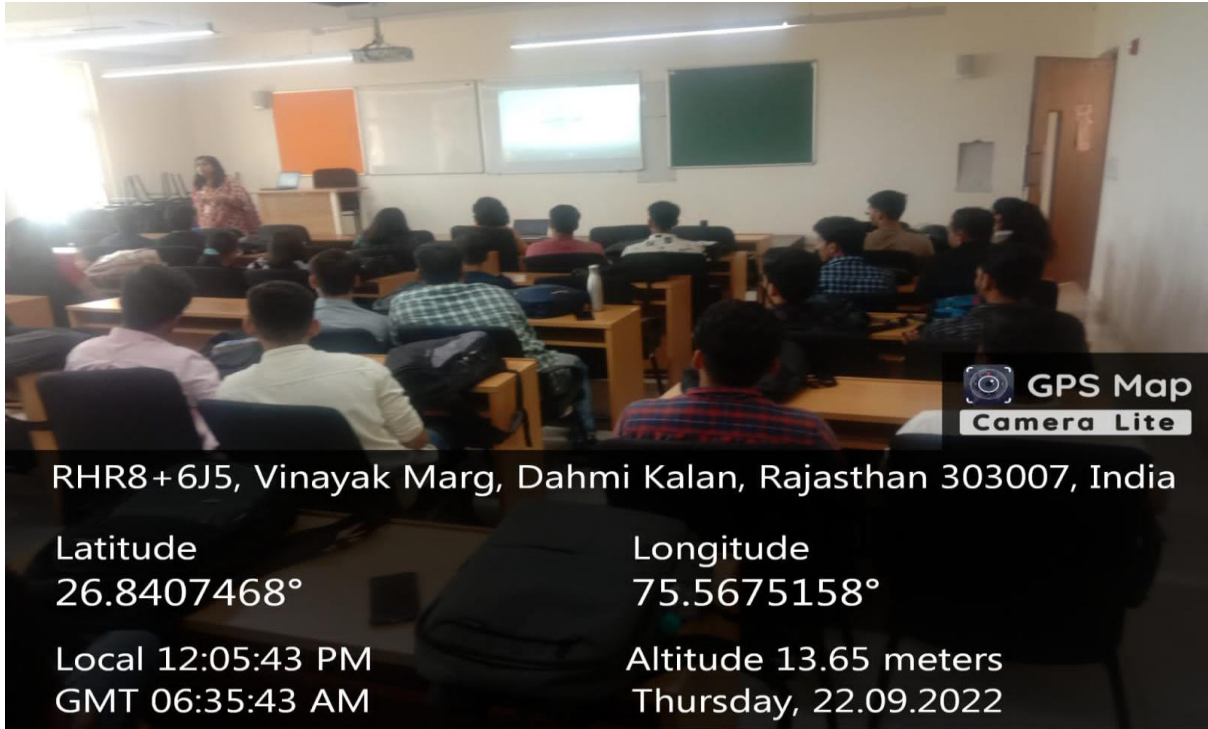
4. Brief Description of the event-

College life is best phase for students as it gives multiple opportunities for fun and education. Coming to college is a major transition in student, there is lots of excitement and anticipation about this new beginning. University life is exposure to multiple opportunities and gives work world exposure. Students become more responsible towards themselves. They are dependent on themselves, and this needs them to focus on multiple things. Student life is based on two major things: academics and interpersonal. Students were given tips on study style and time management. The students were made aware about the counselling services and how they can reach for counselling by appointment via email and extension. The sessions are organized for the students of Manipal University Jaipur.



MANIPAL UNIVERSITY JAIPUR

5. 3 to 5 photographs of the event or screenshots of the event (if online) with captions:-





MANIPAL UNIVERSITY JAIPUR



GPS Map
Camera Lite

RHR8+6J5, Vinayak Marg, Dahmi Kalan, Rajasthan
303007, India

Latitude
26.8407468°

Longitude
75.5675158°

Local 12:07:04 PM
GMT 06:37:04 AM

Altitude 13.65 meters
Thursday, 22.09.2022

Glimpse of ongoing session



**MANIPAL UNIVERSITY
JAIPUR**

6. Brochure of the Event -



**MANIPAL UNIVERSITY
JAIPUR**

**DIRECTORATE OF
STUDENT'S WELFARE**

Session on Study Habits

Date: 22/09/2022

Time: 12:00 Noon & 04:00 PM

**ORGANIZED BY
COUNSELLING TEAM.**



7. Schedule of the event -

1	Introduction by the counsellor.
2	Shared power point presentation
3	Counsellors alternatively took the session
4	Question-Answer session was done
5	Shared the contact details of students with the students.



MANIPAL UNIVERSITY JAIPUR

8. Attendance of the Event (insert in the document only)

Total attendee – 68

Induction Program				
Date:				
S. N.	Name	Registration Number	Program BCA/MCA	Signature
01	Mohammad fairuz	221015018	BCA	
02	Abdul	221015111	BCA	
03	Abdul Hamman	221015108	BCA	
04	Mayur Soni	221015079	BCA	
05	Indrajeet Rathore	221015034	BCA	
06	Sunid choudhary	221015068	BCA	
07	Jashas Bhogak	221015062	BCA	
08	Nikhil	221015190	BCA	
09	Anuv Indoria	221015101	BCA	
10	Diya Murari	221015114	BCA	
11	Vaibhesh	221015084	BCA	
12	Rubul	221015123	BCA	
13	Arthav Badga	221015154	BCA	
14	Harshwardhan S.S	221015085	BCA	
15	Prince Yadav	221015145	BCA	
16	Satejankam ^{Patnaik}	221015015	BCA	
17	Harsh	221015014	BCA	
18	Manan	221015092	BCA	
19	Saksham	221015024	BCA	
20	Rupal Jasra	221015074	BCA	



MANIPAL UNIVERSITY JAIPUR

Induction Program

Date:

S. N.	Name	Registration Number	Program BCA/MCA	Signature
	Kasoni Singh	221015012	BCA	Kasoni
	Jitendra ch.	221015015	BCA	Jitendra
	Khushi Sharma	221015086	BCA	Khushi
	Ananya	221015127	BCA	Ananya
	Simran	221015104	BCA	Simran
	Priyanshvi	221015116	BCA	Priyanshvi
	Anshika Kumawat	221015058	BCA	Anshika
	Swati	221015081	BCA	Swati
	Karishka	221015033	BCA	Karishka
	Tamanna Sharma	221015164	BCA	Tamanna
	Anisha Badwal	221015141	BCA	Anisha
	Ritika Sharma	221015137	BCA	Ritika Sharma
	Mohit Sharma	221015080	BCA	Mohit
	Harshid Bansal	221015032	BCA	Harshid
	Gourav Agrawal	221015038	''	Gourav
	Anisuddh Singh	221015115	BCA	Anisuddh Singh
	Raghu Raj Arar	221015102	BCA	Raghu
	Vaibhav Raj	221015050	BCA	Vaibhav Raj
	Nakul	221015073	BCA	Nakul
	Gulshan	221015029	BCA	Gulshan
	Harsh Raj Nimadia	221015152	BCA	Harsh



MANIPAL UNIVERSITY JAIPUR

Induction Program

Date:

S. N.	Name	Registration Number	Program BCA/MCA	Signature
43	Branveer Singh	21015087	BCA	P.S.
44	Arunshu Chohan	221015054	BCA	
45	Vansh Sharma	221015126	BCA	
46	Roshmit Chakra.	221015009	BCA	Roshmit
47	Kaishna Biju	221015035	BCA	Kaishna
48	Mayank Puri	221015147	BCA	
49	Abhishek Pillai	221015103	BCA	Abhishek
50	Rishikhanija	221015144	BCA	Rishi
51	Munesh	221015117	BCA	Munesh
52	Vikash Jasti	221015042	BCA	Vikash
53	Sammundan	221015136	BCA	
54	Divyansh	221015057	BCA	
55	Vansh	221015160	BCA	Vansh
56	Kshitij Kumar	221015099	BCA	Kshitij
57	Mohit Jangid	221015039	BCA	Mohit
58	Divyanshi Kedia.	221015150	BCA	Divyanshi.
59	Diviza Sankhla.	221015110	BCA	Diviza
60	Madan Bhati	221015046	BCA	
61	Mohit Patel	221015062	BCA	Mohit
62	Gias	221015069	BCA	
63	Hemant Saini	221015048	BCA	Hemant



9. Feedback of the Event –

Post session feedback was taken by the participants.

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare



MANIPAL UNIVERSITY
JAIPUR

MUJ/DSW/C/022/FD/030

DIRECTORATE OF STUDENTS' WELFARE

Effective Study Habits

Seminar

Date of Event: 23 September 2022



Index

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9.	Feedback of the Event	6



1. Introduction of the Event –

The purpose of the seminar was to reach the students and address the challenges faced by students while studying in their college life. College life is more about being self-dependent and to become our own best we need to learn the art of managing their studies.

2. Objective of the Event -

- To understand the importance of academics.
- To learn and inculcated the ways for our holistic wellbeing.

3. Beneficiaries of the Event-

The seminar was conducted for the students Chemistry & Physics semester I.

4. Brief Description of the event-

College life is best phase for students as it gives multiple opportunities for fun and education. Coming to college is a major transition in student, there is lots of excitement and anticipation about this new beginning. University life is exposure to multiple opportunities and gives work world exposure. Students become more responsible towards themselves. They are dependent on themselves, and this needs them to focus on multiple things. Student life is based on two major things: academics and interpersonal. Students were given tips on study style and time management. The students were made aware about the counselling services and how they can reach for counselling by appointment via email and extension. The sessions are organized for the students of Manipal University Jaipur.



5. 3 to 5 photographs of the event or screenshots of the event (if online) with captions:-



Glimpse of ongoing session



**MANIPAL UNIVERSITY
JAIPUR**

6. Brochure of the Event -



**MANIPAL UNIVERSITY
JAIPUR**

**DIRECTORATE OF
STUDENT'S WELFARE**

Session on Study Habits

Date: 23/09/2022

Time: 9:40 AM

**ORGANIZED BY
COUNSELLING TEAM.**



7. Schedule of the event -

1	Introduction by the counsellor.
2	Shared power point presentation
3	Counsellors alternatively took the session
4	Question-Answer session was done
5	Shared the contact details of students with the students.



MANIPAL UNIVERSITY JAIPUR

8. Attendance of the Event (insert in the document only)

Total attendee – 18

Induction Program
Date: 23.9.2022 (10.00 AM to 1.00 PM)

Sr. No	Name	Registration Number	Program BCA/MCA/B.Sc/M.Sc	Signature
01	Naveen Suthar	221006007	BSc Phy.	
02	Pavini Shasna	221006011	BSc (Physics)	
03	Guru Kishore B	221019001	MSc Physics	
04	DHRUV DASHORA	221006001	BSc (Physics)	
05	Nishita Chaudhary	221006014	BSc (Physics)	
06	Nikita Dey	221006003	BSc honours (physics)	
07	Deep Ghosh	221006013	BSc honours (Phy)	
08	Adnan Hakeem H K	221006006	BSc honours (Phy)	
09	Ishnu Chakraborty	221006012	BSc Physics (Hon)	
10	Arni Kothari	221004004	B.Sc (Hons) Chem	
11	Sadeef Khira	220102946	B.Sc (Hons) physics	
12	Kishika Anand	221004003	BSc (Hons) Chem	
13	Pranjalee Ghosh	221004002	BSc (Hons) Chem	
14	VISHWANATHAN PANDARAJAN	221004005	BSc (Hons) Chem	
15	Dr. RIMPY SHARMA			
16	Ms. Vandana kabea			
17	DR. SRIPARNA RAY			

Dr. Anurita Bhowmik
Dr. Naveen Kumar Suthar
Coordinator Name & Signature 23.9.22



9. Feedback of the Event –

Post session feedback was taken by the participants.

Faculty coordinator

(Dr Rimpay Sharma)

Student Counsellor

Directorate of Student's Welfare

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare



Manipal University Jaipur's Smoke-Free Campus

A smoke-free university campus is a movement toward a healthier and more welcoming environment for all. By prioritizing the health and well-being of students, faculty, and staff, Manipal University Jaipur sets a positive example for the community and promotes healthier lifestyles. The advantages of a smoke-free campus, including improved air quality, support for smoking cessation, and a better campus atmosphere, make it a choice that benefits everyone. Manipal University Jaipur is taking proactive measures to create healthier and cleaner environments for their students and staff.

The foundation of any smoke-free campus initiative is a well-constructed policy that clearly outlines the regulations and expectations regarding tobacco and smoking. Manipal University Jaipur engages in a collaborative effort, involving administrators, students, and staff to develop this policy. Policy typically encompasses a ban on smoking within campus buildings and a certain distance around them, as well as restrictions on e-cigarettes and other forms of tobacco (Picture 1, 2, 3, 4). Once a smoke-free policy is established, effective communication and education are vital to ensure its success. Manipal University Jaipur employs various methods to inform the community about the new policy, its rationale, and the consequences of non-compliance. This involves signage, email campaigns, and educational programs that emphasize the health benefits of a smoke-free environment. Recognizing that quitting smoking can be a challenging endeavor, Manipal University Jaipur provides support services to help those who wish to quit. These services include counseling, access to nicotine replacement therapies, and educational workshops on smoking cessation (Annexure 5, 6 & 7). This not only reinforces the commitment to a smoke-free campus but also supports individuals in making healthier choices. Manipal University Jaipur recognizes that creating a smoke-free campus is not just a matter of internal policy but also affects the surrounding community. Collaborative efforts with local authorities and organizations are common to promote a smoke-free environment beyond the university's borders. This includes community awareness campaigns and coordination with city ordinances. Manipal University Jaipur has successfully installed smoke sensors in various places on the campus to make a smoke-free campus, fostering healthier habits and creating environments that benefit everyone. The measures implemented, from policy development to enforcement and community collaboration, demonstrate a commitment to improving the overall quality of life for students, faculty and staff.



Picture 1: Signpost at MUJ Campus to educate ill effects of Smoking



Picture 2: Posters to educate and aware the ill effects of smoking



Picture 3: Smoking alarms and detectors installed in MUJ to ensure No Smoking in the campus

Rotary International President
Rtn Jennifer Jones

District Governor
Rtn Dr Balwant Singh Chirana

President
PHF Rtn Radhey Shyam Gupta
D-13, Indra Puri Colony, Lal Kothi,
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Treasurer
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Mobile: +91-9829072271
eMail: brajeshkgupta24@gmail.com

Club Patron
Maj Donor Rtn Dr Sudhir Kumar Calla

President Elect (2023-24)
PHF Rtn CFP Shalini

Immediate Past President
MPHF Rtn Er Narendra Mal Mathur

Vice Presidents
MPHF Rtn Adv Ashok Goyal
PHF Rtn Desh Deepak Goyal

Jt. Secretary
Rtn Er Nand Kishore Maheshwari

Director – Club Administration
PHF Rtn Rajendra Tiwari

Director – Service Projects
Rtn Er Sudesh Roop Rai

Director – Environment Service
Rtn Shyam Sunder Gupta

Director – Foundation
MPHF Rtn Vipin Bahl

Director – Literacy & T.E.A.C.H.
PHF Rtn Dr Arun Kumar Arya

Director – Membership
PHF Rtn Jwala Prasad Sharma

Director – Public Image & Fellowship
PHF Rtn Chander Mohan Mahajan

Director – Publications
PHF Rtn Basant Jain

Director – Youth Service
Rtn Prof Anil Dutt Vyas

Executive Secretary - I.T.
PHF Rtn Prof Raj Kishor Pareek

Club Trainer
MPHF Rtn Ravi Shanker Sharma

Sergeant at Arms
PHF Rtn Er Satish Goyal

TO WHOMSOEVER IS CONCERN

Directorate of Students' Welfare along NSS and NCC wing with Rotary Club Jaipur, Bapu Nagar conducted a Awareness Rally Against DRUG ABUSE at Dehmi Kalan Village on 30th August 2022. It was a physical activity involving the students from NSS, DSW and the Rotaract Club MUJ. Rally was well coordinated.

We would like to appreciate Rotaract Club and NSS/NCC wing of Directorate of Students' Welfare, Manipal University Jaipur and express our gratitude towards them.

Regards



Rtn Meeta Mathur
Secretary

BROCHURE

LEGAL AWARENESS SESSION
BY

LEGAL AID CLINIC

School of Law

Manipal University Jaipur

Activities 2019-20



The Legal Aid clinics are the well-recognized tools to impart clinical legal education (practical teaching) to the students of law. The Legal Aid Clinic of School of Law has identified the need of the practical learning through legal aid programs to make the students more efficient and effective. The society has identified important areas of law where the students are required to educate the member of the society. The Legal Aid Clinic was established by School of Law, Manipal with Legal Service Authority Jaipur Metropolitan, Jaipur on Sept 08 2018. The objective of legal aid clinic is to provide free legal services along with the counseling & providing procedures necessary to meet the ends of justice. The Legal Aid Cell tries to create awareness & educate people about their civil & political rights and how to exercise them in best available way under the limits of law. The following measures were taken to meet the motives of legal aid clinic-

- Disposal of cases by the Lok Adalat's.
- Publicity to Legal Aid Schemes and programs to make people aware about legal aid facilities.
- Legal aid stations

Dr. Vijay Laxmi Sharma in-charge of the process of public participation in the work of the committee facilitated with the help of volunteers and ably assisted by faculty coordinators. The committee launched its first clinic in the rural hinterland of Bagru (a rural area deprived of legal awareness and facilities). The noble exercise amassed the participation of all primary and secondary schools in the vicinity. The exercise got the support and expertise in form of paralegal's participation in creating awareness drives and presentations of common social welfare legislations among the common citizens.

LEGAL AWARENESS SESSION

ORGANISER- VSSAP COMMITTEE OF SCHOOL OF LAW, MANIPAL UNIVERSITY, JAIPUR IN COLLABORATION WITH MOTIVATION AWARENESS & ACTION SANSTHAN (BHILWARA)

THEME- SUBSTANCE ABUSE & IT'S ILL -EFFECTS ON SOCIETY

DATE OF THE EVENT-5th March 2020

VENUE OF THE EVENT- GOVERNMENT SCHOOL, DEHMI KALAN.



Motivation Awareness & Action Sansthan

80031-15566

Add:- 1 -L - 1 Maharishi Dadhichi Circle, R.C. Vyas Colony Bhilwara - 311001 (Raj.)

Ref. No. : 2343/2020

Date : 6th March, 2020

(VSSAP)

In collaboration with Motivation Awareness & Action Sansthan

Awareness Topic-Substance Abuse and its ill-Effects on Society

Today on 05th, March, 2020 all the members of committee namely VSSAP including volunteers in collaboration with **Motivation Awareness & Action Sansthan** and Faculty of law organized social and legal awareness campaign in the premises of government school, dehmikalan.

The Campaign started with the awareness rally which was carried from Manipal University Campus gate to the premises of the government school, dehmikalan at 10:00 A.M.



Students while going through the village in a rally spreading the awareness through slogans and posters

Motivation Awareness & Action Sansthan

In the school premises different activities were carried out. Words of legal and social awareness regarding substance abuse, domestic violence and motor vehicle accidents were shared by Dr. Vijay Laxmi (Chairperson of VSSAP Committee), Dr. Sony Kulshreshta and Principal of the school. The activity was coordinated by Mr. Prabhpreet Singh. This was followed by the skit play which was performed by the members and volunteers of VSSAP. The skit focused on awareness on the three major issues which includes Substance Abuse, Domestic Violence and Motor Vehicle Accidents.



Information shared by Dr. Vijay Laxmi (Chairperson of VSSAP Committee), regarding substance abuse, domestic violence and motor vehicle accidents

Reg. No. BHL/185/06-07

Tel. No. & Fax 01482-232333



99286-25616



Motivation Awareness & Action Sansthan

80031-15566

Add:- 1 -L - 1 Maharishi Dadhichi Circle, R.C. Vyas Colony Bhilwara - 311001 (Raj.)



Information shared by Dr. Sony Kulshreshta regarding Substance abuse, domestic violence and motor vehicle accidents and Principal of the school

Visit on : www.maasanstha.org, E-mail. : info@maasanstha.org



Motivation Awareness & Action Sansthan

80031-15566

Add:- 1 -L - 1 Maharishi Dadhichi Circle, R.C. Vyas Colony Bhilwara - 311001 (Raj.)

First skit demonstrated issue on domestic violence. The story line depicted abuse made by husband to his wife which had drastic effect on child. The message carried out by the skit showed substance abuse lead to domestic violence therefore its use must be prohibited.



Skit depicting issue of domestic violence



Motivation Awareness & Action Sansthan

80031-15566

Add:- 1 -L - 1 Maharishi Dadhichi Circle, R.C. Vyas Colony Bhilwara - 311001 (Raj.)

The second part of the play depicted the adverse impact of substance abuse on society. The act also showcased the fatal death accident which occurs due to drink and drive cases. Helpline numbers were also displayed which can be used in case of emergent situations.



Depiction of the adverse impact of substance abuse on society.

The play concluded with the last scene which depicted the legal consequences of drug intake and offence related to drink and drive.



The awareness programme concluded with students of the committee interacting with students and conducting activities such as quiz and other activities including dancing and singing.



Students of School of Law interacting with the school students in the form of quiz and other activities

Manipal University Jaipur

Visit on : www.maasanstha.org, E-mail. : info@maasanstha.org

School of Law**Attendance Sheet**

S.n.	Name of Student	Registration No.	
1	Abhinav Bhardwaj	PhD Student	Member
2	Utkarsh Bhushan	151301086	Member
3	Pooja Sharma	151301059	Member
4	Mrittika Sengupta	161401052	Member
1	Sourav Kumar	151301082	BA-LLB
2	Tanmay Sharma	151301083	BA-LLB
3	Tarusha Mathur	151301085	BA-LLB
4	Utkarsh Bhushan	151301086	BA-LLB
5	Yashika Gupta	151301090	BA-LLB
6	Pooja Sharma	151301092	BA-LLB
7	Rashmi Singh	151301095	BA-LLB
8	Niveditha Sreenivasan	151301096	BA-LLB
9	Neeharika Katragadda	151301099	BA-LLB
10	Vani Vyas	151301101	BA-LLB
11	Nishi Sangtani	151301104	BA-LLB
12	Karan Khadgawat	151301105	BA-LLB
13	Aniruddh Pareek	151301008	BA-LLB
14	Shubhi Tiwari	151301081	BA-LLB
15	Kartik Srivastava	151301043	BA-LLB
16	Rakesh Kumawat	151301067	BA-LLB
17	Jitendra Kakralia	151301107	BA-LLB
18	Himja Singh	151301109	BA-LLB
19	Tanya Neeraj Tandon	151301084	BA-LLB
20	Yogesh Solanki	151301091	BA-LLB
21	Jagdish Deora	151301039	BA-LLB
22	Anushka Singh Gahlout	151301014	BA-LLB
23	Abhimanyu Singh Bhati	141401052	BA-LLB
24	Chandra Prakash Saraf	151301023	BA-LLB
25	Dhananjay Rajawat	141401023	BA-LLB



**MANIPAL UNIVERSITY
JAIPUR**

MUJ/Q&C/22/F/1.01

Event Report Format



**MANIPAL UNIVERSITY
JAIPUR**

FACULTY OF ARTS

School of Humanities and Social Sciences

Department of Psychology

**Empowering and sensitizing teachers to safeguard mental health of
students**

Five Day Faculty development program

17th July – 21st July 2023



Content of Report (index)

(Page number may not be required)

(Delete entries which are not applicable)

1. Introduction of the Event
2. Objective of the Event
3. Beneficiaries of the Event
4. Details of the Guests
5. Brief Description of the event
6. Geo-tagged Photographs
7. Brochure or creative of the event
8. Schedule of the Event
9. Attendance of the Event
10. News Publication
11. Feedback of the Event
12. Link of MUJ website



- **Introduction of the Event**

Mental health of the students is a primary concern for all of us as teachers and requires an effort to understand the agony of the students going through mental health issues. Generally, it is assumed that dealing with the psychological issues is a sole responsibility of the counsellors or psychologists. But, in an educational scenario, where we all are confronted with specific emergency situations related to students, it becomes a necessity for all of us, to become aware of the ways and methods in which these situations can be dealt with.

Department of Psychology, MUJ-TEC and HR in association with KPsych Services Pvt. Ltd. Organised a five-day FDP from 17th July to 21st July 2023.

- **Objective of the Event**

The FDP aimed at:

- 1) Empowering the teaching faculty to build emotional capital for themselves.
- 2) Sensitizing and helping the teaching faculty to become aware of the mental health conditions of the students.
- 3) Helping the faculty members to gain insights and learn about the ways to handle the emergency issues such as, anxiety, panic attacks, substance abuse etc. amongst the students.
- 4) Helping faculty members to develop skills to deal with the students in a better way in the classroom setting.
- 5) Helping teachers to create a safe space for the students to function effectively academically, psychologically, emotionally, and socially.

- **Beneficiaries of the Event**

After sensitizing the Faculty members to safeguard the mental health of students, they will be able to:

- **Identify and intervene at early stage:** Teachers spend a significant amount of time with their students and are in a unique position to observe changes in behavior, mood, and academic performance. By sensitizing teachers to mental health issues, they can recognize early warning signs and intervene promptly, ensuring students receive the support they need at the earliest stage possible.
- **Promote a safe and supportive environment:** When teachers are aware of mental health concerns, they can create a classroom environment that is safe, supportive, and nurturing. Sensitized teachers can foster a culture of empathy, understanding, and acceptance, reducing stigma and creating an atmosphere where students feel comfortable discussing their mental health concerns.
- **Facilitate the Academic success:** Sensitized teachers can proactively address mental health challenges that may hinder students' learning abilities. By providing appropriate support and



accommodations, teachers can help students overcome barriers, improve their focus, and enhance their academic success.

- **Facilitate their Social-emotional development:** Teachers can integrate social-emotional learning strategies into their curriculum, promoting skills such as self-awareness, empathy, resilience, and responsible decision-making. These skills not only benefit students academically but also contribute to their long-term personal and social development.
- **Prevent crises and promote well-being:** Sensitized teachers can recognize the signs of distress and intervene appropriately, connecting students with the necessary mental health resources and professionals. By promoting overall well-being, teachers can help prevent crises and create a positive and healthy learning environment.
- **Build stronger Teacher-student relationships:** When teachers are knowledgeable and supportive regarding mental health, students feel valued, understood, and cared for. This positive relationship dynamic not only benefits students' mental health but also enhances their engagement, motivation, and overall educational experience.

- **Details of the Guests**

- Dr. Kavita Bhargava, Hypnotherapist and Clinical Psychologist
- Dr. Tanjul Saxena, Corporate Trainer, Professor and Principal, Mahatma Gandhi College of Hospital Administration
- Dr. Nitya Bajoria, Clinical Psychologist and Psychotherapist
- Dr. Raghav Shah, De-addiction Psychiatrist
- Ms. Shweta Sharma, Clinical and Counselling Psychologist

- **Brief Description of the event**

- **The detailed description of the sessions is as under:**

- **Day 1 – The Science behind LGBTQ** held on 17th July 2023

The session was facilitated by Dr. Shweta Sharma, Clinical Psychologist. The resource person explained the biological reasons behind LGBTQ+ and elaborated on the ways in which the community can be made to feel inclusive in order to make them comfortable amongst the fellow companions and enhance their social relationships.

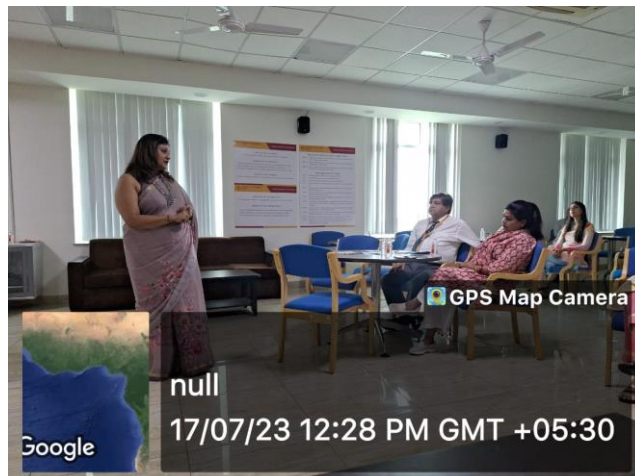
- **Day 2 - Self-management through Mind Sciences** held on 18th July 2023

Dr. Kavita Bhargava, Director, KPsych Services Pvt. Ltd., Clinical hypnotherapist and trainer shared insights on how the subconscious mind can help bringing the highest potential as individuals both personally and professionally. The theory of mind was explained in detail and the audience were engaged through various activities.

- **Day 3 - Effective transactions: The TA perspective** held on 19th July 2023

The concept of Transactional analysis was facilitated by Dr. Tanjul Saxena, Trainer, Professor and Principal, Mahatma Gandhi College of Hospital Administration. How interactions take place between teachers and students and also amongst the fellow colleagues is an important aspect to be understood to become successful and have a healthy working environment. Dr. Saxena elaborated on various types of transactions and how to handle the parent, adult and child ego states in daily routine. The concept of life script and games analysis was also elaborated.

- **Day 4 - Behavioural Regulation : Substance abuse and addictive behaviours** held on 20th July 2023
Dr. Raghav Shah, Director and consultant psychiatrist, Rajasthan Hospital, Jaipur, made it easy to understand the substance abuse and addictive behaviours most commonly found in adolescents. He elaborated on the early signs and management techniques that can be used with students to control addictive tendencies in them. The session was informative as there were many such aspects that were new for the faculty members and needed to be emphasized in order to deal with growing children.
- **Day 5- Tendencies of Anxiety, Depression and Self-harm amongst students** held on 21st July 2023
Dr. Nitya Bajoria, Clinical Psychologist, Counsellor, and life coach gave insights on the early signs of Anxiety, Panic attacks, Depression and self-harm tendencies found in the youth. The key indicators that can help identify the students having clinical symptoms of imbalanced mental health were made to understand. Strategies to deal with, that can make the management of such tendencies were emphasized.
- **Photographs**







- Brochure or creative of the event

MANIPAL UNIVERSITY JAIPUR

**Faculty of Arts
School of Humanities and Social Sciences
Department of Psychology, MUJ-TEC & HR**
in collaboration with

KPsych Services
Organizes

A Five Days Faculty Development Programme
On
**Empowering and Sensitizing Teachers
to Safeguard the Mental Health of Students**

17th July – 21st July 2023 | Time: 10:30 AM to 04:30 PM

Resource Persons

 Dr Kavita Bhargava Director Kpsych services Pvt. Ltd.	 Ms Shweta Sharma Clinical and Counselling Psychologist	 Dr Tanjul Saxena Corporate Trainer, Professor and Principal, Mahatma Gandhi College of Hospital Administration	 Dr Raghav Shah Consultant Psychiatrist & Deaddiction Specialist, Rajasthan Hospital, Jaipur	 Dr Nitya Bajoria Clinical Psychologist and Psychotherapist
--	--	---	--	--

Chief Patron **Patron** **Co-Patrons**

 Mr S. Vaitheeswaran Chairperson, MUJ	 Dr G K Prabhu President, MUJ	 Dr Thammaiah CS Pro-President, MUJ	 Dr Nitu Bhatnagar Registrar, MUJ	 Dr Komal Audichya Dean, FoA, MUJ
--	--	--	--	--

Organizers **Convener**

 Dr Devi Prasad Sharma Director - MUJ-TEC, MUJ	 Dr Bhavana Arya HoD - Psychology, MUJ	 Mr M S Sridhar Head HR	 Dr Prashasti Jain Assistant Professor, MUJ
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Day	Session 1	Session 2	Resource Person
17 th July 2023	Understanding LGBTQ	Dealing with LGBTQ	Dr. Shweta Sharma
18 th July 2023	The art and Science Self-Management	Mind sciences at work	Dr. Kavita Bhargava
19 th July 2023	Demystifying Transactional Analysis: Structural and Transactional Analysis	Demystifying Transactional Analysis: Life Script Analysis and Games Analysis	Dr. Tanjul Saxena
20 th July 2023	Substance Abuse and Addictive behaviours	Early indicators and Basic Management of Most common Clinical conditions	Dr. Raghav Shah
21 st July 2023	Identifying proneness and vulnerability in students	Managing Anxiety, Depression, Panic Attacks and Self harm tendencies in students	Dr. Nitya Bajoria

- **Schedule of the event**

- **Attendance of the Event (insert in the document only)**

Total attendee- 38

Sr. No	Name of Institution	Place of Institution	Registration Number/Employee code	Name of Attendee	Name of Dept
1	MUJ	Jaipur	MUJ0950	Dr. Uvais	Directorate Of Research
2	MUJ	Jaipur	MUJ0864	Dr. Alok Bhargava	Mathematics
3	MUJ	Jaipur	MUJ1036	Dr. Somya Goyal	ECE
4	MUJ	Jaipur	MUJ0092	Dr. Sonal Sidana	BBA
5	MUJ	Jaipur	MUJ1081	Dr. Kirti Shekhawat	Psychology
6	MUJ	Jaipur	MUJ1062	Dr. Priyanka Sharma	BBA
7	MUJ	Jaipur	MUJ1242	Dr. Deeksha Ahuja	BBA
8	MUJ	Jaipur	MUJ1532	Dr. Kirti Goyal	BBA
9	MUJ	Jaipur	MUJ0484	Dr. Sunita Khatana	LAW
10	MUJ	Jaipur	231351002	Paridhi Jain	LAW
11	MUJ	Jaipur	MUJ1100	Dr. Arpit totuka	LAW



MANIPAL UNIVERSITY JAIPUR

12	MUJ	Jaipur	MUJ1552	Dr. Sarvesh Kumar Pandey	Chemistry
13	MUJ	Jaipur	MUJ1220	Dr. Suranjan De	Chemistry
14	MUJ	Jaipur	MUJ1551	Dr. Shikha Awasthi	Chemistry
15	MUJ	Jaipur	MUJ1550	Dr. Mayank Namdev	CSE
16	MUJ	Jaipur	MUJ1606	Dr. Sourabh Mishra	CSIT
17	MUJ	Jaipur	MUJ1084	Dr. Samridhi Pareek	Psychology
18	MUJ	Jaipur	MUJ1083	Dr. Gagan Jain	Psychology
19	MUJ	Jaipur	MUJ1254	Dr. Rajnish Gupta	Psychology
20	MUJ	Jaipur	MUJ1190	Rajshree Rathore	Psychology
21	MUJ	Jaipur	MUJ1248	Ar. Smriti Saraswat	Architecture
22	MUJ	Jaipur	MUJ1244	Ar. Ketaki Darp	Architecture
23	MUJ	Jaipur	MUJ0014	Dr. Meenakshi Joshi	Psychology
24	MUJ	Jaipur	MUJ0534	Dr. Monica Sogani	Bioscience
25	MUJ	Jaipur	MUJ1148	Dr. Shalini Puri	CSIT
26	MUJ	Jaipur	MUJ0127	Dr. Sushil Kumar Jain	Chemistry
27	MUJ	Jaipur	MUJ1112	Col. AS Shekhawat	Chief warden
28	MUJ	Jaipur	MUJ1418	Sub maj. Gopal Ram Saini	Senior warden
29	MUJ	Jaipur	MUJ1420	Seema Kumari	Senior warden
30	MUJ	Jaipur	MUJ0670	Dr. Arun Kumar Poonia	Languages
31	MUJ	Jaipur	MUJ1519	Namrata Bharadwaj	Economics
32	MUJ	Jaipur	MUJ1064	Prabhat Dixit	JMC
33	MUJ	Jaipur	MUJ1605	Jyotirmay	JMC
34	MUJ	Jaipur	MUJ1496	Dr. Shraddha Tripathi	Psychology
35	MUJ	Jaipur	MUJ1218	Dr. Rahul Kr. Singh	Psychology
36	MUJ	Jaipur	MUJ0395	Dr. Charu Dhankar	Psychology
37	MUJ	Jaipur	MUJ1515	Dr. Swati Sharda	LAW
38	MUJ	Jaipur	MUJ1227	Dr. Jaivardhan Singh Rathore	Languages



- **Feedback report of the Event**

The faculty members found it useful and most of them suggested that such kind of FDP should be made mandatory for all faculty members to attend. This will help the university to reduce allot of student issues. Not only the students, but the consciousness and awareness among the teachers will help to make their and others' life easier.

- **Link of MUJ website stating the event is uploaded on website**

<https://jaipur.manipal.edu/muj/news-events/events-list/empowering-and-sensitizing-teachers-to-safeguard-the-mental-heal.html>

Dr. Bhavana Arya
Head, Department of Psychology
Manipal University Jaipur

[25/07/2023]

Seal and Signature of Head with date



MANIPAL UNIVERSITY
JAIPUR

MUJ/DSW/SC/30 Aug 2022/



MANIPAL UNIVERSITY
JAIPUR

DIRECTORATE OF STUDENT'S WELFARE

(SOCIETY CONNECT)

AWERNESS RALLY

on

“DRUG ABUSE”

Date of Event: 30th August 2022



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1. Introduction of the Event: -

Directorate of Student's Welfare (NSS), Manipal University Jaipur organized an Awareness Rally Against DRUG ABUSE on 30th August 2022 from Manipal University Gate to Gram Panchayat Dehmi Kalan. It was a great message provided against Drug Use. It was a physical activity involving the students from NSS, NCC, DSW and the Rotaract Green Club MUJ.

2. Objective of the Event: -

- To make the Prevention Action Plan are to prevent youth from using illicit drugs by enhancing their awareness.
- Providing MUJ students an understanding of the harmful social and health effects of drug use and to develop and implement community-based interventions and initiatives to prevent illicit drug use.

3. Beneficiaries of the Event: -

The event was conducted for villagers in Dehmi Kalan and Students of Manipal University Jaipur.

4. Details of the Guests

Rotary Club Jaipur Bapu Nagar

Rotary started with the vision of one man — Paul Harris. The Chicago attorney formed the Rotary Club of Chicago on 23 February 1905, so professionals with diverse backgrounds could exchange ideas and form meaningful, lifelong friendships.

Over time, Rotary's reach and vision gradually extended to humanitarian service. Members have a long track record of addressing challenges in their communities and around the world.

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves. They provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders. We collaborate with community leaders who want to get to work on projects that have a real, lasting impact on people's lives. We connect passionate people with diverse perspectives to exchange ideas, forge lifelong friendships, and, above all, take action to change the world.

5. Brief Description of the event: -

Directorate of Student's Welfare (NSS and NCC Air wing) Manipal University Jaipur organized Awareness Rally Against DRUG ABUSE was carried out on 30th August 2022 from Manipal University Gate to Gram Panchayat Dehmi Kalyan. The event was inaugurated by Dr. R.C. Gour former Director Manipal University Jaipur and Dr. Anil Dutt Vyas Director Student's Welfare by NSS/NCC Cadets, and Rotaract Club students. It was a great message provided against Drug Use. It provides the knowledge necessary to avoid risky situations and information to make healthier personal choices. It aids in creating personal strategies for avoiding both negative peers and the inherent social pressures associated with substance use in social scenarios. For that this awareness rally was carried out.

Preventive and Remedial Measures. There are certain preventive and remedial measures for dealing with the problem of drug abuse.

- (a) The Government must use all the media to propagate against the habit of drug-taking.
- (b) Voluntary organizations should pay more attention to instructing addicts on how to give up the vice to bring them to the mainstream of public life without shame or sorrow.
- (c) Physicians should teach them how to prevent and avoid evil and how to lead a normal healthy life.
- (d) Parents should pay more care, attention, and love to their sons and daughters.
- (e) Reading moral and religious books is also helpful to addicts.
- (f) The police must act fearlessly to act against the people involved in drug traffic.

6. Photographs of the event with captions: -



Image Rally at MUJ Gate



Image Rally at Dahmi Kalan Road



Image Staring of the Rally from Manipal University Jaipur Main gate



Image of the rally t Dehmi Kalan Village

7. Brochure of the Event:



MANIPAL UNIVERSITY
JAIPUR





DIRECTORATE OF STUDENT WELFARE

**AWARENESS RALLY AGAINST
DRUG ABUSE**

30TH AUGUST 2022 | Time: 10:00 AM
Venue: University Main Gate to Gram Panchayat,
Dehmi Kalan, Jaipur





MANIPAL UNIVERSITY JAIPUR

8. Schedule of the event: -

August 30th, 2022, from 10 AM onwards from Manipal University Jaipur Main Gate.

9. Attendance of the Event

Total attendee- 70 Students

S. No.	Name of Institution	Reg. No	Full name	Year	Branch
1	Manipal University Jaipur	200901164	Pratham Kapoor	3rd	BBA
2	Manipal University Jaipur	209403025	Akshvin K Singhal	3rd	B.Tech Mechatronics
3	Manipal University Jaipur	209303107	Ansh Chawla	3rd	CCE
4	Manipal University Jaipur	199303074	Vaibhav Vats	4th	CCE
5	Manipal University Jaipur	201103019	Vani Ghai	3rd	BA Hons Psychology
6	Manipal University Jaipur	201105005	Yasha Taneja	3rd	BA Libral Arts
7	Manipal University Jaipur	201002005	Abhinav Wadhwa	3rd	Bsc.Biotechnology
8	Manipal University Jaipur	201007034	Garima Mahaur	3rd	Bsc. Psychology
9	Manipal University Jaipur	200901113	Aditya Mathur	3rd	BBA
10	Manipal University Jaipur	201103042	Navneet Bhukmariya	3rd	BA Hons Psychology
11	Manipal University Jaipur	209301040	Chandraveer Mathur	3rd	CSE
12	Manipal University Jaipur	201105015	Deepti Meena	3rd	BA Libral Arts
13	Manipal University Jaipur	209403017	Lohit Shandiliya	3rd	B. Tech Mechatronics
14	Manipal University Jaipur	209303345	Sejal Shrisale	3rd	CCE



MANIPAL UNIVERSITY JAIPUR

15	Manipal University Jaipur	209303088	Atharva Chaudhari	3rd	CCE
16	Manipal University Jaipur	209302183	Siddharth Dhaka	3rd	B. Tech IT
17	Manipal University Jaipur	209302354	Raghav Ruia	3rd	B. Tech Mechatronics
18	Manipal University Jaipur	209301186	Aryan Bansal	3rd	CSE
19	Manipal University Jaipur	209301496	Pranav Shrivastava	3rd	CSE
20	Manipal University Jaipur	209302323	Priyam Agarwal	3rd	B. Tech IT
21	Manipal University Jaipur	209402037	Apar Gupta	3rd	Mechanical
22	Manipal University Jaipur	209301160	Vaibhav Shoree	3rd	CSE
23	Manipal University Jaipur	201007007	Ayushi Gupta	3rd	Bsc. Hons. Psychology
24	Manipal University Jaipur	201015039	Parth Sharma	3rd	BCA
25	Manipal University Jaipur	209309042	Vikramaditya Hiran	3rd	DSE
26	Manipal University Jaipur	209303087	Akash Shedage	3rd	CCE
27	Manipal University Jaipur	209301086	Urvi Dhasmana	3rd	CSE
28	Manipal University Jaipur	201003007	Garima Ghaley	3rd	Bsc. Hons. Microbiology
29	Manipal University Jaipur	209303333	Nivedita Ramaesh	3rd	CCE
30	Manipal University Jaipur	201101037	Aishwarya Seth	3rd	BA-Economics
31	Manipal University Jaipur	219302360	Disha Agarwal	2nd	IT
32	Manipal University Jaipur	219302421	Bhavin Sehrawat	2nd	B.Tech IT



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33	Manipal University Jaipur	219301155	Nishita Gogia	2nd	Btech CSE (Core)
34	Manipal University Jaipur	219311125	Yash verma	2nd	Cse iot
35	Manipal University Jaipur	210901018	Pratham choudhary	2nd	BBA
36	Manipal University Jaipur	219311161	Anisha Lamba	2nd	BTech in CSE
37	Manipal University Jaipur	229403013	Gunn Verma	1st	Mechatronics
38	Manipal University Jaipur	229302083	Vedic Varma	1st	CSE (CORE)
39	Manipal University Jaipur	229303191	Krishang Shukla	1st	BTech CCE
40	Manipal University Jaipur	229302371	Rishika Bhagawati	1st	Btech IT
41	Manipal University Jaipur	229309218	Kartikey Sharma	1st	Btech data science
42	Manipal University Jaipur	221305021	Nehal Dashottar	1st	BBA LLB
43	Manipal University Jaipur	220113244	Daksh sharma	1st	BBA LLB
44	Manipal University Jaipur	229309035	Krishang Goel	1st	IT
45	Manipal University Jaipur	229311254	Gargi Arora	1st	CSE (IoT and IS)
46	Manipal University Jaipur	229303405	anav lamba	1st	CCE
47	Manipal University Jaipur	200901298	Rajeev Sharma	3rd	BBA
48	Manipal University Jaipur	209303239	Abhinav Jindal	3rd	IT
49	Manipal University Jaipur	209301053	Nadella Rutvik Ramana	3rd	CSE
50	Manipal University Jaipur	211007071	Anuja pol	2nd	Bsc psychology honors



MANIPAL UNIVERSITY JAIPUR

51	Manipal University Jaipur	211007003	Lakshita	2nd	Bsc psychology honours
52	Manipal University Jaipur	219303064	Shobhit Bansal	2nd	CCE
53	Manipal University Jaipur	210903065	Prerana Singh	2nd	Bcom Accounting
54	Manipal University Jaipur	219301331	Ayush Goyal	2nd	CSE
55	Manipal University Jaipur	219310146	Yoshe vijay	2nd	BTech CSE
56	Manipal University Jaipur	210901317	Pranav Agarwal	2nd	BBA
57	Manipal University Jaipur	219309129	Nayonika Sharma	2nd	Btech Data Science
58	Manipal University Jaipur	219311064	Khushboo Tewari	2nd	CSE
59	Manipal University Jaipur	210901184	Nihal	2nd	BBA
60	Manipal University Jaipur	219303126	Divyanshee Saxena	2nd	Btech CCE
61	Manipal University Jaipur	219301388	Madhur Dhingra	2nd	CSE
62	Manipal University Jaipur	219302301	Vanshika Singh Andotra	2nd	IT
63	Manipal University Jaipur	211103012	Jessica Agarwal	2nd	BA -psychology
64	Manipal University Jaipur	219310180	harshit shah	2nd	CSE
65	Manipal University Jaipur	211007011	Kashish parmar	2nd	Bsc psychology
66	Manipal University Jaipur	219403030	rupansh goyal	2nd	mechatronics
67	Manipal University Jaipur	219303120	Pravartika mishra	2nd	Btech IT
68	Manipal University Jaipur	219303066	Sivam Pratik	2nd	IT



MANIPAL UNIVERSITY JAIPUR

69	Manipal University Jaipur	219301133	Soham Dixit	2nd	Btech CSE
70	Manipal University Jaipur	219301208	Divyansh Jain	2nd	Cse core

(Hemant Kumar)

Assistant Director, Society Connect

Directorate of Student's Welfare

(Prof. AD Vyas)

Director, Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR
MANIPAL UNIVERSITY, JAIPUR



Event Report

By

LearnIT

Department of IT

(Manipal University Jaipur)

Webinar on

- Run against Drug Abuse

Platform: MS Teams

Weblink:


For Run Against Drug Abuse: https://teams.microsoft.com/l/meetup-join/19%3ameeting_ZDE3Njk1YjltNGNhMy00NzRjLTk5YWwtOGUzMzNkZTAzZjVm%40thread.v2/0?context=%7b%22Tid%22%3a%2227282fdd-4c0b-4dfb-ba91-228cd83fdf71%22%2c%22Oid%22%3a%225fcd9be0-4fb1-4f97-8df7-c36383998507%22%7d

Brochure of the Event:



**RUN AGAINST
DRUG ABUSE**

LEARNIT PRESENTS
A WEBINAR WITH
DR TANVI KAUR

 **24 MARCH
6:30 PM**

Event Schedule:

Event	Date	Time
Webinar-Run against Drug Abuse	24 th March 2021	6:30 p.m. onwards

Report of the Events:

Webinar-Run Against Drug Abuse

LearnIT took this wonderful opportunity to conduct a workshop on this very topic "RUN AGAINST DRUG ABUSE". We were honoured to have Ms. Tanvi Kaur who is a RCI registered clinical psychologist. Students learnt about various aspects from what are drugs to how to overcome substance abuse. Students also acquired the knowledge of various forms and types of drugs available how it takes a toll on a human being. Our speaker had also presented a powerpoint presentation with great visuals for an enhanced way of learning and creating awareness. Students also learnt about how and why someone can deal with addiction. The whole webinar lasted for about an hour or so. Students were also made to do a self introspection. They were handed out a list of 20 insightful questions. The speaker warmly welcomed all queries and answered all the questions raised by the students. The webinar encouraged students on many levels towards positive behaviour and attitude in life. One must have definitely learnt the importance of rehabs and support needed by a victim of substance abuse.

Faculty Coordinators:

Mr. Ankit Mundra (IT)

Attendance of the Events:

Name	WhatsApp Number	Outlook Email Id
SAKSH ARORA	9412271008	saksh.209302108@muj.manipal.edu
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Khushi Singh	9999393729	singhkhushi.ks13@gmail.com
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Abani	8130813385	abanikohli@gmail.com
Parshwa Pasoba	7032996570	us.parshwa@gmail.com
Devika Vadehra	7015383366	vadehradevika@gmail.com
Nilanshu	7727882662	sharma.nilanshu@gmail.com
Radhika Kedia	9936172678	radhika.209302426@muj.manipal.edu
Shruti Sonthalia	9643647610	shrutisonthalia2711@gmail.com
Devanshi Khosla	9501235999	Devanshikhosla20002@gmail.com
Sahiti Balantrapu	9993335848	sahitib8200@gmail.com
Nancy Bhargava	7011655737	nancybhargava1301@gmail.com
Mahi Dhakre	9131426607	mahi.dhakre30@gmail.com
Pranav Rastogi	8077442667	pranav.rastogi2902@gmail.com
Gavesh Jain	7568466627	gaveshjain2023@gmail.com
Atishi Jain	8755733763	Atishijain98@gmail.com
Palak Dwivedi	9648280770	palak.199302116@muj.manipal.edu
Tanya Tooley	9873550637	Tanya.Tanya.199302023@muj.manipal.edu
Rhea Mehta	9717652778	rheamehta212@gmail.com



Ankit Mundra

Faculty Coordinator



Dr Pankaj Vyas

HoD, Department of IT

Measures taken (excluding lectures/talk) to create and awareness – within the Institute on Mental Health and Wellbeing

Interaction with the students:

Being healthy is important for any individual, and mental health is a vital part of it. Mental health includes our emotional, psychological, and social wellbeing. It affects how we think, feel and act. Over the course of time, we may find issues related to our mental health and that needs to be addressed with this thought student counsellors have organized various interactions with the students. (report enclosed as annexure-01)

With this aim, to promote overall wellbeing of students and staff, the counselling team has conducted interactions with students on the following topics:

- Effective study habits
- Promotion of mental health
- Building resilience
- Enhancing effective communication
- Coping in current times of pandemic

Using social media as a platform to increase mental health awareness:

Social media platforms are the places youth spend most of their time, especially after pandemic when the only places to be at are virtual. Thus, expanding upon this idea the counselling team used these platforms to talk and discuss mental health.

Podcast on mental health awareness (report enclosed as annexure-02)

Instagram live on demystifying mental health and on substance use. (report enclosed as annexure-03)

Facebook live on Adapting to the new normal (Post 1st wave of Covid)

Articles:

Even during the period of lock down counsellors were connecting with all the university students by sharing write ups and images related to coping and maintaining well-being.

The counselling team also shares an article in every newsletter related to the varied topics comprising of mental health.

Articles and pictures have also been shared for celebration of specific days like, world suicide prevention day, gratitude day etc.

Celebration of mental health week:

On 10th October world mental health day, a whole week was celebrated in the university by having digital poster making competition and other activities. (report enclosed as annexure-04)

Initiation of Mental Health Club:

A student club was formed with the goal of spreading awareness and breaking the stigma regarding mental health.

Counselling First Aid workshop:

A Workshop was conducted for University faculty members on how to identify and give a first-hand response to students with any psychological issue.

Annexure 1

Report of Interaction with Student



**MANIPAL UNIVERSITY
JAIPUR**

Directorate of Student's Welfare Student Support System

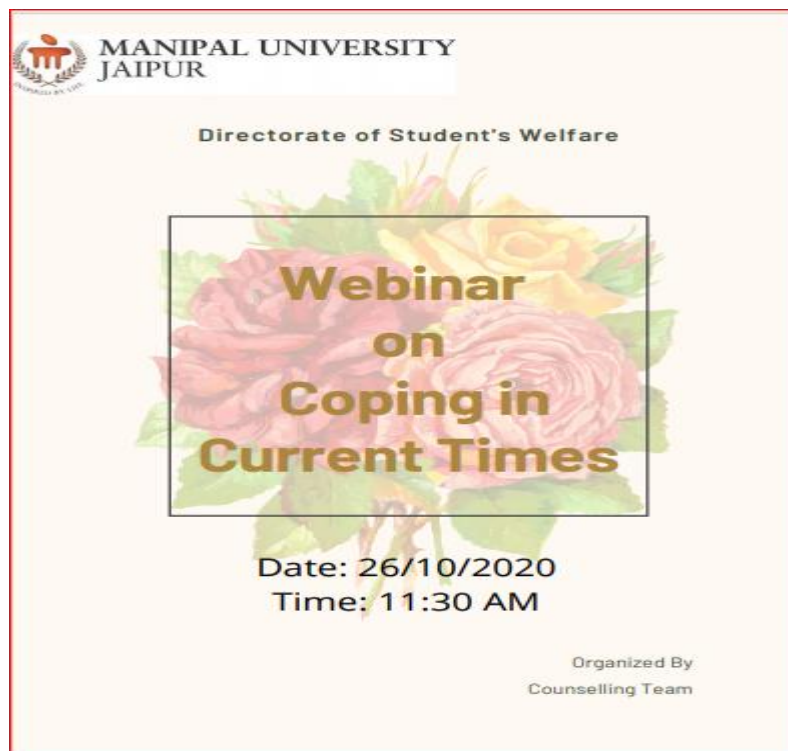
Webinar Series: Coping in Current Time

Session: VII

Department: Law (BALLB(HONS)IX SEM)

Date and Time: 26/20/2020 and 11:30AM

Venue: Virtual Mode



The purpose of the webinar was to reach the students and make them aware about the current pandemic situation and how they can take care of your mental health along with physical health.

FEEL FREE TO CONTACT US AT:

STUDENT SUPPORT SYSTEM,
Directorate of Student Welfare
Room no. 001 and 023 AB I
(Ground Floor), University Campus.

Email :
students.counsellor@jaipur.manipal.edu
Call: 0141-3999100 Ext.: 812

Dr. RIMPY SHARMA

Ms. VANDNA KABRA

Ms. DEVANSHI PADALIYA

have any kind of query or question you can ask us right

+41 JM US R S NA A G NA AP AS AA

Glimpse of ongoing session

A series of webinar has been initiated by the Student Counsellors keeping in mind the current situation due to Covid-19 pandemic and the challenges brought by it. It is important to take care of our mental health along with our physical health in the time of uncertainty. The theme of the webinar is to share practical and healthy ways to cope in the current times which is new normal for all. The sessions are organized for the students of Manipal University Jaipur. The seventh session was organized with the Law Department students.

Organized By: Counselling Team

Annexure 2

Report of Mental Health Podcast



MANIPAL UNIVERSITY
JAIPUR

Directorate of Student's Welfare

Student Support System

Launching a Mental Health Podcast

Date and Time: 01/06/2020 and 4PM

Venue: Virtual Mode



The purpose of the podcast is to reach to people and brief them about the importance of mental health and what are the myths attached to it.



Recording of Mental Health Podcast

A Podcast is digital audio file made available on the Internet. Mental health is as important as physical Health. Mental health affects how we think, feel, and act. Over the course of our life, if we experience mental health problems, our thinking and behavior could get affected. Understanding the importance and ways of taking care of our mental health is necessary for individual. With the purpose of spreading awareness on this topic, students of BJMC along with Student Counsellor Ms. Vandana Kabra recorded a 20-minute audio on Podcast.

Organised By: Counselling Team

Annexure 3

Report of Instagram live



MANIPAL UNIVERSITY
JAIPUR

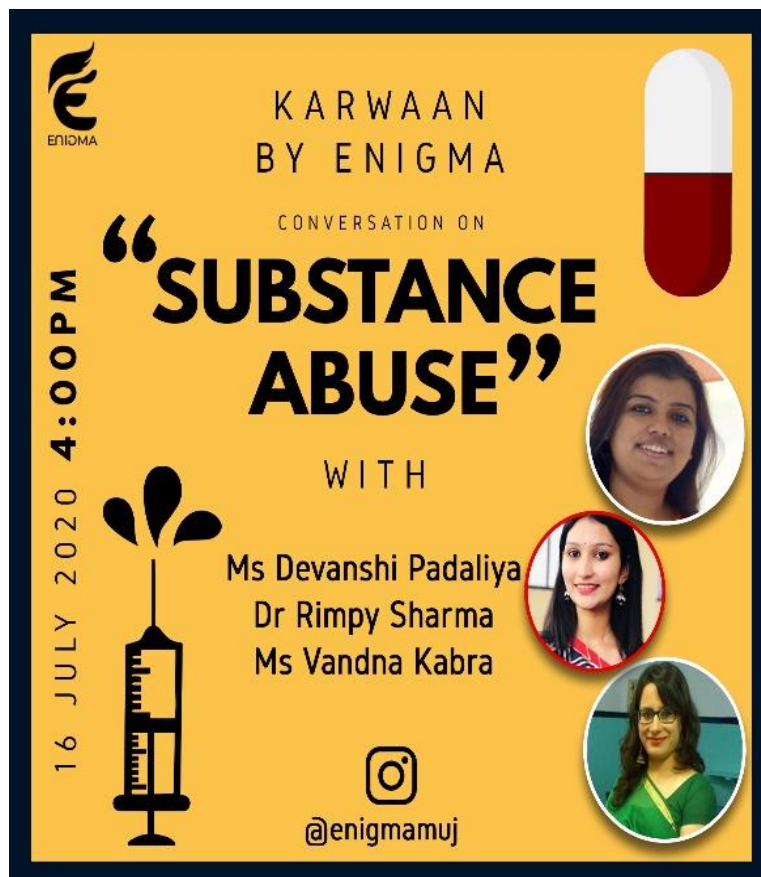
Directorate of Student's Welfare

Student Support System

A Session on Substance Abuse

Date & Time: 16/07/2021, 4 PM

Venue: Virtual Mode



The purpose of this session was to talk and interact on a sensitive issue of substance abuse. Students were answered about their queries.



Third episode of the “KARWAAN” series created by student members of enigma club, of Manipal University Jaipur, was a live interactive session with student counsellors of the University. Counselling team consists of Dr.Rimpy Sharma , Ms. Vandna Kabra and Ms. Devanshi Padaliya who work under the guidance of Dr. G.L Sharma Dean ,Directorate of Students’ Welfare.

The session was on 16th July,2020 at 4:00 PM this session started with students asking the meaning of most basic terms used very commonly such as substance use, substance abuse, substance dependence and addiction.

Student counsellors of MUJ had a live interactive session with students regarding substance consumption, ways to manage and regulate the usage and the harmful effects of various substances.

Counsellors also explained various techniques regarding reduction of substance intake and keeping a check upon oneself. Some fundamental ethics followed by mental health professionals such as Confidentiality, Non-judgemental attitude and Non-maleficence were delineated, which would motivate people to reach out for help.

Organised By: Counselling Team

Annexure 4

Report on Poster Making Competition



MANIPAL UNIVERSITY
JAIPUR

Directorate of Student's Welfare

Student Support System

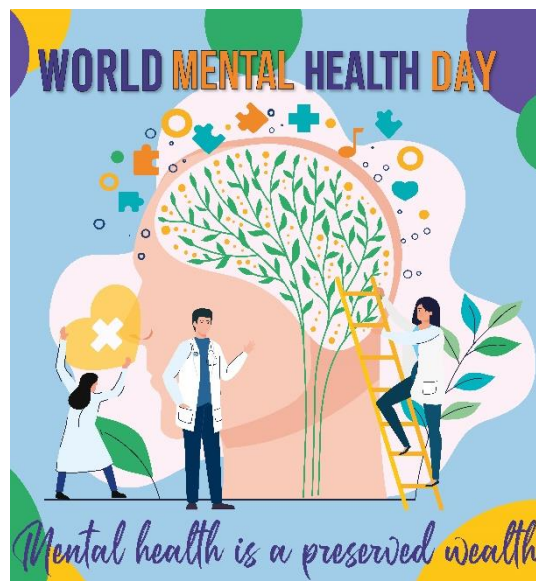
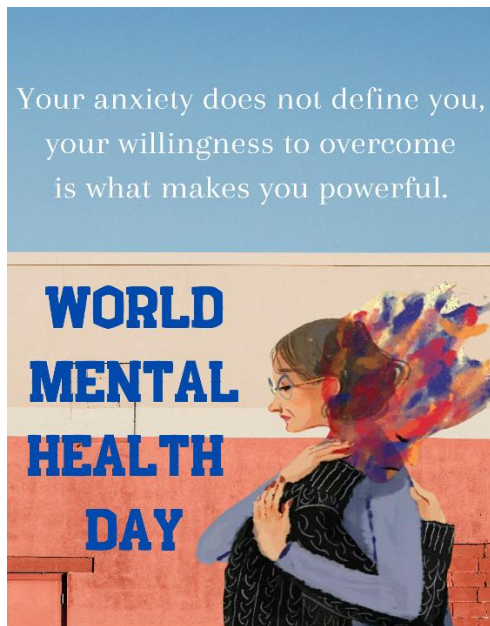
Poster Making Competition-Celebrating World Mental Health Day



World Mental Health Day is observed on 10 October every year, with the overall objective of raising awareness of mental health issues around the world and mobilizing efforts in support

of mental health, keeping this goal in mind Student Counselling team under the Directorate of Students' Welfare in MUJ organised a digital poster making competition for all MUJ students and staff.

Theme for the competition was Mental Health and all the posters were created on virtual modes using software MS Paint, MS Word, MS PowerPoint and Canva. Entries were accepted from 1st till 9th of October,2020. A committee comprising of erudite personalities of MUJ devised the result and selected top three posters out of more than 30 entries. All the students were given e-certificate of participation and were appreciated for their enthusiasm towards promoting mental health awareness in society.



Organized By: Counselling Team



MANIPAL UNIVERSITY
JAIPUR

MUJ/DSW/Student Clubs/2021/MoM/Nov.12

MIND OVER MATTER
FACULTY OF ARTS AND LAW
SCHOOL OF HUMANITIES & SOCIAL
SCIENCES
DEPARTMENT OF PSYCHOLOGY

**Webinar “Refresh 2.0” on Being With Well-Being:
Pause, Unwind & Reconnect**
Online event

DATE: 12th November, 2021

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Introduction of the Event

The webinar 'Refresh 2.0', a session on 'Being With Well-Being: Pause, Unwind & Reconnect' was held on 12th November, 2021 on Zoom from 6.00pm to 7.30pm.

The speaker was Ms Juhi Sharma, Founder at Light up (EME) & Unbottle Emotions.

Objective of the Event

- Mind refreshing activities that help in rejuvenating the mind and soul
- Helping students with any struggles that they are facing
- Understanding the importance of a healthy mental health and emotional balance
- Promoting gestures of gratitude amongst student community

Beneficiaries of the Event

- Students
- Counsellors
- Faculty

Details of the Guest

Guest :Juhi Sharma

Founder, Light Up & Unbottle emotions

Brief Description of the event

Refresh 2.0, a therapeutic evening started with a brief introduction session encompassing the description of the organization by Ms Juhi Sharma, Founder, Light Up & Unbottle emotions.

Ma. Juhi Sharma began her lecture which lasted close to an hour. She gave an overview of the topic, addressing the need to discuss mental health issues. This was followed by a music therapy activity and its relevance to help students explore and understand the exam fear and anxiety that they experience during tests.

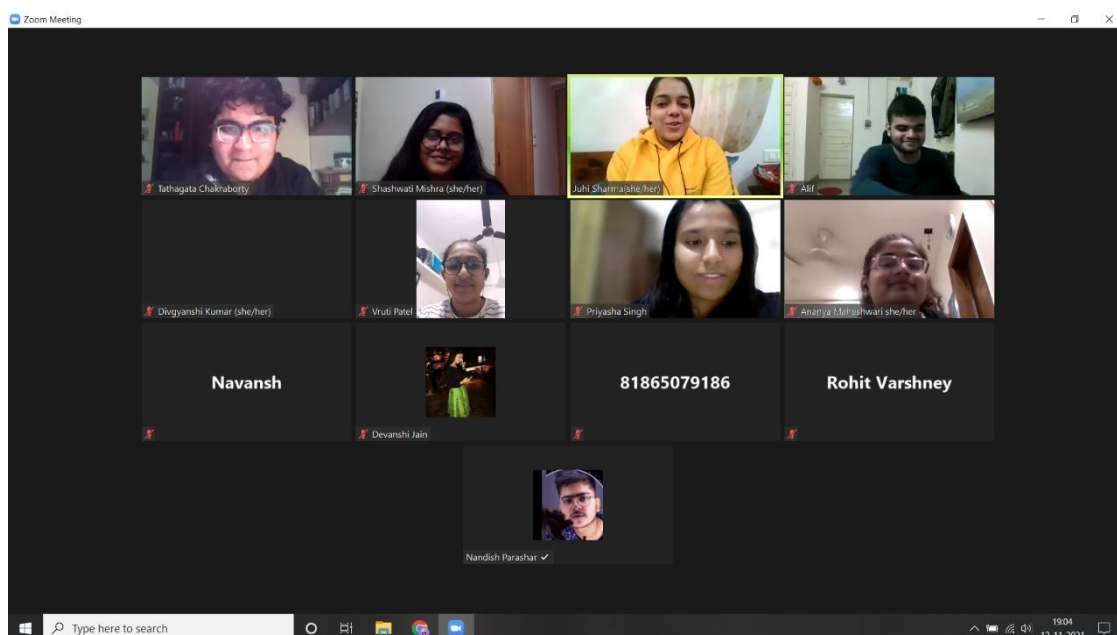
During this session many activities were there which with the goal of relaxation of our mind, analysis of emotions, ideas of gratitude along with serenity and

selflessness were taken up. The overlooking and need of self introspection was proposed to the attendees. Driving ‘real and reel life’ was undertaken including the necessity of a healthy diet, exercise, mental health, social good, wellbeing etc. were some of the topics that were presented vividly during the event.

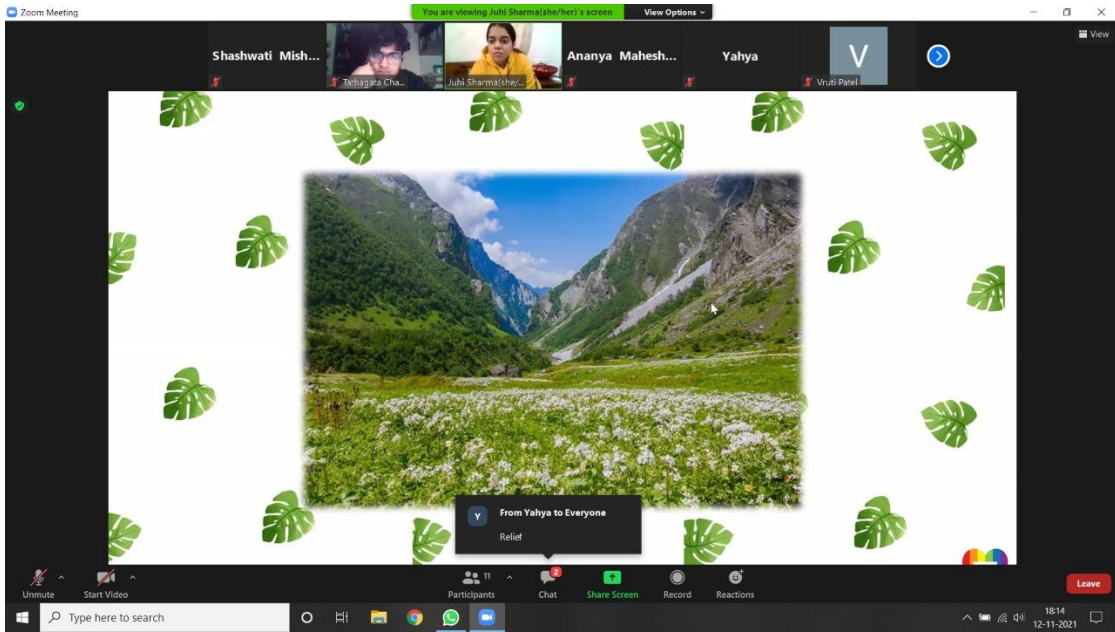
She touched on all relevant subtopics within the hour after which there was a round of questions from students attending the webinar. As the event came towards an end, the speaker discussed various problems faced by students and highlighted how to solve them through creation of a peer support group and a united community.

This was followed by a brief note of gratitude from the Faculty Coordinator of Mind Over Matter, Ms Devanshi Padaliya, . The session concluded with a vote of thanks from the President of Mind Over Matter, Ms Sashwati Mishra.

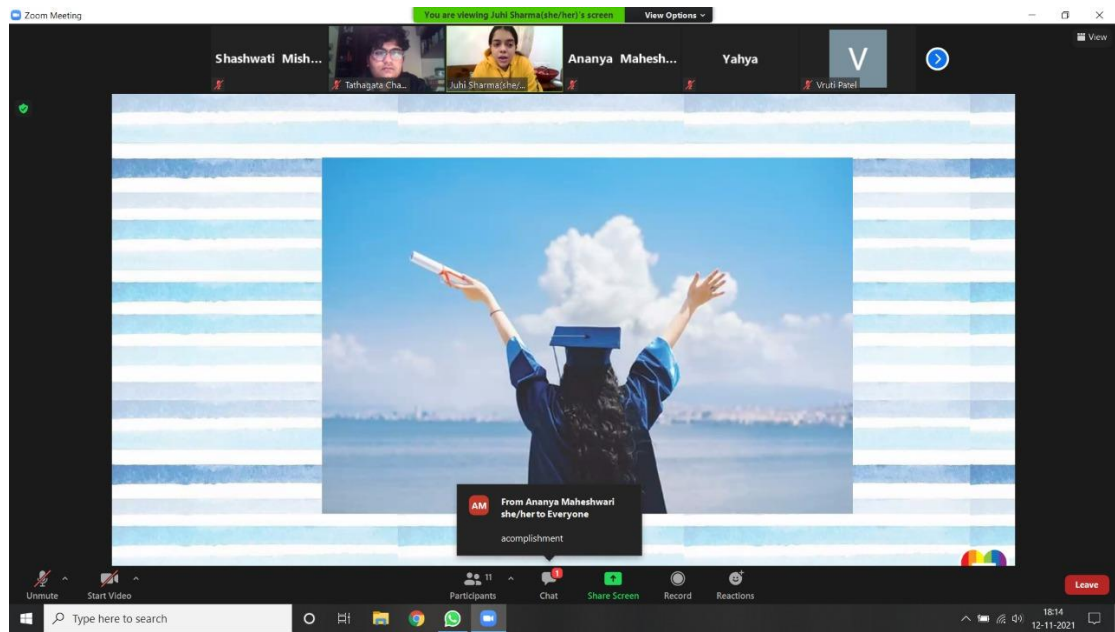
Photographs



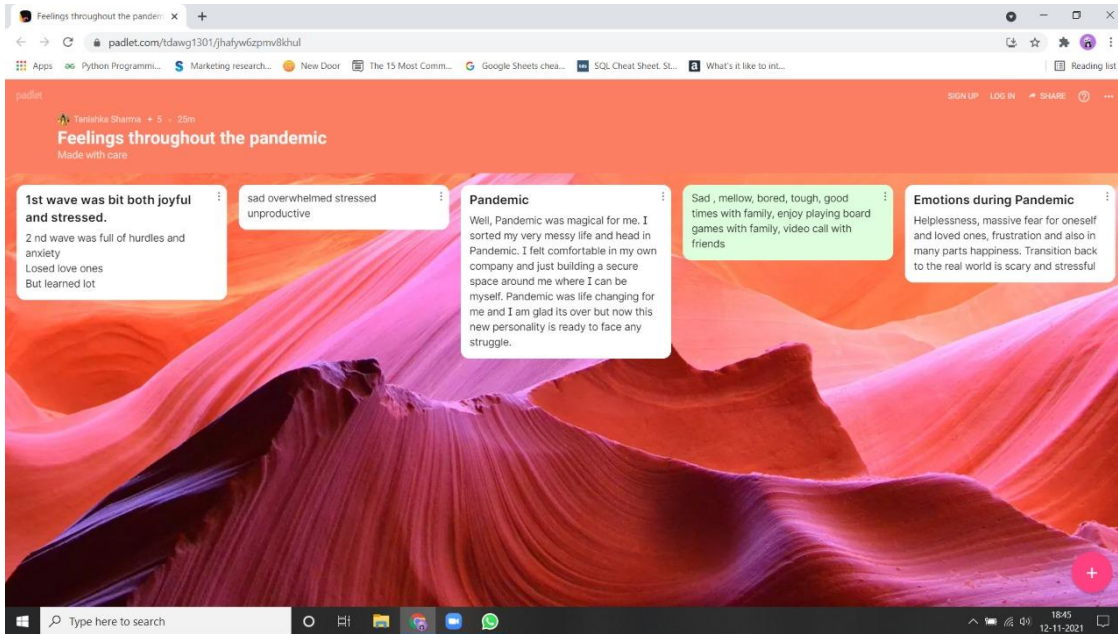
Introductory speech by Ms Juhi Sharma, Founder at Light up (EME) & Unbottle Emotions



Ms Juhi Sharma explaining Gratitude Theory to students.



Ms Juhi Sharma enlightening students how to attain “emotional balance.”



Ms Juhi Sharma helping students in “self-introspection”.

Brochure or creative of the event



Schedule of the event

The event was on 12th November, 2021 from 6.00pm to 7.30pm.

Attendance of the Event

Total attendees-13

S. No.	Name of Institution	Place of Institution	Registration no.	Name
1.	Manipal University Jaipur	Jaipur	-	Sashwati Mishra
2.	Manipal University Jaipur	Jaipur	-	Tathagata Chakraborty
3.	Light up (EME) & Unbottle Emotions	Jaipur	-	Juhi Sharma
4.	-	-	-	Devanshi Jain
5.	Manipal University Jaipur	Jaipur	-	Rohit Varshney
6.	-	-	-	Priyanka Singh
7.	-	-	-	Ananya Maheshwari
8.	-	-	-	Vaishali Sarda
9.	-	-	-	Vanshit Aggarwal
10.	Manipal University Jaipur	Jaipur	-	Divgyanshi Kumar
11.	Manipal University Jaipur	Jaipur	-	Vruti Patel
12.	Manipal University Jaipur	Jaipur	-	Navansh
13.	Manipal University Jaipur	Jaipur	-	Nandish Parashar
13.	-	-	-	Alif

News Publication– N/A

Feedback of the Event

The participants thoroughly enjoyed the event. Students felt empowered and enlightened with wonderful ways of expressing and tackling emotions. Not only did students learn how to control our positive and negative emotions, situation and its effects and overcoming them, but also learnt new ways of making life better by showing gesture of gratitude in everything.

Link of MUJ Website

<https://jaipur.manipal.edu/content/muj/news-events/events-list/rethinking-democracy-and-rule-of-law-in-the-european-union.html>